



Basic Birding-480-350-5200-Learn to identify wild birds in the incredibly diverse environment of Arizona. Class instructed by Herb Fibel, President of the Maricopa Audubon Society. Three half-day field trips will be scheduled on the first night of class. Moderate amount of walking is required for field trips. Fee: \$24.

9369 18yrs+ W 10/1-11/12 7-8pm PAC

Gardening: Bulbs-480-350-5201-Bulbs are a beautiful, low maintenance way to add bursts of color to your garden. This class will teach you how to properly plant and care for your bulbs so that you can enjoy them for years to come. Fee: \$11.

13160 18yrs+ M 11/17 6-7pm KRC

Gardening: Citrus-480-350-5201-Want fresh orange juice? Grow it! Discover the varieties to give you sweet and juicy fruit. Proper tree care and pest control will also be included. Fee: \$11.

13161 18yrs+ M 10/6 6-7pm KRC

Gardening: Rose Gardens-480-350-5201-Roses add a special touch to any garden, and may be used as ground covers, climbers or shrubs. This class will get beginners started on their own rose gardens and provide intermediate gardeners with helpful hints. Topics include: proper planting, pruning, pest control and care. Fee: \$11.

13162 18yrs+ M 11/3 6-7pm KRC

Gardening: Vegetable Gardens-480-350-5201-Would you like to enjoy fresh, organic vegetables grown in your own backyard? Learn how to plant, fertilize, and care for your vegetable garden-naturally. Fee: \$11.

13060 18yrs+ M 10/20 6-7pm KRC

Hunter Education-480-350-5200-Arizona Game and Fish Department volunteers will instruct this course. Class will consist of 8 two-hour classroom sessions and a mandatory session at the firing range on 10/11, 7:45am-12 noon. Participants must be at least 10 years old in order to receive official certification. Families are encouraged to take the class together. Non-registered individuals are not permitted in class. Fee: Adult \$8 Youth \$4.

9373 10yrs+ T&W 9/16-10/8 6:30-8:30pm PAC

Rock Climbing and Rappelling-480-350-5200-Basic instruction on fundamentals and techniques of climbing, as well as knot tying and methods of belaying. Adults 18 years+ only. Participants need to arrive 15 minutes prior to class start time to be fitted for shoes and complete waiver form. Fee: \$44.

13000 18yrs+ W 10/8-10/22 6:30-9:30pm ROC

Junior Rowing

We offer a Junior Learn to Row class for ages 13-18. We are a competitive team training five days a week in preparation for races locally and around the country. We are always looking for new members to our team so come down to the lake and join one of the fastest growing sports in the country!

Float Test-All first time participants must complete a ten minute float test and watch a US Rowing Safety Video. If you have rowing experience but are new to the City of Tempe program you must fulfill this requirement. Please contact Alicia Stuebner for more information.-480-350-8069.

Pre-Season Junior Learn to Row-480-350-8069-This session will give athletes a chance to learn some of the basics of rowing before the team's season officially begins on September 2. Take the Learn to Row class and find out if rowing is for you. Fee: \$60.

13176 13yrs+ M-F 8/25-8/29 4-6pm TTL

Tempe Town Lake Junior Rowing Team-480-350-8069-Join the junior team and develop your rowing skills in a team sport environment. The novice year focuses on learning the rowing stroke and rowing fitness and will be eligible for our local race in October. The varsity rowers will fine tune their skills and prepare for races around the country. Float Test* will be held on 9/2 at a local pool for all first timers. Call to inquire about rolling enrollment. Fee: \$308.

13196 13yrs+ M-F 9/2-12/9 4-6pm TTL



Adult Rowing

Rowers 18 years and older are eligible for classes in three skill levels.

Beginners-In Learn to Row 1, individuals are introduced to the basics of rowing.

Open Rowing focuses on rowing for fitness and technical growth with an option of racing at local and regional regattas.

Competitive Rowing is for those who have had one or more years of rowing experience and some racing experience. This group focuses on competitive rowing and competing in local, regional and national regattas.

