

TABLE III.A.1.a:

**NUMBER AND PERCENTAGE OF CHILDREN (AGED 6-11 YEARS) AND ADOLESCENTS  
(AGED 12-17 YEARS) WHO WERE OVERWEIGHT<sup>1</sup>, BY GENDER AND RACE/ETHNICITY<sup>2</sup>**  
**UNITED STATES, THIRD NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY  
(NHANES III), 1988-1994**

Characteristic	Children		Adolescents <sup>4</sup>			
	No.	(%)	(95% CI) <sup>3</sup>	No.	(%)	(95% CI)
<b>Males</b>						
White, non-Hispanic	446	(13.2)	(8.7%-17.6%)	281	(11.6)	(7.6%-15.6%)
Black, non-Hispanic	584	(14.7)	(11.2%-18.3%)	412	(12.5)	(9.2%-15.8%)
Mexican-American	565	(18.8)	(14.6%-23.0%)	406	(15.0)	(10.8%-19.1%)
Total	1,673	(14.7)	(11.5%-17.9%)	1,154	(12.3)	(9.3%-15.3%)
<b>Females</b>						
White, non-Hispanic	428	(11.9)	(7.2%-16.5%)	342	(9.6)	(5.5%-13.6%)
Black, non-Hispanic	538	(17.9)	(14.5%-21.2%)	447	(16.3)	(11.9%-20.8%)
Mexican-American	581	(15.8)	(10.3%-21.3%)	412	(14.0)	(6.8%-21.2%)
Total	1,606	(12.5)	(9.4%-15.7%)	1,274	(10.7)	(7.7%-13.7%)
Total <sup>5</sup>	3,279	(13.7)	(11.4%-15.9%)	2,428	(11.5)	(9.0%-14.0%)

<sup>1</sup> Overweight is defined as a BMI (kg/m<sup>2</sup>) at or above gender- and age-specific 95th-percentile BMI cutoff points calculated at 6-month age intervals, derived respectively from National Health Examination Survey, cycles 2 and 3.

<sup>2</sup> Numbers for other racial/ethnic groups were too small for meaningful analysis.

<sup>3</sup> Confidence interval

<sup>4</sup> Excludes pregnant females and one person with an outlier sample weight.

<sup>5</sup> Total estimates include racial/ethnic groups not shown.

Source: *MMWR*, 3-7-97<sup>39</sup>.