



Mental Health Treatment Study
Sponsored by the Social Security Administration

MENTAL HEALTH TREATMENT STUDY

Catalogue of Community and National
Resources

Part 1.

December, 2007

Prepared for:

Social Security Administration
7111 Security Boulevard
Baltimore, MD 21244

Contract: SS00-05-60072

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TABLE OF CONTENTS

<u>CHAPTER</u>		<u>PAGE</u>
1	INTRODUCTION.....	1-1
2	NATIONAL RESOURCES.....	2-1
3	COMMUNITY RESOURCES	3-1
4	MENTAL HEALTH CENTER OF DENVER, DENVER, CO	4-1
5	SOUTHWEST CONNECTICUT MENTAL HEALTH SYSTEMS, BRIDGEPORT,CT.....	5-1
6	SOUTHEASTERN MENTAL HEALTH AUTHORITY, NORWICH, CT.....	6-1
7	COMMUNITY CONNECTIONS, WASHINGTON, DC.....	7-1
8	HENDERSON MENTAL HEALTH CENTER, FORT LAUDERDALE, FL.....	8-1
9	BOLEY CENTERS, ST. PETERSBURG, FL.....	9-1
10	COBB/DOUGLAS CSB,. SMYRNA, GA.....	10-1
11	THRESHHOLDS PSYCHIATRIC REHABILITATION CENTERS, CHICAGO, IL.....	11-1
12	FAYETTE COMPANIES, PEORIA, IL.....	12-1
13	ADULT AND CHILD MENTAL HEALTH CENTER, INC.,INDIANAPOLIS, IN...	13-1
14	WYDOT CENTER FOR COMMUNITY BEHAVIORAL HEALTHCARE INC., KANSAS CITY, KS.....	14-1
15	SOUTHWEST MIDDLESEX OPPORTUNITY COUNCIL, FRAMINGHAM, MA	15-1
16	ST. LUKE’S HOUSE, INC., BETHESDA, MD	16-1
17	RISE INC, SPRING LAKE PARK, MN	17-1
18	MENTAL HEALTH CENTER OF GREATER MANCHESTER MANCHESTER, NH.....	18-1
19	PATHWAYS TO HOUSING NEW YORK, NY.....	19-1
20	NEIGHBORING MENTAL HEALTH SERVICES, MENTOR, OH.....	20-1
21	OPTIONS OF SOUTHERN OREGON GRANTS PASS, OR	21-1

22	LIFEWORKS, NW, PORTLAND, OR	22-1
23	AIKEN BARNWELL MENTAL HEALTH CENTER, AIKEN, SC	23-1
24	THE CENTER FOR HEALTH CARE SERVICES, SAN ANTONIO, TX.....	24-1
25	COLUMBIA RIVER MENTAL HEALTH SERVICES, VANCOUVER, WA	25-1

1. INTRODUCTION

In February 2006 we provided SSA with a preliminary version of a catalogue of transition resources, which was limited to a list of national resources. Subsequently, Westat worked with each of the 22 demonstration sites to develop a catalogue of community level resources. Westat reviewed each site's submission, and developed a resource manual for each demonstration site that contained both national and community level resources. A few sites received approval to use their own manual. For these sites Westat has produced a separate manual with just the national resources. Westat provided SSA with the deliverable of the resource manuals in August 2006.

As requested in the contract, control group beneficiaries will receive the resource manual immediately following randomization. Treatment group beneficiaries will receive the manual at transition, between months 18-24 of their 24-month intervention period.

In Chapter 2 we present the national resources. Chapter 3 lists the 10 categories of community resources included in each community resource manual. Chapters 4 through 25 provide the current listing of community resources for each of the 22 demonstration sites.

2. NATIONAL RESOURCES

This Chapter lists organizations across the Nation that provide services to individuals with mental illness. Organizations are listed under seven different categories depending on the types of services provided. An organization that provides multiple services is listed under multiple categories. The seven service categories included in the national resources listing are:

1. Information on psychiatric disorders and substance abuse,
2. Consumer self-help and support groups,
3. Alcohol and substance abuse,
4. SSA work incentive programs,
5. Health insurance,
6. Suicide helpline, and
7. Legal aid

2-1. INFORMATION ON PSYCHIATRIC DISORDERS AND SUBSTANCE ABUSE

- Organization: **Depression and Bipolar Support Alliance**
Web Site: www.dbsalliance.org/
Email: programs@dbsalliance.org
Telephone: 1-800-826-3632
312-642-0049
Address: Depression and Bipolar Support Alliance
730 North Franklin Street, Suite 501
Chicago, IL 60610-7224
Description: Consumer-directed organization for persons with mood disorders, e.g., depression and bipolar disorder. Information on these disorders, locators and guides for support groups and chapters, and various publications.
- Organization: **National Institute on Drug Abuse (NIDA)**
Web Site: www.nida.nih.gov
Email: information@nida.nih.gov
Telephone: 301-443-1124
Address: National Institute on Drug Abuse
National Institutes of Health
6001 Executive Boulevard, Room 5213
Bethesda, MD 20892-9561
Description: Lead Federal agency for research on drug abuse. Comprehensive online source for information on alcohol and drug abuse. Fact sheets, research publications, news and events, and links to other NIDA sites. English and Spanish.
- Organization: **National Alliance on Mental Illness**
Web Site: www.nami.org/
Email: Email addresses on website
Telephone: 1-800-950-NAMI (6264)
703-524-7600
Address: NAMI
2107 Wilson Blvd, Suite 300
Arlington, VA 22201-3042
Description: Dedicated to improving the lives of persons living with serious mental illnesses and their families. Public education and information, family and peer education and support activities, and advocacy.

Organization: **National Institute on Mental Health (NIMH)**

Web Site: www.nimh.nih.gov/

Email: nimhinfo@nih.gov

Telephone: 1-866-615-6464

Address: National Institute of Mental Health (NIMH)
Public Information and Communications Branch
6001 Executive Boulevard, Room 8184, MSC 9663
Bethesda, MD 20892-9663

Description: Lead Federal agency for research on mental disorders. Comprehensive information on the signs and symptoms, diagnosis, and treatment for a wide range of mental disorders. Find mental health services in your area, affordable healthcare, NIMH clinical trials, and listings of professionals and organizations.

Organization: **Schizophrenics Anonymous**

Web Site: www.nsfoundation.org

Email: inquiries@nsfoundation.org

Telephone: 517-485-7168

Address: National Schizophrenia Foundation
403 Seymour Avenue
Suite 202
Lansing, MI 48933

Description: Broad resource on schizophrenia and related disorders. Offers education, information, and public awareness services. Newsletter, reading list, and 160 self-help groups throughout the country.

2-2. CONSUMER SELF-HELP AND SUPPORT GROUPS

- Organization: **American Self-Help Group Clearinghouse**
Web Site: www.selfhelpgroups.org
Email: Email addresses on website
Telephone: Telephone directory on website
Address: See website for self-help group addresses
Description: A keyword-searchable database of over 1,100 national, international, model and online self-help support groups for addictions, bereavement, health, mental health, disabilities, abuse, parenting, caregiver concerns and other stressful life situations. Find local self-help clearinghouses worldwide, research studies, and information on starting face-to-face and online self-help groups.
- Organization: **Consumer and Networking Technical Assistance Center (CONTAC)**
Web Site: www.contac.org
Email: kathymuscari@contac.org
Telephone: 1-888-825-8324
Address: Contac
P.O. Box 11000
Charleston, WV 25339
Contact: Kathy Muscari
Director of Operations
Description: Information; on-site training and skill-building curricula; electronic and other communication capabilities; networking and customized activities promoting self-help, recovery, leadership, business management, and empowerment.
- Organization: **Emotions Anonymous**
Web Site: www.emotionsanonymous.org
Email: info@EmotionsAnonymous.org
Telephone: 651-647-9712
Address: Emotions Anonymous
PO Box 4245
St. Paul, MN 55105-0245
Description: 12-step self help program for individuals with a wide array of emotional issues (depression, anger, broken or strained relationships, grief, anxiety, low self-esteem, and more). Site includes the 12 steps, meeting locator, program traditions and an online book store.

Organization: **National Empowerment Center**

Web Site: www.power2u.org

Email: info4@power2u.org

Telephone: 1-800-769-3728

Address: National Empowerment Center

599 Canal Street

Lawrence, MA 01840

Description: Center's goal is to carry the message of recovery, empowerment, hope and healing to people who have been labeled with mental illness. Provides information, conferences, networking, referrals, lectures, and more. Contains a database for consumer-run statewide organizations throughout the U.S.

Organization: **National Mental Health Consumers' Self-Help Clearinghouse**

Web Site: www.mhselfhelp.org

Email: info@mhselfhelp.org

Telephone: 1-800-553-4539

215-751-1810

Address: National Mental Health Consumer's

Self-Help Clearinghouse

1211 Chestnut Street, Suite 1207

Philadelphia, PA 19107

Description: Fosters consumer empowerment through up-to-date news and information, a directory of consumer-driven services, electronic and printed publications, training packages, and consultation. Helps consumers organize coalitions, establish self-help groups and other consumer-driven services, advocate for mental health reform, and fight the stigma that society places on mental illness.

Organization: **Recovery, Inc.**

Web Site: www.recovery-inc.com

Email: inquiries@recovery-inc.org

Telephone: 312-337-5661

Address: Recovery, Inc.

802 North Dearborn Street

Chicago, Illinois 60610

Contact: Kathy Garcia, Executive Director

Cheri Tatar, Director of External Relations

Description: Members are individuals diagnosed with a mental disorder of any type. Offers a free method of recovery that all persons can apply to their lives. The Recovery, Inc., program is designed to work in conjunction with professional mental health services.

Organization: **Schizophrenics Anonymous**

Web Site: www.nsfoundation.org

Email: inquiries@nsfoundation.org

Telephone: 517-485-7168

Address: National Schizophrenia Foundation
403 Seymour Avenue
Suite 202
Lansing, MI 48933

Description: Directory of 160 self-help support groups for individuals, their friends, and family members, affected by schizophrenia and related disorders. Broad resource on schizophrenia and related disorders. Offers education, information, and public awareness services.

2-3. ALCOHOL AND SUBSTANCE USE

- Organization: **Alcoholics Anonymous**
Web Site: www.alcoholics-anonymous.org/
Telephone: 212-870-3400
Address: A.A. World Services, Inc.
P.O. Box 459
New York, NY 10163
Description: Broad resource on the 12-step recovery program for persons with alcohol addiction. Information on how to find AA meetings in your area.
- Organization: **Double Trouble in Recovery**
Web Site: www.doubletroubleinrecovery.org
Email: HV613@aol.com
Telephone: 718-373-2684
Address: Double Trouble in Recovery
PO Box 245055
Brooklyn, NY 11224
Contact: Howie Vogle
Description: Online brochure showing the 12 steps to recovery for individuals with both a mental illness and a substance abuse problem. Information on how to start and run a recovery group.
- Organization: **Dual Recoveries Anonymous (DRA)**
Web Site: www.draonline.org
Telephone: 1-877-883-2332
Address: Dual Recovery Anonymous
World Services Central Office
P.O. Box 8107
Prairie Village, KS 66208
Description: Shows the 12 steps to recovery for individuals with a mental illness and substance abuse problem. Directory of meeting locations and registration for upcoming DRA meetings. Information on DRA's history, traditions, personal stories and more.
- Organization: **Narcotics Anonymous**
Web Site: www.na.org
Email: customer_service@na.org
Telephone: 818-773-9999
Address: Contact Narcotics Anonymous
World Service Office in Los Angeles
PO Box 9999
Van Nuys, CA 91409
Description: 12-step program for persons with drug addictions, modeled on Alcoholics Anonymous. Only requirement for membership is a desire to stop using. Information on how to find meetings in your area.

Organization: **Recovery Circle**

Web Site: www.recoverycircles.org

Description: 12-step program guides for both individuals with a mental illness and/or substance abuse and for friends, family, and professional staff who work with persons with mental illnesses.

2-4. SOCIAL SECURITY ADMINISTRATION (SSA) WORK INCENTIVES

Organization: **Your Ticket to Work**

Web Site: www.yourtickettowork.org

Email: Email via website

Telephone: 1-866-968-7842

Description: Employment program for people with disabilities who want to work. Program's goal is to increase opportunities and choices for Social Security disability beneficiaries to obtain employment, vocational rehabilitation, and other support services from public and private providers, employers, and other organizations.

Organization: **The Work Site**

Web Site: www.ssa.gov/work/

Email: joie.hill@ssa.gov

Telephone: 1-800-772-1213

For the deaf or hard of hearing call: 1-800-325-0778

Address: Social Security Administration

Office of Public Inquiries

Windsor Park Building

6401 Security Blvd.

Baltimore, MD 21235

Description: Source for beneficiaries seeking information on benefits planning assistance, employment networking, Federal government employment, resume writing and job searches. Information for small business and self employment for people with disabilities.

Organization: **Social Security Work Incentives**

Web Site: www.socialsecurity.gov/disabilityresearch/workincentives.htm

Email: Email via website

Telephone: 1-800-772-1213

For the deaf or hard of hearing call: 1-800-325-0778

Address: Social Security Administration

Windsor Park Building

6401 Security Blvd

Baltimore, MD 21235

Description: Complete description of SSDI and SSI work incentive programs for beneficiaries who want to work.

2-5. HEALTH INSURANCE

Organization: **Centers for Medicare and Medicaid Services**

Web Site: www.medicare.gov

Email: Question box on web site

Telephone: Available on web site

Address: Centers for Medicare and Medicaid Services
7500 Security Blvd.
Baltimore MD 21244-1850

Description: Medicare website for beneficiaries. Enroll in a Medicare prescription drug plan, find a doctor, find a Medicare-approved drug discount card, compare area hospitals, compare Medicare prescription drug plans, find helpful phone numbers and websites and more. Frequently asked questions and more.

Organization: **Insure Kids Now**

Web Site: www.insurekidsnow.gov/states.htm

Email: comments@hrsa.gov

Telephone: 1-877-KIDS-NOW

Description: National campaign to link uninsured children, from birth to age 18, to free and low-cost health insurance through the State Children's Health Insurance Program (SCHIP). State directory o SCHIP programs, questions and answers, and information on immigration concerns.

