Planetary Formulas Soquel, CA 95073

December 8, 2000

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C St. SW., Washington, D.C. 20204

RE: 21 U.S.C. 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Full Spectrum Reishi™ Extract, a Reishi Mushroom Extract. Planetary Formulas is a manufacturer of Full Spectrum Reishi™ Extract.

Statements being made in the labeling of Full Spectrum Reishi ™ Extract:

(1) Reishi Mushroom reigns supreme as the king of Asian Adaptogenic herbs.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Planetary Formulas® possess substantiation that the statement(s) is (are) truthful and not misleading.

. Lack Ira Goldberg

President, Planetary Formulas

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