

TABLE III.A.3.a:

**PREVALENCE OF OVERWEIGHT\* IN U.S. ADULTS, BY RACE/ETHNICITY, GENDER, AND EDUCATION, 1988-1991**

Gender	Black		Mexican American		White	
	<12y	>12y	<12y	>12y	<12y	>12y
Males	29	29	39	40	39	36
Females	55	51	53	47	39	38
		Total	Total	Total	Total	Total
		31	40	49	30	34
		52	49	30	30	35

\* Overweight is defined as  $\geq 27.8$  kg/m<sup>2</sup> for men and  $\geq 27.3$  kg/m<sup>2</sup> for women.  
Source: NCHS/CDC NHANES III Phase 1, 1988-1991.<sup>760</sup>

TABLE III.A.3.b:

**PREVALENCE OF OVERWEIGHT\* IN U.S. ADULTS, BY RACE/ETHNICITY, GENDER, AND ANNUAL FAMILY INCOME, 1988-1991**

Gender	Black		Mexican American		White	
	<\$10K	\$10-29,999	<\$10K	\$10-29,999	<\$10K	\$10-29,999
Males	23	31	33	39	33	35
Females	53	50	52	51	43	35
		Total	Total	Total	Total	Total
		42	40	40	36	31
		49	49	42	37	27
		49,999	49,999	49,999	49,999	49,999

\* Overweight is defined as  $\geq 27.8$  kg/m<sup>2</sup> for men and  $\geq 27.3$  kg/m<sup>2</sup> for women.  
Source: NCHS/CDC NHANES III Phase 1, 1988-1991.<sup>760</sup>