

1 something like that. I don't agree with that calculation.
2 There was one case, as we discussed yesterday, where there
3 was an elevation in a patient taking Avandia. This was the
4 patient that subsequently was found to have serology for
5 hepatitis A.

6 Whether it was due to hepatitis A or due to
7 Avandia, there's no way of knowing. But what we do know
8 for sure is that the elevation was very brief. In fact, it
9 had already normalized before it was even realized that it
10 was elevated. And so this case did not go on to jaundice.
11 So, that calculation is wrong.

12 In my reading of 8,000 cases, there really is
13 not a single case that, in my judgment, would have gone on
14 to any evidence of liver failure related to these drugs.
15 Now, 8,000 cases is not a million. I recognize that. But
16 it still is, in my judgment -- and I've reviewed all of
17 these cases in great detail -- I cannot find a single case
18 that I think would have gone on to liver failure.

19 There is a difference between the USA and
20 Japan. And this may be accounted for, to some extent, by
21 the duration. But I think it's more than that. And this
22 is not the right forum to discuss this. But we've seen
23 this elsewhere in different trials and with different
24 compounds. It would be interesting to speculate, but I
25 think this is a real difference. I think that, for

1 | whatever reason, patients in Japan are more sensitive to
2 | abnormalities in ALT elevation when they're given drugs.

3 | The point here is that even breaking it does
4 | this way is really consistent. And both the pioglitazone
5 | versus placebo, you get the same data.

6 | Then, finally, I just want to again
7 | reemphasize -- and I think we could put down pioglitazone
8 | and rosiglitazone down here -- all of which I think is very
9 | consistent, in saying that in a trial of roughly 6 months,
10 | roughly .5 percent patients will have an ALT elevation of
11 | greater than 3 times normal. And I think the difficulty we
12 | have to wrestle with is how to distinguish the potential
13 | rare case -- and I think it still is a potential for a
14 | long-term question of hepatotoxicity -- and I think that
15 | still needs to be discussed -- but how to distinguish those
16 | cases from the background elevation is what I think the
17 | problem is that we really need to address.

18 | Thank you.

19 | DR. BONE: Thank you very much, Dr. Misbin.

20 | Are there questions from the committee?

21 | Let me just ask about that one point about the
22 | calculation about liver failure. Maybe I can just see if I
23 | understood that comment by the sponsor in a slightly
24 | different way, and see if we can clarify that.

25 | My understanding was that the sponsor was

1 | applying really a rather speculative extrapolation, but one
2 | that's been employed in the past, whereas they calculated
3 | that if 1 out of about 10,000 patients treated with
4 | rosiglitazone or pioglitazone in clinical trials had an
5 | enzyme elevation of tenfold or so, they would expect 1 out
6 | of 100,000 to have jaundice and 1 out of a million to die.
7 | But they weren't, I don't think, saying that either of
8 | those events had actually occurred. This had to do with a
9 | kind of prediction. Is that correct?

10 | DR. FRESTON: That's correct.

11 | DR. BONE: And then, I take it that that's
12 | clear now.

13 | DR. MISBIN: Just so that it's clear, I do not
14 | see a difference here between Avandia and Actos. And that
15 | has to be clear. Okay.

16 | DR. BONE: Thank you. I wanted to make sure
17 | everybody had that point absolutely clear.

18 | All right. I think Dr. Molitch was first to
19 | indicate that he had a question.

20 | DR. MOLITCH: Just one question for
21 | Dr. Steigerwalt. You said that -- I can't remember what
22 | species it was -- that they noted extramedullary
23 | hematopoiesis. And I would think that that would actually
24 | be associated with true anemia rather than just a
25 | hemodilution effect. Can you comment more on that?

1 DR. STEIGERWALT: Again, this was sometimes
2 sporadically seen. I recall mostly seeing this in the
3 rats, as a species. And, again, it was generally at high
4 doses. I think this might progress -- and I think it was
5 also seen with rosiglitazone -- that at high doses, this
6 might progress into some direct effects on the
7 hematopoietic system. But, in general, around the doses
8 for the humans, this appears to be a plasma volume
9 expansion reaction.

10 DR. MOLITCH: So, you're really not concerned
11 about this in humans?

12 DR. STEIGERWALT: No. I think it's related to
13 the plasma volume expansion. And also, the issue of the
14 necrosis and that sort of thing, these are very high doses,
15 so it's not as relative to what's happening at the lower
16 doses.

17 DR. BONE: Dr. Misbin, did the sponsor submit a
18 red cell volume study, or similar study, to address this in
19 humans?

20 DR. MISBIN: I don't believe so, no.

21 DR. BONE: The representative of the company is
22 shaking her head no.

23 DR. SCHNEIDER: No, we did not supply a red
24 cell mass study.

25 And I just wanted to add one point of

1 clarification about the difference in the calculation. For
2 the upper limit of normal for the liver function
3 parameters, ALT specifically, depending on the age and the
4 sex of the patient, the upper limit would change. One
5 upper limit would be 34 and then another, based on gender
6 and age, would be all the way up to 43. For that
7 particular patient, it fell right into the cusp between the
8 two. So, if you used the one that was for that person's
9 gender and sex, it fell into 8 times. But if you used the
10 standard that Dr. Misbin applied for all the studies,
11 because that's the way it's being done consistently, that's
12 why there's a difference.

13 DR. BONE: Thank you.

14 Dr. Genuth.

15 DR. GENUTH: I'm glad that subject came up.
16 I'd like to get one fact clear. How many standard
17 deviations above the mean for ALT is 3 times the upper
18 limit of normal?

19 DR. MISBIN: I think you'd have to ask the
20 liver people. I can't answer that.

21 DR. GENUTH: I'd be glad to ask a liver person.

22 DR. BONE: Well, actually, it probably has to
23 do with how the reference range is calculated. Is it 2
24 standard deviations, 2 and a half, or 3 for the reference
25 laboratory that you used? I'll ask the sponsor. Because

1 | that would give -- then, if it's 3 times or whatever --

2 | DR. GENUTH: I just want to get an order of
3 | magnitude, a sense of that.

4 | DR. BONE: Different reference laboratories
5 | will calculate their reference range differently, according
6 | to number of standard deviations.

7 | DR. GENUTH: But yesterday we were told by one
8 | expert 2 standard deviations above the mean.

9 | DR. HENRY: I'm Dr. Henry, from Covance Central
10 | Laboratories.

11 | When we do our clinical trials reference range,
12 | this was a non-parametric analysis of clinical trials
13 | patients who were not on drug and who did not have any
14 | disease that was related to whatever analyte that we were
15 | looking at. This was done by Dr. Lee Thompson and Dr.
16 | Crevaling when Cycor, which was our former name, was
17 | started. So, what they did was to rank all of the 1,000
18 | patients for this particular analyte. And then they took
19 | .5 percent off of each end. And that's our reference
20 | range.

21 | DR. BONE: So, this would be a 99 percent
22 | confidence limit. Is that the answer?

23 | DR. HENRY: Yes, 99.5, right.

24 | DR. BONE: Okay.

25 | DR. GENUTH: That's your reference range?

1 DR. HENRY: Yes.

2 DR. GENUTH: Okay. Now, how does 3 times the
3 upper limit of normal compare to that in standard
4 deviations? That is what I'm trying to find out.

5 DR. HENRY: I don't know. It's not the way we
6 look at it.

7 DR. MISBIN: Let me just explain why this is
8 likely to cause some confusion. The reason for doing all
9 of this is when the post-marketing cases for troglitazone
10 began to surface, many of the times -- it's very difficult
11 to get information from post-marketing cases -- and
12 sometimes, after many telephone calls, we would get a piece
13 of paper, saying the patient had a value of 1,000. Now,
14 what does one do with that number?

15 It was clear at the beginning that some
16 consistent way of dealing with numbers like that had to be
17 derived. And so what we did in classifying the cases was
18 that if report came to us expressed as a multiple of the
19 normal limits, we would accept that, whatever that is. But
20 if a number came to us of 1,000, we would assume 34 was the
21 correct number, and just make that calculation. And that
22 seemed like the best way, most consistent way, of doing it.

23 Now, for reviewing of these NDA's, to eliminate
24 any possibility of being criticized, of using a different
25 standard from the way I treated the post-marketing data, I

1 | decided to apply that value of 34 to all of the cases,
2 | recognizing that that, if anything, would overestimate the
3 | signal rather than underestimate it. And that's the
4 | genesis of all of this discussion.

5 | DR. BONE: Perhaps Dr. Critchlow would comment
6 | on what the implication would be of a 99 percent confidence
7 | limit for a reference range, and then 3 times the upper
8 | limit.

9 | DR. CRITCHLOW: Well, 99 percent, that would be
10 | 2 and a half standard deviations, so 3 times normal would
11 | be at least 7, 8, 10, depending on what the actual values
12 | are. But it's clearly several -- as I say, 7 to 10 --
13 | standard deviations above normal.

14 | DR. BONE: Does that answer your question,
15 | Dr. Genuth?

16 | DR. GENUTH: Yes. Maybe it sounds mysterious,
17 | but what I'm really trying to get at was Dr. Misbin
18 | calculated a background rate in placebo- and other
19 | drug-treated patients of something like 0.6 percent from
20 | all the clinical trials. And I was trying to get some
21 | sense of how much that is above what would be expected in
22 | the distribution of normal subjects. And the only way to
23 | do that is to compare that, your 3 times upper limit, with
24 | the standard deviation.

25 | DR. MISBIN: The other problem, I think, is you

1 | have to worry about repeated measurements. These were in
2 | trials, so they had many measurements. Ordinarily, you
3 | don't do many measurements. So, it's not an easy question
4 | to answer. One could express the data in many ways.

5 | DR. GENUTH: In a qualitative sense, is it
6 | right to believe that this background rate, rough though it
7 | might be, that you calculated is well above what would be
8 | expected from the normal distribution of a healthy
9 | population, as we think of health?

10 | DR. MISBIN: All right, I can't answer that.
11 | That data is not available to me. That I would have to
12 | refer to the liver people. All I can tell you is that in
13 | all of the phase 3 trials -- and I think there are now five
14 | or six of them that I've listed -- the result is all pretty
15 | much the same.

16 | DR. GENUTH: I'm sort of trying to guess,
17 | following Dr. Zimmerman's rule, how many of them are going
18 | to wind up jaundiced some day and die from it.

19 | DR. MISBIN: It's only 3 times, I know, and his
20 | rule is 10 times.

21 | DR. GENUTH: Maybe one of them has hepatitis C
22 | and will go on to develop something. But these patients
23 | were all parts of trials, and if something happened to
24 | them, we would have known about it -- at least if it would
25 | have occurred within 2 weeks of coming off of the drug.

1 | And, by and large, the drug was continued, and this was not
2 | even considered to be a major event.

3 | So, I did not mean to imply -- and I would like
4 | comments from the liver experts -- that any of these
5 | patients are going to go on to develop liver failure.

6 | DR. BONE: I think, if I understood correctly,
7 | the Zimmerman rule was intended to apply to acute drug
8 | toxicity rather than to diabetic steatohepatitis; is that
9 | correct?

10 | DR. FRESTON: That's correct, Mr. Chairman, and
11 | a very important point to make. However, it turns out that
12 | your calculation about the incidence of liver failure
13 | resulting in death or transplantation would come out to be
14 | about 1 in a million. As Dr. Graham told us last month,
15 | it's a similar frequency as being struck by lightning.
16 | It's 1 in a million.

17 | And I'm pleased to have the opportunity to
18 | clarify that question about that one case of hepatotoxicity
19 | that occurred in the patient treated with Avandia. We,
20 | too, concluded that there was no way to know if that was
21 | due to the hepatitis virus or due to Avandia. We wanted,
22 | in our analysis, to stack the deck against the two new
23 | glitazones. And therefore we assumed, for purposes of
24 | projecting, that that was a real case of hepatotoxicity.
25 | And that's how we ended up with the 1 in a million.

1 DR. MISBIN: And the fact that the values
2 normalized, though, within a few weeks, that particular
3 patient is not going to go on to develop liver failure.

4 DR. FRESTON: Yes, we don't believe that. We
5 were just trying to stack the deck.

6 DR. BONE: Okay. I think we've covered that
7 point.

8 DR. GENUTH: I would just note that I can't
9 resist, since the analogy of being struck by lightning was
10 used last month and again today, of it being 1 in a
11 million, and going through the deaths in clinical trials,
12 one of the patients died being struck by lightning.

13 DR. BONE: Is that right?

14 (Laughter.)

