

Source Naturals, Inc.
Scotts Valley, CA 95066

December 5, 2000

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204

JAN - 8 2001

RE: Notification of Nutritional Support Statements

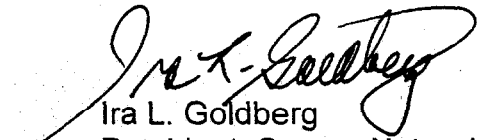
Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of A & D, a dietary supplement. Source Naturals® is the manufacturer of A & D.

Statements being made in the labeling of A & D:

- (1) Vitamin A is an essential nutrient, required for normal and night vision, maintaining healthy skin, and keeping mucous membranes moist and functioning.
- (2) Vitamin A is also needed by the thymus gland and the bones.
- (3) Vitamin D helps regulate calcium and phosphorus levels in the bones, teeth, and blood.
- (4) Vitamin D is necessary for proper absorption of calcium from the intestine, and for the normal mineralization of the bones.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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