

## **HAWAII OCCUPATIONAL SAFETY AND HEALTH 2004 AUDIO-VISUAL CATALOG\* SUPPLEMENT, June 2008**

\*Call the HIOSH Library at (808) 586-9117 for the most recent catalog or download a copy from the HIOSH website at <http://hawaii.gov/labor/hiosh/>. Under "Quick Links" select the "Audio-Visual Library".

### REMINDERS

Audio-visual materials in this catalog are covered by U.S. and international copyright laws and may not be televised, reproduced, or edited in any manner without prior written permission of the film distributor or copyright owner.

Also, materials cannot be used in fund raising projects nor may they be shown where an admission fee or script is charged or donation solicited.

### DISCLAIMER

Every effort has been made to evaluate the videos before purchasing them; however, many safety and health videos are produced as general guides and are often based on federal OSHA standards. Therefore, they may not, in their entirety, conform to current and local standards, statutes, regulations, requirements and procedures.

The videos are provided to aid, instruct, inform, promote discussion, and to be only a part of a workplace injury and illness prevention training program. The user assumes the responsibility of previewing the videos before showing and using them with a knowledgeable instructor.

### **Care and Handling of Discs**

#### **Do:**

1. Handle discs by the outer edge or the center hole.
2. Keep dirt or other foreign matter from the disc.
3. Store discs upright (book style) in plastic cases specified for CDs and DVDs.
4. Return discs to storage cases immediately after use.

#### **Do Not:**

1. Do not touch the surface of the disc.
2. Do not bend the disc.
3. Do not expose discs to extreme heat or high humidity.
4. Do not expose recordable discs to prolonged sunlight or other sources of ultraviolet light.
5. Do not clean by wiping in a direction going around the disc.

## **SUBJECT LISTING (V349 – V405; DVD 1 - 89)**

### **ACCIDENT/INCIDENT INVESTIGATION**

DVD 46 Accident Investigation for Everyone

### **AGRICULTURE**

DVD 78 Pesticide Safety in the Nursery and Landscape

### **ASBESTOS**

**DVD 82 Asbestos Awareness: Are You At Risk?**

**DVD 83 Asbestos Awareness: Controlling Exposure**

### **BLOODBORNE PATHOGENS**

DVD 1 Bloodborne Pathogens: Control Your Exposure

DVD 14 Bloodborne Pathogens: Know the Risk

DVD 56 Bloodborne Pathogens: A Sharper Image

DVD 70 Bloodborne Pathogens – HC

DVD 81 WSI: Bloodborne Pathogens

V374 Bloodborne Pathogens for Custodians

### **COMPRESSED AIR & GASES**

V385 Safety and Use of Air Compressors

### **CONFINED SPACES**

DVD 22 Confined Space Entry: No Time for Error

**DVD 85 Confined Spaces: Risk & Responsibilities**

### **CONSTRUCTION**

DVD 6 Getting the Job Done Safely: Worker Orientation

DVD 7 Hazard Communication: The Message is Safety

DVD 8 Heightened Awareness: Fall Protection in the Construction Industry

DVD 17 Scaffolding Safety: Safe Work Practices

DVD 18 Scaffolding Safety: Erecting & Dismantling

DVD 19 Construction Safety Orientation

DVD 43 On the Go: Forklift Safety

DVD 44 The Best Strategy: Personal Protective Equipment

V366 Scaffolding Safety: Safe Work Practices

V367 Scaffolding Safety: Erecting & Dismantling

V373 Construction Stairways & Ladders

V375 Manbaskets in Construction

V382 Soft Tissue Injury Prevention Video

V383 Take the Steps: Stairway & Ladder Safety for the Construction Industry

V384 Make the Right Move: Materials Handling Safety

V387 What Goes Up Must Come Down: Demolition Safety

V388 Take Charge: Work Safely with Temporary Electricity

### **DIVING, COMMERCIAL**

V361 Why a 3-Man Crew?

V362 The Hazards of Underwater Burning

V363 The Hazards of Diving in Delta P Work Environments

### **DRIVING SAFETY**

DVD 5 Safety on the Road: Defensive Driving for Delivery Vans

DVD 12 Defensive Driving: A Crash Course

V360 Safe Operation of Utility Carts

### **ELECTRICAL SAFETY**

DVD 20 Shock Proof: Qualified Employee

DVD 21 Shock Proof: Unqualified Employee

- DVD 24 Electrical Safety: Controlling the Hazards
- V388 Take Charge: Work Safely with Temporary Electricity
- V404 Working Safely with Electricity

#### **EMERGENCY MANAGEMENT**

- DVD 11 Emergency Evacuation: Getting Out Alive
- V405 Emergency Response: Life Safety and Evacuation

#### **EMPLOYEE SAFETY TRAINING**

- DVD 25 Contractor Safety: Overview
- DVD 26 Contractor Safety: Lab Worker
- DVD 27 Contractor Safety: Office Workers
- DVD 28 Contractor Safety: Construction Workers
- DVD 29 Contractor Safety: Operations/Delivery Worker
- DVD 30 Contractor Safety: Permit Required Activities
- DVD 31 Contractor Safety: Hazard Communications
- DVD 32 Contractor Safety: Chemical Process Workers
- DVD 45 One Will Die: The John Martin Story
- DVD 62 Safety Orientation: On Alert
- DVD 71 New Employee Safety Orientation
- DVD 73 Safety Orientation: It Begins With You
- DVD 79 Don't Bet Your Life on Unsafe Acts
- DVD 80 Life is for Living
- V349 It Only Takes A Second
- V358 Safety Awareness: Real Accidents, Real Stories
- V359 Safety Awareness 2: Real Accidents, Real Stories
- V372 Life is for Living
- V379 Don't Bet On It!
- V380 Safety Orientation: Don't Be A Zombie

#### **EQUIPMENT SAFETY**

- V393 Loader Safety & Training #1: Introduction
- V394 Loader Safety & Training #2: Maintenance
- V395 Loader Safety & Training #3: Safety
- V396 Loader Safety & Training #4: Operating Techniques

#### **ERGONOMICS**

- V365 Putting On Your Ergonomic Glasses
- V370 Ergonomic F.I.T.: Video 2 - Looking at the Signals
- V376 Ergonomics for Supervisors
- V401 Take 5 For Health And Safety: Lifting, Ergonomics, Stretching
- V402 Take 5 For Health And Safety: Sitting, Standing
- V403 Stretching Out At Work

#### **FALLS**

- DVD 4 Preventing Slips, Trips & Falls (Hotel Version)
- DVD 8 Heightened Awareness: Fall Protection in the Construction Industry
- DVD 16 Fall Protection: Taking Control
- DVD 23 Slips, Trips and Falls: Keeping A Step Ahead
- DVD 39 Personal Fall Arrest System
- DVD 75 Small Falls Are A Big Deal
- DVD 77 ABCs Of Your Personal Fall Arrest System

#### **FIRE SAFETY**

- DVD 38 Fire Safety: Alert, Aware, Alive
- DVD 67 Fire Extinguishers: Your PASS to Safety
- V378 Fire Safety

## **FOOD SERVICE**

V354 Hospitality Series: Kitchen Safety

V355 Hospitality Series: Knife Safety

## **HAZARD COMMUNICATION**

DVD 3 Hazard Communication: Learning the System

DVD 7 Hazard Communication: The Message is Safety

DVD 10 MSDS: Read It Before You Need It

## **HAZARDOUS SUBSTANCES**

V368 Dealing with Chemical Safety

## **HEAT STRESS**

DVD 55 Heat Stress: Don't Lose Your Cool

## **HOSPITALS**

V371 Ergonomics: Watch Your Back

## **HOTELS**

DVD 4 Preventing Slips, Trips & Falls (Hotel Version)

V351 Hospitality Series: Employee Safety Orientation

V352 Hospitality Series: Housekeeping Safety

V353 Hospitality Series: Bloodborne Pathogens

V354 Hospitality Series: Kitchen Safety

V355 Hospitality Series: Knife Safety

V356 Hospitality Series: Slips, Trips and Falls

V357 Hospitality Series: Hazard Communication

## **HOUSEKEEPING**

DVD 61 Housekeeping: It Ain't Like the Movies

V389 Workplace Housekeeping

## **LADDERS**

DVD 33 Ladder Safety: Take the Right Steps

DVD 76 Ladder Safety: A Practical Approach

V373 Construction Stairways & Ladders

V383 Take the Steps: Stairway & Ladder Safety for the Construction Industry

## **LANDSCAPING**

DVD 78 Pesticide Safety in the Nursery and Landscape

**DVD 86 Groundskeeping Safety: Be A Pro!**

## **MACHINE GUARDING AND OPERATION**

DVD 15 Lockout Tagout: Controlling the Beast

## **MATERIAL HANDLING – MANUAL**

DVD 2 Elements of Back Care (General Industry)

