

1 long-term, unless that's the thing you're
2 particularly studying. Do I have that right?

3 That's very important to us.

4 DR. BURMAN: Well, I think there
5 matched for the non-glycemic effects.

6 DR. TEMPLE: What about glycemic
7 effects? Are you going to leave somebody
8 undertreated glycemically for five years?

9 DR. BURMAN: No, that's why the
10 question was raised about how you treat those
11 patients with hypoglycemic, then it does modify
12 the paradigm, of course, and makes it more
13 difficult to determine as long-term events, but
14 it is unethical not to treat them.

15 DR. KONSTAM: You know, I wouldn't say
16 I quite agree with what you just said. First of
17 all, let talk about the non-glycemic things for
18 a second.

19 I mean, if you have a drug that,
20 for example, lowers -- also by the way,
21 lowers LDL cholesterol, okay? And you
22 don't -- do not in the protocol prescribe

1 that LDL cholesterol needs to be measured
2 every month and statins suggest that
3 accordingly, and we're going to tell you
4 exactly how to do it.

5 Unless you go over and above the
6 usual to do those things, you will wind up
7 with LDL cholesterols in the two arms, okay?
8 And I'm fine with that, okay, because when
9 we're looking from the perspective of
10 examining the clinical effects of the drug
11 because as you -- I think what you're
12 referring to -- I mean, I don't think that I
13 don't think we should be specifically asking
14 companies to explore the off target effects.
15 I think we need to look at the integrated
16 clinical effects and so I don't think I would
17 go above and beyond the call of duty to match
18 the other things prospectively, more than
19 just go ahead and take good care of the
20 patient myself.

21 As far as the glyceemic control,
22 yeah, I mean, in the long-term you're not

1 going to let people be significantly
2 hypoglycemic and I just love people who do
3 this every day to comment on it, but again,
4 you could have -- I mean, if the HbA1c target
5 is 7 -- I think you write that into the
6 protocol, but you might not necessarily
7 clobber the investigators with it.

8 So that you -- I don't know. I
9 mean, if a drug for example, facilitated
10 against hypoglycemia by some magical way, I
11 suspect you're going to wind up with better
12 glycemic control in that group and that would
13 be okay. So I'm not -- I mean, I think we're
14 looking at drug effect, not necessarily
15 mechanism effect.

16 DR. TEMPLE: Okay, but you'd be
17 telling them what target to go for. If what you
18 said is true, if one of them is better
19 tolerated, or something, you might do better.

20 DR. KONSTAM: I think that there's a
21 difference between writing in the protocol.
22 Investigators are reminded that that the

1 guideline recommends HbA1c of 7. And on one
2 extreme -- and on the other extreme saying,
3 you're going to measure HbA1c every two weeks
4 and you are going to follow the following
5 protocol in every patient, in order to drive it
6 down to that point.

7 I think those are the two extremes
8 and I'd love other people's opinion. I mean,
9 I would generally lean toward the first
10 side -- of making sure that people are good
11 investigators, good clinicians, following
12 guideline practices and then let chips fall
13 where they may. That would be my approach.

14 In a protocol designed to examine
15 the drug, is a whole other story because
16 we've got to do studies to understand the,
17 you know --

18 DR. TEMPLE: This all has a lot to do
19 with whether the goal is principally -- or to
20 show a benefit or to show harm. The harm's
21 you're worried about are mostly off-target
22 kinds. That's what we think might have

1 happened. So if that's what you're interested
2 in, you'd really try to match up everything.
3 But maybe if you want to show a benefit, maybe
4 you wouldn't.

5 DR. KONSTAM: But if you wind up with
6 a drug that facilitates better glycemic control,
7 under normal use conditions and that contributes
8 to a net acceptable safety level or maybe even
9 better than that, what's wrong with that?

10 DR. TEMPLE: No, that's okay, but
11 you'd still be trying for the same thing?
12 That's what I'm asking.

13 DR. BURMAN: Okay, thank you very
14 much. I think we should move on, unless there
15 anybody -- any other comment?

16 DR. FLEMING: There is. Can I comment
17 on this?

18 DR. BURMAN: Oh, sure.

19 DR. FLEMING: Yes. The response that
20 I was giving earlier on to this issue I think in
21 spirit is very close to what Marv has been
22 trying to say. My sense is the optimal design

1 here, the comparator arm is agent Y plus
2 standard of care. We're replacing Y with X. X
3 plus standard of care.

4 I want to find out in the real
5 world setting, based on totality of
6 mechanisms here -- what is, in this
7 particular case, what is the relative safety
8 profile, relative to cardiovascular risk? I
9 want a real world answer. So as Marv says,
10 the overall totality of the effect of this
11 intervention can be mediated through intended
12 and untended mechanisms, some of which could
13 be on these risk factors. Some of which are
14 on other factors and unrecognized.

15 Well, to the extent that's
16 unrecognized risk factors, then we should be
17 treating two current guidelines, but not in
18 an extraordinary, nonstandard way. But
19 according to what would be responsible
20 clinical management. And if that responsible
21 clinical management still leaves some
22 incremental difference on those risk factors,

1 that's part of what's inherently an effect of
2 that experimental arm. I don't want to
3 factor that out.

4 So I want a responsible management
5 according to clinical guidelines for those
6 risk factors, but I don't want to do
7 something extraordinary or artificial, which
8 I think in spirit is what Marv's saying.

9 DR. BURMAN: Thank you. I think we
10 better move on. I think Marv was asking, and I
11 think the consensus was to go over the other
12 parts of the question and just see what the
13 consensus is, so we can advice FDA. And as I
14 mentioned, we're going to skip over the
15 potential hazard ratio and come back to that in
16 a minute.

17 I think and hope that the other
18 questions seem to have more consensus. So
19 specifically, what should the primary
20 endpoints be? And I think virtually everyone
21 agreed they should be hard endpoints,
22 including a composite, but with specific

1 attention to the individual components of the
2 composite, certainly not just the composite
3 without consideration of the individual
4 endpoints.

5 Is there any discussion or
6 arguments there?

7 Okay, Dr. Genuth?

8 DR. GENUTH: I don't have an argument.
9 And those should be the hard endpoints. But I
10 wanted to address that in combination with the
11 later question of who are the proper patients to
12 enroll in this kind of a trial? And the point
13 was made several times that if we enroll
14 patients late in their course, that's good
15 because we'll have more events. And so we'll
16 have better power with fewer subjects, less
17 cost.

18 If we enroll participants early on,
19 say after diagnosis of diabetes as in the
20 UKPDS, or even before that point in so called
21 pre-diabetes, we'll be intervening earlier,
22 which might be more beneficial, but we'll

1 have fewer events and it will take us a long
2 time to get an answer.

3 I think that issue should be looked
4 at a little bit differently. I think we
5 should look to the biology that was learned
6 during animal experiments in drug development
7 and we should design a trial with as much
8 information as possible on whether we think
9 the drug is more likely to influence
10 atherosclerosis, and the slow development of
11 risk? Or whether the drug is more likely to
12 influence events because of thrombosis,
13 plaque ulceration, et cetera.

14 If we think the drug is going to
15 have a benefit or a risk, is going to be
16 working on thrombosis, fibrinolysis, plaque
17 ulceration, then we should do the trial in
18 people at high-risk for those events. People
19 who've already had an event, or have many
20 risk factors.

21 But if we think a drug is likely
22 either to be beneficial or noxious because it

1 effects the atherosclerosis process, then we
2 have to bite the bullet of recruiting
3 patients much earlier in their disease and
4 accepting the fact that it's going to take
5 longer to get an answer. But we're more
6 likely to get a biologically believable
7 answer.

8 DR. BURMAN: Thank you and, if you
9 will, those are very cogent comments.

10 And what I'd like to do is just
11 hold those comments for the group for a
12 second, because I think the next question
13 before the one on which population -- which
14 you just addressed -- is the size and
15 duration of these trials. And I think there
16 was consensus they should be long-term trials
17 of five years or so. And I think Tom is
18 going to give us some more information on
19 that shortly.

20 Yes?

21 DR. FRADKIN: It just occurs to me
22 that in discussing the duration, maybe we didn't

1 explicitly address that the duration that you
2 would want, which would be, say, five years for
3 a cardiovascular endpoint. If we're trying to
4 do this at the same time that people are also
5 demonstrating the efficacy in terms of glycemia,
6 those two durations may not really meld. I
7 mean, often glyceemic efficacy is shown in a
8 shorter duration trial and the way the study
9 might be designed -- it might be, for example,
10 if you have a comparator that you would have the
11 time and total insulin was needed, or something.

12 So it might not be that you'd need
13 the full five years for the glyceemic efficacy
14 to be established and maybe we should just
15 explicitly say that.

16 DR. BURMAN: Agreed. And thank you
17 for doing that. Any other comments on the
18 duration? The size, I think Tom is going to
19 talk about a little bit, to see if there's some
20 consensus there.

21 And now, what type of population?
22 Dr. Genuth already had some nice comments. I

1 open that up for discussion, yes?

2 DR. HOLMBOE: Yeah, I was going to say
3 that I agree with you, so I think the question
4 becomes, though, is that something that
5 necessary for regulatory approval? Or is that
6 something that -- you know, NVLHI or
7 NVDAK -- you know, the NIH organizations would
8 take on? I mean, I'm not sure that population
9 would have a very long lag time.

10 It would be necessary from a
11 regulatory point of view to -- clearly from a
12 scientific point of view -- those are really
13 important questions and they need to be
14 answered. I'm just not quite sure where that
15 sits in our current kind of paradigm?

16 DR. BURMAN: Any other comments on
17 that issue?

18 Dr. Genuth?

19 DR. GENUTH: Yeah, I'd like to make
20 one other point about which populations we
21 should study. We've been assuming, I think,
22 that we only will accept hard outcomes. And

1 that's a reasonable position to take, but I
2 think at least it's worth pointing out that if
3 we think atherosclerosis is what we are trying
4 to intervene on, then measurement of carotid
5 artery intermedial thickness or measurement now
6 more recently proven of coronary artery calcium
7 are pretty good surrogates for events,
8 particularly carotid intermedial thickness.

9 I think it's been pretty
10 well-demonstrated to predict higher event
11 rates. So it might be that the agency should
12 consider accepting trial evidence on those
13 grounds for either harm or benefit for
14 atherosclerosis. And those trials are
15 shorter: Generally within three or four
16 years you can see progression of either of
17 those two parameters.

18 DR. BURMAN: Thank you. My
19 understanding is, at the moment, no cardiac
20 surrogate is accepted. And that's a whole
21 separate topic and I just -- if the FDS wanted
22 to respond -- and to listen, if they go with my

1 comments, that's fine. Sure?

2 DR. GENUTH: I just didn't want
3 everybody to make their flights.

4 DR. PARKS: I was just going to
5 confirm that, indeed, no drugs have been
6 approved based on that surrogate, but if the
7 cardiac imaging is done.

