

Source Naturals, Inc.
Scotts Valley, CA 95066

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December 5, 2000

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204

RE: Notification of Nutritional Support Statements


Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Manganese a dietary supplement. Source Naturals® is the manufacturer of Manganese.

Statements being made in the labeling of Manganese:

- (1) Supports energy production.
- (2) Manganese is an essential trace mineral involved in many key functions in the body. It plays a role in energy production, in normal bone formation and development, and in the synthesis of many vital cellular biochemicals such as collagen, prothrombin, urea, mucopolysaccharides, fatty acids and proteins. In addition, manganese is a cofactor for superoxide dismutase, one of the body's main protective antioxidant systems. This manganese is specially bonded (chelated) with amino acids to protect mineral value and enhance assimilation.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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