DVD 60 Lifting and Carrying

DVD 64 Warehouse Manual Handling: The New Approach

V381 Warehouse Manual Handling: The New Approach

V398 A Bit About Backs: Module 1: Back Basics

V399 A Bit About Backs: Module 2: Risk Factors

V400 A Bit About Backs: Module 3: Prevention Strategies

## **MISCELLANEOUS**

**DVD 84 Mold Awareness**

## **PERSONAL PROTECTIVE EQUIPMENT (PPE) GENERAL**

DVD 41 Personal Protective Equipment (PPE): Create the Barrier

DVD 44 Best Strategy: Personal Protective Equipment

## **PERSONAL PROTECTIVE EQUIPMENT (PPE) HEAD**

V377 That's Why You Wear a Hardhat

## **PERSONAL PROTECTIVE EQUIPMENT (PPE) HEARING**

DVD 42 What Hearing Loss Sounds Like

## **PERSONAL PROTECTIVE EQUIPMENT (PPE) RESPIRATORS**

DVD 40 Respiratory Safety: General Awareness

## **POWERED INDUSTRIAL TRUCKS**

DVD 37 Forklift Fundamentals: Get the Facts

DVD 43 On the Go: Forklift Safety

DVD 51 Forklift Safety

DVD 52 Order Picker Safety

DVD 53 Reach Truck Safety

DVD 54 Powered Pallet Jack Safety

DVD 57 Forklift Safety: Basic Orientation

DVD 58 Forklift Safety: Best Operating Practices

DVD 59 Forklift Safety: Refueling Procedures

DVD 74 Sliding Boom Forklift: Operating Techniques

V369 Industrial Low-Lift Trucks

## **POWERED PLATFORMS**

DVD 63 Bucket Trucks: Extending Your Safety

DVD 72 Aerial Lift Safety

V364 The Sky's the Limit: Aerial Work Platform Safety

## **RECORDKEEPING**

DVD 13 Recordkeeping: True to Form

V350 Recordkeeping: True to Form

## **RETAIL**

DVD 66 Retail Safety Orientation

## **SAFETY COMMITTEES**

DVD 48 Effective Safety Committees

V390 Effective Safety Committees

## **SCAFFOLDS**

DVD 17 Scaffolding Safety: Safe Work Practices

DVD 18 Scaffolding Safety: Erecting & Dismantling

V366 Scaffolding Safety: Safe Work Practices

V367 Scaffolding Safety: Erecting & Dismantling

## **STRESS**

DVD 35 Working with Stress

## **SUBSTANCE ABUSE**

DVD 68 Dealing with Drug and Alcohol Abuse...For Managers and Supervisors

DVD 69 Dealing with Drug and Alcohol Abuse...For Employees

## **SUPERVISOR TRAINING**

DVD 36 R.E.P.O.R.T. IT! Near Miss Reporting

DVD 47 Safety Accountability with Dan Petersen

DVD 49 Safety Program Management: Modules 1 and 2

DVD 50 Safety Program Management: Modules 3, 4, & 5

V391 Safety Program Management: Modules 1 and 2

V392 Safety Program Management: Modules 3, 4, and 5

V397 Job Safety Analysis

## **TOOLS**

DVD 65 Powered Hand Tool Safety

V386 Safe Operation of Chainsaws

**TRENCHING/EXCAVATION**

DVD 9 In the Trenches: Excavation Safety for Workers

**WAREHOUSES**

DVD 64 Warehouse Manual Handling: The New Approach

V381 Warehouse Manual Handling: The New Approach

**WATERWORKS**

**DVD 87 Safety First: Confined Spaces**

**DVD 88 Safety First: Hazard Communication**

**DVD 89 Safety First: Workplace Hearing Loss**

**WORKPLACE VIOLENCE**

DVD 34 Violence on the Job

## DVD Descriptions

- DVD 1      BLOODBORNE PATHOGENS: CONTROL YOUR EXPOSURE**  
13 min. Color 1998 1 DVD Administrative materials guide Employee handbook)  
Video portrays an employee receiving a post-exposure evaluation, and uses flashbacks to show the accident and highlight the issues. Program highlights: definition of bloodborne pathogens, routes of transmission, exposure prevention methods, disease details on HIV, Hepatitis B and Hepatitis C, vaccination information. - Comprehensive Loss Management.
- DVD 2      ELEMENTS OF BACK CARE (GENERAL INDUSTRY)**  
(14 min. Color 2000 1 DVD Administrative materials guide Employee handbook)  
To teach employees how to properly care for their backs and prevent injuries. Program highlights include: the basic function and design of the back; body mechanics and movement; importance of periodic stretching throughout the day; and various stretches and exercises. NOTE: Employees should check with their healthcare professional if they have questions about doing demonstrated stretches and exercises. - Comprehensive Loss Management, Inc.
- DVD 3      HAZARD COMMUNICATION: LEARNING THE SYSTEM**  
(17 min. Color 1986 1 DVD Compliance manual Employee handbook)  
Presents an overview of the hazard communication system in which the supplier, the employer and the employee each play a role with particular responsibilities. Explains the employer's responsibilities, but stresses the employee's role in making the system work (e.g., read labels and MSDS, follow safety procedures, know the hazards and how to control them, pay attention to training, and know when emergency procedures are needed). Discusses how to determine which chemicals are hazardous, the labeling system, using a material safety data sheet, understanding the physical and health hazards of chemicals, and using personal protective equipment. - CLMI/International Film Bureau.
- DVD 4      PREVENTING SLIPS, TRIPS & FALLS (HOTEL VERSION)**  
(14 min. Color 1999 1 DVD Instructor guide)  
Covers the mechanics and causes of slips, trips, and falls; identifies areas where slips, trips and falls may occur and prevention measures (e.g. parking lots, sidewalks, entrances, lobbies and hallways, food & beverage areas, restrooms, pools, kitchen, back area where deliveries are made). Also includes recognizing hazards and taking appropriate action, procedures for responding to accidents and footwear. - Comprehensive Loss Management.
- DVD 5      SAFETY ON THE ROAD: DEFENSIVE DRIVING FOR DELIVERY VANS**  
(17 min. Color 1999 1 DVD Instructor guide)  
Video presents information on the following topics: how to perform a pre-trip inspection, how a delivery van is different from a regular car, how to compensate for the delivery van differences, how to safely operate the delivery van and proper procedures for making deliveries. - Comprehensive Loss Management.

- DVD 6**            **GETTING THE JOB DONE SAFELY: WORKER ORIENTATION**  
(15 min. Color 1995 1 DVD)  
Having a good safety record takes teamwork. Areas covered in this orientation for the construction industry include: housekeeping, personal protective equipment, fall protection, vehicle safety, excavations, electrical hazards, hazardous materials, material handling, and substance abuse. – Associated General Contractors of America.
- DVD 7**            **HAZARD COMMUNICATION: THE MESSAGE IS SAFETY**  
(14 min. Color 1997 1 DVD)  
It is important to know that hazards you are exposed to and how to protect yourself. Workers need to ask themselves the following questions: 1) What am I working with? 2) How can it hurt me? 3) How do I protect myself? Covers material safety data sheets, examples of flammable, corrosive, toxic and reactive materials, and the ways to protect themselves, e.g., engineering and administrative controls and personal protective equipment. - Associated General Contractors of America.
- DVD 8**            **HEIGHTENED AWARENESS: FALL PROTECTION IN THE CONSTRUCTION INDUSTRY**  
(20 min. Color 1995 1 DVD)  
In construction, fall protection is required when working at heights of 6 feet or more. Eight types of fall protection are mentioned: guardrails, safety nets, covers (for openings), personal fall arrest systems, warning line systems, controlled access zones, safety monitoring system, and fall protection plans. Suggests types of fall protection to use while doing certain construction activities. - Associated General Contractors of America.
- DVD 9**            **IN THE TRENCHES: EXCAVATION SAFETY FOR WORKERS**  
(14 min. Color 1996 1 DVD)  
Working safely in excavation and trenching involves 1) understanding the potential hazards, 2) knowing the resources for determining soil conditions, 3) understanding the elements that affect the site, 4) knowing the protective systems (sloping, shoring and shielding) and when to use them, and 5) following safe work habits and emergency procedures. - Associated General Contractors of America.
- DVD 10**           **MSDS: READ IT BEFORE YOU NEED IT**  
(20 min. Color 2004 1 DVD in English, Spanish Leader's guide Employee handbook)  
Aimed to train the viewer on how to use material safety data sheets (MSDS) by knowing the standard format and understanding the contents. In this program, the sixteen sections of the MSDS are grouped under four general headings for better understanding: product information, exposure situations, hazard prevention and personal protection, and other specific information. - Coastal Training Technologies.



- DVD 11**      **EMERGENCY EVACUATION: GETTING OUT ALIVE**  
(15 min. Color 2002, 2004 1 DVD in English, Spanish, Portuguese  
Leader's guide Employee handbook)  
Stresses the importance of preparation, training and drills in responding to an emergency. In any emergency, the following steps are involved: RACE - rescue, alarm, confine and evacuate. Although specific procedures vary for each workplace, the video illustrates what to do when the emergency alarm sounds and how to respond in particular emergencies (fires, hazardous material releases, earthquakes and explosions.) - Coastal Training Technologies
- DVD 12**      **DEFENSIVE DRIVING : A CRASH COURSE**  
(16 min. Color 2004 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)  
Stresses the importance of being a defensive driver by: Planning and preparing yourself, e.g., using the seat belt, planning your route; inspecting and maintaining your vehicle; adopting a defensive attitude, e.g., controlling your emotions, avoiding tailgating; handling distractions, e.g., cellular phones, reading, drinking, using drugs; following practical driving procedures for the environment you are in—city, freeway, or rural areas. - Coastal Training Technologies Corp.
- DVD 13**      **RECORDKEEPING: TRUE TO FORM**  
(30 min. Color 2004 1 DVD in English, Spanish Leader's guide)  
Video provides an overview of some of the changes to the OSHA recordkeeping rule that became effective January 1, 2002. Covers the forms (300, 300A and 301), how to complete them, what information to make available to employees and their representatives, and how long they should be kept. Other subjects covered are what is considered recordable, medical treatment and first aid; counting days, i.e. when to begin and end counting; calculating incidence rates and employee privacy issues. – Coastal Training Technologies Corp.
- DVD 14**      **BLOODBORNE PATHOGENS: KNOW THE RISK**  
(19 min. Color 2002 1 DVD Leader's guide Employee handbook)  
Presents information on the risk of exposure to bloodborne pathogens, bloodborne pathogens (HIV, Hepatitis B and Hepatitis C), transmission of bloodborne pathogens in the workplace, and precautions workers can take, such as preventive housekeeping, handwashing, and work practices, protective barriers and proper waste disposal. – Coastal Training Technologies Corp.
- DVD 15**      **LOCKOUT TAGOUT: CONTROLLING THE BEAST**  
(19 min. Color 2002 1 DVD Leader's guide Employee handbook)  
Explains basic concepts about various energy sources, lockout and tagout, when to use it and removing locks and tags, the need for inspection and training, and the 6-step procedure that is required for controlling hazardous energy. - Coastal Training Technologies Corp.
- DVD 16**      **FALL PROTECTION: TAKING CONTROL**  
(11 min. Color 1998 1 DVD Facilitator guide Employee handbook)  
Briefly covers the importance of recognizing and respecting potential

fall hazards, the importance of a pro-active safety attitude, and some standard requirements when working above 6 feet. The main focus of the program is the proper use and care of fall protection equipment, primarily personal fall arrest systems. - Summit Training Source.

- DVD 17      **SCAFFOLDING SAFETY: SAFE WORK PRACTICES****  
(11 min. Color 1997 1 DVD Facilitator guide Employee handbook)  
Safe Work Practices demonstrates best safety practices, outlines potential hazards, and creates awareness. The program addresses: electrical, fall and falling object hazards, load carrying capacity and material handling, using ladders and good housekeeping strategies. – Summit Training Source.
- DVD 18      **SCAFFOLDING SAFETY: ERECTING & DISMANTLING****  
(20 min. Color 1997 1 DVD Facilitator guide Employee handbook)  
Covers site evaluation and preparation, selection and inspection of scaffolding, proper erecting and dismantling procedures and safe work practices. – Summit Training Source.
- DVD 19      **CONSTRUCTION SAFETY ORIENTATION****  
(19 min. Color 2001 1 DVD Facilitator guide Employee handbook)  
Program conveys four principles: analyze the work area and the job to be performed, recognize and respect hazard warning signs and labels, identify and eliminate or control any potential hazards, and remain aware of all activity taking place around you. It also covers the following topics: fall protection, ladders, electrical hazards, vehicle traffic, rigging, excavation and trenching, lockout tagout, confined space, hazard communication, personal protective equipment, compressed gas cylinders, fire and housekeeping. – Summit Training Source.
- DVD 20      **SHOCK PROOF: QUALIFIED EMPLOYEE****  
(21 min. Color 2004 1 DVD Facilitator guide Employee handbook)  
Areas covered include: electrical hazards faced by qualified employees; safety procedures necessary to reduce risk of injury from hazards, such as those for lockout/tagout; best safety practices for working on or near live electricity, including the use of personal protective equipment, proper tools, ground fault circuit interrupters, ladders, job briefing, maintaining approach boundary distances, etc. – Summit Training Source.
- DVD 21      **SHOCK PROOF: UNQUALIFIED EMPLOYEE****  
(17 min. Color 2004 1 DVD Facilitator guide Employee handbook)  
The program for the unqualified employee covers why electricity is hazardous, how to recognize common electrical hazards, and how to prevent electrical accidents and injuries. – Summit Training Source.
- DVD 22      **CONFINED SPACE ENTRY: NO TIME FOR ERROR****  
(16 min. Color 2004 1 DVD Facilitator guide Employee handbook)  
Defines and gives examples of permit required confined spaces, explains five categories of potential atmospheric hazards (flammable, physical, irritating oxygen, and toxic), covers pre-entry procedures and permits, attendant duties, and emergency response. – Summit Training Source.

