

FOOD AND DRUG ADMINISTRATION

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OBSTETRICS AND GYNECOLOGY DEVICES PANEL

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SEVENTY-FIRST MEETING

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OPEN SESSION

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Tuesday, March 28, 2006

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The Panel met at 9:00 a.m. in the Ballroom of the Gaithersburg Hilton, Gaithersburg, Maryland, Kenneth Noller, M.D., Chair, presiding.

PRESENT:

KENNETH NOLLER, M.D.	Chair
PAULA HILLARD, M.D.	Voting Member
HUGH MILLER, M.D.	Voting Member
JONATHAN WEEKS, M.D.	Voting Member
MARCELLE I. CEDARS, M.D.	Voting Member
HOWARD SHARP, M.D.	Voting Member
JOSEPH SANFILIPPO, M.D.	Voting Member
DIANA ROMERO, Ph.D.	Consumer Representative
ELISABETH GEORGE	Industry Representative
GERALD SHIRK, M.D.	Consultant
SCOTT EMERSON, M.D., Ph.D.	Consultant
NASSER CHEGINI, Ph.D.	Consultant
NANCY SHARTS-HOPKO, R.N., Ph.D.	Consultant
RUSSELL SNYDER, M.D.	Consultant
MICHAEL T. BAILEY, Ph.D.	Executive Secretary
NANCY C. BROGDON	Division Director

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P R O C E E D I N G S

Time: 9:02 a.m.

CHAIRMAN NOLLER: Good morning. I would like to call this meeting of the Obstetrics and Gynecology Devices Panel to order. My name is Ken Noller. I am the Chairperson of this Obstetrics and Gynecology Devices Panel. I am currently Professor and Chair of the Department of Obstetrics and Gynecology at Tufts University and the Tufts New England Medical Center. I am an obstetrician/gynecologist by trade, a generalist.

If you have not already done so, please sign the attendance sheets that are on the tables by the doors, everyone in attendance.

I am next going to ask the Panel members to introduce themselves. I will ask that each states his or her name, area of expertise, position, and affiliation, and I will start with Dr. Cedars.

DR. CEDARS: Marcelle Cedars. I am a Professor at University of California, San Francisco, and the Division Chief for Reproductive Endocrinology, and Vice Chair for the Department of Obstetrics,

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1 Gynecology and Reproductive Sciences.

2 DR. SHARP: I am Howard Sharp. I am an
3 Associate Professor of Obstetrics/Gynecology at the
4 University of Utah. I am Division Chief of General
5 OB/GYN and currently serving as Vice Chair for
6 Clinical Affairs.

7 DR. HILLARD: Paula Hillard, Professor of
8 OB/GYN and Pediatrics, University of Cincinnati,
9 Cincinnati Children's Hospital Medical Center. I do
10 pediatric and adolescent gynecology.

11 DR. CHEGINI: Nasser Chegini. I am
12 professor at the University of Florida, Department of
13 OB/GYN. I am a PhD, and my research interest is in
14 adhesion and endometriosis, and particularly in
15 molecular biology of fibroids.

16 DR. WEEKS: My name is Jonathan Weeks. I
17 am a private maternal-fetal medicine physician,
18 Director of Maternal-Fetal Medicine, Norton Health
19 Care in Louisville, Kentucky.

20 DR. SHIRK: Gerry Shirk. I am in private
21 practice in Cedar Rapids, Iowa, and a clinical
22 Associate Professor at the University of Iowa.

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2 DR. SHARTS-HOPKO: Nancy Sharts-Hopko. My
3 field is maternal, infant and women's health nursing.

4 I am professor and Director of the Ph.D. program in
5 the College of Nursing at Villanova University in
6 Villanova, Pennsylvania.

7 DR. BAILEY: Mike Bailey, Food and Drug
8 Administration, Executive Secretary of the Panel.

9 DR. SNYDER: Russ Snyder. I am a general
10 OB/GYN. I also an a gynecologic pathologist. I am
11 the Division Director of Gynecology at the University
12 of Texas Medical Branch at Galveston.

13 DR. EMERSON: Scott Emerson, a
14 biostatistician and professor of biostatistics at the
15 University of Washington in Seattle.

16 DR. SANFILIPPO: Joseph Sanfilippo,
17 Professor of Obstetrics and Gynecology and
18 Reproductive Sciences. I am Vice Chairman of the
19 Department of Reproductive Sciences and Director of
20 the Division of Reproductive Endocrinology and
21 Infertility, University of Pittsburgh School of
22 Medicine.

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1 DR. MILLER: Hugh Miller, internal fetal
2 medicine, Associate Professor, private MFN and Medical
3 Director of Obstetrics Practice.

4 DR. ROMERO: Diana Romero, Assistant
5 Professor of Population and Family Health, Mailman
6 School of Public Health at Columbia University. My
7 research is in reproductive health policies and
8 reproductive related decision making.

9 MS. GEORGE: Elisabeth George, Vice
10 President of Quality and Regulatory at Phillips
11 Medical, and I am the industry rep.

12 MS. BROGDON: I am Nancy Brogdon. I am
13 not a member of the Panel. I am the Director of FDA's
14 Division of Reproductive, Abdominal and Radiological
15 Devices.

16 CHAIRMAN NOLLER: Thank you. The FDA
17 press contact is Colin Pollard. Colin, if you would
18 rise. If the press has anyone to talk to, please
19 speak to Colin.

20 We will try to run a very orderly meeting
21 today. I ask that no one speak unless they have been
22 -- unless I have asked them to do so or indicated in

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1 some way that they are to speak. For those in the
2 audience, when you speak, please approach the podium
3 and, at least the first time, state your name, and we
4 will get through with affiliations later.

5 We want to run this in an orderly fashion.

6 One of the most important things is that everybody
7 turn off their cell phones.

8 I am next going to turn the meeting over
9 to Dr. Bailey to read some required documents.

10 DR. BAILEY: The remaining tentative Panel
11 dates for 2006 are June 5-6, August 28-29 and November
12 13-14.

13 I will now read into the record the
14 Conflict of Interest Statement for this meeting.

15 The Food and Drug Administration is
16 convening today's meeting of the Obstetrics and
17 Gynecology Devices Panel for the Medical Devices
18 Advisory Committee under the authority of the Federal
19 Advisory Committee Act of 1972.

20 With the exception of the industry
21 representative, all members and consultants of the
22 Panel are Special Government Employees or regular

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1 Federal employees from other agencies, and are subject
2 to Federal conflict of interest laws and regulations.

3 The following information on the status of
4 this Panel's compliance with Federal ethics and
5 conflict of interest laws covered by, but not limited
6 to, those found at 18 USC 208 are being provided to
7 participants in today's meeting and to the public.

8 FDA has determined that members and
9 consultants of this Panel are in compliance with
10 Federal ethics and conflict of interest laws under 18
11 USC 208. Congress has authorized FDA to grant waivers
12 to Special Government Employees who have financial
13 conflicts when it is determined that the agency's
14 needs for a particular individual's services outweighs
15 his or her potential financial conflict of interest.

16 Members and consultants who are Special
17 Government Employees at today's meeting have been
18 screened for potential financial conflicts of interest
19 of their own, as well as those imputed to them,
20 including those of their employer, spouse or minor
21 child, related to discussion at today's meeting.
22 These interests may include investments, consulting,

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1 expert witness testimony, contracts, grants, CRADAs,
2 teaching, speaking, writing, patents and royalties,
3 and primary employment.

4 Today's agenda involves the discussion of
5 clinical trial design issues for new devices intended
6 to treat symptomatic uterine fibroids. Based on the
7 agenda for today's meeting and all financial interests
8 reported by the Panel members and consultants, no
9 conflict of interest waivers have been issued in
10 connection with this meeting.

11 This conflict of interest statement will
12 be available for review at the registration table
13 during the meeting and will be included as part of the
14 official meeting transcript.

15 Ms. Elisabeth George is serving as the
16 Industry Representative, acting on behalf of all
17 related industry, and is employed by Phillips Medical
18 Systems.

19 We would like to remind members and
20 consultants that, if the discussions involve any other
21 product or firms not already on the agenda for which
22 an FDA participant has a personal or imputed financial

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1 interest, the participants need to exclude themselves
2 from such involvement, and their exclusion will be
3 noted for the record.

4 FDA encourages all other participants to
5 advise the Panel of any financial relationships that
6 they may have with any firm at issue. Thank you.

7 I should say that transcripts of today's
8 meeting are available from Neal Gross & Company.
9 Information on purchasing videos can be found on the
10 tables outside the door.

11 Presenters to the Panel who have not
12 already done so should provide FDA with a hard copy
13 and an electronic copy of their remarks, including
14 overheads. Those should go to Karen Oliver. Karen,
15 are you here? To help our transcriptionist, we would
16 like to get a copy of those during our first break.

17 So, hopefully, all of our speakers are
18 here, but as soon as we have our first break, please
19 identify yourself to Karen Oliver, and we would like
20 to try and get an electronic copies to help our
21 transcriptionist out, and also for posting on the Web
22 at a later date. Thank you.

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1 CHAIRMAN NOLLER: Next, Colin Pollard,
2 Chief of the Obstetrics and Gynecology Devices Branch,
3 will make some introductory remarks to the Panel. Mr.
4 Pollard.

5 MR. POLLARD: Thank you, Dr. Noller.
6 Ladies and gentlemen of the Panel, distinguished
7 audience, I first of all would like to welcome you all
8 to our Panel meeting today in this the 100th year of --
9 I can't say the FDA's existence, but if you go into
10 the origins of the FDA's existence, we started
11 regulating products like foods, drugs, devices,
12 etcetera, in 1906, and we are celebrating our
13 Centennial this year.

14 I am very proud of that legacy, and the
15 Panel process itself is an important part of that
16 legacy, so we look forward to a lively and enriching
17 discussion.

18 Before we move to the main item of today's
19 agenda, I'd like to speak briefly about four products
20 where we have had significant developments since the
21 Panel last met, and this is in the area of condom
22 labeling, the STAN fetal heart monitor, the OxiFirst

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1 fetal pulse oximeter, and the LUMA cervical imaging
2 system.

3 Regarding condoms, on November 14 of last
4 year, the Center issued a Notice of Proposed
5 Rulemaking accompanied by a draft guidance document.
6 This proposed rule is asking for more specific
7 information on condom labeling about protection
8 against sexually transmitted diseases, and the main
9 upshot of this change is to highlight that the degree
10 of protection afforded by condoms differs, depending
11 on the STD in question. That is, condoms provide STD
12 protection overall, but they work better against STDs
13 like HIV/AIDS and gonorrhea than they do against STDs
14 like herpes or HPV.

15 The 90-day comment period ended last
16 month, and we received, as you might have guessed,
17 many, many comments. We are reviewing them now, and
18 are developing a plan for response.

19 The Panel met in June and recommended
20 approval of the PMA for the STAN fetal heart monitor,
21 and on November 1 we approved the PMA. Here is the
22 indication for use: An adjunct to conventional

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1 monitoring to determine whether intervention is
2 warranted when there is increased risk of developing
3 metabolic acidosis. As you can see, it is intended to
4 be used for patients with planned vaginal delivery,
5 greater than 36 weeks completed gestation, singleton
6 fetus, vertex presentation, and ruptured membranes.

7 One important thing we did after the Panel
8 meeting was craft language describing the principle of
9 action, and I would like to thank some of the Panel
10 members who helped us in that regard.

11 Briefly, the STAN monitor provides
12 intrapartum information about two aspects of fetal
13 myocardial physiology, myocardial glycogenolysis and
14 myocardial function relating to perfusion and
15 contractile performance.

16 In short, when these changes occur,
17 together with nonreassuring fetal heart rate patterns
18 during labor, the clinician has additional information
19 about the working conditions of the fetal heart, much
20 like stress testing in the adult for coronary
21 insufficiency. The monitor helps the clinician to
22 determine when the stress of labor on a fetus has

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1 progressed to a point where intervention is warranted.

2 The Panel recommended post-approval
3 studies to look at the effect of this new technology,
4 and suggested several key outcomes of interest, such
5 as caesarian delivery rates, perinatal outcomes,
6 etcetera. However, in the end after considering the
7 Plymouth RCT, the Swedish RCT, results from the
8 European Centers of Excellence, and the U.S. bridging
9 studies, we did not believe there was a compelling
10 clinical reason to impose the burden of new post-
11 approval studies on the manufacturer, and did not
12 attach this as a condition of approval.

13 That being said, many of the questions
14 posted by the Panel are real, and we want answers, if
15 and when this technology is adopted. We intend to
16 fully utilize the various post-market methods in our
17 regulatory toolbox to track its performance, and this
18 will include signal detection using our MDR Adverse
19 Event Reporting System, as well as enhanced
20 surveillance using our MedSen Network of 350
21 participating hospitals.

22 We intend to exercise rigorous

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1 epidemiologic review of the published literature, and
2 explore other databases external to FDA that may
3 contain additional useful medical device related data;
4 and depending on our findings, labeling changes or
5 training may be required.

6 We also plan to engage with our colleagues
7 at NIH and professional organizations like SMFM and
8 ACOG to explore ways of tracking this technology as it
9 makes its way, if it makes its way, into clinical
10 practice. We plan to involve them and other major
11 stakeholders in the public health questions that this
12 new technology poses, possibly leading to studies very
13 much like the ones recommended by the Panel.

14 Neoventa, as you know, is based in Sweden,
15 and they are currently working to line up a marketing
16 partner. We expect their market launch to occur
17 shortly, and we will update the Panel periodically on
18 this.

19 Turning next to the OxiFirst fetal oxygen
20 saturation monitoring system: Some of you may
21 remember that six years ago in May of 2000 we approved
22 a PMA for this device, a first of a kind. Shortly

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1 after that, we approved two additional PMAs for
2 manufacturers who licensed the same technology.

3 Even as we gave permission to market this
4 monitor, there remained serious questions about its
5 impact if and when the technology was adopted. We
6 attached a condition to the approval, requiring a
7 manufacturer to either conduct or cooperate in the
8 conduct of clinical studies addressing those
9 questions.

10 The manufacturer supported the first two
11 studies, a general use study and one looking
12 specifically at distortion. They were both completed
13 sometime ago. The last was a large randomized study
14 sponsored by NIH called the FOX trial, a randomized
15 trial involving more than 5,000 patients.

16 The manufacturer provided technical
17 support for this study, and FDA actually provided some
18 additional technical help from Sandy Weininger, a
19 software engineer in our Office of Science and
20 Engineering Labs. This study has now been completed.

21 The results were presented a few weeks ago as the
22 number one paper at this year's SMFM meeting.

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1 The FOX trial failed to show an impact of
2 the technology on Caesarian delivery rates for both
3 the overall population as well as the indicated
4 population of labors with a nonreassuring fetal heart
5 rate.

6 The manufacturer has voluntarily stopped
7 marketing the monitor, although it will continue to
8 provide technical support to customers still using the
9 monitor with remaining disposable centers at hand.
10 The firm will also continue to fulfill other PMA
11 requirements, such as annual reports, adverse event
12 reporting, etcetera.

13 We are now studying the results of the FOX
14 trial to see if key information from the study needs
15 to be included in the labeling for clinicians who
16 still use the monitor, even as we recognize that its
17 use is waning.

18 The LUMA Surgical Imaging System is
19 indicated as an adjunct to colposcopy for the
20 detection of cervical cancer precursors. Last May the
21 Panel recommended that this PMA be disapproved, and I
22 want to briefly review why we decided to approve this

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1 device after all.

2 There were two major clinical studies
3 supporting this PMA. Pivotal Study I was a randomized
4 study comparing concurrent use of colposcopy and LUMA
5 to colposcopy alone. Pivotal Study II was a single
6 arm study looking at the incremental contribution of
7 LUMA at the patient level when used in sequence after
8 colposcopy.

9 PSI involved a little under 2200 women
10 referred with an abnormal PAP smear, randomized to
11 either colpo or colpo plus LUMA. As you know, the
12 study showed no difference overall between the two
13 arms, but we did see an encouraging trend in the ASC
14 and LSIL subgroups.

15 Because we wanted to be able to see the
16 individual contribution of the new technology on top
17 of colposcopy on a per patient basis, we convinced the
18 firm to do Pivotal Study 2, PSII. This study had two
19 co-primary outcome measures, the true positive
20 increment and the false positive increment, with a
21 separate hypothesis for each, as you can see on the
22 slide. The confidence interval for a true positive

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1 increment needed to be above two percent. The
2 confidence interval for the false positive increment
3 needed to be below 15 percent.

4 The firm stopped PSII early for financial
5 reasons, not influenced by any early peak, and this is
6 what we saw: 193 subjects. Colposcopy and LUMA each
7 led to an average of about one biopsy per patient. On
8 the true positive side, colposcopy ID'ed 41 women with
9 true positive disease, and LUMA added another nine.
10 on the false positive side, colposcopy led to 141
11 patients being biopsied, about three-quarters of the
12 population; and on a subject level, there were 100
13 false positives, giving a 51 percent false positive
14 rate. LUMA added an additional 35 patients, giving
15 an 18 percent false positive increment.

16 So remembering the hypothesis, you can see
17 that the confidence interval for the true positive is
18 above the two percent mark. However, the observed
19 increment in false positives, 18 percent, upper bound
20 of 24 percent. That is above the 15 percent mark. so
21 the study missed on this.

22 In short, it met one mark and not the

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1 other, and this is pretty much where things were when
2 we met in May when the Panel recommended disapproval.

3 The main reason given was simply the biostatistical
4 failure of the study to meet one of the two targets.

5 After the meeting, as we continued our
6 review of the PMA, we looked at these two endpoints
7 together as an overall measure of diagnostic
8 performance. We know these two endpoints are not
9 independent and, really, we came to believe that they
10 should be evaluated as a ratio.

11 When you do that, it leads to the finding
12 of the subject level that LUMA used results in about
13 four women biopsied unnecessarily for each woman
14 detected with true disease that colposcopy missed.

15 When we looked at the results this way,
16 we felt the four to one tradeoff really wasn't that
17 far from what we hoped; and when we considered how low
18 the risk an extra biopsy really was, we felt that
19 clinically these results were meaningful and positive.

20 That was a big step for us toward coming
21 to view this device as approvable, not quite as good
22 as hoped going into the study, but not that bad

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1 either. But we wanted to be sure the LUMA technology
2 itself really was doing something that led to these
3 additional true positives.

4 To tackle this, we asked MediSpectra to
5 look at the relationship between the LUMA score
6 generated at the biopsy site in PSII and the
7 corresponding pathology result on that biopsy.
8 Clinicians don't see these numbers, but the LUMA
9 scores are generated by the system algorithm and used
10 to create the false color image of the cervix that the
11 colposcopist actually does see.

12 From this analysis, the firm was able to
13 show that the LUMA score has a direct and significant
14 relationship to the probability of a CIN II/III biopsy
15 with a higher LUMA score, indicating a higher
16 likelihood that the biopsy will be positive.

17 The analysis also looked at this finding
18 as a function of whether the biopsy was taken because
19 of colposcopy or because of LUMA, and our analysis
20 showed a large interaction effect, indicating that the
21 previously described relationship was even larger in
22 the LUMA phase than in the colpo phase.

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1 One way of looking at these findings
2 represented with this slide is that, for every 25
3 percent increase in the LUMA score, for instance, the
4 odds of a positive biopsy is estimated to increase 2.6
5 during the LUMA procedure, compared to an increase of
6 half that much when taken during the colposcopy phase.

7 This large effect difference in the LUMA phase led us
8 to believe that the LUMA is effective as a valuable
9 adjunct to colposcopy.

10 Now there was one other question we
11 considered as part of the continuing review of this
12 PMA after the Panel meeting, namely: Would simply
13 taking an extra biopsy have led to the same result?

14 This was not a reason cited by the
15 panelists, but we felt it was a reasonable question to
16 ask. Only that morning we heard data from the ALTS
17 trial to the effect that, not too surprising when you
18 think about it, the more biopsies you take with
19 colposcopy, the better the sensitivity.

20 How do we know that we are not looking at
21 such an effect when we look at true positive increment
22 from the LUMA technology in PSII? The simple answer

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1 is we don't know. From the beginning, PSII wasn't
2 designed to answer that question. Even if the study
3 had been completely successful and the results led to
4 rejection of the LUMA for both endpoints, we still
5 would not know the answer to that question.

6 In the end, we felt that it wasn't fair
7 for a PMA approval to turn on this question, because
8 it was not, and still is not, the standard of care for
9 colposcopy.

10 My understanding is that ASCCP is
11 currently exploring whether and how colposcopic
12 practice and training should be changed to account for
13 these new findings, but it wasn't clear to us just how
14 this would be done, or should have been done, in a
15 clinical trial of a new adjunctive technology without
16 introducing selection bias or how such results should
17 be interpreted.

18 We decided that this point could be
19 adequately mitigated by information provided in the
20 professional labeling.

21 I would also like to touch on four other
22 issues voiced by the Panel. Some panel members

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1 expressed concern that results from PSI and PSII only
2 represents that attainable by the most highly
3 experienced colposcopists. What happens when LUMA is
4 used by less experienced clinicians?

5 In fact -- and this information was not
6 presented at the Panel -- the 50 or so clinicians who
7 used colposcopy and LUMA in PSI and II represented a
8 wide range of colposcopy experience fairly equally
9 divided.

10 Some of the Panel thought the data should
11 have differentiated between CIN II and CIN III, but
12 per the 2001 consensus guidelines in effect when the
13 study was designed, and even today, CIN II/III -- even
14 today, to our understanding, CIN II/III is managed the
15 same way, and biologically CIN II is more like CIN
16 III, and because of this many path labs no longer
17 separate CIN II from CIN III, and most have moved to a
18 two-tier terminology.

19 A couple of panelists were concerned that
20 use of LUMA will lead to more LEEPs in younger women
21 and, frankly, we saw this point as the practice of
22 medicine -- that is, what do GYNs do when they get a

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1 particular diagnosis back from the path lab? -- not a
2 consequence of use of this device.

3 Then and now, GYNs want to know the true
4 disease status of their patients, and they get that as
5 pathology results from the biopsies. What they do
6 with that information is practice of medicine.

7 Finally, some of the Panel was concerned
8 that clinicians won't follow the always/never rule,
9 namely always do colposcopy thoroughly first, select
10 your sites and never subtract them based on the
11 adjunct technology.

