

**Testing Pharmacotherapies for
Alcohol Use Disorders with a
Non-Abstinence Goal:**

Can It Be Done?

Should It?

How?

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Reduction/Moderation of Drinking in Heavy Drinkers: Questions to Be Addressed:

- Choosing the treatment goal
- Defining the population
- Measuring the outcome of the treatment
- Analyzing the data to capture clinically meaningful results

Definitions

- Treatment goal
- Outcome measure
- Success definition
- Analysis methods

Choosing the treatment goal:

Is it ever appropriate to choose
reduction of drinking as a treatment
goal?

Defining the Population:

- Do suitable subgroups exist?
- Can they be distinguished for the purposes of study?
- Can they be distinguished practically for the purposes of *treatment*?

Measuring Success: What is reduction or moderation?

- Reduction from an individual baseline?
- How much?
- Absence of heavy drinking?
- Low-risk/moderate levels?
- Alcohol consumption? Or its consequences?

Measuring Success: Choosing the measurement tools

- Biologic tests
- Time-Line Follow-Back
- Quantity/Frequency Measures
- Form-90
- Drinker Inventory of Consequences
- Addiction Severity Index
- Comprehensive Drinker Profile/Follow-up
Drinker Profile

Analysis methods:

Is an analysis that captures increasing times between drinks important, or is the first or second episode of drinking evidence of treatment failure?

Structure of Meeting

- Expert Overview
- Statistics Presentation
- Clinical Presentation
- Discussion