No Class October 11th for the Hot Head Regatta and November 23rd for the Ironman Triathlon.

Learn to Row-480-350-8069-Designed exclusively for first time rowers, this course will lead you through the basics of the sport of rowing. Safety, boat handling, proper rowing technique and initial fitness development are stressed. Participants must be able to pass the 10 minute float test* and have a basic level of fitness. The first class will meet at a local pool for the float test and safety video presentation. **Attendance of the first three classes is mandatory.** Fee: \$145.

13177 18yrs+ Sa/Su 9/6-10/19 8:30am-10:30am TTL

13178 18yrs+ T/Th 9/9-10/16 5:45-7:45pm TTL

13179 18yrs+ Sa/Su 10/25-12/7 8:30am-10:30am TTL

Learn to Scull-This class will teach the student the skills required to row a single, double and quad. It is designed for people with no sculling experience. No class October 11th for the Hot Head Regatta and November 23rd for the Ironman Triathlon. Prerequisite: Learn to Row. Fee: \$145.

13190 18yrs+ Sa/Su 9/6-10/19 8:30-10:30am TTL

13565 18yrs+ M/W 9/8-10/15 5:45-7:45pm TTL

13191 18yrs+ Sa/Su 10/25-12/7 8:30-10:30am TTL

Open Rowing and Sculling-This session brings all experienced rowers together. This course is taught by a staff of coaches for the multiple skill and fitness levels. Sweep rowers and scullers will be rowing along side each other with an opportunity to try either discipline. This class is designed for recreational rowers and competitive athletes. Open Rowing and Sculling allows open enrollment, call 480-350-8069 for info. Prerequisite: LTR 1 for Sweep Rowing; Learn to Scull for Scullers, plus Instructor approval.

13187 18yrs+ T/Th 9/2-12/11 5:45-7:45pm \$200 TTL

13188 18yrs+ Sa/Su 9/6-12/14 6:30am-8:30am \$207 TTL

Adult Competitive Rowing Program-Designed with the serious competitive athlete in mind. Rowers are taught racing techniques, strategy and boat speed development. This class will be building toward a competitive national racing schedule. Prerequisite: One year plus rowing experience, with some racing experience. Fee: \$285.

13171 18yrs+ M/T/Th 9/2-12/11 5:45-7:45pm TTL

Erg Fitness-Join this class with an interactive instructor who will lead you through the workout and hop off the erg to work with you on technique too! While there will be mixed experience levels in the class, the workouts will be tailored to the individual. Prerequisite: Learn To Row. Fee: \$60.

13172 18yrs+ M/W 9/8-10/1 6:45-7:45pm TTL

13173 18yrs+ M/W 10/13-11/5 6:45-7:45pm TTL

13174 18yrs+ M/W 11/17-12/10 6:45-7:45pm TTL

Beginning Kayaking-Ever wanted to learn how to roll a kayak? Arizona Canoe and Kayak classes are designed for beginners interested in learning how to paddle and roll kayaks. This 16 hour class teaches you how to fit and select gear, basic strokes, wet exits, bow rescues, Eskimo roll and boat handling technique in preparation for white water or sea kayaking. Bring your swimsuit and towel and prepare to have fun! Kayaks, equipment and PFD's provided. Fee: \$190.

13440 16yrs+ Sa/Su 11/08-11/16 1-5pm KRC

Moon Light Kayak Float-We'll fit boats, grab paddles and wear life jackets to launch under the full moon. Prior experience is not necessary. Bring your swim suit, towel and dry clothes and prepare to howl at the moon. Kayaks, equipment and PFDs will be provided. Must be 18 years or older to participate. Fee: \$30 if you need a boat, \$20 if you bring your own boat. Please register in advance at www.tempe.gov/brochure.

13184 18yrs+ Su 9/14 5:30-7:30pm TTLM

13185 18yrs+ F 10/17 7:15-9:15pm TTLM

13564 18yrs+ F 11/14 6:00-8:00pm TTLM