12 We did not see this as a reason not to
13 approve the PMA, but we did ask MediSpectra to
14 implement some screen annotation software to
15 facilitate and encourage physicians to use the
16 technology appropriately, and training also
17 underscores this approach.

18 So to wrap up the question of why we
19 approved this PMA, I just want to say that we
20 understand our decision was based on post hoc
21 analyses, not pre-specified in the study design, and
22 we understand what that means about its biostatistical

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1 underpinnings -- that is, observational findings
2 supported by descriptive statistics versus
3 probabilistic inferences; and we appreciate that some
4 of these analyses were ones that the Panel did not
5 have access to at the time. We did not believe it
6 appropriate to bring the PMA back to the Panel.

7 It was not an easy decision, but one taken
8 in its totality. We found the data to be persuasive.

9 That is, the LUMA system identified areas on the
10 cervix with higher probability of true disease, and
11 more importantly, when viewed as a tradeoff between
12 false positives and true positives, use of this
13 technology led to detection of more true positives at
14 an acceptable cost of about one extra biopsy per
15 patient.

16 Finally, I want to briefly summarize a few
17 of the key elements of the PMA approval itself.
18 Labeling, clearly and unequivocally, defines use of
19 the technology as a thorough colposcopy first with
20 commitment to biopsy sites, followed by evaluation of
21 the LUMA image and identification of any additional
22 biopsy sites, without subtracting any committed to by

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1 colposcopy. And as I mentioned, MediSpectra has
2 implemented new software that facilitates this device
3 use sequence, something we call the "always/never
4 rule." That is, screen prompts essentially require
5 the colposcopist to mark his or her biopsy sites from
6 the colposcopy exam before proceeding on to the LUMA
7 procedure.

8 Labeling and training make it clear that
9 colposcopy catches some disease that LUMA misses, and
10 vice versa. The labeling also clearly indicates that
11 use of the LUMA technology will inevitably lead to
12 additional biopsies, and that it is unknown whether
13 additional colposcopically directed biopsies would
14 yield comparable results.

15 As I mentioned, training was implemented
16 to underscore these aspects of the device use.
17 Finally, a major condition attached to approval of
18 this PMA is the requirement to conduct a post-market
19 study to help answer some of the remaining questions
20 about this technology.

21 The study will enroll nearly 1,000
22 subjects to ensure 800 evaluables when finished, and

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1 it will address reader variability, the effect of age,
2 colposcopy experience and HPV status on diagnostic
3 performance, and it will also provide diagnostic
4 information again with larger numbers and a tighter
5 confidence interval.

6 I would like to next move on to today's
7 agenda, and that is the topic of symptomatic uterine
8 fibroids, new treatment technologies and clinical
9 trial design.

10 I don't intend this to be very long. I
11 want to give just a brief overview of the problem,
12 give a quick snapshot of the kinds of technologies we
13 are looking at, a few aspects of the problems that we
14 encounter when we look at clinical trial design, and
15 what we are really asking the Panel to do; and we also
16 have scheduled immediately after this an open public
17 hearing where we will hear from a number of the
18 developers and other stakeholders in this question.

19 We will not be talking about a more
20 regulatory type question of whether different devices
21 should go 510(k) or PMA. That is really not the topic
22 at hand.

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1 So very briefly, as you are far more aware
2 than I am, symptomatic uterine fibroids are a major
3 problem in the U.S., complex symptomatology and a
4 leading indication for the more than 600,000
5 hysterectomies in this country every year. They have
6 a complex constellation of anatomical manifestation as
7 well as symptomology. The biology is not that well
8 understood, and how to evaluate treatment success is
9 not well established.

10 I have listed here a variety of the
11 technologies that we are now encountering. Many of
12 these you have seen in the published literature
13 already: Radiofrequency RF myolysis performed
14 laparoscopically; cryomyolysis, typically performed
15 laparoscopically; and interventional radiology over
16 the last five-plus years has actively engaged in the
17 area of treating uterine fibroids, most notably in the
18 aspect of uterine artery embolization but also with
19 focused ultrasound, cryomyolysis, and RF. Finally, we
20 are also looking at devices for vascular clamping or
21 uterine artery ligation.

22 I am highlighting a few points that I am

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1 sure are going to come out in your discussion, but
2 some of the things that make the problem more
3 difficult is the fact that fibroids vary quite a bit
4 in terms of the number of fibroids an individual
5 patient has, where they are located, the size of each
6 of those fibroids, and that in turn leads to a
7 multiplicity of symptoms and then begs the question,
8 what are the study endpoints that should be chosen for
9 a given clinical trial.

10 Regarding randomization, the aspect of
11 perceived morbidity can be challenging in that, from a
12 practical point of view, to run a randomized trial you
13 have to be able to offer the subject something that
14 they are reasonably going to want to get into in a
15 randomized fashion.

16 Finally, the issue of the device as a tool
17 versus a treatment. All of you are very familiar with
18 myomectomy, and some of the devices that you have seen
19 are really essentially an extension of the surgeon's
20 hands, really, and far more surgical skill is
21 involved.

22 It is a different matter when we are

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1 talking about either infarcting or ablating the
2 fibroid itself and leaving it there and counting on
3 the symptoms to reside.

4 We, as you can well imagine, get
5 approached by many of the different companies and
6 developers who are working on these different
7 technologies, and it is important for FDA to really
8 zero in on what are the important questions that need
9 to be asked and answered, and how much of that needs
10 to be done in the pre-market setting versus the post-
11 market setting.

12 A few other sort of regulatory aspects
13 that I am sure you can appreciate but may not think of
14 all the time is, number one, we are bound under the
15 statute to impose the least burdensome approach that
16 still leads to clinically significant results, and so
17 it really gets down to the "nice to know" information
18 versus the "need to know" information. What do we
19 really need to know?

20 The aspect of an even playing field, as
21 you can imagine: We are regulating industry. Is it a
22 competitive world, and people need to understand and

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1 appreciate and feel like they are playing with
2 fairness.

3 Just briefly, what have we used in the
4 past? We touch on this in the background package that
5 we provided to you about a month ago, and looking at
6 endpoints. We have looked at bleeding scores,
7 pictorial blood loss, blood loss assessment charts,
8 and the like.

9 We have looked at quality of life
10 instrument. For pain, there is the Ruta Menorrhagia
11 QoL, and there is a fibroid-specific QoL. There are
12 contrast enhanced MRI images that are taken right
13 after procedures, as well as downstream several
14 months, and an endpoint that is used in conjunction
15 with bleeding over with our colleagues in Drugs is did
16 that patient ultimately need to return for surgery,
17 and then that would be attached to a particular time
18 spot or multiple time spots downstream from the
19 procedure, or in that case the drug.

20 There is the question of controls in two
21 UAE trials. In one focused ultrasound trial we
22 allowed firms to use a nonrandomized control group

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1 with hysterectomy, but as you know, when one of those
2 came before the Panel as a PMA, there were some real
3 questions about the value added of a nonrandomized
4 arm, and the issue of follow-up and, obviously,
5 there's post-procedure follow-up issues as efficacy
6 follow-up. We have looked at efficacy at six months,
7 one year and three years.

8 So why do we have you here today?
9 Obviously, you have had a chance to review the papers
10 in the background package, and I would highlight that
11 those were just some selected papers from a much, much
12 wider body of literature on fibroids.

13 We are asking you to listen to all of the
14 speakers this morning who are developing products and
15 clearly have a stake in this, describing their
16 products and the clinical trial issues that are before
17 them and before us; and using our prepared discussion
18 questions as a framework to help us answer the sort of
19 overarching question of what type or types of studies
20 are needed to answer the most important questions.

21 I am going to quickly review the questions
22 themselves.

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1 Question 1 is speaking to the primary
2 symptom being bleeding, but other symptoms are pain,
3 urinary problems, infertility, bulk symptoms. We are
4 looking for you to discuss what do you think is the
5 most appropriate parameter to use in evaluation of
6 device effectiveness, and list a few of the
7 possibilities.

8 Question 2, to talk about specific
9 inclusion or exclusion criteria which should be made
10 part of the study design, including minimum or
11 appropriate baseline scores, measurements or symptom
12 levels.

13 For each important outcome measure,
14 discuss what would be an acceptable definition of
15 individual patient success post-treatment, and when
16 that measurement should be assessed.

17 Question 4 speaks to the issue of a
18 control. As I mentioned, for some products that can
19 be a difficult matter. At our panel meeting two years
20 ago, the notion of a sham control was posed for the
21 focused ultrasound-type device, but many other
22 technologies, a sham control is not possible. So we

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1 are asking you to discuss other control options,
2 myomectomy, UAE, or no control, the patient serving as
3 her own control. What is the role of randomization?

4 Question 5: We are asking for you to
5 think about and discuss the notion of the study
6 success as opposed to individual patient success. How
7 good is good enough when the study is done? Please
8 comment on what would be the minimally accepted
9 percentage of treated patients who would meet the
10 individual patient success criteria; and if it is a
11 controlled study, comment on whether there is a
12 minimum difference between the percentage of
13 successful patients in each arm that would be needed
14 for the study to be called a success.

15 Finally, we are asking you for some
16 discussion of the time frame for evaluating these
17 efficacy parameters.

18 Thank you very much, Dr. Noller and Panel
19 members, and we look forward to an interesting and
20 lively and, hopefully, fruitful discussion.

21 We are not asking for a vote on the
22 matters. There is no application before you. We are

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1 hoping to see a discussion of the issues. If some of
2 them are converging on a consensus, that's great. If
3 other ones seem to camp out in two or three other
4 locations, even that will be helpful information as
5 well. Thank you very much.

6 CHAIRMAN NOLLER: Thank you, Mr. Pollard.

7 Now we are a few minutes ahead, but as
8 soon as I finish a little bit here we are going to
9 take a break. But I want to speak to the eight
10 presenters that have identified themselves.

11 We are on a strict time schedule today,
12 and each of you have been asked to speak for five
13 minutes, and we will hold you to five minutes. This
14 is not exactly like when you are presenting your
15 product the PMA panel discussion where we want to hear
16 everything you have to say. We only want to hear five
17 minutes of what you have to say.

18 So I will tell you when it is five
19 minutes, and we expect you to say thank you and sit
20 down.

21 Also, we have numbered chairs in the front
22 row, one through eight. The order is Dr. Alikacem,

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1 Dr. Burbank, John Greenbaum, Dr. Gee, Dr. Grossman,
2 Dr. Tay, Dr. Cowan, Dr. Venbrux.

3 We would like you to sit in those chairs.

4 We are going to use the on-deck sort of thing.
5 During the break, we would like Dr. Alikacem to have
6 his computer set up. We would also like to have Dr.
7 Burbank sitting at the table with his computer set up.

8 As each person goes up to speak, the next person hook
9 up their computer.

10 If we don't do that, you'll only get about
11 three minutes, because we all know changing computers
12 takes time.

13 During the break, all of the speakers,
14 eight speakers, will need to talk to Karen Oliver.
15 karen, raise your hand again in case some people came
16 in late. There's Karen. You need to submit an
17 electronic copy of the presentation for web posting
18 and to be included in the record of the meeting.

19 I have right now 16 minutes to 10. We
20 will break until 10:00 a.m. Thank you.

21 (Whereupon, the foregoing matter went off
22 the record at 9:47 a.m. and went back on the record at

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1 10:04 a.m.)

2 CHAIRMAN NOLLER: Okay. We are reconvened
3 now. We will proceed with the open public hearing
4 portion of the meeting. Prior to the meeting, eight
5 organizations and manufacturers asked to speak. They
6 will speak in the order of their request, and each
7 organization and manufacturer has five minutes to
8 address the Panel.

9 I will now read the open public hearing
10 statement. Speakers, please pay attention to this.

11 Both the Food and Drug Administration and
12 the public believe in a transparent process for
13 information gathering and decision making. To ensure
14 such transparency at the open public hearing session
15 of the Advisory Committee meeting, FDA believes that
16 it is important to understand the context of the
17 individual's presentation.

18 For this reason, FDA encourages you, the
19 open public hearing speaker, at the beginning of your
20 written or oral statement to advise the committee of
21 any financial relationship that you may have with the
22 sponsor -- a sponsor, its product and, if known, its

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1 direct competitors.

2 For example, this financial information
3 may include the sponsor's payment of your travel,
4 lodging or other expenses in connection with your
5 attendance at the meeting.

6 Likewise, FDA encourages you at the
7 beginning of your statement to advise the committee if
8 you do not have such financial relationships. If you
9 choose not to address this issue of financial
10 relationships at the beginning of your statement, it
11 will not preclude you from speaking.

12 Our first speaker is Dr. Nadir Alikacem.
13 Five minutes, please.

14 DR. ALIKACEM: Good morning, ladies and
15 gentlemen, members of the Panel, members of the FDA.
16 I would like to thank you for this opportunity.

17 I am Nadir Alikacem. I am the Pole
18 Manager for InSightec North America. Our product is
19 called ExAblate 2000. This is a MR guided focused
20 ultrasound device.

21 In devising our studies, this is a device
22 that has already been approved by the FDA through a

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1 PMA regulatory path. In devising our studies, we
2 looked at what are the device procedure requirements.

3 We looked at we need to have an outpatient procedure,
4 a procedure that offers an alternative to invasive
5 surgery for certain specific type of patients, based
6 on certain specific inclusion/exclusion criteria, a
7 procedure that offers next day return to normal life,
8 management of symptom relief, as well and most of all,
9 a real time treatment visualization and control.

10 What is MR guided focused ultrasound?
11 This is a marriage of two technologies. One is the
12 high intensity focused ultrasound that has been around
13 since the Forties, and the MR component is used
14 extensively clinically for imaging perspective.

15 The marriage of the two technologies
16 produced ExAblate 2000, and the ExAblate 2000 device
17 is illustrated here for your interest. The treatment
18 basically consists of ablating the tissue -- the soft
19 tissue while monitoring the treatment in real time.

20 What is focused ultrasound? Focused
21 ultrasound basically focuses the heat at very well
22 targeted spots using MR feedback to ablate that

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1 particular spot.

2 Why do we think MR guidance and control is
3 important? First of all, treating uterine fibroids
4 must have a real capability to provide you with three-
5 dimensional anatomic information of the exact location
6 and surrounding anatomy of the target.

7 The MR allows you also, which is a very
8 important aspect of the device, is to provide beam
9 visualization during the treatment and during the
10 planning of the treatment.

11 The other very important component, not
12 only from efficacy perspective but also from safety
13 perspective, is real time MR thermometry that can be
14 achieved during the treatment itself.

15 Finally, once the treatment is completed,
16 then MR can provide you with a real time outcome of
17 what was performed during the treatment.

18 3D anatomy can be used. Why is it
19 important? The MR provides you with a full view of
20 the area of interest. That includes the entire
21 anatomy surrounding the fibroid. Most of all, it
22 provides you the feedback from three main directions,

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1 providing you with three-dimensional information for
2 your planning and tailoring the treatment according to
3 the patient's anatomy.

4 The second element is beam visualization.

5 This is very important, because each patient is
6 different. Patients have surgical clips. Patients
7 have scars. Patients have different various elements
8 of anatomy near and around the fibroid that needs to
9 be identified and dealt with appropriately.

10 The MR thermometry: This is a very key
11 element, because MR thermometry not only provides a
12 feedback of the target itself, but also it allows you
13 to sample the entire field of view with respect to how
14 well the treatment is performed and what is the safety
15 factor during that treatment.

16 When looking at the target itself, you can
17 see that focused ultrasound targeted area is very well
18 contained within the target, and the MR thermometry
19 reflects that distribution of heat and temperature
20 across the target that was planned for.

21 The treatment outcome is also measurable
22 by MR contrast enhanced protocols. This is an

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1 important parameter, because it has the potential to
2 play a very important role in the follow-ups as well
3 as measuring that as a surrogate parameter for symptom
4 relief.

5 What are the study endpoints for any
6 clinical trials for device? The study endpoint must
7 take into account management of patient symptoms as
8 well as management of patient lifestyle. The patient
9 population that are interested in these minimally
10 invasive -- or noninvasive technologies are those that
11 are highly educated people, want to go back to their
12 quality of life.

13 The second very important element in any
14 study for the device is that the study must take into
15 account the lifetime of a device, as well as its
16 continuous R&D innovation. This is very important
17 aspect, because every treatment is a unique treatment,
18 and the information are captured and factored in
19 during the R&D continuous innovation process.

20 CHAIRMAN NOLLER: Time, please.

21 DR. ALIKACEM: Thank you.

22 CHAIRMAN NOLLER: Next, Dr. Burbank.

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1 Good morning. My name is Fred Burbank. I
2 am the Chairman of the Board of Vascular Control
3 Systems and one of the primary inventors of the
4 Flostat System. So I definitely have a conflict of
5 interest describing this system.

6 I am going to try to quickly describe what
7 I believe are the clinical endpoints for global
8 treatment of uterine fibroids using the Flostat
9 System. This system is developed to allow
10 obstetricians and gynecologists to identify and
11 control the uterine arteries without surgery
12 transvaginally.

13 The system is comprised of three primary
14 elements: A transceiver ultrasound box that does not
15 generate energy or heat; a guiding tenaculum and a
16 vascular clamp that -- All three elements have been
17 cleared in separate 510(k)s.

18 The tenaculum attaches to the cervix to
19 guide the vascular clamp to the area of the uterine
20 arteries in the three o'clock and nine o'clock
21 position. When advanced along the guiding tenaculum,
22 the clamp can fold the uterine arteries posteriorly

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1 and superially and, when closed, can occlude the
2 urinary arteries for a brief period of time.

3 Fibroid symptoms are not like DOVE
4 symptoms. Women who have fibroids do have menorrhagia
5 in the main, measured by an acceptable menorrhagia
6 scale. In addition to that, they have bulk symptoms
7 measured by quality of life instruments or by uterine
8 imaging.

9 We believe that a woman who seeks our
10 global therapy will seek to have the three following
11 criteria met: Continue to have menstrual cycles, not
12 lose her periods; have reduced menstrual blood flow,
13 measured by some menorrhagia scale; and have
14 improvement in quality of life related to the
15 treatment.

16 Just as a foot note, menorrhagia uterine
17 volume when treated by UAE are not covariates.
18 Menorrhagia can improve in one patient and have no
19 change in the uterine volume, and vice versa.

20 Women with fibroids do not have normal
21 periods. This is shown by the only population based
22 study of fibroids published by Donna Day Baird and her

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1 colleagues, who show that women who have fibroids have
2 abnormal periods.

3 Women who have fibroids probably fall
4 along a menstrual blood loss curve that looks like the
5 red line. The normal distribution of menstrual blood
6 loss, as measured by the alkaline hematin method is in
7 the normal area here. A woman who has fibroids may be
8 asymptomatic for years during her life. At some
9 point, she may move from asymptomatic of menorrhagia
10 to a symptomatic menorrhagia.

11 Let's say she goes from 150 milliliters of
12 blood loss per menses to 200. If during the therapy
13 she was brought back to 150 and she said to us, my
14 menstrual blood loss can be controlled by my methods
15 of sanitary napkins and tampons, I'm okay with this,
16 then she would be considered a success by us.

17 Metrics used to measure menorrhagia
18 include a Ruta scale and the PBLAC scale. Quality of
19 life metrics are well known. We have used the two
20 outlined in purple.

21 The Ruta scale was developed in Scotland
22 and has shown to be valid and reliable. It has high

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1 patient compliance. We have chosen it because of
2 those features.

3 Our pilot data indicates that women who
4 have been treated with our system, 40 subjects in
5 Canada, have had 100 percent return to continued
6 menstrual cycles. Of those who had menstrual cycle,
7 which is the entire population, 81 percent had a 50
8 percent or greater reduction in their menorrhagia
9 score on the Ruta scale. Of those that had passed
10 hurdles 1 and 2, 80 percent had experienced
11 improvement in quality of life on the SF-12
12 questionnaire.

13 We believe the success for an individual
14 fibroid patient is like a relay race over a hurdle.
15 One must cover hurdle number one, which is continued
16 menstrual blood flow during your periods. Menstrual
17 two is your blood flow decreases an acceptable level
18 for that woman, not to the normal level -- these are
19 not normal when they have fibroids -- and that she
20 have an improvement in her quality of life, and that
21 she must have success in all three in order to be
22 considered a successful outcome with our device:

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1 Retain menstrual cycles; clinically significant
2 decrease in menstrual blood loss on a validated scale,
3 and there are two validated scales to choose from; and
4 clinically significant improvement in quality of life,
5 and there are two quality of life -- there are three
6 quality of life scales that are relative to fibroid
7 patients.

8 We believe that clinically significant
9 must be balanced against treatment complexity and
10 morbidity. This multi-step criteria, three hurdles
11 for any individual patient, has been reviewed by
12 Doctors Munro, Hutchins, Brill, Gimpleson and Lauffer,
13 and they have written reviews to the FDA indicating
14 that this is an acceptable criteria for outcome.

15 We have been in the FDA's process for
16 approximately one year. We have worked through many
17 issues with them, and we have not been able to come to
18 agreement on what is patient success for an individual
19 patient for a woman who has fibroids. Thank you very
20 much.

21 I'll be here all day, if I am asked to
22 come back and answer questions.

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1 CHAIRMAN NOLLER: Thank you so much.
2 Thank you for staying on time.

3 John Greenbaum will be next.

4 MR. GREENBAUM: Okay. My name is John
5 Greenbaum, and I am an independent consultant. Right
6 now, I am compensated by Biocompatibles U.K. Ltd., and
7 the product is distributed by Terumo Interventional
8 Systems.

9 They are makers of embolization agents
10 called GelSpheres, BeadBlock. They make LC Bead and
11 Precision Beads. They are small microspheres, ranging
12 from 100 micron size to 1,000 microns and, in
13 particular for uterine fibroid embolization, the beads
14 are put into the uterine artery. There is thrombus
15 formation, and the fibroid infarcts or shrinks down.

16 The product is pre-packaged in a pre-
17 filled syringe. It contains a blue dye, and they are
18 color-coded based on the size of the beads that are
19 used.

20 In the case of uterine fibroid
21 embolization, the company intends the label the
22 product for nothing smaller than 500 micron. Here is

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1 a chart that is hard to see, but it does reflect the
2 different colors for the syringes, their caps, and the
3 labeling for the different sizes of embolization
4 beads, which is very important.

5 BeadBlock are compressible microspheres.
6 They are 90 percent water, 10 percent PVA. The
7 formability depends on the size of the bead, but as
8 you can see in this particular case, there is the
9 geometry of a sphere inside, I believe, a three-inch
10 catheter lumen.

