

# The Collaborative Mercury Research Network

An ecosystem approach to describe the  
mercury issue in Canada: From mercury  
sources to human health

The logo for the Collaborative Mercury Research Network (COMERN) is displayed within a white rectangular box. The word "COMERN" is written in a bold, blue, sans-serif font. The letter "O" is replaced by a red circle with a white drop shape inside, resembling a mercury droplet. Below "COMERN", the full name "Collaborative Mercury Research Network" is written in a smaller, black, sans-serif font.

**COMERN**  
Collaborative Mercury Research Network

## **A few numbers:**

- **Over 60 researchers and Hg specialists**
- **from 14 Canadian universities**
- **in 7 provinces**
- **3 research centers**
- **7 ministries (provincial and federal)**
- **Involvement of over 150 « Canadian » graduate students, discovering the beauties of interdisciplinarity and ... multiculturalism**
- **Active participation of First Nations and non First Nations communities**

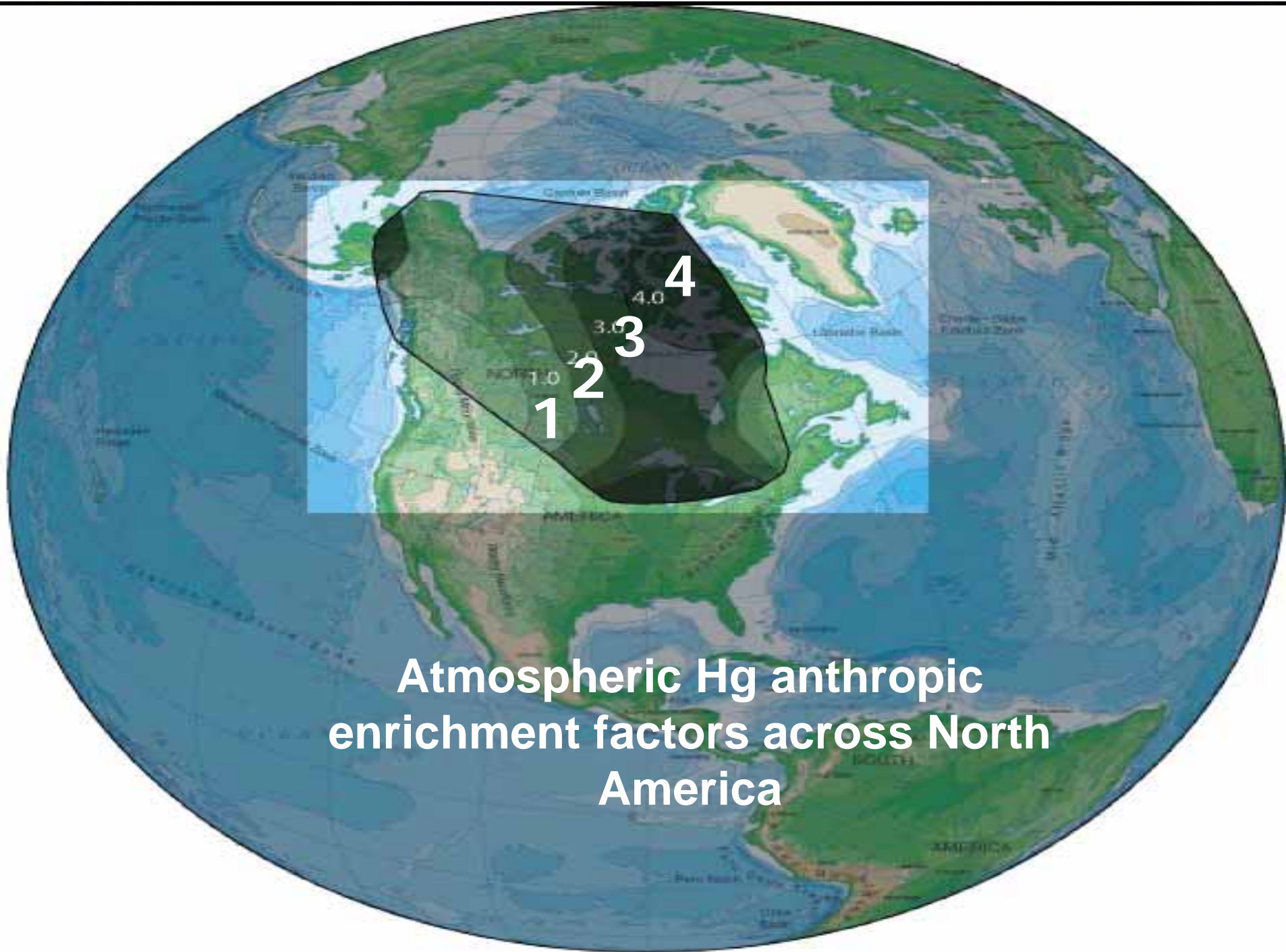


**Funding Over 5 Years**

**12.7 M\$ from NSERC**  
**Total budget: 18 M\$**

# Preconceived ideas regarding Mercury in Canada:

- High mercury concentrations in fish caught in “polluted” areas, near industries, cities or downwind major industrial-urban centers
- Most exposed people are found in communities traditionally eating wild fish from these areas
- In the absence of Hg “point source”, there is a direct relationship between Hg atmospheric loading and ecosystems response



