## **COPD Awareness Month – Event Planning and Outreach Tips**

- 1. Hold a speaker series utilizing the Educational Video and/or PowerPoint slides and talking points included in the Resource Kit. Work with a local hospital or community group to host a series of talks featuring various COPD experts. Invite those diagnosed and affected by COPD and address issues like risk factors, diagnosis, treatment and effective disease management techniques.
- 2. Coordinate spirometry screenings with a local community health group or hospital, or contact the COPD Foundation for information on booking the Mobile Spirometry Unit (MSU) <a href="http://www.copdfoundation.org/MSU.htm">http://www.copdfoundation.org/MSU.htm</a>. Distribute COPD Learn More Breathe Better fact sheets, included in this kit.
- 3. Work with your local or state government offices to sign a proclamation recognizing COPD Awareness Month in your state, city, town or community.
- 4. Submit a Letter to the Editor to your local newspaper that details the importance of educating the public about COPD.
- 5. Contact your local newspapers and radio stations and encourage them to print/play the COPD Learn More Breathe Better PSAs included in this kit (which can also be downloaded from <a href="https://www.LearnAboutCOPD.org">www.LearnAboutCOPD.org</a>)
- 6. Reach out to the health editors at your local newspaper and TV and radio news stations and encourage them to do a COPD health feature during the month of November. Use the template press release included in this kit to let local media know about what *your* organization is doing to observe COPD Awareness Month.
- 7. REGISTER YOUR REGIONAL, STATE, OR LOCAL EVENT ON THE COPD LEARN MORE BREATHE BETTER CAMPAIGN WEBSITE. Visit www.LearnAboutCOPD.org for more information!