11 I want to talk a little bit about the
12 indications for use. Right now, and since 2002,
13 GelSpheres and BeadBlock have been cleared with this
14 indication for use you see up here. They are intended
15 for embolization of hypervascular tumors and
16 arteriovenous malformations .

17 They were originally cleared as Class III
18 devices before FDA put out the special controls
19 guidance on embolization devices, and it was a
20 substantial equivalence 510(k). They were equivalent
21 to two predicate devices, EmboSpheres, Microspheres
22 and contour emboli PVA microspheres, and that was in

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1 2002. They were cleared for both neurovascular and
2 vascular embolization.

3 I am a little confused as what's changed.

4 We are here to talk about the design of clinical
5 trials for devices used in uterine fibroid
6 embolization. In December 2004 after about a 10-month
7 review period on a guidance -- a draft guidance, FDA
8 published a special controls guidance reclassifying
9 these devices as Class II special controls, after a
10 thorough evaluation of safety and effectiveness,
11 including uterine fibroid embolization.

12 In the meantime, physicians have rapidly
13 adopted the use of embolization agents for uterine
14 fibroid embolization. It goes on today every day. In
15 the guidance document that FDA published, they
16 defined the vascular embolization device as intended
17 to control hemorrhaging due to aneurysms, certain
18 types of tumors, and included in that were uterine
19 fibroids and arteriovenous malformations.

20 These are neurological embolization
21 devices as well, and a neurological embolization
22 device was defined by FDA as intended to permanently

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1 occlude blood flow to cerebral aneurysms and cerebral
2 arteriovenous malformations.

3 Now I know we are here to talk about
4 uterine fibroids. FDA also stated in the guidance
5 document that FDA believes that the risks to health
6 associated with the intended uses of vascular
7 embolization and the neurovascular embolization
8 devices are the same. That is in the guidance
9 documents.

10 Then the guidance goes on to discuss, in
11 accordance with the least burdensome provisions of the
12 Act, FDA will rely upon well designed bench testing
13 and/or animal testing rather than requiring clinical
14 studies for new devices unless there is a specific
15 justification for asking for clinical information.

16 So here we are, these two firms -- and I
17 do represent other firms and competing businesses, but
18 this is specifically for Biocompatibles -- trying to
19 obtain a 510(k) approval in accordance with a guidance
20 where the company has already obtained a five percent
21 clearance based solely on preclinical and laboratory
22 data with no clinical study for much higher risk

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1 procedures in neurological embolization.

2 I repeat that is a little bit of a dilemma
3 to us. Higher risk uses such as treatment of
4 neurological AVMs are cleared on the basis of bench
5 and preclinical testing alone. The safety record of
6 embolization devices in these uses has been clearly
7 established in the published literature.

8 CHAIRMAN NOLLER: Time, please.

9 MR. GREENBAUM: I thank you very much for
10 your time.

11 CHAIRMAN NOLLER: Thank you. Next will be
12 Dr. Phyllis Gee.

13 DR. GEE: Good morning, distinguished
14 Panel and guests. Dr. Phyllis Gee. I am a practicing
15 gynecologist in Plano, Texas, and Medical Director for
16 the North Texas Uterine Fibroid Institute, and I
17 actually do perform MR guided focused ultrasound, and
18 I am accompanying Nadir Alikacem today to speak about
19 MR guided focused ultrasound.

20 I am also a principal investigator for
21 InSightec.

22 MR guided focused ultrasound -- think Dr.

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1 Alikacem did a great job of kind of explaining it
2 briefly, but basically it is similar to how a
3 magnifying glass focuses light energy. High frequency
4 sound waves are focused to a point, and at that point
5 the energy density generates high temperatures that
6 are then able to heat tissue and destroy it or ablate
7 it.

8 During the procedure, the MRI is used to -
9 - both for preplanning of the procedure and as
10 providing imaging during the procedure itself to
11 demonstrate the anatomy as well as temperature
12 feedback of the treatment.

13 I think that there are a couple of
14 different perspectives that I want to kind of promote
15 today. One is to speak on behalf of the patients that
16 I have been treating, and then on behalf of my
17 colleagues. But from a patient perspective, what
18 patients are looking for are treatments that provide
19 good symptom relief, that concentrate rather on
20 symptom relief than actually eliminating the fibroids
21 or the disease itself, also that tend to be less
22 destructive to the body or less invasive, minimally

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1 invasive, and don't require removal of organs.

2 They are also looking for low incidence of
3 adverse events that don't require additional medical
4 visits or procedures and follow-up, and they want
5 procedures that are less disruptive to their way of
6 life. So a quick recovery from the procedure and a
7 rapid return to normal function.

8 From a physician perspective, as a
9 practicing gynecologist what we as providers are
10 interested in, in all of these different modalities,
11 is that the procedure is, number one, safe and is low
12 risk -- offers low risk of patient injury.

13 We also want robust treatment efficacy --
14 so something that is going to provide good symptom
15 relief and be sustainable. We want something that is
16 going to treat the patient's symptoms with fairly
17 prompt improvement, that provides real time feedback
18 is, I think, idea, and also offers immediate
19 assessment of the treatment outcome so that you can
20 fairly well predict what you expect the patient's
21 recovery will be, a noninvasive or minimally invasive
22 procedure that renders the organ not necessarily to be

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1 removed, I think I stated, and excellent patient
2 satisfaction.

3 We also want a procedure that does not
4 preclude patients from having other options in the
5 future.

6 This is a graph that basically summarizes
7 the trials involving the ExAblate 2000. This
8 highlights the goals of the treatment which follow
9 symptom, quality of life, surveys that the patients
10 would fill out.

11 Starting with treatment, the initial
12 pivotal trial which is in pink shows the initial 109
13 patients that were initially enrolled for six months,
14 and those patients were treated. The goal was to
15 treat 30 percent of the tumor -- to have 30 percent of
16 the tumor nonperfused. Most of this limit was placed
17 on the device, because the primary concern was for
18 safety, and we wanted to see what the safety would be.

19 The purple line, or blue line, depending
20 on your color, is the continued access one where these
21 patients actually had -- After the pivotal trial had
22 been closed, these patients were continually enrolled

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1 with the same treatment protocol. However, line 3 is
2 the continued access 2 which is where there was an
3 enhancement of the treatment that was approved by the
4 FDA so that larger portions of the tumor could be
5 treated.

6 As you can see here, the initial
7 improvement is significantly improved based on the
8 amount of tumor that you can treat, and actually that
9 is continued even out past the initial dropoff here.
10 So you will see continuous improvement.

11 So basically, I am here to say that any
12 design for future treatments should include all of
13 these elements and are very important to patients as
14 well as clinicians. Thank you.

15 CHAIRMAN NOLLER: Thank you. Next, Dr.
16 Jessica Grossman.

17 DR. GROSSMAN: Hi. I am Dr. Jessica
18 Grossman. First, I would like to say it is an honor
19 to present to such an illustrious panel.

20 I am President of a company, a new
21 company, called Gynesonics. I founded the company in
22 January of 2005. So we are really quite new. I am a

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1 physician. I was trained in OB/GYN, and we are very
2 early stage. We are developing a minimally invasive
3 device for fibroid tumors.

4 I am going to talk to you about something
5 a little bit different, because we believe that this
6 is a surgical device for the gynecologists to use in
7 the treatment of fibroid tumors.

8 Not all devices for fibroid tumors are
9 created equally. Some devices have a known mechanism
10 of action and have been in use for many, many years.
11 For instance, radiofrequency electrosurgery has been
12 around since the 1920s. It has a well known mechanism
13 of action. It has been well characterized in the
14 literature, and the mechanism of action and the
15 performance is easily demonstrated on benchtop models
16 and/or extirpated uteri.

17 The device that we are developing is a
18 single electrode probe that is inserted either
19 transvaginally, transcervically or laparoscopically.
20 It uses ultrasound for imaging or guidance, and the
21 indications for use would be delivering radiofrequency
22 energy to the target area to ablate or desiccate the

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1 tissue, soft tissue and uterine pathology, including
2 fibroids.

3 Let's just review the definition of
4 ablation. It is either the removal of or the
5 destruction of tissue.

6 Some of our key device features, which are
7 illustrated in this picture, are: We are a single
8 needle RF electrode probe. This is an embodiment that
9 is inserted through the cervix into the uterus.
10 Ultrasound is used for imaging or guidance, and in the
11 electrode there is a thermocouple at the actual tip of
12 the electrode to do real time temperature monitoring.

13 So you can actually monitor the
14 temperature of the tissue as you are treating it.
15 This is all a known technology that is familiar to the
16 gynecologist. It is something GYNs use every day in
17 their practice, ultrasound and radiofrequency
18 electrosurgery.

19 There are predicate devices for this
20 technology that are out there that have similar
21 indications for use in the desiccation and
22 electrosurgical removal of intrauterine myomas and

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1 other uterine pathology. These devices have been
2 cleared by the FDA under the 510(k) pathway for many,
3 many years.

4 The VersaPoint device was cleared in 1996
5 and subsequently cleared as recently as 2004. This is
6 a marketed device that is out there today being used,
7 and no clinical trial data was required to support
8 this 510(k), mostly because it has a known mechanism
9 of action that can clearly be demonstrated on the
10 benchtop and in tissue studies.

11 So we believe that, because there is such
12 a clear predicate device for our Gynesonics system
13 that we are developing, that we should be able to use
14 the rules of substantial equivalence. We have the
15 same intended use. We have the same technology
16 characteristics. Therefore, substantial equivalence
17 can be determined by performance characteristics and
18 performance testing.

19 There are no new issues of safety or
20 effectiveness that are demonstrated by this type of
21 electrosurgery device, and any issues can be
22 demonstrated by well designed bench testing.

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1 So in conclusion, I think this is clearly
2 a case where the least burdensome principles apply.
3 Electrosurgery has a known mechanism of action. This
4 is really an ablation tool that is a surgical tool
5 like myomectomy, and substantial equivalence can be
6 proven on the benchtop for uterine fibroids, and
7 clinical trials should not be a requirement for all
8 technologies for fibroid tumors, especially when those
9 tumors are not -- especially when those technologies
10 are not a global device but rather a focused and
11 specific treatment for the gynecologist. Thank you.

12 CHAIRMAN NOLLER: Thank you. next we will
13 hear from Dr. Sew-Wah Tay.

14 DR. TAY: Good morning. My name is Sew-
15 Wah Tay, and I am the Vice President for Regulatory --

16 CHAIRMAN NOLLER: We can't hear you.
17 Please, closer.

18 DR. TAY: Sorry. My name is Sew-Wah Tay,
19 and I am representing American Medical System. I am
20 the Vice President for Regulatory Affairs and Clinical
21 for AMS.

22 Unlike the previous speakers, AMS'

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1 interest in fibroid treatment is pretty early. We are
2 still in a very early stage of exploring different
3 technologies and different approaches, but our
4 objective really is to develop a tool to aid the
5 gynecologists in treating fibroid via minimally
6 invasive surgery, and to allow the patients to retain
7 their uterus. Our research has shown that that is a
8 very important criteria for any device to be
9 successful in the market, and the device that we
10 intend to come up with, we are going to present it as
11 the first line of treatment for fibroids and with
12 hysterectomy as a back-up in the event that that did
13 not work out for the patient.

14 One treatment that we have looked into is
15 cryomolysis, because we do have a technology for
16 intrauterine bleeding treatment with cryomolysis.

17 In preparing for developing this device,
18 we have done some basic research on what should be a
19 clinical study design that will be feasible for us,
20 and these are some of the information that we have
21 extracted and help us focus on what should be our
22 endpoints in the control groups. Very similar to what

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1 this panel have already considered.

2 Fibroid, as you know, are benign. The
3 majority of women eventually have it, but really only
4 a small -- 25 percent will be symptomatic. One of the
5 main criteria we found was that women seek treatment
6 for fibroids really to relieve the symptom and improve
7 their quality of life, and again symptoms vary,
8 depending on the type, size and location of fibroids,
9 making the study design pretty complicated.

10 Again, the desired outcome that patients
11 are seeking is symptom relief, improved quality of
12 life, and obviously, safety.

13 With that in mind, we have researched --
14 Our research came up that, really, the primary
15 efficacy endpoint will have to be some kind of symptom
16 relief/quality of life vehicle. The best that we have
17 found out is a Symptom Severity Score, which is a
18 subscore for the UFS Quality of Life developed by
19 Spies.

20 Success criteria we have decided on is the
21 improvement in the Symptom Severity Score of greater
22 than 10 points at six months post-treatment. Just

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1 like the previous speakers have said, in all the
2 literature data has shown that after six months there
3 is not much change in the patient's symptoms.

4 The other tricky point that we need to
5 consider in designing the study is what should be the
6 control population. The primary care specialty that
7 treats fibroid patients are primarily OB/GYNs, with
8 abdominal hysterectomy being the most common form of
9 treatment, but as you all know, that is pretty
10 invasive.

11 Now hysterectomy, on the other hand,
12 really cures the fibroids, because you remove the
13 uterus, and so you don't have anymore fibroids. So it
14 is not a good control for in terms of efficacy.

15 We did consider using UAEs as a group.
16 However, those are treated by interventional
17 radiologies and do not fit in the patient care that we
18 are targeting, which are primarily gynecologists, and
19 because our treatment is a form of surgical treatment,
20 a surgical tool, sham surgery is really not an option
21 for us.

22 To come up with a study design that is

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1 practical and feasible, this is what we concluded, is
2 that really the most feasible study design is a single
3 arm study using the patient as their own control,
4 thereby getting matched pair data, and as a vehicle
5 using the Uterine Fibroid Symptom Quality of Life
6 vehicle, and comparing the pre- and post-treatment
7 data with the two different subscores.

8 Endpoint again is the Symptom Severity
9 Score with the first criteria as defined.

10 That's all I have.

11 CHAIRMAN NOLLER: Thank you. Next, Dr.
12 Bryan Cowan.

13 DR. COWAN: Ladies and gentlemen of the
14 Panel, thank you. I am Bryan Cowen, Chairman of the
15 Department of Obstetrics and Gynecology at the
16 University of Mississippi, and I have a keen interest
17 in cryoblation of uterine fibroids. I have published
18 papers before on the treatment of uterine fibroids in
19 the dual magnet MRI, and I am developing a clinical
20 protocol for pivotal studies on the treatment of
21 cryoblation in uterine fibroids.

22 My conflict of interest: I am an

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1 investigator for Galile and Wyeth, and I am on the
2 Speaker's Bureau for Wyeth.

3 Cryoblation is applied worldwide and
4 proven for ablation of benign and malignant
5 conditions. It has been with us for a long time, and
6 it has been in use for over 40 years. The FDA has
7 cleared cryoblation for multiple indications,
8 including gynecology, prostate, renal, liver, breast,
9 thoracic, soft tissue tumors and others.

10 I am developing a research protocol to
11 assess safety and efficacy of percutaneously
12 laparoscopically assisted cryomyolysis, PLC, for
13 treatment of symptomatic uterine fibroids. We have
14 two endpoints, efficacy and safety.

15 The efficacy endpoint is Symptom Severity
16 Subscale of the Uterine Fibroid Symptom and Health
17 Related Quality of Life Questionnaire, the old SSF-UFS
18 Quality of Life published in 2002.

19 The safety endpoint is treatment related
20 major operative and post-operative complications. We
21 would compare the two groups.

22 Of course, there are two control groups:

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1 Efficacy, we would use the patient as their own
2 control; safety, we would compare laparoscopic
3 supercervical hysterectomy as the population. We will
4 talk more about this in another slide.

5 The inclusion demographics of this study
6 would be premenopausal women who have completed
7 childbearing. We would treat three locations of
8 uterine fibroids, intramural fibroids, sub-serosal
9 fibroids, and Type 2 sub-mucosal fibroids; and of
10 course, the patients must have symptoms. As we know,
11 bleeding is the most common symptom, and bulk symptoms
12 are also associated with uterine fibroids.

13 The rationale for the control group is on
14 this slide, and for efficacy there is no perfect
15 appropriate control group and, by the way, that
16 statement applies to safety as well.

17 I would validate patient success with the
18 patient as her own control. For safety, I have chosen
19 laparoscopic super-cervical hysterectomy as the best
20 choice, and I thought long and hard about this.

21 The patient population for laparoscopic
22 super-cervical hysterectomy would be derived from the

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1 same population as the study arm.

2 Both techniques use laparoscopy, and
3 alternative surgical controls create additional
4 confounding variables.

5 Safety comparison will be based upon
6 similar incidence of treatment, related operative and
7 post-operative complications. However, as a caveat
8 this would be a nonrandomized control.

9 Finally, the definition of success:
10 Patients will be included if their quality of life
11 score is greater than 40 points. Patient success is
12 10-point improvement in the quality of life at six
13 months, and study success will be an improvement of
14 the quality of life at six months when 50 percent of
15 the patients demonstrate a 10-point improvement in the
16 quality of life baseline. Thank you.

17 CHAIRMAN NOLLER: Thank you. Next, Dr.
18 Anthony Venbrux.

19 DR. VENBRUX: Distinguished members of the
20 Panel, I come as a physician and as a user, not an
21 inventor. I work at George Washington University. I
22 work very closely with our gynecologists and

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1 obstetricians. I have nothing to disclose and no
2 conflict of interest, although as an academician and
3 as an interventional radiologist that has practice for
4 19 years, I have received honoraria for guest lectures
5 from every single manufacturer of devices, and I'll
6 just say that.

7 As you know, fibroids are an extremely
8 common problem, and this is no news to this group,
9 accounting for a large number of surgeries, and for
10 those women who undergo myomectomy for symptomatic
11 fibroids, often they require another procedure.

12 A technique that has been around since
13 about 20 years now is the use of transcatheter
14 embolotherapy to reduce bleeding. There is a
15 precedent. It has been used in life saving maneuvers
16 in patients who have post-surgical bleeding,
17 postpartum hemorrhage, as outlined on this slide, a
18 pooling of literature.

19 So using inexpensive material that has
20 been grandfathered in, such as Gelfoam or, more
21 recently, coils -- this case from Sally Mitchell from
22 Johns Hopkins of a woman that had pelvic bleeding,

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1 massive pelvic bleeding, after radiation therapy for
2 extensive cervical malignancy -- this can be
3 lifesaving, as you see this extravasation into the
4 vaginal packing and pelvic packing using coils and
5 Gelfoam can prove lifesaving.

6 So based on this historic literature then,
7 the concept of taking a tumor, embolizing it, leaving
8 it in the body and having it involuted was born, and
9 Ravina in 1995 in paris developed this technique with
10 this interventionalist to reduce blood loss during
11 myomectomy. When I was at Hopkins in '97, I
12 introduced that and have been doing it continuously.

13 How do you assess pain related to fibroids
14 if that is one of the symptoms? We use a dirt cheap,
15 inexpensive visual analog scale that is literally 10
16 centimeters long that the patients mark and, when you
17 do it prior to the procedure, afterwards and later,
18 you can get a relatively unbiased, well validated use
19 of pain level, if that is one symptom. So that is one
20 small endpoint in terms of symptom complexes
21 associated with this.

22 Imaging: We use MR, but certainly MR

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1 tells us that there are other conditions, such as
2 extensive pelvic varices, in this patient that was
3 causing pain and not her fibroids at all, which was
4 initially thought of, or a large ovarian cyst which
5 you see posterially here in this particular image in
6 this parasagittal MR image.

7 So what do we do? I spend an hour with
8 each patient. Ninety-eight percent of the referrals
9 come from OB/GYN, and I teach some of the residents
10 and fellows and ask them to come into the
11 interventional suite to see how these are done.

12 So we talk about risks, infection,
13 bleeding, allergy to medications, contrast allergy
14 with the newer contrast agents -- the risk of a
15 significant life threatening contrast reaction is
16 about one in 40,000 to one in 60,000 -- and certainly,
17 non-target organ embolization which I will briefly
18 allude to on the next slide.

19 For example, on this image you see that
20 there are vessels coursing inferiorly. A particular
21 one is down into the vaginal area and, if you do
22 inadvertent embolization there, you can get a large

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1 ischemic ulcer. There is the obturator branch there,
2 all of this as part of the things we have to look out
3 for as we learn more and more about our
4 embolotherapeutic techniques.

5 The most important thing is ovarian
6 failure, and I counsel these women, this procedure is
7 not for every woman with fibroids. Ovarian failure,
8 if you are young at about age 35, the chance of having
9 premature menopause is about four percent; whereas, if
10 you are 45, it goes up to about 14 percent. It
11 depends on who you read in the literature.

12 We talk to these patients, spend an hour
13 in clinic. When the procedure date is due, we talk to
14 them, give them intravenous access with the following
15 medications, as you see here. We do a femoral
16 arterial access. I will walk you through that in the
17 next few minutes. We do a pelvic arteriogram to look
18 for potential variant anatomy, and finally an
19 abdominal aortogram to look for ectopic blood supply
20 to the uterus that may not be visible.

21 Here is a normal. This was done for other
22 reasons, the normal uterine artery in a young woman.

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1 Here is a patient with large -- with enlarged, excuse
2 me, ovarian -- excuse me, correction -- uterine
3 arteries in this patient who had two large fibroids
4 midline, as you see here. This is the early image.
5 This is the late image, and then as we come up and
6 over and go down into the uterine artery, we are going
7 to be embolizing these vessels here and here.

8 So how do we do that? We select out using
9 roadmapping technique. We guide our catheter in, and
10 then we use a number of different agents. The most
11 commonly used clinically are the embolic spheres, not
12 PVA anymore, and finally the ability to embolize,
13 whether it is BeadBlock, whether it is Embospheres,
14 and to reach an occlusion which then gives you this
15 kind of a picture.

16 CHAIRMAN NOLLER: Time, please.

17 DR. VENBRUX: Thank you very much.

18 CHAIRMAN NOLLER: We have now finished
19 hearing from the eight speakers that had indicated
20 that they wanted to speak ahead of time. We have a
21 few minutes left in this session, and we would like to
22 hear from anyone else in the audience that has not

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1 spoken. Is there anyone who would like to speak at
2 this time? If so, please rise. Yes, sir? You will
3 be limited to five minutes, as the previous speakers.

4 We also ask you to please disclose any conflicts.
5 State your name, too, please.

6 DR. STABINSKY: Thank you. My name is Dr.
7 Seth Stabinsky. I have no conflicts. I am a
8 shareholder in Albion, Incorporated, and Scineras
9 Medical. Scineras Medical has a license to
10 cryotherapy in women's health, but to my knowledge
11 they are not currently working on anything in the
12 fibroid area.