**Atmospheric Hg anthropic enrichment factors across North America**

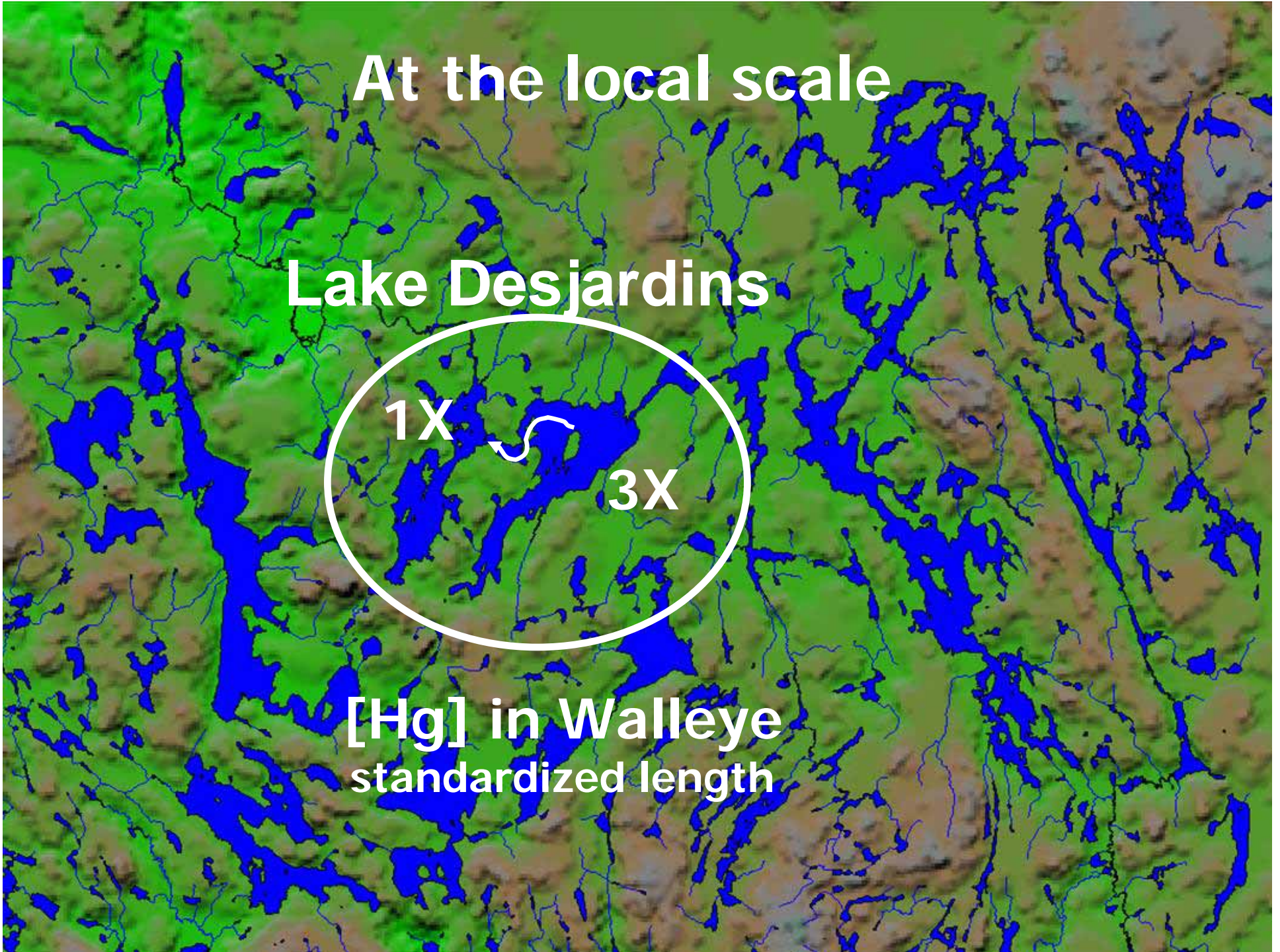
At the local scale

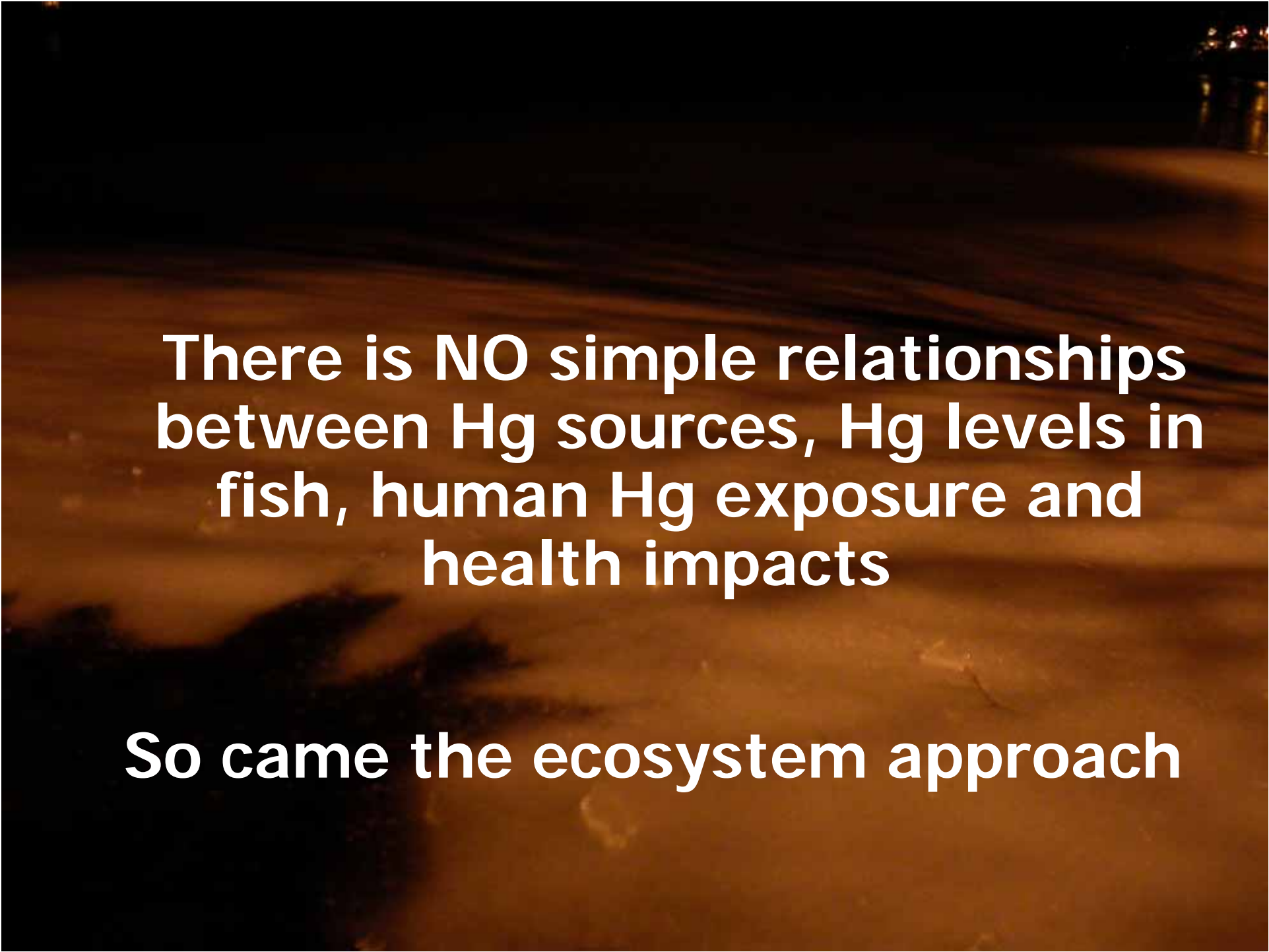
Lake Desjardins

1X

3X

[Hg] in Walleye  
standardized length





**There is NO simple relationships  
between Hg sources, Hg levels in  
fish, human Hg exposure and  
health impacts**

**So came the ecosystem approach**

A photograph of a winter scene. The foreground and middle ground are filled with snow-covered branches and trees. In the background, a stream flows through a narrow channel, surrounded by more snow-covered vegetation. The overall atmosphere is cold and serene.

**The structure of our  
research plan**

**A unique combination of  
critical gap studies  
feeding...**



... and case studies  
with the involvement of communities





**How does this work?**



**Understanding the  
ecosystem as a whole...**



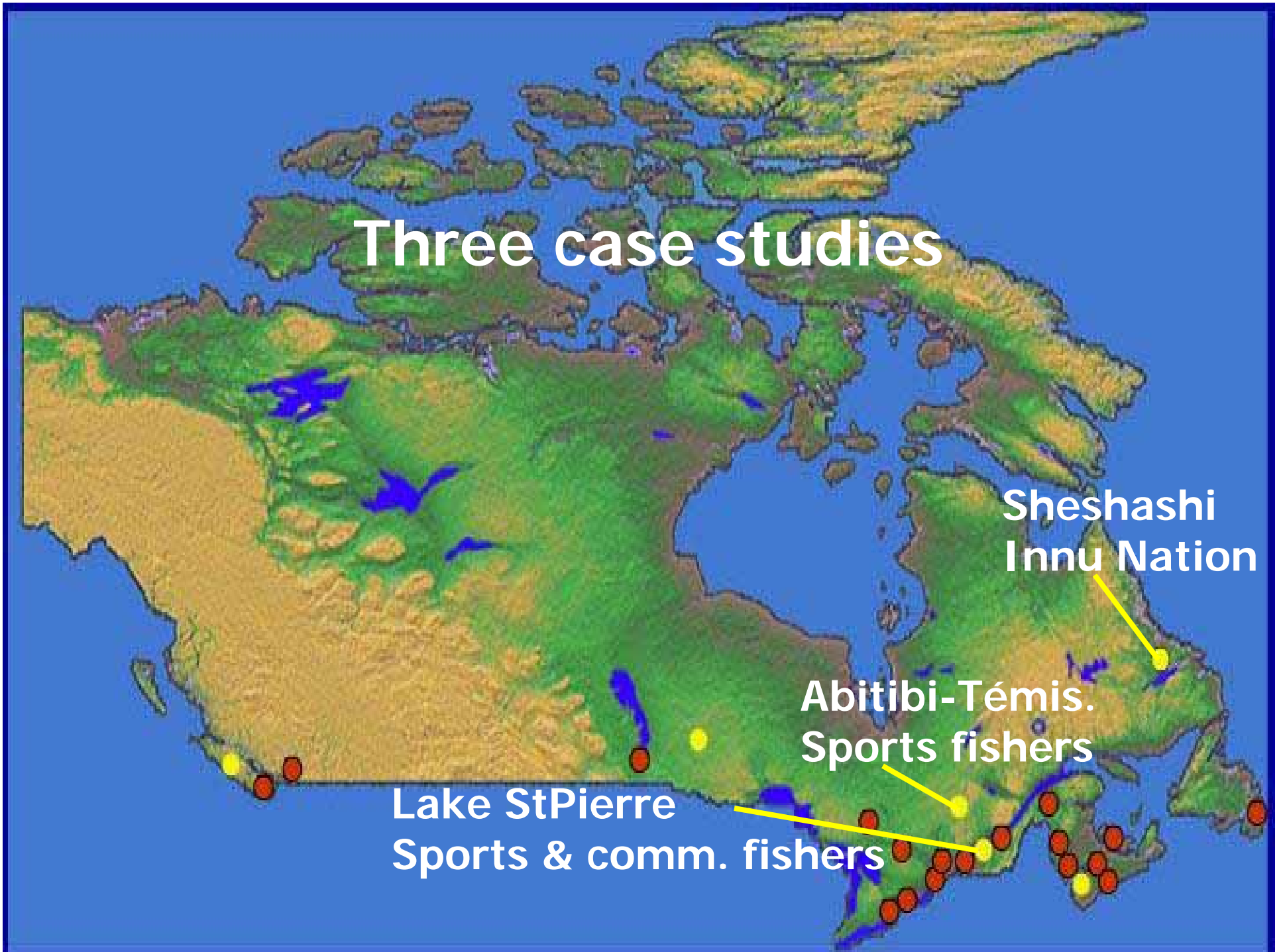
**Including humans...**

# Three case studies

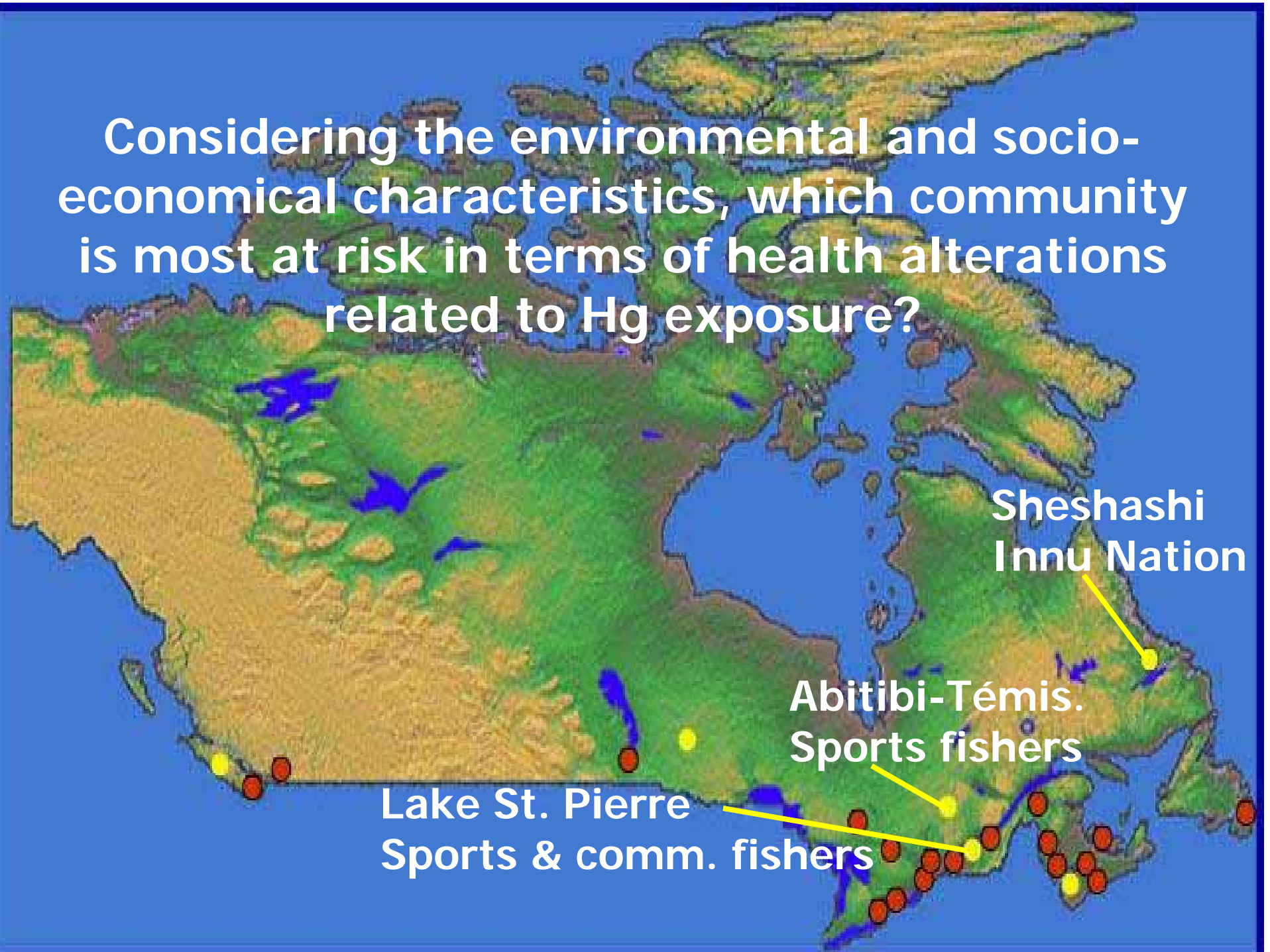
Sheshashi  
Innu Nation

Abitibi-Témis.  
Sports fishers

Lake StPierre  
Sports & comm. fishers



Considering the environmental and socio-economical characteristics, which community is most at risk in terms of health alterations related to Hg exposure?



