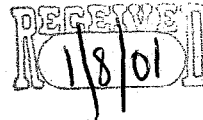


Source Naturals, Inc.
Scotts Valley, CA 95066

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December 4, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of L-Tyrosine a dietary supplement. Source Naturals® is the manufacturer of L-Tyrosine.

Statements being made in the labeling of L-Tyrosine:

- (1) L-Tyrosine is an essential free-form amino acid, which crosses the blood-brain barrier. It is a precursor for the neurotransmitters dopamine, norepinephrine, and epinephrine, for thyroid hormones, and for enkepalins, special peptides that subdue messages of minor physical discomfort associated with normal physiological processes. Tyrosine is also a constituent of protein amino sugars (glycosaminoglycans) and amino lipids (glycolipids), special compounds that have important roles throughout the body.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

Ira L. Goldberg
President, Source Naturals, Inc.

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