15 DR. BONE: Okay. Well, maybe we can leave that
16 out of the package insert.

17 (Laughter.)

18 DR. GENUTH: You don't have to put that in the
19 package insert.

20 DR. BONE: I don't know.

21 Are there other questions from members of the
22 committee concerning the presentations by the FDA
23 presenters? Anything further?

24 (No response.)

25 DR. BONE: Fine. Well, then, I think what we

1 | can do is have what I understand to be a relatively small
2 | number of open public hearing presentations, and then take
3 | a short recess before the discussion.

4 | Are any of the people who registered to
5 | present, or indicated a plan to present at the open public
6 | hearing, present?

7 | We have one presenter. And this, I believe, is
8 | Margaret Himelfarb, from Baltimore. Please state any
9 | affiliations you have, financial interests, or potential or
10 | possible conflicts of interest.

11 | MS. HIMELFARB: Good morning. Thank you for
12 | allowing me to speak to you today. My name is Margaret
13 | Himelfarb, and I am a member of the International Board of
14 | the Juvenile Diabetes Foundation. I serve on the JDF Lay
15 | Research Review Committee, as well as its Research Advisory
16 | Board. I have no financial interest in the product under
17 | consideration today, and I appear at my own expense.

18 | I am here not as a spokesperson for the
19 | Juvenile Diabetes Foundation or to endorse this specific
20 | product. Rather, I speak from the perspective of an
21 | informed health care advocate and the parent of a child
22 | with type 1 diabetes, a 22-year-old son, who has had
23 | diabetes for 18 years.

24 | My comments this morning are borne of concern
25 | for the well-being of the 16 million Americans, 150 million

1 worldwide, who, like my son Michael, wage a daily battle to
2 beat the odds against this killer disease. Diabetes, as
3 you may know, is one of the most common and deadly diseases
4 known to man. It affects 1 in 17 people in the United
5 States, and frequently leads to serious complications that
6 can destroy virtually every organ system of the body --
7 causing blindness, kidney failure, heart disease, nerve
8 damage, and amputation.

9 In fact, every single day, 500 Americans die
10 from diabetes and its complications -- mortality equivalent
11 to the daily crash of a jumbo jet full of passengers.

12 The diabetes complications and controlled trial
13 proved that maintaining optimal blood glucose control can
14 reduce the likelihood of diabetic complication by as much
15 as 76 percent. However, many individuals with diabetes are
16 unable to achieve normal glycemia with existing treatments.
17 More effective medications are desperately needed.

18 Rezulin, the first of a new class of type 2
19 drugs that enhance insulin sensitivity at the receptor
20 level, was greeted with high expectations. In its first 2
21 years on the market, it has become one of the most widely
22 prescribed type 2 agents, helping 750,000 Americans gain
23 control over their diabetes. No drug is 100 percent safe.
24 But unfortunately, Rezulin, we soon learned, can have an
25 unpredictable, sudden and sometimes lethal side effect --

1 acute liver failure.

2 The risk factors of Rezulin-associated liver
3 failure are unknown, and few, if any, warning signs exist.
4 Despite the FDA recommendation that Rezulin users test
5 their liver enzymes monthly, two deaths have occurred so
6 quickly after testing that the fatalities were virtually
7 unpreventable.

8 Furthermore, one study suggests that less than
9 half the doctors who prescribe this medication regularly
10 test for liver toxicity. So great is the concern that the
11 FDA recently convened a rare special hearing to reevaluate
12 this drug, and further restrictions were recommended.

13 So, on a case-by-case basis, how does one weigh
14 the risk of complications from poorly controlled diabetes
15 against the odds of potentially undetectable drug-induced
16 liver toxicity? Several physicians with whom I have
17 spoken, who are aware of the facts, are conflicted and
18 apprehensive. Yet, lacking viable alternatives, many
19 practitioners continue to prescribe this powerful drug for
20 their type 2 patients.

21 Type 2 diabetes and insulin resistance are now
22 appearing with increasing frequency in children, whose
23 diabetes, on average, is even more challenging to control
24 than that of adults for a variety of reasons. In fact, at
25 a diabetes workshop last week, I was told by a researcher

1 that, in California, with its large Hispanic population,
2 the average age of the individual with type 2 diabetes is
3 21 years old. In such early onset cases, complications
4 manifest sooner and with more devastating consequences.
5 The threat to our youth, coupled with the fact that
6 diabetes is becoming a worldwide epidemic, makes the need
7 for a safe, effective type 2 treatment all the more
8 imperative.

9 Actos and Avandia allegedly belong to the same
10 class of drugs as Rezulin, and also operate at the receptor
11 level to increase insulin sensitivity. If this panel's
12 careful review determines that either or both of these
13 drugs are safe as well as efficacious, I urge you to
14 recommend approval as expeditiously as possible.

15 Thank you.

16 DR. BONE: Thank you very much.

17 I have 10:57. We will resume at 11:10.

18 (Recess.)

19 DR. BONE: We're going to resume the meeting
20 now, and the people who aren't here will just not hear the
21 next part of the meeting, I think. Will everyone please
22 immediately take your seats. Thank you.

23 The meeting is now back in session. We're
24 going to have discussion by the committee on the
25 information we've heard earlier and other topics that

1 members of the committee may wish to discuss. I'm sure
2 there will be opportunities, if additional points of
3 clarification are necessary, for the committee members to
4 ask specific questions of the agency or the sponsor.

5 We're going to be leading up to the questions,
6 and so we'll try and keep those questions in mind as we
7 discuss. The questions are in the short-answer essay
8 format rather than votes. The committee will not be voting
9 on anything today.

10 For anyone who doesn't have a copy of the
11 questions, the first question is: What comments do you
12 have from the safety standpoint about the effects of
13 pioglitazone on the liver, lipids, hemoglobin, heart? And
14 I'm sure members of the committee may wish to add
15 additional comments. If they do, we will.

16 And do we have any recommendations for the
17 labeling relating to safety, other than for possible
18 effects on the liver? This would be specifically regarding
19 pioglitazone. Then we will have an opportunity to revisit
20 the two class labeling questions which were discussed
21 yesterday, about labeling regarding hepatic effects. So,
22 that's just to give an idea of what we'll expect to
23 accomplish in the next hour or two.

24 I guess I would just like to have the members
25 of the committee open their discussion, comments, reactions

1 | to anything that they've heard this morning. Would anyone
2 | care to initiate this discussion?

3 | (No response.)

4 | DR. BONE: Since there don't seem to be an
5 | immediate plethora of questions and comments, maybe I'll
6 | ask a question here that relates to some comments of the
7 | sponsor. Is it the sense of the committee that, for
8 | purposes of our discussion at the present time, from the
9 | standpoint of liver safety, rosiglitazone and pioglitazone
10 | appear to be roughly similar, so that they could be
11 | discussed together rather than making any distinction
12 | between them at this point?

13 | Can anyone comment on that?

14 | Dr. Molitch.

15 | DR. MOLITCH: Certainly the data seem to
16 | suggest that. Yes.

17 | DR. BONE: Several committee members are
18 | nodding. Does anyone take a different view?

19 | DR. ILLINGWORTH: No, I agree. And notably,
20 | they're both metabolized by different enzymes in the liver
21 | than troglitazone is.

22 | DR. BONE: Thank you, Dr. Illingworth.

23 | Do other members of the committee wish to make
24 | a comment?

25 | DR. HIRSCH: I agree.

1 DR. BONE: Dr. Hirsch has indicated agreement.
2 Others are nodding. So it seems that, at least for the
3 moment, we kind of regard those two as being not
4 distinguishable. Let's put it that way. And that may help
5 us with some of our later discussions.

6 I think Dr. Molitch had a comment or a
7 question.

8 DR. MOLITCH: I had some questions before for
9 the sponsor -- I don't know whether they've had time to
10 address them -- about the specific high-risk subgroups that
11 may have had predispositions to some of the complications
12 that we may have seen with the drug, such as edema
13 formation in those individuals who had edema at entry into
14 the study; changes in LDL cholesterol in those who had
15 elevated LDL cholesterol at entry into the study -- I think
16 this would be of interest -- patients who had diastolic
17 hypertension at entry into the study. Was there any
18 aggravation of that in any patients?

19 DR. BONE: Is the sponsor going to be able to
20 help us with some information on those questions?

21 VOICE: That's the two questions you asked
22 earlier?

23 DR. ILLINGWORTH: Yes.

24 VOICE: No.

25 DR. BONE: You're not going to be able to.

1 Okay. I think they had some concern about the ability to
2 get a reliable answer within the time space that we have
3 here.

4 Dr. Genuth.

5 DR. GENUTH: If I had known you wanted a
6 plethora of questions, I would have worked harder during
7 the break.

8 (Laughter.)

9 DR. BONE: I know you worked very hard,
10 Dr. Genuth.

11 DR. GENUTH: You should have given us that
12 direction.

13 I wanted to get back to the problems of
14 monitoring. I would sort of like to ask all the assembled
15 wisdom, is there some better monitoring scheme or a quick
16 way to distinguish false positives from true positives?
17 Again, referring to Dr. Misbin's background estimates of
18 0.6 percent, and it's been pointed out, you would have to
19 identify a lot of false positives to pick up one true
20 positive.

21 So, I guess I'd like to ask the hepatic people,
22 is there something we could build in that would quickly and
23 reasonably assure us that a positive test was a false
24 positive from the background? For example, if you had a
25 value greater than 3 times the upper limit of normal, but

1 | say less than 10 times the upper limit of normal, if you
2 | repeated the test in some standard period of time -- 1
3 | week, 2 weeks; I don't know the right number -- but if you
4 | repeated the test and it was back down to normal, as
5 | occurred in these trials, would that provide any
6 | significant reassurance that you could continue the patient
7 | on that drug for the benefit it obviously does provide?

8 | DR. FRESTON: Yes, indeed, it would provide
9 | reassurance. The down side is that that now imposes a
10 | second round of follow-up testing on all those patients who
11 | didn't need it in the first place. And we don't have an
12 | alternative test for being more specific with respect to
13 | what caused those ALT rises.

14 | DR. GENUTH: Well, I wouldn't agree that we
15 | didn't need it in the first place. And it would impose
16 | that on 0.6 percent of the people, not all the people.

17 | DR. FRESTON: Yes. It certainly is reassuring,
18 | if one continues the drug and the ALT comes back to normal,
19 | that the cause wasn't the drug.

20 | DR. GENUTH: Well, how would you feel about it
21 | if the drug were stopped as soon as the physician knew the
22 | first test was positive, and 1 week or 2 weeks later it was
23 | down to normal, would you conclude it was caused by the
24 | drug?

25 | DR. FRESTON: No.

1 DR. GENUTH: Or would you conclude that it was
2 a random event and the drug could be started again?

3 DR. FRESTON: Well, the data that have been
4 presented indicate that it's just as likely that the value
5 is going to come down with discontinuation of the drug as
6 continuing the drug. So, it's like flipping a coin with
7 respect to what you'll learn from it.

8 However, if the second part of the question is
9 then to restart the drug, then that constitutes a
10 re-challenge. And that provides a lot of information. It
11 also provides ethical dilemmas.

12 DR. BONE: Dr. Illingworth.

13 DR. ILLINGWORTH: A question going back to drug
14 metabolism. Pioglitazone is metabolized by the cytochrome
15 2C8 and 3A4 systems. Have you done any studies to assess
16 whether or not drugs that we know are metabolized by a
17 cytochrome P3A4 system, like erythromycin or giving
18 patients grapefruit juice, which makes the intestinal drug
19 metabolism, do you get a rise in pioglitazone levels if you
20 give a drug or a compound that's known to affect metabolism
21 by this enzyme system?

22 The reason for the question is because of drug
23 interactions with drugs are known to go through this
24 pathway.

25 DR. CHARNEY: We have done a series of drug

1 | interaction studies that were not included in the
2 | presentation, clinical studies. And they included
3 | glipizide, which I believe is metabolized by the same
4 | enzymes, warfarin, metformin, and digoxin. And none of
5 | these studies showed any interactions between, or any
6 | effects of pioglitazone, on the other drugs. And there was
7 | also an in vitro study in which there were 10 of the
8 | isozymes that were tested, and pioglitazone did not inhibit
9 | any of those.

10 | And even though, for simplicity, on the
11 | preclinical slide, it was said that those two isoforms were
12 | involved in the metabolism, there are really three or four
13 | others that are minor contributors to the metabolism. So
14 | there isn't any one single predominant isoform involved in
15 | the metabolism. This is our data.

