

## Feeding Families and Promoting Self-reliance



Photo: USAID/Angola

“I don’t have to think about what I will feed my children. Instead, I can think about my children going to school and learning things I don’t know.”

- Solomay Epouca

Solomay Epouca has spent two decades raising eight children in the former rebel stronghold of Huambo in Angola. After forty-three years of poverty and twenty-seven years of civil war, she is one of the fortunate few who have not lost an immediate family member and has hope for a better future. Through support from USAID, Solomay Epouca has received over 300 pounds of food - primarily corn, beans, and vegetable oil; over 30 pounds of seeds - corn, beans, vegetable; and basic tools such as watering buckets for her family. Over 58,000 families in Huambo have benefited from this program that promotes the movement of people away from population centers where they are dependent on food aid and towards their home villages where integrated assistance rapidly reduces food insecurity and promotes self-reliance.

First Person

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