- DVD 23**      **SLIPS, TRIPS AND FALLS: KEEPING A STEP AHEAD**  
(12 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
Causes of slips, trips and falls, a significant source of injuries and even deaths on the job; preventive measures; when, where, and how to use fall protection; techniques to avoid slips, trips, and falls; and safe work practices are the subjects of this program. - Summit Training Source.
- DVD 24**      **ELECTRICAL SAFETY: CONTROLLING THE HAZARDS**  
(13 min. Color 2002 1 DVD Facilitator's guide Employee handbook)  
Covers how electricity works, electrical hazards and how it affects your body, and safe practices to reduce or eliminate your risk. The electrical hazards mentioned include contact with power lines, missing or broken path to ground, lack of ground fault protection and using extension cords or electrical tools improperly. - Summit Training Source.
- DVD 25**      **CONTRACTOR SAFETY: OVERVIEW**  
(6 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
This program can be used as part of a training program for contract workers on a company's site. It covers three safety items all contract workers must know, i.e., security, smoking, and emergencies. – Summit Training Source.
- DVD 26**      **CONTRACTOR SAFETY: LAB WORKER**  
(12 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
This program can be used as part of a training program for laboratory contract workers on a company's site. It covers potential hazards commonly found in laboratory work, site-specific hazards, such as radiation, respiratory and biohazards, prevention measures and personal protective equipment, safe work practices and hazardous waste. – Summit Training Source.
- DVD 27**      **CONTRACTOR SAFETY: OFFICE WORKERS**  
(10 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
This program can be used as part of a training program for office contract workers on a company's site. It explains musculoskeletal disorders and ergonomic risk factors, preventive measures, and how to recognize hazards, such as falls, office equipment and housekeeping. – Summit Training Source.
- DVD 28**      **CONTRACTOR SAFETY: CONSTRUCTION WORKERS**  
(14 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
This program can be used as part of a training program for construction contract workers on a company's site. It covers the safety and health responsibilities of both the company and the contract worker, commonly found potential hazards (e.g. chemical, physical and biological hazards), how to recognize hazards that may pose a risk (e.g. train yourself to use all your senses to take notice of what is around you, know what incidents are likely to occur), know how and when to use engineering controls and personal protective equipment, and safe work practices. – Summit Training Source.

- DVD 29**      **CONTRACTOR SAFETY: OPERATIONS/DELIVERY WORKER**  
(10 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
This program can be used as part of a training program for operations/delivery contract workers on a company's site. Operations or delivery workers often move between many different areas at a work site (e.g., production, lab or office), thus this program covers the importance of recognizing and taking action to correct common workplace hazards, such as contact with objects and equipment, falls, exposure to harmful substances and overexertion. Other topics include the use of personal protective equipment when required, the handling of materials safely with emphasis on stretching, proper lifting techniques and use of ergonomic lifting devices. – Summit Training Source.
- DVD 30**      **CONTRACTOR SAFETY: PERMIT REQUIRED ACTIVITIES**  
(8 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
This program can be used as part of a training program for contract workers who depending on the service they provide and where it is performed on a company's site may require a special work permit. Safe work permits are required for hot work, breaking into equipment, confined space entry, lockout/tagout, asbestos, excavation and other activities. Requirements for other specialized activities, including tunnel entry, roof access, and compressed gas cylinder storage, are briefly covered. – Summit Training Source.
- DVD 31**      **CONTRACTOR SAFETY: HAZARD COMMUNICATIONS**  
(7 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
This program can be used as part of a training program for contract workers who utilize hazardous chemicals on a company's site. Contract workers need to meet not only hazard communication standard requirements, but also facility requirements that may vary from site to site. Some of these requirements may include a submission for approval of chemicals and material safety data sheets (MSDS), proper labeling, availability of MSDS at all times when the chemical is on-site, communicating the potential hazards associated with the work performed and responsibility for containing, cleaning up and properly disposing of any of their own hazardous substances, either spilled or released. – Summit Training Source.
- DVD 32**      **CONTRACTOR SAFETY: CHEMICAL PROCESS WORKERS**  
(6 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
Because of the potential severe consequences associated with certain chemicals in large quantities, OSHA and HIOSH have adopted the process safety management of highly hazardous chemicals standard (§1910.119) that includes requirements for facility employers, contractors and employees. This program can be used as part of a training program for contract chemical process workers; however, its scope is limited to covering training requirements for process workers, access to process areas, some safe work practices, and reporting incidents in the process area. – Summit Training Source.

- DVD 33**      **LADDER SAFETY: TAKE THE RIGHT STEPS**  
(13 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
Program teaches about proper ladder selection for the job, inspecting ladders before use, proper setup and angle, climbing techniques, and appropriate maintenance and storage. Professional stunt people demonstrate falls that result when ladders are not properly used. – Summit Training Source.
- DVD 34**      **VIOLENCE ON THE JOB**  
(21 min. Color 2004 1 DVD)  
Discusses risk factors for violence at work (e.g., exchanging money, delivering goods or services, working late at night or during early morning hours, and dealing with violent people or volatile situations), and strategies (environmental, administrative, and behavioral) to prevent violence. The development of policies, controls and programs on violence prevention is recommended. The DVD also includes recommendations and a case study on what was done to prevent workplace violence at substance abuse treatment facilities in New York. – National Institute for Occupational Safety and Health (NIOSH).
- DVD 35**      **WORKING WITH STRESS**  
(17min. Color 2002 1 DVD)  
Brief overview of causes, effects on workers and organizations, and prevention of job stress. Provides two case studies of stress management programs. – National Institute for Occupational Safety and Health.
- DVD 36**      **R.E.P.O.R.T. IT! NEAR MISS REPORTING**  
(15 min. Color 2000 1 DVD Facilitator guide Participant guide)  
Training package for supervisors who want to train team leaders in the Near Miss Reporting process. Covers what near miss reporting is, why it is important and the R.E.P.O.R.T. steps in the process (i.e., Recognize a potential incident and address the immediate danger, Enter information on a form and get it to a supervisor, Perform any corrective action, Offer information to co-workers, Reinforce the reporting by giving feedback to employees and Track reports to uncover areas that need attention. – CoreMedia Training Solutions.
- DVD 37**      **FORKLIFT FUNDAMENTALS: GET THE FACTS**  
(18 min. Color 2004 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)  
This program provides basic information on forklift design, control, instrumentation, pre-use inspection, and load. It can be used as a part of a total training program for powered industrial truck operators. – Coastal Training Technologies Corp.
- DVD 38**      **FIRE SAFETY: ALERT, AWARE, ALIVE**  
(16 min. Color 2005 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)

The following topics are covered in this program: how fires start, the types of fires, stopping fires before they start, dealing with a fire and fighting a fire. – Coastal Training Technologies.

- DVD 39**      **PERSONAL FALL ARREST SYSTEM**  
(15 min. Color 2005 1 DVD Facilitator's guide Employee handbook)  
Not only does this program cover fall hazards, fall arrest components, inspecting the equipment and system use and maintenance, but it also provides additional information (e.g. dynamics of falling, locations of anchorages, swinging during a fall, calculating fall clearance, etc.) that explains the reasons for certain procedures when utilizing fall arrest systems. – Summit Training Source.
- DVD 40**      **RESPIRATORY SAFETY: GENERAL AWARENESS**  
(12 min. Color 2005 1 DVD Facilitator's guide Employee handbook)  
Incorporating testimonials and interviews from actual people in the field, including environmental health and safety directors, fire department personnel and OSHA experts, this program emphasizes the need for an effective respiratory protection program in certain hazardous work environments. It covers the various types of respiratory hazards (particulates, gases and vapors, and oxygen deficiency) and where they may be encountered, how respirators work and the importance of choosing the right respirator for the worker in hazardous environments. – Summit Training Source.
- DVD 41**      **PERSONAL PROTECTIVE EQUIPMENT (PPE): CREATE THE BARRIER**  
(12 min. Color 2002 1 DVD Facilitator's guide Employee handbook)  
[Note: Please refer to the HIOSH standards and your company's policies concerning the responsibility of providing personal protective equipment.]  
This program goes over the various types of personal protective equipment (head, eye and face, hearing, hand and feet protection and clothing); how to select the proper personal protective equipment; and how to use and care for personal protective equipment correctly. – Summit Training Source.
- DVD 42**      **WHAT HEARING LOSS SOUNDS LIKE**  
(13 min. Color 1995 1 DVD)  
Covers how we hear, how loud noise affects hearing, conductive and sensorineural hearing loss, and the use of hearing protection. Also demonstrates what a person with conductive and sensorineural hearing loss hears. - Liberty Mutual/Summit Training Source.
- DVD 43**      **ON THE GO: FORKLIFT SAFETY**  
(17 min. Color 1994 1 DVD)  
This program provides basic information for those working with and/or around counterbalance rough terrain forklifts on construction sites. The topics include how forklifts work (rated capacity, load center and stability), and how to inspect and operate them. – The Associated General Contractors of America.