16 | DR. ILLINGWORTH: But you haven't specifically
17 | addressed does giving a drug chronically, that's known to
18 | be metabolized by the C3A4 system, raise the blood levels
19 | of pioglitazone?

20 | DR. CHARNEY: That would imply chronic
21 | administration of both drugs and --

22 | DR. ILLINGWORTH: As in a patient who's taking
23 | a lot of grapefruit juice.

24 | DR. CHARNEY: No, that was not done
25 | specifically.

1 DR. BONE: Maybe I could ask the FDA people
2 what their assessment is of the currently available
3 information on pioglitazone with respect to drug
4 interaction studies in general, from the standpoint of the
5 adequacy of the information in comparison with what we
6 usually have at this stage and the quality of the
7 information, and what level of comfort would they see in
8 that?

9 DR. MISBIN: With respect to comparison to
10 other products at this stage in development, I think we
11 have certainly as much information as in general. Whether
12 that is adequate information is a different question, which
13 I will not answer.

14 (Laughter.)

15 DR. BONE: Yes, I think we'd always like to
16 know a little more about drug interactions. But is it
17 about on a par with our usual level of information?

18 DR. MISBIN: If anything, more. They did
19 several formal studies. Those drugs have been mentioned.
20 So I think, if one has to put it on the scale, I think we
21 know more about the interactions with pioglitazone than we
22 do with many other compounds.

23 DR. BONE: And nothing of concern so far?

24 DR. MISBIN: I wouldn't go that far. As I
25 said, the review is not completed, and I'm not ready to

1 | comment on that specifically.

2 | DR. BONE: All right. I didn't want to go
3 | beyond today's information.

4 | Yes, sir.

5 | DR. WEI: Well, in terms of drug interaction
6 | with pioglitazone --

7 | DR. BONE: Who is speaking?

8 | DR. WEI: Jim Wei from FDA, pharmacokinetics.

9 | DR. BONE: Thank you.

10 | DR. WEI: I'm a reviewer in the human PK
11 | section.

12 | In terms of drug interaction, the drug
13 | pioglitazone involved, two P450 isoforms. One is 2C8, one
14 | is 3A4. P3A4 is a dominant drug metabolism enzyme involved
15 | with more than 65 common drugs. However, in the company's
16 | submission, they only picked the five commonly, potentially
17 | co-administered drugs for the drug interaction study, not
18 | specifically designed for targeting like yesterday for
19 | compounds.

20 | I would like to include like erythromycin,
21 | because drug interaction depends on the dose that is used.
22 | Erythromycin is a very commonly prescribed antibiotic, and
23 | also the dose is significantly large. Generally it is
24 | about 2 grams a day. We see many cases in which we do not
25 | see significant drug interactions among the other three or

1 four compounds. However, we do see a significant plasma
2 level increase when erythromycin is co-administered.

3 So, I would like to see or suggest the company
4 do specific drugs interaction study, targeted to a very
5 specific substrate, like erythromycin and also grapefruit
6 juice drug interactions.

7 DR. BONE: Thank you.

8 Does that respond to your question,
9 Dr. Illingworth?

10 DR. ILLINGWORTH: Yes.

11 DR. BONE: Other discussion, comments or
12 questions from members of the committee?

13 Dr. Genuth.

14 DR. GENUTH: Another question occurs to me. We
15 haven't touched on this yet at all, to the best of my
16 recollection. If we monitored all drugs in this class and
17 a patient taking one of the drugs had a positive test, do
18 the hepatic experts think that that should foreclose that
19 patient receiving any drug in this class? Is my question
20 clear?

21 DR. KAPLOWITZ: Yes. It's actually an
22 important question. The evidence that exists would suggest
23 that the hepatotoxicity of troglitazone is an idiosyncratic
24 reaction, it's not a hypersensitivity reaction, meaning not
25 an immunological-mediated reaction. So, on the grounds of

1 cross-reactive immunologically, there would be no reason to
2 be concerned.

3 On the other hand, if you're proposing that
4 there could be a potential for class hepatotoxicity on the
5 basis of the mechanism of action of the drug, for which the
6 evidence today would not be strongly supportive of that,
7 then I think you would have to argue not to use the drug.
8 So, my view would be, for the moment, the prudent thing to
9 do would be not to use the drug in an individual who had
10 hepatotoxicity from any drug in the class, particularly if
11 you're going to go ahead and monitor. It would just seem
12 the prudent thing, and it would be a rare occurrence.

13 DR. BONE: Well, I don't know if it would be
14 completely rare. There is a certain incidence of elevation
15 of liver enzymes with troglitazone. And it's not
16 inconceivable that patients who had been taken off
17 troglitazone because of enzyme elevation might be
18 considered for other therapies. So, I think it's a
19 practical question that Dr. Genuth is asking.

20 DR. KAPLOWITZ: Yes, I take the point. And
21 it's an impossible question to answer. The prudent thing,
22 I suppose, would be not to use it. If one were going to
23 use it, one would have to be exceedingly careful and
24 closely monitor such circumstances to see if there was any
25 evidence of cross-reactivity.

1 DR. MISBIN: Could that be done as a phase 4
2 study? Would that be a feasible study?

3 DR. KAPLOWITZ: Yes, I think it would be a good
4 study.

5 DR. MISBIN: That would potentially answer some
6 very important questions.

7 DR. BONE: Dr. Levitsky.

8 DR. LEVITSKY: I guess in the last comment, I'm
9 detecting a logic which I'm not able to follow. The
10 previous hepatology speaker suggested that there was no
11 hepatotoxicity demonstrated from these drugs because it was
12 not a class phenomenon, but was rather related to that side
13 chain, which was different and was metabolized differently.
14 If that is so, then why would it be suggested that the
15 prudent thing is not to give one of these drugs? And why
16 is there no suggestion for screening? I'm missing
17 something I think. Although I understand the emotional
18 content of the statement about prudent behavior.

19 DR. KAPLOWITZ: Yes. You know, you're right.
20 And I'm hedging a bit on this issue. Because we have no
21 information on cross-reactivity, it is my opinion that the
22 drugs that were presented today and yesterday have a very
23 low hepatotoxic potential, and one that was so low that we
24 couldn't see it within the framework of the clinical
25 studies.

1 What I don't know is what the mechanism of
2 action of troglitazone-induced liver disease is. I can't
3 be 100 percent sure that it's not a hypersensitivity
4 reaction, although the circumstantial evidence suggests
5 that it's not. Therefore, the prudent thing, in my
6 opinion, would be if you had an individual who had been
7 withdrawn, where troglitazone had been withdrawn for
8 potential adverse liver event, that it would be wise, until
9 we have more information, to watch that individual a little
10 bit more carefully. It would be a wonderful phase 4 study,
11 because it would give us that very information, as to
12 whether there is a cross-reactivity.

13 So, normally I would say that the incidence of
14 liver adverse events are very low with pioglitazone, and
15 therefore it was our opinion that surveillance would be not
16 likely to identify very many patients above the placebo
17 background.

18 On the other hand, if one is dealing with a
19 selected group of individuals who have had an adverse event
20 from one of these drugs, it would be good information to
21 obtain what the cross-over possibilities of adverse events
22 are. We have no data on that. And it would give us
23 considerable insight.

24 DR. FRESTON: Again, yesterday, you heard the
25 comment about I respectfully disagree. In this case, I

1 don't respectfully disagree, I respectfully agree, but
2 would like to add an additional facet.

3 I mentioned earlier that this is no longer a
4 scientific question, it's an emotional question. Hence,
5 the comment "prudent." We don't pretend that we know
6 everything about these drugs. They're young in their
7 development and certainly young in their clinical usage.
8 The available evidence we have suggests that this is a
9 idiosyncratic, unpredictable reaction. And those,
10 historically, do not cross-react within a class.

11 But the way to identify additional information
12 on this whole issue, including the new one that
13 Dr. Kaplowitz just introduced, and that is that maybe when
14 we know more about the Rezulin reaction, there is an
15 immunologic basis for it. We don't know that yet, but
16 maybe there would be. The way to find out is to
17 deliberately test these patients with another drug in the
18 class in a controlled trial, where you can gather important
19 information to answer the question once and for all.

20 DR. BONE: Other comments from the committee
21 concerning this?

22 It would be interesting to see the consent form
23 for that trial.

24 (Laughter.)

25 MS. KILLION: Yes, I sort of have a comment

1 | directed along that vein. I think that it's an emotional
2 | issue for patients -- for everyone, perhaps, but especially
3 | for patients -- because simply we don't know why we have
4 | this. It is idiosyncratic. We don't understand the
5 | mechanism that causes this acute liver failure. And so the
6 | patient is at risk, does not have information readily
7 | available to assess the risk, and then has to proceed sort
8 | of on a gut level or in consultation with a doctor. To
9 | arrive at some kind of comfort level, when you don't have
10 | information, is something that's very difficult.

11 | And once you've dodged the bullet once, I think
12 | you have an extremely heightened response to exposing
13 | yourself to something, even if you can be -- I don't want
14 | to say convinced -- but if it can be argued that your risk
15 | is lower -- you know, once burned, twice shy. So I think
16 | that would be a very difficult study to conduct. And I'd
17 | like to see what the response among the patients is.

18 | DR. GENUTH: Can I comment on that?

19 | DR. BONE: Dr. Genuth.

20 | DR. GENUTH: You have to remember that the
21 | patient may have individually benefitted from taking the
22 | first drug, and that's a factor in the equation we haven't
23 | talked about much. If the patient has in fact had a big
24 | drop in their hemoglobin A1C, a symptomatic improvement,
25 | particularly if that hadn't occurred with other therapies

1 of their type 2 diabetes, then they would in fact have a
2 personal incentive to use another drug in that class if it
3 was possible that it could be used more safely. And the
4 odds of a bad outcome would be exceedingly low, given the
5 great degree of attention and monitoring, I presume, the
6 protocol would require.

7 So, I don't think it's an entirely irrational
8 idea to study it, if you studied those patients only who
9 felt they had a lot of benefit.

10 MS. KILLION: Well, I didn't mean to imply that
11 it was irrational. I think it's something that has to be
12 done if you want to progress in this arena. But it's going
13 to be something that is a challenge. It's going to be a
14 real challenge.

15 DR. GENUTH: I think "irrational" was the wrong
16 word. "Emotionally unattractive" probably would have been
17 more accurate.

18 (Laughter.)

19 DR. BONE: All right. Thank you.

20 Dr. Molitch. And just before Dr. Molitch asks
21 his question, it just occurred to me, the sponsor was not
22 able to answer the question in the time allotted that
23 Dr. Molitch had asked earlier, but do you have numbers, or
24 could you look and see if we have figures, on worsening of
25 edema? If you just have an AE list for worsening of edema,

1 | that should be listed as a separate topic in your adverse
2 | experiences, and that would probably be fairly responsive
3 | to his question, if not perfectly so.

4 | Dr. Molitch.

5 | DR. MOLITCH: I would just like to come back to
6 | this particular issue. I think it's worth discussing here
7 | more, because if we're going to be recommending future
8 | studies for this, I think this would be one that would be
9 | very well worthwhile. And I think that I have become
10 | gradually convinced over the last 2 days that maybe this is
11 | not a class effect overall.

12 | And realizing that with troglitazone we were
13 | having a 1 to 2 percent risk of ALT abnormality, but even
14 | with that group, it's actually a very small fraction of
15 | that group goes on to liver failure. So that you could
16 | almost justify a re-challenge with troglitazone in a very
17 | carefully controlled study, but I'm not sure anybody here
18 | would truly advocate that. But I think it probably would
19 | be a very well worthwhile study to use these other drugs
20 | where, in fact, the null hypothesis is that it would not
21 | cause a rise in transaminases with the use of the other
22 | alternative drug in the class.

23 | DR. BONE: I didn't mean by my remark to imply
24 | that that wasn't an excellent idea and something we ought
25 | to do. It's just that it's going to be something where

1 | issues of the patient understanding the potential risk and
2 | being able to fit these individual participants in the
3 | trial will require particular attention, I think, in the
4 | total context.

5 | Dr. Hammes.

6 | DR. HAMMES: Remembering back to our
7 | troglitazone meeting -- and we haven't really had this come
8 | forward in the last 2 days too often -- was this phenomenon
9 | of the rapid risers, where even with the troglitazone
10 | people, if you had been monitoring more frequently, we
11 | wouldn't have picked up a couple of the deaths. And I
12 | think that puts this whole monitoring in a little different
13 | perspective.