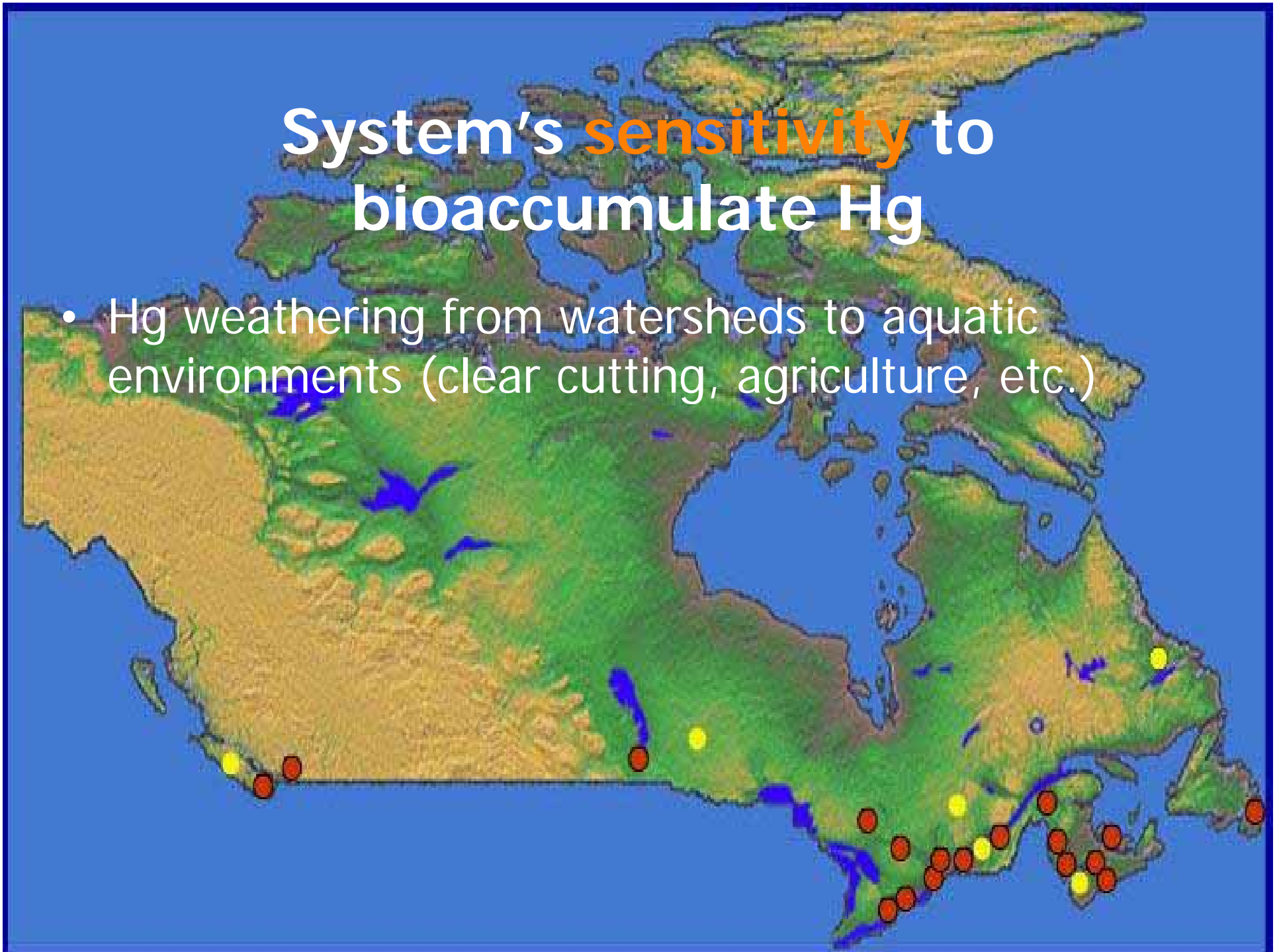
Sheshashi  
Innu Nation

Abitibi-Témis.  
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# System's **sensitivity** to bioaccumulate Hg

- Hg weathering from watersheds to aquatic environments (clear cutting, agriculture, etc.)

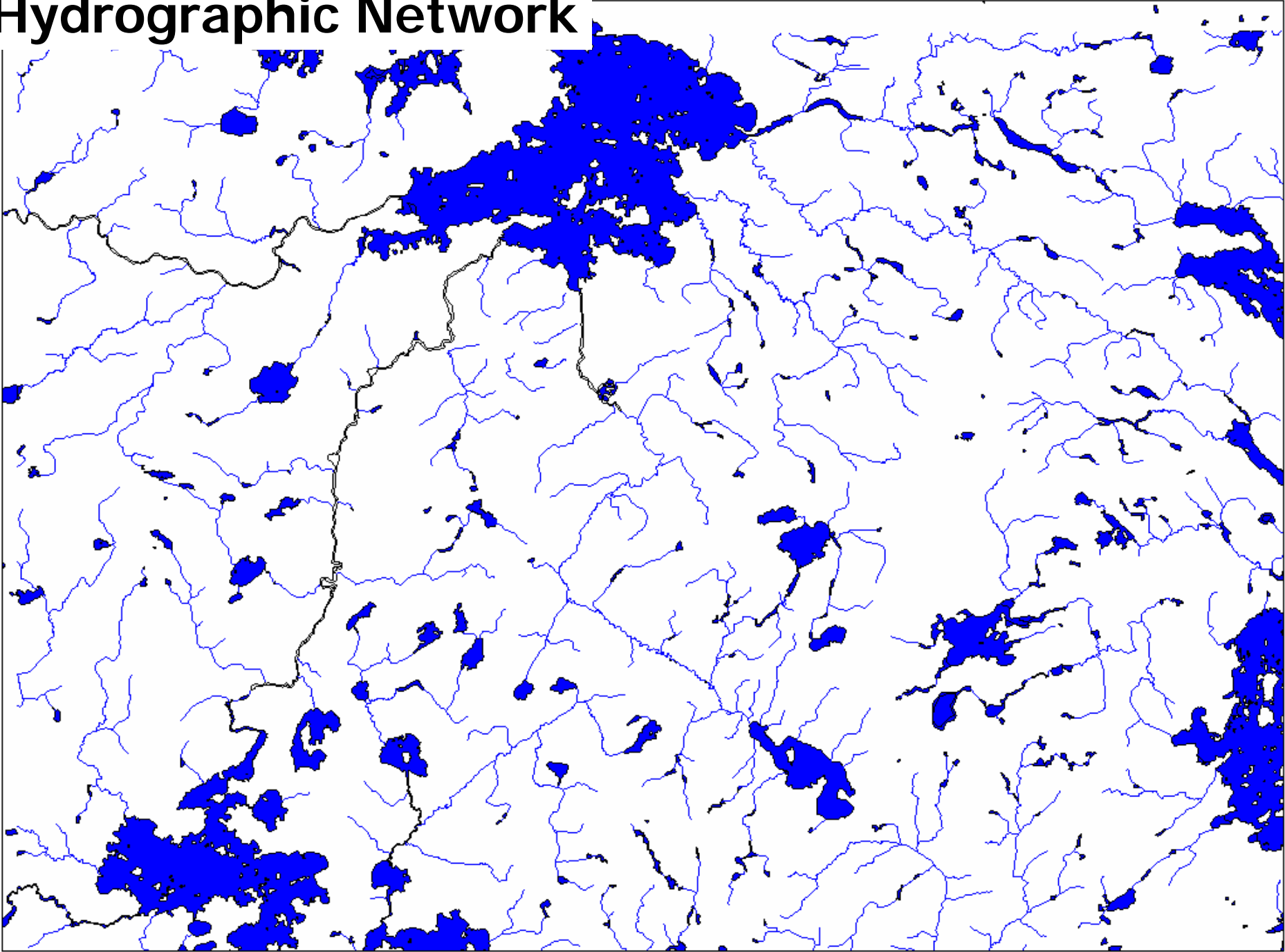


## Lakes under study

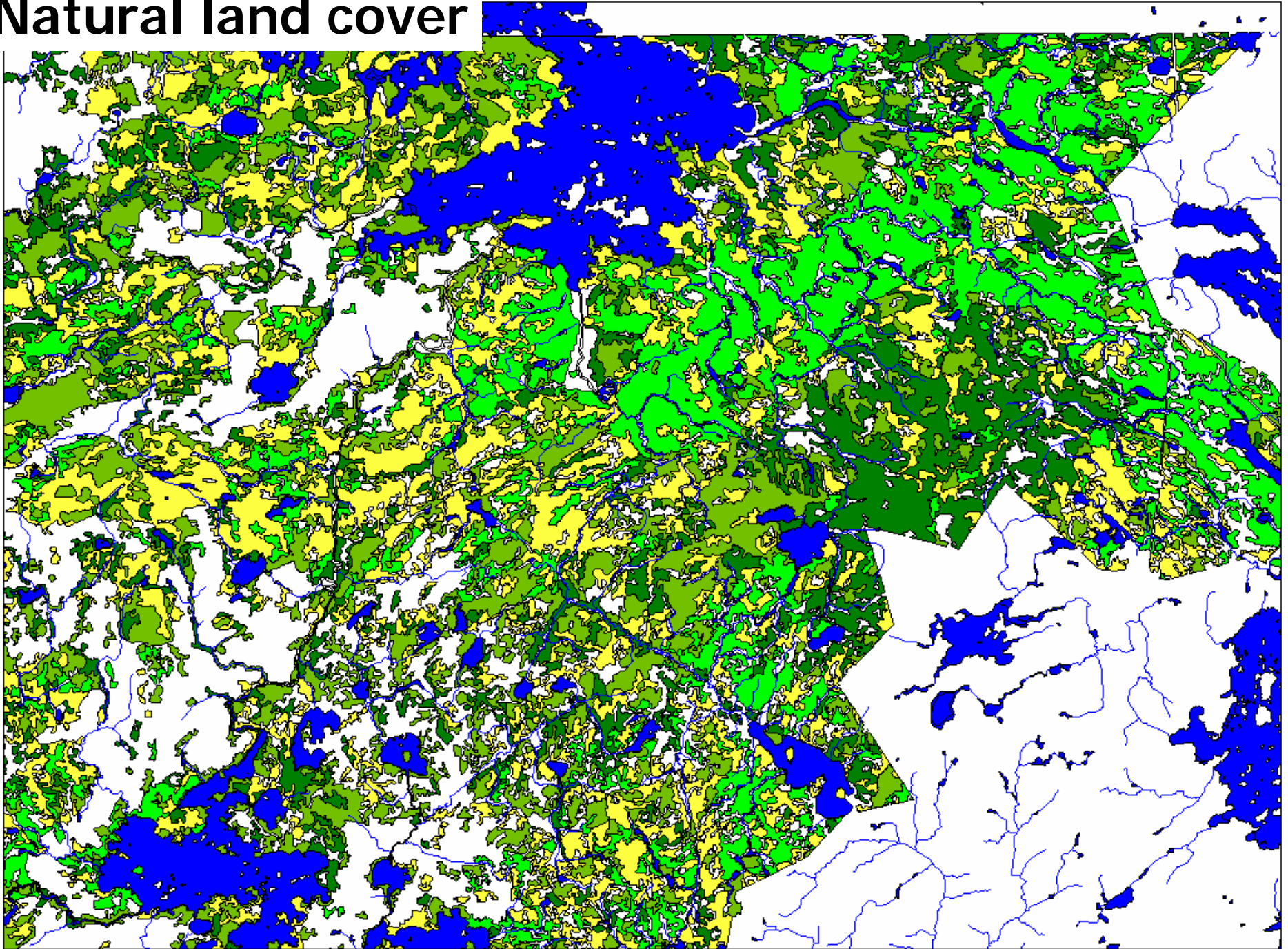
	Malartic	Dupar-quet	Preissac	Noname	Panch	Rocky pond	Shipiskan	St. Pierre
Region	Abitibi			Labrador				St. Lawrence
Lake area (ha)	11440	4847	8251	2743	1407	621	1721	31130
Watershed area (10 <sup>3</sup> ha)	307,1	172,4	99,4	36,2	131,4	30,7	360,4	75050
Mean slope (%)	3,00	5,24	1,06	2,73	5,08	2,43	3,70	2,3*
Ratio lake /watershed	27	36	12	13	93	50	209	2411
Wetland area (% watershed)	8	3	5	NA	NA	14	NA	1*
Exploitation	Sports-fishing	Sports-fishing	Sports-fishing	Subsistence	Subsistence	Subsistence	Subsistence	Sports Commercial
agriculture (% watershed)	3	1	1	0	0	0	0	27
Forestry (% watershed)	3	7	2	0	0	0	0	NA
Population density (nb/km <sup>2</sup> )	1 to 9,9	1 to 9,9	1 to 9,9	0 to 0,9	0 to 0,9	0 to 0,9	0 to 0,9	10 to 69,9
Ethnic groups	Caucasian & First Nations	Caucasian & First Nations	Caucasian & First Nations	Innu	Innu	Innu	Innu	Caucasian