- DVD 44 THE BEST STRATEGY: PERSONAL PROTECTIVE EQUIPMENT**  
(17 min. Color 1996 1 DVD in English and Spanish)  
Encourages workers to know the hazards on the jobsite and use the right personal protective equipment to protect themselves. This program briefly covers the many types of personal protective equipment that may be required – head, hearing, eye, respiratory, fall, and hand protection, including proper clothing and gear for water safety. – The Associated General Contractors of America.
- DVD 45 ONE WILL DIE: THE JOHN MARTIN STORY**  
(22 min. Color 2005 1 DVD Leader's guide)  
The true story of John Martin's life-changing accident illustrates how the choices we make each day can have a huge impact on ourselves, co-workers and our families. While servicing a pump to a chemical line during a maintenance procedure, John and a co-worker decided not to follow the safe work practices that would have secured the line and protected them from injury. When John removed the cover to the pump, the superheated corrosive substance inside the line spewed out and he was severely burned on more than 70 percent of his body. Lessons presented are about off-job distractions, speaking up when co-workers take risks, the consequences of ignoring required safe work practices, the importance of wearing appropriate PPE and allowing co-workers to influence our decisions about safety. NOTE: Some scenes, though reenactment of the incident, may appear graphic to viewers. – American Training Resources.
- DVD 46 ACCIDENT INVESTIGATION FOR EVERYONE**  
(22 min. Color 2005 1 DVD Leader's guide)  
There are reasons that injuries and near misses are not reported, such as some businesses give rewards for not having injuries so employees do not want to ruin "good" records, some employees do not want injuries reported because of the negativity of the investigation process. However, Tom Harvey, CSP, stresses the importance of properly investigating accidents and near misses, finding facts, finding real causes and finding solutions to prevent the reoccurrence of incidents and injuries. Employees, management and the investigation team have their roles in the investigation process and he points out common mistakes. He runs through the investigation process and gives many helpful suggestions on data gathering, conducting interviews, analyzing for causes and the selection of solutions. When analyzing for multiple causes, it is necessary to consider all the components of risk --- hazards, control systems, and employee actions. After completing the investigation, it is important to keep everyone involved by following up on action items and communicating the solutions. – American Training Resources.
- DVD 47 SAFETY ACCOUNTABILITY WITH DAN PETERSEN**  
(49 min. Color 1999 1 DVD Implementation manual)  
Featuring renowned safety consultant and author Dan Petersen, this three-part program includes: (1) A Message to Management; (2) Safety through Accountability and (3) Implementing Safety Accountability. Part 1 (5 min.) is directed to senior management with the message that to gain

control over safety processes and outcomes, an organization must manage safety in the same way it manages production and quality --- by making each individual accountable. Part 2 (18 min.) is intended for all management personnel and introduces safety accountability as a management tool incorporating testimony from managers of four diverse organizations that have implemented safety accountability. Key elements include defining the safety related activities each person is responsible for, the valid measures of those activities and the reward the person will receive as a result of their performance. Part 3 (26 min.) covers the details of the accountability process and how to go about implementing it in your organization. Topics presented are: where to begin, introducing the process, defining activities to be accomplished, measuring expectations, rewarding defined activities and continuous improvement. – CoreMedia Training Solutions.

**DVD 48**

**EFFECTIVE SAFETY COMMITTEES**

**(17 min. Color 2003 1 DVD Administrative Materials guide)**

Designed for members of the safety committee, the video has 2 parts. Part 1 covers the purpose and importance of safety committees and safety committee procedures, e.g. focusing only on safety items, keeping minutes, working effectively as a group. Part 2 covers the safety improvement process, steps to organize the efforts of the committee, e.g. selecting the safety issues, looking for information related to the issue, clarifying the issue by looking beyond the obvious, brainstorming solutions, developing and implementing a plan of action, gathering feedback and communicating results. NOTE: Video mentions looking at the OSHA 200 to select safety issues; however, the OSHA 300 has been used since 2002. The accompanying guide will help in the creation of a safety committee written program that outlines the steps for establishing and operating a safety committee and training managers and employees to participate in one. – Comprehensive Loss Management, Inc.

**DVD 49**

**SAFETY PROGRAM MANAGEMENT: MODULES 1 AND 2**

**(19 min. Color 1995 1 DVD Administrative Materials guide)**

To make safety a core value and a way of doing business, it is important to establish a safety management program. Module 1 provides guidelines on how to get started (e.g. establish and communicate measurable safety goals, assign responsibilities to management and employees). Module 2 focuses on identifying hazards and implementing controls to help prevent accidents. NOTE: Housekeeping, safe work practices and training are considered administrative controls although mentioned separately in the video. [Also, refer to training requirements in HIOSH standards and to Hawaii Administrative Rules Title 12 Subtitle 8 Parts 2 and 3 and H.R.S. Chapter 396 Section 18 for safety and health program requirements]. – Comprehensive Loss Management, Inc.

**DVD 50**

**SAFETY PROGRAM MANAGEMENT: MODULES 3, 4, & 5**

**(18 min. Color 1995 1 DVD Administrative Materials guide)**

Module 3 addresses the training and communication components of the program. Training is necessary for management and employees and should include classroom instruction, hands-on practice and new



employee orientation. It is important to develop methods for employees to communicate, to give feedback and to respond to employees safety concerns. Emergency response procedures and accident management are covered in Module 4. Some of the steps to establish clear emergency response and accident investigation procedures are provided. The video also mentions the development of a return to work program as part of medical management. Because safety is a way of managing business and is an ongoing process Module 5 covers the need to measure and monitor the effectiveness of the program against the identified goals. [Refer to training requirements in HIOSH standards and to Hawaii Administrative Rules Title 12 Subtitle 8 Parts 2 and 3 and H.R.S. Chapter 396 Section 18 for safety and health program requirements]. – Comprehensive Loss Management, Inc.

- DVD 51**      **FORKLIFT SAFETY**  
(12 min. Color 1995 1 DVD Administrative materials guide Employee handbook)  
Focuses on how a forklift works covering rated capacity and stability, how to perform a pre-use inspection, and how to operate a forklift safely, which includes picking up, traveling with, and putting down loads; stopping; parking and working with docks on trucks. - Comprehensive Loss Management, Inc.
- DVD 52**      **ORDER PICKER SAFETY**  
(9 min. Color 1998 1 DVD Administrative materials guide Employee handbook)  
Focuses on how an order picker works, how to perform a pre-use inspection, and how to operate an order picker safely, including the use of fall protection. - Comprehensive Loss Management, Inc.
- DVD 53**      **REACH TRUCK SAFETY**  
(8 min. Color 1998 1 DVD Administrative materials guide Employee handbook)  
Focuses on how a reach truck works, how to perform a pre-use inspection, and how to operate a reach truck safely.- Comprehensive Loss Management, Inc.
- DVD 54**      **POWERED PALLET JACK SAFETY**  
(8 min. Color 1998 1 DVD Administrative materials guide Employee handbook)  
Focuses on how a walkie and walkie-rider works, how to perform a pre-use inspection, and how to operate a powered pallet jack safely.- Comprehensive Loss Management, Inc.
- DVD 55**      **HEAT STRESS: DON'T LOSE YOUR COOL**  
(14 min. Color 2000 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)  
The program was developed to urge employees to protect themselves from the effect of heat stress while on the job. It goes over risk factors and body temperature, minor disorders, major disorders, heat stroke, workplace practices and personal responsibilities. – Coastal Training Technologies.

- DVD 56**      **BLOODBORNE PATHOGENS: A SHARPER IMAGE**  
 (19 min. Color 2003 1 DVD in English & Spanish Leader's guide Employee handbook)  
 Designed to inform healthcare workers, this program offers a concise look at the transmission, treatment and prevention of bloodborne pathogens, specifically hepatitis B, hepatitis C and HIV. Covers the Exposure Control Plan that is required if employees are exposed to bloodborne pathogens and some of the requirements, e.g., personal protective equipment, safe work practices and sharps safety. – Coastal Training Technologies
- DVD 57**      **FORKLIFT SAFETY: BASIC ORIENTATION**  
 (13 min. Color 2002 1 DVD Facilitator's guide Employee handbook)  
 Provides information on the various types of forklifts, common hazards found during their use, basic controls and features, how forklift trucks work and what to do before you drive a lift truck. – Summit Training Source.
- DVD 58**      **FORKLIFT SAFETY: BEST OPERATING PRACTICES**  
 (14 min. Color 2002 1 DVD Facilitator's guide Employee handbook)  
 This program briefly covers safe lift truck driving skills, including how to safely work around people, handling loads, and common driving hazards found in the work environment. – Summit Training Source.
- DVD 59**      **FORKLIFT SAFETY: REFUELING PROCEDURES**  
 (12 min. Color 2002 1 DVD Facilitator's guide Employee handbook)  
 General guidelines are provided in how to refuel lift trucks safely, including electric and fuel powered lift trucks. In addition, some preventive maintenance tips to keep the truck running smoothly are also presented. – Summit Training Source.
- DVD 60**      **LIFTING AND CARRYING**  
 (10 min. Color 1990 1 DVD Trainer's manual)  
 This program is divided into 3 sections: the role of the spine in back injuries (severity, disc injuries, muscle & ligament injuries); lifting & carrying techniques (preparation, steps for lifting, team lifting, adequate vision, mechanical lifting devices); factors governing manual lifting (nature of the load, working conditions, personal limitations). – SafetyCare.
- DVD 61**      **HOUSEKEEPING: IT AIN'T LIKE THE MOVIES**  
 (15 min. Color 1995 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)  
 Did you know that falls are the cause of 10% on-the-job deaths? Many of these deaths are due to poor housekeeping and could have been prevented. Reviews the importance of good housekeeping and what to look for in your facility. Is your workplace clean or cluttered? Do you have adequate storage? Have you eliminated spills and leaks? - Coastal Video Communication Corp.
- DVD 62**      **SAFETY ORIENTATION: ON ALERT**  
 (25 min. Color 2004 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)  
 Briefly covers the following topics: slips, trips and falls; back safety;

hazard communication; bloodborne pathogens; personal protective equipment (head, eye, hearing, respiratory, hand, foot); lockout/tagout; fire safety and evacuation. – Coastal Video Communication Corp.

**DVD 63**

**BUCKET TRUCKS: EXTENDING YOUR SAFETY**

(15 min. Color 2006 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)

Goes over operator authorization requirements, a few routine maintenance and inspection techniques and procedures to keep operators, co-workers and others on the ground safe as work is completed from a bucket truck. Topics include operator training, pre-start walk around inspection, work clothes and personal protective equipment, pre-planning, electrical hazards, and other safety practices. – Coastal Video Communications Corp.

**DVD 64**

**WAREHOUSE MANUAL HANDLING: THE NEW APPROACH**

(21 min. Color 2003 1 DVD Training guide)

This program aims at helping workers prevent musculoskeletal disorders (MSD) by explaining the structure of the back, some reasons why back pain occurs, workplace hazards, how to minimize the dangers of manual handling and some pointers on back strengthening and stretching exercises. Case studies with solutions applicable to typical manual handling problems are used to illustrate correct procedures. **Note:** Employees should check with their healthcare professional if they have questions about doing the demonstrated stretches and exercises. Also, much of the information presented in this video can also be applied to workplaces other than warehouses – Vocam USA LLC.