8 DR. BURMAN: Thank you. Oh, I'm
9 sorry, Dr. Savage?

10 DR. SAVAGE: I just wanted to make a
11 quick comment on the same issue. I think one of
12 the problems with diabetes is it's a diffuse
13 metabolic disease. It has effects on
14 coagulation factors, there are components of it,
15 like hypoglycemia, that can trigger arrhythmias
16 and so forth. And therefore, a strictly
17 atherosclerotic endpoint, runs the risk of
18 missing something that might be particularly
19 important in at least some subgroup of the
20 diabetic population. So I don't know the answer
21 to the question, but I think that needs to be
22 kept in mind. We don't understand enough about

1 the mechanisms by which diabetes causes
2 cardiovascular events to be able to choose a
3 surrogate endpoint with real confidence, at the
4 present time.

5 DR. BURMAN: Thank you.

6 And let me -- we're trying to get a
7 consensus here and I'd say the consensus,
8 which may not be total consensus, is studies
9 should include diabetics -- these studies
10 we're talking about. And probably, mostly,
11 diabetics with pre-existing cardiovascular
12 disease for these type of trials. Anyone
13 strongly disagree with that for this
14 particular group?

15 Then I'd like to go through the
16 other questions, hopefully quickly, and then
17 get to Tom before we then get to the voting
18 question. There wasn't much controversy
19 on -- and there was a consensus it seems that
20 we should use drug plus comparator. And how
21 exactly that is performed, whether it's not
22 drug versus placebo, but drug versus

1 comparator, even though it has potential
2 difficulties, that seems to be what everyone
3 recommended, or at least most people
4 recommended. Any discussion? Okay, good.

5 How should deteriorating glycemic
6 control be handled -- defined and handled?
7 We really didn't talk about the definition.
8 That could be discussed in a different forum,
9 but it has to be handled, everyone agrees,
10 from a clinical standpoint. And it's a
11 confounder that the statisticians emphasize,
12 but it's something that we have to do in
13 real-life studies. Further?

14 Dr. Genuth?

15 DR. GENUTH: I thought there was a
16 little confusion in the previous discussion that
17 went back and forth about that, on the other
18 side of the room.

19 I think two different objectives
20 were being a little bit confused. One
21 objective to make HbA1c level equal in two
22 groups, which then puts you completely in the

1 off-target zone of looking for benefit or
2 risk with a different objective, which is not
3 to allow any participant in the trial to be
4 at -- continuously above some ethically
5 acceptable level that exposes them to
6 microvascular risk, for sure. And those are
7 a little different.

8 So I think it's more important to
9 the second question, that we agree on in any
10 trial, the level above which we will not
11 consciously permit a participant to remain.
12 At least we will make our best effort to
13 bring them down. And that can either be by a
14 protocol prescribed recipe or it could be
15 left up to the investigator how. But the
16 critical point would be to bring them below
17 some unacceptable upper level.

18 DR. BURMAN: Agreed. Thank you for
19 the clarification. Any comments on that?

20 DR. BERSOT: What I heard in the
21 previous discussion is, you'd tell them what the
22 American Diabetes Association goals are, but you

1 wouldn't overdo it. You wouldn't tell them
2 they've got to measure every two minutes, and
3 stuff like that. So it's a blend of what you're
4 talking about. It's partly a goal towards where
5 we were supposed to get and probably, also some
6 escape value, too. But not just totally leave
7 them alone, but maybe I didn't hear that right?

8 DR. BURMAN: I think that's my
9 understanding. Good, thank you for the
10 clarification for both of you.

11 And the last question, there
12 shouldn't be any disagreement on. It seemed
13 like everyone agreed there should be
14 encouragement to manage all of the other
15 parameters to goal in these patients.

16 So what I'd like to --

17 DR. KONSTAM: I'm sorry, but, again, I
18 would say it the same way Bob just said it
19 vis-a-vis glycemic control.

20 DR. BURMAN: Yeah, this question, as I
21 read it, is looking for control of other
22 parameters.

1 DR. KONSTAM: No, I understand. But,
2 again, I wouldn't overdo it. I wouldn't be, you
3 know -- I mean, I would be trying to assure that
4 clinicians are generally following practice
5 guidelines and are aware of it. But, again, if
6 the drug has a favorable effect on LDL
7 cholesterol, it will show up. Unless you go
8 crazy trying to keep it from showing up. And
9 I'd be fine with that if that's contributing to
10 the effect.

11 DR. BURMAN: Thank you.

12 It's 2:30, and for the next 15
13 minutes, before we get to Question No. 3 and
14 the vote, Tom, I think you were kind enough
15 to respond to Dr. Rosen and some of our other
16 questions regarding specific parameters. And
17 really, regarding the question -- the second
18 subtext of Question No. 2; hazard ratios.

19 His slide should be coming up in a
20 minute.

21 Yes, Tom, thank you for preparing
22 this on short notice.

1 DR. FLEMING: Sure. So in response to
2 the request, I did the best I could over the
3 lunch hour to try to distill some of the essence
4 of the illustration that I had provided in
5 responding to the question about how big the
6 trials might be. And so here is an illustration
7 of what size trials might be done for a
8 confirmatory trial for cardiovascular safety and
9 a screening trial. And the assumption under
10 which this is based is suppose that we're
11 looking at a population with a 2 percent per
12 year rate of the composite endpoint that we've
13 been talking about: cardiovascular death,
14 stroke, and MI.

15 So in the confirmatory safety
16 trial, for illustration, suppose it's
17 determined that we need to rule out a
18 one-third increase, or we need to rule out a
19 50 percent increase. And certainly, what
20 that increase would be is specific to a lot
21 of issues that we have been talking about.
22 What is the level of benefit that you would

1 be expecting with this intervention, other
2 domains, for example, microvascular domains.

3 To give some sense about how this
4 plays out, as a number of my colleagues said,
5 it's not just relative risk, what's the
6 overall absolute impact. And of course, that
7 depends on what the event rate is. But if
8 the event rate is 2 percent per year, or 20
9 per 1,000, a one-third increase would be in
10 excess of about 6 or 7 events per 1,000
11 person years. A 50 percent increase would be
12 saying you're okay up to, but not beyond, 10
13 excess events.

14 And as I was mentioning, in the
15 precision trial, in rheumatoid arthritis and
16 in osteoarthritis, the bar was set at 1.33
17 and a 1 percent per year because that
18 translated to three excess events.

19 But, here, it's logical that some
20 additional excess could be allowed because of
21 the microvascular benefits. But this is an
22 issue taking into account these kinds of

1 considerations that need to be done on a
2 study-specific basis based on how impressive
3 the evidence is for this particular agent in
4 terms of its efficacy.

5 So under this context, suppose that
6 you were, let's say, using the 33 percent
7 increase. You're trying to discern the
8 difference between no increase and a
9 33 percent increase, in a setting
10 where -- I'll make the assumption here, where
11 you want to have 90 percent power i.e., if,
12 in fact, there's no increase, you want to
13 have 90 percent chance of coming out with a
14 positive result. But you want to have a low
15 false positive. If there really is an
16 increase, traditionally, if it's 2.5 percent
17 false positive conclusion of being safe when
18 you're not.

19 If that's the case, it takes 508
20 events. And that would take, if we -- and
21 most of us have said, look at something along
22 the lines of a five-year trial. If it is a

1 five-year trial and you have a 2 percent per
2 year event rate, that would be a sample size
3 of 5,000, or 2,500 per arm.

4 Now, in contrast, if it was
5 acceptable to rule out a 50 percent increase,
6 because you're saying it's okay to have up to
7 10 excess cardiovascular deaths, strokes, and
8 MI per 1,000 person years, then it would take
9 only 256 events, or 2,500 people followed for
10 five years.

11 The critical value, what we as
12 statisticians call the value at which success
13 occurs, would be if the excess can't be more
14 than about 12 to 15 -- 12 to 17 percent,
15 which would be an estimated three excess
16 events per 1,000 person years. And if the
17 rates are less than this, that would be a
18 success. If the rates are higher than this,
19 then that would be problematic in terms of
20 not having ruled out a 3three- to
21 five-0 percent increase.

22 Now, if in fact we decide this has

1 to be done, but we would argue that doing
2 this entirely pre-marketing, unless you had a
3 signal, unless the FDA has already said -- if
4 there's a signal, then -- or clear
5 signal -- then they would require
6 pre-marketing. But if one wanted to take a
7 measured step in a pre-marketing setting as a
8 screening trial, following the example that
9 Steve Nissen had indicated, if, for example,
10 you were to use a 125- event trial in the
11 screening trial -- and 125 events,
12 technically speaking, is sufficient to
13 discern the difference between no increase
14 and an 80 percent increase.

15 Now, an 80 percent increase
16 probably isn't the smallest excess that would
17 be at clinically acceptable. But that's
18 formally what you're able to rule out, is an
19 80 percent increase, when you see a 25 or
20 26 percent increase.

21 The appeal to this, from my
22 perspective, is it's not only able to

1 rigorously rule out an 80 percent increase,
2 it's able to screen out a 50 percent
3 increase, meaning that if the agent truly was
4 unacceptably giving a 50 percent increase in
5 cardiovascular death, stroke, and MI, you'd
6 only have about one chance in seven of seeing
7 a result as favorable as a 25 percent
8 increase or less.

9 So in essence, if you were to use
10 this criterion of 125 events, and needing to
11 see no more than about a 25, 26 percent
12 increase, then that has the property that you
13 can be comfortable that this agent doesn't
14 have an 80 percent increase, and reasonably
15 comfortable it doesn't have a 50 percent
16 increase. That's essentially where you would
17 be.

18 This would be a trial that would
19 take 2-1/2 years -- let's say it would take
20 2-1/2 years.

21 Then that would take 2,500 people,
22 or 1,250 treated people. To contrast that

1 with what the Agency has said, now they would
2 require 1,500 treated people for at least a
3 year, this would be 1,250 treated for 2-1/2
4 years. So the most tangible difference here
5 is that you're needing to go 2-1/2 years, not
6 a year. But for many reasons that have been
7 laid out, there are very substantial -- not
8 just getting more events, it's getting a
9 better sense about at least a more
10 intermediate timeframe. But it's not five
11 years. That's the advantage of doing this as
12 a screening trial.

13 Now, Dr. Temple has raised a valid
14 point. The world isn't dichotomous. If this
15 estimate is more than a 25 percent increase,
16 it's problematic. But if it's less than
17 25 -- what if it's actually favorable? If
18 the point estimate is a 30 percent decrease,
19 you have superiority. Even though it's in
20 fact a smaller screening trial, you have a
21 claim, or at least you have evidence, the FDA
22 can judge whether it's persuasive, but you

1 have statistically significant evidence of a
2 favorable effect on this. If, however,
3 you're just better than neutral, a 5 percent
4 estimated decrease, then you're actually able
5 to rule out a one-third increase. So this
6 25 percent increase doesn't conclusively rule
7 out a one-third increase, it just rules out
8 an 80 percent increase. It's allowing you to
9 go on. But if the results are much better
10 than a 25 percent increase, if you have a
11 5 percent decrease, it's, from my
12 perspective, a very reasonable consideration
13 that that might be enough, without,
14 therefore, needing -- you haven't proven
15 superiority, but you've ruled out a one-third
16 increase.

17 So there's a continuum here. If
18 it's a percent reduction or better, it's
19 superiority.

20 If it's a 5 percent reduction or
21 better, it's ruling out a one-third increase.
22 And then if it's between 25 percent and the

1 26 percent worse, you're going on, but you
2 certainly would need the confirmatory trial.

