

vr

VR

DEPARTMENT OF HEALTH AND HUMAN SERVICES
FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

GASTROINTESTINAL, DRUGS ADVISORY COMMITTEE

Tuesday, November 16, 1999

9:00 a.m.

Holiday Inn
2 Montgomery Village Avenue
Gaithersburg, Maryland

vr

COMMITTEE MEMBERS PRESENT:

STEPHEN D. HANAUER, M.D., Chairman

ROSEMARY BERARDI, Pharm. D.

GEORGE D. FERRY, M.D.

NANCY L. GELLER, Ph.D.

LOREN LAINE, M.D.

JOANNE A. WILSON, M.D.

*

MILLER REPORTING COMPANY, INC.
507 C Street, N.E.
Washington, D.C. 20002
(202) 546-6666

*

C O N T E N T S

<u>AGENDA ITEM</u>	<u>PAGE</u>
Call to Order and Opening Remarks	4
Introduction of Committee	4
Conflict of Interest Statement	5
Open Public Hearing	7
NDA 21-107, Lotronex (alosetron) Tablets, Glaxo Wellcome, Inc.:	19
Introduction	19
Serotonin 5HT3 Receptors and Signaling in the Gut	23
Rationale for the Use of 5HT3 Antagonism in IBS	31
Gender Differences in GI Physiology and Disease	37
Questions and Answers	43
Alosetron Efficacy and Safety	67
Review of Cases of Ischemic Colitis	89
Questions and Answers	99
FDA Presentation:	138
Efficacy	138
Safety	145
Summary	155
Questions	157
FDA Questions to the Committee	178
Adjourn	219

1 DR. WILSON: I'm Joanne Wilson. I'm at Duke
2 University Medical Center, gastroenterology.

3 MS. STANDAERT: I'm Joan Standaert, the Executive
4 Secretary of the Committee.

5 DR. FERRY: I'm George Ferry, pediatric
6 gastroenterology, from Baylor College of Medicine, in
7 Houston.

8 DR. GELLER: I'm Nancy Geller. I'm Director of
9 the Office of Biostatistics Research at the National Heart,
10 Lung, and Blood Institute, in Bethesda.

11 DR. RACZKOWSKI: To my left will be Dr. Robert
12 Prizont, who is a medical reviewer from the Division of
13 Gastrointestinal Drug Products. I am Dr. Victor Raczowski,
14 the Deputy Office Director in the Office of Drug Evaluation
15 III.

16 DR. GALLO-TORRES: I'm Dr. Hugo Gallo-Torres. I
17 am the Medical Team Leader of the reviewing division, the
18 Division of Gastrointestinal and Coagulation Drug Products.

19 CHAIRMAN HANAUER: And at this point, Joan
20 Standaert is going to read a statement regarding conflict of
21 interest.

22 MS. STANDAERT: The following announcement
23 addresses the issue of conflict of interest with regard to
24 this meeting and is made a part of the record to preclude
25 even the appearance of such at this meeting.

1 Based on the submitted agenda for the meeting and
2 all financial interests reported by the Committee
3 participants, it is has been determined that all interests
4 in firms regulated by the Center for Drug Evaluation and
5 Research which have been reported by the participants
6 present no potential for an appearance of a conflict of
7 interest at this meeting, with the following exceptions.

8 In accordance with 18 U.S.C. 208(b), full waivers
9 have been granted to Dr. Loren A. Laine and Dr. George D.
10 Ferry which permit them to participate in all official
11 matters concerning Lotronex. A copy of these waivers may be
12 obtained by submitting a written request to the agency's
13 Freedom of Information Office, Room 12-A-30 of the Parklawn
14 Building. We would also like to disclose for the record
15 that Dr. William M. Steinberg will be excluded from
16 participating in all matters pertaining to Glaxo Wellcome's
17 Lotronex.

18 With respect to FDA's invited guests, there are
19 reported interests which we believe should be made public to
20 allow the participants to objectively evaluate his comments.
21 Dr. Arnold Wald would like to disclose for the record that
22 he was an investigator on alosetron, but not the principal
23 investigator. He also has a grant from Glaxo on a matter
24 unrelated to alosetron.

25 In the event that the discussions involve any

1 other products or firms not already on the agenda for which
2 an FDA participant has a financial interest, the
3 participants are aware of the need to exclude themselves
4 from such involvement, and their exclusion will be noted for
5 the record. With respect to all other participants, we ask,
6 in the interest of fairness, that they address any current
7 or previous financial involvement with any firm whose
8 products they may wish to comment upon.

9 That concludes the statement for this meeting.

10 CHAIRMAN HANAUER: Anyone else want to comment
11 regarding that?

12 [No response.]

13 CHAIRMAN HANAUER: Okay. For each of these
14 Committee meetings, there is an opportunity for the public
15 to make any comments, and at this point we've been notified
16 that there are two individuals who represent the
17 International Foundation for Functional Gastrointestinal
18 Disorders who would like to speak.

19 I would like to invite Nancy Norton to make the
20 initial comments.

21 MS. NORTON: Thank you. Good morning, Members of
22 the Committee. Thank you for the opportunity to appear
23 before you today. I am the founder and President of the
24 International Foundation for Functional Gastrointestinal
25 Disorders and the current Chairman of the Digestive Disease

1 National Coalition. The IFFGD addresses the needs of
2 individuals with functional gastrointestinal disorders,
3 irritable bowel syndrome being the most predominant one.

4 As the founder of IFFGD, I began the organization
5 in 1991, when there was little educational information or
6 support available to patients and no specific medical
7 treatment offered to patients living with irritable bowel
8 syndrome. It wasn't until the mid-1990s that we saw a
9 stronger interest in the functional GI disorders, and IBS in
10 particular.

11 Irritable bowel syndrome is a chronic complex of
12 symptoms affecting as much as 20 percent of the population.
13 Symptoms include abdominal pain, bloating, constipation,
14 diarrhea, and fecal soiling. These common dysfunctions
15 strike people from all walks of life and result in a
16 significant toll of human suffering and disability.

17 Irritable bowel syndrome represents one of the
18 most common conditions encountered by gastroenterologists
19 and general internists. It accounts for 20 to 50 percent of
20 referrals to gastroenterology clinics. Approximately 70
21 percent of individuals with IBS in the community are female,
22 with the incidence being reported as high as 90 percent in
23 medical centers.

24 In the U.S. Household Survey of Functional
25 gastrointestinal Disorders, Prevalence, Socio-Demography,

1 and Health Impacts, draftsmen reported that individuals with
2 IBS will miss 13.4 days of work annually, as opposed to the
3 4.9 national average. IBS alone has recently been called a
4 multi-billion-dollar problem by the gastroenterology
5 community.

6 Survey data by Tally reflects that patients with
7 IBS incurred an annual health care bill of \$742, in 1992
8 dollars, compared to \$429 for those without the condition.
9 Data also reveals that there is an increased risk of
10 unnecessary abdominal surgery correlated by IBS patients.
11 Hysterectomy or ovarian surgery has been reported in female
12 patients with IBS as high as 47 to 55 percent, and has been
13 performed more often in the IBS patient than in comparison
14 groups.

15 One of our goals has been to move the research
16 field forward to provide a better understanding of the
17 pathophysiology of IBS and the underlying mechanisms, with
18 the hope that one day better medical treatments will be
19 available for patients with irritable bowel syndrome. It
20 appears we may be approaching that day.

21 We are seeing the development of drugs designed
22 specifically for the treatment of irritable bowel syndrome.
23 If these drugs are found to be safe and effective, I would
24 urge you to make them available to patients who so
25 desperately need them. "Desperate" is not a word that I use

1 lightly. The toll of IBS is on the individual's quality of
2 life and discomfort, affecting almost every aspect of their
3 life. There remains a quiet desperation among IBS
4 sufferers. As many people have said to me, it has become
5 too much.

6 The world Health Organization has defined quality
7 of life as being not only the absence of disease and
8 infirmity, but also the presence of physical, mental, and
9 social well-being. Quality of life may also be defined as
10 an individual's overall satisfaction with life and one's
11 general sense of personal well-being. It also includes
12 their functional capacity and their own perception of
13 disease.

14 Health-related quality of life includes physical
15 function, somatic sensation, psychological state, and the
16 social interactions that are affected by one's health
17 status. Health-related quality of life indicators are
18 subjective. Their validation lies primarily with the
19 patient.

20 Eisen, Locke and Provenzal report
21 gastroenterologists spend 50 percent of their time caring
22 for patients with functional bowel disorders. These
23 disorders do not have mortality or physiological endpoints.
24 Thus, the evaluation of health-related quality of life
25 becomes critically important. Patrick Drosman and

1 colleagues developed the IBS quality of life measures that
2 distinguishes symptoms, functional state, perceived quality
3 of life, and social disability components. Their results
4 confirm that IBS has a broad and significant impact on
5 persons' quality of life, in addition to the disease
6 activity and symptom impact.

7 Just what is that impact? At IFFGD, we talk to
8 tens of thousands of individuals who live with irritable
9 bowel syndrome and there's a constant theme that we hear
10 from women and men. They consistently confirm the isolation
11 that many IBS sufferers experience. Partly, this is because
12 IBS is very difficult for most people to discuss. Many
13 patients believe it would help if they could talk about
14 their condition and share their experiences, but the reality
15 for them is that even mild symptoms can be very
16 embarrassing. More severe symptoms, like unpredictable
17 pain, urgency, and bowel incontinence are close to
18 unmentionable for many sufferers.

19 Interviews with IBS patients consistently reveal
20 that few talk about their symptoms with anyone else.
21 Indeed, many patients go to great lengths to hide from
22 others their condition and their own distress. Imagine for
23 a moment how difficult that is. Imagine what your life
24 would be like if everyday, or even several times a week, you
25 woke up and within an hour's time you have severe symptoms

1 of a GI flu. You have severe abdominal cramping to the
2 point of being doubled over in pain. You are nauseous and
3 you have diarrhea. You are unable to leave the bathroom for
4 an hour or more. You are now exhausted from what you have
5 just been through.

6 It is difficult to get yourself to work, but you
7 arrive on time because you have allowed yourself an extra
8 hour or two in the morning just in case you needed it. You
9 plan your day around the availability of restrooms. You are
10 hesitant to eat lunch or dinner because you fear the
11 symptoms might start all over again. Sometimes, you miss
12 work or must cancel appointments because of your problems.

13 IBS affects not only your professional life, but
14 your personal life as well. It is difficult to plan trips,
15 to eat in restaurants, or even to go shopping. Your
16 friendships and your most intimate relationships and your
17 sex life are affected by it. There's a quiet anxiety, an
18 anticipatory response to what will be next. You may be
19 depressed at times, feeling your life is out of control, or
20 at the very least your life is controlled by your bowel.
21 You live life from the edge of the room, never willing to
22 truly participate to the fullest for fear of having to find
23 the quickest way out. You feel a loss; there is loss
24 potential.

25 Your disease is invisible to others, but it

1 affects every aspect of your life. Who would know your pain
2 and the shame you feel, except those who are closest to you?
3 Even those we are most intimate with may not understand.
4 You feel as if you are the only one.

5 It has been said that the greatest fear is that of
6 uncertainty. For people living with IBS, uncertainty is a
7 24-hour challenge; it does not go away. That challenge is
8 met by millions of women and men everyday. They are to be
9 credited for their enormous personal strength of meeting the
10 challenge of the day and continuing to put their faith and
11 hope in the medical community to provide the best answers.

12 Today, you are here to make recommendations on a
13 potential new drug treatment for IBS. There should be no
14 debate over the need for a drug treatment that has been
15 developed specifically to treat multiple symptoms of
16 irritable bowel syndrome. To date, we have had no drug
17 treatment that treats multiple symptoms of irritable bowel.
18 Our options have been limited to treating single, acute,
19 predominant symptoms, with very little success. If Lotronex
20 has shown to be safe and effective, it will fulfill an unmet
21 need and represent a significant step forward in providing
22 treatment for sufferers of irritable bowel syndrome.

23 Thank you.

24 CHAIRMAN HANAUER: Thank you.

25 I'd now like to invite Sue Eggle to provide

1 comments.

2 MS. EGGLE: Good morning. Members of the
3 Committee, I certainly appreciate the opportunity you have
4 given me to appear here today. I have been a sufferer of
5 IBS since 1974, which is, of course, 25 years.

6 In 1974, I had a serious miscarriage, and as I
7 look back today, that was the beginning of the mind/gut
8 reaction. For three months, I was afraid to leave the house
9 for fear of having the miscarriage. It was severe cramps
10 and bleeding, and a pattern developed which has remained
11 with me for 25 years.

12 For some years after 1974, I had numerous colon,
13 small intestine, and stomach x-rays. IBS was never
14 diagnosed. In fact, nothing ever seemed to be wrong. After
15 a while, I just said forget it. I was so distressed in the
16 1980s that I sought out a GI doctor. He spent one hour just
17 listening to me and I felt so good about our talk. He felt
18 I had lactose intolerance, even though he never took any
19 tests to prove it. So I followed that diet and things
20 improved slightly.

21 So when I had these bouts of diarrhea and
22 ramping, I thought it was all due to lactose intolerance.
23 I also received some biofeedback, but my HMO would not pay
24 for any of it and I could not afford it at \$80 an hour. I
25 felt it could have done great things for me, but the

1 treatment was not long enough.

2 None of the doctors I have had since the late '80s
3 have given me time to talk or dialogued with me about my
4 health issues concerning IBS. I really have not received
5 adequate treatment over the years. The prescription of
6 choice or because there was nothing else was **Donnatal** or
7 Lomotil. They seemed to help a lot, but were very drying to
8 my eyes, my mouth, and my skin. I have taken them on a
9 limited basis for years.

10 Now, my physician has been prescribing Aprolozam,
11 which has been doing the greatest job of altering the
12 thought patterns between the mind and the gut. But I am not
13 too fond of being drugged or feeling sleepy. One month ago,
14 I had a car accident because I feel asleep at the wheel
15 perhaps only for a few seconds. Now, I am a little
16 skeptical about that medication. I am waiting with
17 anticipation for this new drug.

18 I recommended to my physician some time ago that
19 she subscribe to the IFFGD publication and purchase the book
20 that Dr. William Solt wrote entitled Irritable Bowel
21 Syndrome. She didn't give much response to this, didn't
22 offer to read it, didn't make any moves to address the
23 issue, which was very discouraging.