**DVD 65**

**POWERED HAND TOOL SAFETY**

(18 min. Color 2006 1 DVD Training guide)

This program explains both general and specific safety principles and techniques related to the use of various electric and pneumatic hand tools (e.g. sanders, routers, circular saws, angle grinders, drills, nail and staple guns). It also covers hazards, the importance of personal protective equipment and dangers in the work environment. – Vocam USA LLC.

**DVD 66**

**RETAIL SAFETY ORIENTATION**

(20 min. Color 2006 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)

Designed to make the new employee in a retail setting aware of the basic safety issues in their work environment. The topics covered include back safety; slips, trips and falls; ladders; hazard communication; fire safety; bloodborne pathogens; first aid; personal hygiene; and box cutters. – Coastal Training Technologies Corp.

**DVD 67**

**FIRE EXTINGUISHERS: YOUR PASS TO SAFETY**

(9 min. Color 2004 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)

Developed to provide an overview of how to effectively use fire extinguishers. The program explains the four elements necessary for a fire to occur, as well as the ways in which removal of these elements can

stop a fire. The different classes of fire (A, B, C and D), the different types of fire extinguishers and the PASS procedure when using a extinguisher are also explained. – Coastal Training Technologies Corp.

- DVD 68**      **DEALING WITH DRUG AND ALCOHOL ABUSE...FOR MANAGERS AND SUPERVISORS**  
(19 min. Color 2006 1 DVD Presenter's guide Employee booklet)  
**[NOTE:** "All information in this program should be reviewed for accuracy and appropriateness by facilities using the program, as well as to any state, federal or other laws, standards and regulations governing their operations. There is no warranty, expressed or implied, that the information in this program is accurate or appropriate for any particular facility's environment."] This program discusses the various forms of substance abuse that are typically found in the workplace; how substance abuse can affect the workplace; laws and regulations related to substance abuse; creating an alcohol and drug-free workplace; roles of education and testing; recognizing on-the-job substance abuse; and how to handle substance abuse situations. – MARCOM.
- DVD 69**      **DEALING WITH DRUG AND ALCOHOL ABUSE...FOR EMPLOYEES**  
(19 min. Color 2006 1 DVD Presenter's guide Employee booklet)  
**[NOTE:** "All information in this program should be reviewed for accuracy and appropriateness by facilities using the program, as well as to any state, federal or other laws, standards and regulations governing their operations. There is no warranty, expressed or implied, that the information in this program is accurate or appropriate for any particular facility's environment."] Discusses various topics including what substances are abused; how people get "hooked" on drugs and alcohol; drug dependency; drug and alcohol policies; and helping employees overcome substance abuse problems. – MARCOM.
- DVD 70**      **BLOODBORNE PATHOGENS – HC**  
(15 min. Color 2001 1 DVD Facilitator's guide Employee handbook)  
In industrial settings, this program explains bloodborne pathogens (primarily Hepatitis B , C and HIV); how they are transmitted; how to prevent exposure, including universal precautions; and what to do it exposure occurs. - Summit Training Source.
- DVD 71**      **NEW EMPLOYEE SAFETY ORIENTATION**  
(13 min. Color 1999 1 DVD Facilitator Guide Employee handbook)  
This program covers a wide range of topics for the new employee. Specific topics include: responsibilities of the employer and employee; safe use of chemicals; good housekeeping; signs and placards; vehicle safety; personal protective equipment; machine guarding; vehicle safety; emergency situations; prohibited activities and unacceptable behavior (e.g. inappropriate language and comments, use of alcohol and other controlled substances, firearms brought to the workplace) – Summit Training Source.

**DVD 72****AERIAL LIFT SAFETY**

(11 min. Color 2005 1 DVD in English, Spanish Facilitator's guide Employee handbook)

The topics discussed in this program on aerial lifts (scissor lifts, boom lifts and bucket trucks) are divided into 3 categories: equipment, pre-start inspections and safe use. Following the manufacturer's manual and employer's policies, and training by a qualified person are important for operator's of aerial lifts. Some safety principles common to all aerial lifts include: use of fall protection; following load capacity and grade ratings; and use of outriggers when necessary. A pre-start inspection should include a visual assessment and operational check of the equipment, check of the fall protection and the worksite (ground and overhead) for potential hazards. Guidelines for the safe use of aerial lifts are presented to avoid some hazards such as electrocutions, falls, tipovers. Examples of these are: securing the area around the lift with barricades, caution tape, cones, etc.; keeping your feet firmly on the floor while working from an aerial lift, traveling in or transferring off an elevated lift if authorized by the manufacturer and your employer, etc. – Summit Training Source.

**DVD 73****SAFETY ORIENTATION: IT BEGINS WITH YOU**

(16 min. Color 2003 1 DVD Facilitator guide Employee handbook)

This program is designed to provide employees with an overview of their employer's and their responsibilities for safety, common work place injuries and illnesses, and the steps they can take to prevent them from occurring. Specific areas that are covered include: ergonomics; back injury prevention; housekeeping; signs, placards and labels; emergency procedures; personal protective equipment, and hazard communication. – Summit Training Source.

**DVD 74****SLIDING BOOM FORKLIFT: OPERATING TECHNIQUES**

(18 min. Color 2005 1 DVD)

Presents some of the operating and design characteristics of sliding boom forklifts, hazards of rough terrain applications, and operating tips. The importance of knowing and following the owner's manual is stressed. Some of the design features and operating characteristics covered are the various steering methods; frame leveling; the load chart; visibility issues, and oscillating tires. Emphasis is placed on knowing

- 1) the weight of the load and load center; 2) the distance between the front tire and placement area, and 3) the height of load placement before checking the load chart and lifting a load. Other operating tips include: wearing a seat belt; never allowing passengers; placing the boom no higher than driver's eye level when moving; observing safety shut down procedures; driving rules; not operating the forklift if unable to level the frame; using a signal person when necessary. – Vista Training.

**DVD 75****SMALL FALLS ARE A BIG DEAL**

(19 min. Color 2005 1 DVD Leader's guide)

In this video, Martin Lesperance recalls stories of fall injuries he has attended as a firefighter and EMT to make the point that small falls can lead to bad injuries. The key is to prevent falls and he covers the following topics to work towards prevention: use of proper footwear; the

importance of recognizing, controlling and correcting fall hazards; maintain “situational awareness” when fall hazards are present; be careful when moving from one level to another and when changing surface conditions. He talks about not walking or stepping where your eyes haven’t been; doing something to correct a fall hazard; working safely so you do not create fall hazards. – Educational Resources Inc./American Training Resources.

**DVD 76 LADDER SAFETY: A PRACTICAL APPROACH**

(19 min. Color 2006 1 DVD Leader’s guide)

Following safe work practices are aimed at preventing ladder related deaths and injuries. Step, straight, extension, platform and multiple function ladders are included in this program. Topics covered are selecting the correct ladder for the job; inspecting the ladder before use; transporting, setting up and standing and working on ladders; and consequences of failing to follow these safe work practices.[NOTE: When using rebar as shown in the video, it is suggested to place caps on them.] – Educational Resources Inc./American Training Resources.

**DVD 77 ABCs OF YOUR PERSONAL FALL ARREST SYSTEM**

(15 min. Color 2002 1 DVD Leader’s guide)

This video shows viewers how to properly select and use personal fall arrests systems so they can work safely above ground. Topics include forces involved in falls; components of a fall arrest system [A=anchor points; B=body harness; C=connecting device]; inspection of the equipment; calculating fall distances; selection of an appropriate connecting device and the importance of choosing a proper tie-off point. – Educational Resources Inc./American Training Resources.

**DVD 78 PESTICIDE SAFETY IN THE NURSERY AND LANDSCAPE**

(40 min. Color 2005 1 DVD)

This program, produced in North Carolina, is made up of 10 segments, each between 2 – 7 minutes and covers the following topics: pesticide storage; personal protective equipment; preparing for a work break; poisoning and heat stress; mixing and loading; cleaning up spills; transportation; protecting your family; protecting the environment; and unsafe practices. Most information is general in nature except for a reference to a North Carolina requirement for a required sign on doors of commercial restricted use pesticide storage. NOTE: Individuals who use agricultural chemicals are responsible for ensuring that the intended use complies with current regulations and conforms to the product label. – North Carolina State University, CropLife Foundation.

**DVD 79 DON’T BET YOUR LIFE ON UNSAFE ACTS**

(15 min. Color 2004 1 DVD Leader’s guide)

This program, through various scenarios, examines some of the reasons employees choose to place their lives in danger so we can learn to recognize and avoid these types of tragic decisions. Some of these reasons include 1) having a false sense of security from years of experience, 2) being distracted while working (rushing, anger, being occupied with outside issues or being distracted by other workers or

operations) interferes with your decision-making, impairs your reaction time and places you and others at risk, 3) showing off, gaining attention from others or horseplay, and 4) thinking about safety when confronted with obvious hazards rather than following safety practices at all times. – ERI Safety Videos/RM Distributors.

**DVD 80**

**LIFE IS FOR LIVING**

(3 min. Color 2000 1 DVD)

This video is designed to open or close employee safety meetings and help focus the viewer's attention on the long-term consequences of injuries resulting from not following safe practices at home and at work. A wide variety of dramatic mishaps are illustrated, such as traffic crashes, slips and falls, hand injuries, back injuries, eye injuries and electrical mishaps. – Aurora Pictures.

**DVD 81**

**WSI: BLOODBORNE PATHOGENS**

(17 min. Color 2006 1 DVD)

It is recommended that viewers are familiar with their workplace bloodborne pathogens exposure control plan. In this program, an investigation takes place when an employee tests positive for Hepatitis B. As the investigation unfolds, viewers learn about bloodborne pathogens and some procedures that employers and employees should follow to avoid exposure and when an exposure occurs. – Wumbus Corporation.

**DVD 82**

**ASBESTOS AWARENESS: ARE YOU AT RISK?**

(25 min. Color 1994, 2000, 2007 1 DVD in English, Spanish, French Leader's guide Employee handbook)

This program can be viewed straight through or paused at the section headings to allow for discussion. It informs workers what asbestos is, how it is used, how it affects them, where asbestos-containing materials may be located, and how to recognize damaged or deteriorating asbestos products. Many ways are presented to prevent and control worker exposure, including safe work practices for custodial and maintenance personnel. – Coastal Training Technologies Corp.

**DVD 83**

**ASBESTOS AWARENESS: CONTROLLING EXPOSURE**

(23 min. Color 1994, 2004 1 DVD in English, Spanish Leader's guide Employee handbook)

This program can be viewed straight through or paused at the section headings to allow for discussion. Workers are at higher risk of exposure if their work area contains "high-risk" materials, such as sprayed-on insulation, if they work near an asbestos construction or renovation site, or if engaged in maintenance or custodial activities around installed asbestos. OSHA developed a standard for asbestos and this program covers some basic principles and work practices under this standard. Basic concepts (e.g. asbestos content, work classes, permissible exposure limits), protective measures (e.g. work practices, engineering controls, protective clothing and equipment, regulated areas), exposure control programs, and emergency clean-up. – Coastal Training Technologies Corp.

