

TABLE III.A.1.c:

**SELECTED STUDIES DESCRIBING THE PREVALENCE OF OVERWEIGHT IN
NATIVE AMERICANS, 1981-1993**

Population	Source	Age	Year	Definition of Overweight *	Percentage		
					Total	Males	Females
Preschool children							
Native Americans, national	Measured	<5	1988	a	11.2		
Mescalero Apache, NM	Measured	1-5	1988	a	19.5		
School-age children							
Native Americans, national	Measured	5-18	1990-1991	b	39.3		
Devils Lake Sioux, ND	Measured	9-13	1989	b		32.1	30.6
Winnnebago and Omaha, NE	Measured	7-17	1990	b		32.7	34.4
Pueblo Indians, NM	Measured	9-13	1988-1991	b	40.4		
Navajo Indians, NM	Measured	9-13	1988-1991	b	29.1		
Navajo Indians, NM & AZ	Measured	5-17	1989	c		12.5	11.2
Navajo Indians, NM & AZ	Measured	14-18	1988-1990	b		25.0	33.0

* Definition of Overweight:

a=Weight-for height > 95th percentile NCHS reference population

b=BMI \geq 85th% NHANES II reference population

c=Weight-for-age > 95th NCHS reference population

Source: Broussard et al. Toward comprehensive obesity prevention programs in Native American communities. *Obesity Res* 1995;3:289-97S.²⁶