3 And then, the worse case scenario
4 is if it's greater than 25 percent.

5 DR. BURMAN: Thank you, Tom. And I
6 think we have a -- very nice of you to do that
7 on short notice. And to me that clarified and
8 put more objectively a lot of the information.
9 Thank you for doing that.

10 We do have a couple minutes for
11 discussion. Dr. Temple?

12 DR. TEMPLE: Well, it doesn't really
13 address what I asked before, which is, suppose
14 you decide, in your wisdom as a company, I want
15 to do 1,250 people. Okay? I don't want to do
16 2,500 for three years, or whatever it is. I
17 want to do 1,250 and I think I can do it in a
18 year and a half. I now get a point estimate of
19 1.1, which nicely -- I'm just guessing -- nicely
20 rules out the 1.8 I was looking for. That may
21 not get you out of the task of doing the
22 follow-on study, but maybe that's not their

1 goal. Maybe their goal is to get in the
2 marketplace.

3 DR. FLEMING: Fair point, Bob. So let
4 me expand on this to say, suppose you take the
5 approach of saying, I'm only going to put in a
6 total of 1,250 people. And with 1,250 people
7 instead of 2,500 people, my standard error is
8 about 40 percent higher. But, I can still win.
9 I can still win by ruling out an 80 percent
10 increase, but not by seeing a 25 percent
11 increase by estimate, but by seeing a 5 or
12 10 percent increase.

13 The price that I'm paying for that
14 is, with this approach, if you truly have no
15 excess, then you have a 90 percent chance of
16 getting -- of going on; i.e., the worst
17 mistake in a screening trial is to declare
18 that you're unacceptable when you are
19 acceptable. Okay, in a screening trial. And
20 this particular design has the property that
21 if you truly have no excess, you've got a
22 90 percent chance you're protected to see a

1 result that's acceptable.

2 If you take the 1,250-person trial,
3 you're right: You can still win. But
4 winning, now, is a 1.05. Now, you have about
5 a 60 percent chance of winning.

6 DR. TEMPLE: But someone might --

7 DR. FLEMING: I'm not going to --

8 DR. TEMPLE: Someone might choose that
9 approach, even if it's --

10 DR. FLEMING: You could.

11 DR. TEMPLE: Not the smartest thing to
12 do.

13 DR. FLEMING: You could, if you're a
14 gambler and you're willing to take a 50/50,
15 60/40 shot of passing this screen when you're
16 truly safe.

17 DR. BURMAN: We have a few other
18 questions. Yes, please.

19 DR. PROSCHAN: Yes, I mean, still, the
20 idea that ruling out an 80 percent harm is
21 somehow a great thing to do, I think is not
22 right.

1 So you know, if you have -- so I
2 think you ought to couch it in terms of
3 letting go a little bit on the confidence
4 level and ruling out a more reasonable harm.
5 So a small trial ruling out an 80 percent
6 harm would not be convincing, at all, to me.

7 DR. FLEMING: And I would agree. It's
8 why when Steve put this forward with the 1.8,
9 that's essentially looking at preserving a
10 2.5 percent false positive error rate, here.
11 And my sense is, as a screening trial, the real
12 way that I look at this trial isn't this column,
13 it's right here. It's saying, if you would
14 argue that a 50 percent rate is, in fact, the
15 limit, then this trial has the property that if
16 you truly had a 50 percent excess rate, the
17 probability that you would see a 26 percent
18 excess rate here is sufficiently low; i.e., what
19 you're saying here is that I'm going to go on
20 with a 26 percent rate. And yes, that would be
21 incredibly unlikely, 2.5 percent chance if it
22 was 1.8, but it's still only one in seven if

1 it's 1.5. So if you're willing to say that a
2 1.5 is that smallest excess -- and I agree, 1.8
3 doesn't make sense to me, but 1.5 could -- then
4 the reassurance here is, for those agents that
5 would have a 50 percent increase, 6 out of 7 are
6 not going to pass this screen.

7 So it's not perfect. If you want
8 perfect, you have to do the entire, fully
9 powered trial in a pre-marketing study. But
10 at least this way, we're getting rid of 6 of
11 7 agents; we're not going on without more
12 data for 6 of 7 agents that truly have a
13 50 percent increase.

14 DR. BURMAN: Thank you. Please.

15 DR. JENKINS: Just one point of
16 clarification and a question for Dr. Fleming.

17 It's important for the Committee
18 and others to note that the screening trial
19 that you're proposing is 2-1/2 years of
20 controlled, randomized assignment. And
21 that's very different from the safety
22 databases that Dr. Joffe presented to you

1 earlier, where he showed that we ask for
2 1,300 to 1,500 to be exposed to drug for more
3 than a year. Most of those exposures are
4 going to be open label or extension
5 exposures. They're not going to be
6 randomized, where you have a control group to
7 look at. He also said we ask for 3- to 500
8 exposed for greater than 18 months. Again,
9 those are open label, not randomized.

10 So the screening proposal here
11 would provide a lot more patient years of
12 exposure in a randomized, controlled setting,
13 which would be on top of, probably, the
14 Phase 2, Phase 3 exposure that we already
15 get, where you're demonstrating benefit.

16 So it is an addition, and it's a
17 very different dataset than what we normally
18 get. So. Not a criticism, just to clarify.

19 DR. FLEMING: Right. It's a very key
20 and accurate clarification. So it is different
21 from status quo in that, as I was mentioning,
22 you're getting a lot more experience beyond six

1 months; you're getting it out to 2-1/2 years.
2 But you're absolutely right, John, you're also
3 getting it in a far more informative way, with a
4 randomized comparator. And if we were looking
5 for tenfold increases, or a hundredfold
6 increases, we don't need that randomized
7 comparator. But when we're trying to sort out
8 no difference versus a 20, or a 33, or a
9 50 percent increase, those uncontrolled studies
10 provide very uninterpretable evidence. This
11 would be, in contrast, very interpretable
12 evidence about what is the true impact of the
13 intervention on that risk.

14 DR. BURMAN: Thank you.

15 DR. JENKINS: My question --

16 DR. BURMAN: We are going to have to
17 move on in a minute, but please --

18 DR. JENKINS: Dr. Proschan, earlier,
19 had suggested you could have an interim analysis
20 approach where you could start the trial, do an
21 interim analysis for the screening purposes, and
22 then confirm after approval. I want to hear

1 your comment about that aspect of it.

2 But also in the era of adapted
3 trial design, I'm wondering if you could also
4 address -- say they start this trial and they
5 want to analyze it after a year for efficacy,
6 to look at glycemic benefit, to provide part
7 of the package for efficacy. They also
8 analyze it at 2-1/2 years for safety for this
9 interim analysis. Talk a little bit about
10 the validity and the concerns about multiple
11 looks at this for multiple purposes.

12 DR. FLEMING: Yes, that's a very
13 important point and my concern is, to really
14 delve into this, would take more than just a
15 minute or two. So let me just take a minute and
16 inadequately answer your question.

17 You're absolutely right that there
18 are subtleties here that are needing a lot
19 more discussion. If you allow more
20 flexibilities, adaptive -- well, we speak a
21 lot now about adaptive methods, where, in
22 essence, bottom line, trying to build in

1 flexibilities in the discovery phase with the
2 confirmatory phase. And it sounds better
3 than it actually plays out. We're always
4 best off in a setting where we can formulate
5 the hypotheses that we're trying to confirm
6 and then prospectively proceed to confirm
7 them.

8 There are some options that could
9 be done here. You want to learn the most you
10 can from this study. And so you certainly
11 could use this study, along the lines of what
12 Marv has talked about, this could be, in
13 fact, an aggregation of a number of elements
14 of your Phase 3 program that also carry
15 efficacy aspects to it. And where there are
16 some nonoptimalities as that plays out to the
17 integrity of the aggregate data for safety,
18 that may be a tradeoff you'd be willing to
19 do, as long as we can set this up in a
20 prospective way.

21 From an interim analysis
22 perspective, there -- it is possible that

1 this could be an interim analysis of that
2 larger study. It would be, for some reasons,
3 I think, preferable for it to be separate,
4 where the confirmatory trial can be, in fact,
5 altered in its size -- in fact, it might not
6 even have to be done, based on the results of
7 this study.

8 This could also be -- you could
9 even do an interim analysis before you got
10 the, in this case, 125 events. I think it
11 would play out to a sponsor's best interest,
12 in most places, to let this study play out
13 till you had the entire 125 events.

14 One of the consequences here, as
15 I've already tried to mention, it follows
16 what Bob Temple was saying before, is the
17 conclusion here is not just dichotomous, are
18 you able to rule out an 80 percent increase
19 or a 50 percent increase. The results could
20 be sufficiently favorable that you might not
21 need to do that confirmatory trial, and you
22 might even, in fact, get a superiority claim.

1 So that overall insight needs to be
2 factored in. And I think a lot more could be
3 said, but in the interest of time, it
4 probably needs to be discussed later.

5 DR. BURMAN: A very important issue.
6 Dr. Temple, did you have a quick comment?

7 DR. TEMPLE: Well, as Tom said, you
8 could talk about this for a long time. Seems to
9 me a company might well look at the first 40
10 events, figure out that they're going in the
11 right direction, and say, oh, I'm not worried
12 about being 1.25. I think I'm gonna be all
13 right. I can do a much smaller study.

14 And then we'd have to figure out
15 what price he'd pay in the final analysis.

16 I did have one other question,
17 though. Tom's been talking about a 2-1/2
18 year study. Is that the same as twice as
19 many people, but only for a year and a
20 quarter? I mean, are we committed to very
21 long duration, here?

22 DR. FLEMING: You're right, Bob.

1 There are tradeoffs of this, so that you could
2 do this in a year and a quarter for twice as
3 many people. Many tradeoffs. One of them to be
4 thinking about is if there is, in fact, a
5 varying effect of treatment over time on the
6 these cardiovascular complications, where the
7 longer you look, the better it is, I would argue
8 that that sponsor would be well-served; i.e.,
9 they could cut their sample size in half, but
10 they would also be well-served by having a
11 greater chance of a favorable conclusion.

12 DR. TEMPLE: All right. But it's
13 possible you could think of the definitive
14 postmarketing study as the place to look for
15 long-term effects.

16 DR. FLEMING: That's true, but
17 suppose -- I don't know if this is true -- but
18 suppose there is, in fact, true adverse effects
19 for the first 6 months to 12 months, and then
20 not thereafter, then, I don't want my screening
21 trial sending me in the wrong direction either.

22 DR. TEMPLE: Stuff happens.

1 DR. BURMAN: Very critical points.

2 Good -- Dr. Parks.

3 DR. PARKS: I'm sorry, I'm afraid I'm
4 going to muddy up the waters a little bit. I do
5 need some clarification here, Dr. Fleming.

6 The 2-1/2-year duration here that
7 you -- on the previous slide, I'm assuming
8 this is going to have to be on top of the
9 Phase 2 program. I would assume that the
10 company would want to do the dose- finding
11 studies first, a 12 week to 24 weeks.