2-6. SUICIDE HELPLINES

Organization: **Kristen Brooks Hope Center**

Web Site: www.hopeline.com

Email: Info@hopeline.com

Telephone: 1-800-SUICIDE (784-2433)

Address: Kristen Brooks Hope Center

PO Box 151293

Alexandria, VA 22315-1293

Description: Suicide helpline and online resource center for persons who are depressed or suicidal. 24-hour, toll free hotline: 1-800-SUICIDE.

Organization: **National Suicide Prevention Lifeline**

Web Site: www.suicidepreventionlifeline.org/

Telephone: 1-800-273-TALK (8255)

Description: 24-hour toll-free suicide prevention service available to anyone in suicidal crisis seeking help. Dial 1-800-273-TALK (8255) to talk to someone immediately. Connection to the closest possible provider of mental health and suicide prevention services.

2-7. LEGAL AID

Organization: **Judge David L. Bazelon Center for Mental Health Law**

Web Site: www.bazelon.org

Email: webmaster@bazelon.org

Telephone: 202-467-5730

Address: 1101 15th Street, NW, Suite 1212
Washington, DC 20005

Description: Legal advocate for persons with mental disabilities. Experts in Social Security policy as it applies to people with mental disabilities. Information on your rights to government benefit programs.

Organization: **National Disability Rights Network (NDRN)**

Web Site: www.napas.org

Email: info@ndrn.org

Telephone: 202-408-9514

Address: National Disability Rights Network (NDRN)
900 Second Street NE, Suite 211
Washington, DC 20002

Description: Legal advocacy services for persons with disabilities. Guards against abuse and ensures accountability in health care, education, employment, housing, transportation, and justice systems. Nonprofit organization for the federally mandated Protection and Advocacy Systems and Client Assistance Programs for individuals with disabilities.

3. COMMUNITY RESOURCES

Westat emailed each of the 22 site RAs the Community Resource Manual Template (Exhibit 3-1) to complete. The template lists the same 10 categories used for the 2006 version. These are categories that Westat felt would be valuable to beneficiaries in the control group looking for available services and those in the treatment group transitioning out of the study. In addition, five sites included additional categories to capture other types of resources in their community. RAs were asked to add new resources or update existing resources as needed. For each organization listed in the manual, Westat requested the organization's name, a brief description, address, telephone number, website address, and a contact person at the organization. Westat required the RA include, at a minimum, the organization's name, description and telephone number and/or website. Upon completion, the RAs sent the surveys to Westat electronically. Sites that provided beneficiaries with their own Community Resource Manual last year could continue to do so. Following finalization of each revised manual (if applicable), Westat will reproduce and send sites copies for distribution to each enrolled beneficiary.

Community Resource Manual Status. We have reserved a chapter for each of the 22 sites—chapters 4 through 25. However, not included are resources for the following sites because they will continue to use their current community resource booklet:

- Henderson Mental Health Center in Fort Lauderdale, FL
- Mental Health Center of Greater Manchester in Manchester, NH
- Aiken Barnwell Mental Health Center in Aiken, SC
- Wydot Center for Community Behavioral Healthcare, Inc. Kansas City, KS, INC., Kansas City, KS

Exhibit 3-1. Site Survey on Available Community Resources

Please list the resources available in your community for beneficiaries who need any of the following services:

[FORM DESIGN NOTE: INCLUDE TABLE LIKE THAT BELOW FOR EACH OF THE 10 RESOURCE CATEGORIES]

Organization:	
Web Site	
Email	
Phone:	
Address:	
Contact:	
Description:	

1. Self-help and consumer-support groups
 2. Employment support
 3. Free or reduced-fee mental health care
 4. Free or reduced-fee general medical care
 5. Housing assistance
 6. Help with legal problems
 7. Medications at reduced or no cost (including pharmaceutical company medication assistance programs)
 8. Alcoholics Anonymous and Narcotics Anonymous groups
 9. Other alcohol or substance abuse treatment
 10. Benefits counseling, e.g., for public health insurance
- Additional Categories:
11. Education
 12. Food, Financial, and Other Miscellaneous Assistance
 13. Transportation

4. MENTAL HEALTH CENTER OF DENVER, DENVER, CO

4-1. SELF-HELP AND CONSUMER SUPPORT GROUPS

Organization: **1311 York Street**

Telephone: 303-322-3674

Description: A "social club" for individuals dealing with substance abuse.
Open 6am to 11pm, 365 days/year.
Support groups and social activities.

Organization: **Anorexia Nervosa and Associated Disorders (ANAD)**

Web Site: www.anad.org

Telephone: 303-369-8119

303-556-2525

303-556-6273

Contact: Carol Koski
Linda Wilkins-Pierce
Britt Pickrel

Description: Call any of the following local affiliates for meeting information.

Organization: **Anorexia Support Group**

Telephone: 303-789-4641

Contact: Stephen Firman

Description: Support group for persons with Anorexia that is not affiliated with ANAD.

Organization: **Bluesy-Quation**

Telephone: 303-344-5103

Contact: Doug Horn or Rick McKinney

Description: Band and support group.
Meets Saturdays, 6:00pm – 8:30pm. Call for meeting/practice location.

Organization: **Capital Hill Action and Recreation Group (CHARG)**

Web Site: www.charg.org

Telephone: 303-830-8805

Address: 920 Emerson Street
Denver, CO 80218

Description: Provides resources to persons with mental illness; to empower consumers through running their own program and learning new skills; and to advocate for the needs of persons with mental illness in the larger community.
Open Hours: Monday – Friday, Noon – 4:30pm; Sundays, 1:00pm – 4:00pm.

Organization: **Center for Self-Help and Development - Full Circle Inter-Generational Project, Inc.**
Telephone: 303-333-7595
Address: 3050 Richard Allen Court
Denver, CO 80205
Description: Provides empowerment training, support groups, and mentorship programs. Program's emphasis is on personal growth and life skills classes. Classes are for adults age 18+.

Organization: **Children and Adults with Attention Deficit Disorder (CHADD)**
Web Site: www.chadd.org
Telephone: 303-675-5337
Address: 1045 Lincoln Avenue
Suite 100
Denver, CO 80203
Description: Support group and advocacy organization for children and adults with Attention Deficit Disorder. Call for information and location of local affiliates.

Organization: **Children of Aging Parents (COAP)**
Telephone: 303-693-9500
Contact: Curtis Schmidt
Description: Caregiver support group.

Organization: **Colorado AIDS Project – AIDS Counseling and Support**
Email: info@coloradoAIDSproject.org
Telephone: 303-837-0166
Address: 2490 West 26th Avenue
Building A Suite 300
Denver, CO 80211
Description: Offers individual and couples counseling and support groups (bereavement, care partner, addiction recovery, African American, heterosexual, and spirituality), as well as groups for persons living within the spectrum of HIV disease. There are two support groups, one is for individuals with HIV and the other is for substance abuse with HIV. Open to individuals infected with or affected by HIV of all ages.

Organization: **Community College of Denver – Center for Persons with Disabilities**
Web Site: www.ccd.edu/EPAC/disabilities.htm
Telephone: 303-556-3300
Address: Campus Box 400
PO Box 173363
Denver, CO 80217-336
Contact: Jackie King, Manager
Description: Support services for students with mental illnesses and other disabilities.

Organization: **Community Connections**

Telephone: 303-739-9631

Address: 1523 Emporia Street
Aurora, CO 80010

Description: Drop-in center for individuals with mental illnesses. Educational and support services provided.

Organization: **Consumer Centered Services of Colorado (CCSC)**

Telephone: 303-839-1579

Address: 190 E. 9th Avenue
Denver, CO 80203

Description: Statewide network of individuals dealing with serious mental illnesses who are involved in mutual support, education, and advocacy. Meets monthly in Denver Metro area.

Organization: **Denver Depressive / Manic Depressive Association**

Telephone: 303-329-8616

Address: 920 Emerson Street
Denver, CO

Contact: Judy Sullivan

Description: A local advocacy organization for persons with Depressive/Manic-Depressive disorders. The group meets Thursdays, 7:00pm, at Our Savior's Lutheran Church.

Organization: **Depression Drop-In Support Center (University of Denver)**

Telephone: 303-871-280

or
303-871-3626

Address: Professional Psychology Center
2460 S. Vine Street, Room 12
Denver, CO

Description: Group led by graduate psychology student. Meets first and third Tuesdays, 6:30pm.

Organization: **Depressive/Manic Depressive Support Group of Metro Denver, Aurora**

Telephone: 303-329-9894

or
303-693-0364

Address: 14301 E. Hampden Avenue
Aurora, CO

Contact: Carol Stowell
or

Alan Krasnow

Description: A local advocacy/support group organization for persons with Depressive/Manic Depressive disorders. Meets Mondays, 6:30pm, at Aurora MHC.

Organization: **Depression/Manic Depression Support Group of Metro Denver, Lakewood Chapter**

Telephone: 303-331-2599

or

303- 798-3445

Address: 6200 W. Hampden Street

Lakewood (south frontage road between Sheridan and Wadsworth).

Contact: Joe

Description: A local advocacy/support group organization for persons with Depressive/Manic Depressive disorders. Meets Tuesdays, 7:00pm, at First Seventh Day Adventist Church.

Organization: **Double Trouble in Recovery (DTR)**

Telephone: 719-578-1181

Address: 111 N. Walnut Street

Colorado Springs, CO 80905

Description: A 12-step program for individuals who have an addiction to drugs/alcohol and suffer from a mental illness. Call for more information.

Organization: **Dual Recovery Anonymous**

Web Site: www.draonline.org

Telephone: 303-866-7684

or

303-866-7687

Address: 3520 W. Oxford Avenue

Room B106

Denver, CO

Contact: Barb or Jan

Description: An independent self-help organization. For people who are chemically dependent and also affected by an emotional or psychiatric illness. Meets Tuesdays, 7:00pm – 8:00pm at Colorado Mental Health Institute at Ft. Logan.

Organization: **El Futuro - El Centro Esperanza**

Web Site: www.elcentroesperanza.org

Email: elcentro@yahoo.com

Telephone: 720-904-7125

Address: 1090 Bannock Street

Denver, CO 80203

Description: El Futuro is a community center for gay and bi-sexual Latinos age 15+. Services include support groups, individual and partner counseling, access to HIV/AIDS, STD and Hepatitis C testing, skill building workshops, social events that promote health, diversity, strength and pride in the Latino gay and bi-sexual community.

Organization: **Emotions Anonymous**

Web Site: www.emotionsanonymous.org

Telephone: 303-331-2493

Address: 1939 S. Monroe (at Buchtel)
Denver, CO 80221

Description: Emotions Anonymous is a 12-step organization, similar to Alcoholics Anonymous. Our fellowship is composed of people who come together in weekly meetings for the purpose of working toward recovery from emotional difficulties. EA members are from many walks of life and are of diverse ages, economic status, social, and educational backgrounds. The only requirement for membership is a desire to become well emotionally. Meets Mondays, 7:30pm, at Divine Science Church of Truth.

Organization: **Family and Friends of Bipolars**

Telephone: 303- 308-1735

or

303-721-1462

Address: 14301 E. Hampden Avenue
Aurora, CO 80114

Contact: Deborah Miller or Chip Bisbee

Description: Support group for family and friends of people with bipolar disorder. Meets second and fourth Mondays, 6:30pm, at Aurora MHC.

Organization: **Family Members of People with Anorexia Support Group**

Telephone: 303-322-6241

Contact: Bobbie and Greg

Description: Support group for family members of people with Anorexia. This group is not affiliated with ANAD.

Organization: **Federation of Families for Children's Mental Health**

Web Site: www.coloradofederation.org

Telephone: 303-572-0302

or

888- 569-7500

Address: PO Box # 200188
Denver, CO 80220

Contact: Victoria Bresee, Executive Director

Description: State office of National Federation of Families for Children's Mental Health (NFFCMH), a parent-run organization addressing needs of children/youth with emotional, behavioral, or mental disorders and their families.

Organization: **Haven House**

Telephone: 719-578-1181

Address: 111 N. Walnut Street
Colorado Springs, CO 80905

Description: A consumer-run drop in center for individuals with serious mental illnesses.

Organization: **HEARTBEAT (Founding Chapter)**

Web Site: www.heartbeatsurvivorsaftersuicide.org

Telephone: 719-596-2575

Address: 2015 Devon Street
Colorado Springs, CO 80909

Contact: LaRita Archibald, Executive Director in Colorado Springs

Description: Mutual support services for those who have lost a loved one through suicide. Call any of the following local chapters for information and meeting times.
- Robert and Jan Burnside at 303-794-3564 in Littleton.
- Narice Wheat at 303-934-8464 in Denver.
- Don & Joann Harmon at 303-422-4021 in Arvada.

Organization: **InterCommunity Volunteer Caregivers**

Telephone: 303-778-5984

Address: 1955 E. Arizona Avenue
Denver, CO 80210

Description: Network of churches and volunteers who provide support, assistance, education and referral services for families dealing with Alzheimer's Disease or mental illness.

Organization: **Jefferson Alliance for the Mentally Ill Partners (JAMI)**

Telephone: 303-989-5123

Address: 455 South Lee Street
Lakewood, CO 80226

Contact: Chris Hack

Description: Network of volunteers from churches and other organizations who provide support and recreation for individuals receiving services from Jefferson Center for Mental Health.

Organization: **Manos de Esperanza - El Centro Esperanza**

Telephone: 303-480-1920

Address: 655 Broadway
#450
Denver, CO 80203

Description: Manos de Esperanza offers counseling, support groups, education, and other services for immigrant families to address barriers to acculturation such as language, lack of family, or social support networks, psychological issues and educational, employment and health system issues. There is a \$55 consultation fee and a charge of \$25 for the 15-week support groups. The program accepts Medicaid, BH Child, CHP+, private pay and sliding scale.

Organization: **Mental Health Association of Colorado**
Web Site: www.mhacolorado.org
Telephone: 303-377-3040
Address: 6795 E. Tennessee Avenue
Denver, CO 80224
Contact: Jeanne Mueller Rohner, Executive Director
Description: State office of National Mental Health Association (NMHA), an education and advocacy organization promoting mental health.