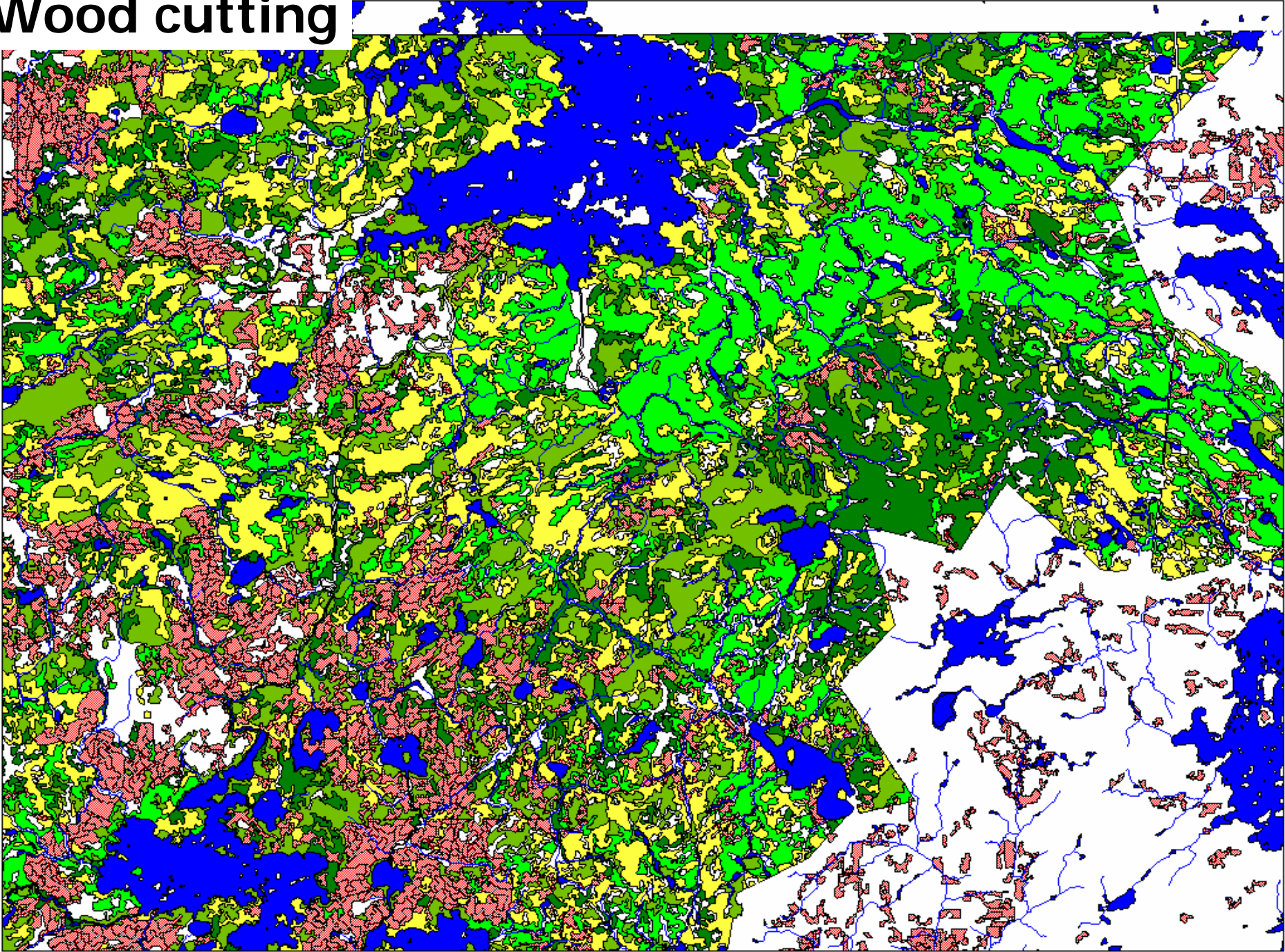
# Hydrographic Network



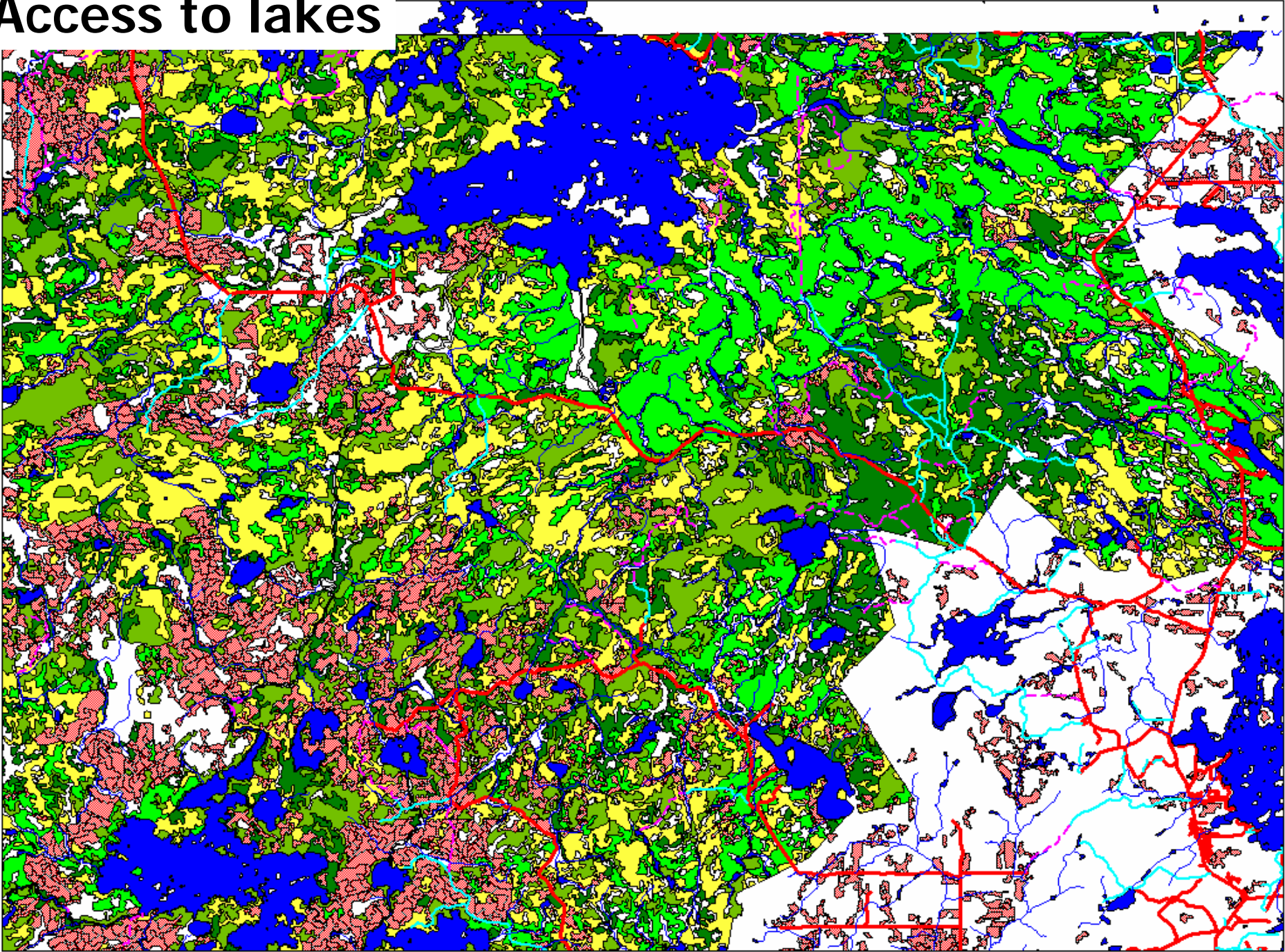
# Natural land cover



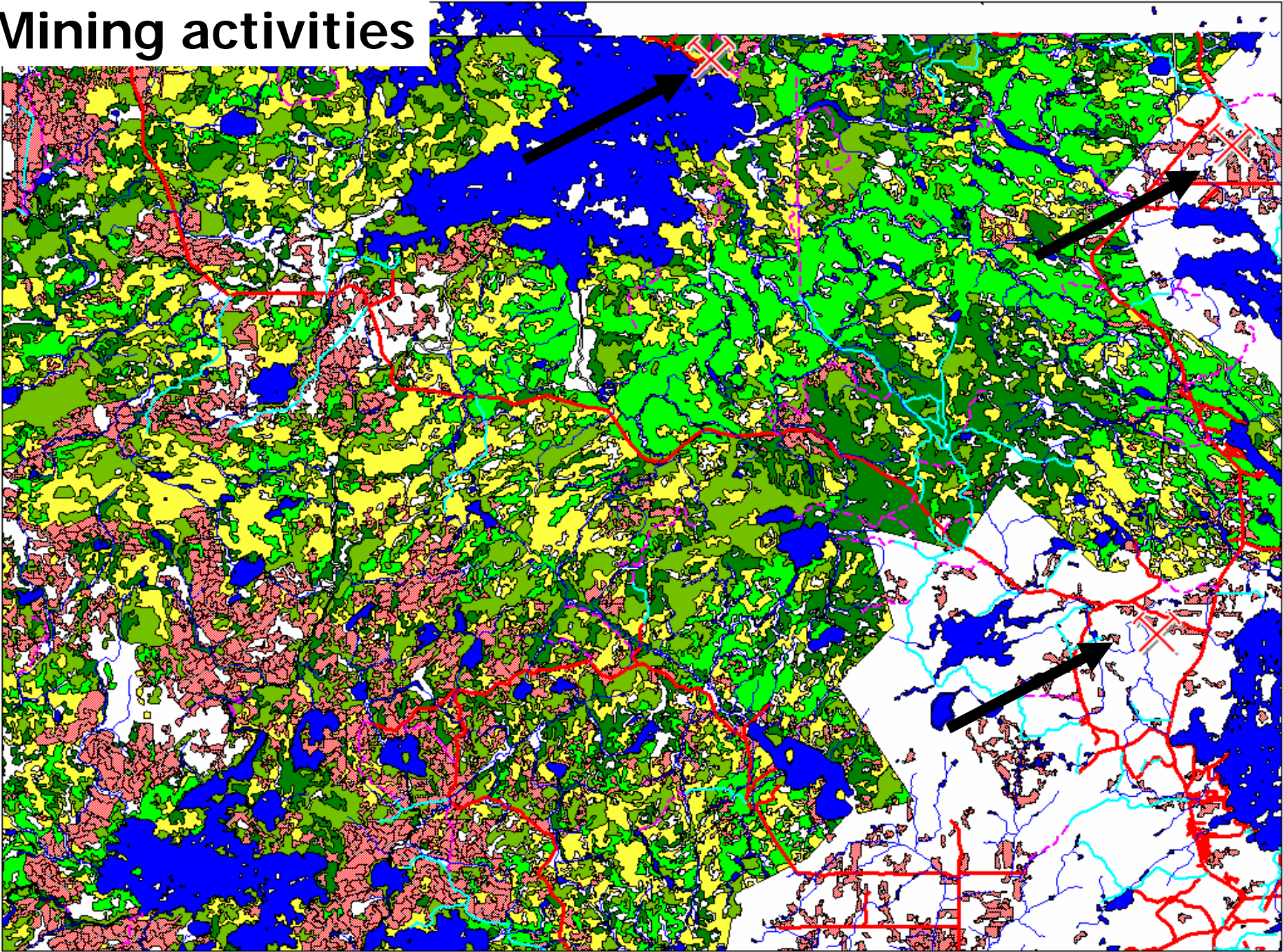
# Wood cutting



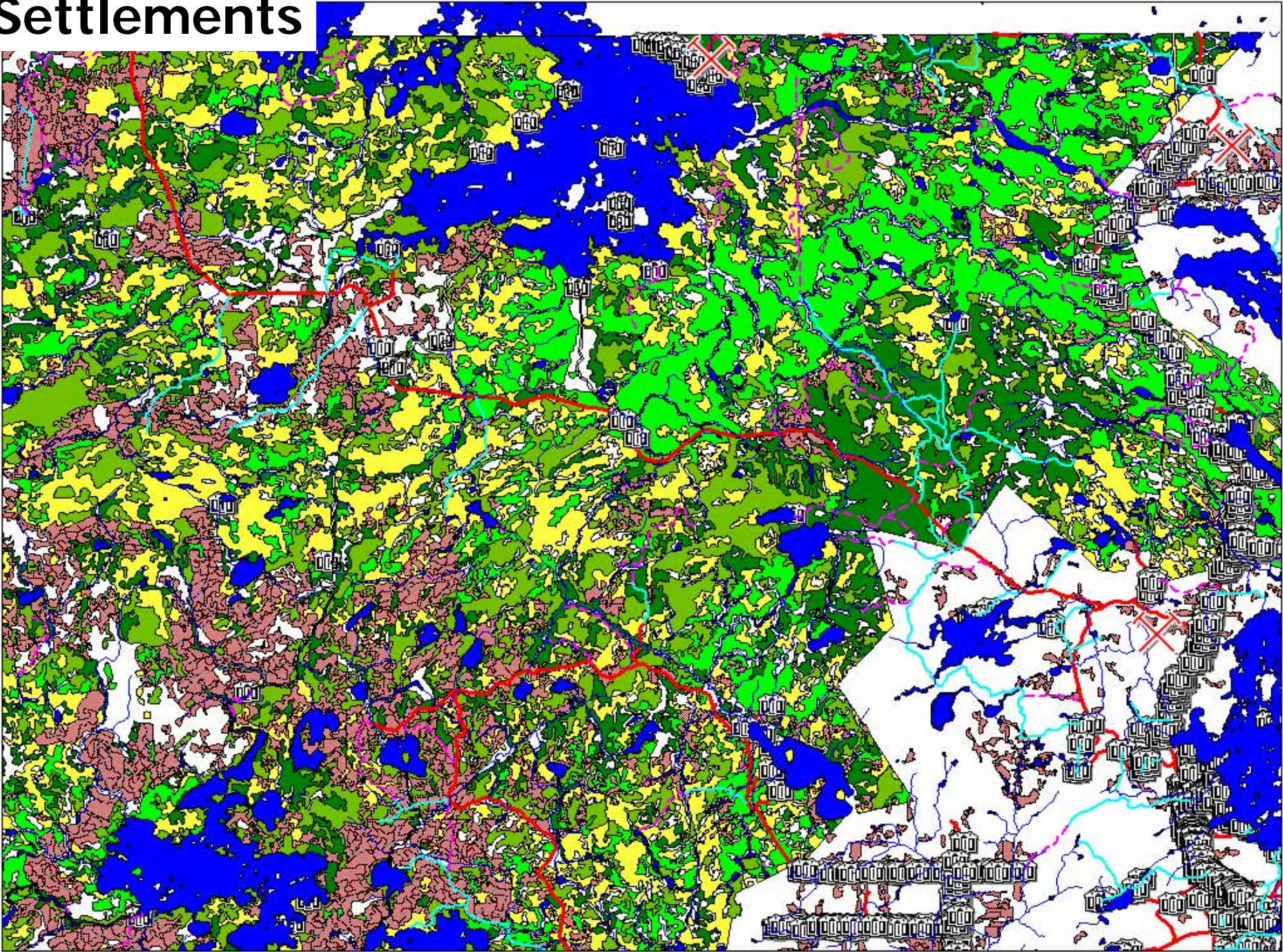
# Access to lakes



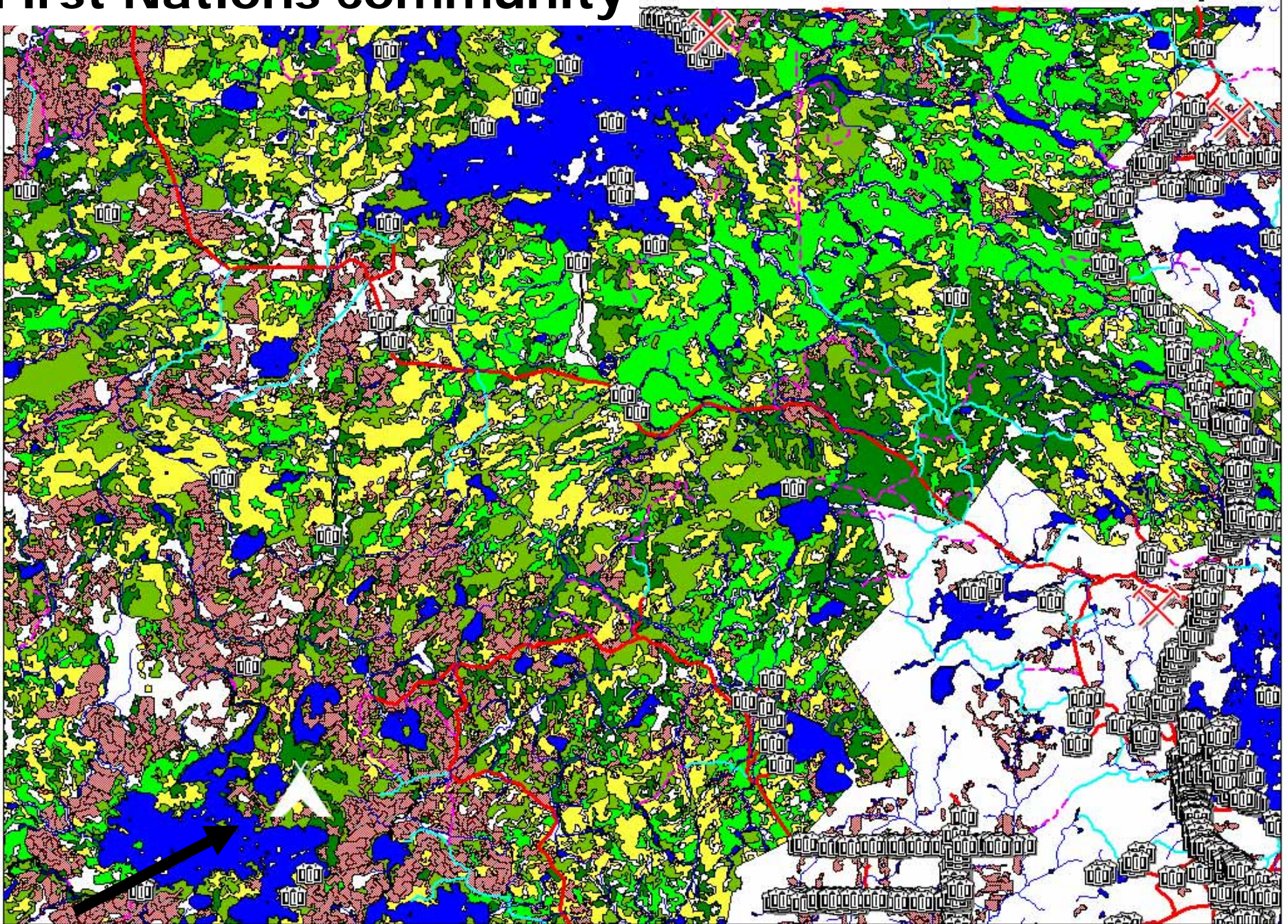
# Mining activities



# Settlements

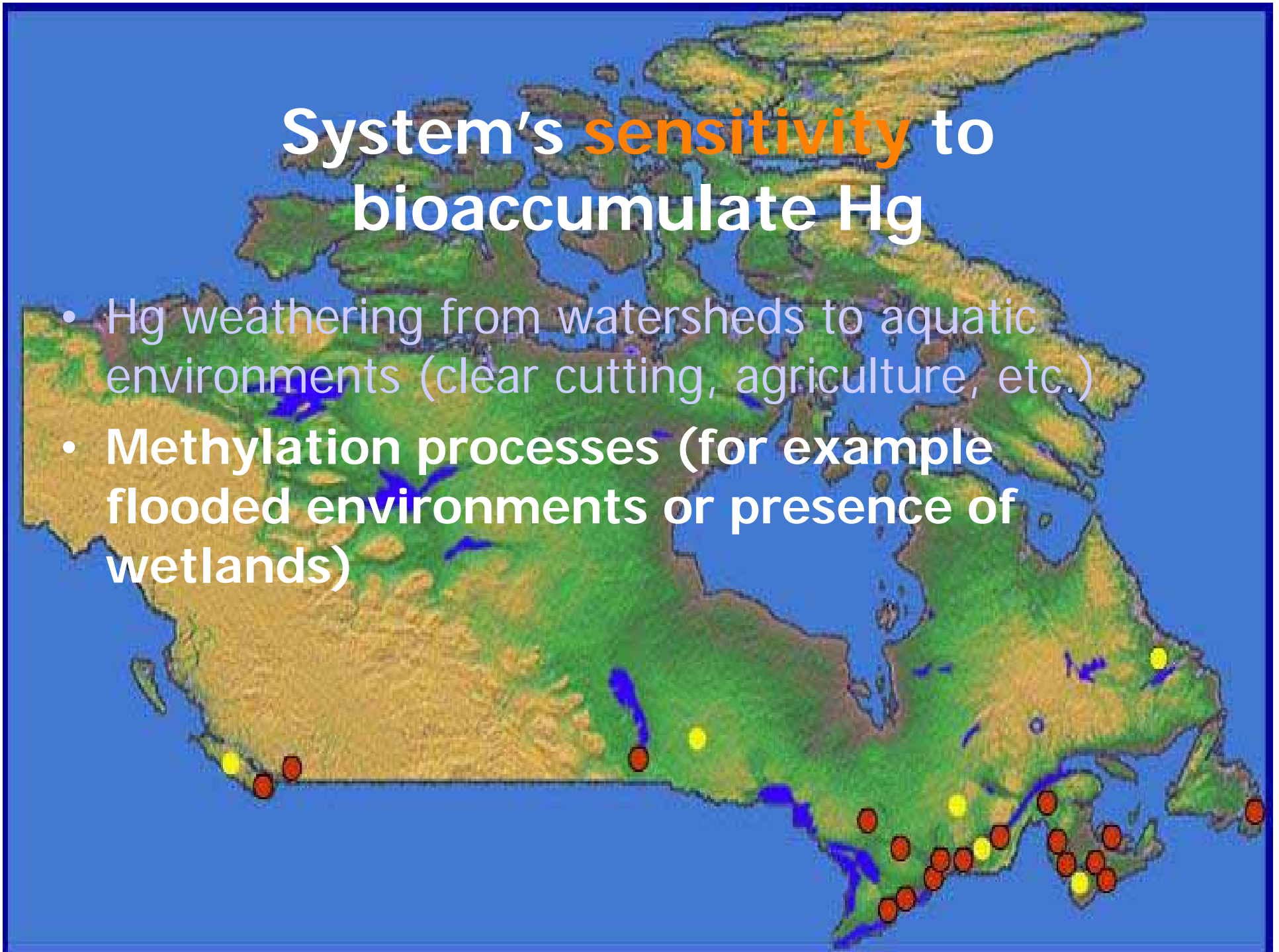


# First Nations community



# System's **sensitivity** to bioaccumulate Hg

- Hg weathering from watersheds to aquatic environments (clear cutting, agriculture, etc.)