24 Because of lack of proper medications, there is
25 another issue that I will soon face unless the medication is

1 approved. For many years, the one product that I relied on
2 to travel on vacations and to carry on my window treatment
3 business was Kimberly Clark's Depends Shields, which were
4 always with me and upon which I relied heavily, and they
5 have been taken off the market several months ago. They
6 have enabled me to leave the house with a sense of security
7 and saved me from many accidents concerning fecal soiling.
8 I feel it is necessary to push this drug through as soon as
9 possible to spare sufferers this huge embarrassment.

10 So you are thinking or saying to yourself, so
11 what? Well, consider for a moment having an important
12 meeting or appointment, like all of the rest of you do. But
13 instead of being able to attend, you are doing word puzzles
14 in the bathroom, and repeating this four to six times in a
15 row, or lying down on your stomach on the edge of the bed to
16 perhaps relieve the cramps, which I can only liken to giving
17 birth, or having to stop about six blocks from home in the
18 filling station and realize you didn't quite make it and
19 turn around and go back home, or wondering what to do with
20 your little grandchildren at the zoo or the museum or the
21 movies while you are in the bathroom. Most people can do
22 these things with peace of mind. I cannot count on that
23 peace.

24 I decided that to have a fulfilling life living
25 with IBS, I needed to let my family and friends know what

1 was going on in my life and name the demons. That diffuses
2 a lot of anxiety and allows me to do my work as a window
3 specialist, and travel. Most of my customers immediately
4 discovered that I might be late for the appointment or
5 installation, and that I might need to use their bathroom.
6 No one ever asked to use my bathroom.

7 I love to travel, and do so frequently, such as
8 coming here. On vacations, my husband and family know they
9 will have to stop when I get frantic, and that leaving a
10 motel or hopping on a bus at the crack of dawn is just not
11 possible. I have traveled abroad with various medications.
12 I stay around my room until I am ready to leave, which could
13 be two or three hours after everyone else leaves, and
14 checked out all the bathrooms. I have had many close calls
15 on these trips.

16 In Greece, the toilets were in the floors. In
17 Norway, the top of the mountains were far from a bathroom.
18 In Germany, I was always looking around for the nearest
19 facility. That is a terrible way to live, continually
20 searching for a bathroom. And it is not something that can
21 wait for one-half hour, but immediately. When the cramping
22 begins, there had better be a bathroom. And the accidents,
23 how upsetting. This chronic condition without much
24 diagnosis has been treated very lightly by the medical
25 profession and the drug companies, and I am very pleased and

1 happy that this is receiving national attention and
2 research.

3 Thank you for listening today from the bottom of
4 my heart.

5 CHAIRMAN HANAUER: Thank you.

6 Are there any other comments from the public?

7 Anyone else want to make a statement?

8 [No response.]

9 CHAIRMAN HANAUER: Okay, thank you.

10 At this point, Dr. Houn, who is Director of the
11 Office of Drug Research and Review, needs to make an opening
12 introduction before our formal proceedings begin.

13 DR. HOUN: Thank you, Dr. Hanauer. I want to
14 welcome the members of the Advisory Committee, the public,
15 Glaxo Wellcome, and others to this very important meeting
16 about the safety and efficacy of alosetron for relief of
17 specific types of irritable bowel symptoms in women. It's
18 an important meeting because the disease, as you just heard,
19 has affected so many men and women, and the drugs that need
20 to be developed should be safe and effective.

21 The company is to be commended for its work in
22 bringing this application forward. I want to also thank the
23 FDA review team who was involved in this project--Paul
24 Levine, Paul Flyer, David Hoberman, Hugo Gallo-Torres,
25 Robert Prizont, John Senior, Justie Chowdhury, Ku Jong,

1 Liang Jo, Maria Izar, David Lee, and Ron Cavanaugh--for
2 their work on this application.

3 I'd like to call your attention to one issue. In
4 the safety assessment as presented by Glaxo Wellcome, there
5 were three cases with a diagnosis of ischemic colitis. On
6 Friday, the company informed FDA of an additional case of
7 ischemic colitis and an alternative diagnosis of the
8 original three cases as infectious colitis from E. coli
9 3157.

10 The company requested permission for this new data
11 to be presented to you, and we felt this was important to
12 provide the Committee with this opportunity to hear the new
13 data. However, this new data has not been reviewed by FDA
14 and we will not be able to comment on it. The final
15 resolution of the cases and diagnoses will involve
16 additional review of the data by FDA and our independent
17 consultants. Nonetheless, we do believe the Committee
18 comments that you have today will be valuable for us as part
19 of our evaluation of these cases.

20 Thank you.

21 CHAIRMAN HANAUER: Thank you.

22 All right, we're ready to go. I'd like to invite
23 Dr. John Wood to open up the proceedings from Glaxo
24 Wellcome's standpoint.

25 DR. WOOD: Dr. Hanauer, Members of the Committee,

1 Ladies and Gentlemen, good morning. My name is John Wood.
2 As Director of Therapeutic Development and Product Strategy
3 at Glaxo Wellcome, I have worldwide responsibility for
4 development of new agents to treat gastrointestinal diseases
5 and metabolic diseases.

6 On behalf of Glaxo Wellcome, I'd like to thank you
7 for the opportunity this morning to review alosetron, also
8 known by its trade name Lotronex, in some detail with you.
9 Lotronex is the first medicine to be developed to treat
10 multiple symptoms of irritable bowel syndrome.

11 The specific indication for which we're seeking
12 approval from the FDA is the treatment of irritable bowel
13 syndrome in female patients whose predominant bowel symptom
14 is diarrhea either alone or part of an alternating stool
15 pattern. This description reflects the precise study group
16 in our key pivotal trials.

17 Before discussing alosetron, I'd like to review
18 briefly with you some aspects of irritable bowel syndrome.
19 Irritable bowel syndrome is a chronic condition whose
20 primary features are recurrent abdominal pain and altered
21 bowel function. It has been estimated to affect up to 15 to
22 20 percent of people here in the United States, and as such
23 is one of the most common diagnosed conditions both by
24 family practitioners and also by gastroenterologists. The
25 condition is more common, as we heard earlier this morning,

1 in women than men, with an approximate female-to-male ratio
2 of about two to one.

3 We've already had an eloquent description this
4 morning of the devastating impact that this can have on
5 patients' quality of life, so I won't elaborate on that any
6 further. Despite this high prevalence of the condition,
7 there is little in the way of current specific treatment for
8 this syndrome, and thus there is a substantial unmet medical
9 need in terms of the development of new agents to treat both
10 diarrhea-predominant disease or, for that matter,
11 constipation-predominant disease.

12 We tend to classify patients with irritable bowel
13 syndrome as either diarrhea-predominant, constipation-
14 predominant, or alternators, patients who alternate between
15 the two extremes. I wouldn't like my simplistic diagram
16 here to mislead you. This is really a spectrum of activity
17 rather than three discreet trunks, if you will, which is
18 simply a way that we use to classify this. The studies
19 which form the part of our application really represent
20 patients who are diarrhea-predominant and alternators, and
21 in the design of our clinical trials we sought to exclude
22 patients with constipation-predominant disease.

23 Members of the Committee, you will be aware from
24 our briefing documents that alosetron is a new chemical
25 entity. Pharmacologically, it's a selective and potent 5

1 hydroxytryptamine type 3 receptor antagonist. In animal
2 models of visceral pain, it inhibits the visceral pain
3 reflexes. In irritable bowel syndrome patients, it delays
4 colonic transit by an effect on the distal colon. And in
5 addition to this, it increases compliance in the colon. A
6 study in healthy volunteers has shown that it also increases
7 intestinal water and electrolyte absorption.

8 Our new drug application comprises two placebo-
9 controlled pivotal studies and, in addition, supplementary
10 information on two dose-ranging studies. This provides the
11 body of data in support of efficacy outlined in your
12 briefing document. In addition to this, we've submitted
13 data from a 12-month ongoing safety study in support of
14 additional safety data with respect to alosetron.

15 In the Phase III program, alosetron was found to
16 improve irritable bowel syndrome pain and discomfort in both
17 of the key pivotal studies, and also to lessen urgency of
18 defecation, to reduce the frequency of defecation, and to
19 improve stool consistency. Reviewing the entire safety
20 database, it was found to be well tolerated. In support of
21 these statements, Dr. Mangel later this morning will provide
22 detailed evidence in support of each of these statements.

23 This morning, we will address a series of
24 presentations in the three initial presentations by external
25 consultants, the first by Dr. Michael Gershon, Professor of

1 Anatomy and Cell Biology at the College of Physicians and
2 Surgeons at Columbia University, in New York. He will talk
3 to us on serotonin 5HT3 receptors and signaling in the gut.

4 Following that, Dr. Michael Camilleri, Professor
5 of Medicine and Physiology at the Mayo Clinic, will talk
6 about the pharmacologic rationale for the use of 5HT3
7 antagonism in the treatment of irritable bowel syndrome.

8 We'll then proceed to a presentation from Dr. Lin
9 Chang, Co-Director of the Neurenteric Disease Program at
10 JCLA, in Los Angeles. She'll talk on gender differences in
11 GI physiology and disease.

12 And then Dr. Mangel, Director of Gastroenterology
13 from our Research Division in Research Triangle Park, North
14 Carolina, will talk about alosetron efficacy and safety.
15 And Dr. Kay Washington will address specifically the four
16 cases that were labeled as having ischemic colitis from a
17 pathological perspective. Finally, I will summarize briefly
18 the conclusions of our presentation.

19 Thank you, and I'll call upon Dr. Gershon.

20 CHAIRMAN HANAUER: Just for the Committee's--from
21 our standpoint, the sponsors asked if we would hold
22 questions until after these next three presentations, unless
23 you have a really burning, specific issue, Dr. Laine.

24 DR. GERSHON: I thought I'd begin by telling you
25 about the special nature of the enteric nervous system and

1 just review that with you, and to give you some idea of how
2 serotonin is important in signaling within the system and
3 how 5HT3 receptors affect that and how alosetron acts on
4 that, and to give you a rationale for the use of alosetron
5 in IBS.

6 So the enteric nervous system is unlike any other
7 part of the peripheral nervous system because it is a
8 complex and independent division of the autonomic nervous
9 system. It's the only part of the peripheral nervous system
10 that can mediate reflex activity even in the absence of
11 input from the brain or spinal cord. Many of the enteric
12 neurons receive no innervation, in fact, at all from the
13 central nervous system, and it contains intrinsic primary
14 afferent neurons, motor neurons and interneurons that let it
15 do this job.

16 It has many neurotransmitters in over 40 different
17 types of neuron within the system, making it, in complex,
18 something that has been called by me, among other people, a
19 second brain. The structure, in fact, resembles the central
20 nervous system more than peripheral nerve, so that I like to
21 think of it as the brain gone south. It has, in fact, no
22 collagen, and it contains glia instead of Schwann cells, as
23 does the brain. To make matters a little more complicated,
24 there's yet another cell, the interstitial cell of Cajal,
25 which is a mesodermal cell which is pacemaker cell that

1 interacts with the nerves and is important in innervating
2 smooth muscle.

3 Now, to do the job of controlling what goes on
4 within the bowel, the enteric nervous system must have
5 information of what's going on in the lumen of the gut, and
6 yet none of the nerves of the bowel actually penetrate into
7 the lumen. A system has therefore evolved in order to
8 detect what's in the lumen, and one of the most prominent
9 cells of that system, which is a mucosal epithelial cell, is
10 the EC cell, which is thought to be a pressure-sensitive
11 sensory receptor.

12 The idea is that deformation or pressure causes
13 ions to enter the cell. The depolarization leads to
14 calcium entry and serotonin is released, not into the lumen
15 of the gut but into the wall of the gut, where it can
16 activate both intrinsic and extrinsic sensory nerve fibers
17 or primary afferent fibers to initiate signaling, so that
18 serotonin can initiate both secretory and peristaltic
19 reflexes through this mechanism, and serotonin can also send
20 signals to the brain.

21 Now, three receptor subtypes of serotonin--and
22 there are up to 20 of them--have been shown to contribute to
23 neuronal responses to serotonin within the gut. The 5HT3
24 receptor mediates a very fast response, during which the
25 electrical conductance increases because it opens an ion

1 channel. The 5HT1A receptor response is often masked, but
2 that's this decreasing response here which is
3 hyperpolarizing. And then there's the 5HT1P receptor, which
4 has not yet been cloned, which mediates this slow
5 depolarization which has the opposite effect of the 5HT3, in
6 that conductance decreases so that these responses to
7 electrogenic stimulation become larger.

8 This slide shows you the difference in receptors
9 that the gut uses to activate intrinsic and extrinsic
10 primary afferent nerves, and for simplification the system
11 is spread out in these two cartoons. So the
12 enderchromaphin [ph] cell, as I've mentioned, releases
13 serotonin. That activates intrinsic primary afferent
14 neurons using 5HT1P or 5HT4 receptors. The primary afferent
15 neuron is cholinergic and uses acetylcholine or the peptide,
16 calcitonin and gene-related peptide, CGRP, to trigger
17 reflexes in follower, second-order neurons. This is
18 intrinsic signaling which initiates secretory and
19 peristaltic reflexes within the gut.

20 The same serotonin released from the same set of
21 cells can differentially activate extrinsic neurons, and on
22 the cartoon this shows a dorsal root ganglia neuron
23 projecting to the spinal cord, but equal number of fibers,
24 or more, in fact, go up the vagus nerves to the brain. This
25 signaling pathway sends noxious information from gut to the

1 central nervous system. I like to say the gut is an organ
2 from which one never hopes to get a progress report.

3 In this slide--and it would help if the lights
4 could be turned down a bit--you can see where the serotonin
5 5HT3 receptors are actually located. This is an
6 immunocytochemical preparation, and you can see that the
7 receptors are located in nerves that surround the crypts and
8 villi of the gut. So this is a preparation in which you're
9 looking down on the wall of the gut. The villi are coming
10 out toward you and they are surrounded by the 5HT3 receptors
11 on these nerves.

12 Let me draw your attention to the fact that the
13 receptors are located only on the nerves around the villi,
14 and that the vasculature within the villi and its smooth
15 muscle and within the gut has no 5HT3 receptors on it at
16 all. So the 5HT3 receptor is a ligand-gated ion channel, so
17 that the ligand is 5HT. As it opens the channel, ions can
18 flow across the receptor. That leads to depolarization very
19 rapidly.

20 Now, the responses can be seen to 5HT here, and
21 this is the 5HT3-mediated fast response as recorded from
22 enteric submucosal neurons with a microelectrode. As you
23 can see here, the electrogenic response is less because the
24 ion current is flowing through the channel. It's a high
25 conductance channel. Notice as alosetron is given, it

1 selectively and completely blocks that response, the 5HT3-
2 mediated response, and the effect of alosetron is completely
3 reversible. Those were responses to serotonin.

