

TABLE III.A.2.d:

OVERWEIGHT PREVALENCE AND BMI DATA FOR ASIAN-AMERICANS (N=13,031) EXAMINED IN A NORTHERN CALIFORNIA HMO, 1978-1985				
Trait	Chinese	Filipino	Japanese	Other Asian
Age (mean ± SD)				
Males	40.2 ± 14.2	39.2 ± 13.4	42.1 ± 14.1	35.9 ± 10.4
Females	38.0 ± 13.6	36.8 ± 11.6	40.9 ± 13.4	34.1 ± 10.5
BMI ≥ 24.4 kg/m <sup>2</sup>				
Males	26.9	41.8	38.0	28.9
Females	12.8	25.5	18.0	14.6
Mean BMI*				
Males	22.9	23.9	23.7	23.6
Females	21.2	22.8	21.6	22.2

\* Adjusted for age, marital status, education, and alcohol intake.

Source: Klatsky AL, Armstrong MA. Cardiovascular risk factors among Asian-Americans living in Northern California. *Am J Public Health* 1991;81:1423-1428. <sup>51</sup>