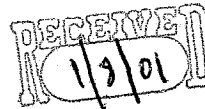


Source Naturals, Inc.
Scotts Valley, CA 95066

December 4, 2000

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements


Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Lycopene a dietary supplement. Source Naturals® is the manufacturer of Lycopene.

Statements being made in the labeling of Lycopene:

- (1) Lycopene is the pigment that gives tomatoes their red color and is one of four main carotenoids normally found in human blood and tissue. Studies show that lycopene is a scavenger of singlet oxygen, offering powerful antioxidant protection. Supplementation with Lyc-O-Mato™ has been shown to increase serum levels of lycopene. Lower serum levels of lycopene are associated with higher body weight, aging, and smoking.
- (2) Antioxidant carotenoid.
- (3) Antioxidant protection.
- (4) The body cannot convert lycopene into vitamin A; thus lycopene is reserved exclusively for antioxidant use.

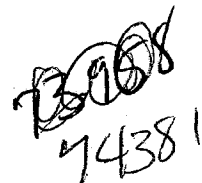
To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals, Inc.

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