4 And so you can see with patch electrodes, also,
5 that serotonin causes the flow of an inward current which
6 has a rapid phase and then a fall-off, and that alosetron,
7 concentration-dependently and reversibly, blocks that
8 current flow. And you see that the response is nicely
9 concentration-dependent.

10 The response is also selective. So you see the
11 response to serotonin, the inward flow of current, is
12 mimicked by nicotine, so that serotonin and nicotine,
13 nicotine acting through an acetylcholine [ph] nicotinic
14 receptor, have similar responses. Hexamethonium completely
15 blocks the effect of nicotine, but alosetron does not affect
16 it. In contrast, alosetron inhibits the response to
17 serotonin, but hexamethonium, which is a nicotinic
18 antagonist, does not affect it.

19 So as a result, when we look with sharp
20 electrodes, alosetron does not block the fast-depolarizing
21 responses to nicotine at all, so that alosetron would be
22 unlikely to affect cholinergic neurotransmission or
23 signaling within the gut, and is therefore safe to
24 administer to patients without fear of paralyzing the bowel.

25 And you see here, as predicted, alosetron, in

1 fact, does not affect the cholinergic fast EPSPs. The
2 response can be seen here. This is the fast EPSP. That's a
3 stimulus artifact, and you see that increasing
4 concentrations even up to this massive concentration of
5 alosetron has no effect on fast EPSPs. But since they are
6 cholinergic, you see they are readily blocked by
7 hexamethonium.

8 Now, to see how alosetron works in intact tissue,
9 we've used this propulsion of a synthetic pellet in vitro to
10 assay the peristaltic reflex. This propulsion of an
11 artificial fecal pellet, colored appropriately brown, simply
12 goes on for hours. And this is, you see, reproduction of
13 ten trials, and you see that it moves at a constant rate
14 reproducibly. That is abolished by tetrodotoxin and is
15 nerve-dependent.

16 Now, alosetron completely fails to affect the
17 peristaltic reflex in the guinea pig distal colon in
18 concentrations up to 3 micromolar, so that as predicted,
19 it's safe and does not block the intrinsic signaling pathway
20 within the gut. However, if you artificially speed up the
21 gut by adding 2-methyl-serotonin, which is a 5HT3 agonist,
22 the pellet moves faster, and that is abolished by alosetron.
23 So here you see the pellet moving faster because of 2-
24 methyl-5HT, then settles down at that rate. And alosetron
25 immediately brings it down to control levels.

1 So, in summary, what I've told you is that 5HT3
2 receptors are present on the terminals of extrinsic primary
3 afferent nerves. Serotonin released from EC cells can
4 activate those terminals and lead to signaling either
5 through dorsal root ganglia to the spinal cord or to the
6 brain via the vagus nerve. And these are noxious signals,
7 leading to nausea, bloating, or pain.

8 5HT, if it overflows, can also affect 5HT3
9 receptors which are present on motor neurons in the gut.
10 These 5HT3 receptors are not innervated, so that no
11 neurotransmission within the gut depends on those 5HT3
12 receptors. However, if serotonin overflows to reach those
13 receptors, it can trigger painful evacuative contractions of
14 the colon, and these can be blocked by alosetron which
15 blocks that overflow stimulus.

16 5HT4 receptors and 5HT1P receptors are involved in
17 intrinsic signaling by 5HT on the primary afferent neurons
18 within the bowel. These are these red neurons here.
19 Therefore, alosetron or 5HT3 antagonists can be given
20 without fear of blocking the critical intrinsic signaling
21 because it uses other receptors and can be used without fear
22 of blocking neurotransmission in the gut because 5HT3
23 receptors are not involved in that. They are only involved
24 in this emergency overflow mechanism.

25 Thank you.

1 CHAIRMAN HANAUER: The next speaker is Dr.
2 Camilleri, from the Mayo Clinic.

3 DR. CAMILLERI: Good morning, Dr. Hanauer, Members
4 of the Committee, Ladies and Gentlemen. My task this
5 morning is to review for you the rationale for treatment of
6 IBS with alosetron, a 5HT₃ antagonist. The specific
7 objectives which I hope to cover are the role of serotonin
8 in disease, and I shall give examples of the role of
9 serotonin in irritable bowel syndrome and in carcinoid
10 diarrhea; and, secondly, to review the pharmacodynamic
11 studies that provide the rationale for these 5HT₃
12 antagonists in IBS, specifically the effects on motility,
13 secretion, and sensation.

14 In a recently published study from Mike Farthing's
15 group in Britain, it was demonstrated that patients with
16 irritable bowel syndrome have post-prandial 5HT levels which
17 are higher than those of healthy controls. Now, the
18 prototype disease that is associated with high pre- and
19 post-prandial levels of 5HT in the circulation is carcinoid
20 diarrhea. This is a severe diarrhea that is associated with
21 a neuroendocrine tumor in which the tumor produces a large
22 amount of serotonin, among other transmitters, and this
23 serotonin spills over into the peripheral plasma and has
24 effect on the way in which the bowel functions.

25 Indeed, in order to study these patients, we had

1 to develop some novel methodology that allows us to
2 objectively quantify the changes in motor function in the
3 gastrointestinal tract. These novel methodologies are
4 summarized in this slide. Using a gamma camera, and
5 therefore a non-invasive technique, we are able to radio-
6 label a meal and watch and quantitate the rate of emptying
7 from the stomach and from the small intestine of that radio-
8 labeled meal.

9 At the same time, we provide a different isotope
10 delivered to the distal small intestine in a special
11 methacrylate-coated polymer which dissolves in the distal
12 small intestine, thereby liberating isotope, which then
13 gives us an image of the content moving through the
14 different segments of the colon. And on the next slide you
15 will see that we have illustrated on an actual scan the
16 proportion of isotope in different segments of the colon.

17 So here's an example of a patient who has
18 carcinoid diarrhea, and we're seeing the isotope located in
19 the different sections of the colon. This isotope is
20 located in the descending colon about one hour after the
21 meal was ingested. Two hours later, most of that isotope
22 has not reached the rectum and is ready for expulsion
23 because of a significant diarrhea.

24 Now, this is a process that would normally would
25 take between 25 and 35 hours, and I would emphasize the

1 point that this has occurred in about 3 hours. Therefore,
2 carcinoid diarrhea is associated with rapid emptying of the
3 proximal colon. Quantitative data show that this rate of
4 emptying is about six times that of healthy controls. We
5 also see on this slide that the small bowel transit time is
6 reduced partly as a result of a stimulation of motor
7 function and partly because of the hyper secretion of fluid
8 and electrolytes into the intestine as a result of the
9 serotonin stimulation in the small intestine of these
10 patients.

11 I would like now to review briefly the
12 pharmacodynamic studies in humans that suggest that the 5HT3
13 approach would relieve diarrhea and pain, specifically
14 through changes in motor function, fluid and electrolyte
15 absorption, and changes in sensation. Let's first
16 concentrate on the effects of alosetron on motility.

17 In a study performed by Whorwell and his
18 colleagues in Manchester, United Kingdom, alosetron effect
19 on colonic transit was evaluated in 12 patients with
20 irritable bowel syndrome. This was a randomized double-
21 blind placebo-controlled crossover study in which the dose
22 of 2 milligrams twice a day of alosetron was evaluated. The
23 method used to evaluate transit involved a common and well-
24 validated system, which is the radiopaque marker transit
25 method. Note here that the alosetron treatment was

1 associated with an increase in the colonic transit time, and
2 that this was predominantly an effect on the left side of
3 the colon.

4 In studies that we have performed at Mayo Clinic
5 on the effect of alosetron on colonic transit and other
6 parameters in carcinoid diarrhea, we have noted that an
7 increase in the dosage of alosetron, .5 milligrams twice a
8 day to 2 milligrams twice a day, results in a significant
9 three-fold to four-fold reduction in the rate of emptying of
10 the proximal colon. This is associated with a trend in the
11 reduction of 24-hour stool weight in the patients with
12 carcinoid diarrhea.

13 One of the secondary parameters that we evaluated
14 in that clinical study which consisted of three weeks of
15 treatment with alosetron was to determine the number of
16 tablets of Loperamide that were required as rescue for the
17 control of diarrhea. In patients with carcinoid diarrhea,
18 diarrhea so severe that the patients need to carry an anti-
19 diarrheal with them--and we quantified the number of
20 loperamide tablets used in this three-week period of time.

21 Notice in this graph that we have tabulated the
22 cumulative percentage of patients who required equal to or
23 more than five tablets of Loperamide over this three-week
24 period. Notice also that the proportion of patients
25 requiring rescue with Loperamide decreases with increasing

1 dosage of alosetron in this three-week trial.

2 What about fluid and electrolyte secretion? In a
3 classical methodology study, Farthing's group has performed
4 triple lumen perfusion studies using a 30-centimeter
5 isolated jejunal segment with occluding balloons at each end
6 and the classical marker ¹⁴carbon-PEG 4000 as a marker of
7 fluid and electrolyte flux.

8 Notice that absorption is above the zero line and
9 secretion is below the zero line for both fluid flux and
10 sodium flux. Normally, the small intestine is in a state of
11 absorption for both sodium and for water, as shown by the
12 bar and whisker plot in yellow. Alosetron resulted in an
13 increase in the fluid flux and sodium flux in the absorptive
14 sense, therefore suggesting that alosetron would have an
15 effect in facilitating greater absorption of water and salts
16 in the small intestine in humans.

17 Finally, let us review briefly some of the studies
18 Looking at the effect of alosetron on sensation. In this
19 study by Michel Delvaux and his colleagues, in Toulouse,
20 France, the colon sensation was evaluated by means of a
21 balloon which was placed inside the left part of the colon.
22 Now, in these experiments the volume in order to induce
23 perception of this distension stimulus and the volume to
24 induce a sensation of pain in response to distension is
25 being recorded and monitored to evaluate the threshold for

1 sensation.

2 Note that alosetron at these two dosages studied
3 resulted in an increase in the volume to reach perception
4 and an increase in the volume to reach pain threshold,
5 suggesting that the sensitivity of the bowel was being
6 reduced by that treatment. This study, incidentally, was
7 performed in patients with irritable bowel syndrome.

8 Part of the effect of that change in threshold,
9 that increase in threshold in response to alosetron can be
10 explained by a change in the compliance of the colon. Here,
11 there's an increase in pressure imposed on that segment of
12 colon that is being evaluated. The volume of that segment
13 of colon measured by means of this intracolonic balloon is
14 increased, suggesting that the colon is more compliant; it
15 is able to accommodate a greater volume, for instance, from
16 gas in this case, but presumably also from more solid or
17 liquid components of colonic residue or content.

18 So, in summary, you've heard that 5HT3 receptors
19 are involved in visceral sensory, secretory, and motor
20 processes in the gastrointestinal tract. Alosetron, which
21 is a selective and potent 5HT3 receptor antagonist,
22 decreases sensitivity to colonic distension, enhances
23 jejunal water and sodium absorption, and slows colonic
24 transit.

25 I thank you for your attention.

1 CHAIRMAN HANAUER: Thank you.

2 The last of the first series of speakers on behalf
3 of Glaxo is Dr. Lin Chang, from UCLA.

4 DR. CHANG: Good morning. I'm going to speak
5 today about gender differences in gastrointestinal
6 physiology and disease, and particularly focus on irritable
7 bowel syndrome, or IBS.

8 As you heard earlier from Dr. Wood, irritable
9 bowel syndrome is predominantly seen in females. And there
10 are other chronic pain disorders that are also seen in
11 females more often than in males, and these include chronic
12 constipation, fibromyalgia, chronic fatigue syndrome,
13 interstitial cystitis, migraine headaches, and temporal
14 mandibular joint disorder. These pain disorders share
15 common clinical characteristics and can typically overlap in
16 the same patient, and it has been hypothesized that these
17 chronic pain disorders share a common etiology.

18 Before I review the gender differences in
19 physiology, I wanted just to review the dimensions of the
20 response to a painful or noxious stimulus. These dimensions
21 include sensory ratings which measure the intensity of a
22 stimulus, affective ratings which measure unpleasantness of
23 a stimulus. There's cognitive, evaluative, physiological
24 and behavioral responses that all contribute to the pain
25 experience.

1 What I'm going to do today is review gender
2 differences in various physiologic studies. That's going to
3 include visceral distension studies in IBS patients, as well
4 as healthy controls, and the responses to this visceral
5 distention mainly by rectal discomfort thresholds,
6 subjective perceptual ratings at the **sensoral** and affective
7 ratings, autonomic responses to visceral distension, and
8 **brain** activation using a neural imaging technique called
9 **positron** emission tomography, or PET. I'm also going to
10 **review** gender differences in colon transit times, as well as
11 **serotonin** synthesis in the brain.

12 This is a study that we conducted at UCLA where we
13 measured rectal perception to phasal rectal distention using
14 a barostat device, which is a computerized distention device
15 which measures volume pressure simultaneously. And what you
16 can see on the y axis is discomfort thresholds, which is the
17 **pressure** in the rectum at which point the patient feels
18 **discomfort**. And we measured rectal perceptual thresholds in
19 **normal** individuals, as well as in patients with IBS, and
20 what you can see is that the mean discomfort threshold for
21 **IBS** subjects is significantly lower as compared to healthy
22 **control** subjects. In general, discomfort thresholds under
23 **10** millimeters of mercury are considered hypersensitive.

24 Now, when we compared the rectal discomfort
25 **thresholds** in IBS males and IBS females, even though the IBS

1 group was lower than the healthy controls, we found that the
2 IBS females had a significantly lower discomfort threshold,
3 mean discomfort threshold, compared to IBS males.

4 When we evaluated gender differences of rectal
5 perception by unpleasantness and intensity ratings in IBS
6 males and females using a visual analog scale, we found that
7 IBS males and females rated the rectal distention similarly
8 as far as intensity, but the IBS females rated the stimulus
9 as more unpleasant than the IBS males.

10 We also, in addition to looking at perceptual
11 responses, evaluated autonomic responses to rectal
12 distention. This is a measure of heart rate variability
13 area ratio, which is a measure of
14 cardiosympathetic/parasympathetic ratio, and we compared
15 males and IBS females. We performed this at three time
16 points, one at baseline before any intervention is
17 performed. The green lines show following balloon placement
18 and the yellow line shows the heart rate variability in
19 response to a rectal distention, which we call the tracking
20 paradigm. And as you can see, the males in IBS have a
21 significantly higher cardiosympathetic, parasympathetic
22 balance compared to the IBS females.

23 Another measurement of autonomic response is skin
24 conductance, which is the measurement of sympathetic
25 arousal. We compared IBS males and females, again at the

1 three same time points as shown in the previous slide, and
2 we found that IBS males have a significantly higher
3 sympathetic arousal than IBS females.