- **Methylation processes** (for example flooded environments or presence of wetlands)

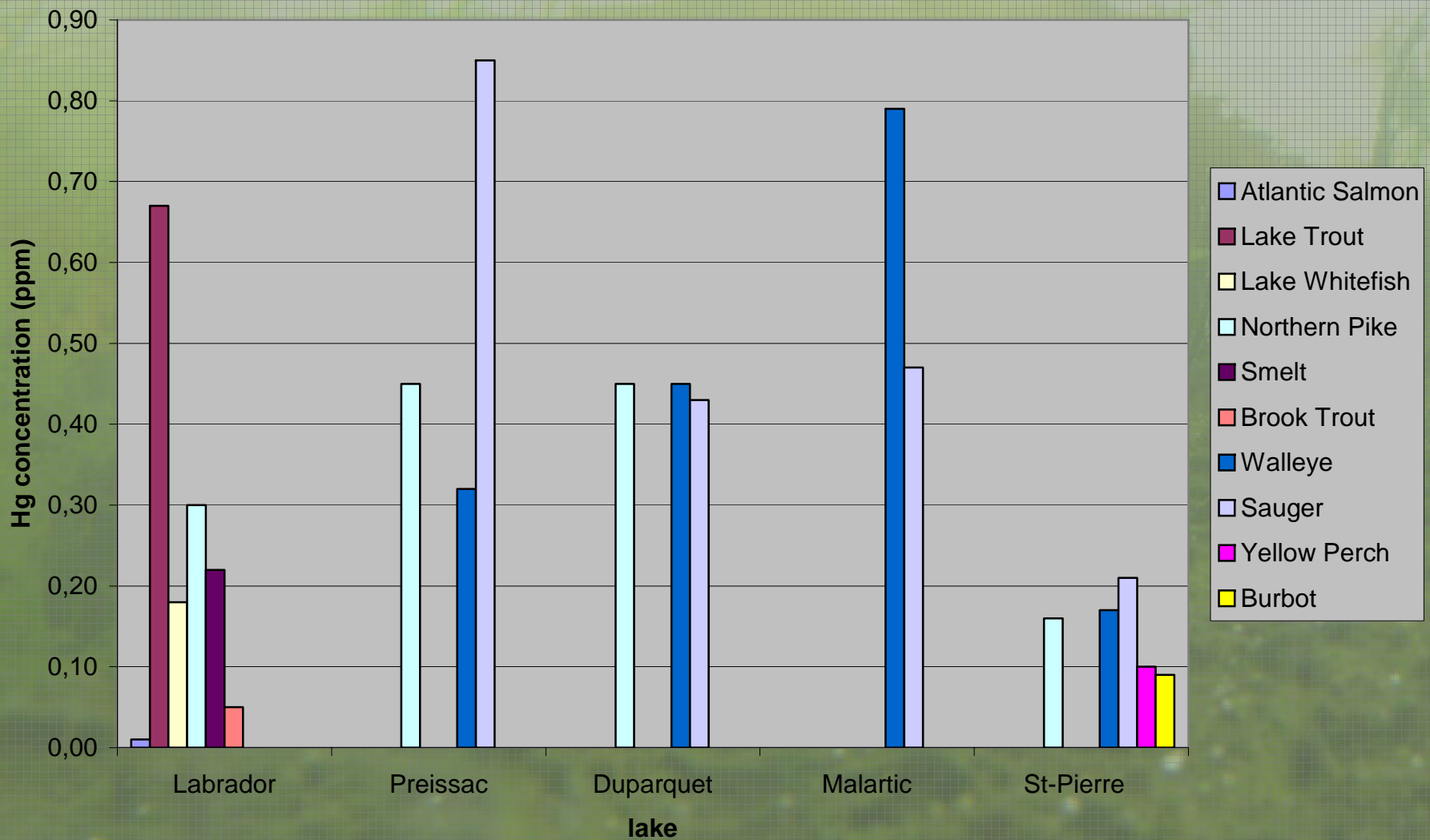




## Lakes under study

	Malartic	Du-parquet	Preis-sac	Noname	Panch	Rocky Pond	Shipiskan	St. Pierre
Region	Abitibi			Labrador				St Lawrence
Water color (Pt mg/L)	<b>83,7</b>	58,5	58,5	5,9	<b>1,7</b>	6,3	2,1	50,1
PO4 (umol / l -- P)	0,66	0,68	0,44	NA	NA	NA	NA	1,48
DOC (ppm -- C)	10,86	10,92	9,05	NA	NA	NA	NA	7,67
Diss. Hg (ng/L)	1,19	1,67	<b>0,75</b>	<b>2,8</b>	2,2	2,7	2,2	1,10
pH	7,0	7,4	7,1	<b>5,8</b>	6,0	5,9	6,3	<b>7,6</b>
Conductivity (µS/cm)	85,99	95,45	110,00	16,52	NA	18,00	35,92	317,24
