

School of Continuing Medical Education

Mayo Clinic

OB/GYN in Clinical Practice

For The Primary Care Practitioner



June 20 – 23, 2004

**Fairmont Chateau Whistler
Whistler, British Columbia
CANADA**

General Information

Course Description

Mayo Clinic OB/GYN in Clinical Practice for the Primary Care Practitioner will highlight advances in obstetrics and gynecology. All faculty members are in full-time practice at Mayo Clinic Jacksonville, Rochester, or Scottsdale, and will draw from personal research activities as well as clinical experience at Mayo Clinic.

- Adolescent Sexuality
- Menopause
- HRT and Non-hormonal treatments for hot flashes
- Management of Intrauterine Fetal Demise
- Sexual Dysfunction
- Prenatal Diagnosis
- Labor Induction

Intended Audience

The program will be oriented toward practicing obstetricians/gynecologists, family practitioners, general internists, certified nurse midwives, nurse practitioners, physician assistants, and others who have an interest in women's healthcare.

Course Learning Objectives

At the conclusion of this course, participants should be able to:

- Compare the different therapies in menopause.
- Identify the causes and treatments of incontinence.
- Diagnose the various causes of sexual dysfunction and dyspareunia.
- Identify new guidelines and treatment for STDs.
- Discuss options for prenatal diagnosis.
- Discuss approaches to labor inductions.
- Identify the sequence of steps in intrauterine fetal demise management.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Credit

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 19 hours in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

The American Medical Association has determined that non-US licensed physicians who participate in this CME activity are eligible for AMA PRA category 1 credit.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Registration

To register, complete the attached registration form and return by mail or FAX with the appropriate registration fee. The registration fee includes tuition, comprehensive course syllabus, continental breakfasts, break refreshments, and welcome reception. ***Although it is not Mayo School of Continuing Medical Education policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is strongly advised.*** A letter of confirmation will be sent upon receipt of payment and completed registration form.

Cancellation Policy

Your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before June 2, 2004. No refunds will be made after this date.

General Information

Course Location and Recreation

The Fairmont Chateau Whistler, located approximately 90 miles north of the Vancouver International Airport and tucked away in the Coastal Mountains, is an entertaining year-round destination. During the summer, Whistler offers something for everyone with a wide variety of water activities, miles of walking and biking trails, plus four championship golf courses. The village is action-packed, too, with street entertainment, great shopping, and outdoor cafes. The thrill of Whistler summer continues with tennis, mountain biking, hiking, roller blading, canoeing, jet boating, windsurfing, fishing, whitewater rafting, horseback riding, rock climbing, and paragliding. The hotel offers a day camp and organized evening activities for children, as well as other childcare services. More information about The Fairmont Chateau Whistler can be found on the resort website: www.fairmont.com.

Lodging Accommodations

The Fairmont Chateau Whistler is extending a special rate of approximately \$192.03 US (\$249 CAN) plus tax per night for a Fairmont Room, single or double. Each extra person is \$30 (CAN) plus tax per night. Children under 18 stay free.

As of December 2003, the U.S. rate noted above was based on an exchange rate of \$1.00 US equal to \$1.30 CAN. Actual exchange rates will be determined at the time of room deposit and check-in. There is a 10% hotel tax and a 7% goods and services tax (GST). GST is refundable to non-Canadian citizens after departure.

To ensure accommodations and the discounted rate, please make your reservation directly with the Fairmont Chateau Whistler before May 19, 2004, and identify yourself as a participant of Mayo Clinic OB/GYN in Clinical Practice. Reservations can be made by contacting the hotel reservations directly by phone at 800-606-8244/604-938-2010, by fax at 604-938-2099, or by e-mail at reservations.chateauwhistler@fairmont.com.

All individual reservations must be guaranteed with an advanced payment. This payment will be taken 14 days after booking and equal to one night's room and tax. Any cancelled reservations less than 14 days prior to arrival will be charged one night's room and tax. Any no shows, cancellations or early departures from June 18, 2004 will also forfeit all advanced payments.

Travel Arrangements

Corporate Travel has negotiated multiple airline contracts to provide participants with lower airfares. Contact Corporate Travel at 800-526-4540/507-282-9121 (FAX: 507-281-2409) for assistance with airfare or ground transportation. Please reference Mayo Clinic OB\GYN in Clinical Practice when making travel arrangements. Airfare is the sole responsibility of the individual participant.

