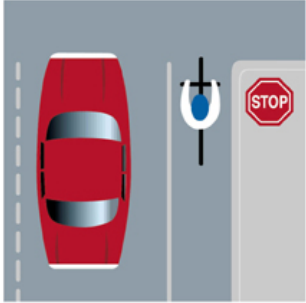

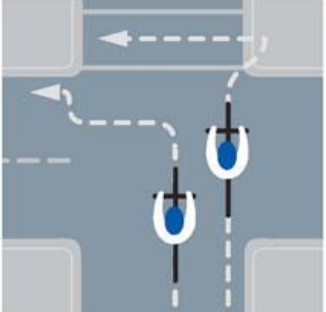
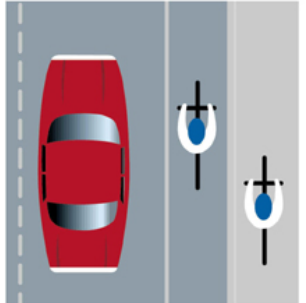


RULES OF THE ROAD

 An illustration showing a red car in the left lane and a blue bicycle in the right lane on a two-lane road. A red octagonal stop sign is on the right side of the road.	<p>Obey Traffic Signs, Signals, and Laws</p> <p>Bicyclists must operate their bicycles like drivers of motor vehicles. Obeying laws helps you to be taken seriously by motorists.</p>
 An illustration of a cyclist wearing a white helmet and a white headlight, riding a green bicycle at night. The headlight is on, and a white reflector is visible on the rear wheel.	<p>Use Lights at Night</p> <p>The law requires a white headlight and rear reflector at night. Adding a blinking red tail light is a good idea</p>
 An illustration of a cyclist at an intersection. Dashed lines show two possible paths for a left turn: one that moves into the left lane and turns left, and another that moves to the far crosswalk and turns left.	<p>Choose the Best Way to Turn Left</p> <p>There are two ways to make a left turn: 1) Like an automobile driver, move into the left lane, and turn left; always use hand signals; 2) Like a pedestrian, you may walk your bike to the far crosswalk.</p>
 An illustration showing a red car in the left lane and two blue bicycles in the right lane, all riding in the same direction on a two-lane road.	<p>Ride on the Right with the Flow of Traffic</p> <p>Ride with traffic. Motorists are not looking for bicyclists riding against traffic on the wrong side of the road. Wrong way riding is dangerous and against the law.</p>



Wear a Helmet

A bike helmet must fit well and be properly adjusted to do its job of protecting your head. It should fit snugly, with the chin strap fastened. When purchasing a helmet, make sure it is approved by the American National Standards Institute (ANSI) or the Snell Institute. Helmets should be replaced after the impact of an accident or even after several years of wear and tear.



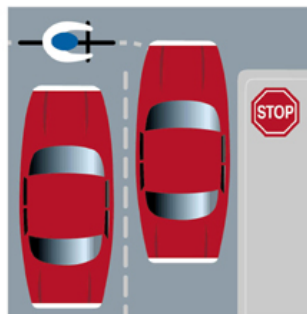
Use Hand Signals

Hand signals tell motorists and pedestrians what you intend to do. Signal as a matter of law, courtesy and self-protection.



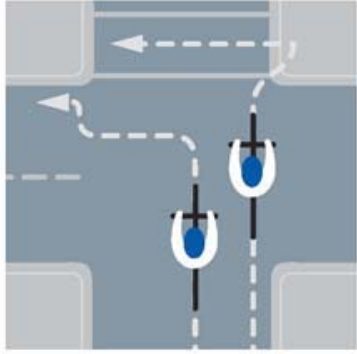
Follow Lane Markings

Go where the lane goes. Do not turn left from the right lane. Do not go straight in a lane marked right-turn-only.



Scan the Road Around You

Regularly scan the roadway for hazards, cars and people. Learn to look over your shoulder without losing your balance or swerving to the left. Stay aware of your surroundings at all times.



You May Leave a Bicycle Lane

When a road hazard or other obstruction exists in a bicycle lane, you may temporarily merge with caution into the adjacent automobile lane to avoid the hazard.



Always Maintain Control of Your Bike

Keep both hands on the handlebars. Be prepared to stop or make quick turns. Cross railroad tracks at a 90-degree angle.