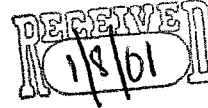


Source Naturals, Inc.
Scotts Valley, CA 95066

3382 '01 MAR 16 A7:01

December 5, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Inositol & Choline a dietary supplement. Source Naturals® is the manufacturer of Inositol & Choline.

Statements being made in the labeling of Inositol & Choline:

- (1) Inositol & Choline are B-vitamin-like compounds which have similar functions. Both are important components of phospholipids, which make up cellular and other biological membranes, and both play a role in healthy nerve function. Choline is an essential ingredient for the production of acetylcholine, the principal neurotransmitter while phosphorus-containing compounds of inositol in nerve cells help regulate nerve impulses.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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