Perimeter Transportation Services provides ground shuttle service between Whistler Resort Village and downtown Vancouver and Vancouver International Airport. Please contact the Perimeter Transportation Services directly by phone at 604-266-5386 for departure times and reservations. **24-hour advance reservations are required to guarantee space.** Major credit cards are accepted.

Mayo Clinic Faculty

Course Co-Directors

Andrew E. Good, MD
Petra M. Casey, MD

Jacksonville, FL

Michael P. Born, MD
Paul D. Pettit, MD
Bernd-Uwe Sevin, MD

Scottsdale, AZ

Javier F. Magrina, MD

Rochester, MN

Rosalina L. Abboud, MD
Kristi L. Boldt, MD
Brian C. Brost, MD
Abimbola O. Famuyide, MD
John B. Gebhart, MD
Bobbie S. Gostout, MD
Susan J. Halloran, CNP
Roger W. Harms, MD
Robert H. Heise, MD

Keith L. Johansen, MD
Thomas M. Kastner, MD
Christopher J. Klingele, MD
Lois J. McGuire, CNP
Mary M. Murry, CNM
Eric A. Pfeifer, MD
Margaret E. Pfeifer, MD
Kyle D. Traynor, MD

Course Schedule

Saturday, June 19, 2004

5-6:00 p.m. **Early Bird Check-in and Registration**

Sunday, June 20, 2004

6:45 a.m. **Registration & Continental Breakfast**

General Gynecology

Moderator: Andrew E. Good, MD

7:20 a.m. **Welcome and Introduction**
Andrew E. Good, MD

7:30 a.m. **Office Work-Up of Urinary Incontinence**
Lois J. McGuire, CNP

8:00 a.m. **Anal Incontinence – The Embarrassing Scourge**
Christopher J. Klingele, MD

8:30 a.m. **Use of Synthetic Urinary Sling Materials**
John B. Gebhart, MD

9:00 a.m. **Discussion**

9:15 a.m. **Break**

9:30 a.m. **Diagnosis of Endometriosis – What You Don't See Might Hurt**
Javier F. Magrina, MD

10:00 a.m. **Diagnosis and Treatment of Incidental Ovarian Cysts**
Bobbie S. Gostout, MD

10:30 a.m. **Use and Abuse of Ca-125**
Javier F. Magrina, MD

11:00 a.m. **Discussion**

11:15 a.m. **Break**

11:30 a.m. **New Pap Smear Algorithms**
Thomas M. Kastner, MD

12:00 p.m. **Vulvar Lesions You Should Know**
Rosalina L. Abboud, MD

12:30 p.m. **Discussion**

12:45 p.m. **Adjourn**

6:00 p.m. **Reception**

Monday, June 21, 2004

6:30 a.m. **Roundtable Discussions (Optional)**
Continental Breakfast

Sacral Nerve Stimulation for Pelvic Pain
Paul D. Pettit, MD (Jacksonville)

Work-Up of the Recalcitrant Vaginal Infection
Andrew E. Good, MD (Rochester)

Management Options for Fibroids
Abimbola O. Famuyide, MD (Rochester)

Course Schedule

Menopause and Endocrinology

Moderator: Andrew E. Good, MD

- 7:30 a.m. **WHI: Fact or Fiction?**
Andrew E. Good, MD
- 8:00 a.m. **Hormone Therapy - The Emperor's New Clothes**
Michael P. Born, MD
- 8:30 a.m. **Non-hormonal Treatment of Menopausal Symptoms**
Thomas M. Kastner, MD
- 9:00 a.m. **Discussion**
- 9:15 a.m. **Break**
- 9:30 a.m. **Adolescent Sexuality**
Susan J. Halloran, CNP
- 10:00 a.m. **The Essure Method of Sterilization**
Abimbola O. Famuyide, MD
- 10:30 a.m. **Heart Disease and Women: The Future is Now**
Bernd-Uwe Sevin, MD
- 11:00 a.m. **Discussion**
- 11:15 a.m. **Break**
- 11:30 a.m. **Diagnosis of Abnormal Uterine Bleeding: New Paradigms**
Abimbola O. Famuyide, MD
- 12:00 p.m. **Dyspareunia: A Systematic Approach**
Andrew E. Good, MD
- 12:30 p.m. **Discussion**
- 12:45 p.m. **Adjourn**