14 | On the other hand, it keeps ringing in my hears
15 | what Dr. Seeff said yesterday, that even these people with
16 | 2 and 3 times the upper limit of normal, they have a
17 | disease process going on that needs to be diagnosed. Now,
18 | today, we have a lot more data that suggests that in this
19 | population they can take these drugs and take them safely,
20 | and they may go on to improve, and that we have this
21 | baseline rate in diabetics of something like .6 percent
22 | that might have these elevated enzymes.

23 | What this whole thing suggests to me is that it
24 | seems rather economically foolish to be testing the 99.4
25 | percent of the people that do not have those elevated

1 enzymes. On the other hand, it suggests that perhaps a
2 baseline before we start is certainly prudent and perhaps
3 an annual or something reasonable would be prudent. And if
4 we have an elevated ALT, these people need to be followed,
5 they need to be diagnosed and find out why, but not
6 necessarily withdrawn from the drug. Maybe there is some
7 other level -- 10 times or whatever it is; I don't know --
8 where we need to withdraw the drug and re-challenge or
9 something like that.

10 But I guess I'm kind of changing my opinion.
11 As Dr. Molitch said, this probably isn't a class thing, and
12 I don't think it's probably economically justified to be
13 testing everybody.

14 DR. BONE: Dr. Hirsch.

15 DR. HIRSCH: I feel very differently about it,
16 and I don't think it's an emotional or an irrational
17 feeling. But let me tell you why I feel differently, and
18 that is this is a totally new class of drugs. Now, I agree
19 with you, we don't know whether the troglitazone thing and
20 other hepatotoxicities represents a class effect that can
21 spill over to the other drugs or not. Nor do we even know
22 whether monitoring, if assiduously done, is all that
23 terribly useful, since people may begin with a high level
24 and just proceed to hepatotoxicity no matter what you've
25 done -- even stopping the drug. That's not crystal clear

1 | to me.

2 | But, nevertheless, I favor the monitoring until
3 | we can learn more about this new class of drugs. I just
4 | don't think it's asking that much. These drugs do other
5 | funny things that we don't understand now. They do some
6 | things to the arterial or capillary bed or whatever. It
7 | isn't clear to me why the body doesn't respond adaptively
8 | and make a little more of the plasma protein when there's
9 | dilution. It certainly does it with all kinds of pheresis
10 | experiments. It's not clear to me why red cell mass is
11 | conserved but dilutes out in this way without an
12 | appropriate kicking in of reticulocytosis, et cetera.

13 | So, we are dealing with a totally unknown thing
14 | in terms of the novelty of this class. There is a lot of
15 | information that's already available, but I think it's very
16 | prudent and good for sort of learning about this to follow
17 | these patients exceedingly carefully. And on the liver
18 | end, I think monitoring is the thing to do. And on the
19 | other end, I think a lot of phase 4 studies or other
20 | interests in defining this. We don't even know whether
21 | they get fat or not because the appropriate compositional
22 | studies have not been done, even though one would predict
23 | that might happen.

24 | So, I favor being very careful about this at
25 | the present time. I think it will be good for us to learn

1 | more about these drugs before we wash our hands and say,
2 | they're safe, go ahead and do whatever you want.

3 | DR. BONE: Dr. Critchlow?

4 | DR. CRITCHLOW: I would have to agree that some
5 | type of monitoring should be done, at least as Dr. Hirsch
6 | says, until more information is available. I find it hard
7 | to accept the notion that if you say monitoring is not
8 | warranted in any aspect, that you are saying that detection
9 | of elevated enzymes is not worthwhile, that you wouldn't
10 | want to know or that you don't need to know that a patient
11 | has either transient, or not, elevation in enzymes.

12 | What's unclear is the frequency with which
13 | monitoring should be done, because if the development of
14 | acute toxicity is such that monitoring at -- I don't know
15 | even know what the interval would be -- is not going to
16 | pick it up, then clearly you're looking at those transient
17 | or chronically, or mildly, elevated enzymes or going after
18 | that. Then the question is, well, what do you do about it
19 | when you find it?

20 | DR. BONE: Thank you, Dr. Critchlow.

21 | Dr. Genuth?

22 | DR. GENUTH: Yes, I'd like to support both of
23 | my colleagues in still advocating monitoring by some
24 | scheme, even though I think it's kind of, whatever schedule
25 | is used, it's applying one random process to another random

1 process, and hoping that, once in a while, you'll get a
2 coincidence that will save a patient from a catastrophe.

3 The other argument that occurs to me. I think
4 we've all agreed that these are effective drugs in treating
5 type 2 diabetes, and I would hate to lose this class of
6 drugs. If we did no monitoring, and it just turns out
7 there is some class effect and we have another sort of
8 wholesale post-marketing incidence of bad events, we might
9 lose then this whole class of drugs.

10 And one reason that I don't want to lose it is
11 the first drug in the series has now been reported to
12 reduce the intimal/medial thickness of the carotid
13 arteries. This is a study reported, I think, in 1998, in
14 the Journal of Clinical Endocrinology and Metabolism.

15 And although I'm not as conversant with it, I
16 think there's some in vitro data, too, that troglitazone
17 may have some effects, independent of or in addition to,
18 lowering glucose levels. It may be something to do with
19 decreasing insulin resistance, but it may have some
20 additional effect that would be beneficial for
21 cardiovascular complications.

22 And conceivably, the other two drugs in this
23 class have the same effect. Nobody has reported on it
24 today. Maybe nobody has looked for it yet. But I daresay
25 they're in the process of looking, because it's a very

1 | intriguing observation if it's true.

2 | So, I don't want to risk, frankly, having
3 | something bad happen with the next drug in this class
4 | that's approved, and then have a reaction that says these
5 | are terrible drugs, they kill people, make them very sick,
6 | and we just can't abide them.

7 | DR. BONE: Dr. Sobel.

8 | DR. SOBEL: I just want to ask Dr. Genuth if
9 | studies, such as you've mentioned on carotid intimal
10 | thickness, do you feel this is a unique characteristic of
11 | troglitazone, or do you feel that's a class effect?

12 | DR. GENUTH: I have no way of knowing.

13 | DR. SOBEL: And the reason I'm saying this is
14 | that we always have to provide a certain look at a class in
15 | which despite down sides, there may be up sides. Not that
16 | I'm favoring such a thing, but you've introduced an idea
17 | where we're cumulating, say, a group of advantages, which
18 | may be attributed to the, quote, to the drug that has more
19 | hepatic effect. I don't know. This is something which we
20 | should consider.

21 | DR. GENUTH: I haven't the slightest idea, in
22 | answer to your question.

23 | DR. SOBEL: I haven't either. I just wanted to
24 | know what you were thinking.

25 | DR. GENUTH: I am only citing one peer-reviewed

1 observation.

2 DR. SOBEL: Okay.

3 DR. BONE: Presumably sponsors of the other two
4 drugs are immediately designing trials to evaluate this
5 question.

6 (Laughter.)

7 DR. GENUTH: I think they read that journal,
8 they already know it, and the studies are in progress.

9 DR. BONE: I'm sure.

10 I guess the knotty problem here, it seems for
11 everybody involved, is how to find out as efficiently and
12 expeditiously as possible whether there is a problem that
13 is sufficiently infrequent to have escaped detection during
14 the clinical trials, the phase 3 and phase 2 clinical
15 trials, but nevertheless would be one which would have to
16 be considered in the long-term use of the drug. And we've
17 talked about surveillance and various approaches to that,
18 monitoring, sort of an amplified, intensified surveillance
19 carried out, however well it would be carried out.

20 I guess my question is, in light of the
21 experience of the FDA, and its epidemiology specialists
22 especially, have had with the previous drug in this class
23 of concern, is there another approach that anyone has come
24 up with that might quickly and convincingly answer this
25 sort of question? I say this almost as a rhetorical

1 | question, because I'm sure we would have heard about it if
2 | they did. But I'm going to ask that anyway.

3 | DR. BILSTAD: Yes, you would have heard about
4 | it had we had any good ideas.

5 | Yesterday, we touched upon the two approaches
6 | to it. One is if you have periodic monitoring recommended
7 | in the labeling, and then you rely on the spontaneous
8 | reporting system to report cases and try to make some
9 | judgments about the incidence based on that. And there's a
10 | lot of assumptions that go into that, under-reporting being
11 | a big one, and also the concern about the degree to which
12 | monitoring is really taking place, as used in the
13 | community, as opposed to a clinical trial. And with a
14 | clinical trial, the problem obviously is the feasibility of
15 | doing one to detect such rare events.

16 | So, ideally, under controlled conditions, doing
17 | monitoring and making sure that monitoring is done, that
18 | could give you an answer. But the number of patients that
19 | would need to be included is large enough to make that a
20 | formidable undertaking.

21 | DR. BONE: Having noted the position of the
22 | sponsor that monitoring is not required, I would not be
23 | surprised if, nevertheless, some consideration has been
24 | given to how some monitoring program could be combined with
25 | other efforts in order to really amplify the efficiency of

1 | the reporting system with regard to a particular drug in
2 | order to get as much information as possible in a
3 | relatively short period of time. And I would be very
4 | interested to know, and I'm sure that my colleagues would,
5 | whether the sponsor has any ideas along those lines.

6 | DR. SCHNEIDER: As the incidence or potential
7 | occurrence of this type of event is exceedingly rare, when
8 | we had our trusty statistician try to figure out how many
9 | patients it would take to do it, it seemed like it would be
10 | about half of the market in the United States in like the
11 | first year. And we said, okay, we can't do it that way.

12 | DR. BONE: You don't expect to get half the
13 | market in the first year?

14 | (Laughter.)

15 | DR. SCHNEIDER: Ask them.

16 | (Laughter.)

17 | DR. SCHNEIDER: And what we really thought was
18 | one of the most important things is to get information out
19 | to the clinicians in the field. And we really thought that
20 | spending some time with both our field sales force and also
21 | our marketing partner Lilly's sales force, who already know
22 | all the diabetologists and the endocrinologists, and
23 | spending some time with them and explaining that we really
24 | are very sensitized to this issue and we want to make sure
25 | that any cases of elevated LFTs -- or that they explain to

1 | their patients about the symptoms associated with liver
2 | dysfunction and that we hear about them as soon as possible
3 | within the company, and that we are able to incorporate
4 | that information into a database, but have it immediately
5 | reviewed by our external hepatology panel just to make sure
6 | that we're not misunderstanding something or
7 | misinterpreting something, so that we can get the warning
8 | signs as quickly as possible.

9 | I do think that the post-marketing report
10 | system has really been sensitized to this issue. The fact
11 | that there was a public hearing about Rezulin a month ago,
12 | the fact that I think the Wall Street Journal has articles,
13 | the Los Angeles Times has articles, and there have been a
14 | lot of lay press about this, I think that for both this
15 | drug and Avandia, you will probably see very prompt
16 | post-marketing reports if there should be something that
17 | happens, and then having the extra safeguard of having an
18 | outside panel look at these very objectively would be very
19 | helpful.

20 | DR. BONE: For example, have you considered two
21 | possible things that you might want to keep in mind? One
22 | would be ways in which the companies marketing the product
23 | might encourage patients to comply with some kind of
24 | follow-up regimen, and also the possibility that your sales
25 | force would be in a position to not only solicit the

1 | responses from the prescribing physicians, but also not
2 | only then to provide a numerator for the denominator
3 | because I'm sure you will have a very good idea of how many
4 | patients those individual physicians would be treating with
5 | a particular drug. This would be, it strikes me, one
6 | possibility. Have you considered something along those
7 | lines?

8 | DR. SCHNEIDER: At the moment, we sort of are
9 | two separate companies, so we have the R&D group in
10 | Princeton and we have our sales and marketing folks in
11 | Chicago. And we're trying to figure out all the pieces
12 | that go along with this. And that specific idea we haven't
13 | discussed, but I think that could be something that can
14 | easily be discussed, again, not only with our sales force,
15 | but also our colleagues from Lilly.

16 | DR. BONE: It strikes me we've got this tension
17 | here, the less intense effort we make, the longer the
18 | question -- or whatever lingering aroma -- will take to go
19 | away. And at the same time, we have to trade that off
20 | against the burdens of doing the monitoring and making the
21 | effort. And I think this is the question that will be
22 | probably discussed for some time before it's resolved.

23 | Other questions or comments from the committee?

24 | Dr. Hirsch and then Dr. Genuth.

25 | DR. HIRSCH: Just briefly. I take it, from my

1 own standpoint, it seems almost sure that the two newest
2 drugs have less hepatotoxicity in the short run than the
3 first drug. I think that's a reasonable conclusion that
4 I've come to.