Organization: **National Alliance for the Mentally Ill of Colorado (NAMI)**
Web Site: www.namicolorado.org
Telephone: 303-321-3104
Address: 1100 Fillmore Street
Denver, CO 80206
Contact: Heather Cameron, Executive Director
Description: State office of NAMI – A self-help, education and advocacy organization for individuals with mental illnesses and their families.

Organization: **NAMI of Denver**
Telephone: 303-756-0490
Contact: Ellen Rector
Description: A self-help, education and advocacy organization for individuals with mental illnesses and their families.

Organization: **Peak Parent Center, Inc.**
Web Site: www.peakparent.org
Telephone: 719-531-9400
800-284-0251
Address: 6055 Lehman Drive
Colorado Springs, CO 80918
Description: Statewide organization providing education, support and advocacy for children with disabilities and their families.

Organization: **Rational Recovery**
Web Site: www.rationalrecovery.org
Telephone: 303-757-3623
Address: 1780 South Bellaire
#512
Denver, CO 80222
Description: Nonreligious alternative to substance abuse 12-step groups. Uses cognitive therapy.

Organization: **Schizophrenia Peer Support Group**
Telephone: 303-830-8805
Address: 920 Emerson Street
Denver, CO 80218
Contact: David Quarton
Description: A peer support group for persons with schizophrenia. Meets Thursdays, 3:15pm.

Organization: **Visions of the Soul Studio**
Telephone: 303-274-9981
Address: 8801 W. 10th Avenue
Lakewood, CO 80215
Contact: Sarah McMahan
Description: Bi-monthly support group for individuals with manic depression or depression. Meets every second and fourth Wednesdays, 7:00pm – 8:30pm. Call for more information.

Organization: **We Incested Needing Group Support (WINGS)**
Telephone: 303- 238-8660
Address: 8007 W. Colfax Avenue
CS 27 Box 129
Lakewood, CO 80215
Contact: Terri Knapp, Program Coordinator
Description: Peer support/self-help services for survivors of childhood sexual abuse. Call for information.

Organization: **Women's AIDS Project - Empowerment Program**
Telephone: 303-320-1989
Address: 1600 York Street, #201
Central Denver, CO 80206
Description: Offers services to women at risk for the HIV infection and those living with AIDS or HIV. Provides education, outreach, and prevention services to women. Also offers case management, assistance with resources such as food, housing, clothing, and medical care, group and individual counseling for mental health and substance abuse issues, weekly support groups, youth counseling, legal referrals, and SSI assistance.

4-2. EMPLOYMENT SUPPORT

- Organization: **ARC of Denver**
Web Site: www.arcofdenver.org
Telephone: 303-831-7733
Address: 1905 Sherman Street
Suite 300
Denver, CO 80203
Description: ARC advocates with and empowers people with developmental disabilities and their families to participate fully in community life.
- Organization: **Aspen Diversified Industries**
Web Site: www.aspendiversifiedindustries.com
Telephone: 719-391-2550
Address: 415 W. Bijou Street
Colorado Springs, CO 80905
Description: ADI is an entrepreneurial, nonprofit corporation dedicated to assisting disadvantaged, disabled and nondisabled, by creating meaningful career opportunities for those who may lack such opportunities in the existing job market.
- Organization: **Atlantis Community, Inc.**
Telephone: 303-733-9324
Address: 201 S Cherokee Street
Denver, CO 80223
Contact: Larry Williams, Program Manager
Description: Job coaching, resume development, interviewing skills and other employment services are provided for people with disabilities.
For intake procedures, call 303-733-3924 and speak with Larry Williams.
Languages spoken at program are: English, Spanish, and Vietnamese. Program is for people with disabilities.
- Organization: **Bayaud Industries, Inc.**
Web Site: www.bayaudindustries.org
Telephone: 303-830-6885
Address: 333 W. Bayaud Avenue
Denver, CO 80223
Contact: David DeLay
Description: Assists in obtaining and maintaining competitive employment that meets the ability and interest of the individual. Persons must meet Bayauds mission criteria. Assistance may include job-seeking skills classes, supported job search, job development, employment training at work sites, and supported employment.

Organization: **Career Service Authority – Job Lines**
Telephone: 720-913-5627
Address: 201 W Colfax Avenue
Dept #412
Denver, CO 80202
Contact: Steve Adkison
Description: A 24-hour job hotline provides information on available employment with the City and County of Denver in the areas of administration, management, health services, clerical services, law enforcement, labor/trade, promotion, engineering, and information technology and recreation. This line is for persons who are interested in employment with the City and County of Denver.

Organization: **Center for Work, Education and Employment (CWEE)**
Web Site: www.cwee.org
Telephone: 303-892-8444
Address: 1175 Osage Street
Denver, CO
Description: CWEE's mission is to provide realistic programs to help low-income single parents and families develop and expand the skills and confidence necessary to obtain continuous, meaningful employment and career advancement.

Organization: **Centro Humanitario Para los Trabajadores**
Email: mji@centrohumanitario.org
Telephone: 303-292-4115
Address: 2260 California Street
Denver, CO 80205
Contact: Harold Lasso
Description: Our Employment Program focuses on providing low-income workers with day labor jobs in construction and other areas. Client is required to complete an application form and attend a program orientation. Clients must be willing to follow the rules of El Centro Humanitario. Call for more information.

Organization: **City Works (Welfare-to-Work) - Career Service Authority**
Telephone: 720-913-5751
Address: 201 W Colfax Avenue
Dept #412
Denver, CO 80202
Contact: Jane Pace, Associate Personal Analyst
Description: Places TANF participants in permanent positions within the City and County of Denver. Referrals are made through Department of Human Services.

Organization: **Concerned About You**
Web Site: concernedaboutyou.com
Telephone: 303- 298-1920
Address: 2400 California Street
Denver, CO 80205
Contact: Ernie Hernandez, Office Manager
Description: Provides job training for developing basic work skills for entry-level highway construction jobs. Once job training is completed, job placement services are provided.
Intake requirements include: Drivers license, SS #, GED or high school diploma. Males and females age 18+ seeking to expand career opportunities.

Organization: **Consumer Navigator Program**
Web Site: www.cowinpartners.org/consumer-navigator.asp
Telephone: 720-865-5610
Address: 1391 N. Speer Boulevard (Speer Workforce Center)
Suite 500
Denver, CO 80204
Contact: Tom Muniz
Description: Consumer navigators provide Colorado Workforce Centers with technical assistance to enhance the job services provided to people with disabilities. Navigators offer community resources, ADA and disclosure coaching in addition to support for the job search process. Open to youth and adults who identify having a disability.

Organization: **Colorado Workforce Center (Denver)**
Web Site: www.coworkforce.com
Telephone: 720-865-5619
Address: 1391 N. Speer Blvd.
Suite 500
Denver, CO 80204
Description: Provides easy access to a wide array of employment and training services. At a Workforce Center you will find trained staff to help with your employment needs.

Organization: **CP of Colorado- Employment Works**
Web Site: www.cpc.org/empworks.htm
Telephone: 303-691-9339
Address: 2200 S. Jasmine Street
Denver, Colorado 80222-5708
Contact: Joseph Cordova
Description: Services are provided to people with disabilities. This agency has historically worked with people with cerebral palsy and more severe disabilities. The program provides intake and assessment, vocational evaluations, job try-outs and work experience, job development and placement, and post employment support.

Organization: **Denver Department of Human Services - Employment Center**
Email: arbella.herrera@mowd.org
Telephone: 720-944-3666
Address: 1200 Federal Blvd.
Denver, CO 80204
Contact: Ms. Arbella Herrera , 720-944-1407
Description: Provides comprehensive employment services to persons looking for a job. Services include job search, Department of Labor registration, job readiness training, typing tutorial, on-site employer recruitment, access to computers, job bank, microfiche, and a phone bank. Open to adults.

Organization: **Denver Metro Department of Vocational Rehabilitation**
Web Site: www.cdhs.state.co.us
Telephone: 303-866-2500
Address: 2211 W. Evans Avenue
Building A & B
Denver, CO 80223
Description: Rehabilitation provides goods and/or services necessary to help individuals with disabilities to secure and/or retain employment.

Organization: **Denver Options Employment Services**
Web Site: www.denveroptions.org
Telephone: 303-636-5600
Address: 9900 East Iliff Avenue
Denver, Colorado 80231
Contact: Briselda Rodriguez (Intake)
Description: Serves people with developmental disabilities. The program provides assistance with job placement and retention.

Organization: **Denver Urban Ministries**
Web Site: www.denum.org
Telephone: 303-335-4896
Address: 1717 E. Colfax Avenue
Denver, CO 80218
Description: Job counseling, placement, referrals, and scholarships.

Organization: **Denver Works, Inc.**
Web Site: www.denverworks.org
Telephone: 303-433-0300
Address: 2828 N. Speer Blvd.
Suite #103
Denver, CO 80211
Description: Denver Works strives to prepare the unemployed and underemployed for positions in which they might reach their full potential, find pride in their jobs, and provide for their families.

Organization: **Easter Seals Colorado**
Web Site: www.co.easterseals.com
Telephone: 303-233-1666
Address: 5755 W. Alameda Avenue
Lakewood, CO 80226
Description: Easter Seals Colorado Employment Services provides vocational services to people with disabilities. Professionally trained Employment Specialists develop quality jobs for people of all disabilities, with all educational backgrounds and work histories.

Organization: **Goodwill Industries of Denver Administration and Workforce Development**
Web Site: www.goodwilldenver.org
Telephone: 303-650-7700
Address: 6850 Federal Boulevard
Denver, CO 80221
Description: Offers job development.

Organization: **Mi Casa Resource Center for Women, Inc.**
Web Site: www.micasadenver.org
Telephone: 303-573-1302
Address: 360 Acoma Street
Denver CO 80223
Description: Assists low income, primarily Latina women of Metro Denver, to achieve self-sufficiency through the acquisition of basic skills, education, training, and employment. Services include emergency referral service, career assessment and advising, and educational services.

Organization: **Northeast Women's Center**
Telephone: 303-355-3486
Address: 4821 E. 38th Avenue
Denver, CO 80207-1005
Description: Job preparation and placement, support groups, counseling, and referrals are provided for low-income persons living in the metro Denver area. This program is for low-income persons;
Photo ID and Social Security number required.

Organization: **Platte River Industries, Inc.**
Email: prio1@i3m.net
Telephone: 303-825-0041
Address: 490 Bryant Street
Denver, CO 80204
Contact: Robert P. Smith, Executive Director
Description: Offers employment and employment-related services for persons with disabilities. Services include job and career counseling, family and crisis counseling, case management, advocacy, job training, job search and placement, and money management. Persons with disabilities are also employed with Platte River Industries. Proof of citizenship and Social Security number required; call for specific eligibility requirements.

Organization: **Regional Assessment and Training Center, Inc.**
Telephone: 303-761-0193
Address: 3520 W.Oxford Avenue
Denver, CO 80236
Contact: Dan Bradley
Description: The Case Manager Aide program selects, trains, and provides job placement services for primary consumers of mental health services and other disabilities.

Organization: **Rocky Mountain SER**
Telephone: 303-934-7170
Address: 3100 S Sheridan
#A5
Denver, CO 80227
Contact: Andrew Roybal
Description: Provides job placement assistance, job referrals, resume writing assistance, referrals to academic institutions, and career planning for persons who live in west Denver.
Call for application procedures.
This program is for persons living in the area bounded by Broadway, Sheridan, Alameda, and Colfax.

Organization: **Turnabout, Inc.**
Telephone: 303-813-0005
Address: Our Savior Lutheran Church
915 E. 9th Avenue
Denver, CO 80218
Contact: Tina Yankee, Executive Director
Description: Provides construction job service counseling, job training, and employment placement for persons living in the metro Denver area.

Organization: **Urban League of Metropolitan Denver, The**
Web Site: www.denverurbanleague.org
Telephone: 303-388-5861
Address: 5900 E. 39th Avenue
Denver, CO 80207
Description: To help African American and other residents of metro Denver attain social and economic equality and self-reliance.

Organization: **Women's Bean Project - Job Readiness Training**

Web Site: www.womensbeanproject.com

Email: bob@womensbeanproject.com

Telephone: 303-292-1919

Address: 3201 Curtis Street
Denver, CO 80205-2754

Contact: Mr. Bob McDonald, Services Director, 303-292-1919 x228

Description: Teaches low-income women job readiness skills through hands-on manufacturing work and various workshops and classes. This program is for low income women age 21+ who have not had a job lasting more than 1 year in the past 3 years. This program services the Curtis Park and Five Points area.

4-3. FREE OR REDUCED-FEE MENTAL HEALTH CAR

Organization: **A. F. Williams Family Medicine Center – Colorado Refuge Health and Mental Health Program**

Telephone: 303-372-9750
Address: 5250 Leetsdale Drive
Suite 302
Denver, CO 80246

Description: Refugees experiencing a mental health crisis or who are seriously mentally ill.

Organization: **Acacia Counseling**

Telephone: 303-861-9378
Address: 1600 Downing Street
Suite 300
Denver, CO 80218

Description: Outpatient, individual and group counseling, drug and alcohol, domestic violence and anger management, depression, anxiety. No psychiatrist. Court ordered evaluations \$125 Does not accept Medicare/Medicaid. Sliding scale based on ability to pay.

Organization: **Affordable Counseling Connection**

Web Site: www.affordablecounselingconnection.com
Telephone: 303-295-3326

Address: Six locations throughout the Denver Metro Area (see website or call)
Description: Co-op of counselors and therapists who address a wide range of issues. Sliding scale available, approximately \$40 to \$45 per session. No psychiatrist.

Organization: **Abusive Men Exploring New Directions (AMEND)**

Email: amend@concentric.net
Telephone: 303-832-6363
Address: 2727 Bryant Street
#350
Denver, CO 80211

Description: Offers long-term individual and group counseling for males who abuse their partners. Therapy includes intervention and preventive strategies in domestic violence situations. Provides advocacy for their partners and children. Also offers anger management and substance abuse counseling.

Six offices are located throughout the metro area:

Adams County at (303) 453-1000
Arapahoe County at (303) 220-1911
Denver County at (303) 832-6365
Douglas County at (303) 220-1911
Jefferson County at (303) 987-3444
Broomfield County at (303) 439-8006.

Fee Amount: sliding scale fee.