12 But the other thing I want to point
13 out here is that this is based on, I'm
14 assuming, selecting one dose of the
15 investigational drug. It's conceivable that
16 a company may want to test two doses, and
17 that will certainly modify the sample size,
18 as well.

19 DR. FLEMING: I would agree with you
20 that it wouldn't make sense. While I agree with
21 Marv, this could be based on an aggregation of
22 elements. I would think of your Phase 3

1 Program. But even as you've described it, the
2 Phase 2 Program would be a very small number of
3 person years, anyway, relative to what we're
4 talking about here. So you're not giving up
5 that much by not including the Phase 2 Program.

6 And yes, I would think that you
7 would be, ideally, doing this as a two arm;
8 i.e., as a given strategy against a control.

9 DR. KONSTAM: You know, I'm not sure
10 about that. I mean, first of all, we haven't
11 gone into dosing issues, at all. And we don't
12 know, at the end of the day, whether the company
13 is going to wind up with a single dose
14 recommendation or a multiple does
15 recommendation.

16 So I'm not so sure about -- that I
17 would agree that that this critical safety
18 analysis necessarily has to be around a
19 single does. And I agree that most of the
20 contribution will be in the Phase 3 program,
21 but if in -- but you're not going to
22 independently test the safety of every single

1 does. So you're going to have to make
2 compromises.

3 And at face value I don't see why
4 you couldn't -- in the Phase 2 program you're
5 having three doses, if those wind up being
6 the three doses that go forward, well you've
7 got a randomized -- I mean, Tom's focusing on
8 the randomized -- prospective controlled
9 randomized effort, as opposed to
10 uncontrolled, which is a whole different
11 ballgame. But if it's controlled, even if
12 it's a 3:1 randomization with three different
13 doses, I would hope that somehow or other
14 that could contribute to your overall safety
15 signal.

16 DR. FLEMING: And just to respond.
17 You certainly -- if you aren't, in your Phase 3
18 program, in a position to have clarification of
19 the dosing schedule, I'm okay. It's less
20 optimal, but I'm okay with that. The Phase 2 is
21 such a small fraction of the person years'
22 aspect of this that, from a practicality

1 perspective, it would make more sense to really
2 think of this as the aggregation of evidence
3 across the Phase 3.

4 DR. BURMAN: Other questions before we
5 move on?

6 DR. KONSTAM: Can I just, at some
7 point -- and maybe we can do it after the break,
8 but I -- you know, I, again, I mentioned earlier
9 that if you wind up with a two-phase effort
10 here, I wonder whether you'd have to throw out
11 the prior information. And I would just wonder
12 if we could have any comments, and maybe we
13 could save it for after the break, about is
14 there another approach to this.

15 DR. BURMAN: I forgot to mention,
16 there's not going to be a break.

17 DR. KONSTAM: Okay.

18 DR. BURMAN: We're running too short
19 on time --

20 DR. FLEMING: Just one -- I would hope
21 that we would all say, you wouldn't throw it
22 out. It's just a matter of what is the

1 structure for obtaining totality of information.
2 Is it two separate sources or is it one with an
3 interim. So there's no question, you wouldn't
4 throw it out. It's one of the key contributing
5 sources of information. Might be the only one
6 required.

7 DR. BURMAN: Please.

8 DR. PROSCHAN: Yes, I mean, there's an
9 impression, unfortunately, among
10 non-statisticians that the only way to take into
11 account prior information is through Bayesian
12 methods. That's not true at all. We take into
13 account prior information as classical
14 statisticians, as well. And you could take into
15 account the difference in HbA1c; you could take
16 into account all kinds of things. It's just
17 that a Bayesian methodology is a very specific
18 way to do that, where you specify a prior
19 distribution before starting your study and, you
20 know --

21 DR. KONSTAM: How do you go from,
22 let's say you wind up with the right-hand

1 column, at the end of at the end of your
2 approval, and what you want to be is at the
3 1.33, how do you get there with a frequentist
4 approach?

5 DR. FLEMING: I completely agree. And
6 you would use, I mean, there are different ways
7 of doing it as a frequentist, but you would be
8 looking at totality of data. You could look at
9 totality of data through a meta-analysis.

10 DR. KONSTAM: I see.

11 DR. FLEMING: You can look at totality
12 of data as the aggregation of evidence for
13 strength of evidence to rule out excess risk.
14 I'm okay with a Bayesian approach, but it
15 doesn't buy you anything --

16 DR. KONSTAM: I mean, I'm not --

17 DR. FLEMING: That frequentist can't
18 do.

19 DR. KONSTAM: I'm not stuck on
20 Bayesian, at all. I just think that -- but we
21 haven't talked about -- I mean, it's been
22 presented as if you do something in pre-approval

1 and then you start -- it sounded like --

2 DR. FLEMING: No, no --

3 DR. KONSTAM: Then you start over --

4 DR. FLEMING: It's totality of
5 information. And the benefits for thinking of
6 it as separate studies is the first study would
7 be fully analyzed and would have impact on how
8 you would then subsequently design that second
9 study.

10 But this is fine-tuning, I think,
11 relative to what the Committee has to
12 discuss. I think we're in agreement. In
13 principle, what we're trying to say is we're
14 in agreement. The totality of these data
15 would be used if you had two studies that
16 were providing the information.

17 DR. BURMAN: Let me -- we really have
18 to move on. And I apologize that there really
19 isn't time for a break because we really have to
20 end by 4:30. And there's a tremendous
21 discussion and I appreciate everyone's
22 interaction. It's really important.

1 But quite equally important is the
2 question for vote.

3 MR. TRAN: Once Dr. Burman read a
4 questions into record, for all voting members,
5 this would exclude Dr. Veltri, our industry rep,
6 and Dr. Genuth. Starting from Dr. Fradkin, and
7 around the room to Dr. Holmboe. Our FDA
8 panelist members are non-voting and including
9 myself.

10 Once we are ready, you can hit yes,
11 no, or you can abstain from voting. You have
12 three choices on your microphone right in
13 front of you.

14 So after Dr. Burman -- yes?

15 DR. KONSTAM: Can I ask for some
16 clarification? So I mean, we've talked about a
17 few things and so I want to understand. When we
18 talk about the conduct of a long-term
19 cardiovascular trial, are we including in that
20 the concept of actually a pooled assessment
21 across a number of trials.

22 Is that responsive --

1 DR. BURMAN: I would suggest and agree
2 that that be a slash: a cardiovascular trial
3 and/or a cardiovascular assessment, as we've
4 discussed.

5 DR. JENKINS: Actually, I think we
6 would really prefer that you answer the question
7 for a standalone, long-term cardiovascular
8 trial.

9 DR. BURMAN: Okay.

10 DR. JENKINS: We addressed, under
11 Question 1, the issue of whether you think we
12 should do a better job of pooling trials. But
13 we really need for you to answer the question
14 should there be a standalone, long-term
15 cardiovascular trial, yes or no?

16 DR. BURMAN: Okay.

17 DR. HOLMBOE: I hate to be difficult,
18 but it's hard for me on this question in the
19 absence of context. I mean, if we had a
20 screening study that reached the result that Tom
21 just showed, then I would vote differently than
22 if I didn't have that data. If I only have the

1 data that's currently available using your
2 current program, I would vote differently. So I
3 guess I need some help on what exactly is the
4 amount of information that this long-term trial
5 would be based on?

6 DR. JENKINS: The screening trial that
7 Tom just described, I would characterize as a
8 long-term cardiovascular trial -- that's not
9 what we currently get.

10 DR. BURMAN: Thank you. Any other
11 points of clarification? Those are excellent.
12 Oh, I'm sorry, Dr. Day.

13 DR. DAY: So question No. 3 looks like
14 yes/no, in the absence of a cardiovascular
15 signal. And then, if yes, there are two choices
16 below, but there are really three: when would
17 such a trial be pre-approval, post-approval, or
18 straddling both? So the straddle strategy has
19 an option for voting, might make it easier for
20 us to answer the question.

21 DR. BURMAN: The question itself, let
22 me read the question. It is -- which is up

1 there.

2 It should be assumed that an
3 anti-diabetic therapy with a concerning CV
4 safety signal during Phase 2/3 development
5 will be required to conduct a long-term
6 cardiovascular trial. For those drugs or
7 biologics without such a signal, there should
8 be a requirement to conduct a long-term
9 cardiovascular trial. Yes or no. And then
10 the category is either pre-approval or
11 post-approval.

12 But we're going to go around the
13 room, individually, after the vote, and
14 everyone will -- can then make their comments
15 about how they would caveat it. Dr. Savage.

16 DR. SAVAGE: Can I just get a
17 clarification as to what this -- the data is,
18 again?

19 I'm not sure that I understood what
20 someone just said a minute ago. The
21 information that would be available during
22 the Phase 2/3 development is exactly what?

1 DR. BURMAN: My understanding -- you
2 want to answer that question?

3 DR. JENKINS: It would be the type of
4 trials that Dr. Joffe described yesterday
5 morning. The 12-week Phase 2 trials, the 24- to
6 48-week Phase 3 trials, that's the data, and
7 then the extension. You know, that's the type
8 of data we're getting now.

9 We asked you in Question 1 to
10 describe things that we could do to make that
11 dataset better.

12 You talked about adjudicated
13 cardiovascular committee. You talked about
14 other things that we could do, meta-analysis,
15 for example. We really are asking you should
16 we go beyond that, in our cardiovascular
17 assessment, in asking for a specific,
18 long-term cardiovascular trial, yes or no.
19 And then we'd like you to tell us, well,
20 should you do that pre-approval, should you
21 do that post-approval, or should you do a
22 mixture. And you can give us that in your

1 comments as you go around, should it be a
2 mixture of screening, interim analysis
3 followed by confirmatory. But again, this is
4 for a situation where our best available risk
5 estimate, at the time, does not show a
6 cardiovascular signal. That's what the
7 question says.

8 DR. SAVAGE: But it does not include a
9 short pre-approval trial of the sort we've been
10 talking about.

11 DR. BURMAN: It does not, but --

12 DR. JENKINS: The screening trial that
13 Dr. Fleming described, I would categorize as a
14 long-term cardiovascular --

15 DR. SAVAGE: Right. That's what I
16 thought you said --

17 DR. JENKINS: A 2-1/2 year trial --

18 DR. SAVAGE: That's why I wanted to
19 make sure I understood, because --

20 DR. JENKINS: So if you liked that
21 perspective, you would probably vote yes. And
22 then in your comments, you would say, I like the

1 screening approach pre-approval and the
2 post-approval confirmation, but --

3 DR. SAVAGE: Yes, that's the
4 clarification I wanted. I wanted to make sure I
5 understood what I thought I heard.

6 DR. JENKINS: We're really asking you,
7 do you think we should be having a specific
8 cardiovascular long-term safety trial above and
9 beyond the usual Phase 2, Phase 3 control trials
10 and extension studies.

11 DR. BURMAN: Yes --

12 DR. SAVAGE: Above and beyond an
13 enhanced version of what exists now.

14 DR. JENKINS: Yes. Yes.

15 DR. BURMAN: Dr. Temple and then Marv.

16 DR. TEMPLE: Well, I think Tom
17 described some circumstances in which the
18 Phase 2, 3, whatever study could obviate the
19 need for further long-term study. And maybe
20 there are some circumstances for that. This
21 question asks, in the absence of something like
22 that, where you haven't gotten anything, do you

1 always need a long-term study. And then when
2 should you do it. Right?