5 So, one might say, what's the fuss about this?
6 Well, the fuss about it is we don't understand all the
7 things we should about these drugs, and there's a very real
8 possibility that later in the game, at 9 months or 1.2
9 years or something, we may see something popping up. We
10 don't know that. And there are even some theoretical
11 reason as to why, remotely, that could be a possibility.

12 So, this speaks strongly for some sort of
13 continuous but attenuated monitoring system, because you
14 can't obviously keep this going forever, but at least in
15 the short run, or in the immediate future, to have some
16 kind of monitoring going. I think, just as an aside, given
17 our health care system, the stipulation that there be some
18 kind of monitoring as a recommendation is wise, rather than
19 leaving it up in a more nebulous way to the good wishes of
20 competitive health care systems or whatever.

21 DR. BONE: All right. Dr. Genuth.

22 DR. GENUTH: Yes. I think, Henry, you really
23 have an ingenious suggestion there for some incentive
24 system. If the company would give 1 month's free supply of
25 the drug every time the patient keeps an appointment for

1 | monitoring -- and you did that for 6 months or so; maybe a
2 | year -- in the end, I think everybody would benefit, even
3 | profit.

4 | DR. BONE: The company may wish to consider the
5 | magnitude of that incentive.

6 | (Laughter.)

7 | DR. BONE: Dr. Illingworth.

8 | DR. ILLINGWORTH: One suggestion in this vein
9 | would be to have some kind of a patient registry. This
10 | would allow patients to be identified who are on the drug,
11 | who have been started on it, to get a numerator of how many
12 | patients are being treated, and then get follow-up on those
13 | patients, and also look for potential drug interactions.
14 | As we saw earlier on, two of the rises in transaminases
15 | occurred when antibiotics were started. And clearly, you
16 | will get rises in liver enzymes that are often due to drug-
17 | drug interactions or other drugs added concurrently. You
18 | want to get a good history.

19 | DR. BONE: Other comments on this point? And
20 | then we'll go on to just review some of the other topics,
21 | and then go through the questions, I think.

22 | Dr. Molitch.

23 | DR. MOLITCH: I think that this is a problem
24 | that's probably going to surface again for other drugs in
25 | the future, and some thought really needs to be given to

1 | how to do large-scale screenings of patients. Whether
2 | companies will want to contract with some sort of managed
3 | care organization or a large pharmacy -- Walgreen's type of
4 | a group -- where patients can come in with a filter paper
5 | and stick their finger, put a piece of filter paper in a
6 | tube and give it to the pharmacist at the time they collect
7 | their new monthly prescription, so that it eventually gets
8 | run and collected.

9 | I think some creative ideas have to be given
10 | to trying to create a method like this to do this, not just
11 | for this drug, but that might then be applicable for other
12 | things, as well, in the future. And my guess is that we're
13 | probably going to need to start with this one for these
14 | two.

15 | DR. BONE: Thank you.

16 | Do committee members have any further
17 | discussion on the other topics that we were asked to
18 | address? I don't know if the edema question is -- if you
19 | had a chance to look at whether you had emergence of --
20 | well, let's say -- worsening of edema as a significant AE.

21 | DR. SCHNEIDER: It's actually a problem with
22 | the dictionary terms or the dictionary terminology. Edema,
23 | as a new phenomenon, would code to edema, and worsening
24 | edema would code to edema.

25 | DR. BONE: I see.

1 DR. SCHNEIDER: So, we have to go back to the
2 original cases, and then we'll let you know. So, it's just
3 a dictionary problem.

4 We can tell you that absolutely the number is
5 no bigger than the number that we showed you. But I can't
6 tell you which one of those had preexisting edema.

7 DR. BONE: Thank you.

8 DR. SCHNEIDER: But we'll be more than happy to
9 provide the information to the advisory committee. It's
10 just not something that we can put together today.

11 DR. BONE: Fair enough. Thanks for trying.

12 Obviously that phenomenon seems to underlie at
13 least two of the questions which we were asked to address,
14 which had to do with the decline in the hemoglobin and
15 hematocrit concentration and the cardiac questions. Let's
16 talk for a second or two about the adequacy of the echo
17 study. There was a point made by the medical review that
18 this was designed and conducted a little bit differently
19 from the way in which the other drugs in the class were
20 evaluated.

21 And I guess I'm wondering if members of the
22 committee have any thoughts on that topic. For example,
23 should the study be done over or is it acceptable as it is,
24 even if it doesn't have the same kind of comparison?

25 (No response.)

1 DR. BONE: Committee members do not seem to be
2 responding.

3 Dr. Molitch, do you have a response?

4 DR. MOLITCH: I think the fact that it was done
5 against placebo as opposed to active drug, in fact, works
6 against -- they might be seeing a worsening effect with the
7 placebo group, and there really wasn't any difference seen
8 between the two. If there's an increase in plasma volume
9 that occurs with the drug that wasn't seen with the
10 placebo, that would have a worsening effect, but they
11 didn't see anything. I'm not sure it's a critical defect.

12 DR. BONE: I see. So, you think that that
13 consideration might offset the point that Dr. Misbin made
14 about the fact that the diabetes might be affecting the
15 cardiac status of the placebo patients?

16 DR. MOLITCH: I don't think so in that short a
17 period of time.

18 DR. MISBIN: I didn't quite understand. Could
19 you explain it again, please?

20 DR. BONE: He's saying if the placebo patients
21 didn't accumulate any fluid or gain any weight, that that
22 might counterbalance the effect. Is that right?

23 DR. MISBIN: Yes. I'm not sure that there
24 would be that much worsening over a 26-week period.

25 DR. BONE: Dr. Levitsky.

1 DR. LEVITSKY: In studies we did some years ago
2 in children, if you improve diabetes control, you can show
3 rather remarkable changes in echocardiogram in a period of
4 4 months. I'm not sure that that's necessarily true.

5 DR. BONE: Can the sponsor provide us with
6 information about the change in diabetic control
7 experienced by the two groups during the study? In other
8 words, was there an improvement in the diabetes control of
9 the pioglitazone group in comparison with the placebo
10 control group?

11 DR. SCHNEIDER: In a word, yes.

12 DR. MISBIN: Remember, you have established a
13 rule that we don't discuss efficacy.

14 (Laughter.)

15 DR. BONE: Well, we're going to make a special
16 exception, without modifying, only to know whether it
17 answers the specific safety question.

18 DR. SCHNEIDER: There was improvement in HbA1c,
19 statistically significant improvement, from baseline in the
20 three highest-dose groups -- 15, 30, and 45.

21 DR. BONE: Okay.

22 DR. SCHNEIDER: And there was an improvement in
23 the lowest-dose group, but it did not reach statistical
24 significance.

25 DR. BONE: So this leaves, I guess,

1 | Dr. Misbin's concern unanswered.

2 | DR. SCHNEIDER: Right. That's why we're doing
3 | the additional analyses, based on levels of glyceimic
4 | control that were achieved. There are some patients who --
5 | about 70 percent, 75 percent, of the patients do respond to
6 | this agent. But there are patients who don't respond to
7 | the agent, and sometimes they will stay in clinical trials
8 | for the duration. So, we will have people in a dose group
9 | who were considered responders, and we also have people who
10 | were not considered responders. And we can do an analysis
11 | based on level of hemoglobin control.

12 | In addition, in the long-term follow-up study,
13 | we will be providing a lot more longer-term data. We now
14 | have echoes for patients who have been treated with the
15 | drug for in excess of 2 years.

16 | DR. BONE: So, in effect, the sponsor is trying
17 | to address Dr. Misbin's concern by essentially doing a
18 | statistical analysis to try to adjust for the effect of
19 | glyceimic control in this. Is that a fair statement?

20 | DR. SCHNEIDER: That's correct.

21 | DR. BONE: Thank you.

22 | DR. MOLITCH: One question along those lines.

23 | DR. BONE: Dr. Molitch.

24 | DR. MOLITCH: Is there a difference in the
25 | glucose responders with respect to the fluid retention

1 | problem and the decreased hematocrit that occurs?

2 | DR. SCHNEIDER: There was no relationship
3 | between both the small changes in hematocrit and response.

4 | DR. MOLITCH: So you could get the same change
5 | in hematocrit without a glucose response?

6 | DR. SCHNEIDER: That's correct.

7 | DR. BONE: Thank you.

8 | Dr. Hirsch.

9 | DR. HIRSCH: I'm sorry, I may have just missed
10 | a point about the echocardiogram. You did baseline echoes
11 | and then echoes at 26 weeks, or whatever, both in the
12 | treated and the placebo groups. Did the placebo group show
13 | any echocardiographic deterioration? I thought that's what
14 | we wanted to find out, so we knew what the meaning of the
15 | lack of change in the echoes of the treated group is, if
16 | you see what I mean.

17 | DR. SCHNEIDER: Yes, I see what you mean. And
18 | there were no changes from baseline to end of study in
19 | essentially in any of the treatment groups.

20 | DR. HIRSCH: In either group?

21 | DR. SCHNEIDER: That's correct.

22 | DR. BONE: Okay, thank you. I think we've
23 | covered that fairly thoroughly now.

24 | Are there any additional remarks that members
25 | of the committee wish to make before we go ahead and

1 discuss the specific questions that we were asked to
2 address?

3 (No response.)

4 DR. BONE: There do not seem to be any such
5 remarks. Very well, we'll proceed.

6 I'm going to take a little bit of a liberty
7 here, I think, with the order of the questions. And that
8 is because we are going to have a chance to discuss this
9 class issue, I'm going to ask that when we deal with
10 question 1a, which is, again, a short-answer question --
11 nobody is voting on anything -- can we also then address
12 specifically pioglitazone first, as asked in that question,
13 and then ask for members of the committee to have the
14 opportunity then to comment again on questions 1 and 2 that
15 were regarded as class-labeling questions, so we can
16 dispose of that topic altogether, otherwise I think we'll
17 be repeating ourselves. And this will also give members an
18 opportunity, if they wish, to distinguish between
19 drug-specific and class points with greater clarity, I
20 expect.

21 Now, the two class-labeling questions are being
22 passed out for the benefit of anyone who used theirs
23 yesterday. Does anyone here at the table need one?

24 (No response.)

25 DR. BONE: Everybody has got one. Fine.

1 The first question that is drug specific is:
2 What comments do you have from the safety standpoint about
3 the effects of pioglitazone on the liver? And the
4 class-labeling questions are, one: Should the labeling for
5 members of the thiazolidinedione class of drugs, apart from
6 troglitazone, address the subject of hepatotoxicity
7 observed with troglitazone? And, if so, how? And should
8 the labeling for other members of the class specify that
9 liver testing should be performed at periodic intervals?
10 And, if so, how frequently?

11 These are questions we discussed yesterday with
12 the advantage of most of the information on rosiglitazone
13 and this sort of preview of today's results that they were
14 substantially similar. So we're going to deal with that
15 topic first and then go on through the other questions.

16 I'm going to also suggest that one question
17 which we routinely ask be included at the end. And that
18 being comments about recommendations for phase 4 studies.
19 And this will enable committee members to put phase 4
20 recommendations in that box, if you will, rather than
21 trying to mix that into the other questions.

22 So, perhaps we'll just go around the table as
23 we usually do, responding to question 1a, on the liver, and
24 those two other questions about class labeling for liver,
25 first, with respect to pioglitazone, and then the two

1 | comments on the class as a whole. And perhaps we'll start
2 | with Dr. Illingworth.

3 | DR. ILLINGWORTH: I think, based on the data
4 | that we've seen presented this morning, the safety profile
5 | in terms of the liver adverse effects is comparable to
6 | placebo. So, I'm not concerned that the drug has a
7 | high-profile liver toxicity. So I think, to comment from a
8 | safety standpoint, the effect on the liver, it's comparable
9 | to placebo.

10 | For the class labeling questions, I do think
11 | there's been enough publicity concerning troglitazone, and
12 | we don't know yet data from 10,000, 20,000, 50,000 people
13 | whether pioglitazone is going to have rare adverse effects.
14 | I do think there should be something in the labeling about
15 | this is what we've learned from troglitazone. We don't
16 | have data yet on pioglitazone. Therefore, we need to
17 | monitor patients and see what happens. And I think it's
18 | going to be reassuring from the patient's point of view, as
19 | well.

20 | DR. BONE: Would you, in that labeling, allow
21 | the manufacturer to distinguish between its pre-approval
22 | experience with a notation of the limitations of that
23 | information?

24 | DR. ILLINGWORTH: I would. And I'd also
25 | emphasize perhaps in the labeling that the drugs are

1 | metabolized by different pathways, with troglitazone going
2 | to the C3A4 almost exclusively, and this one not. So it
3 | does potentially have a safer metabolism pathway.