- DVD 84**      **MOLD AWARENESS**  
(14 min. Color 2004/2003 1 DVD in English, Spanish Leader's guide Employee handbook)  
The program explains what mold is, how it develops and how to reduce the amount of indoor mold. The program covers which molds cause health problems and what can be done to eliminate the problem. – Coastal Training Technologies Corp.
- DVD 85**      **CONFINED SPACES: RISKS AND RESPONSIBILITIES**  
(19 min. Color 2006 1 DVD)  
Explains some of the basic information and procedures on confined spaces, including some of the requirements of the OSHA standard on permit-required confined spaces [29CFR1910.146]. Covers the common atmospheric hazards (oxygen deficient and enriched environments, flammable or explosive gases or vapors, toxic atmospheres) and engulfment and configuration hazards. Other topics include program elements such as identifying confined spaces; use of instruments to test and monitor the confined space; providing equipment necessary to enter confined spaces safely; training of employees; emergency and rescue procedures. – Wumbus Corporation.
- DVD 86**      **GROUNDSKEEPING SAFETY: BE A PRO!**  
(17 min. Color 1996 1 DVD Leader's guide Employee handbook)  
For ground maintenance staff, this program covers personal protective equipment, general safety checklist, tractors, riding and push mowers, trim and brush-cutting equipment and blowers, and handling hazardous materials. - Coastal Video Communications
- DVD 87**      **SAFETY FIRST: CONFINED SPACES**  
(9.5 min. Color 1998 1 DVD)  
Produced for the employee in the waterworks industry, this program briefly covers the procedures for entering and working in permit required confined spaces. Included are the identification of permit required confined spaces, the hazards that need to be evaluated prior to entry and when in the confined space. Other areas mentioned are the use of necessary personal protective equipment and rescue procedures. - American Water Works Association.
- DVD 88**      **SAFETY FIRST: HAZARD COMMUNICATION**  
(13 min. Color 2001 1 DVD)  
Produced for the waterworks industry although applicable to any industry, this DVD briefly goes over the basic elements of a hazard communication program, e.g., inventory of chemicals, container labeling, material safety data sheets, employee training, and hazard communication plan. In Hawaii, many water utilities come under the jurisdiction of the Hawaii Occupational Safety and Health Law (Chapter 396 HRS).and its requirements. – American Water Works Association.



**DVD 89**

**SAFETY FIRST: WORKPLACE HEARING LOSS**

(16 min. Color 2006 1 DVD)

Produced for workers in water utilities, this program covers the factors that can contribute to hearing loss (primarily noise, but also mentions solvents, lead, mercury, carbon monoxide), noisy settings in water utilities, how excessive noise can affect hearing, ways to reduce noise levels, different types of hearing protection, and myths about using hearing protection. American Water Works Association.

## VIDEO DESCRIPTIONS

**V349 IT ONLY TAKES A SECOND**

(1/2" VHS 3 min. Color 1995 1 videocassette Discussion guide)

Viewers see a series of accident reenactments and dramatic consequences illustrated in this motivational video with the goal of getting employees to think safety. It can be used as a meeting opener or to set the stage for discussion on many safety issues. – Aurora Pictures/Comprehensive Loss Management, Inc.

**V350 RECORDKEEPING: TRUE TO FORM**

(1/2" VHS 30 min. Color 2002, 2004 1 videocassette Leader's guide)

Video provides an overview of some of the changes to the OSHA recordkeeping rule that became effective January 1, 2002. Covers the forms (300, 300A and 301), how to complete them, what information to make available to employees and their representatives, and how long they should be kept. Other subjects covered are what is considered recordable, medical treatment and first aid; counting days, i.e. when to begin and end counting; calculating incidence rates and employee privacy issues. – Coastal Training Technologies Corp.

**V351 HOSPITALITY SERIES: EMPLOYEE SAFETY ORIENTATION**

(1/2" VHS 12 min. Color 2002 1 videocassette)

Program covers some of the general occupational hazards to which workers in the hospitality industry may be exposed. Some basic requirements, electrical hazards, powered equipment and machinery, back injury prevention, fire protection and other hazards are included. – Safety Source Productions.

**V352 HOSPITALITY SERIES: HOUSEKEEPING SAFETY**

(1/2" VHS 12 min. Color 2002 1 videocassette)

Program covers some of the hazards to which housekeeping personnel are exposed in the course of their work. Included are proper cleaning techniques, chemical use, back injury prevention and more. – Safety Source Productions.

**V353 HOSPITALITY SERIES: BLOODBORNE PATHOGENS**

(1/2" VHS 14 min. Color 2004 1 videocassette)

Produced for employees working in the service, hospitality, and foodservice industries who may be exposed to bloodborne pathogens. This video explains what bloodborne pathogens are, their potential effects on employee health, and how to reduce exposure to pathogens, such as HIV and HBV. – Safety Source Productions.

**V354 HOSPITALITY SERIES: KITCHEN SAFETY**

(1/2" VHS 10 min. Color 2003 1 videocassette)

Emphasizes each persons responsibility in maintaining safety in the kitchen, this program addresses the following: 1) slips and falls, 2) using knives and box cutters, 3) kitchen machinery, such as slicers, mixers and ice machines, 4) burn and fire prevention, and 5) chemical and hazardous materials. – Safety Source Productions.

**V355 HOSPITALITY SERIES: KNIFE SAFETY**

(1/2" VHS 9 min. Color 2003 1 videocassette)

This video is targeted towards anyone who uses knives but focuses on a food service environment. Describes proper personal protective equipment, "how to" information on storing, cleaning and handling knives. – Safety Source Productions.

**V356 HOSPITALITY SERIES: PREVENTING SLIPS, TRIPS AND FALLS**

(1/2" VHS 9 min. Color 2003 1 videocassette)

This video takes a look at several different scenarios showing slip, trip and fall hazards, examines what circumstances, behaviors or conditions contributed to each incident and what steps can be taken to prevent similar future occurrences. Some topics mentioned include inattention, proper footwear, keeping surfaces clean and in good condition, and taking action when seeing a hazard. – Safety Source Productions.

**V357 HOSPITALITY SERIES: HAZARD COMMUNICATION**

(1/2" VHS 18 min. Color 2002 1 videocassette)

Covers several aspects of hazard communication, such as the written plan, the health effects of hazardous materials, labeling, material safety data sheets and employee training, including for workers of contractors. – Safety Source Productions.

**V358 SAFETY AWARENESS: REAL ACCIDENTS, REAL STORIES**

(1/2" VHS 14 min. Color 2003 1 videocassette)

With training in safe workplace practices and the availability of protective equipment, three workers tell how they were injured because of not following safe work practices. NOTE: Photos of injuries are graphic. Viewers are asked, "Could this accident be prevented? – Wumbus Corporation.

**V359 SAFETY AWARENESS 2: REAL ACCIDENTS, REAL STORIES**

(1/2" VHS 18 min. Color 2004 1 videocassette)

Recounts life altering stories of four workers who have either witnessed an accident or experienced an injury and how the event affected their lives and the lives of others. The stories are of: (1) a worker who experiences loss of hearing from not using hearing protection, (2) a truck driver who injures his back at home while not following numerous material handling training that he received at work, (3) a press operator who slips on spilled solvent and loses part of her leg, and (4) a maintenance worker who feels he could have saved his coworkers life if he had not chosen to look the other way. – Wumbus Corporation.

**V360 THE SAFE OPERATION OF UTILITY CARTS**

(1/2" VHS 11 min. Color 2003 1 videocassette)

Employees who are authorized to operate utility carts should be properly trained which includes following instructions in the manufacturer's manual. This program can be used as a review following the abovementioned training. It covers the importance of inspection and safe operation of the cart and touches on speed, hazards, pedestrians, distractions and parking. – Wumbus Corporation.

**V361 WHY A 3-MAN CREW?**

(1/2" VHS 18 min. Color 1995 1 videocassette)

Why is a three-person crew necessary for safe commercial diving operations? Live action recreations depict actual cases in which attempts to save time and money using a two-person crew resulted in serious injury or death. Also briefly highlights the little-known role of commercial diving in providing many of the fundamental resources and services on which we depend. – Association of Diving Contractors International, Inc.

**V362 THE HAZARDS OF UNDERWATER BURNING**

(1/2" VHS 11 min. Color 2001 1 videocassette)

This video covers the hazards of underwater burning, with special emphasis on avoiding explosions and explains the "fire triangle" and how most explosions occur. It also demonstrates specific safe work practices, such as prior planning utilizing job safety analysis, for reducing or eliminating hazards. Reviews of actual fatalities related to underwater welding and hotwork underscore the message. - Association of Diving Contractors International, Inc.

**V363 THE HAZARDS OF DIVING IN DELTA P WORK ENVIRONMENTS**

(1/2" VHS 12 min. Color 1999 1 videocassette)

A somber review of actual diving fatalities underscores the message of the risks of "Delta P" (differential pressure) diving environments. Defines terms, explains characteristics of differential pressure, and provides formulae for accurate calculation of pressures in both sea and fresh water. Emphasizes pre-planning, knowing the diving site layout, and techniques for reducing or eliminating hazards. - Association of Diving Contractors International, Inc.

**V364 THE SKY'S THE LIMIT: AERIAL WORK PLATFORM SAFETY**

(1/2" VHS 12 min. Color 2000 1 videocassette)

Emphasizes the importance of proper training on equipment to be used, daily pre-operation checks, fall protection, inspecting the worksite, checking the weather and following other safe work practices. – Associated General Contractors of America.

**V365 PUTTING ON YOUR ERGONOMIC GLASSES**

(1/2" VHS 37 min. Color 2000 1 videocassette Instructor guide Employee workbook)

For flexibility in delivering the information contained in this program by noted ergonomist, Dan MacLeod, the video is divided into six modules: Module 1 (Introduction; discussion of critical issues in various work areas), Module 2 (Review of issues involving posture, force, reaches & heights), Module 3 (Review of repetitive motions, static load, pressure points, clearance, movement & environmental factors), Module 4 (Description of bodily wear & tear along with common symptoms & importance of early reporting, Module 5 (Designed for supervisors to explain how ergonomic improvements can cut costs & improve efficiencies), Module 6 (Refresher, to be shown several months or a year after initial program presentation) – Comprehensive Loss Management, Inc.