3 What Tom described, I think, is a
4 case where a short -- a relatively short-term
5 result could be so persuasive you wouldn't
6 want to bother anymore. And maybe there are
7 cases like that. But that'd be a little
8 unusual. Right?

9 DR. FLEMING: Indeed. I think, if I
10 understand the essence of what you're really
11 asking here, is, is it necessary, in a
12 development plan, before an agent is approved,
13 to be able to have sufficiently comprehensive
14 and reliable evidence, or at least, then, in a
15 post-marketing, the Committee can decide when it
16 would be done, pre or post. But if you believe
17 that an agent needs to have sufficient evidence
18 to be able to reliably rule out unacceptable
19 cardiovascular safety risks on a routine basis,
20 then it's -- my understanding is the answer is
21 yes. And in that context, Marv, you were saying
22 there's another way -- there are different ways

1 to do that.

2 DR. KONSTAM: I mean, I think that's
3 where what we were proposing amending the
4 question or clarifying the question to that
5 effect. But I guess I'm worried about the
6 reaction to that because I think your reaction
7 to that is setting up an unfortunate and
8 potentially misleading dichotomy --

9 DR. FLEMING: So it's essentially such
10 a trial or equivalent evidence --

11 DR. KONSTAM: That's what I'm
12 saying --

13 DR. FLEMING: Such a trial or
14 equivalent evidence. And what Bob Temple keeps
15 saying is that equivalent evidence could come
16 from an aggregation of somewhat less Phase 3
17 trial data, where you have a really favorable
18 point estimate that allows you to rule out an
19 excess. But it would be a little risky for a
20 sponsor to presume that would be the case before
21 they embark on Phase 3. So if this answer was
22 yes, then the sponsor would know that they would

1 be required to provide a long-term trial or the
2 equivalent evidence. And then later we'll
3 discuss whether that's -- to what extent
4 pre-marketing, post-marketing.

5 That seems to be the essence of
6 what you're asking. And that's the
7 fundamental difference from today, where
8 you're not requesting, routinely, that you
9 would be able to have the equivalent of this
10 kind of evidence to be able to discern and
11 rule out an unacceptable safety risk,
12 cardiovascular.

13 DR. JENKINS: I think that's correct.
14 If that's what you need to do to modify the
15 question to make it clear, I think that's okay.
16 You have to understand, the Agency has heard
17 calls, now, for a year or longer, that every
18 anti-diabetic agent should have a cardiovascular
19 outcome study. So we're trying to get you to
20 pen down that answer as far as your
21 recommendation to us, as well. So I'm nervous
22 about wiggling too much, so that we don't come

1 out with a clear advice from the Committee.

2 DR. KONSTAM: Well, you have to
3 remember that we -- we're in we're smarter than
4 all those people who have been speaking to you,
5 and we've been talking about this for a day and
6 a half, and we're trying to identify pathways to
7 establish cardiovascular efficacy in a least
8 burdensome manner. And I think that's been the
9 spirit of the discussion here, and I just I
10 think just it's another way of saying what I
11 think we've been -- you know, Tom has been
12 saying, and others, is, you know.

13 So I've been in a number of
14 programs in which there were
15 pre-specification that there are three trials
16 to also be aggregated as a single additional
17 trial with a different endpoint. I mean,
18 there are numbers of programs in
19 cardiovascular development like that.

20 So you know, I just -- I'm just
21 concerned that, I mean, I think there's just
22 an unnecessary dichotomy of saying, a trial.

1 I think -- and what we mean by that.

2 DR. ROSEN: Okay, okay. And this is a
3 critical vote, and I don't understand it. So I
4 think we need one more clarification, without a
5 lot of adjectives and other things.

6 What you're saying is in the
7 current situation with all the data that you
8 have, currently, at the FDA, and you don't
9 see a signal for cardiovascular risk, should
10 there be a long-term cardiovascular trial for
11 an anti-diabetic drug. Is that the question
12 you're asking us to respond to?

13 DR. JENKINS: I think that's the
14 question we were trying to ask you to respond
15 to.

16 DR. ROSEN: Yes. Okay. Okay. That's
17 fine. I think that's the question. And you've
18 also clarified a bit that a long-term trial, in
19 your view, could be anything from Tom's trial
20 all the way to a long-term Phase 3 trial.
21 Correct?

22 DR. JENKINS: Yes.

1 DR. ROSEN: Any --

2 DR. JENKINS: Well, I think Tom
3 Fleming added equivalent evidence. I think
4 we're asking you for -- the question, really, in
5 my mind, comes down to a long-term
6 cardiovascular trial to exclude unacceptable
7 risk at that whatever we decide, 1.33, 1.50,
8 whatever the decision might be for what's
9 unacceptable risk. If you can get equivalent
10 evidence of that, another mechanism, I think
11 that would be acceptable, too. But we're not
12 talking about --

13 DR. ROSEN: You're exactly right.

14 DR. JENKINS: We're not talking about
15 the pre-approval screening methodology that
16 leaves us with 1.80 --

17 DR. ROSEN: That's right.

18 DR. JENKINS: We're talking about do
19 we need to confirm, either pre-approval or a
20 post-approval, whatever that upper bound is.
21 That's what we're asking.

22 DR. FLEMING: And so just to

1 completely agree and to clarify, the long-term
2 trial -- I guess my slide's gone -- the
3 long-term trial were on the left-hand part of my
4 slide. The screening concept is a two-stage
5 process. It's just one version of an approach
6 to getting that kind of evidence. Using the
7 aggregation of the Phase 3 to make up the
8 screening, followed, if necessary, by the
9 confirmatory trial, is another version of
10 getting that evidence. So it seems that the
11 essence of what you're asking for is do you need
12 such evidence from a long-term trial, or from
13 the equivalent sources to that long-term trial.

14 DR. JENKINS: I think that's correct,
15 with the idea that we're looking for
16 confirmatory evidence, not just the screening
17 evidence. It can be a two-stage process. But
18 we're really asking you, for every drug that we
19 see for diabetes, even if it doesn't have a
20 signal, should we be requiring that they provide
21 us with confirmatory evidence of lack of
22 unacceptable risk?

1 DR. FLEMING: And that is the
2 intention of the two-stage screening trial, to
3 do exactly what you said.

4 DR. ROSEN: One final point of
5 clarification. Without a signal means what? In
6 the question. Does it mean 1.0? Does it mean
7 1.1 in your aggregate data? Does it mean
8 anything -- that you just don't have enough data
9 to make a call on? That it's without a signal?

10 DR. JENKINS: I think that's,
11 obviously, a judgment call. That we say at the
12 preamble to the question, if we see something we
13 think is a worrisome signal, we're going to
14 require the study anyway. It's a judgment that
15 we haven't seen anything that makes us concerned
16 that there is a cardiovascular signal. And
17 we're asking, in that setting, either
18 pre-approval or post-approval, do we need to
19 require that we get confirmatory evidence to
20 rule out that upper bound of unacceptable risk.
21 So maybe, I don't know if somebody
22 wants to try to reword that into the

1 question, but I think you can use long-term
2 cardiovascular trial in the question to
3 really mean confirmation of lack of
4 unacceptable risk at whatever that upper
5 bound might be, 1.33, 1.5, whatever is
6 chosen. That's what we're asking for.

7 DR. BURMAN: Dr. Fradkin. You had a
8 question.

9 DR. FRADKIN: So we've heard a lot
10 about the lack of evidence doesn't mean the lack
11 of effective -- so when you're saying a lack of
12 a signal, are you saying that patients are going
13 to -- that you're going to have a sufficient
14 number of patients followed for long enough to
15 actually know that you would have a signal with
16 some? Or, I mean, because, I mean, really the
17 question is, are you going to be doing these
18 expanded Phase 3 studies that we've all been
19 talking about, and are we saying that we should
20 do something over and above that? Or is a yes
21 vote if we think we need these expanded Phase 3
22 studies to at least give you an ability to find

1 a signal that would then require a longer one?

2 DR. JENKINS: It's amazing how often
3 we get into these circles --

4 DR. PROSCHAN: I think --

5 DR. JENKINS: In trying to write
6 questions for the Advisory Committee. Yes, I
7 think you should answer the --

8 DR. PROSCHAN: I mean, just take out
9 the without the signal. I mean, should this be
10 required for every new anti-diabetic drug. I
11 mean, really, that's the question being asked.

12 DR. TEMPLE: The signal thing was, of
13 course if we see something, we're going to make
14 them do it.

15 DR. PROSCHAN: Yes, yes.

16 DR. TEMPLE: Don't worry about that.
17 That's what that was there for.

18 DR. PROSCHAN: Yes, yes.

19 DR. TEMPLE: Now we don't see such a
20 signal, should we have to do it. Should it be
21 routine.

22 DR. BURMAN: Thank you --

1 DR. JENKINS: I think the other way
2 you can look at that, assume that they've done
3 the best possible Phase 2, Phase 3 development
4 program that you have idealized in your mind,
5 and we're not seeing anything that's worrisome,
6 should they have to do a study to confirm the
7 lack of unacceptable upper bound of risk.

8 You know, the screening trial that
9 Tom is describing is not part of Phase 2,
10 Phase 3 development, as the way we look at it
11 today.

12 DR. BURMAN: Any other --

13 DR. JENKINS: That's an additional
14 requirement that he's describing.

15 DR. FRADKIN: If you want that, you
16 should vote yes.

17 DR. JENKINS: Yes.

18 DR. BURMAN: Obviously, this is a
19 critical question and time is important, but not
20 as important as resolving everyone's issues
21 before we vote. Does anyone have any other --

22 DR. KONSTAM: I think -- no, I don't

1 have -- I'm not sure whether it's resolved or
2 not. I think if we're going to vote, I think we
3 should make sure we've worded it so we know what
4 we're voting on. That's all. Heard things I
5 may understand, may not. But I guess before I
6 vote, if we're going to change the wording, I'd
7 like to change the wording.

8 DR. JENKINS: Do you have a proposal?

9 DR. KONSTAM: I was going to ask you.

10 DR. ROSEN: I think that it was
11 explained pretty appropriately. I'm satisfied.
12 I think I understand what the question is now.

13 DR. KONSTAM: Okay, do you want to --

14 DR. ROSEN: And I think more
15 discussion --

16 DR. KONSTAM: Do you want to word
17 it --

18 DR. ROSEN: Is going to make -- I
19 think if you take out, without such a signal, as
20 Michael suggested, the question is: if they have
21 no evidence for a risk --

22 DR. KONSTAM: I got that --

1 DR. ROSEN: Do you still recommend
2 that they have a longer Phase 3 trial for
3 cardiovascular risk? That's it.

4 DR. KONSTAM: A single trial --

5 DR. TEMPLE: Don't call it Phase 3.
6 It could be post-marketing --

7 DR. ROSEN: That's right. It could be
8 post-approval. It -- a trial.

9 DR. BURMAN: And Dr. Jenkins, do we
10 stick with a single trial, or?

11 DR. JENKINS: Again, I think Tom
12 Fleming offered what I thought was a reasonable
13 addition. I think he said for those drugs or
14 biologics without such a signal, should there be
15 a requirement to conduct a long-term
16 cardiovascular trial, or equivalent evidence.