13 I just would like to, first of all, thank
14 you for the opportunity to speak, and I would just
15 like to point out, I think, that there are -- that it
16 will be very important for the Panel members to
17 consider the various types of energy sources. I don't
18 think one size fits all.

19 My background is both as a trained OB/GYN,
20 practiced for five years, did an endoscopic surgery
21 fellowship, and then went into industry. In my early
22 days at Stanford, I had the opportunity to do some of

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1 the original bench work on the VersaPoint ablation
2 system, and I think that it is very important to note
3 that, when RF is used under direct visualization in a
4 hysteroscopic manner. It is quite safe. It is
5 directly visualized. Gynecologists are comfortable
6 with that.

7 I don't think that, for example, RF has
8 the same kind of visualization that something like
9 cryo would have under ultrasound guidance. So I would
10 just ask the Panel to be considering that as they move
11 forward thinking about protocols, that one protocol
12 may not necessarily fit all devices.

13 The other thing is that I think, while
14 there is a six-month -- While it makes sense to look
15 initially at six months, and I know that FDA has been
16 considerate of being least burdensome to industry, six
17 months of observation after a fibroid ablation
18 treatment may or may not portend what is going to come
19 in the future, and that while post-market studies are
20 fine, it is going to be very important to look at
21 regrowth in fibroids and the effect there.

22 That's pretty much what I wanted to say.

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1 thank you.

2 CHAIRMAN NOLLER: Thank you. Are there
3 other speakers? Seeing no other speakers, we will
4 close the open public session.

5 Nancy, is there anything FDA would like to
6 discuss as a result of these presentations?

7 MS. BROGDON: Yes, thank you. The staff
8 would like to respond to a question raised by one of
9 the speakers.

10 CHAIRMAN NOLLER: Thank you. Mr. Pollard?

11 MR. POLLARD: Thank you, Dr. Noller.
12 First of all, I would like to thank all of the
13 speakers. I thought that was a highly informative
14 session we just heard from and, when taken together,
15 really illustrate a lot of the complexities and
16 difficulties that we have here at FDA in terms of
17 giving guidance to developers who want to bring their
18 product to market for treating symptomatic fibroids.

19 One question was raised regarding embolic
20 products and a guidance document that FDA issued
21 recently, and I just wanted to clarify that that
22 guidance document was issued accompanying a

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1 reclassification of the general category of certain
2 kinds of embolic products from Class 3 to Class 2, and
3 it did include uterine artery embolization as one of
4 the indications covered there.

5 There's kind of two caveats there. Number
6 one, that was done to simply recognize that at that
7 point FDA had already cleared two 510(k)s for embolic
8 particles, but these were, in fact, based on clinical
9 trials specifically for treating fibroids, and our
10 policy regarding that hasn't changed, and that
11 reclassification process did not change that, and
12 elsewhere in the guidance document it speaks to the
13 possibility that later FDA may develop a guidance
14 document specifically for UAE.

15 I also wanted to highlight -- to comment
16 further there, no clinical data was needed for
17 neurologic and other peripheral vascular applications,
18 and I just wanted to mention that.

19 The risk profile for those patients is a
20 whole lot different than women who are being treated
21 for fibroids, and I think that is part of what has
22 gone into how FDA has approached these kind of

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1 products in the past when they are specifically being
2 indicated for treating fibroids.

3 One last comment I wanted to make: I
4 think there were some very good comments about the
5 aspect of some of these products are viewed as being
6 simply an extension of the surgeon versus an overall
7 treatment, and I think we are hoping to get some nice
8 discussion from the Panel on that.

9 I would say that, as I mentioned in my
10 opening remarks, that we are not trying to sort out
11 510(k) versus PMA issues here, but really from a
12 clinical trial design point of view when a product is
13 indicated for fibroids, you know, what are the right
14 kinds of questions to ask in a clinical trial,
15 recognizing, as I think some very valid points were
16 made here in the last half-hour, that not one trial
17 design may work for all these different kinds of
18 products.

19 CHAIRMAN NOLLER: Thank you, Mr. Pollard.

20 We will now go to the general Panel
21 discussion, and that is what we will do for the rest
22 of our time today.

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1 By the way, can we put up the questions
2 that you had summarized. Put up the first one,
3 please, and we will go through them in order.

4 I think the Panel recognizes how difficult
5 an area this is, and we are asked to -- have been
6 asked by the FDA to help them -- help guide them in
7 designing trials for all these different devices and
8 methods of treatment that are likely to come forward
9 in the near future.

10 It is complicated. First of all, as we
11 know, most women with fibroids don't have any
12 symptoms. A lot of them don't even know they have
13 them.

14 On the other hand, there are women that
15 have severe symptoms, but not every woman with
16 symptomatic fibroids has the same symptoms. For some,
17 it is bleeding alone. For some, it is pain. For
18 some, it is mass effect; some, it is multiple.

19 How to design a trial that addresses these
20 various problems that women may have that are
21 undergoing treatment? A pain scale would be useless
22 for the woman who has no pain. Mass scale is useless

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1 for the woman who has no mass symptoms. Are multiple
2 endpoints necessary, multiple evaluations necessary?

3 There are different numbers of fibroids,
4 different sizes of fibroids and, as we've just heard,
5 many different methods of treatment.

6 So this is a tough task, and I think the
7 reason we are being asked to do this is because FDA
8 has appropriately realized how hard it is to decide
9 how to design appropriate trials to determine whether
10 or not these various treatments are safe and
11 effective.

12 Our first question is up on the board.
13 Actually, I might argue a little bit with the first
14 statement, that the primary symptom of problematic
15 fibroids is bleeding; because for some women it is
16 pain or bulk, but those are mentioned as other
17 symptoms. But bleeding certainly is one that can even
18 become life threatening.

19 We have been asked to discuss what we
20 believe to be the most appropriate parameter to use in
21 the evaluation of device effectiveness, and we have
22 heard bleeding scores are available. We have heard

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1 quality of life scores are available. You can measure
2 size by various things.

3 What do we think is the best way to
4 evaluate success, if you will, of treatments? The
5 floor is yours. Yes, sir? I guess you are going to
6 have to identify yourselves individually.

7 DR. SHIRK: Dr. Gerry Shirk. I guess I
8 just want to make some comments, because I've
9 obviously got the most longevity with this Panel.
10 Dr. Mike Diamond, Dr. Barbara Levy and myself helped
11 establish the criteria for endometrial ablation, which
12 is obviously the other treatment for abnormal uterine
13 bleeding in women and, basically, was probably one of
14 the major reviewers for most of the endometrial
15 ablation devices.

16 The question there was really simple.
17 Basically, we had essentially no pathology. The idea
18 was to rule out pathology. These patients were not
19 going to reproduce, and we didn't have that question.

20 And obviously, one of the questions here is
21 reproduction or future reproduction.

22 Also, these patients, you know, all had

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1 bleeding problems that they wanted terminated. So the
2 only issue was basically bleeding. We also had a
3 standardized procedure that we were doing already,
4 although I wouldn't call Rollerball ablation totally
5 standardized. There's obviously lots of ways to do
6 it.

7 So that, you know, the issues were fairly
8 simple. So that a simple method of grading of
9 bleeding with a PBLAC score -- basically, there's some
10 other sophisticated things now, but the PBLAC score,
11 you could argue one way or the other, but if the
12 patient was going to make an error, it was going to be
13 in the area of basically fastidiousness and using too
14 many tampons which would preclude more failure than --

15 CHAIRMAN NOLLER: Can you explain that
16 scoring system a little bit?

17 DR. SHIRK: Basically, it is a scoring
18 system that uses standardized tampons and pads and how
19 much of the pad and tampon are used, and equates
20 fairly well with the amount of blood loss, you know,
21 if it is done correctly, and I think this is pretty
22 well documented that it works extremely well and

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1 coming fairly close.

2 We set up -- Obviously, the criteria in
3 ablations were that the patient had to have at least
4 150 milliliters of blood loss to qualify for any of
5 these, and that the endpoint was 75 milliliters of
6 blood loss, had to be a success. So it was easy to
7 set up parameters, and also double-blind studies.

8 So that we basically had a fairly
9 straightforward job. The problem I see with uterine
10 fibroids is that there are a lot of different issues
11 with this. obviously the largest being abnormal
12 uterine bleeding.

13 These patients, even if you treat their
14 fibroids, are not always going to come down to a
15 certain level. You can't set 75 milliliters as an
16 endpoint, because some of these patients have,
17 obviously, myosis along with their fibroids. So they
18 have other uterine pathology.

19 We don't know what their normal menstrual
20 bleed would be, what effects hormonal bleeds are
21 having. Obviously, a lot of these patients are
22 perimenopausal or in their forties, and so they do

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1 have hormonally associated luteal phase kind of things
2 that affect their bleeding. So that bleeding becomes
3 a very difficult issue with this as far as quality of
4 life.

5 Also, most of these patients are using
6 this as basically an avoidance of hysterectomy, which
7 is a treatment. So there is a treatment for fibroids,
8 and that is hysterectomy.

9 So I think our challenge today is
10 basically more a quality of life challenge and a
11 patient choice challenge than basically with all these
12 devices, rather than trying to achieve a goal that
13 gives us a hard answer like we did with endometrial
14 ablation.

15 CHAIRMAN NOLLER: You mentioned bleeding
16 and QoL scores. If you had to design a study, what
17 would you use?

18 DR. SHIRK: As quality of life?

19 CHAIRMAN NOLLER: Well, quality of life,
20 bleeding. What do you think is an appropriate --

21 DR. SHIRK: It is difficult, because I
22 would probably use some kind of quality of life score,

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1 because this is totally based around quality of life.

2 I mean, if you were going to have to go to a hard
3 score so that you could quantify objectively, then
4 obviously you have to go to some type of PBLAC score
5 or some other scoring for bleeding, and set a minimal
6 fact and also size reduction in fibroids. Also you
7 have to include into this safety.

8 CHAIRMAN NOLLER: Dr. Sanfilippo?

9 DR. SANFILIPPO: I think we also should
10 look at what's been published in the literature, and
11 at least one study comes to mind recently in *Fertility*
12 *and Sterility*, which was comparing uterine artery
13 embolization versus a laparoscopic myomectomy.

14 While the authors admit it was not the
15 best randomization, it was the first attempt at a
16 prospective study. But the bottom line of this and
17 the point I am bringing up is the quality of life was
18 really their endpoint.

19 So what I'm trying to say is, if we look
20 in the literature, I think as we design these studies
21 we can keep that in mind, because that is kind of an
22 established endpoint or at least there is some

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1 reference to it. So for what that is worth.

2 CHAIRMAN NOLLER: Dr. Snyder?

3 DR. SNYDER: Well, Dr. Shirk alluded to
4 this, too. One of -- I'm not sure that a lot of the
5 term alternative to hysterectomy -- because these are
6 all different available choices, but hysterectomy
7 being the definitive surgery for this, I think one of
8 the endpoints that measures quality of life issues and
9 one of the final endpoints is just, you know, the
10 number of patients that ultimately need retreatment, a
11 second procedure or a hysterectomy, you know,
12 encompasses all of the things that we are talking
13 about.

14 CHAIRMAN NOLLER: Dr. Sharp?

15 DR. SHARP: I think that, in terms of
16 outcomes, I think we need to realize that some are
17 quite subjective, and some are more objective. I
18 think quality of life is clearly a key issue for most
19 people who have symptoms.

20 The challenge with that is that it is
21 subjective, and there are studies to suggest that
22 patients who participate in studies in many cases want

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1 to please the investigator, be a good subject. So the
2 question is should there be some more objective data?

3 I think the endometrial ablation studies
4 were a great example of that, where you saw that
5 basically the five devices that have all been approved
6 and have been studied with randomized clinical trials
7 have all shown success rates in the 85-90 percent,
8 that the more objective endpoints, the amenorrhea
9 endpoints, are all over the map, ranging from about 13
10 percent up into the higher 40 percent.

11 So I think -- If these are going to be
12 studied, I think it would be worthwhile having some
13 more objective data as well, and I think, for example,
14 it may not make as much difference to the patient
15 whether the fibroid has shrunk by MRI, but I still
16 think that is useful to understand how much these
17 devices are affecting the actual tumor biology.

18 So I would put a plug in for having some
19 measurement of objective data as well.

20 CHAIRMAN NOLLER: Dr. Cedars.

21 DR. CEDARS: I think, as was mentioned by
22 one of the speakers, because the primary indication in

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1 most cases for any kind of intervention is patient
2 symptoms, that that really has to be your endpoint,
3 because there is nothing medical -- and I tell my
4 patients this all the time when they come in and
5 complain. You know, medically I have no reason to
6 take the fibroid out; you need to tell me when the
7 symptoms are such that it necessitates some
8 intervention.

9 So I think the endpoint really needs to be
10 what brought the patient into the office, and that
11 might be bleeding. It might be symptoms, bulk
12 symptoms. But I mean that really is the endpoint,
13 because that is the driver to intervene.

14 Then in terms of comparators of one versus
15 another, then you look at more hard criteria such as
16 economic impact, risk of the intervention. So you can
17 look at more hard endpoints when you are doing
18 comparators, but if you want to look at success rates,
19 I think it's got to be based on quality of life
20 issues, because that is what is driving any kind of
21 intervention. Otherwise, we wouldn't do an
22 intervention.

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1 CHAIRMAN NOLLER: One problem with quality
2 of life scores -- and we have heard everybody speak to
3 those. The one problem that I always have with them
4 is the placebo effect that Howard has mentioned. If
5 you put the patient to sleep and woke her up and
6 didn't do anything, 30 percent of them perhaps would
7 be better. And what does that translate to in a
8 score? You know, six points, four points, nine
9 points, 13 points?

10 Many of the quality of life systems really
11 haven't addressed that at all. Yes, Marcelle?

12 DR. CEDARS: Well, I think that that is
13 true in a finite period of time, but as was mentioned,
14 you shouldn't look at "cure, recovery, success over
15 one month or three months," but over a longer period
16 of time. And if what you are getting is a placebo
17 effect, six months later that is not going to be
18 there. So that also goes into study design in terms
19 of where do you measure your endpoint for "success,"
20 whatever that is.

21 I think it needs to be a longer time
22 frame, both because you get away from the placebo, but

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1 also because some interventions may have a very rapid
2 recurrence of symptoms.

3 CHAIRMAN NOLLER: Dr. Emerson?

4 DR. EMERSON: A couple of points, and many
5 of these may just show that I know nothing about the
6 clinical situation that you are actually treating
7 these patients in.

8 First, one aspect is, if you are treating
9 symptoms, that's great, but ultimately we are really
10 treating fibroids. So we can -- I, too, do tend to
11 agree that there should always be some objective
12 measure of the fibroids, but whether or not that is
13 the cause of the symptoms is always questionable. So
14 we've got to decide, you know -- Ultimately, you have
15 to make a guess. Somebody comes in with symptoms, and
16 you are going to go with several things.

17 It is not immediately clear to me that
18 repeat treatment is bad. Certainly, if I get
19 headaches every day, I take an aspirin every day, and
20 it's not the end of the world, and that is a minimally
21 invasive procedure. So some of these things that, if
22 you had one procedure that was having more tendency

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1 for adverse effects and then another one, that said
2 it's a very simple thing. You walk into the office,
3 you are treated, and you do that every year or so --
4 you know, which would you choose? I don't know, but
5 it seems that something has to be considered, which
6 does bring us to the quality of life.

7 We have to watch on the quality of life
8 measurements, that almost always when we choose some
9 tool, we can talk about a tool that is directed toward
10 the immediate effects and what might be adverse
11 experiences of the treatment, or we could talk about
12 something that is the long term effects after a
13 treatment had worn off.

14 Again, if you are going to consider the
15 repeat treatment idea, you would want to capture the
16 very acute phase adverse experience -- this is part of
17 that quality of life -- and weigh that against the
18 idea of what the long term aspect would be.

19 Then the last point I want to make is
20 that, if we bring up a placebo effect, realize there's
21 three things that can be going on here that we often
22 refer to as a placebo effect.

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1 One is a real placebo effect, and this is
2 the idea that, if we took somebody and didn't treat
3 them versus we took somebody and we gave them the
4 magic pill, that those two people would have different
5 outcomes. So that's the real placebo effect, and you
6 can never tell about a placebo effect unless you have
7 an arm with no treatment.

8 The other thing that can come in there is
9 just the natural course of the disease. Somebody has
10 an exacerbation, and that the disease would have gone
11 away on its own, and the belief, I think, is that
12 fibroids don't really go away on their own, but the
13 question is whether they would always progress. I
14 mean, if have some women who don't have that.

15 Then the third is a statistical term that
16 we call regression to the mean. That is to say that
17 the day that some woman decides to come in to be
18 treated, it is probably her symptoms are worse right
19 then than they were six months before, and maybe than
20 they would be six months later.

21 So if we take a woman who is having
22 symptoms that just go up and down and up and down,

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1 staying really on average the same, the day that she
2 is going to the doctor is probably one of those tough
3 times, and that anytime you select any -- any
4 population based on a threshold -- I don't care what
5 it is -- any threshold that you do -- Look at Tiger
6 Woods, you know.

7 No, we didn't look at Tiger Woods. We
8 looked at that person who was having a really good
9 time their first year in golf. Well, the next year
10 they are going to do worse, just because the fact that
11 we selected them based on this threshold means that
12 not only are they probably a little bit unusual for
13 the population, but also their measurements at the
14 time we selected them were a little bit unusual for
15 them.

16 That regression to the mean idea is what
17 we have to worry very much about these trials. In
18 fact, I disapprove of the use of the term "using a
19 patient as their own control." Instead, what we are
20 doing is we are measuring the change on that patient,
21 and there is no control. It's just that our
22 measurement is the change rather than that.

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1 CHAIRMAN NOLLER: Yes, Dr. Chegini?

2 DR. CHEGINI: I always as a biologist
3 looking for something that ends to some meaningful
4 results. In my opinion, particularly working in a
5 reproductive endocrinology and fertility division, I'm
6 looking at the true population of patients that you
7 have.

8 One, they have bleeding symptoms. Another
9 one that you treat for infertility. Of course, you
10 design the experiment for measuring the blood loss for
11 one group, but there have to be some other assessments
12 and measurements for the one that you do infertility.

13 What was the problem?

14 First of all, you treat a patient for
15 fibroids to improve their infertility. If they desire
16 reproduction, you are not going to have those patients
17 subject to hysterectomy. So, therefore, you have to
18 manage those patient populations very differently.

19 My other comment is: As we know, coming
20 up the last few years, we know there are African
21 American population, they are having much more
22 symptomatic fibroids versus the Caucasians. Are we

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1 going to include patients in a clinical trial
2 situation that include equal numbers here?

3 The other question I also have is the
4 quality of life during that six-month period. None of
5 these devices absolutely look at when you are blasting
6 a tissue and you are providing a dead material in that
7 area, it is very well established to every single area
8 of research that some of these apoptotic or necrotic
9 cells -- they actually can cause inflammation and
10 leads to other and further problems locally.

11 If those patients that they are undergoing
12 these kind of treatments and they are desiring
13 fertility later on, are they impacted by these local
14 blasting the material, particularly if we define
15 energy devices that we are talking about and that are
16 coming into the market?

17 DR. BAILEY: Is there any additional
18 discussion on this topic? Dr. Shirk.

19 DR. SHIRK: I think the infertility thing
20 brings up the whole safety issue with this thing, as
21 basically, obviously, with uterine embolization we
22 know that submucosal fibroids and pedunculated

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1 intrauterine fibroids have a tendency to slough out
2 or, basically, to get infected. Obviously, you can
3 see the same thing with pedunculated fibroids that are
4 subserosal with, obviously, necrosis and the effect on
5 the abdominal contents, namely, the bowel and bowel
6 perforation.

7 So that, again, we've got to address with
8 all these issues, especially the necrosing type of
9 technologies, you know, what areas of treatment are
10 effective or appropriate and what aren't.

11 The other issues would be basically,
12 obviously, reproduction. I don't think there is any
13 data on any of these technologies as far as
14 reproduction, basically incidence of uterine rupture,
15 what pregnancies, obviously, affect on fertility in
16 itself.

17 Obviously, there is a subset of women who
18 are going to want to use these technologies to
19 maintain their reproductive status. We, obviously,
20 have significant data regarding surgical treatment of
21 these patients, but we certainly don't have a lot of
22 data regarding any of these other necrosing

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1 technologies.

2 CHAIRMAN NOLLER: Dr. Sanfilippo.

3 DR. SANFILIPPO: To complement what both
4 Dr. Shirk and Dr. Chegini said, I think maybe -- and I
5 don't know if it belongs in the inclusion/exclusion
6 criteria more specifically, but I think we are talking
7 about two different populations, and we are going to
8 have to define that very clearly: (a) you are
9 interested in a future fertility; or (b) you are not.

10 Then the other question in between is,
11 well, what happens if you are not interested in future
12 fertility, but you conceive. Is it going to be the
13 same problem like the endometrial ablation concerns
14 that have been expressed?

15 So I think, as we do our study design and
16 assessment, my opinion is different populations have
17 to be addressed separately, and then we also have to
18 monitor those who conceive subsequently but didn't
19 plan to.

20 CHAIRMAN NOLLER: Yes, Dr. Hillard.

21 DR. HILLARD: One of the other issues,
22 building on the idea of different populations, is

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1 patient age. So not only are there differences in
2 desire for future childbearing, but one has to look at
3 the background reproductive function or menstrual
4 function of women, which is different for women in the
5 20-40 age group compared to women in their forties.

6 So I think that that is important to
7 consider as one looks at studies, is some
8 stratification and sorting by age and menstrual
9 function and proximity to menopause and the background
10 hormonal status as well.

11 CHAIRMAN NOLLER: Dr. Sharts-Hopko.

12 DR. SHARTS-HOPKO: I wanted to build on
13 the earlier discussion about quality of life. I think
14 that is what drives consumers, and I think the
15 definitive answer after a more conservative procedure
16 is always going to be did they keep trying
17 conservative procedures, and ultimately did they have
18 a hysterectomy.

19 CHAIRMAN NOLLER: Yes?

20 DR. SANFILIPPO: And one other concern
21 that we really haven't talked about, and the good news
22 is it is a very small population, but what about

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1 establishing criteria if there is a rapid growth of
2 this mass and the presumption is it is benign, but in
3 reality it is not?