- V366 SCAFFOLDING SAFETY: SAFE WORK PRACTICES**  
(1/2" VHS 12 min. Color 1997 1 videocassette Facilitator guide Employee handbook)  
Safe Work Practices demonstrates best safety practices, outlines potential hazards, and creates awareness. The program addresses: electrical, fall and falling object hazards, load carrying capacity and material handling, using ladders and good housekeeping strategies. – Summit Training Source.
- V367 SCAFFOLDING SAFETY: ERECTING & DISMANTLING**  
(1/2" VHS 20 min. Color 1997 1 videocassette Facilitator guide Employee handbook)  
Covers site evaluation and preparation, selection and inspection of scaffolding, proper erecting and dismantling procedures and safe work practices. – Summit Training Source.
- V368 DEALING WITH CHEMICAL SAFETY**  
(1/2" VHS 15 min. Color 1989 1 videocassette Trainer's manual)  
When working with or around chemicals, it is important for everyone to know their potential risks and how to minimize the hazards. This program includes details on how chemicals enter the body, the dose and health hazards of chemicals, fire and explosion hazards, environmental pollution, storage and transportation and evaluation of handling and storage methods. In addition, control measures, including elimination, substitution, isolation, ventilation, monitoring of contaminant levels, and personal hygiene, good housekeeping and the wearing of appropriate personal protective equipment are briefly covered. – SafetyCare Inc.
- V369 INDUSTRIAL LOW-LIFT TRUCKS**  
(1/2" VHS 18 min. Color 1989 1 videocassette Employee handbook)  
Video reviews the main hazards of industrial trucks, general principles for safe operation of manual and powered hand trucks (e.g., appropriate dress, pre-operation inspection, knowing load capacity of trucks, parking, etc.) and the specific rules for using two-wheeled hand trucks, four-wheeled hand trucks, pallet movers, and powered hand trucks (walking trucks and walkie riders).- Coastal Video Communications.
- V370 ERGONOMIC F.I.T.: VIDEO 2 - LOOKING AT THE SIGNALS**  
(1/2" VHS 13 min. Color 1995 1 videocassette)  
Program explores the signs and symptoms of common ergonomic-related injuries (neck and shoulders, elbows, wrists, hands and fingers and back). It encourages workers to develop an ergonomic eye to recognize risk factors, such as force or weight, awkward postures, frequency & repetition, duration, and physical signs in order to prevent injuries and take action early. Shows office and industrial environments. – CoreMedia Training Solutions.
- V371 ERGONOMICS: WATCH YOUR BACK (Closed Captioned)**  
(1/2" VHS 15 min. Color 2001 1 videocassette Employee handbook)  
Whether handling patients or working in housekeeping, the office, the laundry, the kitchen, the laboratory, healthcare workers are at risk of developing musculoskeletal disorders (MSDs). The video covers the following topics: structure of the back, symptoms of back problems, risk factors of musculoskeletal

disorders, and safe practices to prevent (MSDs). – Coastal Training Technologies Corp.

**V372 LIFE IS FOR LIVING**

(1/2" VHS 3 min. Color 2000 1 videocassette)

This video is designed to open or close employee safety meetings and help focus the viewer's attention on the long-term consequences of injuries resulting from not following safe practices at home and at work. A wide variety of dramatic mishaps are illustrated, such as traffic crashes, slips and falls, hand injuries, back injuries, eye injuries and electrical mishaps. – Aurora Pictures/Comprehensive Loss Management, Inc.

**V373 CONSTRUCTION STAIRWAYS & LADDERS (Closed Captioned)**

(1/2" VHS 10 min. Color 1992 1 videocassette)

This program covers the safe use of portable ladders, proper ladder setup, inspection and maintenance, safe work practices and construction of job made ladders and stairways. – National Center for Construction Education and Research/Coastal Training Technologies Corp.

**V374 BLOODBORNE PATHOGENS FOR CUSTODIANS (Closed Captioned)**

(1/2" VHS 16 min. Color 2003 1 videocassette Employee handbook)

This video provides general information on three bloodborne pathogens – HBV, HCV and HIV, their transmission in the workplace, the elements of an exposure control plan, reducing the risk of exposure through engineering controls, personal hygiene, personal protective equipment and good housekeeping, and what to do when you or someone else is injured and blood is present. – Coastal Training Technologies Corp.

**V375 MANBASKETS IN CONSTRUCTION**

(1/2" VHS 10 min. Color 1996 1 videocassette)

This program briefly covers the procedures for hoisting personnel using a crane or derrick. It emphasizes the responsibility of each individual involved in personnel hoisting, the pre-lift meeting, inspection and testing of equipment, personnel platforms, loading, crane operations and safe work practices. – Coastal Training Technologies.

**V376 ERGONOMICS FOR SUPERVISORS**

(1/2" VHS 17 min. Color 1998 1 videocassette Trainer's guide)

Provides supervisors and managers with guidelines for developing an effective workplace ergonomics program. Topics addressed include identifying, correcting and preventing ergonomics risk factors and disorders (cumulative trauma disorders, and musculoskeletal disorders), establishing good ergonomic work practices, using ergonomics teams and ergonomics as a part of a continuous improvement process. The prevention of ergonomics disorders includes commitment from management, employee involvement, worksite analysis, implementation of control measures, employee training and workplace monitoring. – Business Training Systems.

**V377 THAT'S WHY YOU WEAR A HARDHAT**

(1/2" VHS 13 min. Color 2004 1 videocassette Leader's guide)

This video uses several injury scenarios and worker and family testimony to drive home the point that most head injuries can be avoided through the proper use of a hardhat. Topics include the importance of 1) protecting the head and brain from injury, 2) always being aware of hazards to the head and 3) maintaining care and a proper hardhat fit. – ERI Safety Video/American Training Resources.

**V378 FIRE SAFETY**

(1/2" VHS 20 min. Color 2000 1 videocassette Trainer's guide)

The following topics are covered in this video: causes of fire, fire prevention tips (e.g. good housekeeping, accessible exits, overloading electrical circuits, proper storage of hazardous materials), what to do if you discover a fire, considerations before deciding to fight a fire, how to identify different types of fires, choosing the correct fire extinguishers, using fire extinguishers and hoses, and basic evacuation procedures. **NOTE: Employees should follow the procedures established in their workplaces.** – American Training Resources.

**V379 DON'T BET ON IT**

(1/2" VHS 15 min. Color 2004 1 videocassette Leader's guide)

This program, through various scenarios, examines some of the reasons employees choose to place their lives in danger so we can learn to recognize and avoid these types of tragic decisions. Some of these reasons include 1) having a false sense of security from years of experience, 2) being distracted while working (rushing, anger, being occupied with outside issues or being distracted by other workers or operations) interferes with your decision-making, impairs your reaction time and places you and others at risk, 3) .showing off, gaining attention from others or horseplay, and 4) thinking about safety when confronted with obvious hazards rather than following safety practices at all times. – ERI Safety Video/American Training Resources.

**V380 SAFETY ORIENTATION: DON'T BE A ZOMBIE**

(1/2" VHS 22 min. Color 1996 1 videocassette Employee handbook)

This video points out some of the hazards that occur in the workplace, thus employees can recognize them and follow safe practices and procedures to avoid injuries and illnesses unlike a "zombie". Topics covered include personal protective equipment; back injuries; slips, trips and falls; hazard communication, bloodborne pathogens, lockout and tagout and fire safety. – Coastal Video Communications Corp.

**V381 WAREHOUSE MANUAL HANDLING: THE NEW APPROACH**

(1/2" VHS 21 min. Color 2003 1 videocassette Training guide)

This program aims at helping workers prevent musculoskeletal disorders (MSD) by explaining the structure of the back, some reasons why back pain occurs, workplace hazards, how to minimize the dangers of manual handling and some pointers on back strengthening and stretching exercises. Case studies with solutions applicable to typical manual handling problems are used to illustrate correct procedures. **Note:** Employees should check with their healthcare professional if they have questions about doing the demonstrated stretches and

exercises. Also, much of the information presented in this video can also be applied to workplaces other than warehouses – Vocam USA LLC.

**V382 SOFT TISSUE INJURY PREVENTION**

(1/2" VHS 22 min. Color 2005 1 videocassette)

Some examples of soft tissue injuries are described, such as sore muscles, sprains, strains, bruises, inflammation, pinched nerves, numbness and tingling. In addition, how these injuries occur and how to prevent them are also covered. Four scenarios (manual material handling, concrete work practices, equipment operation and tool safety) showing unsafe and safe work practices are shown and the importance of total wellness is emphasized. – The Associated General Contractors of American/Zurich NA.

**V383 TAKE THE STEPS: STAIRWAY & LADDER SAFETY FOR THE CONSTRUCTION INDUSTRY**

(1/2" VHS 14 min. Color 2005 1 videocassette)

This video will help the viewer understand the potential hazards of stairways and ladders, explain some industry standards and review techniques and practices for the safe use of stairways and ladders. – The Associated General Contractors of America.

**V384 MAKE THE RIGHT MOVE: MATERIALS HANDLING SAFETY**

(1/2" VHS 14 min. Color 1993 1 videocassette)

Materials on a construction site are moved manually, with manually driven devices such as carts and wheelbarrows, and with heavy equipment such as forklifts, cranes and hoists. This video provides suggestions when using all three methods. It emphasizes the importance of proper storage and securing of the materials for all methods. Pay attention to proper lifting techniques and the use of personal protective equipment when manually moving materials. Briefly covers outdoor storage, hazardous and flammable products, petroleum and steel products, and bagged sacks. – The Associated General Contractors of America.

**V385 SAFETY AND USE OF AIR COMPRESSORS**

(1/2" VHS 13 min. Color 1990 1 videocassette)

The components, safe and efficient use and maintenance of air compressors are explained. Among the topics covered include: use of personal protective equipment; sizes, types, use and storage of air hoses; moving the air compressor; refueling; regulators; pressure gauges and valves; multiple tools from one air compressor; lubrication; and connectors and couplings. – Safetycare.

**V386 SAFE OPERATION OF CHAINSAWS**

(1/2" VHS 14 min. Color 1993 1 videocassette)

Covers some of the procedures necessary for the safe operation of what can be a very dangerous tool. Prior to operating a chainsaw, operators should receive proper training and should follow instructions in the manufacturer's manual. This video reviews preparation of a chainsaw for use; fueling, starting, holding, operating and cleaning a chainsaw; general lumbering; and felling a tree. – Safetycare.



**V387 WHAT GOES UP MUST COME DOWN: DEMOLITION SAFETY**

(1/2" VHS 12 min. Color 1994 1 videocassette)

This video gives an overview of the demolition process and the primary hazards associated with demolition operations and suggests ways that workers can protect themselves and the general public from these hazards. Topics covered include importance of planning (engineering survey and demolition plan), emergency procedures, control areas, handling of hazardous materials, bracing of walls and floors, handling of materials and debris of the demolition; and personal protective equipment. – The Associated General Contractors of America/Comprehensive Loss Management, Inc.