4 Now, in addition to these perceptual differences,
5 as well as autonomic responses, we wanted to look at
6 superspinal processes and determine if there were gender
7 differences in brain activation patterns in response to a
8 rectal distention stimulus. What you see here is brain
9 activation in yellow for the IBS males and in pink for the
10 females. These areas are superimposed on an MRI at the same
11 level, and here on the third panel you can see a combined
12 Figure.

13 There were different areas of activation in
14 response to a 45-millimeter rectal stimulus. In particular,
15 CBS males had a significantly greater activation in the
16 insula compared to IBS females, and the insula is thought to
17 play a role in antinociceptive and autonomic responses.

18 Now, gender differences have also been evaluated
19 in colon transit studies. There's been multiple studies and
20 three of these studies found that mean colon transit times
21 measures by radiopaque sitz [ph] markers were shorter in men
22 than in women, particularly in the right colon. However,
23 there were two other studies that found no difference in
24 transit times, although they tended to be shorter in the
25 males than in females, similar to these three studies.

1 The effect of menstrual cycle was also evaluated
2 in colon transit studies in healthy males and females, and
3 they found that colon transit times were slightly shorter in
4 the follicular phase compared to the **luteal** phase, but that
5 it was not significantly different.

6 So the possible neurobiological mechanisms that
7 may underlie these gender differences include female sex
8 hormone-dependent differences in central opioid systems and
9 gender differences in central serotonergic systems. Now,
10 for this presentation I was just going to review gender
11 differences in central serotonergic systems.

12 **Raphe** nuclei in the brain stem are a major source
13 of ascending and descending serotonergic projections. The
14 ascending serotonergic projections play a role in regulation
15 of prefrontal and anterior singular cortex, central
16 autonomic regulation, and mood. Descending serotonergic
17 **systems** play a central role in descending pain and
18 modulation systems.

19 There was a study that showed gender differences
20 in serotonin synthesis rates in healthy males and females.
21 They measured serotonin synthesis in the brain before and
22 after tryptophan depletion. And tryptophan is a precursor
23 of serotonin, and it is thought that if you fed a subject a
24 tryptophan-depleted amino acid diet, serotonin synthesis
25 **rates** would decline in the brain.

1 They found at baseline males had a 50-percent
2 higher serotonin synthesis compared to females. Now,
3 following tryptophan depletion, males had only a 9-fold
4 decline in serotonin synthesis, compared to a 40-fold
5 decline in females.

6 This figures shows the rates of serotonin
7 synthesis in a male subject and a female subject. They are
8 taking it at the same level. These are PET images, and the
9 YRI shows the level at which these PET images were taken.
10 And you can see the color-coded bar. The red and yellow
11 areas show a higher rate of serotonin synthesis as compared
12 to the blue areas. And you can see that, at baseline, the
13 males have a greater rate of serotonin synthesis compared to
14 females, and again the same finding after tryptophan
15 depletion.

16 Now, the serotonin synthesis rates are easier to
17 measure in the brain than in the periphery because of the
18 higher levels, and these gender differences in serotonin
19 synthesis rates in the brain may reflect gender differences
20 in serotonin in the periphery.

21 Potential mechanisms of gender differences in
22 visceral perception, as has been summarized in this
23 presentation, include differences in CNS networks that
24 integrate and process nociceptive information, specifically
25 regional brain activation in insular and perhaps the

1 anterior singular cortex and periaqueductal gray, and rates
2 of serotonin synthesis.

3 So, in summary, IBS and other associated
4 conditions are more common in women. There are gender
5 differences in rectal discomfort thresholds and in
6 unpleasantness ratings. There may also be gender
7 differences in colon transit. And there also appears to be
8 gender differences in CNS networks which play a role in
9 antinociception and autonomic responses.

10 Thank you.

11 CHAIRMAN HANAUER: Thank you.

12 Can we have the lights up, please?

13 And I'd like to open up this phase of the
14 discussion to the panel for questions. I'm going to begin,
15 actually, in that case.

16 Dr. Gershon, what has been presented as far as the
17 effects of alosetron have been primarily motility and
18 decreases in compliance. Yet, Dr. Camilleri discusses
19 aspects of secretion that seem to not be accounted for by
20 your description of the effect of 5HT3. Can you comment on
21 that?

2 2 DR. GERSHON: Yes, I'd be happy to. Serotonin is
23 involved in signaling both for secretory and peristaltic
24 reflexes. If motility increases in the gut, then secretion
25 will increase because there will be less time for fluid to

1 be absorbed from the gut. There is no evidence that 5HT3
2 receptors are involved in the intrinsic pathways that lead
3 to secretion directly, so that the effects are likely to be
4 due on secretion as the secretion absorption balance due to
5 the effects on motility.

6 CHAIRMAN HANAUER: And while you're up there, a
7 follow-up is that we are presented with data on the
8 segmental nature of alosetron's effect, primarily in the
9 left colon. Would you explain why it's regional?

10 DR. GERSHON: 5HT3 receptors are not in any way
11 distributed preferentially as far as anyone has been able to
12 tell. So there is not a basic distributional difference
13 that would underlie that. On the other hand, the left side
14 of the colon has a much more extensive afferent innervation
15 than does the right side of the colon, and therefore because
16 of the innervation might be expected to be more affected by
17 5HT and by 5HT3 antagonists.

18 There's actually quite a surprising difference if
19 you look at the total number of afferent neurons in the
20 colon regionally. The large intestine, for reasons that
21 have not been clear physiologically, has almost as many
22 neurons in it as the small bowel, and most of those are on
23 the left side.

24 CHAIRMAN HANAUER: Other questions from the
25 Committee?

1 Dr. Wald?

2 DR. WALD: This is addressed to Dr. Chang, who I
3 think has convinced me that there are important differences
4 between men and women with her data. Are the studies which
5 have shown visceral hyperalgesia in irritable bowel really a
6 gender-related issue? In other words, according to the data
7 that you may be presenting here, it appears that there are
8 not important differences between the male IBS and the
9 control subjects. Has that been your experience or am I
10 misreading the data?

11 DR. CHANG: Well, the greatest difference that you
12 see is between IBS subjects, in general, and the healthy
13 controls, and you see smaller differences between the IBS
14 males and IBS females. Now, part of that might have to do
15 with bowel habit because you see more constipated females
16 than constipated males. So we're still evaluating if part
17 of that difference has to do with bowel habit as opposed to
18 just completely gender. But you do see gender differences,
19 but it is--the greatest difference is just between the IBS
20 group and the healthy controls. There is differences
21 between IBS males and healthy males, but there's greater
22 differences between the females.

23 CHAIRMAN HANAUER: Dr. Houn?

24 DR. HOUN: Could you tell us how many people were
25 in those studies of rectal perception, as well as the

1 serotonin synthesis rate?

2 DR. CHANG: Yes. Our perception is about 90-some
3 subjects for IBS and about in the 40s for the healthy
4 control subjects. For the serotonin synthesis study, that
5 was eight healthy males and seven females.

6 CHAIRMAN HANAUER: Could one of you comment on the
7 potential interaction of cigarette smoking because of the
8 effect of nicotinic receptors with alosetron? Michael?

9 DR. GERSHON: The data that we have indicates that
10 the 5HT3 receptor and the nicotinic acetylcholine receptor
11 are completely different, so that nicotine, which can not
12 only stimulate the cholinergic nicotinic receptor but also
13 desensitize it, has no effect at all on 5HT3 receptors. And
14 alosetron has no effect on the nicotinic acetylcholine
15 receptors, so that my prediction would be that whereas the
16 effects of cigarette smoking would necessarily be bad, they
17 are not bad for this reason.

18 CHAIRMAN HANAUER: Dr. Wald?

19 DR. WALD: This is a general question either for
20 Dr. Camilleri or Dr. Chang. An issue has been raised in
21 terms of the mechanisms by which visceral hyperalgesia
22 occurs in people. And broadly speaking, there's been an
23 issue of whether it's a biologic phenomenon or whether it's
24 a psychological phenomenon, and I think Whitehead and
25 Paulson recently summarized that quite nicely in an article

1 about a year ago, Michael, that you probably reviewed.

2 How do the data reconcile in terms of gender
3 differences as well as irritable bowel, and is there
4 evidence of different responses, for example, hypervigilance
5 and such, as a gender-related phenomenon?

6 DR. CHANG: I would say that as far as the pain
7 perception in IBS subjects, there's a contribution from
8 hypersensitivity of afferents and the inactivation of pain
9 inhibition systems or accentuation of pain facilitation
10 systems. But I think there's definitely a contribution of
11 hypervigilance, and we've looked at those some of those
12 factors in males and females with IBS and we found that the
13 IBS females tend to have a lot more extraintestinal symptoms
14 and may have more adverse reactions or sensitivity to
15 medications and other types of symptoms that may suggest
16 that they have hypervigilance.

17 But I think it probably is seen in both IBS males
18 and females, but there may be a suggestion that it's a
19 little more predominant in females. But I definitely think
20 that there's a physiologic component to IBS, but there's
21 also contributions on psychological factors because it has
22 been shown that physical and psychological stressors can
23 influence IBS symptoms, probably specifically by acting on
24 the emotional motor system and then contributing to the
25 physiologic output of the antinociceptive system, the

1 neuroendocrine system, and the autonomic system.

2 DR. CAMILLERI: I would just add a minor comment,
3 and I think that the role of hypervigilance is not one that
4 should be underemphasized. Experimental studies demonstrate
5 that in the presence of mental stress, the sensation of
6 distention stimuli in the bowel is increased. On the other
7 hand, in experiments that were performed with relaxation of
8 the individual, the same sensation scores were again tested
9 and they were dramatically decreased.

10 And I think some of the elegant imaging studies of
11 the brain during rectal distention stimuli particularly from
12 the UCLA cure group demonstrates this activation the dorsal
13 lateral prefrontal cortex, which I think is a preeminent
14 center pertaining to vigilance. So I think that there is an
15 important supertentorial [ph] component to the
16 hypersensitivity, as you suggest in your question.

17 DR. GERSHON: Can I just add one point?

18 CHAIRMAN HANAUER: Sure, Dr. Gershon, please.

19 DR. GERSHON: I think it also should be pointed
20 out that if you continually stimulate a pain pathway, it's
21 possible to induce hypersensitivity to pain, so that if you
22 can interrupt that at the source of stimulation, you can
23 dehypersensitize the pain pathway, so that both through a
24 peripheral mechanism and through central mechanisms you can
25 lead to visceral hypersensitivity. And it might be helpful

1 to get at the cause of the pain in the first place and
2 reduce the symptoms in that way.

3 CHAIRMAN HANAUER: Dr. Wilson?

4 DR. WILSON: I have a question for Dr. Chang. You
5 mentioned other disorders with a female prevalence, pain
6 disorders. Do you have any brief commentary on serotonin
7 studies and the potential for serotonin antagonism in these
8 disorders?

9 DR. CHANG: I know there's a study where they had.,
10 I think--they had lower levels of serotonin in the CSF and
11 Eibermyalgia. I don't think that extended to chronic
12 Eatigue, but they've measured, I think, increased substance
13 p and another factor which I can't recall at this point in
14 the fibermyalgia subjects. But they haven't measured
15 serotonin synthesis rates or other of these studies in these
16 other groups.

17 DR. WILSON: Any PET scan data?

18 DR. CHANG: The only one that I know on chronic
19 Eatigue is a spec scan and that was just done at baseline.
20 It wasn't in response to any stimulus.

21 DR. WILSON: Thank you.

22 CHAIRMAN HANAUER: The question to that last
23 answer was is there any PET scan data.

24 Dr. Ferry?

25 DR. FERRY: My question is related to any

1 differences in age, and I'm thinking specifically in really
2 younger-age patients in these receptors or the responses, or
3 anything known at all?

4 DR. GERSHON: We've actually looked in animals at
5 the development of 5HT receptors of different types in the
6 gut, and the 5HT3 receptor is relatively late in terms of
7 its development and it is not present in the fetal gut, for
8 example, in mice and rats. It develops after birth, so that
9 responses to alosetron would not be expected during
10 development.

11 DR. RACZKOWSKI: My question has to do with what
12 is known about the effects of any of the 5HT3 antagonists on
13 the vasculature of the gut, whether there might be an effect
14 on blood flow or basal constriction or basal dilation.

15 DR. GERSHON: 5HT3 receptors are not present on
16 the smooth muscle of the vasculature of the gut. Studies
17 have been done by Dr. Sanders, who is here, which have shown
18 that 5HT3 antagonists and 5HT3 receptors don't affect the
19 vascular smooth muscle in the gut. There's no reason to
20 believe that they would. The receptors simply are not
21 there.

22 DR. GALLO-TORRES: A question for Dr. Camilleri.
23 You concentrated your remarks on the colon. After all, the
24 disease is to be called irritable colon. Could you briefly
25 summarize data on motility of the whole intestinal tract and

1 stomach, the esophageal areas, and so on, please?

2 DR. CAMILLERI: Yes, thank you, Dr. Gallo-Torres.

3 There have been some studies that have looked at the effects
4 of 5HT3 antagonists in different regions of the
5 gastrointestinal tract. From my recollection, there are no
6 effects on esophageal or lower esophageal sphincter
7 function. Some 5HT antagonists change the gastric
8 compliance, making gastric compliance greater, just like the
9 colon was shown on that slide.

10 There was one study performed by Mike Kamm [ph] in
11 London, England, that did not find such an effect of
12 alosetron on the compliance of the stomach. I am not aware
13 of studies looking at motor function or transit in the
14 stomach or small intestine, although some of those studies
15 are ongoing at the present time.

16 In the slide that I showed you from Dr. Whorwell's
17 laboratory in England, there was an attempt to assess the
18 orosecal [ph] transit time using a baked bean substrait and
19 hydrogen excretion in the breast, which is a standard,
20 pretty well-established technique to measure orosecal
21 transit time, and alosetron in those IBS patients had no
22 significant effect on orosecal transit. It was for those
23 reasons that I focused my comments on the colon in view of
24 the fact that the data to date do not suggest that there is
25 any motor effect on stomach or small intestine.

1 DR. GALLO-TORRES: Thank you.

2 DR. HOUN: Can you describe if there are any
3 active metabolites that may affect vasculature in the
4 colonic system?

5 CHAIRMAN HANAUER: Obviously, everyone is
6 because of the potential of ischemia, whether or not it's
7 eventually defined as ischemia, and we're all asking very
8 specific questions focusing on primary effects on the smooth
9 muscle. But we've seen that this is a very complicated
10 organ system with secondary effects along the lines of
11 secretion and motility. Can you consider any secondary
12 effects that may affect any predisposition to reduced blood
13 flow?