4 | DR. BONE: Thank you.

5 | Dr. Hammes, first, with the compound specific,
6 | and then the general.

7 | DR. HAMMES: In terms of the pioglitazone, I am
8 | still concerned with that doubling in incidence rate we saw
9 | with the long-term studies. I'm concerned in that the
10 | total number of patients that were studied seems to be less
11 | with this drug than the other agents. Everything we've
12 | seen certainly indicates that it's comparable to placebo.
13 | I think we need a larger patient base to say that for sure.

14 | And that leads me into the class thing. I
15 | think the labeling certainly ought to indicate that other
16 | class in this drug was associated with fatalities and that
17 | it needs to be considered as a possibility with this drug.

18 | DR. BONE: What about monitoring?

19 | DR. HAMMES: In terms of monitoring, I'm
20 | certainly not convinced that the frequency of monitoring
21 | needs to be what we were talking about with troglitazone.
22 | I'd like to see certainly baseline and perhaps whenever the
23 | patient is in for a routine follow-up, if it's quarterly or
24 | annually. If they're well maintained, there needs to be
25 | some less-intense monitoring.

1 DR. BONE: One of the points that was raised
2 yesterday was about having a different monitoring approach
3 for patients who had mild enzyme elevations prior to
4 treatment. Would you distinguish between the two?

5 DR. HAMMES: Definitely, if they're elevated at
6 treatment, they need to be intensely monitored, both for
7 their own sake and for the drug.

8 DR. BONE: Dr. Critchlow.

9 DR. CRITCHLOW: I agree with those comments.
10 And I would just like to add that with respect to this drug
11 versus placebo, clearly there was no difference in the
12 short run, but we've only had -- what is it -- 1,200
13 patient years, 1,600 patient years worldwide of exposure,
14 much of which is in short-term exposure, 3 to 4 months.
15 So, we really don't know the long-term effects or what the
16 effect of cumulative exposure would be.

17 And in that sense, I would recommend caution in
18 the sense that some type of certainly baseline assessment
19 and probably some monitoring, 6 months, 12 months. Again,
20 you're going to miss the transient elevations, but would
21 then pick up those mildly elevated chronic elevations that
22 you might need to do something about.

23 DR. BONE: Thank you.

24 Ms. Killion.

25 MS. KILLION: I think that it's fairly clear

1 | that there are no significant red flags with this
2 | particular substance. I have less concerns about it than I
3 | did with troglitazone. I think that we've learned from
4 | troglitazone, and therefore we should include some
5 | information with respect to that in the labeling. I think
6 | that would be appreciated by patients.

7 | As far as monitoring goes, I am a proponent of
8 | monitoring. I think that patients are rational actors, and
9 | that if the perceived benefit of the drug outweighs the
10 | onerous nature of the requirements -- again, I think if
11 | you're trying to set a standard of requirement for
12 | monitoring that is not too onerous, then you will get
13 | compliance on the part of the patients. And I think then
14 | you'll get the information that you need and you'll be able
15 | to make progress in this area where it's really required.

16 | DR. BONE: Thank you.

17 | Dr. Molitch.

18 | DR. MOLITCH: I agree with the prior speakers.
19 | I think the amount of liver toxicity with this drug is
20 | certainly no greater than so far that we've seen from
21 | placebo, although I don't think we can clearly say that in
22 | the larger scheme until more data is obtained. But there
23 | are certainly no red flags now, I would agree with you.

24 | My recommendation for the labeling would be, I
25 | agree that I think some mention ought to be made that other

1 | members of this class have been shown to show liver
2 | toxicity and even deaths from liver disease, although
3 | nothing at this point would suggest that this necessarily
4 | is the same with this particular drug. Nonetheless, to be
5 | prudent, I think that I would advocate monitoring of this
6 | drug perhaps in a similar fashion to troglitazone and to
7 | rosiglitazone for a period of time -- perhaps a year -- and
8 | that that would be included in this.

9 | DR. BONE: What frequency did you have in mind
10 | for monitoring?

11 | DR. MOLITCH: Perhaps monthly for the first 8
12 | months.

13 | DR. BONE: I see. So you would treat just the
14 | same way.

15 | DR. MOLITCH: Until we know for sure that
16 | it's --

17 | DR. BONE: Dr. Levitsky.

18 | DR. LEVITSKY: I would have to concur. I
19 | certainly think the labeling should be as was previously
20 | discussed. And although I see no evidence of increased
21 | hepatotoxicity with this drug, I don't think we have enough
22 | information yet. And if it's going to come to market
23 | reasonably soon, I would think that the best interests of
24 | the public would be served by having a monitoring scheme
25 | similar to troglitazone until more information is

1 available. But I think we have to be very flexible about
2 discontinuing the monitoring scheme as soon as that
3 information is available. And that would probably take a
4 year or so.

5 DR. BONE: Thank you.

6 Dr. Genuth.

7 DR. GENUTH: I think, based on limited
8 preclinical studies with relatively small numbers of
9 patients and relatively short durations, there is no
10 evidence that pioglitazone is toxic to the liver. Based on
11 the preclinical pharmacology data, I'm still concerned that
12 dogs don't like it if they get huge doses. So, that still
13 worries me slightly. But certainly the clinical trial
14 data, I think pioglitazone doesn't show any evidence of
15 toxicity.

16 I think that, like my colleagues, the labeling
17 should indicate that one member of this class was
18 associated, is associated, with serious hepatic toxicity in
19 rare instances. And I think it is reasonable to use some
20 wording that introduces the notion that not all drugs in
21 the same class necessarily will be associated with serious
22 liver toxicity -- however you word that.

23 And I think monitoring should be done monthly
24 for the 8 months that's being done now with troglitazone.
25 I think when a large enough experience has been accumulated

1 after marketing, to quell our concerns about another
2 troglitazone-type problem, then I think monitoring should
3 stop.

4 I also am still kind of attracted to the idea
5 that there be some specific guidelines about retesting
6 within 1 week if the value of ALT is 3 times above the
7 upper limit of normal. I am also somewhat encouraged with
8 the notion that if the second test is normal that the drug
9 could be continued.

10 DR. BONE: Dr. Hirsch.

11 DR. HIRSCH: I think we've already been through
12 the first question so many times that I would just say,
13 keep going, whatever. I agree with everyone.

14 The issue of labeling, I feel very strongly,
15 and not for any emotional reason, but just as a physician.
16 I feel that the labeling should indicate that these new
17 drugs are members of a class of drugs, the first of which,
18 or one of which, did produce serious liver problems. I
19 think that should be noted.

20 I also feel that there should be monthly
21 monitoring, and I think we ought to make a very definite
22 recommendation for that the patient be monitored thereafter
23 perhaps for an additional year, quarterly. And also I
24 think a strong statement should be put in there that
25 patients should be advised, or be aware, of the fact that

1 | certain symptoms should be promptly reported to their
2 | physician.

3 | Obviously jaundice is one of them. And I don't
4 | know what other presenting symptoms there were at the time
5 | of the troglitazone thing, whether nausea and vomiting or
6 | weight loss or whatever, but that congeries, that
7 | constellation of symptoms, the chief of which and most
8 | menacing would be the presence of skin discoloration or
9 | discoloration of the urine, however one would want to put
10 | this into appropriate terms.

11 | DR. SOBEL: Could I have a clarification? In
12 | other words, a patient package insert also for these new
13 | members. Is that correct?

14 | DR. HIRSCH: Correct, absolutely.

15 | DR. SOBEL: That's the sense of the committee?

16 | DR. HIRSCH: Well, it's my sense. I don't know
17 | about the others.

18 | DR. MISBIN: Is it your suggestion then that,
19 | really, we just adopt the same labeling we have for
20 | troglitazone, both patient package insert as well as the
21 | professional package insert, the same monitoring, but a
22 | statement saying that this is based on data that occurred
23 | with a different drug in the class and at the moment we
24 | don't have any evidence to say that it would occur with
25 | this drug?

1 DR. HIRSCH: Well, I would even be stronger and
2 say preliminary data indicate that in the short run, for
3 the 6-month period, there has been less of this problem, if
4 it exists at all. It's unclear whether this -- however,
5 there are no data at the present time on longer periods of
6 time. And because of this possibility, recommend --

7 DR. MISBIN: But rather than negotiating every
8 word, is it your sense that really the label that exists
9 with troglitazone already goes through the issue of
10 jaundice and abdominal pain and all these other things. It
11 would seem that that language could just be taken but, in
12 addition, that this is related to a different drug and the
13 other cautionary statements that you mentioned.

14 DR. HIRSCH: I think that's an important piece
15 of information to give both the physician and the patient,
16 yes.

17 DR. BONE: I'm going to ask the people on the
18 right-hand side of the table, who didn't -- the answers
19 have matured as we went around a little bit. I'm going to
20 ask Drs. Illingworth and Hammes and Critchlow to address
21 the question of frequency of monitoring, which is I think
22 what Dr. Illingworth was about to do.

23 DR. ILLINGWORTH: Yes, this came up yesterday.
24 I really do think that the clinical data that we have been
25 provided with indicates that troglitazone, compared to

1 | rosiglitazone and pioglitazone, is different in its
2 | metabolism and its toxicity. And I would, therefore, not
3 | favor applying the same monthly rule for pioglitazone as is
4 | applied now for troglitazone.

5 | And obviously it's important to get baseline
6 | liver enzymes. I wrote down a potential algorithm:
7 | baseline, every 6 weeks times 2 for 3 months, and then
8 | every 2 months for say another 6 months, and then every 3
9 | months for another 6 months, and then perhaps once every 6
10 | months.

11 | I think diminishing frequency will pick up the
12 | people who are going to do well. And also emphasize to
13 | patients and to physicians the risk of potential drug
14 | interactions. We've seen two cases of liver enzymes going
15 | up. And therefore, get a good history when you add a new
16 | drug. Make sure the patients are aware that there may be a
17 | drug interaction that we don't know about.

18 | DR. BONE: Thank you.

19 | Dr. Hammes.

20 | DR. HAMMES: I would tend to lean toward that
21 | scheme of monitoring rather than the monthly, with the
22 | additional caveat that if we have an elevated test that it
23 | is followed perhaps weekly at a much more intense level.

24 | And I also want to say that I am strongly in
25 | favor of the PPI for the class of drugs, and also the

1 | statement that we have not identified the severe liver
2 | problem with these later two drugs should be part of it.

3 | DR. BONE: Dr. Critchlow, please.

4 | DR. CRITCHLOW: I would have to also say
5 | perhaps starting out at relatively more frequent -- and I
6 | know monthly seems like a lot, but perhaps monthly for the
7 | first 3 months, and then quarterly, and then annually after
8 | the first year might seem reasonable.

9 | DR. BONE: Thank you.

10 | For myself, with regard to question 1a, I think
11 | that we do not have evidence of a clinical hepatic safety
12 | problem with pioglitazone, although we take note of the FDA
13 | toxicology comments on preclinical data. And I think that,
14 | based on the information available, I would not distinguish
15 | between pioglitazone and rosiglitazone at this point.

16 | With regard to the class labeling comments, I
17 | think that it is clear that we will need to discuss in the
18 | label the fact that the pioneer compound in this class did
19 | have a significant hepatic toxicity. I think it's fair to
20 | allow the distinction to be made between that compound and
21 | the others based on the information available, but this
22 | must be qualified by indicating that we only have
23 | pre-marketing information at his point on the other
24 | compounds. And this may simply be unrealistic to think
25 | that we're going to detect a rare event in any realistic

1 pre-marketing safety package.

2 The labeling as far as testing, I think this is
3 really problematic. We have, as I mentioned yesterday,
4 kind of a mixed purpose in this monitoring. I think when
5 we monitor a patient on troglitazone, we are monitoring for
6 that patient's specific benefit. And the risk is certainly
7 perceived to be high enough to warrant that.

8 In this case, we're monitoring for a mixed
9 purpose with these other drugs -- partly for the protection
10 of the patient and partly in order to amplify the
11 efficiency of the reporting system. This may be a slightly
12 more complicated answer. To my mind, the intensity that we
13 would apply for the second purpose, the intensity of
14 monitoring that we would require for the second purpose,
15 would be influenced by the efforts that were made by the
16 sponsors of rosiglitazone and pioglitazone to improve the
17 efficiency of the reporting process on the other end.

18 So, I could imagine that a less frequent
19 monitoring consideration for patients who didn't have
20 priority elevation of enzymes would be plausible if
21 substantially more than the typical passive effort were
22 very well structured as an arrangement to follow those.