4 So I think there has to be some -- whether
5 it is again exclusion criteria to state that defined
6 rapid growth wouldn't qualify for any of these
7 procedures, because the necessity for a tissue
8 diagnosis is clear under that case.

9 So as we design this, I think we have to
10 keep that population in mind.

11 CHAIRMAN NOLLER: Yes?

12 MS. GEORGE: One additional comment, I
13 guess, I would like to bring up is I agree with all of
14 the ideas that everybody has been talking about, but
15 from the manufacturer's side, all of this
16 stratification of data and analysis will require
17 significant numbers of patients and a significant
18 length of time, and will delay the ability of getting
19 the products out there.

20 So one of the things maybe would be
21 reduction of indication of use, so that you can get
22 things out there sooner with smaller focused areas,

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1 and then maybe having multiple releases and things
2 like that might be something to consider as well.

3 CHAIRMAN NOLLER: Dr. Chegini?

4 DR. CHEGINI: I agree with that question,
5 but one other thing I would like to mention. We have
6 been performing a series of detailed -- I want to call
7 it biology of all these tissues, and we realize that
8 there are substantial not only differences between the
9 normal and the tumors, but also between African
10 American versus Caucasian, and so on and so forth.
11 But there have to be certain numbers. Otherwise, a
12 statistical analysis, in my opinion -- it makes
13 absolutely no sense if you don't have power.

14 You can come with a P value of 0.05 or 0.-
15 whatever, but what does it really mean, because there
16 is substantial differences among all these patients.
17 Every individual patients are different. So,
18 therefore, by accumulating all of the 30 or 40 or 20
19 patients and you come out with a P value -- I don't
20 believe that is really a factor to include in that.

21 CHAIRMAN NOLLER: Ms. George?

22 MS. GEORGE: And I think I guess what I

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1 was trying to say is reduce -- you know, focus on a
2 particular population. Have the indications of use
3 being maybe a little bit more narrowly focused to get
4 the product out there sooner, to be able to get it in
5 use for a population that you do have good data for,
6 and then continue separate studies either as post-
7 market approval studies or as totally separate
8 submissions.

9 DR. CHEGINI: One other thing I would like
10 to mention, particularly with the industrial
11 representative, is: What is the cutoff size for this
12 fibroid to be established under this rule, because
13 some of the smaller ones could be also problematic,
14 and because the technology cannot properly detect and
15 eliminate some of those, are they going to look at 5
16 centimeter or larger or 10 centimeter and lower, or
17 what are those criteria? I think that is also very
18 important as well.

19 CHAIRMAN NOLLER: Dr. Shirk.

20 DR. SHIRK: I would agree that we need to
21 look at all this carefully statistically, and I agree
22 with you that it becomes, obviously, almost cumbersome

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1 and onerous to the companies to look at all these and
2 do all these studies.

3 The other issue is basically that, you
4 know, the FDA can recommend, but they can't really put
5 contraindications and, obviously, for a lot of these
6 things, especially in reproduction, doctors can use
7 any device they want to, if they feel that it has a
8 use in treatment.

9 So even though you basically design
10 something to do something and say "and this isn't
11 included in it," you can't stop the physician public
12 from using it for things that it wasn't designed for,
13 if they feel it is of benefit.

14 CHAIRMAN NOLLER: Let me refocus this a
15 little bit, because we sort of morphed into question 2
16 a little bit.

17 Question 1 was: What would we consider to
18 be the most appropriate tool for deciding device
19 effectiveness.

20 Now let me introduce something here. If
21 we could agree that the major symptoms are bleeding,
22 pain and mass symptoms -- there will be others, but

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1 those are the main ones -- let me suggest that for
2 bleeding, perhaps you could use a bleeding tool and
3 have to reduce bleeding by X amount, and a quality of
4 life tool. So two measurements, and you would have to
5 reduce bleeding and improve quality of life by X
6 points.

7 For mass, you could have quality of life,
8 plus you could have some objective measurement such as
9 reduction by 20 percent, 40 percent, 80 percent, some
10 percentage.

11 The problem one is bleeding, because there
12 it is really all sort of quality of life, though there
13 are separate pain and quality of life scores. But
14 perhaps a combination of a couple of scores and trying
15 to make one objective and one less objective. What do
16 the Panel think of that sort of idea? Yes, Hugh?

17 DR. MILLER: I would support that
18 approach. I don't think that there has to be one
19 unifying tool in a disease process that manifests
20 itself in many different ways. So I think it is more
21 appropriate to have multiple tools.

22 The tricky part will then be the hierarchy

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1 of how those tools are used in assessing success or
2 lack of success following the treatment. But I think
3 that part of it can be worked out, particularly if it
4 is done in the development of the design.

5 CHAIRMAN NOLLER: Russ, Nancy, then Dr.
6 Romero.

7 DR. SNYDER: And I agree with what you
8 said about objective measures, and I think Dr. Sharp
9 brought it up earlier, too. I think it is important
10 if symptoms include either abnormal bleeding or just
11 pressure symptoms or size issues, we need to have
12 objective measurement of decrease in size. But
13 there's now good studies that show that a change in
14 size doesn't correlate with change in symptoms, you
15 know, for sure, and reperfusion is important in that,
16 although I am sure that we are going to find that
17 reperfusion or tumor growth doesn't necessarily
18 correlate with symptoms either.

19 So I really like what you said about
20 approach, that we are going to have to have, you know,
21 blood is the symptom that is being treated, and then
22 some objective and subjective way of measuring the

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1 change in that.

2 CHAIRMAN NOLLER: Yes?

3 DR. SHARTS-HOPKO: I think, with having
4 women self-assess their bleeding, women of today are
5 not going to fool around with a lot of process
6 procedure. It has to be easy. There are visual
7 scales. I think you could probably get away with, you
8 know, rate of utilization of standardized feminine
9 hygiene products, but it is going to have to be easy,
10 if you want a large sample.

11 CHAIRMAN NOLLER: Dr. Romero.

12 DR. ROMERO: Yes. I would echo the
13 comments made by Dr. Miller with regard to the not
14 only feasibility but probably the wisdom behind using
15 multiple measures. I think there are many studies,
16 particularly in the public health literature, where a
17 combination of measures is used.

18 I think that in this case, particularly in
19 light of what Dr. Cedars said earlier regarding
20 considering a study design that actually matches
21 endpoints to presentation by the patient, it seems
22 that in combination with multiple measures, would be a

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1 very strong design.

2 So for instance, you have eligibility
3 criteria that enroll patients on the basis of, let's
4 say, what they identify as their primary complaint or
5 the primary reason for them presenting, and the entire
6 sample is provided with these multiple measures, but
7 you can do then subgroup analyses that focus on
8 endpoints on the basis of their presentation.

9 So it seems that there is a logical
10 connection, and it would add strength. Now I know
11 statistically, you know, as was pointed out by Dr.
12 Chegini and Dr. Emerson, that then, of course, you
13 have to increase your sample size because of the power
14 requirements when you do subgroup analyses, but it
15 seems that we deal with that all the time. So that is
16 one point.

17 Then just the other one with regard to the
18 comment around racial/ethnic differences that may
19 already be in the literature regarding the severity of
20 symptoms by racial/ethnic subgroups. I mean, there is
21 a large literature around health disparities, but I
22 think we have to be careful about whether there is

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1 biological plausibility with regard to differences in
2 presentation and severity of symptoms or pain, for
3 instance, and other psychosocial measures that may
4 have maybe equal amounts or even more to do with it --
5 for instance, delay in seeking treatment among certain
6 groups because of socio-structural factors.

7 So whether their insurance status or their
8 social circumstances or whatever preclude seeking
9 care, for instance, earlier may have much more to do
10 with it than any biological basis. So I would just
11 say, you know, we need to keep that in mind.

12 Certainly, then it would argue against a
13 study design that necessarily goes in the direction of
14 pursuing those kinds of questions.

15 CHAIRMAN NOLLER: Paula, then Russ and
16 Gerry.

17 DR. HILLARD: Really just echoing comments
18 by previous panelists related to multiple measures, I
19 would agree that multiple measures based on the
20 patient's presenting complaint would be appropriate,
21 but I would also just echo that I think quality of
22 life has to be always included.

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1 CHAIRMAN NOLLER: Russ?

2 DR. SNYDER: One, I agree with what you
3 were saying, Diane. I mean, ultimately we are going
4 to have to have a symptom focused approach, and then
5 be able to analyze these subgroups.

6 The problem is I am afraid that we are
7 going to just require larger and larger numbers,
8 because within each subgroup, I'm afraid there's going
9 to be some subgroups -- I mean, if you just look at
10 menorrhagia, you are going to have to have a subgroup
11 with the intercavitary pathology. You would have
12 another subgroup that's got a single myoma, another
13 subgroup that's got multiple small myomas, and another
14 subgroup that's got coexisting adenomyosis.

15 I don't have a solution for that, but --

16 CHAIRMAN NOLLER: Gerry, then Hugh.

17 DR. SHIRK: I just wanted to address using
18 some type of a bleeding score. The question is:
19 Obviously, when we do the ablation, we basically had a
20 floor or a ceiling, I guess, for the endpoint, and
21 obviously those were designed on some of the studies
22 that show that women who go over those limits,

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1 basically, were in an iron deficiency state, that they
2 were losing iron, that they could in time maintain
3 their iron stores.

4 I guess my question would be: If we set a
5 bleeding endpoint, do you basically set a ceiling or
6 do you basically set a certain percentage of reduction
7 to a life quality kind of situation, so that you would
8 have to say on any given patient, are we going to say
9 50 percent reduction of amount of bleeding where that
10 means going from 1,000 cc's of blood loss, so 500 is
11 adequate or 300-350, or whether we are talking about
12 really putting a certain ceiling on the bleeding?

13 CHAIRMAN NOLLER: Hugh?

14 DR. MILLER: Maybe this is clear, but when
15 we've been talking about quality of life, it seems to
16 me that our focus has been the reduction of
17 symptomatology from before and after. But it seems to
18 me that an equally important quality of life issue is
19 something that has been alluded to, but we haven't
20 really called it quality of life, which is what is the
21 invasiveness of the procedure that the patient is
22 being subject to?

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1 Since we are talking about multiple
2 approaches to this problem, one of the scales or one
3 of the quality of life scores that has to be included
4 is what the patient has to go through to achieve that
5 improved quality of life. If we are talking about one
6 procedure that is minimally invasive, can be done as
7 an outpatient, doesn't require surgery, that has to be
8 viewed in a different light than something that does
9 require surgery, that is more invasive, that has some
10 inherent poor quality of life to get to the better
11 quality of life.

12 CHAIRMAN NOLLER: The morbidity of the
13 technique. Scott?

14 DR. EMERSON: So I guess, *a priori*, I
15 would think that major safety concerns I would have is
16 one that Dr. Chegini brought up, is just this idea of
17 leaving the necrotic tissue in the body, and then what
18 sort of things will that lead to with the systemic or
19 local area.

20 The other one that one the presenters
21 brought up was the concept of embolizing the wrong
22 vessels and what effects it would have. And there's

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1 other, I guess, safety issues that are there, as with
2 any procedure, but those are sort of the main two that
3 I look at, this concept of treating fibroids focally
4 rather than doing the hysterectomy.

5 Then we come to the efficacy versus
6 effectiveness question, too. The efficacy is, well,
7 did we successfully remove the fibroids? The
8 effectiveness is: Does removing fibroids treat
9 symptoms?

10 Some of it, I sort of look at as -- I have
11 a question in my mind of what is the purview of the
12 FDA in devices here, is saying, you know, there is
13 this question that has to go with -- you know, is it
14 possible that a patient has pain, since that is an
15 easy thing to deal with, and that the gynecologist
16 removes the uterus, and the patient still has pain, in
17 which case that was just medical judgment of saying it
18 could be that the fibroids in the uterus were causing
19 the pain, but it turned out not to be.

20 So is that -- You know, when we aren't
21 going to remove the uterus, we also have the questions
22 that the bleeding can persist, infertility can

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1 persist, and we have those issues.

2 One of the -- Where I am coming at here is
3 ultimately, we are looking at different procedures
4 that have been recommended for removing fibroids, and
5 then there is the medical judgment as to whether
6 removing fibroids will treat the symptoms.

7 Now with bleeding, it seems clear to me.
8 We can go through and say we can measure whether
9 removing the fibroids is often enough the cause of the
10 bleeding, that we can detect an improvement in the
11 bleeding by removing the fibroids, but that is mixing
12 the two things.

13 Infertility, I doubt that -- It's just an
14 old logistic thing. I doubt that somebody is going to
15 be looking at the true idea that removing the fibroids
16 has improved fertility, but it is certainly possible
17 to do that, to be able to look at that.

18 Again, on pain we've got these quality of
19 life measurements, but I would be very, very
20 interested to find out how much we should be
21 absolutely looking at, whether the effectiveness
22 question is there or how much of that is just the

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1 physician judgment after we have demonstrated that it
2 is safe to remove the fibroids and it is efficacious.

3 We really did. We did de-bulk them or whatever, and
4 then it's up to the physicians to establish whether --
5 the effectiveness of removing the symptoms.

6 CHAIRMAN NOLLER: Let me interject here,
7 just looking at time, and we have six questions -- 2
8 and 1 get twisted in. But, Nancy, have we helped at
9 all on 1 -- Colin? -- before we go on to 2?

10 MR. POLLARD: I would say, in general,
11 yes, you have. I don't see like an overwhelming
12 consensus on the specific question here, but I think
13 you have certainly given us a lot of great input on
14 this. Really, that is all we are genuinely looking
15 for.

16 So unless you saw everything converging to
17 one spot on this -- and maybe that is just the nature
18 of this kind of question -- I would say I don't have
19 any further suggestion regarding that.

20 CHAIRMAN NOLLER: Okay. Unlike yesterday,
21 we don't reach consensus and vote. We are just sort
22 of sense of the panel, trying to help FDA.

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1 Let's change the slide and put Number 2
2 up, just because it is a little different: Based on a
3 response to the previous question, which is sort of
4 out there somewhere, comment on any specific inclusion
5 or exclusion criteria which should be made part of the
6 eligibility criteria for subject enrollment, including
7 minimum or appropriate baseline scores, measurements
8 or symptom level.

9 let me just throw in something important
10 that Ms. George mentioned. As I heard these things,
11 fertility, not fertility, age strata, symptoms,
12 bleeding, mass, pain, race differences, etcetera,
13 etcetera, I am starting to see a 20 x 20 table with
14 numbers 1 and 2 in all the cells.

15 If we could help FDA focus on, gee, the
16 appropriate women would be -- and I'm just going to
17 make this up -- women that have excessive bleeding who
18 are overage 18 and under age 40, or something, or
19 maybe we want them 40 to 50, who knows. But is there
20 some group of women that are not eligible that we
21 should exclude, and is there some large group of women
22 that could be studied that would serve as a basis for

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1 whether or not a technique works, and then it could be
2 expanded after it is on the market? Dr. Cedars, and
3 then Dr. Emerson?

4 DR. CEDARS: Well, I have a couple of
5 things. One has to do with the categories of patients
6 that Ms. George was talking about, and how do we sort
7 of focus this and make it realistic.

8 I can see both sides of the coin. I
9 really think, clearly, people who want future
10 fertility and people who don't want future fertility
11 are separate groups. The caveat is that what I fear
12 will happen is what has happened, is that they develop
13 a technology to be applied to women who say they do
14 not want to seek future fertility, and then we never
15 get the answer to the question for the other group.

16 So I don't quite know how to get around
17 that, because you can't study them at the same time,
18 but because the group that has fibroids that doesn't
19 want to preserve fertility is such a much larger group
20 from an industry point of view, that's where the money
21 is. So that is where they invest their time and
22 money, and then we don't get an answer for this other

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1 population, which is frustrating.

2 The other issue that I want to make -- and
3 I saw this happen a lot when uterine artery
4 embolization arose, and this gets back to the point
5 that a lot of these women are in the forties, and they
6 are having abnormal bleeding for other reasons -- is a
7 lot of this was being driven -- the radiologists were
8 trying to get us to partner with them, but what they
9 really didn't want us to do was to evaluate these
10 women and control their bleeding hormonally, because
11 then they didn't do the procedure.

12 So I think there needs to be some
13 inclusion criteria where hormonal treatment or
14 evaluation and treatment -- they fail that before they
15 undergo a procedure, because a lot of these
16 perimenopausal women -- it's true, true unrelated.
17 Yes, they have fibroids. Yes, they have abnormal
18 bleeding. But it's not the fibroids causing the
19 abnormal bleeding. It's their perimenopausal status.

20 So I think somehow in the inclusion
21 criteria or the prerequisites for study, that needs to
22 be controlled.

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1 CHAIRMAN NOLLER: It was Scott, Paula and
2 then Russ.

3 DR. EMERSON: I would think that it would
4 be easy to do clinical trials that are directed toward
5 symptoms specifically. So in other words, that you
6 could do a clinical trial in those who presented with
7 bleeding symptoms, and again I would think that there
8 might be some differentiation that needs to be as you
9 are then measuring success as to whether the bleeding
10 symptoms were blood loss or whether they were length
11 of periods or something that is more of a quality of
12 life issue as to what the patient was actually
13 complaining about.

14 Similarly, pain is a group that you could
15 test separately, and then the fertility issue is
16 another one, although again I don't have a feel for
17 those. But all of these are things where we are
18 simultaneously combining the issues that you just
19 brought up as saying we are combining the question of
20 whether we can treat the fibroids and whether the
21 fibroids are leading to those symptoms. It's just
22 this question of which the indication will come out

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1 for.

2 CHAIRMAN NOLLER: Paula, Russ and then
3 Jonathan.

4 DR. HILLARD: Building on Marcelle's
5 statement about failure of hormonal therapy, I would
6 potentially broaden that to failure of other medical
7 therapies that could be hormonal or hormonal delivered
8 by an IUD; for example, particularly with relationship
9 to bleeding, but also potentially related to pain,
10 failure of other medical therapies might be a
11 criterion.

12 DR. EMERSON: A qualification question on
13 that. On these things where we are doing this
14 hormonal therapy, are you viewing this as a safety
15 issue or are you viewing this as a statistical power
16 issue? So are we trying to eliminate those people who
17 the therapy is not likely to work for, or are we
18 trying to eliminate people because we don't feel it's
19 safe?

20 CHAIRMAN NOLLER: There's good hormonal
21 therapy for a lot of women for this. So one of the
22 things to consider would be -- in the eligibility

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1 criteria would be anyone who has not already failed
2 hormonal therapy. That would be a potential.

3 DR. HILLARD: It's not so much safety.
4 It's just that it's a less --

5 CHAIRMAN NOLLER: Good care. Russ? Russ
6 has the floor.

7 DR. SNYDER: I wanted to answer Dr.
8 Emerson's question with yes, because you know, I think
9 there clearly is a safety issue. You heard from the
10 reproductive endocrinologist that she wants to make
11 sure that patients have been offered an alternative of
12 failing medical therapy, failing an IUD.

13 The gynecologic pathologist wants to make
14 sure the patient doesn't have another etiology for
15 their bleeding like endometrial cancer and cervical
16 cancer, and that's really important, too.

17 One of my fears is that patients, you
18 know, with their own self-perceived symptoms will
19 search out a therapy and bypass another important
20 step, which is to make sure that what they think is
21 causing their problem is indeed what is causing their
22 problem.

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1 Then I think I can kind of summarize. So
2 I think there is, one, a safety issue there. The
3 second is what we are talking about, is what has the
4 patient been adequately given a description of the
5 alternatives with their risks and benefits of
6 established ways of treating the disease? In other
7 words, have they been given -- you know, told that
8 hormonal therapy will work, and IUD or a hysterectomy?

9 CHAIRMAN NOLLER: Jonathan?

10 DR. WEEKS: I am going to start by raising
11 a question, and that is: If we make the inclusion
12 criteria "The inclusion criteria is that the patient
13 isn't going to be seeking future childbearing," then
14 does that not open up a better opportunity for a
15 randomized trial where the control group is
16 hysterectomy, kind of tying into some of the comments
17 that Dr. Cowan made. That is one thought.

18 The second thought is, as a maternal fetal
19 medicine person, I agree with Dr. Cedars' comments
20 about a failure to follow up on women who would want
21 future childbearing, but it is not as common,
22 certainly. But there are a number of women who have

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1 large fibroids that have had second trimester
2 pregnancy losses or difficulty getting pregnant.
3 conservative measures have been attempted, and they
4 are going to undergo myomectomy.

5 That is a group of women who could
6 potentially benefit from a number of these therapies.

7 I would push for a study of that subgroup of women.
8 It is a small number, but if those women can be
9 successfully treated, then it sort of opens the door
10 for a lot of women in the middle who maybe do want
11 future childbearing, have symptoms but not severe
12 enough to seek a hysterectomy or a myomectomy.

13 DR. HILLARD: I was going to comment on
14 the failure of hormonal therapy. There are a lot of
15 women who are dissatisfied with hormonal therapy, even
16 if it is effective. They are concerned about
17 continuing to ingest a metabolically active product
18 over a long period of time when they could just go out
19 and get a definitive answer. So I wouldn't want to
20 exclude them.

21 CHAIRMAN NOLLER: Absolutely. Yes, Dr.
22 Romero?

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1 DR. ROMERO: I'm just a little confused,
2 because I think the comments made by Dr. Snyder and
3 Dr. Cedars were fundamentally different. My sense was
4 that one had to do with coming to a point at which
5 there is the strength of credibility or belief in
6 diagnosis, and the other one had to do with excluding
7 the possibility in a study design when testing a
8 particular device -- excluding the possibility that
9 what we might conclude as failure, if you will, may
10 not have necessarily been failure, because what was
11 precipitating the symptom or what was assumed to be
12 precipitating the symptom may not have been.

13 I think those are two very different
14 things. From a clinical study design perspective, it
15 seems that there would be a desire to have eligibility
16 criteria such that whatever the intervention is that
17 is being tested, that there is statistically some
18 strength behind whether it has actually had an effect
19 or not.

20 So it seems to me that, if the fibroids
21 are not necessarily -- and I'm not a clinician,
22 obviously, but if the fibroids are not necessarily

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1 causing the problem and that can be excluded prior to
2 enrollment in the study, that that would be a given.
3 So I don't -- It seems that your comment had more to
4 do with sort of clinical certainty around the
5 diagnosis.