Tuesday, June 22, 2004

- 7:00 a.m. **Continental Breakfast**

General Obstetrics

Moderator: Petra M. Casey, MD

- 7:30 a.m. **Pre-Conception Counseling**
Petra M. Casey, MD
- 8:00 a.m. **Prenatal Visit Schedule: Time for a Change?**
Margaret E. Pfeifer, MD
- 8:30 a.m. **First Trimester Ultrasound Screening: How Much Is Enough?**
Roger W. Harms, MD
- 9:00 a.m. **Discussion**
- 9:15 a.m. **Break**
- 9:30 a.m. **Use of the Quad Screening: Pitfalls and Promise**
Brian C. Brost, MD
- 10:00 a.m. **Cystic Fibrosis Screening: Has Its Time Come?**
Keith L. Johansen, MD
- 10:30 a.m. **Pre-term Labor vs Braxton-Hicks**
Robert H. Heise, MD
- 11:00 a.m. **Discussion**
- 11:15 a.m. **Break**

Course Schedule

- 11:30 a.m. **Induction of Labor: Alternatives and Techniques**
Kyle D. Traynor, MD
- 12:00 p.m. **A Coroner's View of Maternal/Fetal Mortality**
Eric A. Pfeifer, MD
- 12:30 p.m. **Discussion**
- 12:45 p.m. **Adjourn**

Wednesday, June 23, 2004

- 7:00 a.m. **Continental Breakfast**

High Risk Obstetrics

Moderator: Petra M. Casey, MD

- 7:30 a.m. **Lyme Disease, SARS, and West Nile Disease in Pregnancy**
Roger W. Harms, MD
- 8:00 a.m. **Obstetric Lacerations: The 3rd and 4th Degrees of Separation**
Keith L. Johansen, MD
- 8:30 a.m. **Urinary Tract Infections in Pregnancy**
Kristi L. Boldt, MD
- 9:00 a.m. **Discussion**
- 9:15 a.m. **Break**
- 9:30 a.m. **Hypertensive Disease in Pregnancy**
Brian C. Brost, MD
- 10:00 a.m. **Drug Abuse: The Impact in OB\GYN**
Mary M. Murry, CNM
- 10:30 a.m. **Pelvic Inflammatory Disease: New Updates on Guidelines and Treatment**
Kristi L. Boldt, MD
- 11:00 a.m. **Discussion**
- 11:15 a.m. **Break**
- 11:30 a.m. **The Management of Fetal Demise**
Thomas M. Kastner, MD
- 12:00 p.m. **Post-Partum Depression**
Robert H. Heise, MD
- 12:30 p.m. **Discussion**
- 12:45 p.m. **Adjourn**

Faculty Disclosure

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

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Mail or FAX form with payment to:
 Mayo School of Continuing Medical Education
 200 First Street SW
 Rochester, MN 55905

Telephone: 800-323-2688
 - or - 507-284-2509
 FAX: 507-284-0532
 Website: www.mayo.edu/cme

(Please print or type all information. You may duplicate this form for multiple registrations.)

Name _____
First Name Middle Name or Initial Last Name MD PhD DO PA NP Other

Institution _____

Medical Specialty _____

E-mail Address _____

Which is your preferred mailing address: Work/Business Home

Address _____

City _____ State/PV _____ ZIP/Postal Code _____ Country _____

Home Telephone (_____) _____ Business Telephone (_____) _____

Int'l Telephone (Country code) _____ (City code) _____ (Phone) _____

FAX _____

 Please check if you have any special assistance needs or dietary restrictions.

Please indicate your needs here: _____

Indicate type of credit you wish to receive (choose all that apply):

AMA/Category 1 AAFP ACOG

WELCOME RECEPTION

I plan to attend the Welcome Reception on Sunday, June 20:

No Yes # Attending _____

P A Y M E N T

REGISTRATION FEE: \$600 \$ _____

Non-Physician Fee: \$325 \$ _____

Total Payment Enclosed: \$ _____

Check (payable to Mayo Foundation)

Credit Card: Visa MasterCard Discover

Card Number _____ Expiration date MO/YR _____

Signature _____ Date _____



200 First Street SW
Rochester, Minnesota 55905

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