SELF-EFFICACY (Biofeedback Group)

ID No.		-			
Form Type	S		M		

Part I: Visit Identification

1. Patient's initials: . . . . _____ _____

2. Date completing this form: . . . . ___FU-DAYS___ _____ _____
                                                     Month   Day   Year

Part II:

Please read each item and place a number at each blank which best represents your certainty or confidence based upon the scale above the items. Your answer may fall anywhere between 0 and 100.

0	50	100
(Absolutely I **cannot** do it)		(Absolutely I **can** do it)

I Will Be Able To:

                                                                                     Rating (0-100)

3. Understand biofeedback training . . . . ABLE 3 01

4. Be more sensitive to bodily changes for which I receive biofeedback . . . . ABLE 4 01

5. Practice homework between sessions . . . . ABLE 5 01

6. Be more confident going into cold situations . . . . ABLE 6 01

7. Find time to practice the skills I learn in biofeedback . . . . ABLE 7 01

8. Learn to increase blood flow to my fingers . . . . ABLE 8 01

9. Engage in more diverse activities through the use of biofeedback . . . . ABLE 9 01

Part III:

0	50	100
(No confidence at all)		(Extremely confident)

I Believe That:

                                                                                      Rating (0-100)

10. Biofeedback will have a stress-reducing effect on my life . . . . BLV 10 01

11. Biofeedback will aid in increasing blood flow to my hands . . . . BLV 11 01

12. The time required for the homework assignments will be worth it . . . . BLV 12 01

13. Biofeedback is a good treatment for Raynaud's . . . . BLV 13 01

TO BE COMPLETED BY CLINICAL UNIT STAFF

14. Research Coordinator:

Signature: _____   RTS Staff No.: ___ - ___ ___

15. Date form received: . . . .   ___ ___ - ___ ___ - ___ ___
                                                                      Month   Day   Year

ID No.					
Form Type	S	M			

FORM 61 (Rev. 0)

SELF-EFFICACY (BIOFEEDBACK GROUP)

ITEM	NAME	TYPE AND LENGTH	CODES OR UNITS
HEADER	NEWID	I(4)	Patient ID
HEADER	FMTYP	CHAR(4)	SM01
2	F61_DAYS	I(4)	Date Form 61 completed Days from randomization
3	ABLE3_61		
4	ABLE4_61		
5	ABLE5_61		
6	ABLE6_61	I(3)	0 - 100
7	ABLE7_61		
8	ABLE8_61		
9	ABLE9_61		
10	BLV10_61		
11	BLV11_61		
12	BLV12_61	I(3)	0 - 100
13	BLV13_61		

CONTENTS PROCEDURE

Data Set Name: RTS.FORM61	Observations:	20
Member Type: DATA	Variables:	14
Engine: V612	Indexes:	0
Created: 11:06 Thursday, April 27, 2000	Observation Length:	60
Last Modified: 11:06 Thursday, April 27, 2000	Deleted Observations:	0
Protection:	Compressed:	NO
Data Set Type:	Sorted:	NO
Label:		

-----Engine/Host Dependent Information-----

Data Set Page Size: 8192
Number of Data Set Pages: 1
File Format: 607
First Data Page: 1
Max Obs per Page: 135
Obs in First Data Page: 20

-----Alphabetic List of Variables and Attributes-----

#	Variable	Type	Len	Pos	Format	Informat	Label
2	ABLE3_61	Num	4	4	3.	BEST22.	f61q3 Understand biofeedback training
3	ABLE4_61	Num	4	8	3.	BEST22.	f61q4 Be more sensitive to body changes
4	ABLE5_61	Num	4	12	3.	BEST22.	f61q5 Practice homework between sessions
5	ABLE6_61	Num	4	16	3.	BEST22.	f61q6 More confident in cold situations
6	ABLE7_61	Num	4	20	3.	BEST22.	f61q7 Find time to practice skills
7	ABLE8_61	Num	4	24	3.	BEST22.	f61q8 Increase blood flow to fingers
8	ABLE9_61	Num	4	28	3.	BEST22.	f61q9 Engage in more diverse activities
9	BLV10_61	Num	4	32	3.	BEST22.	f61q10 BF will be stress reducing
10	BLV11_61	Num	4	36	3.	BEST22.	f61q11 BF will increase bloodflow
11	BLV12_61	Num	4	40	3.	BEST22.	f61q12 Homework will be worth the time
12	BLV13_61	Num	4	44	3.	BEST22.	f61q13 BF is a good treatment
13	F61_DAYS	Num	4	48	4.		f61q2 Days from randomization
1	FMTYP	Char	4	0			FMTYP
14	NEWID	Num	8	52	4.		Patient ID

Variable	Label	N	Mean	Std Dev	Minimum	Maximum
ABLE3_61	f61q3 Understand biofeedback training	20	92.7	13.2	50.0	100.0
ABLE4_61	f61q4 Be more sensitive to body changes	20	83.4	14.9	50.0	100.0
ABLE5_61	f61q5 Practice homework between sessions	20	93.7	9.0	75.0	100.0
ABLE6_61	f61q6 More confident in cold situations	20	78.8	17.3	50.0	100.0
ABLE7_61	f61q7 Find time to practice skills	20	91.0	9.3	75.0	100.0
ABLE8_61	f61q8 Increase blood flow to fingers	20	81.0	18.5	50.0	100.0
ABLE9_61	f61q9 Engage in more diverse activities	20	79.8	20.5	50.0	100.0
BLV10_61	f61q10 BF will be stress reducing	20	80.5	23.4	10.0	100.0
BLV11_61	f61q11 BF will increase bloodflow	20	82.2	17.4	50.0	100.0
BLV12_61	f61q12 Homework will be worth the time	20	88.5	11.9	70.0	100.0
BLV13_61	f61q13 BF is a good treatment	20	77.3	20.6	50.0	100.0
F61_DAYS	f61q2 Days from randomization	20	21.4	32.7	0.0	150.0
NEWID	Patient ID	20	154.5	104.0	2.0	298.0

FMTYP

FMTYP	Frequency	Percent	Cumulative Frequency	Cumulative Percent
SM01	20	100.0	20	100.0