6 CHAIRMAN NOLLER: Dr. Shirk and then Dr.
7 Emerson.

8 DR. SHIRK: I guess that my concern about
9 we are obviously talking about contraindications for
10 doing the procedure. Obviously, other than ruling out
11 other pathology -- other associated pathology, one of
12 the questions again is location. Obviously, it
13 becomes an eligibility criteria.

14 Basically, we know from uterine artery
15 embolization that, obviously, pedunculated fibroids
16 have particular issues. Do you include or exclude
17 those? I tell my patients a lot of times, fibroids
18 are like realists; they dissolve location.

19 So the submucosal fibroids are much more
20 likely to cause bleeding than a fibroid that's out in
21 the subserosal area. Is there any specific problems
22 with treating those? Obviously, in some of the

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1 embolization studies, there has been a group of those
2 women, a fairly high percentage of them, that will
3 slough, you know, submucosal fibroids. So in treating
4 their bleeding, you are basically, obviously, creating
5 -- with an embolization or something that is going to
6 cause death of the fibroid, basically another clinical
7 issue.

8 So I would think one of the criteria that
9 we would have to exclude or decide to include or
10 exclude is basically location.

11 CHAIRMAN NOLLER: Dr. Emerson.

12 DR. EMERSON: I just wanted to clarify.
13 When I spoke of statistical power, that was exactly
14 this point you were making, that we can home in on a
15 group that has a very highly likely chance to benefit
16 from the treatment, and going with that is also the
17 thing to make certain that then the benefit of the
18 treatment would generalize to the patient population
19 that it was less likely to do. But being a
20 statistician, we can always deal with throwing in
21 patients that it does nothing to, and just as larger
22 sample size. But we want to make certain that it is

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1 safe in that population, and then any population that
2 we have excluded that we haven't excluded something
3 that we would have gotten a very different answer.

4 CHAIRMAN NOLLER: FDA comment? Is that
5 what you are working on?

6 MS. BROGDON: Yes. I think when you are
7 ready to leave this question would be a better time.

8 CHAIRMAN NOLLER: Well, we are pretty
9 close, because it's just about time for the noon
10 break. Colin?

11 MR. POLLARD: Thank you. This has been a
12 great discussion we are hearing, and in particular, we
13 are very sensitive to the issue of infertility and not
14 having the answer regarding pregnancies.

15 One thing, and it is really just a
16 different twist on the same question, and FDA is in
17 part responsible for some of the studies you have seen
18 with focused ultrasound and UAE that we don't see
19 women who desire to become pregnant. That was partly
20 our concern relating to safety and so forth.

21 So we contributed to that. So maybe the
22 question we would like to hear a little discussion of

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1 is: Even if the primary complaint is bleeding, if she
2 is of childbearing age, should we -- maybe this is not
3 exactly the way to answer the question. Should we be
4 excluding those patients who desire future pregnancy
5 or should we not make that an exclusion criteria and
6 simply put in some kind of requirement to follow those
7 who do for pregnancy? I think that's the concern.

8 It was connected to the safety side of the
9 question, but that's kind of where that was.

10 CHAIRMAN NOLLER: That's a good question,
11 and actually, this is a wonderful thing for us to talk
12 about at lunch, unlike yesterday. We can talk about
13 these ideas.

14 MS. BROGDON: No. I think not, because
15 the whole point of this is to have the discussion in
16 public.

17 CHAIRMAN NOLLER: Okay. All right. So
18 please talk about basketball. Let's break. We will
19 met at ten to 1:00, so we can have another couple of
20 hours.

21 (Whereupon, the foregoing matter went off
22 the record at 11:57 a.m.)

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A F T E R N O O N S E S S I O N

Time: 12:54 p.m.

CHAIRMAN NOLLER: Let's come back to order. We have sort of worked our way through one and a half of the six questions, but in looking down the list, they are so interrelated, we are sort of answering some of the others.

We are talking about eligibility criteria, and I am not sure we can get a whole lot farther on that. Dr. Snyder wanted to make a comment, and then Dr. Cedars.

DR. SNYDER: I am going to start off by saying, you know, I always come clean, and I am going to be a hypocrite here, and I have no political aspirations. So I figure that's okay.

The reason I preface that is because, if I was on an IRB today, I would be singing a completely different song. But with what Mr. Pollard brought up, I would be real reticent as a panel to want to preclude women altogether who are still desiring or have any plans for future pregnancy, because otherwise we would be in the exact same dilemma we are today

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1 with uterine artery embolization.

2 You know, we had the first one of those in
3 1995. We were reminded of that today. We are now 11
4 years into this, and it is still regarded as a
5 contraindication to the procedure, and all we've got
6 as obstetrician/gynecologists to counsel patients who
7 do conceive post-uterine artery embolization is a few
8 case series.

9 I would much prefer as a clinician to be
10 able to counsel patients as to what do I need to
11 advise you as far as risk associated with as pregnancy
12 goes, route of delivery and everything else. The only
13 way we are going to get that is if we have some well
14 designed clinical trials looking at the issue.

15 CHAIRMAN NOLLER: Marcelle.

16 DR. CEDARS: I agree, except that I think
17 that they really are two different populations, and
18 the endpoint of what they want to achieve, success, is
19 different in those two patient populations.

20 So for me, it is almost two different
21 studies, because one is much more of a symptom driven,
22 whether it's bleeding, whether it's pain, I don't want

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1 to have a hysterectomy but I want to get rid of these
2 symptoms, which is very different than saying there is
3 infertility and there is a fibroid in place.

4 So I think that the fertility patients or
5 infertility patients need to be studied, because I
6 agree with you completely; because otherwise what
7 happens is we are left with absolutely no data.
8 However, I think that is a different study.

9 What you could do -- and you could design
10 that very easily, because we don't even have data, for
11 that matter, about myomectomy and impact on fertility,
12 other than submucosal fibroids -- would be to
13 randomize people between myomectomy and X, whatever
14 that procedure is, who want to maintain fertility;
15 because the issue would be the same in terms of
16 functionality of the uterus, both for conception,
17 implantation, labor, with myomectomy and whatever that
18 procedure is.

19 So to me, it is a different study. I
20 don't think you can put them all into one. I think,
21 in the study that is looking at symptoms, you really
22 would exclude people. What I would just put a plea in

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1 for is that there is an arm that looks specifically at
2 women who want to preserve fertility. But I think
3 they are two different patient populations.

4 CHAIRMAN NOLLER: Hugh?

5 DR. MILLER: As a maternal fetal medicine
6 person, we are constantly faced with this, and to me
7 this is no different than the panoply of drugs that
8 women bring into pregnancy with them for which we have
9 virtually no data. It's gotten a little bit better,
10 but still, it's difficult to counsel people.

11 I guess I would hate to hold women in
12 general hostage to this one group, as important as I
13 think it is and as much as I would like to encourage
14 companies to study pregnancy because of what you said
15 earlier, which is it's a small population.

16 There is not a lot of financial incentive.

17 In fact, there is a tremendous amount of financial
18 disincentive. The medical liability, potential risk
19 of rupture, the very things that we have discussed
20 today are all disincentives to studying this
21 population.

22 So I think the natural state of affairs is

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1 that women who are not likely to be reproductively
2 active are going to be enrolled in these studies.
3 There will be some that will become reproductively
4 active, will be subject to case series, because there
5 is not going to be an incentive to do it any other
6 way. I mean, I really don't think so.

7 I think what we can ask companies to do is
8 to follow women, particularly women who have the
9 potential for being reproductively active, but I think
10 more than that is not realistic. It's just not going
11 to happen.

12 CHAIRMAN NOLLER: Dr. Weeks?

13 DR. WEEKS: I agree with you. I think it
14 is difficult. But I'm not certain that I agree that
15 it is not doable, again especially if you lump in the
16 patients that have large fibroids that have lost
17 pregnancies in the second trimester; and yes, some of
18 these ablation procedures, there's a future risk for
19 abruptio, etcetera, but those same patients, if they
20 are undergoing a myomectomy, take on a significant
21 risk that they just have an outright hysterectomy, to
22 begin with.

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1 So I think the counseling is difficult.
2 It is a difficult study. I feel that -- I agree with
3 Dr. Cedars that the younger women and the
4 perimenopausal women are physiologically different.
5 The measure of success will be different, the long
6 term outlook is -- The time interval is different.

7 So that the best way, I think, to study
8 the patients who are looking to future fertility is to
9 specifically go after infertility patients or patients
10 who have had pregnancy losses that we think are due to
11 fibroids.

12 CHAIRMAN NOLLER: Dr. Shirk.

13 DR. SHIRK: I think, obviously, what
14 happens when a patient gets pregnant is an important
15 issue, but I think probably the primary issue in a
16 group that wants to maintain fertility is basically
17 their impact on fertility itself or fecundability.

18 Basically, like uterine artery
19 embolization, do you develop a uterine artery problem
20 with follicular phase defects? Basically, what is the
21 effect on the ovary and ovarian function? These are
22 questions we have no idea about.

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1 Obviously, from the limited data we have,
2 probably if somebody gets pregnant, they probably
3 progress through a fairly normal pregnancy. Rupture
4 would obviously be the main issue, but I think one of
5 the bigger issues with reproduction is basically the
6 question of what impact does this have on a patient's
7 ability to achieve a pregnancy.

8 CHAIRMAN NOLLER: Let me do something
9 here. I am going to carve out about 10 minutes for
10 some audience interaction here, and then I am going to
11 jump to questions 4 and 6, because they have issues
12 that we really haven't talked about. You might want
13 to sort of look at those. But let's see if there --
14 Based on the panel discussion, have there been any --
15 or are there any thoughts from some of the members of
16 the audience? We would entertain one minute questions
17 or comments, if anybody would like to do so.

18 Please rise, and come to the podium, and
19 state your name.

20 DR. ISAACSON: Keith Isaacson, just here
21 as an interested observer today. Just some comments
22 from the earlier this morning's discussion.

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1 I think, number one, I just want to talk
2 about objective measurements. I don't think that we
3 can use -- and you guys have brought it up several
4 times -- that we can use the fibroid size as an
5 objective measurement of success. I think the uterine
6 artery embolization data has already shown that
7 fibroids that reduce in volume between 15 and 40
8 percent in size will have the similar effect on
9 symptomatology.

10 Number two, I think Dr. Shirk brought
11 this up. But certainly the size of a fibroid -- A 2
12 centimeter submucosal fibroid, can cause a lot more
13 bleeding sometimes than a 4 centimeter one. So again,
14 the size may be irrelevant.

15 Dr. Cedars brought up hormonal therapy,
16 and to my knowledge there is not a hormonal therapy
17 that is FDA approved for fibroid treatment. So I am
18 not sure that you can really say or that we should say
19 that patients should fail hormonal therapy before they
20 are entered into a study, since we don't have a
21 hormonal therapy that is FDA approved.

22 My last comment is regarding Tiger Woods.

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1 He is still -- He's been number one in the world for
2 the last four years. I would say that's pretty good.

3 Thank you.

4 CHAIRMAN NOLLER: Any other comments from
5 the floor? One more, I see.

6 DR. GREENBAUM: I thank you again. I know
7 I've had my five minutes.

8 CHAIRMAN NOLLER: Affiliation, too?

9 DR. GREENBAUM: I'm sorry?

10 CHAIRMAN NOLLER: Name and affiliation.

11 DR. GREENBAUM: I'm sorry. My name is
12 John Greenbaum, and I represent Biocompatibles.

13 CHAIRMAN NOLLER: One minute.

14 DR. GREENBAUM: I asked for the input of
15 Dr. Robert Worthington Kirsch in the course of this
16 presentation, and Dr. Kirsch is well published in the
17 area of uterine fibroid embolization and does quite a
18 few of these procedures a year.

19 In the event that this Panel does suggest
20 and recommend the use of clinical trials to support
21 UFE indications, Dr. Kirsch's input was, first of all,
22 these therapies are for control of symptoms. Patients

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1 don't come in and say they have a fibroid and want the
2 fibroid treated. They have symptoms to be treated.

3 Dr. Kirsch recommends, and I recommend,
4 that the Panel require trials only of those devices
5 which are physically, chemically unique and measure
6 endpoints that are related to the symptoms for which
7 the patient sought treatment.

8 Second is to require comprehensive bench
9 and laboratory preclinical testing in support of the
10 kinds of issues and questions that are being asked of
11 here.

12 Third is, when it comes to the measurement
13 of blood loss, the UFS QoL is a validated fibroid-
14 specific tool. Measuring blood loss against the PBLAC
15 method requires the use of a 15-year-old sanitary
16 product, which women really don't care to use.

17 Last, if I don't get the input later, Dr.
18 Kirsch gave me a lot of input that he felt that this
19 Panel's time and effort and FDA's resources should be
20 well spent on the issue of fertility.

21 My clients are developing drug eluting
22 products that are related to uterine fibroid

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1 embolization. The issue of fertility is not well
2 studied.

3 CHAIRMAN NOLLER: Thank you. That's two
4 minutes. thank you.

5 DR. GREENBAUM: Thank you very much.

6 CHAIRMAN NOLLER: Anyone else? Name and
7 affiliation, please.

8 DR. STABINSKY: Hi. Seth Stabinsky, and I
9 am also here as an interested observer.

10 I think that the issue of including women
11 who want to keep their fertility in these trials is --
12 I agree with the Panel member who talked about the
13 IRB, you know, if you were sitting on an IRB that you
14 just wouldn't be able to tolerate that. However, the
15 need to know that for our patients is incredibly
16 important to know whether these methodologies are
17 going to allow them to have safe pregnancies in the
18 future.

19 It is not just a matter of whether they
20 can get pregnant. It is if the pregnancy doesn't --
21 if they do get pregnant, we have all the problems that
22 could be associated with the pregnancy, IRGR,

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1 etcetera. That is not really fair to the fetus.

2 I thought that Dr. Cedars' comment was
3 really great, the notion that this is a separate
4 study, and also the understanding that the medical
5 device industry can't support that study. You know, I
6 think it would be very powerful to have a committee --
7 to have a panel like this, you know, have a conclusion
8 that says the NIH should fund a study like that,
9 because I think that there is a definite need to know
10 that answer. It affects a large number of women, and
11 we can't risk the safety of babies in a small study,
12 and the device companies can't put money into that
13 small market.

14 CHAIRMAN NOLLER: Thank you. Other
15 comments? First and second. You are first. Name and
16 affiliation, please.

17 DR. TAY: My name is Sew-Wah Tay from AMS.

18 I just wanted to point out the uterine
19 fibroid symptom of quality of life questionnaire
20 actually is a composite fibroid symptom kind of
21 question that covers almost everything that was
22 discussed here, including pain, bleeding and also bulk

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1 symptoms, and it is validated.

2 So that actually is a pretty good quality
3 of life questionnaire to use for endpoints here.

4 CHAIRMAN NOLLER: Thank you.

5 DR. ALIKACEM: Nadir Alikacem with
6 Insightec.

7 I just would like to make sure that we are
8 -- from my personal perspective, that we are not
9 making two things into one. Fertility -- that's a
10 claim to make somebody fertile, for whatever reason.
11 Making pregnancy safe, I believe, is different from
12 fertility. Thank you.

13 CHAIRMAN NOLLER: Thank you. Other
14 comments from the floor? All right. Thank you for
15 those. Some very thoughtful comments.

16 Let's look at question 4 for a minute,
17 because we really haven't talked about this. We have
18 sort of avoided it. We've talked about most
19 everything else, but selection of an appropriate
20 control arm for surgical procedures can be
21 challenging. The panel has criticized nonrandomized
22 control groups of hysterectomy patients in the past.

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1 For some procedures, small control is not possible.

2 Discuss other possible control options,
3 myomectomy, no control. Dr. Emerson favors a patient
4 as her own control. It was suggested a laparoscopic
5 super-cervical hysterectomy from the floor today.

6 A procedure, whatever it is, what is
7 "control" or should there be no control? Dr. Sharp?

8 DR. SHARP: I think, since we are talking
9 about minimally invasive techniques, I think the
10 question of using uterine artery embolization as a
11 control is a reasonable one. I know there was mention
12 of using the laparoscopic sub-total hysterectomy to
13 compare that to a device.

14 I think that is probably not the same.
15 That is a hysterectomy comparing something that is
16 being performed to treat a fibroid, but leaving it in
17 place. I think uterine artery embolization actually
18 has been studied enough now that it is considered a
19 standard of care, and I believe has been recognized by
20 several organizations.

21 So I think that would be a reasonable
22 randomization arm.

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1 CHAIRMAN NOLLER: Before we go on to the
2 next, would you see it as randomized or a series of
3 each?

4 DR. SHARP: Obviously, randomization would
5 be nice, to decrease the bias going into the study.
6 Obviously, you wouldn't be able to blind that, but
7 randomized, nonetheless.

8 CHAIRMAN NOLLER: Dr. Emerson and Dr.
9 Cedars.

10 DR. EMERSON: Well, I am going to see
11 somewhat on what Dr. Cedars said, so she gets the
12 chance to say that I misunderstood it completely,
13 when she was speaking earlier and saying that, to
14 women coming in, you are frequently telling them that
15 this is a symptom sort of issue and that, when you
16 actually have the procedure is when your symptoms are
17 bad enough. So that then what we have to do is be
18 able to identify women who -- and I'm making these
19 numbers up -- are at some level of equipoise. Do they
20 have it now or do they have it in six months, and
21 randomize them.

22 So that you do have to worry that is that

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1 the patient population that you are trying to find
2 out about? Is that more mild disease, and it won't
3 carry forward to the more severe disease? But that
4 still allows that comparison to say you are perchance
5 just randomizing them to having the procedure or
6 having it delayed, but if it can be delayed enough,
7 you still have the chance of looking at, say, six
8 month quality of life.

9 CHAIRMAN NOLLER: Dr. Cedars.

10 DR. CEDARS: I guess I have trouble with
11 using uterine artery embolization as the control, as
12 the standard, because here you have a procedure that
13 never itself has been compared to what we consider a
14 gold standard and has not been used in people who want
15 to preserve fertility, and it is now going to become
16 the standard against which other things are going to
17 be tested. That makes no sense to me.

18 I think, if you -- The procedures that are
19 standard are either myomectomy or hysterectomy. And
20 since most of these women are choosing less aggressive
21 procedures because they want to preserve the uterus,
22 then I think you are looking at comparing myomectomy

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1 to -- a surgical myomectomy to X; and certainly, for
2 the women who want to maintain fertility and thereby,
3 obviously, want to maintain their uterus, that is what
4 their alternative would be, to have a surgical
5 myomectomy or to do XYZ. But I have a real sense of
6 dis-ease at using uterine artery embolization as the
7 standard by which we grade other things.

8 CHAIRMAN NOLLER: Dr. Sharp.

9 DR. SHARP: Just a thought on that, and I
10 respect that. I think, in terms of using myomectomy,
11 although it has been around for a long time, I don't
12 know that it has been studied that well in terms of
13 really looking at numbers.

14 I think comparing like procedures to like
15 procedures is always helpful, and I don't think
16 comparing a uterine sparing procedure which is
17 minimally invasive to a hysterectomy, which is not
18 minimally invasive, is like.

19 I just would argue that, even though
20 uterine artery embolization has not been around that
21 long, there's actually now a fair amount of data from
22 that, and although we don't have a lot of pregnancy

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1 outcomes, I don't know, again, that we have that data
2 with other methods either.

3 CHAIRMAN NOLLER: Dr. Shirk?

4 DR. SHIRK: Well, I guess, basically --
5 First of all, most women that are looking for the
6 procedures that are necrosing are, obviously, looking
7 at ways to avoid surgery. Okay? So I see a surgical
8 arm as being not an acceptable thing for most patients
9 going into a study.

10 Also, when we did the endometrial ablation
11 studies, you were using a procedure that would be
12 similar, I guess, to uterine artery embolization that
13 had been somewhat standardized, and then comparing the
14 other techniques of doing the same procedure to it.
15 So I mean, I guess basically I would have no problem
16 in saying that using uterine artery embolization,
17 which we do have a lot of data on and is basically
18 judged on life quality, as basically being a control
19 arm to which you could compare other technologies that
20 are going to cause necrosing kind of injuries to the
21 fibroids, talking about the same kind of injury,
22 however you get it.

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1 CHAIRMAN NOLLER: Let's discuss a little
2 different thing. What about no control, essentially
3 case series, that the decision is that if you achieve
4 X results in these 200 women that you are going to use
5 your new procedure on is good enough?

6 Everybody hates it, I know. Dr. Emerson,
7 Dr. Miller.

8 DR. EMERSON: And here I thought that I
9 was in something about OB/GYN, but I get to make my
10 standard cancer statement.

11 You know, cancer has been doing this for
12 years and years and years, and cancer has now the
13 number one killer of people.

14 CHAIRMAN NOLLER: Dr. Miller.

15 DR. MILLER: I think ixnay on the no
16 control group. I think we ought to be able to come up
17 with some suitable control group, and I like what has
18 already been suggested, which is a comparable control
19 group.

20 I don't know. I guess I would favor the
21 uterine artery embolization as a comparable control
22 group.

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1 CHAIRMAN NOLLER: Russ?

2 DR. SNYDER: I agree with the no control
3 issue. I think, though, what we have been talking
4 about, we are going to have to accept that there is
5 not the perfect study to study this, and it is going
6 to depend on what symptomatology we are looking at.
7 Like Dr. Cedars was saying, if we are really going to
8 look at an issue of fertility, then it is going to be
9 myomectomy versus another procedure. If we are
10 looking at other symptoms, then another control group
11 may be appropriate for one study, and I just think we
12 are going to have to accept variation.

13 I also want to say, though, that
14 ultimately the only thing that is going to control for
15 a disease that has as much anatomic variation as
16 fibroids do as far as location, size, and if there is
17 no correlation between size, location and
18 symptomatology, it is going to require a randomized
19 controlled trial.

20 I don't think that it is unrealistic for
21 us to expect that that is going to get done, and it
22 was done for uterine endometrial ablation with a

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1 multi-center randomized trial between hysterectomy and
2 endometrial ablation.

3 I do think that there are some patients
4 that are so stratified on one end of the spectrum that
5 they wouldn't enter into such a trial, but there are
6 others that really understand the dilemma that we as
7 clinicians are in, is that I don't know what the
8 ultimate hysterectomy rate is going to be for patients
9 undergoing endometrial ablation.

10 If they are at a point and they are trying
11 to make an informed decision between a major invasive,
12 definitive surgery versus a temporizing maybe
13 permanent procedure, and they understand that we as
14 clinicians can't counsel them as to the facts, that
15 they are willing to enter a randomized trial, that has
16 major implications for them.