Organization: **Asian-Pacific Center**
Telephone: 303-393-0304
Address: 1825 York Street
Denver, CO 80206
Description: Outpatient mental health treatment, child, adolescent, and adult individual therapy. Drug and alcohol treatment.
Cambodian, Laos, Vietnamese, Japanese, Korean, Chinese, and Hmong languages spoken.
Sliding scale fee based on ability to pay.
Psychiatrist available for existing clients.
Medicaid/ Medicare accepted. No court ordered evaluations.

Organization: **Buckingham Psychological Services**
Telephone: 303-750-7411
Address: 1450 S. Havana Street
Suite 600
Aurora, CO 80012
Description: Outpatient program offering individual, family, children and adolescent counseling services. Will provide court ordered evaluation/assessment for \$160.
No Psychiatrist.
Medicare, Medicaid (as secondary), Private insurance, and sliding scale starting at \$75.

Organization: **The Center**
Telephone: 303-778-5774
Address: 2465 S. Downing Street
Denver, CO 80210
Description: Individual, couple, family counseling, and medication management. DBT groups and chemical dependency ILP. No case management. (Will treat Schizophrenia, Schizoaffective, Bipolar, Major depression, only if there is no history of more than two hospitalizations or crisis).
Sliding scale fee: \$50 for individual therapy, \$130 to see a psychiatrist.
Payment expected at the time of service. Medicare accepted, but Medicaid not accepted.

Organization: **Centus Counseling Consulting and Education**
Telephone: 303-639-5240
Address: 1385 S. Colorado Boulevard
Suite 210
Denver, CO 80222
Description: Counseling service for children, families, and adults. Same week appointments available. Psychiatrist available. Sliding scale fee from \$45 to \$125.
Will do court ordered evaluations, some Medicaid accepted.

Organization: **Charge Resource Center**

Telephone: 303-830-8805

Address: 709 E. 12th Street
Denver, CO 80204

or

920 Emerson Street
Denver, CO 80218

Description: Counseling services for the chronically mental ill (Schizophrenia, Schizoaffective, Bipolar, and Major depression). Evaluations for existing clients only. Current wait list is approximately 6 months to 1 year. Accepts Medicaid and has Psychiatrist.

Organization: **Choices in Living**

Telephone: 303-427-4197

Address: 5005 West 81st Place
Denver, CO 80229

Description: Counseling, individual therapy, evaluations/assessments, drug/alcohol evaluations, DUI classes, parenting classes, UA's, domestic violence classes, and anger management.

Does not accept Medicare/Medicaid, Sliding scale based on ability to pay, \$165 substance abuse evaluation. \$225 for a Mental health evaluation.

Organization: **Colorado AIDS Project**

Web Site: www.coloradoaidsproject.org

Telephone: 303-837-0166

Address: 2490 W. 26th Avenue
Building A, Suite 300
Denver, CO 80211

Description: Provides a wide variety of services including case management, counseling and support, housing, and prevention and testing for persons infected by or diagnosed with HIV/AIDS.

Organization: **Colorado University Health Sciences Center**

Telephone: 303-24-1000

Address: 4455 E. 12th Avenue
4th Floor
Denver, CO 80220

Contact: 303-724-1000 Appointment

Description: Outpatient psychiatric evaluation and therapy are provided for persons living in Colorado. Also provides special services in the areas of anxiety disorders and depression.

Organization: **Conflict Center**
Web Site: www.conflictcenter.org
Telephone: 303-433-4983
Address: 4140 Tejon Street
Denver, Colorado 80211
Description: Teaches nonviolent methods for dealing with conflict to the public.

Organization: **Confluence Counseling**
Email: lesliewithaccord@yahoo.com
Telephone: 303-832-5333
Address: P.O. Box 100431
Denver, CO 80250
Contact: Les Lewark, MA, LPC, CAC III, Licensed Professional Counselor
Description: Offers licensed professional counseling and psychotherapy and certified level III by the Alcohol and Drug Abuse Division Department of Human Services. Clinical member of the American Association for Marriage and Family Therapy. The fee amount is on a sliding scale.

Organization: **Counseling and Family Therapy Center, The**
Telephone: 303-556-4372
Address: Campus Box 106
P.O. Box 173364
Denver, CO 80217
Contact: Patricia Larsen, Clinic Director
Description: Offers individuals, couples, and family counseling. Provides personal growth and family relationship counseling. Call to make an appointment for in-person intake. The program charges a fee on a sliding scale fee starting at \$5 – \$47 a session.

Organization: **Denver Behavioral Health**
Telephone: 303-629-5293
Address: 1038 Bannock Street
Denver, CO 80204
Description: \$60 intake/evaluation fee; must be referred by a Denver Health Primary Care physician. Accepts Medicaid and other insurance.

Organization: **Denver Catholic Community Services**
Web Site: www.catholiccharitiesdenver.org
Telephone: 303-742-0828
Address: 2525 W. Alameda Avenue
Denver, CO 80219
Description: Offers Spanish and English counseling, No evaluations. Sliding Scale Fee structure from \$35-100, Medicaid and other private insurance accepted. Psychiatrist available if seeing a counselor at the agency \$90 – \$100 for intake and \$45 – \$75 for followup.

Organization: **Denver Family Institute**
Telephone: 303-756-3340
Address: 7200 E. Hampden Avenue
Suite 301
Denver, CO 80033
Description: Counseling for children, adolescents, families and individuals. DFI treats a wide range of issues. No Evaluations.
Phone calls returned within 24 hours.
Sliding scale fee based on ability to pay.

Organization: **Denver Health - Outpatient Behavioral Health Services**
Web Site: www.denverhealth.org
Telephone: 303-436-5690 (Outpatient Behavioral Health Services)
Address: 777 Bannock Street
Denver, CO 80204
Description: Outpatient mental health therapy and medication are provided to adults, adolescents and children. Dual diagnosis treatment is available for substance abusers. Intake walk-ins are on Tuesday and Thursday, 8:00am until patient capacity is reached.
Medicaid, Medicare A and B, Denver Health Medical Plan, CHP +, and some private pay insurance accepted.

Organization: **Eccos Family Center**
Telephone: 303-480-1920
Address: 655 Broadway
Suite 450
Denver, CO 80203
Description: Bilingual (Spanish) counseling for child, adolescent, family, and adults. Medicaid only if person lives in Denver,
Sliding scale w/o Medicaid,
No psychiatrist.

Organization: **El Futuro**
Web Site: www.eccosfamilycenter.org/e_futuro.htm
Telephone: 720-904-7125
Address: 1070 Bannock Street
Suite 150
Denver, Colorado 80203
Contact: Chris Medina
Description: El Futuro provides educational, social, and counseling interventions to the Latino community at risk or living with HIV/AIDS through support groups, individual counseling and community center activities. Services are geared toward gay and bisexual Latino men.

Organization: **Genius... Over the Edge LLC**
Telephone: 720- 939-5853
Address: 595 Badger Creek Drive
Brighton, Co 80601
Contact: Ms. Ravenna Windwalker, Executive Director
Description: To promote and facilitate mental and emotional health through collaborative insight and conscious personal choice.

Organization: **Hope Care and Counseling Center**
Telephone: 720-981-8881
Address: 1980 Dahlia Street
Denver, CO 80220
Contact: Dr. Ken Plattner, Executive Director
Description: Counseling, psychotherapy, and pastoral care are provided to individuals, families, couples, adolescents, and seniors.
Fee Amounts: \$95 per 50-minute session or sliding scale fee.

Organization: **Jewish Family Services**
Telephone: 303-597-7777
Address: 3201 S. Tamarac Drive
Denver, CO 80231
Description: Child, adult, couples, family counseling. and bereavement groups. Support group for caretakers of chronically ill family members. Same day/week intakes available.
Sliding scale fee based on income; accept Medicaid and most insurance. No psychiatrist.

Organization: **Journey's of the Heart, Inc.**
Web Site: www.journeysoftheheartinc.com
Email: admin@journeysoftheheartinc.com
Telephone: 303-295-3118
Address: 820 21st Street
Denver, Co 80205
Contact: Ms. Lyndia Kent, VP of Operations/Secretary
Description: Offers in-home family and individual therapy; therapeutic respite; emergency respite; crisis intervention; parenting classes; anger management classes; assistance and community issues; case management.
Intake Requirements: Call to set up appointment and call to inform the therapists about your situations and needs, and what you would like to accomplish in therapy. Also call to set up payment plan.
Payment is on a sliding scale fee. The program takes Medicaid, Medicare and private pay accepted.

Organization: **La Casa/Quigg Newton Family Counseling Center**

Telephone: 303-436-8670

Address: 4545 Navajo Street
Denver, CO 80211

Description: This service is sponsored by the Colorado Coalition for the Homeless and serves residents of the Quigg Newton Public Housing.

Organization: **MDS Counseling Center**

Web Site: www.mdscounseling.org

Email: susan_kamler@mariadroste.org

Telephone: 303-756-9052, Ext. 127 (Intake line)

Address: 1355 S. Colorado Boulevard
#C100

Denver, CO 80222-3305

Contact: Sue Kamler, Intake Coordinator

Description: Provides out-patient counseling services, which include group, family, couple (marriage), and individual counseling dealing with issues such as depression, anger management, sexual abuse, sexual orientation issues, anxiety, and alcohol and/or substance abuse. Also provides therapeutic visitation. No medication services available. Medicaid, Medicare (in some circumstances), private insurance, and self-pay sliding scale based on income.

Organization: **Maria Droste Services of Colorado**

Telephone: 303-756-9052

Address: 1355 S. Colorado Blvd.
Denver, CO 80222 – 3305

Description: Counseling service; 20 private pay counselors, 1 Psychiatrist (does not take insurance/Medicaid).
Evaluations \$125-\$150, Sliding Scale \$50-\$125, and Interns will see clients with sliding scale fees as low as \$5-\$35, based on ability to pay.
Psychiatrist fees are \$90-\$165 for intake and \$75-\$125 for medication management and therapy. Medicare/Medicaid.

Organization: **Men's Center**

Telephone: 303-420-7322

Address: 609 W. Littleton Blvd.
Suite 305
Littleton, CO 80120

Description: Licensed Psychologist providing counseling for men, women, families, and adolescents. Testing and evaluations (\$200-\$500). Counseling sessions range from \$50/hr to \$125/hr based on ability to pay.
No insurance/Medicare/Medicaid accepted.

Organization: **Mount Saint Vincent Home**

Telephone: 303-458-7220

Address: 4159 Lowell Boulevard
Denver, CO 80211

Description: Outpatient Counseling Services - Individual, family or group therapy and counseling services for adults or children. Fees are private pay on a sliding fee scale.

Organization: **Multi-Service**

Telephone: 303-922-0234

Address: 3221 W. 1st Avenue
Denver, CO 80219

Description: Spanish services available. Outpatient counseling for substance abuse, domestic violence, marriage and family. Group therapy, individual counseling, and UA testing.

No evaluations/No Psychiatrist.

Fees: \$25-\$200 based on service requested.

Organization: **People House**

Web Site: www.peoplehouse.org

Telephone: 303-480-5130

Address: 3035 W. 25th Avenue
Denver, CO 80211

Description: Counseling for spiritual and personal growth, depression, anxiety, anger, grief, self esteem, relationships, trauma recovery, sexual abuse, substance addiction, eating disorders, career counseling, and conflict resolution. Educational classes, workshops and groups are also offered.

Sliding scale of \$15-\$40 to see an intern or \$40-\$60 for senior professionals.

Organization: **Professional Psychology Center at Denver University**

Telephone: 303-871-3626

Address: 2450 S Vine Street
Denver, CO 80210

Description: Child, adolescent, family, adult counseling. Testing, court ordered evaluations (same fee). Psychiatrist available for established clients. Call for initial consultation. If appropriate, you will be put on a wait list.

Sliding scale fee of \$10-\$50 a session, accepts Denver County Medicaid.

Organization: **Project PAVE**
Web Site: www.projectpave.org
Telephone: 303-322-2382
Address: 2051 York Street
Denver, CO 80206
Contact: Amy Stambuck, ProgramDirector
Johanna Ulloa (Bilingual)
Description: This program is for youth and families who are or have been affected by domestic violence, abuse, and or neglect.
The program provides individual and family counseling for youth and families affected by domestic violence, abuse, and or neglect; group counseling also available.
PAVE also has school-based counselors in three schools in DPS, Adams 50, and Aurora.

Organization: **Progressive Therapy Systems, P.C.**
Telephone: 303-831-9344
Address: 758 Sherman Street
Denver, CO 80203
Description: Victim Counseling: Offers services designed to help both the victim of sexual abuse and persons closest to the victim. Services include individual psychotherapy, group therapy for child survivors of incest and sexual abuse starting from age four, group therapy for adult male or female survivors and sexual assault survivors, and support groups for parents whose children have been sexually abused, for family members, and for male or female partners of sexual abuse survivors.
Fee Amounts: \$70 per hour. Group therapy is \$40 per hour.

Organization: **Services De La Raza**
Telephone: 303-477-3817
Address: 4055 Tejon Street
Denver, CO 80211
Description: Drug/alcohol counseling, individual/ family/group counseling, counseling for victims of domestic violence, and bilingual services.
Fees: \$45 intake fee, sliding scale for individual sessions (\$25 minimum), 1 group per week, Medicare/Medicaid accepted, will perform Evaluation only (\$175 for Psychiatric evaluation).
Limited Psychiatric services available.

Organization: **Shepherds Gate Counseling Services at Denver Seminary**
Telephone: 303-762-6987
Address: 6933 S. Santa Fe Drive
Littleton, CO 80120
Description: Training program for graduate students. Serve clients without major mental illnesses.
Sliding scale \$5-\$10. No insurance accepted. No court ordered cases or evaluations. No Psychiatrist.

Organization: **Stout Street Clinic**

Telephone: 303-293-2220

Address: 2100 Broadway
Denver, CO 80205

Description: Psychiatrist available for homeless clients (no fee).
Consumers can line up Monday, Tuesday, Thursday, and Fridays at 8:00am.
Doors open at 8:30am.

Organization: **University of Colorado Health Sciences Center
(Aurora/Fitzsimons)**

Telephone: 720-848-4011

or
303-372-6868 crisis number

Address: 12605 E. 16th Avenue
Denver, CO 80215

Description: Only sees patients that come through the ER. Cannot call to schedule an appointment.
Sliding scale, Medicaid if pregnant, \$250 intake fee.