23 So, I think there's interaction there. One, we
24 have somewhat less concern about individual risk, at least
25 at this point, but recognize that that doesn't eliminate

1 the risk of a rare event. On the other hand, our need for
2 surveillance is another topic that I've just discussed.

3 One other consideration here with regard to
4 monitoring for both purposes is that if the hypothesis that
5 cumulative dose may influence risk and that the one reason
6 why the more potent drugs are safer is that the amount of
7 compound taken is less, then we may have to think about
8 perhaps widening the interval of monitoring, but extending
9 it for a period of time before we have the greatest
10 assurance.

11 So, I think this is something where, frankly,
12 some very careful epidemiologic calculations would bear on
13 my exact answer for frequency of monitoring. I would adopt
14 the troglitazone monitoring schedule for patients with
15 prior elevation of enzymes on general principles rather
16 than because of a specific problem. Both of these drugs
17 have shown that patients with preexisting enzyme elevations
18 get better. And it's entirely plausible that that's
19 actually a therapeutic effect.

20 So much for question 1a and questions 1 and 2
21 on the other topic that are from the other list.

22 If we'll now just go through the comments on,
23 what comments do you have from the safety standpoint about
24 the effects of pioglitazone on lipids? And perhaps we'll
25 just start with Dr. Illingworth again and see what he has

1 | to say on the topic, if he has something to say.

2 | DR. ILLINGWORTH: Well, lipid changes -- and I
3 | asked earlier on -- the drug apparently does have a slight
4 | PPAR alpha effect, which would suggest it has an effect
5 | that mimics the effect of fibric acid derivatives in a
6 | slight effect. This may explain why if you look at the
7 | lipid results in study 001, where the plot of total
8 | cholesterol, LDL cholesterol, HDL cholesterol, and
9 | triglycerides is given separately rather than a ratio,
10 | which that value is worthless, we do see a significant
11 | reduction in triglycerides, a rise in HDL, and a very
12 | slight rise in LDL.

13 | But this parallels what you see with any drug
14 | that reduces VLDL production or enhances lipolysis. If you
15 | lower triglycerides, generally you have a slight rise in
16 | HDL, as seen with the fibrates.

17 | So, I think the lipid changes are beneficial.
18 | There isn't a significant rise in LDL. I think further
19 | studies need to be done, though, to look at well-defined
20 | patient groups, patients with normal triglycerides, which
21 | are hard to get in diabetics, and patients with more severe
22 | degrees of hypertriglyceridemia -- how much of a
23 | triglyceride effect do you get? And then also look at some
24 | mechanisms -- does the drug activate lipoprotein lipase,
25 | the effect on hepatic lipase, effects on VLDL metabolism,

1 and even postprandial lipemia studies will be interesting
2 to look at. So, I find the effects on lipids to be
3 beneficial.

4 DR. BONE: Thank you.

5 Dr. Hammes.

6 DR. HAMMES: I really can't add much to what
7 Dr. Illingworth said. I'd second that.

8 Again, my comment that the studies we looked at
9 today were 26 weeks as opposed to 52-week studies that we
10 had looked at yesterday. And comparing the two is
11 difficult on that basis, and I won't even try.

12 DR. BONE: Thank you.

13 Dr. Critchlow.

14 DR. CRITCHLOW: I can't add anything to the
15 previous two speakers, but clearly, on the basis of the
16 data presented, I would have no concerns about the safety
17 or lack thereof in any way with the drug with respect to
18 the lipids.

19 DR. BONE: Thank you.

20 Dr. Hirsch.

21 DR. HIRSCH: Well, I have nothing to add with
22 the lipids except that in the labeling it might be noted
23 that a lipid screen or a lipid analysis before starting the
24 study would be useful to do, and give the data that the
25 drugs have done X, Y, Z.

1 DR. BONE: Thank you.

2 Dr. Genuth.

3 DR. GENUTH: I don't see any problem with the
4 lipids from the data we were given. But I would just add
5 the comment that in the monotherapy study, only 54 percent
6 of the patients on placebo and 62 percent on the active
7 drug completed the study. So, the data is a little bit
8 flawed.

9 DR. BONE: Dr. Levitsky, comments on lipid
10 safety?

11 DR. LEVITSKY: I don't see any problems with
12 the lipids either. I concur with the others.

13 DR. BONE: Dr. Molitch.

14 DR. MOLITCH: I agree.

15 DR. BONE: Ms. Killion.

16 MS. KILLION: I have no additional comments.

17 DR. BONE: And the Chair sees no evidence that
18 there's a safety problem with regard to lipids.

19 DR. ILLINGWORTH: Henry?

20 DR. BONE: Dr. Illingworth.

21 DR. ILLINGWORTH: Just one additional comment.
22 Given the fact there was one patient with a major increase
23 in creatinine kinase on atorvastatin, and thinking to the
24 risk of myopathy with fibrates and statins that are
25 metabolized by the C3A4 system, perhaps further studies

1 | should be done to define is there an increased risk of
2 | myopathy in a patient on a statin who is given this drug.

3 | DR. BONE: Thank you.

4 | DR. SCHNEIDER: Dr. Bone, could I make a
5 | comment?

6 | DR. BONE: Well, it would be unusual to comment
7 | in the middle of the comments, but I guess if you could
8 | make it very concise, since we've gone around the table on
9 | this.

10 | DR. SCHNEIDER: Very concise. We looked at all
11 | the rest of the patients who were on lipid-lowering agents,
12 | HMG CoA reductase inhibitors, and that's the only patient
13 | that had that one little blip. Nobody else had anything
14 | even 3 times the upper limit of normal. So, just for
15 | reassurance.

16 | DR. BONE: Thank you.

17 | The next topic we're going to be asked to
18 | comment on is the -- and I guess these are related topics.
19 | I'm going to once again exercise my prerogative to add the
20 | topic of edema, because that did come up, and I think it's
21 | related at least in some people's minds to C and D. So,
22 | maybe what I will ask people to do, as we go around, is to
23 | comment on what comments do you have from the safety
24 | standpoint about the effects of pioglitazone on the
25 | hemoglobin level, the heart and if they wish to make an

1 additional comment on edema, just treat all three together.

2 And perhaps we'll start with Dr. Molitch.

3 DR. MOLITCH: I think that the effects that
4 we've seen today are similar to what we've seen as a class
5 effect for these medications. I don't see anything
6 striking that worries me except for the one comment that I
7 think probably ought to be in the label, that in occasional
8 patients who have underlying significant congestive heart
9 failure that a significant worsening of this may occur.

10 DR. BONE: Ms. Killion, why don't you comment,
11 and then we'll come back down the rest of the table.

12 MS. KILLION: I have no comments with respect
13 to hemoglobin or heart, but as far as edema goes, I think I
14 observed that there was an increase in edema in patients
15 that were on insulin. And that does have some concern for
16 me, as well. So that is something that I would like to see
17 addressed. And certainly I'd want to know that in going
18 in.

19 DR. BONE: Thank you.

20 Dr. Levitsky,

21 DR. LEVITSKY: I don't have any additional
22 comments. I agree with what has been said.

23 DR. BONE: Dr. Genuth.

24 DR. GENUTH: I agree with Dr. Molitch word for
25 word.

1 DR. BONE: Dr. Hirsch.

2 DR. HIRSCH: I agree. I am concerned a little
3 bit about the long-term effects of this whatever it is --
4 increase in plasma volume -- and what this augurs in
5 respect to the complications of diabetes, the nephropathy
6 and the retinopathy. It may make it better. It may make
7 it worse. I don't think we have any idea. I have no idea
8 right now. And this is a very important thing, obviously,
9 for phase 4 studies, if there are any surrogates of these,
10 like albuminuria or whatever, that can be studied, this
11 will be very important.

12 But in terms of what should go into the label,
13 I think it should be pointed out that many patients will
14 experience an increase in plasma volume, and therefore a
15 small reduction in hemoglobin, hematocrit, et cetera, and
16 that for this reason, individuals with congestive heart
17 failure or with edema should be made aware that this can be
18 a very important problem for them.

19 We've also not touched on the weight issue,
20 which is I guess a part of this same thing, and the issue
21 of people who may be more responsive to adipocyte
22 hyperplasia or differentiation or whatever this may do --
23 namely, adolescents and children in puberty. Now, I don't
24 know -- what's the troglitazone label? Does it say you
25 shouldn't use this in children, or is there anything about

1 | that?

2 | DR. MISBIN: Much of this topic we've been
3 | discussing really is already in the troglitazone label. It
4 | doesn't specifically say you shouldn't use it in children,
5 | but it does talk about the fat cell hyperplasia, and the
6 | heart issue, as well. There are already statements warning
7 | patients with grade 3 heart failure that troglitazone
8 | should not be used. And since the data seem identical, I
9 | think the preliminary plan was to use the same labeling for
10 | those issues unless --

11 | DR. HIRSCH: I'd be particularly concerned
12 | about using this during the pubertal and adolescent years
13 | for those reasons.

14 | DR. MISBIN: All right. To the best of my
15 | recollection, that is specifically not there. It could be,
16 | but I think, unless there is some disagreement, that is a
17 | class effect. So, that kind of statement would have to be
18 | in all three labels, unless I misunderstand.

19 | DR. BONE: We had some discussion along very
20 | much the same general lines about childhood and adolescent
21 | use and so forth yesterday, and I think the transcript will
22 | reflect rather extensive discussion on that point, as well.

23 | Dr. Illingworth.

24 | DR. ILLINGWORTH: I agree with Dr. Molitch's
25 | comments. I think the patients with congestive heart

1 failure need to be monitored very closely. And anybody
2 with any sort of history of edema needs to be obviously
3 monitored closely, too. Otherwise, no. The effects are
4 due to fluid retention, and that's why the hematocrit goes
5 down.

6 DR. BONE: Dr. Hammes.

7 DR. HAMMES: I agree with what's been said,
8 with the emphasis that it quite clearly is a class effect
9 and all the labels ought to be the same.

10 DR. BONE: Dr. Critchlow.

11 DR. CRITCHLOW: I agree with the previous
12 speakers.

13 DR. BONE: From my point of view, the expansion
14 of the extracellular space is important. It appears, as
15 best we can --

16 DR. HIRSCH: Excuse me. I don't think it is
17 ECF. There's no evidence for that. It's only plasma
18 volume expansion. Is that correct? Has anyone ever
19 measured ECF, extracellular? There are obviously wonderful
20 ways and, simply, one should.

21 DR. MISBIN: There's data on troglitazone in
22 normal volunteers.

23 DR. HIRSCH: On ECF specifically?

24 DR. MISBIN: Well, I don't remember that.

25 DR. HIRSCH: Thiocyanate, bromide, whatever?

1 DR. MISBIN: I just don't remember that. That,
2 as far as I know, is the only definitive data.

3 DR. BONE: I don't see how plasma volume
4 expansion alone would cause edema. I think it must be an
5 ECF expansion to account for the edema.

6 DR. HIRSCH: I think the measures they've had
7 are only of plasma volume expansion. Is that correct?

8 DR. BONE: Yes, but edema fluid is
9 extravascular. So, I think it must be, although we haven't
10 specifically had data on that point. But I think it must
11 be, from the description of the physical examination.

12 DR. HIRSCH: I think the plasma volume
13 increase, without -- I don't wish to belabor it -- without
14 the edema, from what I understand, as people have had these
15 little drops in hematocrit, et cetera, even in the absence
16 of edema.

17 DR. BONE: Yes.

18 DR. HIRSCH: So, this may be an additional
19 point.

20 DR. BONE: Well, either or both.

21 I think that's an important phenomenon. And it
22 clearly seems to be a class effect, needs to be reflected
23 in labeling, and needs to be studied. I think it's
24 absolutely essential that we understand what the actual
25 mechanism of this is for the reasons that Dr. Hirsch

1 | elucidated, in terms of the long-term potential benefits or
2 | possibly adverse effects in diabetic patients. If this is
3 | something that affects vascular permeability or whatever,
4 | it needs to be figured out.

5 | Question 2, major question 2, which has no
6 | subparts, is: Do you have any recommendations relating to
7 | safety for the labeling of pioglitazone other than for
8 | possible effects on the liver? And I think we could say,
9 | other than comments already made, as well, concerning
10 | labeling.

11 | And perhaps Dr. Critchlow would begin, and
12 | we'll go around in a slightly different order.

13 | DR. CRITCHLOW: I actually don't have any
14 | additional comments.