17 CHAIRMAN NOLLER: Nancy?

18 DR. SHARTS-HOPKO: I support the
19 randomization. I think that this would be a case
20 where they would have to do a second level of consent
21 after the randomization.

22 DR. SHIRK: Well, with endometrial

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1 ablation, we never did do a randomized hysterectomy
2 versus ablation trial. I mean, that wasn't part of
3 the gig. When we first started ablations a long time
4 ago with a laser, basically, you know, that was a
5 different era for the FDA. But basically, all we did
6 was show that it decreased menstrual flow, and
7 basically then we moved to the Rollerball. So they
8 changed the procedure to the Rollerball.

9 That really was almost a 510(k) type of
10 thing, and basically only when we got to the global
11 endometrial ablation devices did the FDA require PMAs
12 and basically then had a "standardized" procedure in
13 the Rollerball ablation, which wasn't really
14 standardized, because the power settings were
15 different. The size of the ball was different. All
16 kinds of things were different, but -- I won't go into
17 that, but basically, I can see that we are in similar
18 parallels with the myometry.

19 Basically, most of them are basically
20 necrosing kind of procedures that we are talking
21 about, and so that with using the data that we have
22 and the procedure that we have already with uterine

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1 artery embolization, we've got a parallel situation.

2 CHAIRMAN NOLLER: Howard?

3 DR. SHARP: Just again to talk about
4 randomization and why I think it would be important, I
5 think we are dealing with great heterogeneity when we
6 are talking about fibroids. We've talked about that.

7 If you introduce -- or if you can mitigate
8 the bias, that is going to be extremely helpful. So I
9 think that is the one thing that randomization does.
10 So I would argue for that.

11 CHAIRMAN NOLLER: Hugh?

12 DR. MILLER: I was just going to say the
13 obvious, which is that by having a comparative trial,
14 it doesn't preclude the comparison within each of
15 those groups in a case series type fashion, as you
16 originally suggested.

17 CHAIRMAN NOLLER: One of the things, too,
18 that I meant to bring up this morning, just as we were
19 going along -- One of the things that leads to the
20 type of trial it is, is what the manufacturer -- what
21 they want their indications to be.

22 You know, we can say we want infertile,

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1 fertile, all ages. For the instrument, they only want
2 an indication for women over age 40 with their tubes
3 tied, for instance. You know, that is what the trial
4 is probably going to be about. So that will -- The
5 trial will depend a little bit on what they are asking
6 for, too. Marcelle?

7 DR. CEDARS: One of the things that is
8 required, and I think we as physicians and sometimes
9 as investigators forget, is that when you present
10 something to a patient, you really have to be in
11 equipoise. I mean, you really have to feel like you
12 don't know what the answer is; and if you are
13 convinced you know what the answer is, absolutely none
14 of your patients are going to want to be randomized.

15 So I think, you know, certainly, for the
16 fertility patient, the standard of care is a
17 myomectomy. So to say myomectomy versus this,
18 whatever "this" is, is not illogical. Yes, one is
19 invasive, one is maybe not or less so, but we really
20 don't know in terms of the outcome which is going to
21 be better.

22 I would argue, we don't know that for

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1 uterine artery embolization, because it has never been
2 compared head to head. So to say that that, all of a
3 sudden, which is something that has been done based on
4 case series, is going to become our standard against
5 which we gauge other things doesn't make sense to me.

6 I think that you can absolutely randomize
7 these people, but it is incumbent upon the
8 investigator to be honest with the fact and not have
9 their own biases and really admit that we honestly
10 don't know for both short term and long term what's
11 the best option for these patients.

12 CHAIRMAN NOLLER: Jonathan.

13 DR. WEEKS: I agree 100 percent,
14 especially if we are talking about a separate study
15 for patients who are looking to have future children.

16 I don't follow these women long term anymore. So
17 this is more of a question. But if in the other
18 study, the patients who are not expecting to have
19 children in the future, who have completed their
20 childbearing -- if the gold standard is a hysterectomy
21 -- So if those patients are going to be cared for in a
22 normal clinical fashion, most of those patients today,

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1 even with things like uterine artery embolization, are
2 undergoing hysterectomy.

3 If those types of patients are going to
4 randomize, and I guess you can argue whether it should
5 be uterine artery ablation or not -- I still favor
6 hysterectomy. But if those patients are then
7 randomized to noninvasive techniques, ultimately the
8 hysterectomy long term might be another measure of
9 success, because you have uterine artery ablation, you
10 have your other newer technology, and at one year or
11 two years out, how many of those patients have then
12 undergone a hysterectomy becomes another component of
13 the success definition, if you will.

14 CHAIRMAN NOLLER: That, actually, is a
15 nice lead-in to question 6: Typically, FDA has asked
16 manufacturers to provide pre-market evidence of
17 treatment success at the six-month point after
18 surgery, with the understanding that the women will be
19 followed for a minimum of three years. What is the
20 appropriateness of this?

21 Nancy, before we go on, did you want to
22 say something?

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1 MS. BROGDON: Mr. Pollard has a question
2 about randomization. I don't know if you want to
3 continue where you were going?

4 CHAIRMAN NOLLER: No, I'll read it all
5 again.

6 MR. POLLARD: This kind of brings us back
7 to question 4 again. Sorry. It's a tough question.

8 I think I understand the points being made
9 if somebody was going to pursue the infertility
10 indication, the points about randomization that Dr.
11 Cedars makes. I think that was pretty
12 straightforward, but I think we also heard that it is
13 probably unlikely that a sponsor is going to pursue
14 that indication, for a variety of reasons.

15 So that backs us up to what is the more
16 probable symptom, which would be the most common
17 complaint from fibroids, which is bleeding. So if
18 bleeding is the indication that is going to be
19 pursued, then is there a role, or what would be the
20 role of randomization? What would be the control
21 group chosen?

22 I guess I would like to just press the

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1 point a little bit harder without trying to direct it
2 in any regard. I heard the point half in jest about
3 cancer and, you know, when you -- just a single
4 series, and look at patient improvement. Obviously,
5 an important component of that is what is the outcome
6 measure for that symptom, and what is the size of the
7 effect?

8 Is the panel as a consensus or as a group,
9 are there camps of groups who don't believe that we
10 can define an outcome measure and a size of effect in
11 a single arm setting, if bleeding were the indication?

12 CHAIRMAN NOLLER: A 100 women who are
13 anemic from bleeding probably from their fibroids --
14 if 98 of them are made a whole lot better by the
15 technique, it is probably a good technique. That
16 sort of single arm study series is what you are
17 suggesting would be appropriate in some cases. Is
18 that right?

19 DR. EMERSON: I just wanted to raise the
20 question: Are all instances in which you are treating
21 women for bleeding -- is it really medically indicated
22 or is some of it the quality of life of menorrhagia?

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1 CHAIRMAN NOLLER: Practically, it's both.
2 We have women who use 12 tampons an hour and say they
3 have normal periods, and others use two a day and
4 complain about the heavy periods.

5 DR. EMERSON: There's the distinction
6 there that you could randomize the women where it is
7 more quality of life, because those are the women who
8 might be wanting to delay this and might be having
9 more variability from period to period as to how much
10 bleeding there is; whereas, if it is really medically
11 indicated, that's where it is more important that you
12 have the best standard of care as your control group,
13 and delaying may not be that best standard.

14 CHAIRMAN NOLLER: Marcelle?

15 DR. CEDARS: I have a couple of comments.
16 One goes back to the comment about hormone treatment,
17 and I wasn't talking about hormone treatment with
18 fibroids as the indication, but the reality is that
19 most of the people who bleed from fibroids are also in
20 the perimenopause.

21 So the question is they have had their
22 fibroids for 10 years; now at 45 they are bleeding.

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1 Is it their fibroid that makes them bleed or is it
2 their perimenopause, which is why I was talking about
3 hormonal treatment initially, not as a treatment for
4 their fibroids but as a treatment for their bleeding,
5 which is in fact, as we have said, what they came in
6 for. They didn't come in and say I have fibroids;
7 they came in and said I have bleeding.

8 So I think treating them with hormonal
9 medications first is appropriate.

10 Then secondly, I still think that you have
11 to randomize the people, even the people that you are
12 evaluating just for bleeding. The question is what is
13 your comparator. If you are going to use something
14 like uterine artery embolization, then the duration of
15 the study becomes -- or the duration of the follow-up
16 becomes relevant, because it is likely that most
17 things would give you a short term benefit.

18 The question is what is the duration of
19 that benefit, and how many people ultimately come back
20 to either another procedure, another minor procedure,
21 or ultimately a hysterectomy?

22 So I still think you have to randomize

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1 these patients, but I think the two questions that are
2 brought up by that are, one, what is the comparator;
3 and two, what is the duration and endpoints for
4 following?

5 CHAIRMAN NOLLER: Let's hold the endpoints
6 -- or the length of time for just a minute and see if
7 there are any other comments about the single arm sort
8 of approach.

9 DR. CHEGINI: I don't have a comment as
10 regards to your question. But if the industry come
11 along and promote these devices for fibroid treatment,
12 if you exclude the infertility patient, you actually
13 have to assign only the treatments for uterine
14 bleeding problems.

15 There are studies already indicating that
16 majority of women that they have high incidence of
17 fibroids, they actually occur between age 45 to 50,
18 and those are also the bleeding problems. So if they
19 design their studies that you do not include patients
20 that they desire reproductive success in that way, so
21 you are ignoring one group all the way.

22 CHAIRMAN NOLLER: Yes, Gerry? Gerry,

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1 then Russ.

2 DR. SHIRK: My only argument for a double
3 arm maybe with uterine artery embolization is that you
4 get data on what is good, better, best, and that you
5 are also collecting data on the procedures that -- one
6 procedure that is already proved. Basically, you get
7 an idea of what complications are coming out of your
8 control arm, as well as what complications are coming
9 out of the new necrosing technology that you are
10 looking at.

11 So that, basically, it is not only are you
12 using it as a control arm for a similar type of
13 procedure, but you are also getting some data on the
14 overall success and, basically, complications of the
15 procedures in general.

16 CHAIRMAN NOLLER: Russ.

17 DR. SNYDER: I was just going to comment
18 specifically on the question that was asked. You
19 know, if we are going to just pick abnormal bleeding
20 or menorrhagia as is what is being studied, I don't
21 again think it is impossible to have a randomized
22 control trial that is going to answer and take care of

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1 the heterogeneity in this whole issue.

2 If it is not a randomized controlled
3 trial, however, we are going to have to require a lot
4 of stringent criteria. It is going to have to be some
5 way to, one, evaluate the endometrial cavity, either
6 hysteroscopically, hystero graphically, to know that we
7 are also not dealing with a submucous myoma. You
8 know, we are going to have to have some way to verify
9 that we are not treating dysfunctional uterine
10 bleeding in a patient that also has a 4 centimeter
11 intramural myoma.

12 It is just going to require a lot more
13 selection criteria to be able to get valid scientific
14 evidence, if we are not going to rely on the
15 randomized controlled trial.

16 CHAIRMAN NOLLER: Other comments? Hugh?

17 DR. MILLER: Well, I guess I would just
18 add that, even in the setting of a randomized
19 controlled trial, because of the variability that has
20 already been mentioned, it is still going to be
21 important to monitor those different variables to make
22 sure that the sample is proportionate in those areas;

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1 because I don't envision these as being a thousand
2 patient trials. They are going to still be small, and
3 it would be easy to throw the analysis off by having a
4 misproportion of patients.

5 CHAIRMAN NOLLER: Let's talk about follow-
6 up then. Typically, six-month follow-up -- how are
7 they doing at six months? And some decision is made
8 then at the panel or by FDA, but the patients in the
9 trial are followed for three years.

10 Now I have heard a couple of people say,
11 you know, we need to see how many had hysterectomies
12 at three years or something, which I think would be
13 wonderful. But in fact, just based on delay and
14 delay, I would guess that no sponsor wants to wait
15 three years after their last patient has been entered
16 before they bring it to the FDA for a PMA.

17 So that is a long time, even though it is
18 information that we would like to have, and really
19 more post-market. Dr. Emerson?

20 DR. EMERSON: Well, I was going to let
21 pass the trial of 1000 patients, but since I can
22 address both of these at once: Where is it written

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1 that there can't be a trial of 1,000 patients, and
2 where is it written that there can't be a trial that
3 lasts three years? This is what happens in a lot of
4 other diseases, that the studies last that long.

5 So I don't understand why that is
6 automatically a criterion, that we would just say, oh,
7 it's okay to do science that we don't really care
8 about, just because we are trying to do this. The
9 criterion should be what we care about and, if it
10 takes that long to do it, we should do it.

11 CHAIRMAN NOLLER: Russ?

12 DR. SNYDER: You know, I'm sitting here
13 thinking, what's the problem with this? Well, the
14 problem is, one, we are asked to comment on the safety
15 and the efficacy. We can do safety with a very short
16 time frame, and we can do one measure of efficacy in a
17 short time frame. But the real measure of efficacy
18 that my patients want to know about is what is the
19 chances that they are going to need to undergo a
20 second procedure, a hysterectomy, on top of this other
21 procedure in the next five, 10 or 15 years until they
22 are menopausal.

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1 So part of the problem is how are we going
2 to define efficacy, because there is a short term
3 efficacy and a long term efficacy.

4 CHAIRMAN NOLLER: Good point. Ms.
5 George. Who else?

6 MS. GEORGE: I've been listening to all
7 the comments about doing the clinical trials and all
8 of that, and one of the things I just want to remind
9 us of is that the United States is supposed to be the
10 best place to have medical care, and what's happening
11 is that more and more of the products are getting
12 approved and used safely and effectively everywhere
13 else in the world much faster -- China, Japan,
14 throughout Europe, and we do have monitoring and
15 regulatory work we have to do in those countries as
16 well, clinical trials we have to do. But we are
17 having products that are taking three, four, five,
18 six, 10 years longer to get approved here in the
19 United States.

20 DR. SANFILIPPO: Could you share with us
21 another country -- I mean, to me it's one year or
22 three years -- okay? -- for follow-up. What would be

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1 the standards in some other countries? Would it be
2 like a design for one year and then a PMA at that
3 point, or help us understand that.

4 MS. GEORGE: It does vary by product, and
5 it is usually risk based. It is a risk based profile
6 that we have to put together, that you define it with
7 clinical people that you partner with, similar to this
8 kind of an environment. So depending on the country
9 and depending on the protocol, there is a lot of
10 variation that happens with the practice of medicine,
11 because we do have to address that through the risk
12 profile.

13 The FDA does accept risk profiles. So
14 that, you know, the question was where is it defined.

15 It isn't defined just for that reason, because the
16 FDA does partner with us to sit down and say, okay,
17 what are the risks associated with this. What are the
18 oversight that goes on, the control mechanisms and
19 things like that.

20 So that's why it does take a while to
21 define them, but there isn't a black and white, you
22 know, it's six months or it's a year. It's based on

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1 risk and what it is you are trying to focus, and what
2 the risks of not having the care available are, not
3 just the risks of having it.

4 CHAIRMAN NOLLER: I don't quite
5 understand risks. Many of these procedures, the risk
6 is over in 48 hours or something, if you are talking
7 about procedure risks. But the risk of another
8 procedure in this case, this specific case, fibroids
9 isn't over for six months, one year, five years, 10
10 years; because if many of them fail at one year, where
11 80 percent of the women need a hysterectomy after a
12 year, what was the need of the procedure in the first
13 place? That is sort of what we are talking about.
14 Yes, Marcelle, and then Gerry.

15 DR. CEDARS: Wouldn't some of that come
16 under what they list as the indication for the
17 procedure? I mean, if they list, you know, long term
18 treatment of abnormal bleeding or if they list -- you
19 know, I mean, could you -- because I do believe, to
20 some extent, to have them have three-year data before
21 even coming to market is a tad bit onerous for the
22 company.

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1 On the other hand, six months worth of
2 data is almost inconsequential. So somewhere between
3 there is what is reasonable. I would say a minimum of
4 a year, you know, with some requirement for post-
5 market follow-up, but that would also dictate what
6 they are able to say in their indications and
7 expectations for use of the device, I would think.

8 CHAIRMAN NOLLER: Gerry?

9 DR. SHIRK: Well, first of all, the long
10 term follow-up and failure hasn't even been
11 established for myomectomy. I mean, basically, the
12 genetic predisposition -- you know, these people, if
13 you do a myomectomy and you took out every fibroid you
14 could see, these patients may be back in three years -
15 - you know, if they've got a predisposition for
16 fibroids, back in the same position they were.

17 So I think it is a long term, three-year
18 thing. To sort of hold these procedures to a standard
19 that we don't even hold our own surgical procedures to
20 may be too much.

21 The other thing, obviously, as Elisabeth
22 said, there is basically two things, basically. A lot

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1 of these companies that are developing these
2 technologies are small companies. They don't have a
3 lot of money to do long term studies. If you are
4 developing cancer drugs, that's one thing. You are
5 generally big companies and stuff, but this whole
6 industry here is driven by smaller companies. I mean,
7 it is basically -- You know, we do have to take into
8 account some of that.

9 Obviously, we need to take in consumer
10 protection. Also, a lot of our technologies, at least
11 surgical technologies, aren't being put into effect,
12 not because of the FDA but because we get a lot of
13 lawyers out there trying to sue us and sue companies.

14 CHAIRMAN NOLLER: Hugh, then Dr. Romero,
15 then Dr. Emerson.

16 DR. MILLER: I was just going to say that,
17 since I was the one who brought up the 1,000 person
18 study, I don't think anybody sitting around this table
19 would advocate for mediocre clinical trials.

20 On the other hand, there is a pragmatic
21 component which, if we can't trials off the ground
22 because we can't fund them either in the private

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1 sector or in the public sector, then those -- you
2 know, whether they are being done around the world
3 still means that our patients aren't going to have
4 access to those procedures and those technologies.

5 So it seems to me that we are constantly
6 balancing risks and benefits in any individual
7 procedure, as we are in study design. So nothing is
8 perfect, but we are trying to derive the most benefit
9 with the least risk.

10 In terms of the issue of follow-up, I
11 think -- to the gynecologists on the panel -- if a
12 year seems reasonable, then a year is reasonable. It
13 is not everything that we would want, but it is most
14 of what we would want.

15 CHAIRMAN NOLLER: Dr. Romero.

16 DR. ROMERO: I guess, in the way that some
17 of these time periods are being stated, I am coming
18 away with the impression that there's a certain
19 arbitrariness about it; and I wonder if, given the
20 methods that are currently used in clinical practice
21 with regard to treatment of fibroids prior to
22 hysterectomy, for instance, if there are data that are

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1 already out there that can be consulted with regard to
2 what is the rate -- for instance, like Dr. Noller was
3 using, I think, just as example -- if there is a
4 certain percent of the patient population that is
5 treated less than basically, that within a year's time
6 or whatever the case is, that then subsequently
7 undergo hysterectomy, seems that the data that are out
8 there for the standard of care that is currently used
9 should inform this discussion in terms of that being a
10 goal or the point beyond which newer technologies
11 would be assessed.

12 So that if, just to use your -- you know,
13 what you threw out, I think, just as an example of 80
14 percent of patients who undergo a less invasive
15 procedure have undergone subsequent hysterectomy in a
16 year's time, it seems that that should be some gauge.

17 So that may be not the three-year burden that seems
18 onerous, but either a smaller -- a lower rate in the
19 same time period or, if it is an appropriate different
20 time period based on the data that we have.

21 CHAIRMAN NOLLER: Dr. Emerson.

22 DR. EMERSON: Just as there are different

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1 time frames of efficacy and whether you are looking
2 for the very short term effects or the long term
3 effects, the same is true of safety, and the same is
4 true of such issues as -- you know, it may well be
5 somebody who wants to preserve their reproductive
6 potential that two years is enough, and then after
7 that having the hysterectomy is not the end of the
8 world.

9 So it is very hard to judge all of these
10 things, and again I would agree entirely with the
11 statement that of, if a year seems reasonable, then it
12 probably is, because that is what we are usually going
13 on, is our understanding of the disease process and
14 our understanding of when the bad events would happen
15 and how well we can be able to assess that, how
16 important those events are and how likely they are to
17 happen. The medical judgment comes in there.

18 Then just as one comment, I will note that
19 in the cancer world the small start-up biotech firms
20 are very small, and are faced with this exact same
21 problem.

22 CHAIRMAN NOLLER: I am sensing that maybe

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1 FDA would -- Colin, you just looked a little agitated.

2 Is this going the way you wanted or have we exhausted
3 what we can do usefully for you on this question?

4 MR. POLLARD: I'm sorry if I looked
5 agitated. I just wanted to point out, just in case
6 there was any clarification needed, that model that
7 you see up there is a six-month pre-market model. The
8 three-year part is in a post-market setting.

9 CHAIRMAN NOLLER: I think what people were
10 starting to suggest is perhaps a 12-month pre-market.

11 MR. POLLARD: I'm not agitated. I'm just-

12 CHAIRMAN NOLLER: No, I thought maybe you
13 thought we had carried this as far as we could go.

14 DR. WEEKS: This is a question for folks
15 that do these types of surgeries. But the shorter we
16 make it -- Since these procedures won't be blinded,
17 the shorter the follow-up, then perhaps the more
18 important fact is, you know, that this isn't blinded.

19 The second statement I will make is I
20 think a 12-month pre-market follow-up seems about
21 right. It is arbitrary. I would be concerned if that
22 is all there was, though, particularly again since it

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1 is not blinded.

2 CHAIRMAN NOLLER: Dr. Chegini and then
3 Russ.

4 DR. CHEGINI: I think the reason one year
5 is probably adequate, because first of all, these
6 tumors are hormonally dependent, absolutely. Number
7 two, they are very slow growing tumors. They don't
8 grow or double in size between a matter of a month or
9 two.

10 If you recognize that, so at least
11 following whatever device anybody is making and
12 claiming that it dissolved the tumor or some liquid of
13 material there is going to be dissolved and so,
14 therefore, the following tumor that they are coming
15 up, it may take longer for them to grow than six
16 months. So I think a longer period is definitely
17 necessary, regardless of whether the outcome of that
18 treatment is fertility or bleeding.