SPM (mg/L)	11,85	11,58	3,65	1,55	0,21	0,93	0,14	18,61
Hg SPM (ppb)	116,50	349,70	155,20	NA	NA	NA	NA	548,33
chl@	3,07	4,52	3,16	2,68	0,82	1,94	<b>0,67</b>	<b>4,78</b>
Hg Atm. loadings ug/m2/yr	<b>5</b>			<b>5</b>				<b>4.1</b>

## Hg concentration in fish species from lakes of different regions

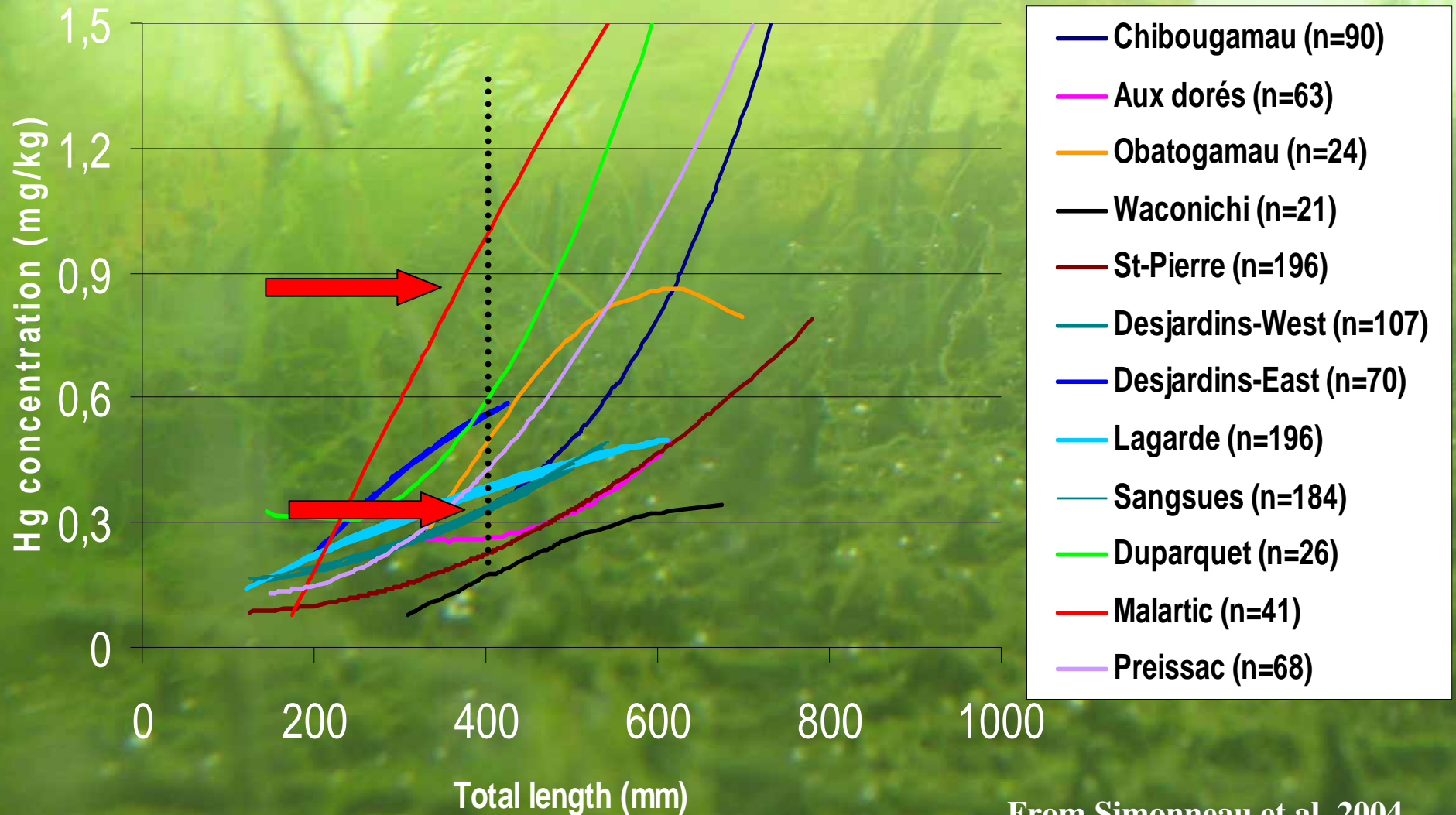


# System's sensitivity to bioaccumulate Hg

- Hg weathering from watersheds to aquatic environments (clear cutting, agriculture, etc.)
- Methylation processes (presence of wetlands)
- **Structure of aquatic trophic web**