Organization: **University of Colorado at Denver, Auraria Campus**

Telephone: 303-556-4372

Address: Campus Box 106
P.O. Box 173364
Denver, CO 80217
OR

Physical Address
600 Larimer Street
Denver, CO

Description: Offers counseling services, no evaluations. Intake is free of charge. Same-week appointments available. Sliding scale fee structure from \$5-\$40 to see interns or graduate students in practicum.
10 free sessions for Denver Public Schools' students and their families.
No insurance or Medicaid and Medicare accepted.

4-4. FREE OR REDUCED-FEE GENERAL MEDICAL CARE

Organization: **AF Williams Medicine Clinic – A University Hospital Clinic**

Telephone: 720-848-9000

Address: 3055 Rosylen Street
#100, Mail Stop B155
Denver, CO 802431-4178

Description: General medical care.

Organization: **ARTS Outpatient Special Services Clinic**

Telephone: 303-355-1014

Contact: Michale Cugini, Clinical Coordinator

Description: Provides medical care such as HIV testing, HIV-related medications, and regular check-ups. Also offers group, individual, and family counseling and support services to persons who are HIV positive or have AIDS and are also substance abusers.

Organization: **Care Van - Mobile Medical Program - ACS Community LIFT**

Email: cymichael22@hotmail.com

Telephone: 303-935-7389

Address: 5045 W. 1st Avenue
Denver, CO 80219

Description: Provides a mobile medical program providing blood cholesterol/glucose screenings, blood pressure checks, health education and prevention, lifestyle and age assessments. Care Van is at Colfax Ave. and Pearl St. every Tuesday from 6:30pm – 8:30pm. Co-sponsored by Porter Care Hospital/Centura. Call to schedule the Mobile Medical Van for community. Must find/have your own staff nurse or doctor.
Program intended for the medically indigent population.

Organization: **Caritas Clinic - Exempla Saint Joseph Hospital**

Telephone: 303-318-2250

Address: Midtown Building 2
2005 Franklin Street
Suite #390
Denver, CO 80205

Contact: Cherie Werkhoben

Description: Adult health care services are provided for low income and underinsured persons. Services are provided by physicians in internal medicine, surgery, and OB/GYN.
Sliding scale fee. Medicare and Medicaid accepted.

Organization: **Clinica Campesina Family Health**
Telephone: 303-650-4460
Address: 1701 W. 72nd Avenue
Third Floor
Denver, CO 80221
Contact: Mr. Pete Leibig, Director
Description: Comprehensive medical care services are offered, including health screenings, physical examinations, prenatal care, immunizations, etc. Sliding scale fee with a minimum of \$10; Medicare and Medicaid accepted. Colorado Child Health Plan.

Organization: **Clinica Tepeyas**
Telephone: 303-458-5302
Address: 3617 Kalamath Street
Denver, CO 80211
Description: Provides health care needs to those without medical insurance. The majority of their patients come from working families who are also Spanish-speaking residents of the Metro Denver area. They provide wellness and physical exams; immunizations for adults and children; diabetes management, breast, cervical, and colorectal cancer screenings; classes in Spanish; and a teen clinic.

Organization: **Center for Medicaid/ Medicare Services, The**
Telephone: 303-844-2111
Address: 1600 Broadway
Suite #700
Denver, CO 80202
Description: Assures that Medicare beneficiaries and Medicaid recipients receive quality medical care at reasonable costs. Also administers two significant programs that contribute to assuring the quality of medical care for Medicare and Medicaid beneficiaries.

Organization: **Colorado Foundation of Dentistry for the Handicapped**
Web Site: www.nfdh.org
Telephone: 303-534-5297
Address: 1800 15th Street
Suite 100
Denver, CO 80202
Contact: Rob Saldana
Description: In conjunction with the Colorado Dental Association, provides comprehensive donated dental services to the elderly, medically compromised, or disabled.

Organization: **Colorado Indigent Care Program (CICP)**
Web Site: list of CICP medical providers can be found at www.chcpf.state.co.us
Telephone: 303-866-3513
Toll Free: 800-221-3943
Description: The Colorado Indigent Care Program is used to partially reimburse medical providers for services given to the State's non-Medicaid indigent residents. The benefits vary from clinic to clinic and from hospital to hospital. The Colorado Indigent Care Program is not an insurance program but rather a financial vehicle for providers to recoup their medical cost at a "discount."

Organization: **Community College of Denver Dental Hygiene Program**
Telephone: 303-356-7771
Address: Lowry Campus
1062 Akron Way
Building 753
Denver, CO 80230
Description: Provides exams, x-rays, cleanings, preventative maintenance, and sealants at reduced rates to adults and children. Rates are reduced more for children and seniors. The approx. cost for a cleaning is \$25 with additional costs for x-rays. Insurance is not accepted.

Organization: **Denver Health - Adult Urgent Care Clinic**
Web Site: www.denverhealth.org
Telephone: 303-436-6070
Address: 777 Bannock Street
First Floor
Denver, CO 80204
Description: Provides health care for adults on a walk-in basis only. Patients who do not have a defined health provider also may access the clinic for acute/urgent medical problems. The clinic offers basic medical evaluation, radiology, laboratory, and pharmacy services. Patients who require routine medical followup are referred to one of Denver Health's community health centers in their neighborhood.

Organization: **Denver Health - Ambulatory Care Center**
Web Site: www.denverhealth.org
Telephone: 303-436-6533
Address: 777 Bannock Street
Second Floor
Denver, CO 80204
Description: The ACC features primary care services through its Kids Care, Women's, and Adult clinics. Other services include ear, nose, and throat; eye; and orthopedic clinics. Additional ambulatory care clinics include dental and surgery clinics.

Organization: **Denver Health - Bernard F. Gipson, Sr., Eastside Family Health Center**

Web Site: www.denverhealth.org

Telephone: 303-436-4600

Address: 501 28th Street (at the intersection of 28th and Welton Streets)
Denver, CO 80205

Description: The Eastside clinic provides primary care services for infants, children, adolescents, adults and seniors. Additional services include dental services, medical laboratory, and a pharmacy.
The Enrollment Specialists assist uninsured patients in enrolling in any of the special medical insurance plans for which they may qualify.

Organization: **Denver Health – La Casa/Quigg Family Health Center**

Web Site: www.denverhealth.org

Telephone: 303-436-8700

Address: 4545 Navajo Street
Denver, CO 80211

Description: One of Denver Health's family health clinics offering comprehensive medical care for all ages.

Organization: **Denver Health – La Mariposa Family Health Center**

Web Site: www.denverhealth.org

Telephone: 720-956-2260

Address: 1020 W. 11th Avenue
Denver, CO 80204

Description: One of Denver Health's family health clinics offering comprehensive medical care for all ages.

Organization: **Denver Health - Lowry Family Health Center**

Web Site: www.denverhealth.org

Telephone: 303-436-4545

Address: 1001 Yosemite Street
Denver, CO 80230

Description: One of Denver Health's family health clinics offering comprehensive medical care for all ages.

Organization: **Denver Health - Montbello Family Health Center**

Web Site: www.denverhealth.org

Telephone: 720-956-2730

Address: 4685 Peoria Street
Denver, CO 80239

Description: One of Denver Health's family health clinics offering comprehensive medical care for all ages.

Organization: **Denver Health - Nurse Line**

Web Site: www.denverhealth.org

Telephone: 303-739-1211

Address: 1010 Yosemite Street
Denver, CO 80220

Contact: Ronda Dunlap, R.N.

Description: Free medical advice offered 24 hours a day. Nurses evaluate the health issue over the phone and make a recommendation about next steps.

Organization: **Denver Health - Park Hill Family Health Center**

Web Site: www.denverhealth.org

Telephone: 720-956-2820

Address: 3900 Grape Street
Denver, CO 80207

Description: One of Denver Health's family health clinics offering comprehensive medical care for all ages.

Organization: **Denver Health - Sam Sandos Westside Family Health Center**

Web Site: www.denverhealth.org

Telephone: 303-436-4200

Address: 1100 Federal Blvd.
Denver, CO 80204

Description: Provides comprehensive primary and preventive care including management of chronic diseases for patients of all ages. This clinic includes primary care services for infants, children, adolescents, adults and seniors. Additional services include a dental clinic, medical laboratory, and pharmacy.

Organization: **Denver Health - Westwood Family Health Center**

Web Site: www.denverhealth.org

Telephone: 720-956-2900

Address: 4320 West Alaska Avenue
Denver, CO 80219

Description: One of Denver Health's family health clinics offering comprehensive medical care for all ages.

Organization: **Denver Health -Dental Services**

Web Site: www.denverhealth.org

Telephone: 303-436-6440

Address: Main Hospital
777 Bannock Street
Second Floor
Denver, CO 80204

or

Eastside Family Health Center
501 28th Street 80205
Denver, CO

or

Sam Sandos Westside Family Health Center
1100 Federal Blvd.
Denver, CO 80204

Description: Denver Health offers general dentistry services at Eastside Family Health Center.

The Dental services offered at the community health centers are emergency dental care, routine restorative dentistry, preventative treatment (hygiene and sealant), endodontic treatment (root canals), and prosthodontic treatment (dentures and partials).

The Hospital's Denver Health Dental Clinic is typically referred to for the more complex cases. This is the only dental clinic that offers conscious sedation to dental patients.

Organization: **Denver Indian Health and Family Services, Inc.**

Web Site: www.dihfs.org

Telephone: 303-781-4050

Address: 3749 South King Street
Denver, CO 80236

Description: Provides services for members of Federally Recognized Tribes who reside in the Denver metropolitan area. Documentation is required. Services include dental, optical, prescriptions, substance abuse treatment, diabetes treatment and education, mental health, youth prevention programs, and victims services.

Organization: **Denver Rescue Mission Clinic**

Telephone: 303-294-0157

Address: 1130 Park Avenue West
Denver, CO 80205

Description: The Mission's health clinic provides free medical, dental, optical, hearing, and chiropractic services to the poor. Volunteer medical professionals play an integral part in this clinic program.

Organization: **Doctor Van, The**
Description: Every Tuesday night, 6:00pm – 8:00pm in parking lot at Office Depot at Colfax and Pearl. Full range of medical services. (Bad weather may prevent their arrival.)

Organization: **Evans House - Roundup Fellowship VI**
Telephone: 303-757-8008, Ext. 19
Address: 2101 S Cook Street
Denver, CO 80210
Contact: Stacy Gulmantovicz, Program Director
Description: Provides 24-hour medical and daily needs care to adults with both physical and developmental disabilities in a warm, home-like environment.
Fee Amounts: Vary depending on extent of services needed.
Medicaid and private pay accepted.

Organization: **Howard Dental Center**
Web Site: www.howarddental.org
Telephone: 303-863-0772
Address: 1420 Ogden Street
Denver, CO 80218
Description: For men, women, and children living with HIV/AIDS.

Organization: **Inner City Health Center**
Web Site: www.innercityhealth.com
Telephone: 303-296-1767
Address: 3405 Downing Street
Denver, CO 80205
Description: Inner City Health Center is a volunteer based health care facility committed to improve the health of low-income and medically uninsured families. Inner City Health Center is a full range health care facility, providing adult, pediatric, and prenatal care, spiritual guidance, patient advocacy, and dental services.

Organization: **Kaiser Connections**
Web Site: www.kaiserpermanente.org
Telephone: 303-337-2524
Call for application
Address: P.O. Box #921010
Ft. Worth, TX 76116
Contact: Kathy Queary
Description: Provides low-cost health care coverage for families who otherwise could not afford health care. *
Cannot be enrolled in Medicaid or Medicare.

Organization: **Rocky Mountain Poison and Drug Center**
Telephone: 303-739-1123
or
HOTLINE: 800- 332-3073
Address: 1001 Yosemite Street
Denver, CO 80230
Contact: Richard Dart, M.D., Ph.D., Director
Description: A 24-hour emergency phone service provides information regarding treatment of any form of poisoning, exposure to toxic substances, drug reaction or overdose.

Organization: **Rose Family Medicine Center**
Web Site: www.rfmr.com
Telephone: 303-584-7900
Address: 2149 South Holly Street
Denver, CO 80222
Description: Offers a broad spectrum of outpatient services including pediatrics, adolescent and adult medical and preventive care; prenatal and OB care; acute, chronic, and minor injury care; geriatric medicine; well woman care; full service laboratory and x-ray services; newborn and infant care; patient education; school, work, and sports physicals; and sports medicine. Medicare, Medicaid, and private insurance accepted.

Organization: **Samaritan House Clinic**
Telephone: 303-294-0241
Address: 2301 Lawrence Street
Denver, CO 80205
Description: Volunteer physicians treat homeless patients at the Samaritan House. The Samaritan House provides temporary shelter for homeless individuals and families.
Clinic hours are 7:00pm – 9:00pm on Wednesdays.

Organization: **Saint Anthony Central Hospital**
Web Site: www.stanthonyhospital.org
Telephone: 303-629-3511
Address: 4231 West 16th Avenue
Denver, CO 80204
Description: St. Anthony Regional Hospital's Emergency Room provides care for the community's residents. Available services include physician consultation, laboratory evaluations, x-ray examinations, surgery, and pastoral care. St. Anthony is a state-designated Level III Trauma Center.

Organization: **Stout Street Clinic**

Telephone: 303-296-4996

Address: 2100 Broadway
Denver, CO 80205

Description: Stout Street Clinic provides a diverse range of services that includes comprehensive primary medical, prenatal, pediatric, vision and dental care; mental health/psychiatric services; and a pharmacy to the homeless. They also provide the Stout Street Mobile Clinic, which operates throughout Denver.

Organization: **University of Colorado Hospital**

Web Site: www.uch.edu

Telephone: 303-372-0000

Address: 9th and Colorado Campus
4200 East 9th Avenue
Denver, CO 80262

Description: Colorado Indigent Care Program (CICP) hospital for general inpatient services and emergency/urgent care.

Organization: **University of Colorado School of Dentistry – Adult**

Telephone: 303-315-8752, Ext. 2

Address: 4200 East 9th Avenue
Suite C-284
Denver, CO 80262

Description: Dentistry for adults.

