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31 January 2001

The Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200C. Street S.W. Washington, DC 20204 USA

Dear Sir/Madam

This is a notification pursuant to 21 U.S.C. 343(r)(6) that MediHerb of Warwick, Qld, 4370, Australia is making statements about a dietary supplement.

Valerian Complex is the name of the product that is the subject of this notification.

Valerian Complex contains Valerian, Passionflower and Zizyphus spinosa. The statements being made are as follows:

- support nervous system health
- promote relaxation and encourage sleep, and
- ease the effects of temporary or occasional stress.

The information contained herein is accurate and MediHerb has substantiation that the statements are truthful and not misleading.

Yours sincerely

Wayne Reilly

Research Manager

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