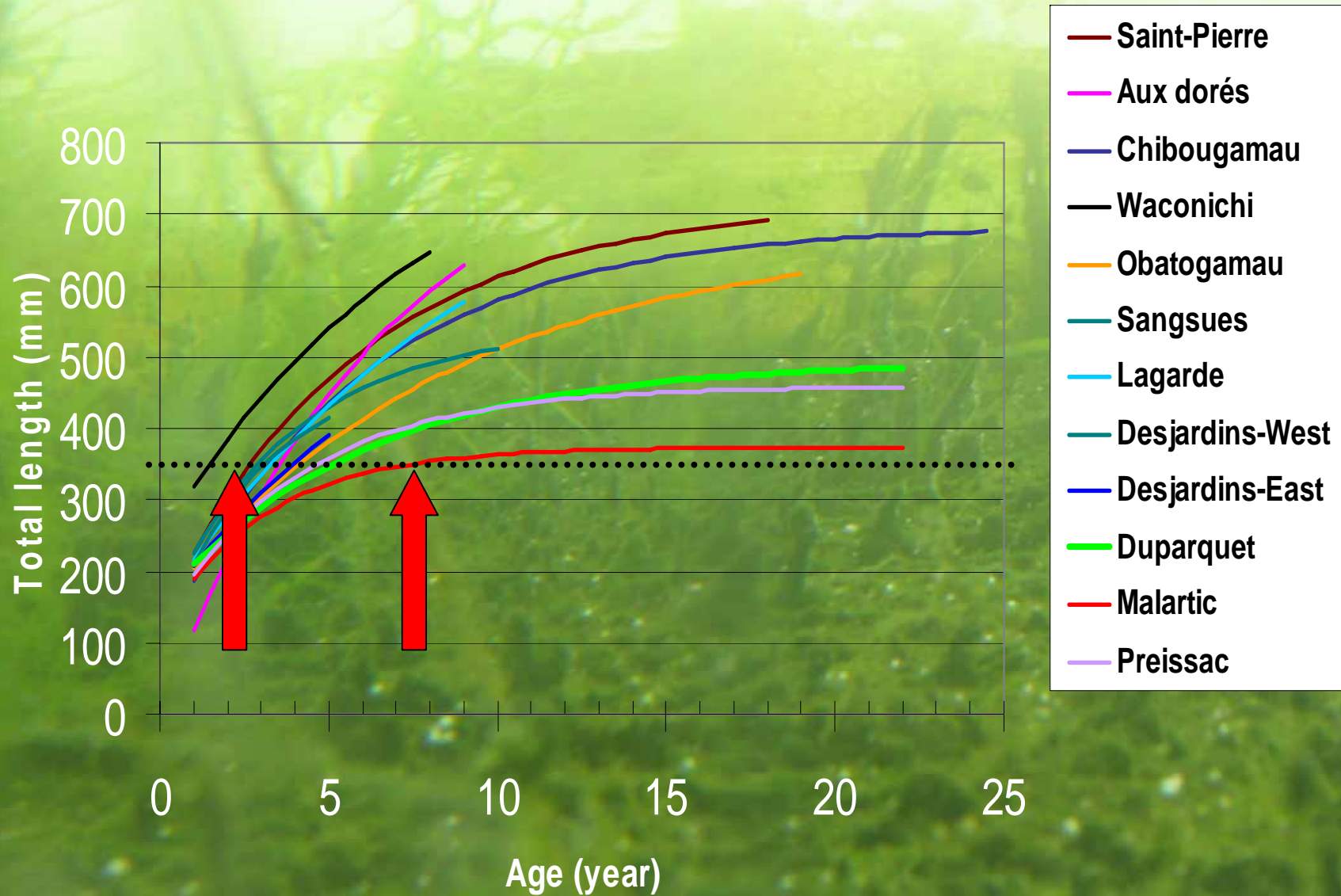


# Walleye total length versus Hg concentration



From Simonneau et al, 2004

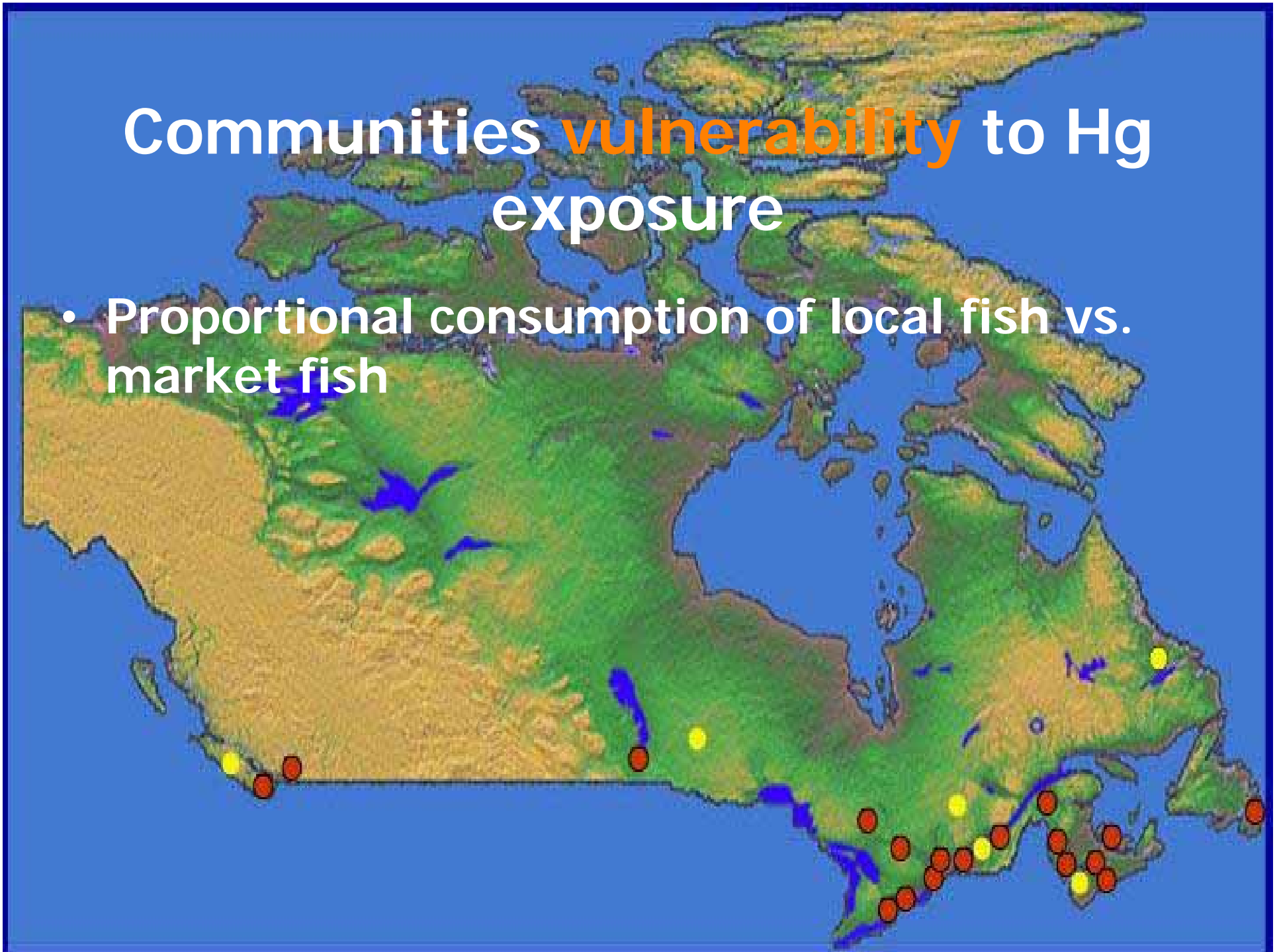
# Walleye Growth



From Simonneau et al, 2004

# Communities **vulnerability** to Hg exposure

- Proportional consumption of local fish vs. market fish



Region	Lakes	Species	Standard length (mm)	Hg levels (ppm)	% of total fish meals from the regions	Food web structure
Labrador	Data combined	Atlantic Salmon <sup>2</sup>	715	0.01	100 %	Salmonidae Simple
		Lake Trout	590	0.67		
		Lake Whitefish	420	0.18		
		Northern Pike	660	0.30		
		Smelt <sup>2</sup>	170	0.22		
		Brook Trout	440	0.05		
Abitibi	Preissac	Walleye	350	0.32	47,8% Other sources : Tuna : 7,2% F.W. fish: 11,7% Mar. fish : 35,3% Seafood: <1%	Percidae Simple
		Sauger	350	0.85		
		Northern Pike	545	0.45		
	Duparquet	Walleye	350	0.45		
		Sauger	350	0.43		
		Northern Pike	545	0.45		
	Malartic	Walleye	350	0.79		
		Sauger	350	0.47		
		Northern Pike	545	NA		
St. Lawrence	St. Pierre	Walleye	350	0.17	44% Other sources : Tuna : 4,9% F.W. fish:11,7% Mar. fish : 24,4% Seafood:15%	Percidae Complex
		Sauger	350	0.21		
		Northern Pike	545	0.16		
		Yellow Perch	155	0.10		
		Burbot	253	0.09		

