

ALCOHOL ABUSE SCREENING ASSESSMENT TOOL

(CAGE)

Chart #


Exam date:

Name:

Birth date:

“CAGE” score:

Tolerance score:

	YES	NO	
	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever felt like <u>cutting</u> down on your drinking?
	<input type="checkbox"/>	<input type="checkbox"/>	Have people made you <u>angry</u> by talking about your drinking?
	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever felt <u>guilty</u> about your drinking?
	<input type="checkbox"/>	<input type="checkbox"/>	Do you ever need a drink first thing in the morning to have enough <u>energy</u> or to feel ready for the day?
CAGE SCORE =			<i>Add all of the “yes” responses to obtain the CAGE score. If it is 2 or greater inform the patient that he/she probably has an alcohol problem. Make appropriate referrals.</i>
Tolerance Score =			How many drinks does it take for you to feel high or drunk? <i>If the response is 3 or greater inform the patient that he/she probably has an alcohol problem. Make appropriate referrals.)</i>

Guidelines for referral:

- ◆ CAGE score of 2 or more.
- ◆ Tolerance score of 3 or more.
- ◆ Two drinks per day or total of 45 drinks per month.
- ◆ More than two binges during a one-year period (i.e. 5 or more drinks on any one occasion).
- ◆ Patient identifies self as being at risk (*may not be drinking at the moment*) because of drinking history, environment, or lack of social support in which to stop drinking.

If patient agrees he/she has a problem, provide the following information:

- ◆ Alcohol Rehab: 679-3392
- ◆ Red Lake Hospital Social Services: 679-3912
- ◆ Suggest attending the nearest AA group of his/her choice.