14 DR. KOCH: If I could, before we get to that, I
15 just wanted to add there is an active metabolite in
16 alosetron 6 hydroxy, but--

17 CHAIRMAN HANAUER: Introduce yourself.

18 DR. KOCH: Sorry. Kevin Koch, from Glaxo
19 Bellcome.

20 There is an active metabolite of alosetron 6
21 hydroxy metabolite, and it has about equal potency with the
22 parent drug at the 5HT3 receptor. We don't see any
23 appreciable levels of it in plasma when we dose the drug, if
24 that answers the question.

25 DR. GALLO-TORRES: Since he's there, maybe I can

1 ask a question. I think the question of interest is is
2 where a metabolite produced by the intestinal flora, either
3 a modification with the parent compound or the metabolite, a
4 colonic event, if you will.

5 DR. KOCH: We would not have data to address where
6 the metabolite is formed, no.

7 DR. CAMILLERI: I'll try to address to the best of
8 my knowledge the question that Dr. Hanauer is posing, and
9 what is is there another physiological effect, for instance,
10 on compliance or motor function of the colon that could
11 conceivably change the vascular flow to the mucosa. And in
12 my opinion, it will be very difficult to conceive of such,
13 bearing in mind the magnitude of the changes in compliance
14 and tone that we see with alosetron and other 5HT3
15 antagonists that are available for experimentation, so that
16 the change in compliance itself is unlikely to act as a
17 means to cut down the flow of blood to the mucosa which
18 would then be presumably one potential mechanism one would
19 consider in relation to the so-called ischemic episodes,

20 CHAIRMAN HANAUER: Dr. Senior?

21 DR. SENIOR: Dr. Camilleri or Dr. Chang, you've
22 mentioned that there are clearly some gender-specific
23 psychological differences. Can you comment on whether you
24 think these are nature or nurture? Is it because men are
25 made differently than women or they are trained differently

1 in their upbringing to be more vigilant, as you say, to
2 discomforts?

3 DR. CHANG: I think that's difficult to answer,
4 and I'm sure that it's both nature and nurture. In somatic
5 pain studies, they have shown that part of the reason there
6 may be gender differences is because women are more likely
7 to have an ability to report pain, as opposed to males. So
8 I'm sure that extends to this pain as well. But I think as
9 far as the contributing factors, I think it's for both, and
10 I definitely think that there are different ways that males
11 and females are raised and I'm sure that does contribute to
12 part of the whole syndrome and the fact that these pain
13 disorders are more prevalent in women.

14 CHAIRMAN HANAUER: Dr. Talarico, unless there are
15 other--

16 DR. GERSHON: I wanted to just return briefly to
17 the question that you posed before because I think it's an
18 important one, and that is about whether the 5HT3 antagonist
19 might in some way affect the vasculature. Every time I
20 think about that issue, I come up thinking it might actually
21 be protective against some of the phenomena that occur in
22 IBS.

23 For example, these giant, massive migrating
24 contractions of the colon which occur in IBS and can be
25 induced, as Bill Chey [ph] has shown, in patients with IBS

1 with CCK administration, can be associated with occlusion of
2 vessels because of the contraction. And those are
3 completely abolished by alosetron, so I don't see how
4 alosetron would be causing the problem, but it might be
5 being given in a setting in which that problem exists.

6 CHAIRMANHANAUER: Dr. Talarico?

7 DR. TALARICO: As I understand, irritable bowel
8 syndrome improves with age, and I would like to know how
9 much of this is dependent on outside factors, cultural,
10 environmental, under than changing in the physiology of the
11 GI tract or drug.

12 DR. CAMILLERI: Dr. Talarico, the question of age
13 and irritable bowel I think is still not completely settled.
14 In fact, recent publications within the last couple of years
15 suggest that the prevalence of irritable bowel syndrome
16 among people over the age of 65 is similar, between 15 and
17 20 percent, to that which is documented in younger adults.

18 Whether individual patients over the years get
19 less symptomatic when they go from younger adulthood to
20 older adulthood is a question which I think has never been
21 proven in a prospective follow-up. But I think one of the
22 perceptions from more recent epidemiologic studies in the
23 United States is that the prevalence actually continues to
24 be the same over the age of 65 as it does under the age of
25 65.

1 Whether a reduction in sensation or muscle tone in
2 some of the processes, for instance, in evacuation
3 ameliorate with age or there is a reduced spasticity of the
4 pelvic floor, resulting in less constipation, is
5 hypothetical, but has never been proven.

6 DR. GERSHON: There is a major loss of enteric
7 neurons with age, and so that might lead to a loss of
8 symptoms simply because of the less of an effector organ
9 able to respond.

10 CHAIRMAN HANAUER: Dr. Gershon, while you are up
11 there, Dr. Camilleri suggested that other 5HT3 antagonists
12 may have differential effects on the stomach and segmental
13 portions of the digestive tract. Are we going to anticipate
14 that we're going to see specific localized effects with
15 other formulations?

16 DR. GERSHON: I think there are differences
17 between the 5HT3 antagonists in terms of off rates from the
18 receptors in terms of potency, but I don't think that you're
19 going to, to answer your question, see differential effects
20 along the GI tract.

21 CHAIRMAN HANAUER: They are all going to be
22 confined primarily to the colon and not affect the stomach
23 or small intestine?

24 DR. GERSHON: I didn't say that.

25 CHAIRMAN HANAUER: Can you explain that?

1 DR. GERSHON: Can I explain--

2 CHAIRMAN HANAUER: Why alosetron is primarily
3 affecting the left colon by inhibiting 5HT3, whereas other
4 products might affect the stomach or small intestine more.

5 DR. GERSHON: I don't think the other products
6 affect the small intestine more. I don't think there's any
7 evidence that other products affect the other parts of the
8 GI tract more. I think that I tried to explain as best I
9 could your question before on the basis of the intense
10 innervation of the colon, saying that it would be more
11 subject to problem and therefore affected by the drug in
12 relieving the problem.

13 However, I don't know of any evidence that this--
14 unless Dr. Camilleri does.

15 DR. CAMILLERI: Well, I think we have to be aware
16 that there has been opportunity to study other 5HT3
17 antagonists in different organs and different sites for a
18 longer period of time than we've had with alosetron. And so
19 I did quote the one study that up to now has not been able
20 to demonstrate an effect on tone or compliance in the
21 stomach using alosetron. So the Chairperson's comment is
22 absolutely right. On the basis of the current knowledge, it
23 appears that one 5HT3 antagonist has an effect on the
24 stomach, whereas another doesn't.

25 However, I do want to come back to correct a

1 misconception which seems to be going on, and that is that
2 the transit effects of alosetron are restricted to the left
3 side of the colon. If you'll notice in the experiments that
4 I showed on carcinoid diarrhea, in fact, it was the right
5 side of the colon, the proximal colon, the ascending and
6 transverse, which appeared to be accelerated and which were
7 normalized virtually by means of alosetron. So alosetron
8 does have an effect on the emptying of the right side and
9 the transverse colon.

10 I think that we are currently doing studies using
11 the same more sensitive technique to evaluate proximal
12 colonic emptying in patients with irritable bowel syndrome,
13 and we are actually already noting that there is an effect
14 in such patients when we use the scintigraphic technique
15 rather than the perhaps less sensitive radio PEC marker
16 technique in detecting proximal colonic emptying.

17 CHAIRMAN HANAUER: But I still want to know why
18 there are going to be different effects on the stomach then.

19 DR. CAMILLERI: I'm not convinced there are going
20 to be different effects. I think we just need to do more
21 studies to determine whether it's a question of dose, means
22 of administration, endpoint that is evaluated, et cetera.
23 So I would keep an open mind as to whether there are
24 different effects by the different 5HT3 antagonists.

25 CHAIRMAN HANAUER: Dr. Geller, then Dr. Wilson.

1 DR. GELLER: Dr. Chang, some of your slides
2 addressed males versus females, and some males versus
3 females with IBS. And I was interested in whether some of
4 the studies which you quoted about IBS had also been done in
5 normals, specifically heart rate variability, skin
6 conductance, rectal distention. Do the results hold in
7 normals as in IBS?

8 DR. CHANG: Yes. I showed actually for rectal
9 distention studies in normals and they have a significantly
10 higher discomfort threshold compared to IBS. That was my
11 first figure slide. As far as the autonomic responses,
12 we've looked at the heart rate variability as well as skin
13 conductance in normals and the males and females are fairly
14 similar, the healthy males and females. And the IBS females
15 look a little closer to the normals. It's the IBS males
16 that seem to be much more different, where they have greater
17 cardiosympathetic and skin conductance, which is also a
18 sympathetic arousal. But that's mainly in IBS males with
19 alternating or diarrhea predominance.

20 DR. WILSON: For Dr. Camilleri, again, getting
21 back to the question of gut versus blood flow, do you feel
22 that there could be any distention of the right colon with
23 increase in intracolonic pressures adequate to decrease gut
24 mucosal blood flow as a mechanism similar to that sometimes
25 seen in pseudo-obstruction of the colon?

1 MR. CAMILLERI: Yes. Dr. Wilson, the question is
2 a very pertinent one. When one looks at the pressures
3 achieved and the volumes achieved in the compliance curve,
4 they are really quite artificial relative to the normal
5 extant pressures and volumes of a non-dilated bowel. Your
6 point is well taken that in the context of a large
7 dilatation of the bowel such as many occur in mega colon, it
8 is conceivable that those pressures then may be such that
9 there would be a change in the mucosal blood which could
10 have an effect.

11 And we know, in fact, even without any medication
12 on board, some patients with mega colon can have mucosal
13 necrosis. So I wonder whether the pathologist data would
14 also address this question for you, but it is conceivable
15 that in a massively dilated colon this needs to be examined,
16 particularly to look at blood flow in response to 5HT3
17 antagonists.

18 CHAIRMAN HANAUER: Dr. Berardi?

19 DR. BERARDI: Dr. Chang, can you comment on any
20 differences that might exist with regard to 5HT3 or
21 serotonin in women with or without menses?

22 DR. CHANG: Actually, Dr. Mangel will present the
23 effect of the menses on the response to alosetron, so I'll
24 let him do that. But there was no significance differences
25 in colon transit in healthy women depending on their

1 menstrual cycle. So I'll let him comment on that.

2 CHAIRMAN HANAUER: Well, what about IBS patients
3 according to their menstrual cycle?

4 DR. CHANG: There have been some reports that at
5 the onset of menses IBS symptoms are worse. They have more
6 pain, looser stools. So there are several studies that have
7 shown that by patient report. I know that they have done--
8 there's only one study that wasn't that well conducted as
9 far as thresholds in IBS subjects at the different times of
10 their menses and they didn't find really any differences.

11 But it's difficult to do that study because you
12 have to make sure that you have the right phase, and every
13 woman is different so you basically have to check their LH
14 surge everyday. So those types of studies have not been
15 well-conducted yet.

16 DR. BERARDI: What about pre- or post-menopausal
17 women?

18 DR. CHANG: As far as the, what, alosetron or--

19 CHAIRMAN HANAUER: Changes in IBS, the motility
20 changes or symptomatic changes.

21 DR. CHANG: As far as colon transit, which is the
22 only measurement of motility that I know that they looked at
23 pre- and post-menopausal--and Dr. Wald might know this
24 better than me, but I don't think that there was any
25 differences. And I don't think there's differences--and Dr.

1 Camilleri might correct me--in the symptoms of pre- and
2 post-menopausal women.

3 DR. WALD: I just had a question for Dr.
4 Camilleri. We talk about diarrhea-predominant,
5 constipation-predominant, and mixed irritable bowel. Do you
6 know of any studies in terms of either **colonic** transit or
7 motility or visceral sensation that would allow us to
8 distinguish among these groups from a physiological
9 standpoint?

10 DR. CAMILLERI: The studies that have been done
11 really haven't included enough of the people in the middle
12 to really allow us to determine whether a physiological
13 endpoint such as transit of visceral sensitivity parameters
14 would constitute a sufficient surrogate marker to separate
15 the two. I can quote data from patients with constipation-
16 predominant irritable bowel or diarrhea-predominant
17 irritable bowel that have been demonstrated to have effect
18 on transit, and you are obviously very well aware of those.

19 We also know that among patients with rectal
20 hypersensitivity, certainly there tends to be a greater
21 proportion of patients with hypersensitivity who have rectal
22 urgency or diarrhea. However, there are patients also in
23 the constipation group that also have been shown to have
24 lower thresholds.

25 DR. WALD: The reason I'm bringing this up is one

1 of the reviewers-- I think Dr. Prizont--mentioned the issue
2 of diarrhea and how we define diarrhea-predominant or are
3 they simply non-constipated. And even in the diarrhea-
4 predominant irritable bowel patients, you have periods of
5 relative normalcy, sometimes even constipation.

6 Does this represent a shift in what's going on in
7 the colon or the intestine, and would we expect to see
8 physiologic changes in that group, and what is diarrhea-
9 predominant irritable bowel?

10 DR. CAMILLERI: Which of those 15 questions would
11 you like me to address first, Doctor?

12 DR. WALD: Oh, any one.

13 DR. CAMILLERI: I certainly believe that if we had
14 a simple non-invasive surrogate measure for the transit in
15 the bowel, for example, it would be possible to look at the
16 fluctuations in motor function as evidenced by transit. The
17 question is up to now there hasn't been such an easily
18 available, repeatable, low-radio-isotope-exposure method to
19 do so.

20 Certainly, the **symptomatology** of patients, as you
21 say, does fluctuate, and I think as we will see when Dr.
22 Mangel gives his presentation, in the context of this
23 particular set of clinical trials there was some special
24 attention given to identifying patients at the time when
25 they have diarrhea predominance, or at least no

1 constipation, in order to make sure that there is no floor
2 effect which would confound the clinical trials. So at the
3 present time, the best surrogate we have is the assessment
4 of the symptoms and that is what we'll use to facilitate the
5 focusing of this particular study population.

6 CHAIRMAN HANAUER: Dr. Senior?

7 DR. SENIOR: Don't go away, Dr. Camilleri. You
8 mentioned other drugs and, of course, we know ondansetron
9 was the first drug of this class, and this alosetron is an
10 analog really. Ondansetron is, of course, approved for
11 nausea and vomiting of chemotherapy and post-operatively.
12 Does ondansetron affect gastric emptying to slow it or
13 increase it, and does ondansetron have any effect on the
14 colon motility?