19 CHAIRMAN NOLLER: Russ?

20 DR. SNYDER: You know, again, I will
21 always believe that there is short term efficacy and
22 long term efficacy, and there's going to be different

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1 definitions of success from one patient to another;
2 because some of my patients -- if I told them that
3 there was going to be a 25 percent chance you need a
4 hysterectomy in the next 10 years, they are going to
5 go, well, why wouldn't I just have my hys now; and
6 others are going to go, gosh, you know, that would be
7 great, you know. I can delay. You have a 75 percent
8 chance I'm not going to.

9 So there's going to be individual patient
10 definitions of what would constitute success. But in
11 looking and having reviewed the articles that were
12 included in our packet, you know, there were a couple
13 that had follow-up at 24 months and one in there that
14 had follow-up at five. But the incremental increase
15 in failure after one year was very small.

16 You know, referencing the one by Dr. Spies
17 that did actually make the statement that there was
18 likely -- long term failure was more likely in those
19 not improved at one year. So I am very reticent to
20 want to do six-month looks as opposed at a minimum
21 look at a year.

22 DR. EMERSON: I will just note that,

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1 depending upon how you define what follow-up you want
2 over a year, you don't really have to follow
3 everybody for that year. So if it's a time-to-event
4 sort of analysis and so on, then you are happy
5 averaging over that year. It doesn't absolutely have
6 to be that it's a year from the accrual of the last
7 patient.

8 CHAIRMAN NOLLER: Ms. George.

9 MS. GEORGE: A couple of the presenters
10 asked us while they were presenting, were we going to
11 consider the devices that all devices were equal in
12 this process. It sounds like we are coming to sort of
13 a consensus to say that they are all equal. Does
14 everybody feel that way still, because I think that we
15 heard some people saying that they thought that their
16 solutions were, granted, not talking 510(k) or PMA
17 but clinical trial focus. Are we coming to that
18 consensus?

19 CHAIRMAN NOLLER: I was quite impressed at
20 how different many of them were. What's everybody
21 think? Marcelle?

22 DR. CEDARS: Well, I mean, equal in terms

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1 of what? I think that, getting back to what Russ said
2 in terms of safety and efficacy, they are all going at
3 the same endpoint, but the path to get there is
4 different and, therefore, their safety might be
5 different, and the risks might be different.

6 So I'm not quite sure what it means to say
7 they are all equal. Does it mean that, if one passes,
8 the other does or would it somehow eliminate each of
9 them from doing their independent trials? I don't
10 know what your comment is asking, I guess.

11 MS. GEORGE: I guess what I was asking was
12 -- We are talking about, you know, like a one year on
13 the pre-market, and if we are saying that is for all
14 of the device submissions, that I heard we heard about
15 a couple of very different, some that already have --
16 the technology is already approved, but it's just the
17 specific use, or if it is the specific focus of
18 bleeding or if it is the specific focus of fibroid
19 ablation or whatever. I guess that is what I was
20 asking.

21 CHAIRMAN NOLLER: It will depend a bit,
22 too, on what indication is being asked for, and that

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1 may vary, I suspect, a fair bit among the various
2 devices. Marcelle?

3 DR. CEDARS: Yes. I mean, if that is what
4 you are asking, then I would say yes, that if there is
5 an indication for abnormal bleeding with fibroids,
6 then the duration of the study ought to be the same
7 for all of them.

8 CHAIRMAN NOLLER: And Colin suggested that
9 they wanted as level a playing field as possible and
10 don't want different rules for every device, but that
11 will depend a little bit on how safe it is and what
12 the indication is being asked for. Russ?

13 DR. SNYDER: My comment now is totally a
14 question. So, you know, things that we require as far
15 as a device, are those same issues going to be applied
16 equally to the truly pharmaceutical treatment, the
17 same symptoms and the same tumors?

18 CHAIRMAN NOLLER: Actually, I think Nancy
19 would be the appropriate person to answer that
20 question.

21 MS. BROGDON: Maybe I could defer to Dr.
22 Emerson.

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1 CHAIRMAN NOLLER: Nobody here knows
2 anything about drugs.

3 DR. EMERSON: Only to the extent that I'm
4 sitting on the committee at the same time.

5 CHAIRMAN NOLLER: Yes, Gerry?

6 DR. SHIRK: On endpoints, I guess one of
7 the things we haven't addressed, I guess, or doesn't
8 seem to me like we have addressed -- we've talked
9 about outcomes as far as clinical outcomes and success
10 or failure, but we haven't spent very much time on
11 safety.

12 CHAIRMAN NOLLER: No, we haven't. Let's
13 spend some time on safety.

14 DR. SHIRK: And if we are going to talk
15 about outcomes, we also have to talk about -- Maybe
16 that's device specific, but --

17 CHAIRMAN NOLLER: Colin?

18 MR. HILLARD: Yes. I am going to -- At
19 first, I wasn't going to say anything. I think I will
20 give you a partial response on the drug question.
21 Obviously, this is a device panel, and we set our own
22 mark.

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1 I will say that we had -- We collaborated
2 -- Actually, NIH spearheaded a symposium last year, a
3 second symposium on fibroids, looked at the whole
4 realm of fibroids, everything from the biology to the
5 drug side of it. We did have a session where we
6 looked at clinical trial design for treating fibroids,
7 and a couple of the presenters spoke to the drug side
8 of things, and our colleagues -- and it's still a
9 fully developed program, but where it was headed was,
10 in fact, looking at abnormal uterine bleeding, using
11 PBLAC and actually, regarding the issue of using old
12 tampons and pads, basically the way you do it is you
13 revalidate a newer, more modern tampon or pad, and
14 then you do a nested validation within the trial
15 itself to just recalibrate it.

16 They looked at two endpoints, namely
17 reduction in bleeding by the PBLAC score and looking
18 at need for surgery at some point down the mark. But
19 the one big difference there is using a placebo
20 control and having a management regimen for the women
21 on the -- Well, you would have a standard management
22 regimen for managing all the patients and then,

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1 obviously, there would be some points where things
2 would kick out.

3 Anyway, that's sort of a quick overview of
4 it, and I don't presume to speak for our colleagues in
5 CDER. But that is a quick snapshot of it.

6 CHAIRMAN NOLLER: Thank you. Safety.
7 Gerry, since you brought it up, what do you say about
8 it?

9 DR. SHIRK: Well, I think each of them has
10 safety issues. Obviously, having been involved a
11 little bit with early myolysis, both from a laser
12 standpoint and then a thermal standpoint, there is
13 obviously the big question of when you interrupt the
14 surface of the uterus, whether it is through
15 laparoscopic means, with cryoblation, some other hot
16 thermoblation device as to adhesion formation and
17 problems like that even, I don't think there is any
18 doubt about what happens as far as internal adhesions
19 with the patients who have had uterine embolization.

20 I mean, does this create a significant
21 problem with adhesions and subsequent pelvic pain
22 problems? There is the issue of, obviously, necrosing

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1 tumor and, obviously, creating bowel problems or
2 creating infection problems.

3 So I think that each of these necrosing
4 technologies is going to have its own safety issues
5 that are involved with it. The idea of using the
6 compression device for the uterine arteries -- I mean,
7 you are right at the ureters. I mean, are there going
8 to be a significant number of ureteral injuries in
9 these patients where you are crushing the ureter for a
10 significant length of time, too?

11 So I think these are all safety issues.

12 CHAIRMAN NOLLER: And it is more than just
13 the 48 or 72 hours after the procedure. It could be
14 years later, much like it is in some drugs, for rare
15 complications that are not found out about for years
16 and years. Yes?

17 DR. SANFILIPPO: And maybe in a sense this
18 is directed to Gerry. I mean, were there some
19 criteria to look at safety with the ablation
20 techniques, and was there some thought of the time
21 frame to identify that, or how did you determine
22 safety?

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1 CHAIRMAN NOLLER: Gerry?

2 DR. SHIRK: I think it was -- That's
3 pretty easy, because that was just abnormal outcomes.

4 I mean, most of the safety problems are going to be
5 immediate with some kind of interperitoneal problem or
6 infection because of the thickness of the uterus and
7 the fact that you were just treating one thing, the
8 endometrium.

9 So you are basically trying to thermally
10 destroy the endometrium. Here we are doing something
11 that is destroying the myometrium. That is a
12 deliberate through and through injury.

13 CHAIRMAN NOLLER: Even there, you could
14 argue that you need a 30-year study to find out if
15 endometrial cancer doesn't bleed in those few. So any
16 of these things could be potential long term
17 complications.

18 DR. EMERSON: I was going to mention the
19 cancer and also the question of can any of them have
20 long term effects on fertility, that would be not
21 immediate but a few years down the road in fertility
22 development?

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1 CHAIRMAN NOLLER: Marcelle?

2 DR. CEDARS: Well, I mean, I think if we
3 are going to have one year as the sort of time for
4 follow-up, I would be -- I think it would be
5 unanticipated that an adverse event, even some of
6 these more delayed adverse events, would occur. I
7 mean, they are either going to be acute procedural
8 events or, if there are going to be infections or
9 something else, certainly within, I would say,
10 probably three months you are going to have an answer
11 to that.

12 So if our sort of endpoint is one year, I
13 think you are really going to get all the potential
14 adverse outcomes except maybe the person who gets
15 pregnant and ruptures a uterus, but since they are not
16 going to be indicated for people -- likely, for people
17 who want to preserve fertility, that is going to be
18 caught in the post-market three-year follow-up. But I
19 think any other injury or safety related issue would
20 be really sort of pretty short term or, certainly,
21 captured in the first year.

22 CHAIRMAN NOLLER: Other comments?

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1 DR. EMERSON: And I will note that on
2 something like the cancer surveillance that is the 30
3 years, which is impractical, would also be something
4 that could be picked up far later in such things as
5 case control studies and things like that. That is
6 sort of the only thing you would have for those really
7 long term, and probably even some of the fertility
8 sorts of things could be that mechanism.

9 CHAIRMAN NOLLER: We've gone over
10 virtually all the major items here. The one that we
11 sort of finished and, I think, gave some direction to,
12 probably the most important one, is Number 1. We
13 talked about that at some length.

14 We still have some time, but I have the
15 sense that we are starting to run down on ideas. We
16 have sort of talked this out about as much as we can.

17 Who has some thought provoking discussion
18 stimulating thing to say? Oh, Russ will.

19 DR. SNYDER: Yes. This is not thought
20 provoking. I just have some concern. I am worried
21 about trying to throw out this pictorial based
22 assessment of bleeding as some sort of standard.

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1 CHAIRMAN NOLLER: Throwing out as in
2 excepting it?

3 DR. SNYDER: Yes, because I have some real
4 concerns about the reproducibility. I mean, we were
5 given three studies. Two validated each other. Of
6 course, there is always a question of the measure of
7 validation, and one that decided they didn't validate
8 it altogether.

9 Then when I heard that others are talking
10 about this, because not only do I worry somewhat that
11 every investigator would have to validate that it is
12 reproducible in their own hands with whatever items
13 that they are using, but we are also going to be left
14 with a huge subjective assessment of whether bleeding
15 is -- In other words, I don't think we can have just a
16 quantifiable measure to satisfy whether it was
17 successful as far as decreasing bleeding is concerned.

18 That is also going to be subjectively
19 determined by the patient. Hence, again, you know, I
20 have more comfort in the survey, I think, in assessing
21 effectiveness than I do in this attempt at quantifying
22 blood loss.

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1 CHAIRMAN NOLLER: Yes, Nancy?

2 DR. SHARTS-HOPKO: You know, years back --
3 Decades back, you could get women to weigh their pads
4 or save their pads. You're not going to get that now.

5 I mean, you are going to have to deal with women
6 saying their bleeding has improved and, if you can get
7 a pad count and an estimate of saturation, I think
8 that's the best you are going to be able to do.

9 CHAIRMAN NOLLER: Oh, we're going good
10 here. Gerry?

11 DR. SHIRK: Well, the only reason for
12 using like a PBLAC score would be basically if you
13 really wanted to put a ceiling of treatment. I mean,
14 that's what we did with the ablation things. We
15 needed a ceiling that you couldn't go above.

16 CHAIRMAN NOLLER: In case you made it
17 worse?

18 DR. SHIRK: Well, or in case you did. I
19 mean, you had to have something that said this was a
20 treatment success. So to get below that ceiling, you
21 had to go below it, but basically -- So we needed a
22 quantifiable kind of a thing, and it was simple and

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1 wasn't totally onerous, and that worked well. But I
2 think in this thing where it is a life quality issue,
3 again if it is built into the Fibroid Life Quality
4 kind of questionnaire and you have some way of
5 quantifying it -- My question was, if we go with -- If
6 you go with a percentage drop, or do you put a success
7 ceiling on it?

8 CHAIRMAN NOLLER: Marcelle?

9 DR. CEDARS: Well, I don't think -- I
10 think you are going to have a lot of difficulty
11 validating -- you know, to do another validation study
12 and say the pads, the napkins, whatever are different
13 now than they were when that standard was established.

14 I think you would have a very hard time doing that.
15 However, I don't think you would have a hard time -- I
16 mean, we have done studies even recently where you
17 show them the pictures, the diagrams, and they mark it
18 down.

19 I mean, I don't think they are going to
20 save it and bring it in and do all that stuff. And
21 granted, the tampons and the pads are very different
22 now than they were, but the likelihood is that all the

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1 patients have a similarly different protocol; and
2 since they are going to be compared against either
3 themselves or, if it is a randomized study, the other
4 group, both of whom are using the same standard, if
5 you will, the current market standard, I still think
6 something somewhat more objective than "I just think
7 I'm bleeding less," you are going to have to have
8 something.

9 That, short of weighing and measuring, is
10 all you are going to have. So I think you have to
11 still use something like that.

12 CHAIRMAN NOLLER: Dr. Romero, then Dr.
13 Sharp and then Colin.

14 DR. ROMERO: I think I would just like to
15 make a more general comment with regard to this
16 question around objective and subjective measures.

17 In research design, I think there is a
18 probably misplaced that -- and measures are truly
19 objective and, therefore, better and they are
20 quantitative, just the dichotomy between the hard
21 science of quantitative data versus qualitative.

22 I think maybe we should just be a little

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1 careful to recognize that this concept of objectivity
2 is on a continuum. The high likelihood that there
3 wouldn't be a randomized study introduces bias on the
4 side of the objective -- the measures that we are
5 calling objective.

6 So I think, if we are going to be
7 concerned about we are calling the symptom --
8 measurement of change in symptom by patient as quality
9 of life measures, they are symptom measures. I think
10 using the term quality of life, to a certain extent,
11 sort of demeans those measures, and I don't know that
12 that is appropriate.

13 The fact that it is unlikely that there
14 would be randomization does introduce a bias in the
15 area of these objective measures that we are giving a
16 lot of weight to. So I just think that it is probably
17 important that we remain cognizant of that, because --
18 Well, I'll just leave it at that, and just the whole
19 literature around -- I think, in response to a
20 specific comment that was made around bleeding, for
21 instance, regardless of, I guess, the correlation with
22 objective measures of increase or decrease in

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1 bleeding, to a certain extent, if the patient believes
2 that less bleeding is taking place, and that was their
3 primary complaint, then less bleeding -- or maybe less
4 bleeding isn't taking place, but the complaint has
5 been addressed.

6 So I would just -- Just a general comment
7 around how we are valuing these measures and the terms
8 we are using.

9 CHAIRMAN NOLLER: Dr. Sharp.

10 DR. SHARP: Occasionally, at our
11 institution we have a journal club, and you are all
12 familiar with that where you really look at articles
13 in depth. It might be wise or helpful for a group of
14 smart people, including epidemiologists and people who
15 know all this stuff, to actually look at some of these
16 different studies, because we've got -- There were
17 three on the PBLAC.

18 Some of them were done in women that were
19 not even necessarily complaining of menorrhagia, and
20 then other studies were done in women coming to a
21 menorrhagia clinic, so clearly different populations.

22 Then there is this Ruta score, and then

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1 there is also the quality of life UFS score. It might
2 be nice to actually have a group look at those and see
3 which ones may be validated or may be more
4 appropriate.

5 CHAIRMAN NOLLER: Mr. Pollard.

6 MR. POLLARD: Just two points. One is it
7 was just to highlight that FDA has used the PBLAC
8 scores for numerous studies in the past, and has a
9 pretty good track record with them. The package that
10 we sent out to you, we did not try to make it a truly
11 expansive package, you know, completing addressing
12 those. So that comment from Dr. Sharp is an
13 interesting idea, to really delve into that.

14 The second point is -- and maybe this was
15 intentional or maybe oversight, but we kind of past
16 question Number 5, and it's a tough one.

17 CHAIRMAN NOLLER: That's why we skipped.

18 MR. POLLARD: We are probably going to get
19 kicked out of this room in about 12 minutes, but I
20 think it also speaks to a question I brought up
21 earlier, which had to do with the size of the effect.

22 That is, obviously, indication and outcome measure

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1 specific, and I am not sure whether you want to
2 comment on this or not. But if the panel thought they
3 had some input here, we would appreciate it.

4 DR. SHARTS-HOPKO: Well, I think the crux
5 of the matter with Number 5 is something we have
6 talked about a number of times today, and that is that
7 success is as the patient defines it.

8 So if the person has the procedure and six
9 months or a year later they are happy, and they
10 believe they have improved, then they are not going to
11 running back for another procedure. If they believe
12 otherwise, then they are going to go running back for
13 another procedure.

14 So I don't see that -- I mean, I think we
15 have laid out various things that we want to monitor,
16 but the bottom line is that the patient decides
17 whether or not she is finished with treatment.

18 DR. SHIRK: How can you answer Question 5
19 if you don't have a defined study and a statistical
20 way you are going to look at things. Then you can put
21 a quantity on the bottom line. Obviously, with our
22 ablation devices we had defined endpoints.

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1 If you are going to use quality of life,
2 then I don't think any of us know what endpoints we
3 want. How much reduction in scores do we want or
4 where do we want to go? So I think that would be an
5 issue that would have to be discussed when the PMAs
6 are designed.

7 DR. EMERSON: I guess I always answer
8 Question 5 by I still bend over to pick up a dollar,
9 but I won't cut your grass for it anymore. So it's
10 the question of, you know, the amount of effect I want
11 to see depends upon what is the cost of the therapy
12 otherwise, and so if I am worried about lots of late
13 occurring effects and I am worried about that the
14 endpoint is merely a surrogate for the thing I really
15 care about, I want to see a big difference. But if it
16 is something that has no side effects and is a
17 clinical endpoint that matters a whole lot to me, a .1
18 percent improvement is something that I would like to
19 have.

20 So it's very hard to answer it in a
21 vacuum.

22 CHAIRMAN NOLLER: Marcelle.

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1 DR. CEDARS: Yes. I mean, I was thinking
2 sort of similarly when I was just scribbling down
3 stuff when I was reading this. To me, it is what is
4 the risk, and what is the benefit? The more invasive,
5 the more risky the procedure, the more benefit I want
6 to see before I would think it was reasonable.

7 So it depends what your measure is going
8 to be. So 25 percent improvement might be adequate,
9 if it is a fairly inconsequential intervention. I
10 would want to see 50 percent improvement, whatever
11 that is, if it were more invasive.

12 So I mean it would have to be something --
13 I think it is going to have to be more than like a 10
14 percent for the patient to recognize it as an
15 improvement. So I think you are in the 25 to 50
16 percent and up for the patient to -- for it to be
17 clinically relevant, more than statistically relevant.

18 DR. CHEGINI: I have a general comment to
19 all of you that take care of these patients.

20 As you all know, more and more specialists
21 outside OB/GYN taking care of these patients and using
22 these devices. Are these physicians familiar with the

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1 hormonal status of these patients, that they are maybe
2 influencing the abnormal bleeding or their pain and so
3 on and so forth?

4 So following surgical procedure that they
5 do, who is going to look after those problems and
6 symptoms? I think you are. So, therefore, is it
7 going to be a bridge between the two disciplines or
8 how we are taking care of the patient and the
9 consumer's points of view, patient interest rather
10 than industry's?

11 CHAIRMAN NOLLER: You raise a good issue,
12 and certainly, there has been some problems in that
13 area among the various specialties. I am not sure
14 that is -- That could wind up being a gripe session
15 here among the gynecologists. I think we had better
16 avoid it, but it is a good point, that ultimately we
17 often wind up taking care of them, regardless of who
18 has performed the procedure that may or may not work.

19 I don't think we helped you out a lot,
20 Colin, there, but who knows? Julia? You have one
21 minute.

22 DR. CAREY-CORRADO: Okay. Thank you all

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1 so much. This has just been an awesome two days, and
2 we appreciate all the tremendous effort and quality of
3 thinking that has gone into your discussions. And
4 than you in particular, Dr. Noller. We are going to
5 miss you very, very much as our Panel Chair.

6 I did want to add one comment to the
7 discussion of today, and that is that one of the
8 things that we have to keep in mind is device
9 labeling. You all talked a lot about labeling
10 yesterday, and these -- The design of studies to
11 evaluate devices to treat fibroids need to yield a
12 body of data that we can put in the label.

13 We have to feel like those data are good
14 enough to share with people across the country so that
15 they can make an intelligent and informed decision.
16 So one thing that at least I am going to be taking
17 away is that you have identified benefits of different
18 types of outcome measures, and I think, frankly, the
19 truth is somewhere involving a mixture of them,
20 depending on the study design.

21 There is certainly a place for what we are
22 calling quality of life. The more objective, what we

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1 are calling more objective, also has value. We have
2 seen repeatability with respect to endometrial
3 ablation studies, and so that PBLAC score does seem
4 to be somewhat, not uniform, but at least have wide
5 applicability.

6 So I think we are going to be using a
7 combination, but again we want to share the closest we
8 can get to the truth based on what are essentially
9 small studies. That's all I wanted to say.

10 CHAIRMAN NOLLER: Thank you. Ms. Brogdon,
11 anything additional?

12 MS. BROGDON: Nothing specific. I just
13 wanted to thank the Panel for your expertise and your
14 energy that you brought to this discussion.

15 CHAIRMAN NOLLER: I am supposed to remind
16 you to turn in your little thingees. The
17 questionnaire is about the place, if it didn't get
18 shredded. If it did, Dr. Bailey can send you another
19 one in the mail.

20 DR. BAILEY: Let me know.

21 CHAIRMAN NOLLER: I thoroughly enjoyed my
22 time with this Panel and working with FDA. It has

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1 been a pleasure. It's actually been a lot of fun,
2 particularly the phone conferences that were terrific.

3 This meeting of the OB/GYN Devices Panel
4 is adjourned.

5 (Whereupon, the foregoing matter went off
6 the record at 2:18 p.m.)

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