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# Documentation, Codebook, and Frequencies

**Total Cholesterol** 

Laboratory

Survey Years: 2005 to 2006

SAS Transport File: TCHOL\_D.XPT

November 2007

### NHANES 2005–2006 Data Documentation

### Laboratory Assessment: Total Cholesterol (TCHOL\_D)

First Published: November 2007

Last Revised: N/A

**Component Description** The main element of the cardiovascular disease laboratory component in NHANES is blood lipid levels. Cardiovascular disease is the leading cause of death in the United States. The data will be used to monitor the status of hyperlipidemia and the success of the National Cholesterol Education Program.

```
Eligible Participants aged 6 years and older were tested.
```

Sample

Description of Laboratory
 Methodology
 There were changes in the instruments used to measure total cholesterol, but the method and lab site were the same as 2003-2004. In 2005, total cholesterol was measured enzymatically in serum using the Roche Hitachi 717. In 2006, total cholesterol was measured enzymatically in serum using the Roche Hitachi 717 and 912. No adjustment was necessary for the change in instrumentation for total cholesterol.

### Hitachi 717 and 912

Total cholesterol is measured enzymatically in serum in a series of coupled reactions using cholesteryl ester hydrolase, cholesterol oxidase and peroxidase. The phenazone is measured at 500 nm and the color intensity is proportional to cholesterol concentration.

The reaction sequence is as follows:

```
cholesteryl ester hydrolase

cholesteryl ester + H<sub>2</sub>O \rightarrow cholesterol + fatty acid

cholesterol oxidase

cholesterol + O<sub>2</sub> \rightarrow cholest-4-en-3-one + H<sub>2</sub>O<sub>2</sub>

peroxidase

2H<sub>2</sub>O<sub>2</sub> + 4-aminophenazone + phenol \rightarrow 4-(p-benzoquinone-monoimino)-phenazone + 4H<sub>2</sub>O
```

A detailed description of the laboratory method used can be found on the NHANES website in the Laboratory Procedures Manual. Analytic Notes The analysis of NHANES 2005–2006 laboratory data must be conducted with the key survey design and basic demographic variables. The NHANES 2005–2006 Household Questionnaire Data Files contain demographic data, health indicators, and other related information collected during household interviews. They also contain all survey design variables and sample weights for these age groups. The phlebotomy file includes auxiliary information such as the conditions precluding venipuncture. The household questionnaire and phlebotomy files may be linked to the laboratory data file using the unique survey participant identifier SEQN.

LBXTC:

The Lipid Laboratory Total Cholesterol data file contains laboratory test results for total cholesterol (LBXTC), which uses the reference analytic method. However, the NHANES biochemistry profiles laboratory also includes measurements of total cholesterol. The biochemistry profile total cholesterol variable name is LBXSCH. The appropriate variable to use is LBXTC from the Lipid Laboratory.

### Data Processing and Editing

Blood specimens were processed, stored, and shipped to Johns Hopkins Hospital, Baltimore, MD for analysis. Detailed specimen collection and processing instructions are discussed in the NHANES Laboratory/Medical Technologists Procedures Manual (LPM). Read the LABDOC file for detailed data processing and editing protocols. The analytical methods are described in the Description of the Laboratory Methodology section.

One derived variable was created in this data file. The formula for their derivation is as follows:

LBDTCSI:

The total cholesterol in mg/dL (LBXTC) was converted to mmol/L (LBDTCSI) by multiplying by 0.02586.

Detailed instructions on specimen collection and processing can be found on the NHANES web site.

### References N/A

### **Locator Fields**

Title: Total Cholesterol

Contact Number: 1-866-441-NCHS

Years of Content: 2005-2006

First Published: November 2007

Last Revised: N/A

Access Constraints: None

Use Constraints: None

Geographic Coverage: National

Subject: Cholesterol

Record Source: NHANES 2005–2006

Survey Methodology: NHANES 2005–2006 is a stratified multistage probability sample of the civilian non-institutionalized population of the U.S.

Medium: NHANES Web site; SAS transport files

## National Health and Nutrition Examination Survey Codebook for Data Production (2005-2006)

# Total Cholesterol (TCHOL\_D) Person Level Data

November 2007



SEQN	Target				
	B(6 Yrs. to 150 Yrs.)				
Hard Edits	SAS Label				
	Respondent sequence number				
English Text: Respondent sequence number.					
English Instructions:					

LBXTC		Target						
		B(6 Yrs. to 150 Yrs.)						
Hard Edits		SAS Label						
		Total cholesterol (mg/dL)						
English Text: Total cholesterol (mg/dL)								
English Instructions:								
Code or Value	I	Description	Count	Cumulative	Skip to Item			
78 to 615	Ra	nge of Values	7360	7360				
		Missing	726	8086				

LBDTCSI		Target						
		B(6 Yrs. to 150 Yrs.)						
Hard Edits		SAS Label						
		Total Cholesterol( mmol/L)						
English Text: Total Cholesterol( mmol/L)								
English Instructions:								
Code or Value	I	Description	Count	Cumulative	Skip to Item			
2.02 to 15.9	Ra	nge of Values	7360	7360				
		Missing	726	8086				