15 DR. CAMILLERI: That's very perceptive of you to
16 ask that question, Dr. Senior, because I did the studies
17 that showed ondansetron has an effect experimentally on the
18 colonic response to feeding a meal. So after we eat a meal,
19 the colon produces a major contractile response and this can
20 be reduced in healthy people, and it can also be normalized
21 in patients with carcinoid diarrhea. So, yes, other 5HT3
22 approaches are able to influence this reflex colonic
23 response to the ingestion of a meal.

24 There are also data in the literature that suggest
25 that ondansetron can affect the compliance of the stomach

1 and the tone after ingestion of a meal. And I think, as
2 you're indicating, probably more studies can be done to
3 further characterize the effect of alosetron.

4 CHAIRMAN HANAUER: For Dr. Gershon, regarding the
5 gender differences, do you think that these are primarily
6 central or are there peripheral, second-brain implications
7 of gender?

8 DR. GERSHON: It's impossible for me to answer
9 that question adequately because there have been to date no
10 questions addressing gender differences in the second brain,
11 in the enteric nervous system. There will be soon when I
12 get back to the laboratory, but at the moment there have not
13 been. But there is one thing that has been demonstrated,
14 and that is one of the backup transporters that is up-
15 regulated when the serotonin transporter is knocked out is
16 sensitive to estradiol. And it's purely speculative to know
17 whether that explains any of this, but I could go through a
18 scenario with you, but it would be hypothetical.

19 CHAIRMAN HANAUER: Dr. Prizont?

20 DR. PRIZONT: A question to Dr. Camilleri. You
21 mentioned the effect of alosetron on calcinoid diarrhea,
22 which is an example of extreme serotonin production. Do you
23 have any examples of other actions of alosetron on other
24 types of specific or non-specific diarrhea?

25 DR. CAMILLERI: Well, the only other one that I

1 know has been studied is its relation to the irritable
2 bowel, and we'll be hearing about that. So I'm afraid I
3 have not studied it and I don't know of any other studies
4 with alosetron in other diarrheal diseases, but perhaps
5 somebody else knows the answer to that question.

6 DR. WOOD: I don't think we've studied it in--
7 [inaudible].

8 DR. PRIZONT: I was referring to more specific
9 infections, like cholera diarrhea or E. coli diarrhea or
10 Shigella diarrhea or salmonella diarrhea.

11 DR. MANGEL: We have not, Dr. Prizont. Dr.
12 Prizont, the only other study, and the study is ongoing, is
13 that we're evaluating alosetron with individuals with
14 dumping syndrome, post-gastrectomy diarrhea, and that study
15 is ongoing at present.

16 CHAIRMAN HANAUER: And that was Dr. Mangel who
17 just spoke.

18 Other questions from the Committee?

19 I think it would be most prudent if we took a ten-
20 minute coffee break at this point before going into the more
21 lengthy discussion of the clinical trials. So we'll resume
22 in ten minutes, please.

23 [Recess.]

24 CHAIRMAN HANAUER: This process proves the point
25 that there is no such thing as a ten-minute break, but I'd

1 like to get the proceedings moving and invite Dr. Mangel up
2 to begin his presentation.

3 Thank you.

4 Can I ask you to cease the discussion in the back
5 even if you're not going to sit down? Thank you.

6 DR. MANGEL: Dr. Hanauer, Members of the Advisory
7 Committee, Members of the Reviewing Division, Ladies and
8 Gentlemen, thank you for the opportunity to present our
9 results on alosetron in the treatment of irritable bowel
10 syndrome with you today.

11 I would like to begin my presentation with a
12 review of characteristics of irritable bowel syndrome
13 patients, followed by a description of our Phase II and
14 Phase III studies. I will then present our safety database
15 and our conclusions on the alosetron development program.

16 Irritable bowel syndrome is characterized by
17 abdominal pain and discomfort, with associated alterations
18 in bowel function. The alterations in bowel function may
19 include an increased sense of urgency, changes in stool
20 consistency and frequency, increased sense of incomplete
21 evacuation, the presence of mucous, and bloating. In an
22 effort to determine which of these symptoms were most
23 bothersome to the patients which we evaluated in our Phase
24 III program, the following question was inserted into our
25 Phase III database: when your irritable bowel syndrome is

1 active, which of the following symptoms bothers you the
2 most? The three most frequent responses from the patients
3 in our Phase III program were abdominal pain, urgency, and
4 number of bowel movements or stool frequency.

5 Today, I will show you results for alosetron in
6 the treatment of irritable bowel syndrome. I will show you
7 that alosetron improves multiple IBS symptoms by providing
8 adequate relief of IBS pain and discomfort, by reducing the
9 percentage of days with urgency, by decreasing stool
10 frequency, and by firming stool consistency.

11 The principal studies which I will report on are
12 shown on this slide. We conducted two dose-ranging Phase II
13 studies, S3BP12 and S3BA 2001. The P12 study randomized 467
14 patients from outside the United States. The 2001 study
15 randomized 370 patients; 315 came from within the United
16 States.

17 The Phase III confirmatory program consisted of
18 two placebo-controlled efficacy and safety studies, S3BA
19 3001 and S3BA 3002. Each of these studies recruited over
20 600 patients exclusively from within the United States. We
21 also conducted a 12-month-long safety study, S3BA 3003,
22 which randomized 859 patients, also exclusively from within
23 the United States.

24 I would now like to briefly review our Phase II
25 program with you. Shown on this slide is the study design

1 for the two dose-ranging Phase II studies. Each of these
2 studies recruited both male and female patients. The
3 studies were randomized, double-blind, placebo-controlled.

4 In the P12 study, which is represented on the
5 upper panel, all subtypes of IBS patients were enrolled, into
6 a two-week screening period. Following completion of the
7 screening, there was a 12-week treatment phase with either
8 placebo, .1, .5, or 2 milligrams BID alosetron. Following
9 completion of treatment, there was a two-week follow-up
10 period in which no treatment was given.

11 The second dose-ranging study, S3BA 2001,
12 primarily recruited diarrhea-predominant IBS patients and
13 those with an alternating bowel pattern. Once again, there
14 was a 2-week screening period, followed by 12 weeks of
15 treatment with either placebo, 1, 2, 4, or 8 milligram BID
16 alosetron. Following completion of the treatment phase,
17 there was a two-week follow-up period once again, and during
18 the follow-up period there was no treatment given.

19 I would like to review with you briefly our key
20 findings from our Phase II study which led to our Phase III
21 study design. One of our goals in Phase II was to develop
22 or identify an endpoint which would reflect multidimensional
23 improvement in irritable bowel syndrome. In Phase II, we
24 developed and validated the endpoint of adequate relief of
25 IBS pain and discomfort. In our Phase II studies, we also

1 introduced electronic data capture to large, multi-center
2 IBS trials, and we also identified gender-specific efficacy
3 with alosetron.

4 I would now like to briefly describe each of these
5 key features. The adequate relief of IBS pain and
6 discomfort endpoint was piloted and validated in the 2001
7 study, and this became our primary efficacy measure in our
8 Phase III program. Positive responses to the adequate
9 relief question reflects improvement on multiple IBS-
10 relevant domains.

11 The primary adequate relief measure was simply the
12 question, in the past seven days have you had adequate
13 relief of your irritable bowel syndrome pain and discomfort?
14 This question was asked of patients once every seven days,
15 and patients would respond either yes or no to the question.
16 We have validated the endpoint of adequate relief in the
17 sense that we have shown that it is responsive to treatment,
18 it is reproducible, and correlates with other meaningful
19 measures to IBS patients. I would like now to show you some
20 of these correlations or associations. They are also
21 outlined in your briefing document.

22 The purple bars on this slide represent
23 individuals who report adequate relief. The green bars
24 represent individuals with no adequate relief. As you can
25 see, those with adequate relief show benefit on multiple

1 IBS-relevant domains, including pain/discomfort severity
2 scores, pain/discomfort-free days, percent days with
3 urgency, changes in stool consistency, and changes in stool
4 frequency. It's very important to realize that this slide
5 is not evaluating the effects of alosetron versus placebo.
6 This slide is evaluating what it means when a patient says
7 they have adequate relief of IBS pain and discomfort.

8 Adequate relief of IBS pain and discomfort is an
9 endpoint which reflects benefit on multiple IBS-relevant
10 parameters. The validations of the adequate relief endpoint
11 that we observed in our Phase II program were confirmed in
12 both Phase III studies, as outlined in you briefing
13 document. We also thought it was essential to develop a
14 reliable method in which to capture data.

15 We believe that there are inherent problems
16 associated with data collection by standard paper diary
17 cards, such as uncertainty around the timing of when
18 patients record data, as well as the potential for
19 retrospective changes on the cards. We therefore developed
20 an electronic data capture system in which patients would
21 telephone in daily to a central database. Patients
22 responded to automated questions by pressing appropriate
23 keys on a touchtone telephone pad.

24 Once patients entered their symptom data, the data
25 were timed and date-stamped by the system, and once the data

1 were entered, the database was secured and not accessible to
2 modification. In our Phase II program, patients were asked
3 questions about pain and discomfort, as well as bowel
4 function. In Phase II, we observed the system to be
5 operational 98 percent of the possible time, and patients
6 completed 82 percent of possible phone calls. Our
7 conclusion on the electronic data capture system is that
8 this represents an advantage over traditional methods of
9 data collection.

10 The next key feature which I would like to discuss
11 with you which was alluded to earlier this morning was that
12 of the identification of gender-specific efficacy with
13 alosetron. Shown on this slide are results from our 2001
14 study. The endpoint evaluated here is the monthly adequate
15 relief responders at month 3. Female IBS patients are shown
16 on the upper panel, male IBS patients on the lower panel.

17 In female patients, all doses of alosetron
18 produced improvement over that seen with placebo alone, with
19 1 milligram BID alosetron producing the most robust
20 response. By contrast, in male IBS patients, no dose of
21 alosetron produced substantial improvement over that noted
22 with placebo.

23 In the other dose-ranging study, S3BP12, gender
24 preferential efficacy with alosetron was noted. And in
25 S3BP12, 2 milligram BID alosetron in female patients was

1 observed to be superior to either .1 or .5 milligram BID
2 alosetron. As we just saw on the previous slide, in the
3 2001 study 1 milligram BID alosetron was superior to higher
4 doses, including 2 milligrams. In each of the Phase II
5 studies, efficacy was also observed to be preferential in
6 female as compared to male IBS patients.

7 The overall findings from our Phase II program
8 which impacted upon our Phase III design are as follows. We
9 concluded that 1 milligram BID alosetron was our lowest most
10 effective dose. The population of studies was females, as
11 this represented the population with clear efficacy in our
12 Phase II program. Females, as pointed out by Dr. Wood
13 earlier this morning, also represent the population
14 constituting 70 percent of IBS patients. Our primary
15 endpoint for progression into our Phase III program was that
16 of adequate relief of IBS pain and discomfort.

17 I would now like to review our Phase III program
18 with you. We conducted two identical, simultaneous Phase
19 III studies, S3BA 3001 and S3BA 3002. The primary
20 population enrolled in these studies were diarrhea-
21 predominant IBS patients and those with alternating bowel
22 patterns, and all patients were female. There was a 2-week
23 screening period, followed by 12 weeks of treatment with
24 either placebo twice a day or 1 milligram BID alosetron.
25 Following completion of the treatment phase, there was also

1 a follow-up period of our weeks duration without treatment.

2 For determining the sample size of the studies, 90
3 percent power at an alpha-equals-0.05 level was assigned for
4 a 15-percent different on our primary endpoint, that of the
5 monthly adequate relief responders. We assumed based on our
6 Phase II program a 20-percent dropout rate and this yielded
7 a sample size of 600, 300 patients on alosetron, 300
8 patients on placebo.

9 The key inclusion criteria into our study were
10 individuals, once again, needed to be female, have at least
11 a six-month history of irritable bowel syndrome, be age at
12 least 18 years. And if an evaluation of the patient's colon
13 was not performed within five years of randomization, then
14 one was done prior to enrollment into the study.

15 As noted earlier, there was a two-week screening
16 period in the studies. During the two-week screening
17 period, daily pain/discomfort scores were collected, as well
18 as stool consistency scores were collected. At the
19 conclusion of the screening period, the scores for abdominal
20 pain and/or discomfort, as well as for stool consistency,
21 were averaged. To be eligible for enrollment into the
22 study, individuals' pain/discomfort scores needed to range
23 between 1.0 and 3.3 inclusive on the scale shown below,
24 where 1.0 represents mild pain.

25 It should be pointed out that the average score

1 needed to range between 1.0 and 3.3. On any given day,
2 patients could have any degree of severity of abdominal pain
3 and/or discomfort. The stool consistency score needed to be
4 greater than or equal to 2.5 on average during the 2-week
5 screening period, where a 2.5 is between hard and formed
6 stool.

7 The primary exclusionary criteria for the studies
8 were unstable medical condition, current evidence and/or
9 history of other relevant gastrointestinal conditions,
10 certain abnormal laboratory values, and concurrent use of
11 specified medications, including but not limited to other
12 5HT3 receptor antagonists, analgesics or motility-acting
13 agents.

14 In the 3001 study, we screened 1,470 patients, of
15 which 626 were randomized, 309 to alosetron and 317 to
16 placebo. 237 and 246 patients completed the respective
17 arms. This represents a completion rate of approximately 75
18 to 80 percent, consistent with the anticipated dropout rate
19 of 20 percent. A very similar pattern was also noted in the
20 3002 study.

21 At the time of entry into the study, the
22 demographics for the patients randomized are shown on this
23 and the next slide. Patients entered with an average age of
24 approximately 45 to 46 years. The vast majority of the
25 patients were white, and approximately 40 percent of the

1 patients reported still having their menstrual cycles.
2 Forty-six percent of the patients reporting using fiber
3 during the two-week screening period.

4 Patients reported approximately 10- to 11-year
5 history of IBS symptoms at entry into the study, although I
6 remind you once again only a 6-month history of IBS symptoms
7 was required for enrollment into the program. The enrolling
8 investigators characterized approximately 70 percent of the
9 patients as diarrhea-predominant and approximately 27 to 28
10 percent of the patients as those with alternating bowel
11 patterns.

12 During the two-week screening period, the average
13 pain/discomfort score was approximately a 2 on the 5-point
14 scale reviewed earlier, and 2 represents moderate pain.
15 Patients reported approximately 13 percent of the days as
16 pain/discomfort-free, and approximately 70 percent of the
17 days during the screening period with urgency. Patients
18 reported a stool frequency of 2.7 bowel movements per day,
19 and a stool consistency of approximately 3.4, also on the 5-
20 point scale shown earlier where 3.4 represents between
21 formed and loose stool.

