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31 January 2001

The Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200C. Street S.W. Washington, DC 20204 USA FEB 1 5 2001

Dear Sir/Madam

This is a notification pursuant to 21 U.S.C. 343(r)(6) that MediHerb of Warwick, Qld, 4370, Australia is making statements about a dietary supplement.

Californian Poppy 1:2 is the name of the product that is the subject of this notification.

Californian Poppy 1:2 contains the herb Californian Poppy. The statements being made are as follows:

- support the body's ability to cope with normal environmental stress
- enhance the ability to relax during the night, and
- · ease the discomfort caused by exercise related aches and pains.

The information contained herein is accurate and MediHerb has substantiation that the statements are truthful and not misleading.

Yours sincerely

Wayne Reilly

Research Manager

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