Organization: **Visiting Nurse Association (VNA)**

Web Site: www.vnacolorado.org/services/community.cfm.

Telephone: 303-698-2121

Address: 390 Grant Street
Denver, CO 80203

Description: Services are provided by dedicated teams of professional caregivers: nurses, certified home health aids, homemakers, personal care providers, medical social workers, dietitians, parent advocates, and physical, occupational, and speech therapists.

Organization: **Women's AIDS Project - Empowerment Program, The**

Telephone: 303-320-1989

Address: 1600 York Street
Suite #201
Denver, CO 80206

Contact: Jan Van Sickle, Program Manager

Description: Offers services to women at risk for the HIV infection and those living with AIDS or HIV. Provides education, outreach, and prevention services to women. Also offers case management, assistance with resources such as food, housing, clothing, and medical care, group and individual counseling for mental health and substance abuse issues, weekly support groups, youth counseling, legal referrals, and SSI assistance.

Organization: **Women's Center - Rose Medical Center**

Telephone: 303-320-2121

Address: 4567 East 9th Avenue
Denver, CO 80220

Contact: Vicki Swindell, Director

Description: Services span the ever-changing spectrum of a woman's health needs. Offer parent education and medical and psychological assistance in regard to infertility. Depending on service, Medicaid, Medicare, and private insurance accepted.

4-5. HOUSING ASSISTANCE

- Organization: **ACCESS Housing**
Telephone: 303-289-7078
Address: 6978 Colorado Blvd.
Commerce City, CO
Description: Temporary emergency shelter for families with children. 8 units. Must apply and complete intake Monday – Friday, 8:30am – 5:00pm
- Organization: **Access Modification - Rental Housing Access Modification Program (RAMP) - Atlantis Community, Inc.**
Telephone: 303-733-9324 (Main number to Atlantis Community, Inc.)
Address: 201 South Cherokee Street
Denver, CO 80223
Contact: Dawn Russell
Description: Program provides access modification for people with disabilities living in rental property located in the City and County of Denver Persons must meet the ADA definition of disability and earn/receive 50% or less of the median income for the City of Denver (MSA).
- Organization: **African Community Center, The Refugee Resettlement**
Email: accdenver@earthlink.net
Telephone: 303-399-4500
Address: 1201 E. Colfax Avenue
Denver, CO 80218
Contact: Jennifer Gueddiche, Program Director
Description: Refugee resettlement: (housing, employment, case management, and support services for refugees, asylees, and immigrants.
Languages Spoken: English, Arabic, Amharic, Somali, Serbian, Basnian, Dinka, French. Refugees must have I-94 Visa. Asylees must show proof of immigration status.
- Organization: **Alternatives Pregnancy Center**
Telephone: 303-295-2288
Address: 1860 Larimer Street
Suite 200
Denver, CO 80202
Description: Free pregnancy testing, pregnancy consultation, referrals for medical care, short-term housing, and post-abortion services are available to women.

Organization: **Anchor 1 Housing Program - St. Francis Center**
Web Site: www.sfcdenver.org
Telephone: 303-297-1576 (St Francis Center)
Address: 2323 Curtis Street
Denver, CO 80205
Contact: Ms. Jackie Humphrey, Clinical Case Manager
Description: Provide permanent and temporary housing with supportive services for men who are homeless with a disabling mental health diagnosis.

Organization: **Archdiocesan Housing Committee, Inc. (AHC)**
Telephone: 303-830-0215
Address: 1544 Pearl Street
Denver, CO 80203
Description: Provides low income persons with housing, support, and understanding from caring staff.

Organization: **Argyle Park - Independent Living**
Telephone: 303-455-9513
Address: Northwest Denver
Contact: Eric Meyer, Director of Administration Services
Description: There are 51-bedroom HUD subsidized, unfurnished apartments. Building is wheelchair accessible. Small pets are allowed. Noon meal is available.

Organization: **Atlantis Community, Inc.**
Telephone: 303-733-9324
Address: 201 South Cherokee Street
Denver, CO 80223
Description: Provides assistance with apartment locating, renovations for access, start-up expenses, co-signing for utilities, home repair, maintenance, finding appliances and furniture, landlord-tenant disputes, and roommate matching for persons who are severely disabled.

Organization: **Barney Ford Heights - Denver Housing Authority**
Telephone: 303-832-5120
Address: 2024 Clarkson Street
Denver, CO 80205
Contact: Annie Hurst, Housing Manager
Description: Subsidized building with 100 buffets, one-bedroom, and two-bedroom units for seniors. Building is wheelchair accessible. Small pets are allowed. Visiting nurse program is available.

Organization: **Barrio Aztlan Homeownership Program - NEWSED Community Development Corporation**

Web Site: www.newsed.org

Telephone: 303-534-8342, Ext. 101

Address: 1029 Santa Fe Drive
Denver, CO 80204

Contact: Laura Martinez, Housing Counselor

Description: Provides housing services to the low-to-moderate income.

Organization: **Barrio Aztlan - Southwest Improvement Council**

Telephone: 303-934-2181, Ext. 1

Address: 1000 S Lowell Boulevard
Denver, CO 80219

Contact: Liz Freyta, Housing Counselor

Description: Offers assistance with down payment and closing costs, to purchase a house in the metro Denver area for first-time homebuyers.

Provides assistance with home ownership training and low cost mortgage loans. Also referrals to low cost rental housing owned by SWIC and managed with below market rents.

Organization: **Barth Hotel - Senior Housing Options, Inc.**

Web Site: www.seniorhousingoptions.org

Telephone: 303-534-7142

Address: 1514 17th Street
Denver, CO 80226

Contact: Carla Pradia, Manager

Description: Sixty-two sleeping rooms, some with bath, with full assisted living services offered. Rooms are furnished. Building is wheelchair accessible.

Organization: **Brothers Redevelopment, Inc.**

Web Site: www.briathome.org

Telephone: 303-202-6340

Address: 2250 Eaton Street
Suite B
Denver, CO 80214

Description: Nonprofit organization that provides affordable, safe, accessible housing and housing services to low income persons, seniors, and persons with disabilities in Colorado.

Organization: **Catholic Charities – Samaritan House**

Telephone: 303-742-0828

Address: 2301 Lawrence Street
Denver, CO 80205

Description: Provides emergency shelter to homeless individuals and families; assists residents in acquiring permanent housing and a dependable source of income.

Organization: **CHARG - Project to Assist in Transition from Homelessness**
Telephone: 303-293-2220, Ext. 1507
Address: 2100 Broadway
Metro Denver, CO 80205
Contact: Tim Miller, Coordinator
Description: Offers outreach to homeless persons with mental illness. Also offers case management and other assistance in accessing housing and vocational and mental health treatment services, assistance with eligibility requirements for public assistance programs, and ongoing liaison with major homeless-serving agencies.

Organization: **Charity's House Ministries**
Telephone: 303-296- 3842
Address: 3022 Welton Street
Denver, CO 80205
Contact: Marshall Novling, Manager
Description: Provides aftercare for men coming out of prison with wraparound services to prevent recidivism.

Organization: **Colorado AIDS Project**
Telephone: 303-837-0166
Address: 701 E. Colfax Avenue
Suite 212
Denver, CO 80203
Contact: Mrs. Jackie Long, Director of Public Relations
Description: Offering case management, bilingual case management, mental health and substance abuse counseling, HIV prevention counseling, support groups, food bank, housing, health insurance assistance, and transportation and financial assistance.

Organization: **Colorado Coalition for the Homeless**
Telephone: 303-293-2217
Address: 2111 Champa Street
Denver, CO 80204
Description: Provides a range of healthcare services, housing and supportive programs for both families and individuals.

Organization: **Colorado Department of Human Services – Supportive Housing and Homeless Programs (SHHP)**
Telephone: 303-866-7350
Address: 4020 South Newton Street
Denver, CO 80236
Description: SHHP's rental assistance programs are available in all counties in Colorado. SHHP partners with over 60 private nonprofit agencies to provide housing options for Colorado citizens with special needs. The rental assistance programs provide a subsidy for extremely low and very low income families, the elderly, the homeless, and persons with disabilities to rent decent, safe, and sanitary housing in the community.

Organization: **Colorado Division of Housing (DOH)**

Telephone: 303-866-2033

Address: 1313 Sherman Street
Room 518

Denver, CO 80203

Contact: Connie Campos, 303-866-4650

or

Marge Lambeth, 303-866-4649

Description: Provides rental assistance subsidies (Section 8 Vouchers) to low-income families in 47 Colorado counties. DOH contracts with local housing agencies that focus on family eligibility and ensure that the rental unit meets housing quality standards.

Organization: **Colorado Housing Assistance Corporation**

Telephone: 303-572-9445

Address: 670 Santa Fe Drive

Denver, CO 80204

Description: Down payment assistance, first time homebuyer's education seminar, and home purchase/mortgage default lending. The mission of the program is to increase home ownership opportunities for low and moderate income families in Colorado.

Organization: **Colorado Housing and Finance Authority**

Telephone: 303-297-2432

Address: 1981 Blake Street

Denver, CO 80202

Description: Low-interest loans are offered to low to moderate income families to purchase homes, as is financing for development of rental housing and small business growth.

Organization: **Community Housing Services, Inc.**

Telephone: 303-831-1966

Address: 1212 Mariposa Street

Denver, CO 80204

Contact: Grace Crewse, Manager

Description: Elderly Housing, Housing Information, and Referral
Provide services to individuals and families to help them find, and retain safe, stable and affordable housing.

Organization: **Colorado Veterans for Housing, Inc.**

Telephone: 303-322-6891

Address: 1732 High Street

Denver, CO 80218

Description: Provides a transitional housing opportunity to homeless veterans to enable the veteran to improve his/her housing situation.

Organization: **Crossing (The) – Transitional Housing**

Telephone: 303-297-1815

Address: 6090 Smith Road
Denver, CO 80216

Description: The Crossing is a transitional housing program that offers privacy and safety to employed families with or without children, couples, single males, and single females.

Walk-in for application Monday – Sunday, between 3:00pm – 8:00pm.

Must have an I.D. and proof of income.

Languages: English, Spanish, Urdu, Punjabi.

Fee: First night fee up to \$42, subsequent nights charged on a sliding scale.

Organization: **Damen House**

Telephone: 303-433-4280

Address: 52nd and Federal Blvd.
Denver, CO 80221

Description: Long-term residence for homeless, single mothers with children under 12, and domestic violence cases.

Organization: **Del Norte Neighborhood Development Corporation**

Telephone: 303-477-4774

Address: 2926 Zuni Street
Suite #202
Denver, CO 80211

Contact: Rosa Madrigal, Manager

Description: Assists low and moderate income families to become homeowners. Works with families before and after the purchase on budgeting, home maintenance, financing, and credit reports.

Organization: **Delores Project, The**

Telephone: 720-218-5466

Address: Confidential

Description: Emergency overnight shelter for single women.

Organization: **Denver Department of Human Services**

Web Site: www.denvergov.org

Telephone: 720-944-2775

Address: 1200 Federal Boulevard
Denver, CO 80204

Description: Rental assistance (3-day demand for payment), emergency housing, food vouchers, personal hygiene items, and bus tokens are provided to low income persons, when available.

Organization: **Denver Housing Authority**

Web Site: www.dhanet.com

Telephone: 720-932-3000

Address: 777 Grant Street
Denver, CO 80203

Description: Denver Housing Authority's mission is to promote adequate and affordable housing, economic opportunity, and a suitable living environment free from discrimination in Denver.

Organization: **Denver Rescue Mission**

Web Site: www.denverrescuemission.org

Telephone: 303-297-1815, Ext. 1118

Address: 3501 E. 46th Avenue
Denver, CO 80216

Contact: Rachael Heivilin, Program Coordinator

Description: Provides: Shelter, Family Housing Assistance, General Goods, and Distribution to Individuals and Organ.

Organization: **Disability Center for Independent Living, Inc.**

Telephone: 303-320-1345

Address: 5900 E. 39th Avenue
Denver, CO 80207

Description: Provides emergency funding for housing and utility emergencies.

Organization: **Englewood House of Hope**

Telephone: 303-762-9525

Description: Shelter for women with children, up to 90 days stay at no cost.

Organization: **Family HomeStead**

Telephone: 303-623-6514

Address: P.O. Box 40186
Denver, CO 80204

Contact: Les Jones, Director

Description: Emergency and transitional housing

Organization: **First Time Homebuyer Counseling - Northeast Denver Housing Center**

Email: htalor@nedenverhousing.org

Telephone: 303-377-3334

Address: 1735 Gaylord Street
Denver, CO 80206

Contact: Helen Taylor, Housing Counselor

Description: Provides one-on-one counseling sessions and workshops that educate consumers about home ownership issues. Areas covered range from prepurchase counseling to foreclosure prevention, and also includes a home equity conversion program for seniors. Services also include default and mortgage counseling.

Organization: **First Time Homebuyers Education Seminar - Colorado Housing Assistance**
Email: colohac@aol.com
Telephone: 303-572-9445
Address: 670 Santa Fe Drive
Denver, CO 80204
Description: Offers an educational seminar to first-time homebuyers and provides counseling on buying a home.

Organization: **Francis Heights Clare Gardens**
Telephone: 303-433-6268
Address: 2626 Osceola Street
Denver, CO 80212
Description: Subsidized building with independent housing options available to seniors and persons with disabilities.

Organization: **Gathering Place, The**
Telephone: 303-321-4198
Address: 1535 High Street
Denver, CO 80218
Description: A shelter for women and children only.

Organization: **Habitat for Humanity**
Web Site: www.habitatmetrodenver.org
Telephone: 303-534-2929
Address: 1500 W. 12th Avenue
Denver, CO 80204
Description: Builds homes in partnership with low income families and volunteers in need of simple, decent housing. Homes are sold to families with no-profit, no-interest mortgages. Homeowners must contribute 500 hours of "sweat equity" labor to the construction of their homes and others.

Organization: **Healthy Homes Initiative - Northeast Denver Housing Center, Inc.**
Telephone: 303-377-3334
Email: whawthorne@nedenverhousing.org
Address: 1735 Gaylord Street
Denver, CO 80206
Contact: Wendy Hawthorne, Program Manager
Description: The Healthy Home Initiative is a comprehensive, integrated program that addresses safety hazards found in the home environment. Services include lead-based paint abatement, lead testing in children, and educational workshops and seminars.