22 The disposition of the patients who were
23 randomized into the 3001 and 3002 studies are shown on this
24 slide. Once again, approximately 75 to 80 percent of the
25 patients completed the study. For alosetron-treated

1 patients in both studies, the primary reason for withdrawal
2 from the study was the development of constipation. Ten
3 percent of patients randomized to alosetron withdrew from
4 each of the respective studies. Constipation is a class
5 effect of 5HT3 receptor antagonists.

6 The primary endpoint of our Phase III program
7 which was prospectively defined in agreement with the FDA is
8 that of the adequate relief of IBS pain and discomfort
9 endpoint. Once again, the primary measure is the question,
10 in the past seven days have you had adequate relief of your
11 irritable bowel syndrome pain and discomfort.

12 During the course of the Phase III program, we
13 also collected other secondary and supportive endpoints.
14 The key secondary endpoints were stool consistency, percent
15 days with urgency, stool frequency, percent days with
16 incomplete evacuation, and percent days with bloating. The
17 other endpoints were pain severity scores, pain/discomfort-
18 free days, and the symptom checklist 90R or SCL-90R, which
19 represents a psychometric instrument.

20 As in the Phase II program, we employed electronic
21 data capture in our Phase III program. Adequate relief data
22 were collected weekly. Bowel function and pain and/or
23 discomfort data were collected daily. In Phase III, we
24 observed the system to be operational greater than 99
25 percent of the possible time, and patients completed 85

1 percent of possible daily phone calls.

2 For statistical analysis, missing data resulting
3 from withdrawals or otherwise were handled by the last
4 observation carried forward principle. As outlined in your
5 briefing document, other methods for managing missing data
6 were also applied. Findings were robust for the methods of
7 managing missing data.

8 Treatment comparisons for adequate relief were by
9 the Mantel-Haenszel test, and for bowel function by Van
10 Elteran's test. All p values were two-tailed using a type 1
11 error rate of alpha equals 0.05. To help reduce the
12 accumulation of the type 1 error rate for multiple
13 endpoints, testing was done sequentially. In other words,
14 we pre-specified the order for testing endpoints, and it was
15 required that p be less than or equal to 0.05 for each
16 endpoint before testing the next endpoint in sequence.

17 I would now like to review our Phase III efficacy
18 results with you. The prospectively defined primary
19 endpoint of our Phase III program was the monthly responder
20 for adequate relief of irritable bowel syndrome pain and
21 discomfort. The definition of a monthly responder for
22 adequate relief were individuals who answered the weekly
23 adequate relief question as a "yes" for at least two weeks
24 in a four-week month. For months with incomplete data, or,
25 in other words, for months in which some of the weeks but

1 not all of the weeks were answered, then the missing weeks
2 were considered as no relief. For months in which all weeks
3 were missing, then the last observation carried forward
4 principle was employed on a monthly basis. Initially, we
5 evaluated the number of months with adequate relief. This
6 represented the first step of our multiple endpoint
7 adjustment strategy. Patients on alosetron treatment
8 reported significantly more months with adequate relief in
9 both studies, as compared to those patients treated with
10 placebo.

11 Having achieved significantly more months with
12 adequate relief in alosetron-treated patients, we next
13 focused on the individual months. Shown on this slide are
14 data from the two pivotal Phase III studies 3001 and 3002,
15 the 3001 study shown on your left, the 3002 study on your
16 right. The y axis on the graph represents the percent of
17 monthly responders. Alosetron-treated patients are
18 represented by the yellow bars, placebo-treated patients by
19 the green bars.

20 In the 3001 study, at each monthly interval there
21 were significantly more monthly responders during alosetron
22 treatment as compared to those patients treated with
23 placebo. In the 3002 study, there were significantly more
24 monthly responders at month 1 and month 3 during treatment
25 with alosetron, and the value approached statistical

1 significance at month 2.

2 To try to obtain better clarity on the onset of
3 action as well as the durability of the response, we also
4 evaluated the responses to the weekly adequate relief
5 question. Once again, the 3001 study is shown on the left,
6 the 3002 study on the right. The y axis for this graph
7 represents the percent of patients for each treatment group
8 which answers the weekly adequate relief question, in the
9 past seven days have you had adequate relief of your
10 irritable bowel syndrome pain and discomfort, as a "yes."

11 In the 3001 study, significantly more patients
12 answered the question as a "yes." By the end of the fourth
13 week of treatment, as you can see, once significance was
14 achieved, benefit persisted throughout the remainder of the
15 treatment phase. Following cessation of treatment with
16 alosetron, benefit rapidly dissipated.

17 In the 3002 study, significantly more patients in
18 the alosetron group answered the question as a "yes." By
19 the end of the second week of treatment, benefit persisted
20 throughout the remainder of the treatment phase. Following
21 cessation of treatment, benefit once again rapidly
22 dissipated.

23 In an attempt to visualize the high degree of
24 consistency between these two studies, I would like to show
25 you these two graphs overlaid on the same plot. Shown here

1 is the data from the 3001 study, and then when the 3002
2 study is superimposed upon that graph with the same axes, of
3 course, you can see a remarkable degree of consistency for
4 the alosetron treatment groups in the two studies.

5 As you may recall, in the 2001 study we also
6 evaluated in female IBS patients the 1 milligram BID dose of
7 alosetron. When we superimpose the results of that study
8 once again on the graphs from the 3001 and 3002 study, we
9 once again see a high degree of consistency with the
10 alosetron treatment of IBS patients. Our summary of our
11 primary efficacy data are that alosetron provides
12 significant and sustained adequate relief of IBS pain and
13 discomfort, and that benefit rapidly dissipates following
14 cessation of alosetron treatment.

15 We next evaluated various secondary endpoints. I
16 would like to initially discuss urgency. Urgency, as we
17 know, is an unpleasant sensation, and therefore an
18 improvement in urgency is represented by a decrease in the
19 percent days with urgency. As shown on this graph,
20 significant improvement occurred in alosetron-treated
21 patients by the end of the first week of treatment in both
22 the 3001 and 3002 study. Benefit in both studies persisted
23 throughout all 12 weeks of treatment. Following cessation
24 of treatment, benefit once again rapidly dissipated.

25 We next evaluated stool frequency and a virtually

1 identical pattern emerged--significant improvement by the
2 end of the first week of treatment, significant improvement
3 throughout all 12 weeks of treatment. Stop treatment,
4 symptoms rapidly return. An identical picture once again
5 for stool consistency--significant improvement by the end of
6 the first week of treatment, significant improvement
7 throughout the entire treatment period; stop drug, symptoms
8 return.

9 We also evaluated other secondary endpoints.
10 Alosetron produced significant at month 2 and 3 in 3001, and
11 in month 3 in 3002 on percent days with incomplete
12 evacuation. In neither the 3001 or 3002 study was there any
13 significant improvement on percent days with bloating.
14 Evaluation of the other supportive endpoints showed at month
15 3 and month 2 and 3 for 3001 and 3002 studies respectively,
16 there was significant improvement on pain/discomfort daily
17 scores. And in the 3001 study at month 3, there was
18 significant improvement for pain/discomfort-free day
19 responders. In neither the 3001 nor the 3002 study was
20 there a significant improvement on any global indices for
21 the SC-90R.

22 At the request of the FDA, at the end of Phase II
23 meeting, we evaluated whether the occurrence of menses
24 confounded, or represented a confounder for the effects of
25 alosetron. Shown on this slides are patient which were able

1 to menstruate in the 3001 and the 3002 study. The data are
2 represented as the proportion of weeks with adequate relief
3 for weeks in which patients had menses versus weeks in which
4 patients did not have menses. As can be seen, benefit of
5 alosetron was present in both studies under either scenario,
6 whether individuals who were able to menstruate were not or
7 were having menses during those particular weeks.

8 Our overall summary of efficacy is as follows.
9 Alosetron significantly improves multiple symptoms of IBS by
10 providing adequate relief of IBS pain and discomfort,
11 decreasing days with urgency, reducing stool frequency, and
12 producing firmer stools.

13 I would now like to review our safety database
14 with you. Our safety database was composed of preclinical
15 evaluations, including acute, sub-chronic, and chronic
16 animal studies. We also conducted mutagenicity,
17 oncogenicity, and reproductive toxicology studies. In Phase
18 I, ascending single and repeat-dose studies were done, as
19 well as an extensive cardiac safety program.

20 In Phase II and Phase III, we collected adverse
21 events, serious adverse events, and laboratory values. And
22 in our 12-month, long-term safety study, we also collected
23 adverse events, serious adverse events, laboratory values,
24 and electrocardiograms. As cardiac conduction should be
25 evaluated for all new chemical entities, we conducted an

1 extensive cardiac safety program.

2 Preclinical studies were composed of telemetry
3 studies from dogs and guinea pigs, in vitro-recorded action
4 potential duration, and other electrophysiologic parameters.
5 From purkinje fibers and using patch clamp techniques, we
6 recorded a delayed rectifying potassium current known as IKR
7 from ventricular myocytes.

8 In Phase I, we targeted electrocardiograms at and
9 around the time of Cmax, and also performed a cisapride co-
10 administration study. In the long-term safety study, ECGs
11 were collected at baseline and after two months of
12 continuous dosing. The conclusion from these and other
13 studies are that there were no effects of alosetron on
14 cardiac conduction or any other cardiac-related parameter.

15 In our Phase II and III program, 1,263 patients
16 received BID doses of alosetron for up to 12 weeks in
17 duration. In the long-term safety study, 640 IBS patients
18 received 1 milligram BID alosetron for periods up to 12
19 months in duration. In ongoing studies, approximately 1,250
20 patients are presently receiving treatment with alosetron.
21 In healthy volunteers, maximum daily doses of alosetron up
22 to 16 milligrams BID have been administered.

23 Shown on the next slide are the most frequent
24 adverse events reported during the Phase II and Phase III
25 program. During treatment with alosetron, the only adverse

1 event which occurred at a substantially greater frequency on
2 alosetron treatment than that on placebo was constipation, a
3 class effect of 5HT3 receptor antagonists.

4 With 1 milligram BID alosetron, constipation was
5 reported in 27 percent of alosetron-treated patients, as
6 compared to 5 percent of patients who received placebo
7 treatment. Although constipation was reported with 1
8 milligram BID alosetron in 27 percent of the treated
9 patients, it's important to note that most patients only had
10 a single episode of constipation, and that only 10 percent
11 of patients in the Phase II-Phase III withdrew secondary to
12 constipation.

13 Specific parameters of constipation were as
14 follows: a median onset of approximately 10 days, a median
15 duration of 6 days. The enrolling physicians and the
16 patients quoted a severity of constipation as mild and
17 moderate, constituting 65 percent of the cases.

18 In an irritable bowel syndrome study, we view
19 collection of bowel functions as important and relevant
20 endpoints. Therefore, routine laxative use was not
21 permitted in our studies. However, if individuals underwent
22 four consecutive days without a bowel movement, a brief
23 interruption of alosetron therapy was permitted. In the
24 alosetron Phase III program, the interruption occurred in 9
25 percent of alosetron-treated patients who had constipation.

1 With interruption of alosetron therapy, only 1 percent of
2 the patients failed to resume bowel movements within the 4-
3 day drug holiday.

4 We also collected serious adverse events during
5 the Phase II and Phase III program. An identical frequency
6 of events occurred with 1 milligram BID alosetron as noted
7 on placebo. However, as was referred to earlier today, four
8 cases of ischemic colitis were reported during the alosetron
9 development program. The proper denominator for these four
10 cases is approximately 3,000 patients. We believe, of these
11 four cases, only one case actually represents ischemic
12 colitis. I will walk you through the data today, and we
13 will also present by Dr. Kay Washington an evaluation of the
14 specific histologic specimens.

15 In these four patients, the onset of symptoms
16 occurred at times of 2 days, 7 days, 3 weeks, and 8 weeks
17 after initiation of treatment with alosetron, all cases
18 resolved with sequelae, and of pertinence to discussion
19 earlier today, radiographic evaluation on all of the
20 patients during the course of their illness showed no gross
21 dilatation. Three of the cases are outlined in your
22 briefing document by both us and Dr. Lawrence Brandt. We,
23 as well as the FDA, became aware of the fourth case just
24 recently, and I would like to walk you through that case
25 now.

1 The individual was a 61-year-old female who, on
2 the seventh day of treatment with 1 milligram BID alosetron,
3 reported severe abdominal pain, bloody diarrhea. She was
4 noted to have an elevated white count and a fever. A CT
5 scan was done the following day, which was October 29th.
6 The CT scan revealed mural thickening of the entire
7 transverse colon, descending colon, and hepatic flexure.

8 Changes were read by the radiologist as consistent
9 with colitis, but it was deemed by that radiologist that
10 ischemic colitis was unlikely because of the large extent of
11 vascular territories involved. A colonoscopy was done a few
12 days later, on November 2nd. The formal colonoscopy reports
13 reads in distal transverse to the descending colon, there
14 were patchy areas of edematous hyperemia adjacent to pale
15 areas. I should note that we did receive an endoscopic
16 photograph of this patient and we do not concur with that
17 diagnosis, or with that endoscopic report. When we reviewed
18 the photograph, we did see exudate, petechiae, and areas of
19 erosions, and perhaps ulcerations.

20 The biopsy from this specimen was read by the
21 pathologist at the local hospital as ischemic colitis,
22 although no histologic details were given. The patient was
23 discharged to home the following day and is reported to be
24 doing well. The four reported cases, it's important to
25 note, occurred in the 12-week studies. There have been no

1 reports of ischemic colitis in two ongoing 12-month studies,
2 of which approximately 1,000 patients are receiving
3 treatment with alosetron.

4 We know from the literature that serotonin may
5 represent a vasoconstrictor. Serotonin agonists have also
6 been reported to cause ischemic colitis. As 5HT agonists
7 may induce ischemic colitis, we attempted to determine how
8 a selective antagonist to the 5HT3 receptor could also
9 induce ischemic colitis. We initially, as we discussed
10 earlier this morning, looked at whether or not alosetron
11 serves as a direct vasoconstrictor.

12 As was pointed out by Dr. Gershon, these studies
13 were done by Dr. Kenton Sanders, who is in the audience and
14 could provide additional details if the Committee has
15 questions. Contractile activity were monitored from dog and
16 guinea pig inferior mesenteric arterial smooth muscle. No
17 increase in either spontaneous or nerve-induced contractions
18 were noted with doses of alosetron up to 1,000-fold the KD
19 dose. As Dr. Gershon had mentioned this morning, on the
20 vascular from the gut, 5HT3 receptors are also not present.

