Planetary Formulas Soquel, CA 95073

December 22, 2000

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C St. SW., Washington, D.C. 20204

RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Cramp Bark Comfort[™], a dietary supplement. Planetary Formulas is the manufacturer of Cramp Bark Comfort[™].

Statements being made in the labeling of Cramp Bark Comfort™:

3406

101 MAR 16

A7.02

JAN - 8 2001

(1) Cramp bark is one of the most valued of all North American botanical calmatives and is especially useful for women. Chaste berry is legendary throughout Europe, and now in the U.S. as well.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Planetary Formulas possesses substantiation that the statements are truthful and not misleading.

Aller ra L. Goldberg President, Planetary Eermulas

975 0162 LET 7187