17 That's why I asked you to suggest
18 what your proposal would be. Or maybe you
19 conduct a long-term cardiovascular trial to
20 confirm lack of adverse outcome, or
21 equivalent evidence from other sources of
22 information.

1 DR. BURMAN: He's going to try to
2 change that right now. And while he's doing
3 that, any other points of clarification?
4 Comments?

5 We're going to vote on the -- using
6 the microphones in front of us, either yes,
7 no, and don't forget you can abstain, as
8 well.

9 Dr. Temple, the --

10 DR. JENKINS: Let me try to give you
11 wording, here, off the fly. I think trying to
12 edit the slides is going to be challenging.
13 But.

14 For those drugs or biologics
15 without such a signal, should there be a
16 requirement to conduct a long-term trial, or
17 equivalent evidence from other sources, to
18 rule out an unacceptable cardiovascular risk?

19 DR. BURMAN: Cicely is saying that we
20 should stick with the original question --

21 SPEAKER: Take a vote on the modified
22 (inaudible).

1 DR. BURMAN: Why do we have to do
2 that? Okay, good. I will yield to Dr. Parks.
3 Yes. Dr. Jenkins. Dr. Jenkins and Dr. Parks,
4 are we allowed to change the question?

5 DR. JENKINS: As far as I'm aware.

6 DR. BURMAN: Okay.

7 DR. JENKINS: I don't think I've ever
8 been to an Advisory Committee meeting where you
9 haven't changed the question, so.

10 DR. BURMAN: What's this you stuff?
11 We -- we've changed it. And what was the
12 suggested wording?

13 DR. JENKINS: Well, you took down the
14 slide, so I'm going to have to --

15 DR. BURMAN: Can you put it up --

16 DR. JENKINS: For those drugs or
17 biologics without such a signal, should there be
18 a requirement to conduct a long-term trial, or
19 other -- or provide other equivalent evidence,
20 to rule out --

21 DR. BURMAN: Excuse me. Hold on one
22 second.

1 Please go on. Start again.

2 DR. JENKINS: A long-term trial, or to
3 provide other equivalent evidence, to rule out
4 an unacceptable cardiovascular risk?

5 DR. BURMAN: Can you project it at the
6 same time? Okay. So should there be --

7 SPEAKER: Long-term --

8 DR. BURMAN: Should there be a
9 requirement to conduct a long-term
10 cardiovascular trial --

11 DR. JENKINS: Or to provide other
12 equivalent evidence --

13 DR. BURMAN: Or to provide other
14 equivalent evidence?

15 DR. JENKINS: To rule out an
16 unacceptable cardiovascular risk?

17 DR. BURMAN: Other equivalent
18 evidence. That's it? To rule out. What was
19 the last point? An unacceptable cardiovascular
20 risk.

21 Right. Risk. And then can you
22 show him that?

1 DR. JENKINS: And Dr. Burman, I think,
2 given the modification of the question, we'd
3 also like that after you get the yes/no vote,
4 that people describe, in the pre-approval,
5 post-approval part of their response, whether
6 they see it as a trial that's conducted
7 completely pre-approval, completely
8 post-approval, or some sort of a hybrid
9 screening confirmatory mix.

10 DR. BURMAN: Absolutely.

11 DR. JENKINS: Maybe you can do that as
12 you go around the table.

13 DR. BURMAN: Absolutely. And the
14 question now is being projected. Thank very
15 much, Cicely.

16 It is as follows. It should be
17 assumed that an anti-diabetic therapy with a
18 concerning CV safety signal during Phase 2/3
19 development will be required to conduct a
20 long-term cardiovascular trial. For those
21 drugs or biologics without such a signal,
22 should there be a requirement to conduct a

1 long-term cardiovascular trial, or to provide
2 other equivalent evidence to rule out an
3 unacceptable cardiovascular risk.

4 Vote yes or no.

5 MR. TRAN: For our voting members,
6 please enter yes, no, or you can have abstain
7 from the vote as your third choice.

8 DR. BURMAN: But before we vote, any
9 other comments?

10 Just want to give full disclosure.

11 Full. Okay. Then I think we're ready.

12 MR. TRAN: Please enter your choice.

13 Yes, you can change your mind.

14 Just hit yes, no, or abstain, and -- we will
15 know. We will know. All right. So now I'll
16 give you 10 more seconds to change your mind.

17 I just want to read this into
18 record. There are 14 yes, 2 no, and 0
19 abstain.

20 DR. BURMAN: Thank you very much. And
21 this now gives us an opportunity for everyone to
22 go around and give their reasons. And I just

1 want to give you an overview: this is -- it's
2 3:20, in terms of time, and we have to leave by
3 4:30 and we still have the fourth question,
4 which, I think, will not be that long of
5 discussion. So we do want to hear what you say,
6 succinctly, in your vote. And maybe we should
7 start on this side.

8 Yes. Dr. Holmboe.

9 DR. HOLMBOE: The reason I voted yes
10 was for all the conversations we just had. I
11 mean, I think that the current pre-approval
12 process isn't sufficient to rule out
13 cardiovascular risk in a disease where
14 cardiovascular morbidity, mortality is so
15 prevalent.

16 And so it just makes good clinical
17 sense that you would want to do this, because
18 if it causes harm, that could definitely
19 change the risk/benefit ratio from a
20 patient's perspective. So really, thinking
21 it from that point of view.

22 I'm in favor of some sort of

1 pre-approval process, either the screening
2 trial that Tom described or Marv's, kind of,
3 integrated approach. And then if that still
4 shows some worrisome signal, then there
5 should still be a post-marketing study
6 performed, depending on what that level of
7 risk is. If it's, obviously, unacceptably
8 high, you end there. If it's turned out not
9 to show something, even a long-term
10 post-trial, I would still be in favor of some
11 sort of prospective surveillance.

12 DR. KONSTAM: Yes, I mean thinking
13 about this, I think this is sort of a no
14 brainer, in the sense that I believe that on
15 some level, the FDA believes that they're doing
16 something along these lines now. I mean, there
17 is some conceptual level of risk that is just
18 intolerable. I mean, I don't think you could
19 approve a drug that is beyond some conceptual
20 boundary of what the cardiovascular risk is. I
21 think that you're just, sort of, not stating
22 what you think it is, and you're just making

1 some assumptions, and you're not requiring
2 rigorous statistical documentation of that.

3 And I guess we're saying well, it's
4 important, you know? It's important to be
5 within certain boundary of cardiovascular
6 risk. Now, that's all we've said. We've
7 said that you need to do that, that it
8 requires evidence, that there ought to be a
9 program of evidence, perhaps a single trial
10 or multiple trials. I would just, sort of,
11 add to me, I think it is a clinical boundary.
12 I don't think it is a specific,
13 upper-statistical boundary. I think there
14 ought to be statistical upper boundaries, but
15 I think that at the end of the day, I don't
16 think you can go away with long-term exposure
17 to the population when there is any serious
18 possibly that there is, say, above a
19 30 percent excess in cardiovascular risk.
20 Somehow or other, at the end of the day, I
21 think you've got to get there. And if you
22 can argue you can get there through priors,

1 including other information that you can
2 bring to bear, so be it. But I think you
3 have to get there.

4 DR. LESAR: Yes, I think that it was
5 clear from the discussion that some improvements
6 in the screening of these agents are needed.
7 And secondly, I think, the discussion also
8 revealed the fact that this can be done in a
9 fairly efficient manner, without undue burden to
10 the sponsors. And also without causing undue
11 delay in the marketing of these agents, if they
12 do prove to be safe. So I think it strikes the
13 right balance and it is, certainly, a necessity
14 for patient safety.

15 DR. PROSCHAN: Yes, I think it's
16 absolutely necessary before approving the drug
17 to have some long-term safety data. I would
18 prefer that that be a single trial. I could see
19 pooling different trials if they're like Tom
20 said, 2-1/2 years of duration. But I would be
21 reluctant to be pooling trials of three months
22 and other trials of 2-1/2 years. So I think

1 that other equivalent evidence really would have
2 to be from pooling of clinical trials, not
3 observational evidence. And I think those
4 trials would have to be long-term trials, and
5 conducted in a similar way.

6 Could I -- I'm sorry. And I
7 already mentioned how I thought would be a
8 good way to do it, in terms of pre-approval
9 or post-approval. You know, start a big
10 trial, perhaps give approval on the basis of
11 the interim results, and then finish that
12 trial.

13 DR. FLEGAL: Well, I think we need
14 this information, and I think we all agree we
15 have to find the best way to get it, and it can
16 be done. I actually agree with Michael's
17 suggestions, too, about how to start the trial,
18 and have an intermediate look, and then continue
19 it or not, as necessary. So I think this is a
20 plan that gives people the data we're going to
21 need.

22 DR. BERSOT: I think that the evidence

1 could be trial or other evidence, but with the
2 caveat that there is the duration of treatment
3 that goes beyond two to three years, as we
4 discussed previously. And given what was said,
5 I think by Dr. Nissen yesterday, about the
6 suggestion from the FDA that post-approval
7 trials be conducted and the lack of follow
8 through on that, that these studies should be
9 required to be initiated before approval.

10 DR. HENDERSON: I voted yes, because I
11 think this is the way we get the sufficient
12 evidence that we need. Also as the consumer
13 representative, I am concerned with the burden
14 on the patient or consumer, and having
15 sufficient evidence is the least burdensome for
16 the consumer. I also support the mixture,
17 hybrid screening.

18 DR. BURMAN: Thank you. My thoughts
19 are that diabetes is a complex disorder with
20 multiple variable factors indicating an
21 increased risk of microvascular complications,
22 MI, stroke, and death.

1 The medications used to treat
2 diabetes confound the issue and may have
3 adverse effects, in and of themselves.
4 Diabetes is, as we've talked about, is a
5 progressive disorder, and the patients who
6 live longer due to treatment of their
7 microvascular disease will have greater
8 exposure to macrovascular events.

9 Our major objective, and my major
10 focus, is to be patient-centric, not glucose-
11 or cardiac-centric. And it's difficult,
12 however, to interpret the absolute and
13 relative risk of a slight change in the
14 beneficial fashion in cardiovascular events
15 from -- in microvascular events, and have a
16 slight worsening of cardiovascular events.
17 We have to evaluate that.

18 Taking positions into
19 consideration, I think we should continue to
20 focus on hemoglobin A1c for approval, but we
21 absolutely need other specific parameters and
22 long-term studies, such as we're talking

1 about, to look at cardiovascular events and
2 other events, as well. I, personally, think
3 this should be in a post-approval market.

4 DR. GOLDFINE: That was an eloquent
5 discussion that I will have very little to add
6 to. But I did vote yes, we should be requiring
7 an additional trial. I believe that
8 cardiovascular disease is the major morbidity
9 and mortality for our patients, and that not to
10 understand the safety here is an inexcusable
11 event to be in.