21 We also went back and re-reviewed our long-term,
22 high-dose animal studies in which animals received exposures
23 for up to two years' duration of doses up to 800- to 1,000-
24 fold the clinical dose. There was no increase in either
25 colonic or small intestinal lesions with alosetron treatment

1 in these studies.

2 As rectal bleeding may represent either
3 undiagnosed or misdiagnosed ischemic colitis, we also
4 reviewed our cases of rectal bleeding which were reported as
5 an adverse event. A review of this database revealed no
6 evidence of undiagnosed ischemic colitis.

7 As no mechanistic rationale has become obvious to
8 us, we revisited the diagnosis of ischemic colitis. Dr. Kay
9 Washington, a GI pathologist at Vanderbilt University,
10 conducted a review of the histopathology of the previous
11 specimens. Dr. Washington also evaluated
12 immunohistochemistry for the possible presence of E. coli
13 0157:H7. E. coli 1057:H7 was specifically evaluated for, as
14 this causes hemorrhagic colitis with both symptoms and--
15 well, with symptoms which very well may mimic ischemic
16 colitis.

17 I would like to interrupt my presentation now for
18 Dr. Washington to review the pathology.

19 DR. WASHINGTON: Thank you. First, I'll go over
20 the list of material I received to review with you. We were
21 able to review the H&E, the routine stain slides on each
22 patient, and on three of the cases we received unstained
23 slides that we could stain by immunohistochemistry for E.
24 coli 0157:H7.

25 When I go through the cases individually, I'm

1 going to refer to them a little differently. They are in
2 sequential order here and I'll show you the cases in that
3 order. The first case is from 1996, and I'll refer to it as
4 the '96 case. The second two cases are the '98 cases, and
5 the fourth case is the '99 case. And then we'll summarize
6 that as well.

7 I want to show you a couple of slides from my
8 teaching collection just to get us started on what the
9 histopathology of these lesions looks like. This is a case
10 of culture-confirmed E. coli 0157:H7 colitis from my
11 collection, and you can see that it's an intensely congested
12 mucosa. There is a pseudomembrane composed of inflammatory
13 cells, numerous neutrophils, acute inflammatory cells, in
14 the surface, a lot of mucosal necrosis in the surface. And
15 the crypts are preserved in a pattern very reminiscent of
16 ischemic colitis.

17 When we look at these crypts, we see what
18 pathologists refer to as micro crypts. The crypts are
19 almost withering in an ischemic-type injury. But this is E.
20 coli, and notice the lamina propria contains numerous
21 inflammatory cells in this example of infectious colitis
22 from E. coli. So it's a mixed pattern. It looks ischemic
23 in that the crypts are preserved but relatively small, the
24 so-called micro crypt appearance of ischemic colitis. But
25 the lamina propria is very cellular, and that's an appearance

1 that goes along more with infectious colitis, so a
2 combination pattern in recognizable cases of E. coli 0157
3 colitis.

4 Now, this, in contrast, is ischemic colitis, and
5 notice again we have these very small crypts, the micro
6 crypts of ischemic injury. The laminapropria out here in
7 the area of injury is not nearly as cellular as in the
8 example of E. coli 0157.

9 So now I want to take you through the
10 histopathology of these four cases under discussion. This
11 is the 1996 case, and this is the worst area of the mucosa
12 right here. The changes in this biopsy were very minimal.
13 Most of the colonic mucosa looks normal, but in this area we
14 see a little bit of what pathologists call reactive change.
15 There's a little bit of loss of goblet cell mucin here, but
16 notice that the laminapropria really does not contain many
17 inflammatory cells. I see no neutrophils infiltrating the
18 crypts and the surface is pretty well preserved here. So
19 this is a very minor, non-specific change and I cannot
20 assign any particular diagnostic label to this biopsy.

21 And this was a biopsy from elsewhere in the colon,
22 normal-appearing colonic mucosa taken at the same time, and
23 you can see that this is indeed normal-appearing colonic
24 mucosa, so very minor changes in this patient in 1996. She
25 had a follow-up biopsy, which again was very normal in

1 appearance. The surface mucosa is preserved. There's no
2 mucosal necrosis, no increase in inflammatory cells. We did
3 see a slight increase in mucosal eosinophiles which is
4 exquisitely non-specific in the GI tract, and so essentially
5 normal colonic mucosa in the follow-up biopsy in the 1996
6 patient.

7 Now, the two 1998 cases have virtually identical
8 histology and they are really the cases of interest here.
9 This is from the first 1998 case, and notice we have this
10 rather exuberant pseudomembrane sitting here composed of
11 mucin with numerous inflammatory cells, mainly neutrophils,
12 intermixed.

13 Now, deep to that mucin layer or necrosis is a bit
14 of colonic mucosa that shows a pattern of ischemic injury,
15 with the micro crypts and the dense cellularity of the
16 lamina propria. And we can find other areas in that biopsy
17 that that appears similar, with the exuberant pseudomembrane
18 overlying an area that looks like ischemic injury.

19 The key to this biopsy is to look at the more
20 intact mucosa, and when we look at this intact mucosa we see
21 that the cellularity of the lamina propria is increased with
22 inflammatory cells. And we also, of note, find neutrophils
23 in this lamina propria and infiltrating crypts. This is the
24 pattern of an infectious type colitis. So we have the
25 combination pattern of infectious colitis and ischemic-

1 appearing injury, and that should prompt the pathologist to
2 consider the possibility of E. coli 0157 infection in this
3 patient.

4 This is a control slide of E. coli 0157 stained
5 with the antibody that we use. This was provided to me by a
6 colleague who cultured the organism, the specific serotype.
7 And the large brown, pale-staining structures in the
8 background are red cells. The bacteria are the smaller,
9 darker-staining structures. And I think you can see within
10 the mucin of this particular case, there are few clusters of
11 organisms that are staining in this fibrinous exudate, and
12 this is where we would expect to see the bacteria in E. coli
13 hemorrhagic colitis.

14 Now, we're moving on to the second 1998 case, and
15 the histopathology looks identical to the other 1998 case.
16 We have the pseudomembrane formation, necrotic crypts
17 intermixed with fibrin, mucin, and inflammatory cells
18 overlying an area that looks like ischemic injury, with a
19 dense laminapropria and the micro crypts.

20 And this biopsy demonstrates even more strikingly
21 than the previous 1998 biopsy that in the intact mucosa, we
22 do have this pattern of acute self-limited colitis going on.
23 We have numerous neutrophils in the laminapropria, and they
24 are also infiltrating crypt epithelium here. This looks
25 like an infectious colitis to the pathologist.

I

1 And if we look at the laminapropria, we can see
2 numerous neutrophils out in the laminapropria as well. And
3 I'd like to point out on this slide that I really did not
4 see structural abnormalities in the blood vessels of the
5 laminapropria. We, of course, don't have larger vessels
6 that were sampled, but no structural abnormalities of the
7 vessels were noted in these slides. So both 1998 cases show
8 a combined ischemic infectious-type pattern that is highly
9 suggestive of E. coli infection, and I really would not
10 label those cases as pure ischemic colitis.

11 This is the 1999 biopsy, and I think you can
12 appreciate some differences just on this lower power in this
13 biopsy. We've got preserved crypts here, the ischemic, and
14 that very dense pick laminapropria that we see in ischemic
15 colitis, but very little in the way of inflammation here.
16 And there is an exudate and one area of ulceration here, but
17 it's qualitatively different from the exudate we saw in the
18 cases that I consider to probably be E. coli colitis. It's
19 more fiber and there are less inflammatory cells, very
20 little mucin mixed in.

21 And in the intact mucosa, we see a laminapropria
22 that is normal in its cellularity. We do not see
23 neutrophils infiltrating the laminapropria or in the crypts,
24 so we do not have that superimposed pattern of infectious
25 colitis in this case. So this I would be more willing to

1 classify as an ischemic colitis. And the immunostain for E.
2 coli in this case was negative. I could not demonstrate
3 organisms in this exudate in the 1999 case.

4 So just to summarize the histopathologic findings
5 in these four cases, the 1996 case which we looked at first
6 really is not diagnostic of either ischemia or E. coli
7 colitis or any specific entity I can put a name on. The
8 features are very mild and non-specific and had resolved on
9 the follow-up biopsy.

10 The two 1998 cases, because of their combined
11 pattern of ischemic and infectious colitis, I consider to be
12 highly likely to represent E. coli 0157 colitis. I would
13 not classify these as simple ischemic colitis. The 1999
14 case, I believe, does represent a case of ischemic colitis
15 based on its histopathologic features.

16 Are there any--shall we take questions now or--

17 CHAIRMAN HANAUER: Now, don't we finish off and
18 then we'll--

19 DR. MANGEL: Our conclusions on ischemic colitis
20 are that the preclinical studies do not suggest an etiologic
21 basis. We believe a single case was consistent with
22 ischemic colitis, and that was in the 61-year-old female.
23 We conclude there is no evidence for a causal relationship
24 between the development of ischemic colitis and alosetron
25 treatment.

1 I would next like to review with you our long-term
2 12-month safety study. This study evaluated both males and
3 females receiving either placebo or alosetron treatment for
4 periods up to 12 months. The randomization schedules was
5 one to three in favor of alosetron. Forty-seven males and
6 163 females received placebo, while 167 males and 473
7 females received alosetron.

8 Although analysis is ongoing at the present time,
9 or at least at the time of inclusion for the Advisory
10 Committee, we have data on 415 patients who received at
11 least six-month treatment with alosetron, and 187 patients
12 who received alosetron treatment for a year. Evaluation of
13 the adverse events of this population in the present study
14 revealed an identical pattern as was noted in the 12-week
15 Phase II and Phase III program.

16 The only adverse event to occur to a substantially
17 greater frequency with alosetron treatment as compared to
18 that observed with placebo was that of constipation,
19 occurring at a rate of 31 percent on alosetron and 5 percent
20 on placebo. Evaluation of the female patients in the long-
21 term safety study, in particular, revealed a near identical
22 pattern.

23 We also collected serious adverse events--I'm
24 sorry. In the long-term safety study, we had anticipated a
25 dropout rate of 40 percent, and we noted approximately 40

1 percent of the patients to withdraw from treatment during
2 the study. As observed in the Phase II and Phase III
3 program, for alosetron-treated patients the primary cause
4 for withdrawal was the development of constipation, and
5 constipation occurred at a similar rate as noted in the
6 Phase II and Phase III program.

7 In the long-term safety study, we also collected
8 serious adverse events. There was no increase in serious
9 adverse events in the long-term safety study in either males
10 or females. And I also remind you once again no cases of
11 ischemic colitis were reported in the long-term safety
12 study.

13 As part of our safety evaluation in both the 12-
14 week study as well as the long-term safety study, we
15 collected laboratory values, routine hematology, and
16 chemistry panels. As for all new chemical entities, an in-
17 depth review of liver function tests was undertaken. A
18 similar frequency for elevations in liver function tests at
19 the greater than two-fold level was observed for alosetron-
20 treated patients at 1.4 percent as that seen with placebo-
21 treated patients at 1.2 percent.

22 Individual cases were reviewed by myself and Dr.
23 Hunt, and we concluded that no signal was apparent. No
24 serious adverse events of hepatitis or elevated LFTs were
25 reported. ALT elevations greater than three-fold normal

1 were also observed. Subjects with ALTs greater than three-
2 ifold normal during the treatment period and those who
3 exceeded pre-treatment values occurred at a rate of .4
4 percent in the placebo group and .5 percent in the
5 alosetron-treated patients. The range of ALT elevations
6 were up to 9.6-fold normal in placebo-treated patients and
7 up to 7.9-fold normal in alosetron-treated patients. We
8 conclude that there is no evidence for alosetron-induced
9 hepatotoxicity. Our overall conclusion for laboratory
10 values are that there are no clinically relevant changes in
11 any hematologic or chemistry parameter during alosetron
12 treatment for up to 12 months.

13 Our overall conclusions from the alosetron
14 development program are as follows. We believe alosetron
15 provides adequate relief of IBS pain and discomfort.
16 Alosetron improves urgency, stool frequency and consistency.
17 Alosetron displays a favorable safety profile, with
18 constipation representing the only adverse event of note.

19 We believe the data presented today strongly
20 support our proposed indication that Lotronex, alosetron
21 hydrochloride, is indicated for the treatment of irritable
22 bowel syndrome in female patients whose predominant bowel
23 symptom is diarrhea either alone or as part of an
24 alternating stool pattern.

25 I would be glad to entertain questions now. I

1 would also like to mention that Dr. Michael Camilleri has
2 reviewed the cases of ischemic colitis and would also be
3 glad to entertain questions on that. Dr. Mitch Shiffman,
4 from the Medical College of Virginia, an expert
5 hepatologist, is also here to entertain any potential
6 questions there may be with respect to the liver function
7 tests.

8 Thank you.

9 CHAIRMAN HANAUER: Thank you very much, Doctor.
10 Dr. Laine, do you want to start?

11 DR. LAINE: Sure, since I've been so quiet. You
12 know, whenever you do clinical trials, there's always the
13 distinction between statistical significance and clinical
14 significance. And when I looked at your hypothesis and
15 sample size determination for your Phase III studies, it
16 appeared that you chose 15 percent as a meaningful
17 difference. When I look at your 1-, 2- and 3-month
18 differences in your primary endpoints on the two studies,
19 although you achieved statistical significance in five of
20 those six time periods, you only achieved what apparently
21 you were defining as clinically significant difference in
22 one of those six time points.

23 Could you comment on that distinction?

24 DR. MANGEL: Yes. The study was powered to detect
25 a 15-percent difference between alosetron-treated patients

1 versus placebo-treated patients on the primary endpoint of
2 monthly adequate relief responders. That, we believe, is a
3 different notion from the definition of clinical
4 significance.

5 We do believe it's an important issue. What is
6 clinically relevant, however, to the IBS patient--we believe
7 this is the first agent shown in two large, multi-center,
8 contemporary, placebo-controlled studies to show benefit for
9 the treatment of irritable bowel syndrome. For the weekly
10 adequate relief parameters, the range of benefit for
11 alosetron versus placebo was on the order of 10 to 15
12 percent. We should also point out that adequate relief was
13 only one endpoint in this study. And, of course, irritable
14 bowel syndrome is a multidimensional condition.

15 Could I have the D folder, slide 11?

16 When we look at the relative improvement in other
17 endpoints as well, we see that in addition to adequate
18 relief, we are seeing improvement on urgency, consistency,
19 and frequency. When represented as percent improvements,
20 depending upon which endpoint you are evaluating, we see
21 between 15 to 20 percent benefit with alosetron improvement
22 as compared to placebo.

23 Could I have slide F-3, please?

24 We also believe that an important aspect of the
25 robustness of our data are the virtual superimposability of