Organization: **Hope Communities, Inc.**
Telephone: 303-860-7747
Address: 2444 Washington Street
Denver, CO 80205
Contact: Dana Sakalys, Property Manager
Description: Housing is provided to low-income persons and persons with disabilities. Section 8 assisted and unassisted units are available.

Organization: **House of Grace - Redeemed Ones Outreach Ministries**
Telephone: 303-360-9885
Address: 1126 Yosemite Street
Denver, CO 80220
Contact: Pastor Pat Winn
Description: 12-month, faith-based transitional housing program for women coming out of jail or prison. This program serves female offenders and ex-offenders.

Organization: **IDA Asset Building - Assets for Family Success**
Web Site : www.unitedwaydenver.org
Telephone: For eligibility requirements and intake requirements please contact the following appropriate agencies:
Colorado Housing Assistance Corporation: 303-572-9445
NEWSED Community Development Corporation: 303-534-8342 ext. 101
Hope Communities: 303-860-7747
Micro Business Development: 303-308-8121
Assets for Family Success: 303-561-2323
Address: 2505 18th Street
Denver, CO 80211
Description: For qualified low income families and individuals, individual development accounts (IDA) are available. The IDAs are matched savings accounts that provide participants with \$4 for every \$1 of savings, up to \$4,000 in match. The money must be used for first-time home ownership, post-secondary education, or the startup/expansion of a business.

For specific requirements, please call Colorado Housing Assistance Corporation (CHAC), NEWSED Community Development Corporation or Hope Communities for home ownership, Micro Business Development (MBD) for Business or Tori Meyers (Assets for Family Success) for post-secondary education.

Clients must qualify based on your income or claim the Earned Income Tax Credit (EITC). Clients' net worth must not exceed \$10,000, excluding your primary residence and automobile. Clients must save a minimum amount of \$25 for at least six consecutive months. Clients must complete an approved basic financial education course. Clients must participate in asset-specific counseling. Clients must make a qualified purchase and contact their casemanager to access matched funds

Organization: **Interfaith Hospitality Network of Greater Denver**

Web Site: www.InterfaithHospitality.org

Telephone: 303-675-0713

Address: 915 E. 9th Avenue
Denver, CO 80218

Description: A nonprofit agency of churches providing shelter and supportive services to homeless families. During the day, professional staff provides counseling, case management, referrals, transportation assistance, and advocacy.

Organization: **Jefferson County Action Center**

Telephone: 303-237-7704

Description: Shelter must be able to prove 3 days of work to get in for first week, and you must work 4 days a week after entry.

Organization: **Karis Community**

Web Site: www.kariscommunity.com

Telephone: 303-355-5546

Address: 1361 Detroit Street
Denver, CO 80206

Description: Mission is to provide a transitional group opportunity for restoring basic life skills and improving the social well-being of individuals recovering from serious persistent mental illness.

Organization: **Matthews Center for Excellence**

Telephone: 303-295-0376

Address: 3154 Downing Street
Denver, CO 80205

Description: Transitional housing program for single women with a minimum stay of 3 months and a maximum stay of 1 year. Residents must volunteer a certain amount of time with a charity, and have the choice of attending on-site bible studies, AA classes, or support groups.

Organization: **Mercy Housing**

Web Site: www.mercyhousing.org

Telephone: 303-830-3300

Address: 1999 Broadway
Suite 1000
Denver, CO 80202

Contact: Brendalee Connors, Regional Vice President

Description: Their mission is to create and strengthen healthy communities through the provision of quality, affordable, service-enriched housing for low-income individuals and families.

Organization: **Mile High Ministries**
Web Site: www.milehighmin.org
Telephone: 720-377-1103
Address: 2330 Mulberry Place
Denver, CO 80204
Description: Joshua Station Transitional Housing - A 15-month, Transitional Housing program for families with children. Weekly meetings with the case manager provide support and encouragement.

Organization: **Neighborhood Partners**
Telephone: 720-946-9022
Address: 215 South Wadsworth Boulevard
Suite 240
Lakewood, CO 80226
Description: Dedicated to the renewal of neighborhoods through improved housing opportunities for low-income families. Renovates or constructs houses using volunteer labor and donated materials, and sells them to qualifying families.

Organization: **New Genesis**
Telephone: 303-831-4905
Address: 1680 Sherman Street
Denver, CO 80203
Description: Provides transitional housing for single men who are homeless and working. This is a 12-week program.

Organization: **Northeast Denver Housing Center, Inc.**
Web Site: www.nedenverhousing.org
Telephone: 303-377-3334
Address: 1735 Gaylord Street
Denver, CO 80206
Description: Affordable Housing Production: Rental housing and homeownership opportunities. Housing Related Services: Housing Counseling and Support Service Brokerage
Home Improvements: Lead and Asthma mitigation "Healthy Homes Initiative" for homeowners and rental properties.

Organization: **Parent Pathways - Comprehensive Case Management and Supportive Services**
Telephone: 303-321-6363, Ext. 216
Address: 6795 E. Tennessee Avenue
Suite #600
Denver, CO 80224
Contact: Ms. Michele Iverson, Program Manager
Description: Helps struggling young homeless families acquire safe, affordable housing and build on their life skills. Case management provided to assist families in getting education, employment skills, mental health, and other support services. Strong emphasis is placed on helping the family plan for a move into permanent affordable housing.

Organization: **People of Color Consortium Against Aids (POCCAA)**
Telephone: 303-321-7965
Address: 1652 Franklin Street
Denver, CO 80218
Contact: Marty Velarde, Case Manager Coordinator
Description: Offers linguistically appropriate, culturally competent HIV-related client intervention services such as rental assistance.
Client population consists of intravenous drug users and the chronically mentally ill.

Organization: **Project Heritage**
Telephone: 303-388-7115
Address: 6090 Smith Road
Denver, CO 80216
Description: Provides information about and referrals to affordable housing to the working poor.

Organization: **Providence Network**
Web Site: www.providencenetwork.org
Telephone: Providence House I, 303-860-8404
Providence House II & III, 303-894-0282
Joy House, 303-863-8368
Address: 801 Logan Street
Denver, CO 80203
Description: Operates four homes in Denver area.
Providence House I is co-ed and serves 18 residents. It is designed to help people with a variety of problems.
Providence Homes II & III serve men with addictions.
Joy House is an apartment building for women and children coming out of domestic violence situations.

Organization: **Restoration Center**
Telephone: 303-316-9816
Address: 1028 Emerson Street
Denver, CO 80218
Description: Provide a safe living environment for homeless women.

Organization: **River of Light Enterprise, Inc.**
Telephone: 303-667-6032
Address: 1671 Irving Street
Denver, CO 80204
Description: We offer transformational housing for women with multiple disabilities. Private rooms with meals served, shared occupancy, and home health care available.

Organization: **Rocky Mountain Mutual Housing Association, Inc.**
Web Site: www.rmmha.org
Telephone: 303-863-8651, Ext. 107
Address: 225 E. 16th Avenue
Suite 1060
Denver, CO 80203
Contact: Bill Reagan
Description: The Mutual owns or manages affordable apartments throughout the Denver metro area, Greeley, Ft. Morgan, and Grand Junction.
A partnership organization of community and resident members that develops, owns, and manages affordable multifamily housing, and provides related services for low and moderate income residents.

Organization: **St. Paul Local Assistance Ministry – Homeless Prevention**
Address: 1600 Grant Street
Denver, CO 80203
Description: Provide modest rental assistance from a limited budget and referrals to emergency shelters and housing. Walk-in registration on a first-come, first-served basis.
Clients will meet for an initial interview and case management.
Client must present a photo ID and landlord information to verify the need for rental assistance.
Hours: Tuesday and Thursday, 2pm – 4pm

Organization: **Sacred Heart House of Denver**
Telephone: 303-296-6686
Address: 2844 Lawrence Street
Denver, CO 80205
Description: Provides short-term emergency housing, food, clothing, and case management for mothers with children and single women. Also provides referrals for housing, education/job training, child care, and health care.
The Follow-Up Program offers continued support to persons who stabilize and move into permanent housing. Average stay is 3 weeks, dependent on adherence to program requirements. Transitional housing program is available to residents who qualify.

Organization: **SafeHouse Denver, Inc.**
Telephone: 303-318-9959
Address: Confidential
Description: Offers nonresidential, short-term individual counseling to battered women, support groups, short-term educational groups, and systems advocacy including legal, financial, and housing, and resources for information and referral.
Provides a crisis line.
Individual Counseling and support groups for monolingual Spanish-speaking clients, Support/educational groups for children.

Organization: **Salvation Army, The (Denver)**

Web Site: <http://intermountain.salvationarmy.org/>

Telephone: 303-861-4833

or

Crossroads, 303-298-1028

Address: P.O. Box 2369

Denver, CO 80201

Crossroads:

1901 29th Street

Denver, CO 80216

Description: Lambuth Center: Provides short-term transitional housing and food for families with children. Although usually not more than 6 months, there is no maximum length of stay (or guaranteed minimum); condition upon individualized care work plan.

Silvercrest: Subsidized building with 64 one-bedroom units for seniors and persons with disabilities. Building is wheelchair accessible. Small pets are allowed with pet deposit.

Crossroads: For men only. Check-in for mat on the floor from 5pm – 10pm if space is available. Breathalyzer at check-in.

Organization: **Senior Support Services**

Web Site: www.seniorsupportservices.org

Telephone: 303-832-1622, Ext. 202

Address: 846 E. 18th Avenue

Denver, CO 80218

Contact: Cheri Lea Hager, Manager

Description: Homeless prevention through rent/mortgage assistance, utilities assistance and case management as well as through support services: assist to obtain benefits and provide monthly medical screenings, case management, weekly psychiatric counseling, three meals a day, food pantry, clothing room, and information and referral.

Organization: **Sharing and Caring Ministries**

Telephone: 303-295-3301

Address: 3739 Downing Street

Denver, CO 80207

Description: Offers housing and employment referrals.

Organization: **Southwest Improvement Council**

Telephone: 303-934-8057

Address: 1000 S. Lowell Boulevard

Denver, CO 80219

Description: Create solutions for affordable, quality neighborhood housing; youth education, recreation and employment; elder wellness; health promotion; and minority outreach programs.

Organization: **STEP 13**
Telephone: 303-295-7837
Address: 2029 Larimer Street
Denver, CO 80205
Description: Transitional housing for men.

Organization: **U.S. Department of Housing and Urban Development (HUD)**
Web Site: www.hud.gov
Description: On HUD website, choose Colorado to get a list of all subsidized apartments and housing counseling agencies in the area.

Organization: **Victory Outreach Denver Southwest**
Telephone: 303-937-7460
Address: 3502 W. Walsh Place
Denver, CO 80219
Contact: Patrick Ohlrogge, Director
Description: The Christian Recovery Home is a ministry office local church. The purpose of the home is to redeem, restore, and reclaim the lives of those who have been destroyed and or disrupted by substance abuse. The home works by instilling three essential values. A commitment to Christ, a commitment to family, and a positive work ethic.

Organization: **Volunteers of America**
Telephone: 303-297-0408
Address: 1316 26th Street
Denver, CO 80205
Description: Larimer Lofts Transformational Housing: Transformational housing for families who were homeless, succeeded in transitional housing and plan for home ownership.
Brandon House: Shelter for women and children. Call for space: 303-620-9190. Costs \$4 per day per family and do work exchange.
Theodora House: Single Women only.

Organization: **Warren Village**
Telephone: 303-321-2345
Address: 1323 Gilpin Street
Denver, CO 80218
Description: Warren Village provides subsidized transitional housing for low income, single parent families. In addition to housing, residents must participate in the Family Services self-sufficiency program that provides support, case management, and educational opportunities for residents.

Organization: **Women of the Word Ministries, Int'l**

Telephone: 303-894-9689

Address: 2311 High Street
Denver, CO 80205

Description: Training and Development, Resource Center, Counseling Department,
Affordable Housing and Elijah's Rainbow (medical financial assistance).

4-6. HELP WITH LEGAL PROBLEMS

Organization: **American Civil Liberties Union (ACLU)**

Web Site: www.aclu-co.org

Telephone: 303-777-5482

Address: 400 Corona Street
Denver, CO 80218

Description: The ACLU of Colorado's Legal Department works to protect and defend civil liberties through court litigation as well as legal advocacy outside the courtroom. With only two full-time attorneys on staff, the ACLU also relies on the work of dedicated volunteer cooperating attorneys from around the state who are willing to donate their time and talent to assist our struggle for liberty.

Organization: **Battered Women Support - Domestic Violence Initiative**

Telephone: 303-839-5510

Description: Support services, peer support, resource referrals, education and awareness advocacy, and assistance through the legal process are provided for women who have disabilities and have experienced domestic violence or caregiver abuse.

Organization: **Call-A-Lawyer - Denver Bar Association**

Web Site: www.denbar.org

Telephone: 303-860-1115

Address: 1900 Grant Street
Suite 900
Denver, CO 80203

Contact: Dave Ells, Director

Description: Free legal information (not legal advice) and agency referrals are provided.

Organization: **Colorado Cross Disability Coalition**

Telephone: 303-839-1775

Address: 655 Broadway
Suite 775
Denver, Colorado 80203

Description: Provides advocacy services and legal resources for people with disabilities. Organization is run and directed solely by people with disabilities.

Organization: **Colorado Legal Services (Denver)**

Web Site: www.coloradolegalservices.org

Telephone: 303-837-1321

Address: 1905 Sherman Street
Suite 400
Denver, CO 80203

Contact: Jonathan Asher, Director

Description: Legal counseling and information are provided for low income persons in civil matters regarding public assistance, family law, mental health, restraining orders, pro se (do-it yourself), divorce. No misdemeanor, traffic violation, criminal, or fee-generated cases accepted.

Organization: **Colorado Public Defender's Office**

Email: defenders@state.co.us

Telephone: 303-620-4888

Address: 110 16th Street

#800

Denver, CO 80202

Description: Legal representation is offered to persons charged with a criminal offense in the state courts, which may lead to a jail sentence if convicted. Services offered to persons who are unable to afford a private attorney.