12 I think that the timing of
13 pre-approval to post-approval has to be
14 adjusted based on what you find in your
15 preliminary trial development. Because as
16 you outline, you want to be looking at
17 patients who are drug naïve, on monotherapies
18 with others, these are earlier patients. And
19 it is possible, especially as we drive down
20 the cholesterols and blood pressures with our
21 other medications, that the event rates could
22 leave you with sparse data, and we have all

1 wrestled with how to deal with sparse data.

2 So if you have a sufficient event
3 rate in the pre-clinical -- in the
4 pre-approval processes that are so sparse,
5 then this may need to actually be added in.
6 If, on the other hand, in the pre-approval,
7 or at least begun pre-approval with an early
8 look. If, on the other hand, there are
9 sufficient events in those that one can judge
10 there is reasonable evidence of neutrality or
11 potential benefit, then, I think, beginning
12 these coincident with approval is an
13 acceptable thing. But it is based on how
14 much you actually have already occurring in
15 the portfolio when they're actually
16 considering it.

17 DR. FLEMING: I voted yes to
18 Question 3, because I think it is extremely
19 important to be able to have adequate clinical
20 trials to address cardiovascular safety risks,
21 in order to be able to provide an informed
22 choice to caregivers and patients. But this

1 data is also necessary to allow timely and
2 reliable identification of unacceptable safety
3 risks.

4 My concern is if this were done
5 entirely in a post-marketing setting, it
6 would take seven years, maybe longer, in
7 order to be able to get this trial, long-term
8 trial, with an average of five years of
9 follow-up. Having been on data monitoring
10 committees for a number of such studies,
11 there's no question that the sponsor's sense
12 of urgency in such studies done purely in a
13 post-marketing setting doesn't match the
14 sense of urgency that exists when it's a
15 requirement in a pre-marketing setting.
16 Therefore, my preference would be to have
17 this study done in a pre-marketing setting.

18 However, I think the concept of the
19 screening trial provides a rational middle
20 ground that allows us to at least provide a
21 screening assessment in a shorter time frame,
22 to allow the pre-marketing setting to be done

1 without substantial delays, and then a
2 confirmatory trial done after. So in order
3 to ensure that this is done in an adequately
4 timely and reliable way, either I'd like to
5 see this done pre-marketing, or it would be
6 acceptable in a middle ground to have the
7 screening assessment done pre-marketing and
8 then the confirmatory trial done after, as
9 post-marketing.

10 DR. FELNER: I voted no. And I think,
11 as I had spoke before, that this is a
12 progressive disease. I do not think that in
13 2-1/2 years, as some have suggested, maybe even
14 up to three to five years, that you will
15 actually determine if there are cardiovascular
16 effects from the drug.

17 With that being said, I would like
18 to believe that the Committee that's involved
19 in approving the drugs is good at what they
20 do, as what -- some of the questions, I
21 think, that were brought up, that took so
22 long to get to this point, were really

1 focusing on was what your cut point should
2 be, or how many events you should have.

3 And so I think that if you wait
4 this amount of time, whether it be 2-1/2
5 years or three to five years, you're going to
6 be preventing certain drugs from getting out
7 there, or new drugs, that may be more
8 beneficial than what we have.

9 And of course, the post-marketing
10 studies should be done. But I think that you
11 won't learn much, from a cardiovascular
12 standpoint, in this short time. But you
13 still will be able to learn by continuing to
14 follow the patients, with the added benefit
15 that you'll have a new drug there that may be
16 better than what's out there.

17 DR. DAY: I voted yes, for the reasons
18 already given, and favor straddling the
19 pre-approval and post-approval periods for such
20 study. And I think some criteria are going to
21 have to be set as to what is adequate in the
22 pre-approval stage, because this started

1 yesterday with the suggestion that enrollment
2 had already taken place or enrollment was
3 underway. And I think there are going to have
4 to be some clear criteria as to the nature of
5 the data that must already be collected at the
6 time of potential approval.

7 DR. ROSEN: I voted yes, because I
8 think this is the only way to at least partially
9 address this issue of long-term safety. And I
10 endorse the idea of a mixed hybrid screen where
11 you might have some compromise with an interim
12 analysis included, so that the speed of entry
13 into the market may not be compromised as much
14 as we might think.

15 And I'd like to mention that I'd
16 like to applaud the FDA for being open about
17 this process and, also about listening to
18 what we've had to say, because I think this
19 is a very difficult question, it affects a
20 lot of people. And I think their response in
21 this hearing for the two days has been
22 emblematic of their openness in this respect.

1 So.

2 I voted yes.

3 DR. KILLION: Based on my somewhat
4 mercurial understanding of the question, I, like
5 Dr. Felner, voted no to the question, because
6 as I read the Phase 2/3 development portion of
7 the question, and I understood it to be that
8 these would be Phase 2 and 3 that would be
9 enhanced to look, specifically, for a signal, a
10 cardiovascular signal.

11 So on the basis of that enhanced
12 review failing to produce a signal, I thought
13 it unnecessary to make a requirement, and I
14 focused on the word requirement, for a
15 long-term study when there was no signal
16 being given.

17 Now, my preference, of course,
18 would be that there was this, but perhaps not
19 that there be a regulatory requirement for
20 the same course. Having said that, the more
21 information that can be gathered, the better.
22 But, I didn't want to overburden the process

1 and, perhaps, as Dr. Felner pointed out,
2 delay or prevent drugs from getting to the
3 market that would be helpful to diabetics in
4 the process.

5 DR. SAVAGE: I voted yes because I
6 thought that a more structured system is the
7 only way we're going to really get the type of
8 information we need to be sure we don't, at some
9 time in the future, make a serious mistake and
10 let something slide through.

11 I think there's one relatively
12 unique thing in the cardiovascular field
13 right now, which is that because of the
14 introduction of the statins and other
15 effective therapies, there's a considerable
16 improvement, ongoing, in terms of
17 cardiovascular mortality. And if a drug was
18 introduced into the diabetic community that
19 produced a 20 percent increase problem and
20 was given to several million people, but not
21 all the diabetics, the overall rate in the
22 diabetic community might still drop and the

1 slope just change a little bit. And if all
2 we had was the type of information we have on
3 rosiglitazone, even today, given the
4 follow-up to last year, we wouldn't
5 necessarily recognize such a thing happening.

6 So that's why I thought that we had
7 to vote yes, to put more structure into the
8 system.

9 DR. FRADKIN: I voted yes because
10 while I think that Alc is the proper basis for
11 approval for efficacy, I think that the current
12 trials to develop that efficacy information
13 don't give us sufficient duration of follow-up
14 or sufficient numbers of patients for the FDA,
15 really, to know whether there is or there is not
16 a cardiovascular safety signal.

17 So I would like to see a
18 pre-marketing study. Hopefully that could be
19 an extension of some of the Phase 3 studies,
20 to have more patients and longer follow-up,
21 so that we would really be able to more
22 closely define what the signal is.

1 And then I really have a lot of
2 confidence in the wisdom of the FDA. And I
3 think that depending on what you see with a
4 relatively well defined signal, it might be
5 that an additional study would need to be
6 done pre-marketing to better define it. It
7 might even be that if you exclude maybe a 1.2
8 or a 1.25 in your confidence interval, then
9 maybe a post-marketing study wouldn't need to
10 be done.

11 But I think we need more
12 information, prior to the approval, to, sort
13 of, decide that.

14 DR. BURMAN: Thank you all very much.
15 To summarize, the vote was 14 yes, 2 no, 0
16 abstentions.

17 And we have on record everyone's
18 thoughts about pre- versus post-marketing,
19 and I think that gives the FDA leeway.

20 I would like to ask if the FDA has
21 any other comments or wants clarification on
22 this one issue before we move to issue 4.

1 Anybody? Yes.

2 DR. PARKS: We just wanted some
3 clarification. It wasn't clear, Dr. Konstam and
4 Dr. Lesar, if your recommendations were pre or
5 post.

6 DR. KONSTAM: Yes, I'm sorry. The
7 simple answer, I think, the straddle comment
8 that others have made would be fine. And I
9 think you could have one reasonable pre-approval
10 target, and then an ultimate target, so to
11 speak, which you might or might not hit
12 pre-approval. But if you didn't hit it
13 pre-approval, you'd need to hit it
14 post-approval.

15 DR. LESAR: Very much the same
16 comments, that certainly, pre-approval could be
17 designed to answer those questions or a large
18 percentage. And if needed, then a post-approval
19 to, sort of, confirm it, would be fine.

20 DR. BURMAN: Dr. Parks, is that
21 adequate? You want any further definition of
22 those comments of pre-approval? You want an

1 informal vote? You want a -- are you okay with
2 everything?

3 You're okay.

4 Good. Then let's move -- again, at
5 3:40. Let's move to the last question, which
6 in and of itself, of course, could be a very
7 difficult question, as well. But we -- I
8 think we'll open this for discussion for the
9 group, to give the FDA some advice.

10 And the question is: as no
11 currently marketed anti-diabetic therapy has
12 established evidence of macrovascular benefit
13 and most have not been tested for lack of
14 cardiovascular harm, please discuss how any
15 suggestion for a requirement for a long-term
16 cardiovascular trial in Question 3 above for
17 drugs or biologics seeking an indication for
18 the treatment of type 2 diabetes mellitus
19 should be applied to existing anti-diabetic
20 therapies.

21 In other words, what do we do now
22 that we've voted yes that there should be a

1 requirement for new drugs, what should be the
2 advice given to the FDA regarding the drugs
3 that are already on the market, of which
4 don't have any of the material that we may be
5 asking for.

6 So I'd like to open this up for
7 discussion and interaction.

8 DR. FLEMING: I think it would be
9 inconsistent to not want to have an adequate
10 level of reassurance of cardiovascular safety
11 for agents that are in use. There are, already,
12 adequate evidence in some cases. So some of
13 these agents already have, in essence, satisfied
14 the hurdle that we're talking about. Some have
15 not, and the Agency's already made a declaration
16 of the need for such a study.

17 So now we're talking about the
18 rest. And from a practical perspective, I
19 think it does make a difference whether
20 you're talking about a long-term generic or a
21 more recently approved agent. But Dr. Nissen
22 was talking yesterday about, I think it was

1 sitagliptin, as an agent that was -- had a
2 substantial increase in use after the
3 rosiglitazone evidence emerged. And yet I
4 think the number of cardiovascular deaths,
5 strokes, and MIs in that application for that
6 program was relatively small, two to three
7 dozen. And so it would seem logically
8 inconsistent that an agent such as that, or
9 exenatide, or other recently approved agents
10 wouldn't be expected to have the same type of
11 assessment.

12 For the longer-term generics, it
13 would be, certainly, more problematic. I
14 guess it would have to be, my sense is, from
15 a practical perspective, in certain cases
16 would NIH or government be interested in
17 studying such. But I would expect that that
18 would be unlikely.

19 But for more recently approved
20 agents, it certainly would seem illogical to
21 not want to have this same level of insight.
22 And in some cases, it's already been

1 determined that that should be provided or
2 the agents have already satisfied that
3 hurdle.

4 DR. KONSTAM: I actually want to make
5 a comment and then get into the specifics of
6 this. But I just want to say that, personally,
7 I'm -- how humbled I am by Rebecca's comments
8 from earlier. And I just was, sort of, can't
9 get them out of my head.