15 | DR. BONE: All right. I think we've had a lot
16 | of discussion about a lot of these points in the course of
17 | the other questions.

18 | Dr. Hammes, do you have any additional points
19 | to make about safety-related labeling?

20 | DR. HAMMES: Nothing additional. I would just
21 | reemphasize the PPI.

22 | DR. BONE: Thank you.

23 | Dr. Illingworth.

24 | DR. ILLINGWORTH: I think we discussed the
25 | issues that I feel need to be addressed in the labeling.

1 | And, again, Dr. Misbin pointed out there is a precedent
2 | with what troglitazone has got in their labeling, and that
3 | should perhaps be used as the model, with exceptions where
4 | exceptions are justified.

5 | DR. BONE: Additional comments, Ms. Killion?

6 | MS. KILLION: No additional comments.

7 | DR. BONE: All right. Dr. Molitch?

8 | DR. MOLITCH: No.

9 | DR. BONE: Dr. Levitsky?

10 | DR. LEVITSKY: No additional comments.

11 | DR. BONE: Dr. Genuth, any further comments?

12 | DR. GENUTH: Just to reemphasize the importance
13 | of congestive heart failure and edema in the labeling. And
14 | I forgot the phase 4 part of the question. Can I just
15 | add --

16 | DR. BONE: We're going to get to that in a
17 | minute. We're going to have one more comment, which isn't
18 | on the list, but I've added an opportunity to make phase 4
19 | recommendations separate from the labeling. I didn't want
20 | to get those mixed up.

21 | Dr. Hirsch?

22 | DR. HIRSCH: No further comments.

23 | DR. BONE: We'll all probably think of
24 | something later and we'll communicate with the agency, but
25 | I don't have any further suggestions at the moment for

1 | labeling.

2 | Now, this is the opportunity to make specific
3 | recommendations for phase 4 studies that we think are
4 | important. And the ones we've already mentioned we may
5 | just refer to or elucidate further as necessary, and
6 | anything that hasn't been mentioned, please do.

7 | And perhaps Dr. Hirsch will begin this round.

8 | DR. HIRSCH: Yes, I think I've been through
9 | this already. I think the emphasis on adolescents and
10 | children, differential effects on them from adults is a
11 | very important potential for a phase 4 study.

12 | The issue of whether individuals who have
13 | responded to troglitazone in one way can now be looked at
14 | in terms of these drugs, to try to determine whether or not
15 | this is or is not a class effect would be a very important
16 | thing to do.

17 | DR. BONE: You mean the liver effects?

18 | DR. HIRSCH: The liver effects, yes.

19 | And then, finally, also the data from the
20 | monitoring and so on obviously are, to some degree, a
21 | phase 4 whatever. But the other phase 4 studies involve
22 | all of the cardiac and the hematologic things that we've
23 | talked about considerably, and also the nature of the body
24 | weight increase, in terms of fat. I think these are just
25 | crying to be done by well-known physiologic techniques.

1 DR. BONE: Dr. Genuth, additional
2 recommendations for phase 4 studies?

3 DR. GENUTH: Yes, I have two positive
4 recommendations and one negative recommendation. I think
5 the combination of repaglinide and pioglitazone should be
6 studied. I think the triple combination of sulfonylurea,
7 metformin, and pioglitazone should be studied. And I don't
8 think you should study the combination of pioglitazone and
9 troglitazone.

10 (Laughter.)

11 DR. BONE: Good. Thank you.

12 DR. LEVITSKY: Well, as the pediatrician on the
13 panel, I'll restrict myself simply to making the plea that
14 children and adolescents not remain orphans in terms of
15 their drug status, and that the pediatric and adolescent
16 studies be phase 4 studies, with particular attention to
17 body composition, anemia, and the volume issues that were
18 discussed.

19 DR. BONE: Thank you.

20 Dr. Molitch.

21 DR. MOLITCH: In addition to what's already
22 been mentioned, I'll again reiterate what I said yesterday,
23 that I was concerned about the one monkey study with
24 rosiglitazone, suggesting that there may be some effect on
25 ovulation, and that there be some sort of phase 4 study,

1 | looking at ovulation or fertility or something along those
2 | lines, to be sure that that's not impaired with
3 | pioglitazone, as well.

4 | DR. BONE: Would you look at that as an animal
5 | study or a human study?

6 | DR. MOLITCH: I think it could be looked at as
7 | a human study, looking at just ovulation of people who are
8 | not on contraception, looking at fertility rates,
9 | et cetera. It would be nice to have an animal study, too.

10 | DR. BONE: Would you be satisfied with an
11 | animal study?

12 | DR. MOLITCH: I think if the study were done on
13 | the same species of animals that was done and showed the
14 | defect, and showed absolutely no defect at all, and with
15 | adequate statistical numbers, I probably would be satisfied
16 | with that.

17 | DR. BONE: That might present fewer problems
18 | than treating ovulating women in terms of the conduct of
19 | the trial in a certain way.

20 | DR. MOLITCH: Well, is there anything in the
21 | label to say that ovulating women should not be treated at
22 | the present time, for troglitazone, for example? There's
23 | nothing that demands that contraception be used currently?

24 | DR. BONE: No. The trials were all done on
25 | contraception, weren't they?

1 DR. SCHNEIDER: Yes, they were.

2 DR. BONE: Yes, the sponsor replies in the
3 affirmative. Okay.

4 DR. STEIGERWALT: The class for troglitazone is
5 currently category B. There were not significant animal
6 findings for troglitazone.

7 DR. MOLITCH: So that I think that it will be
8 used in ovulating women. And if it's going to be used
9 anyway, it would be nice to collect some data.

10 DR. BONE: Thank you.

11 Ms. Killion, recommendations for phase 4
12 studies?

13 MS. KILLION: I support all the recommendations
14 that have been already presented.

15 DR. BONE: Thank you. It's great to be able to
16 generate a wish list, isn't it?

17 (Laughter.)

18 DR. BONE: Perhaps Dr. Critchlow?

19 DR. CRITCHLOW: I think it would be
20 interesting, but it also depends on what ends up in the
21 label regarding monitoring. But I thought Dr. Bone did an
22 excellent job crystallizing the nature of the conflict with
23 the aims of monitoring. But it would be of interest to --
24 I guess I would just want to reemphasize that the concept
25 of what it is that we're really trying to accomplish with

1 | monitoring, and perhaps set up some different kinds of
2 | monitoring schemes, just to see what one might gain with
3 | different scenarios, that might be worth pursuing.

4 | DR. BONE: Thank you.

5 | Dr. Hammes.

6 | DR. HAMMES: I would agree with the suggestions
7 | up to now. And I also would suggest a drug interaction
8 | study with the 3A enzyme would be in order.

9 | DR. BONE: Dr. Illingworth.

10 | DR. ILLINGWORTH: Yes, I would agree with
11 | what's been mentioned previously. And I think the idea of
12 | having some long-term studies with this drug used alone,
13 | with appropriate control, and used in combination therapy,
14 | followed for, say, 2 or 3 years would be very informative.
15 | In those kind of studies, perhaps looking at vascular
16 | reactivity or carotid ultrasound or some measure of
17 | vascular atherosclerosis parameters, and obviously follow
18 | the lipid profiles, follow the other things.

19 | And the other thing is, again, going back to
20 | the effect on perhaps a slight effect on PPAR alpha, is
21 | there any effect on coagulation parameters? When you lower
22 | the triglycerides, do you affect fibrinogen, PAI-1, things
23 | like that? Those could be looked at in long-term studies,
24 | too.

25 | DR. BONE: I think we've got everybody's except

1 | for mine. I think there are a couple of points.

2 | One is that we have just received the data
3 | comparatively recently from the large U.K. study of type 2
4 | diabetes, using drugs of other classes, with results which
5 | were very encouraging. But we don't have, and for obvious
6 | reasons, the kind of outcome measurements that we would
7 | like to have for a new class. We've made reasonable
8 | projections about the benefits of therapy based on the
9 | reduction in glycosylated hemoglobin. And these seem very
10 | likely to be correct.

11 | But I think that outcome studies, looking at
12 | the same kinds of endpoints would be extremely helpful and
13 | a very important contribution. And I think those will be
14 | expected, really, by the diabetes community, both from the
15 | patient and physician side of that.

16 | I think that we've had a theme here of
17 | emphasizing mechanistic studies to look at phenomena such
18 | as the edema and so forth, and I fully endorse all of
19 | those. This may seem like a fairly long list of things
20 | that the committee are recommending for phase 4. But when
21 | we consider the scope of the problem of diabetes and the
22 | various manifestations of diabetes and its complications,
23 | and in fact the very large market that awaits effective
24 | drugs for the treatment of diabetes, I think that these are
25 | very reasonable proposals that we will be expecting to see

1 | addressed.

2 | Are there any final comments from members of
3 | the committee?

4 | Dr. Illingworth.

5 | DR. ILLINGWORTH: One comment that was raised
6 | yesterday -- in any long-term trials, you could not use,
7 | ethically, a placebo group, unlike in the U.K., where I
8 | think we recognize that we need to have active therapy and
9 | compare, ideally perhaps, two therapies -- one of which is
10 | perhaps slightly more effective than the other one -- but
11 | basically treat the patients.

12 | DR. BONE: Obviously one of the groups would be
13 | something along the lines of one of the U.K. interventions,
14 | I suppose, or more than one perhaps.

15 | Well, then, if there are no further comments, I
16 | will try to summarize.

17 | The questions for the committee were in the
18 | nature of comments rather than any up or down vote. And I
19 | want to reemphasize the point that today we were only
20 | trying to address safety issues, and that the FDA will be
21 | considering the efficacy questions and risk/benefit
22 | questions, comparing those considerations, as they go on
23 | with the review, and that this in no way implies anything
24 | about or should any inferences be drawn about the efficacy
25 | data from this somewhat unusual way we did this. This is

1 | for a specific reason.

2 | The committee's comments in response to the
3 | first question, which is, what comments do you have from
4 | the safety standpoint about the effects of pioglitazone on
5 | the liver, generally reflected the favorable safety
6 | experience to date, which is similar to that of
7 | rosiglitazone. I think it was the general view of the
8 | committee -- and please, anyone, correct me if I've made a
9 | mistake -- the general view of the committee that labeling
10 | for drugs in this class at this point should reflect the
11 | experience with troglitazone, permitting a distinction to
12 | be drawn between the experience with troglitazone and the
13 | experience with other members of the class to date, with
14 | the qualification of the duration and scope of exposure.

15 | There were additional questions asked about
16 | class labeling for monitoring. And the committee generally
17 | recommended that relatively frequent monitoring be carried
18 | out, recognizing that the experience so far has been good
19 | with drugs other than troglitazone in this class.

20 | The drug, in question 1b, does not appear from
21 | the basis of information available to pose any safety
22 | hazard from the standpoint of lipids. The problem of
23 | declining hemoglobin and questions about cardiac function
24 | were regarded as linked to the retention of fluid. That
25 | seems to be a class effect that's not well explained at

1 | this point. And while serious complications of this were
2 | not experienced in the clinical trials, the committee
3 | generally felt that the label should reflect the possible
4 | risk to patients who have either heart failure or other
5 | edematous diseases, such as nephrosis, for example,
6 | nephrotic syndrome.

7 | With regard to additional recommendations
8 | relating to safety for the labeling pioglitazone, these I
9 | think constituted the major recommendations of the
10 | committee, with a number of additional points that were
11 | raised and are in the record about areas in which
12 | information is limited.

13 | And the committee made a number of
14 | recommendations for phase 4 studies, directed at better
15 | understanding of mechanisms of some of the phenomena
16 | described above, and as a complement to the monitoring for
17 | greater assurance about the safety with respect to the
18 | liver. A number of additional suggestions were made, and
19 | again, these will be reflected in the record, but this was
20 | the major thrust, I think, of the recommendations for phase
21 | 4 study in the broadest sense.

22 | If there are no amendments or additions by the
23 | committee, I want to thank the sponsor for their
24 | presentation and their flexibility in working with us on
25 | this slightly altered format. I want to thank the agency

1 for their excellent presentations and information. I want
2 to thank the committee members for their participation. I
3 wish to again thank the Executive Secretary, Kathleen
4 Reedy, and the Office of the Advisors and Consultants,
5 staff, for their excellent work in organizing the meeting.
6 And I want to thank all of the audience for their
7 respectful attention, and the comment also from the member
8 of the public who spoke.

9 Thank you. This is adjourned.

10 (Whereupon, at 12:58 p.m., the committee was
11 adjourned.)
12
13
14
15
16
17
18
19
20
21
22
23
24
25