**V388 TAKE CHARGE: WORK SAFELY WITH TEMPORARY ELECTRICITY**

(1/2" VHS 18 min. Color 1991 1 videocassette)

Some general information and practices are presented in this video with an emphasis on being informed about the electricity that you work with each day. To head off problems involving electricity, it is important to follow this three step process: identify, isolate and inspect. To **identify** includes being aware of seen and unseen, unknown hazards, such as by utilizing the one call service, and using a grounded conductor system, such as ground fault circuit interrupters and assured equipment grounding program. To **isolate** includes keeping energized electrical equipment from accidental contact, guarding live parts from access by unauthorized personnel and protecting cords and circuits from undue wear. To **inspect** involves checking the worksite and equipment daily and reporting any problems or hazards immediately. – The Associated General Contractors of America.

**V389 WORKPLACE HOUSEKEEPING**

(1/2" VHS 12 min. Color 2005 1 videocassette Trainer's manual)

Among the many benefits to maintaining good housekeeping in any workplace, a reduction in the accidents and injuries and a reduction in the risk of fire are emphasized. Many examples in different settings are presented to provide general guidelines in an effective housekeeping program, such as those that address slips, trips and falls, obstructions on walking surfaces, problems associated with actual walking surfaces, spills and leaks, waste control and removal and appropriate storage. Good workplace housekeeping is ongoing and is the responsibility for everyone. – Safetycare.

**V390 EFFECTIVE SAFETY COMMITTEES**

(1/2" VHS 17 min. Color 2003 1 videocassette Administrative Materials guide)

Designed for members of the safety committee, the video has 2 parts. Part 1 covers the purpose and importance of safety committees and safety committee procedures, e.g. focusing only on safety items, keeping minutes, working effectively as a group. Part 2 covers the safety improvement process, steps to organize the efforts of the committee, e.g. selecting the safety issues, looking for information related to the issue, clarifying the issue by looking beyond the obvious, brainstorming solutions, developing and implementing a plan of action, gathering feedback and communicating results. NOTE: Video mentions looking at the OSHA 200 to select safety issues; however, the OSHA 300 has been used since 2002. The accompanying guide will help in the creation of a safety committee written program that outlines the steps for establishing and operating

a safety committee and training managers and employees to participate in one. – Comprehensive Loss Management, Inc.

**V391 SAFETY PROGRAM MANAGEMENT: MODULES 1 & 2**

(1/2" VHS 19 min. Color 1995 1 videocassette Administrative Materials guide)  
To make safety a core value and a way of doing business, it is important to establish a safety management program. Module 1 provides guidelines on how to get started (e.g. establish and communicate measurable safety goals, assign responsibilities to management and employees). Module 2 focuses on identifying hazards and implementing controls to help prevent accidents. NOTE: Housekeeping, safe work practices and training are considered administrative controls although mentioned separately in the video. [Also, refer to training requirements in HIOSH standards and to Hawaii Administrative Rules Title 12 Subtitle 8 Parts 2 and 3 and H.R.S. Chapter 396 Section 18 for safety and health program requirements]. – Comprehensive Loss Management, Inc.

**V392 SAFETY PROGRAM MANAGEMENT: MODULES 3, 4, and 5**

(1/2" VHS 18 min. Color 1995 1 videocassette Administrative Materials guide)  
Module 3 addresses the training and communication components of the program. Training is necessary for management and employees and should include classroom instruction, hands-on practice and new employee orientation. It is important to develop methods for employees to communicate, to give feedback and to respond to employees safety concerns. Emergency response procedures and accident management are covered in Module 4. Some of the steps to establish clear emergency response and accident investigation procedures are provided. The video also mentions the development of a return to work program as part of medical management. Because safety is a way of managing business and is an ongoing process Module 5 covers the need to measure and monitor the effectiveness of the program against the identified goals. [Refer to training requirements in HIOSH standards and to Hawaii Administrative Rules Title 12 Subtitle 8 Parts 2 and 3 and H.R.S. Chapter 396 Section 18 for safety and health program requirements]. – Comprehensive Loss Management, Inc.

**V393 LOADER SAFETY & TRAINING #1: INTRODUCTION**

(1/2" VHS 19 min. Color 1993 1 videocassette)  
This video, primarily for operators and mechanics, provides an overview of track and rubber-tire loader uses, concerns and general operation, laying the groundwork for videos #2, 3, and 4. Having the knowledge and skill in fundamentals, forces, principles, techniques and procedures will help in the understanding of loader operations. Some of the topics covered are the commonly used terms of loader operation, the variety of loader uses, start up and shut down procedures, importance of reading the owner's manual, and critical aspects of transmission and brakes. – Equipment Training Resources.

**V394 LOADER SAFETY & TRAINING #2: MAINTENANCE**

(1/2" VHS 18 min. Color 1993 1 videocassette)  
This video is designed to create an in-depth understanding of the loader by breaking it down into its main components and systems (e.g. transmission, cooling system, engine, brakes) and providing some general maintenance requirements. Daily maintenance (greasing, fluid levels and pre-operation procedures) is emphasized and preventative maintenance is covered with

greasing tips and procedures, and methods of keeping contamination out of the oil, fuel, and air supply. – Equipment Training Resources.

**V395 LOADER SAFETY & TRAINING #3: SAFETY**

(1/2" VHS 18 min. Color 1993 1 videocassette)

Presents the common types of loader accidents, including the most frequent that occurs when getting on and off the loader and prevention methods. Areas covered include the use of safe clothing, safety systems, lock out, safety devices, operator safety, the importance of the pre-operation check and how to carry it out and general site safety. – Equipment Training Resources.

**V396 LOADER SAFETY & TRAINING #4: OPERATING TECHNIQUES**

(1/2" VHS 18 min. Color 1993 1 videocassette)

The video explains the fundamentals and forces involved in the operation of loaders. These include: penetration of a wedge [e.g. bucket's cutting edge], driving force, weight, traction, friction, and power. Specific topics covered include: poor operating techniques, bucket use principles and techniques, bucket loading techniques. – Equipment Training Resources.

**V397 JOB SAFETY ANALYSIS**

(1/2" VHS 11 min. Color 2002 1 videocassette Training course manual)

A job safety analysis (JSA) is a tool that helps people to logically examine a particular job or task so that all the hazards associated with that particular job can be identified and assessed and when necessary, suitable control measures can be determined. The aim of a job safety analysis is to document how a particular job should be done safely. Subjects covered in this program include: how a three-step JSA is performed using the form, how to break down a job into its basic steps, hazard identification and assessment, hazard controls and safe work methods, and the benefits that result from the processing of conducting JSA's. Also contains an example (changing a tire) of how a JSA is conducted. – SafetyCare.

**V398 A BIT ABOUT BACKS: MODULE 1: BACK BASICS**

(1/2" VHS 12 min. Color 1993 1 videocassette Instructor guide Employee handbook)

Based on the premise that with knowledge people can make the choices that will help in back injury prevention. Module opens and closes with a brief comedy club act that highlights humorous aspects of back injury and care. This section covers the elements of the back, the "power position" of the spine, the cumulative nature of back injuries and the 24-hour-a-day risks at home, work, and recreational activities. – Comprehensive Loss Management, Inc.

**V399 A BIT ABOUT BACKS: MODULE 2: RISK FACTORS**

(1/2" VHS 13 min. Color 1993 1 videocassette Instructor guide Employee handbook)

Module opens and closes with a brief comedy club act that highlights humorous aspects of back injury and care. Until something goes wrong, most people don't think that there's anything we need to prevent, such as back injury. This module presents some risk factors that can lead to back injury, such as position, force, repetition, stress, physical condition and smoking. – Comprehensive Loss Management, Inc.

- V400 A BIT ABOUT BACKS: MODULE 3: PREVENTION STRATEGIES**  
(1/2" VHS 15 min. Color 1993 1 videocassette Instructor guide Employee handbook)  
Module opens and closes with a brief comedy club act that highlights humorous aspects of back injury and care. Choices that will help to prevent back injuries are presented to the audience in the following areas: sleeping, sitting, standing, lifting, and warming up and stretching. – Comprehensive Loss Management, Inc.
- V401 TAKE 5 FOR HEALTH AND SAFETY: LIFTING, ERGONOMICS, STRETCHING**  
(1/2" VHS 8 -9 min. each Color 2000 1 videocassette Participant handbook)  
Three segments in a talk show format with occupational therapist and injury prevention specialist, Michael Melnik, cover each topic explaining and demonstrating basic principles. The Lifting module emphasizes the need to lift better by observing the following principles: keep it close & keep the curves, staggered stance, build a bridge, feet first and preparation & compensation. The principles in the Ergonomics module are aimed at showing how ergonomics can help to make one's work life easier, e.g. think neutral, minimize force, reduce repetitions, and adjust. The Stretching module presents the following principles: let the body breathe, preparation & compensation, rule of opposites, avoid pain & bouncing and breathe while stretching. – Comprehensive Loss Management, Inc.
- V402 TAKE 5 FOR HEALTH AND SAFETY: SITTING AND STANDING**  
(1/2" VHS 8 min. each Color 2000 1 videocassette Participant handbook)  
Two segments in a talk show format with occupational therapist and injury prevention specialist, Michael Melnik, cover each topic explaining and demonstrating basic principles. The Sitting module principles include neutral postures, support, adjust and movement. The recommendations in the Standing module cover staggered stance, bending the knees, getting a foot up, proper footwear, and movement for improved circulation. – Comprehensive Loss Management, Inc.
- V403 STRETCHING OUT AT WORK**  
(1/2" VHS 12 min. Color 2000 1 videocassette Participant handbook)  
Note: Please consult your health professional prior to doing these stretching exercises if you have any medical condition that may limit your activities. This program, narrated by Michael Melnik, an occupational therapist and injury prevention specialist, is designed to present the benefits of stretching thus motivate employees to incorporate these exercises in the work day to help get ready for work and to help their bodies recover when fatigued. – Comprehensive Loss Management, Inc.
- V404 WORKING SAFELY WITH ELECTRICITY**  
(1/2" VHS 20 min. Color 2000 1 videocassette Guide for Presenters)  
Covers safety practices and procedures for electricians, electrical workers and maintenance personnel working with under 600 volts. Topics included are creating an electrically safe work environment, simple and complex lockout/tagout procedures, following the "limits of approach" [NFPA 70E], using correct protective clothing and equipment required for different operations, and protecting against other hazards, using portable GFCIs, etc. – National Fire Protection Association.

**V405 EMERGENCY RESPONSE: LIFE SAFETY AND EVACUATION**

(1/2" VHS 20 min. Color 2002 1 videocassette Guide for Presenters)

For those in the workplace responsible for the safety of others in an emergency, this program covers the elements necessary to develop and implement procedures for emergency evacuation. The elements include an emergency response plan with the participation of all parties involved, including building management, security and tenants; outlining procedures for responsible personnel, both before and during an emergency, to assure that the plan can be carried out efficiently and effectively; and educating employees in the evacuation plan, including conducting drills and in basic evacuation procedures and building systems that will contribute to life safety during an evacuation. – National Fire Protection Association.