10 So I just want to say something
11 that -- you know, I think that she's really
12 addressing all of the same questions that
13 we've been addressing, but with a perspective
14 that most of us around the table just don't
15 have, about what actually is important to the
16 patient. And I don't want to put words in
17 her mouth, but what I hear her saying is that
18 we need to take a step back and think about
19 what is really important because I'm not sure
20 that what has been very important to the rest
21 of us is quite as important to her, and I
22 think she's prioritized it differently. And

1 I think that is a critical perspective that I
2 just wanted to comment on. And how important
3 it is to have her here, and maybe we need to
4 have more of her in these panels. So I just
5 want to reflect on that.

6 And so I guess I'll use that as a
7 segue into this. I mean, I think that
8 somehow, I don't know how, but what -- I
9 mean, none of the discussions that we've been
10 having up to this point are against placebo
11 long-term placebo controlled trial. They're
12 against other standard therapy. We're not
13 going to sit around with hemoglobin A1cs off
14 the map. So how in the world would we go
15 back over each of the existing therapies and
16 test that? Against what would we be testing
17 it? I have no idea.

18 So the reality is, and I'm I don't
19 think that would be doing the patients a
20 particularly good service. So I just don't
21 think we're going to be able to -- now,
22 certainly, if there are signals that exist

1 now, that's another story. I mean, I think
2 where there are specific drugs that have a
3 particularly concerning signal against
4 existing therapy, I think that really
5 requires additional consideration. But I
6 just wouldn't go back and retest every drug.
7 I don't think it could be done.

8 DR. BURMAN: Thank you. Other
9 comments? Dr. Goldfine first.

10 DR. GOLDFINE: Start with one very
11 obvious comment, but I think it should be made.
12 And it's that not all diabetes is the same,
13 there are multiple types. And that, absolutely,
14 for patients with type 1 diabetes, insulin is
15 lifesaving. And therefore, we can't hold it to
16 the same regard. So I think that we need to
17 just comment that we're focusing on type 2
18 diabetes here, and luckily, the DCCT extension
19 EDIC trial has suggested the cardiovascular
20 benefit in that condition.

21 I think beyond that, one looks at,
22 we have very old drugs. We have a couple

1 that are generic and are effective at
2 lowering blood sugars, that have been around
3 for the longest interval of time. And then
4 we have, really, a new rash approved, of
5 which one of them has shown that it is either
6 neutral to beneficial, and that one of them
7 has some question, both within the TZD class
8 of risk. And I think that the FDA has
9 already suggested that the one with the
10 question of risk have more rigorous testing.

11 So I think that leaves us, then,
12 with really fresh drugs, of which some of
13 them, as Dr. Fleming just also suggested,
14 have been used more heavily recently, with
15 very little data. And I think we do need to
16 suggest that those will go through more
17 rigorous and formal testing.

18 So when you then figure out how we
19 will actually design the trials, if these are
20 then done, since we all now agree that we
21 can't do the placebo trial, if the trials are
22 designed against our oldest or more generic

1 drugs, then we will begin to be able to see
2 are these in a position better than what we
3 actually have available. Are they equivalent
4 to what we have available. And therefore, we
5 will then know whether -- how they stand.
6 And I think this will fall out when we
7 actually request these trials.

8 DR. BURMAN: If I can ask you, how
9 would you categorize, in your mind, newer drugs
10 versus older drugs? Is it by category? Is it
11 by year when they were approved?

12 DR. GOLDFINE: So I think that we
13 can't go back and test every derivative of every
14 sulfonylurea that we have available. We can't
15 test every -- I -- you know, I think that we're,
16 sort of, lucky in that for metformin we have one
17 of that class, which is probably neutral to
18 beneficial, which is used, really, very commonly
19 as frontline agent. And I think then what do
20 you do as an add-on when that fails. And I
21 think that that's where there gets to be much
22 more debate in clinical practice about what to

1 add. And I think that one could then pick I
2 certainly don't think anybody would go back to
3 the first generation SUs (?), but we've got
4 second to third. And I think then if we begin
5 to class them, the problems begin when we get
6 into the -- some of the derivatives of the
7 (inaudible) that are intermediate in their
8 derivative --

9 DR. BURMAN: And if I can just ask one
10 more question on this for more detail. What
11 about an agent that doesn't get absorbed? And
12 it's taken orally, but may have some benefit on
13 glucose. Would you require that to have further
14 studies?

15 DR. GOLDFINE: Well, I think they've
16 actually -- I think that we're talking about
17 apropos here, and I think that they've actually
18 gone through in a stop mitim (?) trial and tried
19 to show, really, even in the long-term study in
20 the early population, that they're actually
21 beneficial to (inaudible) there's a little bit
22 of question, but they're neutral to beneficial,

1 once again. And I think, again there are some
2 questions on the interpretation of that data,
3 but I think they've actually already provided
4 this to us, to a way -- that when we compare
5 against these, we know that -- where we stand.

6 DR. BURMAN: But, of course, if
7 there's a newer agent to prove next year -- and
8 I don't know if there is; I'm just speculating,
9 just theoretically -- that is similar to that,
10 but is newly approved, but is in a class that
11 doesn't get absorbed, do you think that ought to
12 be studied?

13 DR. GOLDFINE: I think it's going to
14 depend on how similar or dissimilar its
15 mechanism is, and if we really believe just
16 because it's not absorbed, if it's acting
17 through the same, what we believe is the same,
18 molecular pathway, and it's some modification
19 for e-pharmaco (?) for uptake or whatever longer
20 duration, slower pass through the gut or
21 something, then the question is different than
22 if it's really a different non-absorbed target

1 on a different enzyme --

2 DR. BURMAN: Thank you. Dr. Genuth.

3 DR. GENUTH: I think the first phrase
4 in the question isn't exactly correct. I think
5 the UKPDS has provided us with randomized
6 clinical trial evidence, in a placebo-controlled
7 randomized clinical trial, that metformin does
8 have cardiovascular disease benefit, both in the
9 reduction of myocardial infarction and in total
10 mortality. I think I'm right about total
11 mortality.

12 So I think that's the only drug
13 that has given us positive evidence, and so I
14 would suggest that when we test new drugs,
15 that metformin is the logical comparative
16 drug to use.

17 DR. BURMAN: Dr. Fradkin.

18 DR. FRADKIN: I would just add to that
19 that the Diabetes Prevention Program, which may
20 or may not ever have enough cardiac events to
21 give an answer, will give even more data looking
22 at people who started out with pre-diabetes,

1 many of whom now have diabetes, and are
2 continuing to receive placebo -- well, not
3 placebo, but to receive nothing or metformin,
4 now, in an open label, but according to the
5 original randomization. So there will be even
6 more data forthcoming with regard to metformin.

7 DR. BURMAN: Thank you. Other
8 people's comments on this topic? Dr. Lesar.

9 DR. LESAR: I'd just like to bring up
10 one thing that is rolling around in my mind, but
11 it hasn't really come up, and that's -- because,
12 actually, I'd, sort of, dismissed it because the
13 complexity of the situation, and that has to do
14 with pharmacovigilance. I think everybody's
15 heard of the complexity of care and (inaudible)
16 confounders, and so I kind of thought that it
17 just wouldn't work. But if you actually think
18 about the way we do trials, there's almost as
19 many confounders in these controlled trials as
20 there is in a pharmacovigilance study, given all
21 of its -- their weaknesses.

22 But I kept wondering about some

1 modification of the methodology used in
2 pharmacovigilance to look over time -- over a
3 much longer period of time, and whether we
4 shouldn't be starting now to do that. It is,
5 kind of, like jumping on a moving train, I
6 agree. But I was wondering if there was any
7 comment related to utilizing ongoing
8 pharmacovigilance as perhaps picking up some
9 other safety signals we're concerned about.

10 DR. BURMAN: That's a good point.

11 Dr. Day.

12 DR. DAY: I was going to raise this
13 same question and ask the Panel what types of
14 data like that would be acceptable. Are there
15 some, I mean, it'll depend on the situation, but
16 there's a variety of evidence from insurance
17 databases, and all kinds of places, the AERS
18 database, and so on. Does the Panel have any
19 rank ordering of those types of information?

20 DR. PROSCHAN: In trying to discuss
21 this question, it seems that from a legal
22 standpoint, can the FDA really withdraw approval

1 without having a reason? I mean, in other
2 words, for drugs that haven't been shown to have
3 a cardiovascular harm, can you say, we changed
4 our mind, now we're withdrawing your approval.
5 I'm just wondering whether this question might
6 be a moot point if it's -- if they don't have
7 the authority to do that.

8 DR. JENKINS: Okay, I'll wade into
9 that a little bit. We do have new authorities,
10 under the FDA Amendments Act of 2007 that went
11 into effect in March of this year, to require
12 certain post-marketing clinical trials to
13 address a serious safety issue.

14 So that's -- the statute as it's
15 defined for a post-marketing setting,
16 primarily, I think, envisions an
17 identification of a new, serious safety
18 issue. So we would have to decide whether
19 that statutory provision would apply to a
20 currently marketed diabetes drug for the
21 concern about cardiovascular risk, to
22 determine whether we could trigger that

1 statutory requirement to require a study.
2 There are penalties for failure to complete
3 those required studies.

4 So that, in a very high-level
5 nutshell, just to say we do have new
6 authority to require studies. They have to
7 be safety studies to address a serious safety
8 concern. But I don't think I want to get in
9 any deeper about whether the hypothetical
10 you're posing would apply. That would
11 require a lot of internal review.

12 DR. BURMAN: Thank you. I was just
13 going to mention, my opinion is the same. And
14 depending on the agent, class, and year of
15 approval, I do think some post-market analysis
16 of some type should be performed on drugs or
17 agents that are already on the market, as has
18 been discussed already.

19 Anybody have any other comments on
20 this issue? Is now -- does the FDA have any
21 other comments they want to make before we
22 adjourn?

1 DR. PARKS: No additional comments,
2 other than to really thank this Panel for a
3 really thoughtful discussion, deliberation. We
4 know that this has been a very difficult issue.
5 I recall, about a year ago, one of the Panel
6 members looked over at the FDA and said, I don't
7 envy your position.

8 I think today, I look at you and I
9 say I don't envy your position.

10 Although now, with all your advice,
11 we have quite a bit of work to do, but we
12 certainly appreciate the sage advice and
13 information provided to us today. Thank you.

14 DR. BURMAN: Thank you. And speaking,
15 I'm sure, for myself and for the whole
16 Committee, I want to publicly thank the FDA. In
17 all of my dealings, both personal -- before the
18 meeting and publicly, here, you've been
19 excellent, really been a model of how -- a
20 prototype of how institutions should work.

21 So thank you very much. I echo the
22 comments that were made earlier, specifically

1 to Dr. Parks, and to all the others that we
2 interacted with the most.

3 I also want to thank the Panel
4 members for their time and really thoughtful
5 considerations. The speakers and the
6 visitors for persevering.

7 Paul, do you have any other final
8 comments?

9 Then, if everyone agrees, I will
10 adjourn the meeting. Thank you very much.

11 (Whereupon, at approximately 3:54
12 p.m., the MEETING was adjourned.)

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