# Hg in market fish...

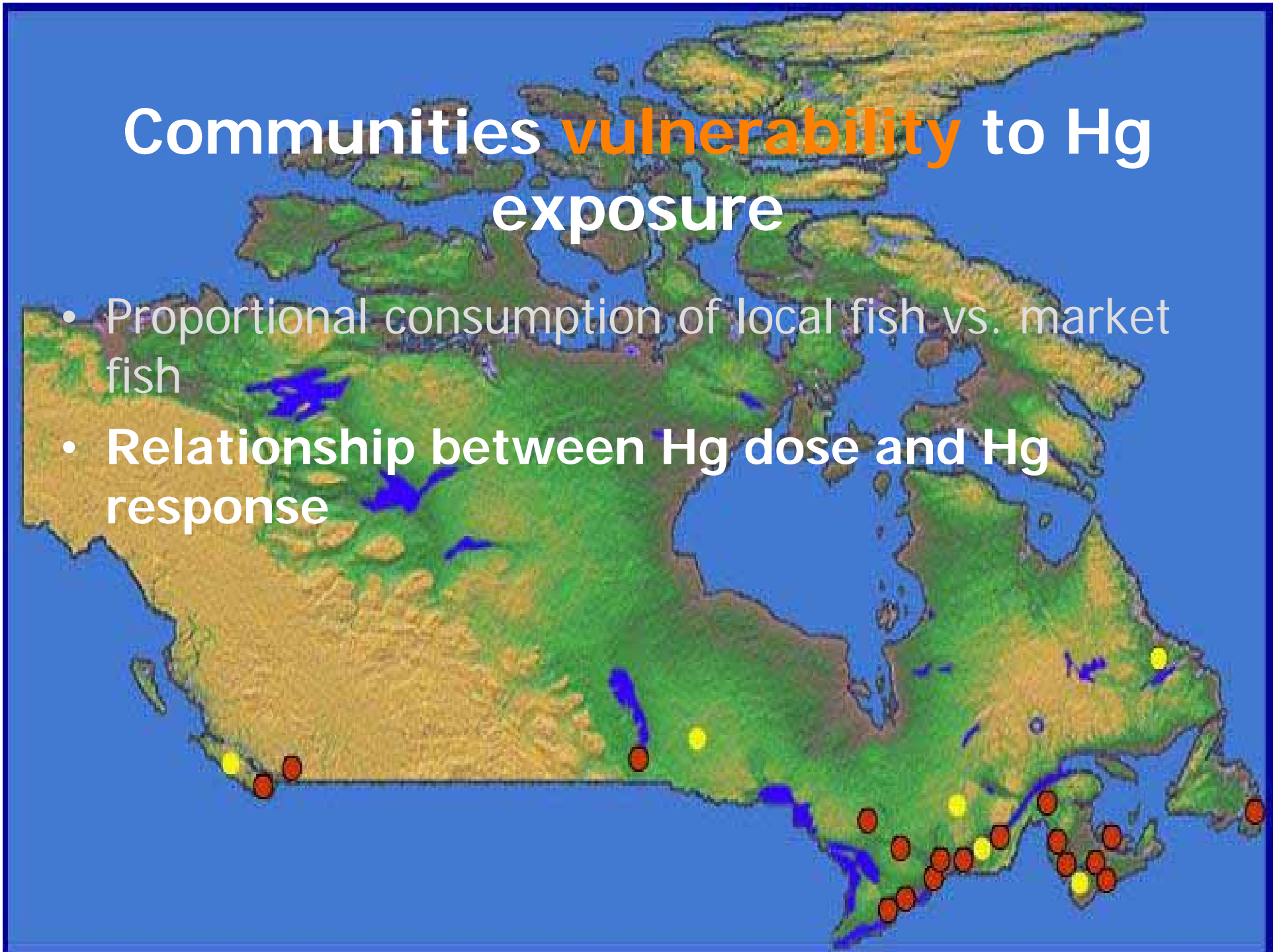
- MeHg in canned pale tuna\*: 0.02 to 0.16 ppm
- MeHg in canned white tuna\*: 0.15 to 0.7 ppm
- MeHg in fresh tuna\*\*: 0.2 to 1.3 ppm
- MeHg in fresh swordfish\*\*: 0.7 to 3.7 ppm
- MeHg in fresh mackerel\*\*: 0.1 to 1.7 ppm
- MeHg in fresh shark\*\*: 0.05 to 4.5 ppm

(\* COMERN 2003; \*\*FDA 2002)



# Communities **vulnerability** to Hg exposure

- Proportional consumption of local fish vs. market fish
- Relationship between Hg dose and Hg response



Region	Number fish meals local (3 months)	Number fish meals all sources (3 months)	Calculated mean Hg level in fish diet (ppm)	Calculated daily exposure (ugHg/day/kg bodyweight)	Modeled Hg levels in hair using calculated exposure (ppm)	Measured Hg levels in hair (ppm) (first 3 cms)
St. Lawrence	7,3	16,6	0,09	0,033	0,6	0,8 (SD 0,97)
Abitibi	8,1	16,9	0,27	0,100	1,6	0,8 (SD 1,47)
Labrador	46,9	46,9	0,25	0,243	4,1	0,4 (SD 0,39)

**COMING BACK ON THE  
THREE CASE STUDIES...**

**Sheshashi  
Innu Nation**

**Abitibi-Témis.  
Sports fishers**

**Lake StPierre  
Sports & comm. fishers**



# Mercury in « polluted » lake St Pierre

## SENSITIVITY

- 😞 Industrial inputs of Hg and other pollutants
- 😞 Downwind atm. inputs of Hg and other pollutants
- 😞 Surrounding wetlands as active Hg methylation sites

## VULNERABILITY

- 😞 Frequent consumption of local fish
- 😊 Fast growing fish

# Mercury in « pristine » subsistence fishing lakes of Labrador

## VULNERABILITY

- 😞 Heavy consumption of local fish
- 😊 Low dose-response to Hg of the Innu community

## SENSITIVITY

- 😞 Slow growing fish
- 😞 Small Fishing intensity
- 😞 Atmospheric Hg reactivity at high latitudes
- 😊 Small inputs of Hg from watershed

# Mercury in « pristine » sports fishing lakes of the Canadian Shield

## SENSITIVITY

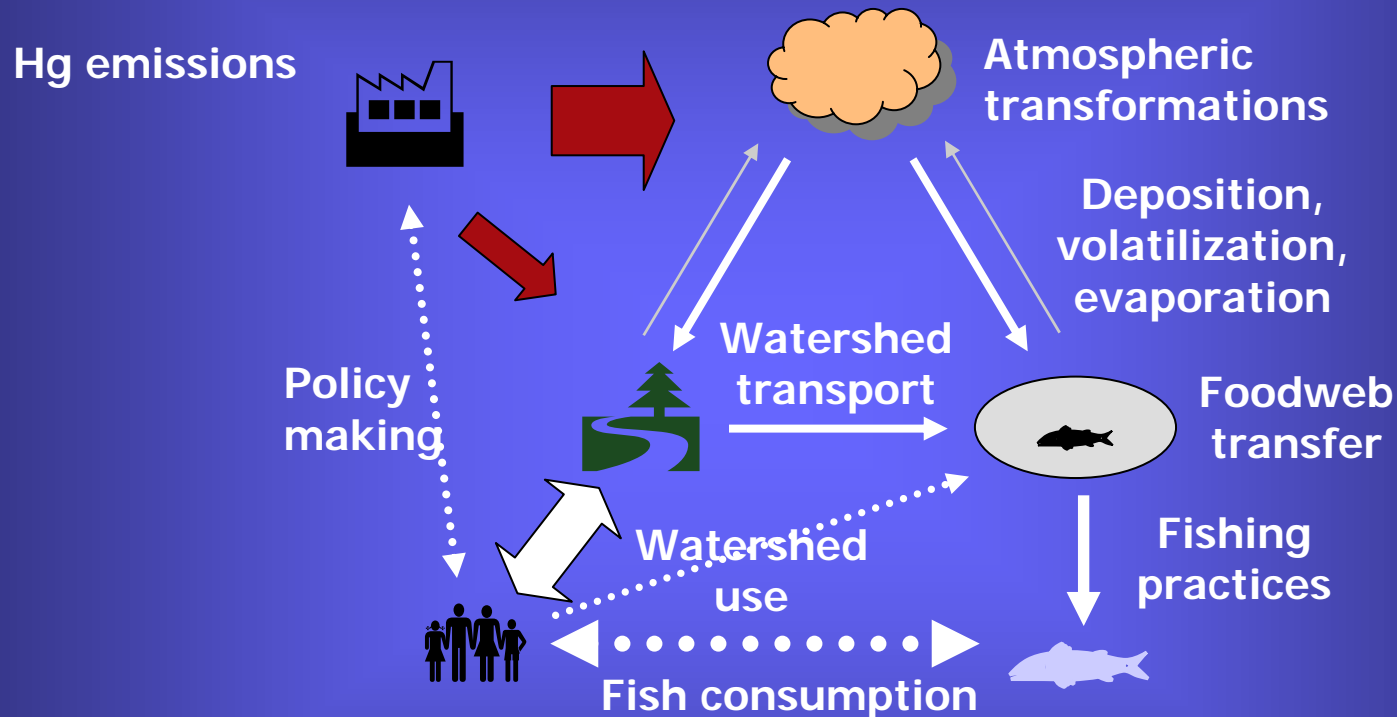
- 😊 Low inputs of Hg from watersheds
- 😊 Unfavorable methylation conditions
- 😊 Moderate fishing intensity
- 😞 Slow growing fish

## VULNERABILITY

- 😞 Moderate local "trophy" fish consumption



# The **sensitivity** of ecosystems to Hg loadings



The **vulnerability** of communities to Hg exposure



**How is this achieved?**

**Involvement of communities**  
**Sharing of knowledge**



# Outcome

Empowerment of the  
communities on how to safely  
enjoy their fish meals



**COMERN**  
Collaborative Mercury Research Network

[www.unites.uqam.ca/comern](http://www.unites.uqam.ca/comern)

Labrador	118 participants			
	Fish meals	SD	minimum	maximum
fish meals/year				
Salmon	29.1	57.5	1	336
Lake Trout	40.7	117.0	1	1008
Arctic Char	44.7	102.6	1	536
Northern Pike	12.6	28.3	1	120
meals/spring	(total for three-months)			
Salmon	3.2	11.9	0	84
Lake Trout	11.9	34.7	0	252
Arctic Char	9.9	41.0	0	252
Northern Pike	3.8	12.4	0	60
Smelt	7.9	15.9	0	84
Brook Trout	10.0	21.8	0	168
Mean Hg levels in first 3cm of hair (ppm)				
mean	std	minimum	maximum	
0.39	0.39	0.2	2.47	

Lake St. Pierre	130 participants			
	Fish meals	SD	minimum	maximum
fish meals/year				
Yellow Perch	15,3	22,7	0	163
Walleye	13,0	16,4	0	112
Northern Pike	1,1	4,2	0	39
meals/spring	(total for three-months)			
Yellow Perch	3,7	9,3	0	76
Walleye	3,1	6,2	0	39
Northern Pike	0,5	3,5	0	39
Mean Hg levels in first 3cm of hair (ppm)				
mean	std	minimum	maximum	
0.83	0,97	0,04	5,23	

<b>Abitibi</b>	146 participants			
	Fish meals	SD	minimum	maximum
fish meals/year				
Walleye	18,1	21,8	0	96
Northern Pike	5,1	10,0	0	48
meals/spring	(total for three-months)			
Walleye	6,6	12,0	0	70
Northern Pike	1,5	3,1	0	12
Mean Hg levels in first 3cm of hair (ppm)				
mean	std	minimum	maximum	
0,78	1,47	0,01	13,47	

# **Building exemplary science**

**Breakthrough on the fractionation of Hg isotopes**

**Breakthrough on reactivity of newly deposited atmospheric Hg**

**Perfecting our understanding of Hg/organic matter interactions**

**Perfecting our understanding methylation processes**

**Developing usable models**

**Developing integration tools**



# Building exemplary science

Revising the human metabolic  
response to Hg exposure