Organization: **Commission for People with Disabilities**

Web Site: www.denvergov.org/dephome.asp?depid=468

Telephone: 720-913-8480

Address: 201 W. Colfax Avenue

Department 1102

Denver, Co. 80202

Description: Provides advocacy for people with disabilities within the City of Denver, deaf interpreters for city-based programs, and coordinates compliance with ADA law for the city.

Organization: **Consumer Complaint Handling - Denver District Attorney**

Telephone: 720-913-9179 (Economic Crime Intake Line)

Address: 201 West Colfax Avenue

8th Floor

Denver, CO 80202

Contact: Debra or Pat, Economic Crime Specialists

Description: Investigates adult-at-risk complaints regarding exploitation and abuse. Handles consumer fraud complaints and provides information and referral regarding consumer and general legal issues. Criminal not civil matters. Violations of Colorado Criminal statutes: fraud, forgery and theft.

Organization: **Denver Bar Association**

Email: Mail@denbar.org

Telephone: 303-860-1115

Address: 1900 Grant Street

Suite 900

Denver, CO 80203-4336

Description: Call-A-Lawyer, Enforcing Court-Ordered Child Support Clinics, Legal Fee Arbitration, Bankruptcy Clinics, Small Claims Clinics, Collections Clinics, Doing Your Own Divorce Clinics, Estate Planning Clinics, Metro Volunteer Lawyers. The Denver Bar Association offers legal information and clinics (not legal advice) on issues such as child support enforcement, doing your own divorce, bankruptcy for debtors, small claims suits, collections and estate planning. Divorce clinics are offered monthly. Other clinics are offered monthly between Jan-April and again between Sept-Dec.

Organization: **Denver/ Boulder Better Business Bureau**
Telephone: 303-758-0057
Address: 1020 Cherokee Street
Denver West, CO 80204
Description: Complaint Handling, FRED 24-Hour Inquiry Line, Consumer Education Presentations.
Mediates and arbitrates complaints between consumers and businesses.
Provides reports on satisfactory or unsatisfactory performance of businesses and charities in their dealing with their customers.

Organization: **The Denver Center for Crime Victims**
Web Site: www.denvervictims.org
Email: admin@denvervictims.org
Telephone: 303-860-0660
Address: P.O. Box 18975
Denver, CO 80218
Description: 24-hour crisis hotlines; information and referral; short-term crisis counseling; emergency financial assistance; support groups; advocacy; specialized services for elderly/disabled victims, child victims and monolingual Spanish-speaking victims; legal immigration services for immigrant domestic violence victims; translation and interpreting services.

Organization: **Discrimination Complaints - Equal Employment Opportunity Comm.**
Telephone: 1-800-669-4000
Address: 303 E. 17th Avenue
Suite 510
Denver, CO 80203
Contact: Francisco J. Flores, Jr., District Director
Description: Investigates complaints filed by persons who feel they have been discriminated against while employed or seeking employment due to disability, (age 40 and older), sex, national origin, race, color, religion, or equal pay issues.

Organization: **Discrimination Investigation - Colorado Division of Civil Rights**
Telephone: 303-894-2997
Address: 1560 Broadway
Suite 1050
Denver, CO 80202
Contact: Dr. Faye Thompson, Director of Compliance
Description: Investigates charges of discrimination in housing, employment, and public accommodation. Persons must file in person or through an attorney.

Organization: **Denver Urban Ministries Legal Services**
Web Site: www.denum.org
Telephone: 303-355-4896, Ext. 101
Address: 1717 E Colfax Avenue
Denver, CO 80218
Contact: William Lewis, Program Director
Description: Free legal counseling, provided by volunteer lawyers, is available.

Organization: **Equal Employment Opportunity Commission**

Telephone: 1-800-669-4000

Address: 303 E. 17th Avenue
#510

Denver, CO 80203

Contact: Francisco J. Flores, Jr., District Director

Description: Investigates complaints filed by persons who feel they have been discriminated against while employed or seeking employment due to disability, age (40 and older), sex, national origin, race, color, religion, or equal pay issues.

Organization: **Law Line 9 - 9 Wants To Know - KUSA Channel 9**

Telephone: 303-698-0999 (Law Line 9)

Contact: Ann King, Producer

Description: Volunteer lawyers from the Denver Bar Association provide free legal help on the phone to persons with legal problems. Calls are confidential.

Hours of Operation: Wednesdays 4:00pm – 6:30pm.

Organization: **Legal Center for People with Disabilities**

Web Site: www.thelegalcenter.org

Telephone: 303-722-0300

Address: 455 Sherman Street
Suite 130

Denver, CO 80203

Contact: Mary Anne Harvey, Director

Description: The Legal Center is a nonprofit organization that promotes and protects the rights of persons with disabilities and older persons in Colorado. The Legal Center employs attorneys, paralegals, and advocates with expertise in disability law, elder law, and civil rights protection. Provides representation in issues of special education, employment discrimination in HIV/AIDS program only, fair housing, access to state or federally funded services, access to public accommodations, and protection from abuse and neglect as well as addressing complaints of residents of nursing homes and personal care boarding homes.

Organization: **Mental Health OMBUDS Program of Colorado – Mental Health OMBUDS Program of Colorado**

Web Site: www.mhopc.org

Telephone: 303-813-1173

Address: 2460 W. 26th Avenue

Suite 30C

Denver, CO 80211

Contact: Angela Brantley Deputy Director

Description: The Mental Health OMBUDS Program of Colorado is an advocacy resource for consumers and families of consumers designed to assist with mental health service related issues. Our main service is individual advocacy to assist consumers and families with issues related to mental health services or needs. Issues may include access to services, service plans, satisfaction with services, or other rights-related issues. We can provide information and technical assistance, be an advocate for the consumer or family, investigate concerns, and assist in seeking solutions.

Organization: **Metropolitan Lawyer Referral Service**

Web Site: <http://mlrsonline.org>

Email: mlrs@gwest.net

Telephone: 303-831-8000

Address: 899 Logan Street

#110

Denver, CO 80203-3154

Description: We are set up to arrange an appointment with a private attorney for persons seeking legal assistance. MLRS is a nonprofit public service sponsored by the bar associations of and serving the counties of Adams, Arapahoe, Boulder, Broomfield, Denver, Douglas, Elbert, Gilpin, Jefferson, and Larimer, and the City of Aurora. MLRS is intended for those who can afford to pay usual and customary attorney's fees. Our attorneys do not offer reduced rate or pro bono fee agreements.

Organization: **Metro Volunteer Lawyers (formerly Legal Aid)**

Web Site: www.metrovolunteerlawyers.org

Telephone: 303-830-8210

Address: 1905 Sherman Street

Denver, CO 80203

Description: Must be a resident of Denver, Adams, Arapahoe, Douglas, Elbert, Gilpin, or Jefferson counties.

Must call Colorado Legal Services at 303-837-1313 for intake interview.

The program provides low-cost or free law services for guardianship, landlord/tenant disputes, people with HIV/AIDS, etc. (See full list on web site).

Organization: **Mi Casa – Legal Night**
Email: pcastilian@micasadenver.org
Telephone: 303-573-1302
Address: 360 Acoma Street
Denver, CO 80223
Description: Legal Night at Mi Casa is sponsored by Colorado Lawyers Committee and Denver Bar Association – Young Lawyers Division. Receive information regarding legal questions including: immigration, credit, housing, landlords, employment issues, and family law.
Hours: third Tuesday of the Month from 5:30pm – 8:00pm

Organization: **Office of Civil Rights**
Web Site: www.ed.gov/about/offices/list/ocr/docs/howto.html?src=rt
Telephone: 303-844-5695
Address: Federal Building
1244 Speer Boulevard Suite\
310
Denver, CO 80204
Description: Provides information and support to uphold Federal laws such as the Americans with Disabilities Act.

Organization: **Project Safeguard**
Email: CLEBARON@vs2000.org
Telephone: 303-863-7233
Address: 815 E. 22nd Avenue
Denver, CO 80205
Contact: Paula Hammond, Director of Client Services
Description: Offers emergency legal advocacy and assistance for battered women. Services include crisis intervention, court support, information regarding the legal system (civil and criminal), daily temporary restraining order clinic, dissolution of marriage, and custody.

Organization: **SafeHouse Denver, Inc. – Bilingual Program**
Email: safhsedenver@earthlink.net
Telephone: 303-318-9989 (24 Hour Crisis Line)
Address: Confidential
Contact: Katie Garcia, Bilingual Advocate/Program Manager
Description: Nonresidential, short-term individual support and advocacy for Spanish-speaking battered women. Short-term educational and support groups; systems advocacy including legal, immigration, financial, housing and resources for information and referral. Crisis line, individual advocacy support and education for friends and family of domestic violence victims. Short-term support and/or educational groups for Spanish-speaking children.

Organization: **University of Denver Law Clinics**

Web Site: www.law.du.edu/clinics

Telephone: 303-871-6140

Address: 2255 East Evans Avenue

Room 335

Denver, Colorado 80208

Description: Provide legal representation for criminal defense (misdemeanors only), civil disputes (landlord/tenant, wage and hour claims and evictions), tax clinic, disability civil rights, mediation, and arbitration to lowincome individuals.

Organization: **Workplace Discrimination and Sexual Harassment Outreach - 9 to 5, National Association of Working Women**

Email: wrkingwom@aol.com

Telephone: 303-628-0925

Description: Provides assistance to low-wage working women by providing advocacy, education, research, leadership development, and opportunity for involvement. Services include: a job survival hotline that provides callers with information, resources, and referrals concerning problems, rights and policies in the workplace; monthly sexual harassment and job discrimination workshops on how to recognize and address sexual harassment and discrimination at work, and information on legal rights and procedures; monthly support group; assists organizations and corporations in developing workplace policies, and assists unions in developing contract language or campaigns.

4-7. MEDICATIONS AT REDUCED OR NO COST (INCLUDING PHARMACEUTICAL COMPANY MEDICATION ASSISTANCE PROGRAMS)

Organization: **Clinica Campesina Family Health Services**

Web Site: www.clinicacampesina.org

Telephone: 303-650-4460

Address: 1701 West 72nd Avenue
Denver, CO 80221

Description: Community health center, committed to providing affordable, high-quality medical care to low-income, unemployed and uninsured people.

Organization: **Colorado Indigent Care Program (CICP)**

Web Site: A list of CICP medical providers can be found at www.chcpf.state.co.us

Telephone: 303-866-3513

or

Toll Free: 1-800-21-3943

Address: Denver Metro Area

Description: Partially reimburses medical providers for services given to the state's non-Medicaid indigent residents. The CICP provider network consists of 49 hospitals, 18 clinics, and 51 satellite facilities. The benefits vary from clinic to clinic and from hospital to hospital. The Colorado Indigent Care Program is not an insurance program but rather a financial vehicle for providers to recoup their medical cost at a "discount."

Organization: **Denver Rescue Mission Clinic**

Web Site: www.denverrescuemission.org

Telephone: 303-294-0157

Address: 1130 Park Avenue West
Denver, CO 80205

Description: The Mission's health clinic provides free medical, dental, optical, hearing, and chiropractic services to the poor. Volunteer medical professionals play an integral part in this clinic program.

Organization: **Doctor Van, The**

Description: Every Tuesday night (6:00 – 8:00pm) in the parking lot at Office Depot at Colfax and Pearl there is full range of medical services. (Bad weather may prevent their arrival.)

Organization: **Inner City Health Center**

Web Site: www.innercityhealth.com

Telephone: 303-296-1767

Address: 3405 Downing Street
Denver, CO 80205

Description: Inner City Health Center is a private, nonprofit, health care facility committed to improve the health of low-income and medically uninsured families. Inner City Health Center is a full range health care facility including adult, pediatric, and prenatal care, spiritual guidance, patient advocacy, and dental services.

Organization: **Partnership For Prescription Assistance**

Web Site: www.pparx.org

Telephone: 1-888-477-2669

Description: Through their web site and phone number, the Partnership for Prescription Assistance offers a single point of access to more than 475 public and private patient assistance programs, including more than 150 programs offered by pharmaceutical companies.

Organization: **Stout Street Clinic**

Telephone: 303-296-4996

Address: 2100 Broadway
Denver, CO 80205

Description: Comprehensive primary medical, prenatal, pediatric, vision and dental care; mental health/psychiatric services; and a pharmacy for the homeless. Stout Street Clinic serves over 75 to 100 people and fills more than 300 prescriptions each day at no cost to patients.

Organization: **Stout Street Clinic Mobile Clinic**

Telephone: 303-360-9175

Description: Mobile Clinic visiting numerous locations throughout the week. Call for scheduled times and locations.

4-8. ALCOHOLICS ANONYMOUS AND NARCOTICS ANONYMOUS GROUPS

- Organization: **Al-Anon Service Center, Inc.**
Email: denver-al-anon@ecentral.com
Telephone: 303-321-8895 (during office hours only)
303-321-8788 (24-hour Denver line)
Address: 2701 Alcott Street
#369
Denver, CO 80211-4222
Description: Central information office and literature distribution center for support groups for families and friends of alcoholics throughout metro Denver. The primary function is to serve as a focal point for all groups and individual members of Al-Anon and Alateen in the metro Denver area. It serves, but does not control or direct; it advises, but does not govern. Sole purpose is to be of service to the entire Al-Anon fellowship.
- Organization: **Cocaine Anonymous of Colorado**
Email: finesilv@bdaniels.com
Telephone: 303-421- 5120
303-370-0694 (Information)
Address: 1827 Gaylord Street
Denver, CO 80211
Description: Fellowship of men and women who share their experiences, strengths, and hopes with each other that they may solve their common problem and help others to recover from their addiction. Primary purpose is to stay free from cocaine and all other mind-altering substances and to help others adhere to the same freedom.
- Organization: **Crystal Meth Anonymous**
Telephone: 720-365-8327
1-800-217-7716 (hotline phone)
Address: PO Box 40672
Denver, CO 80204
Contact: David Jones, Communications Coordinator
Description: 24 hours a day hotline for help with Crystal Meth addiction.

Organization: **Denver Area Central Committee of Alcoholics Anonymous (AA Meetings)**

Web Site: www.daccaa.org

Telephone: 303-322-5636

or

24-Hour Hotline: 303-322-4440

Address: 2785 North Speer Blvd.

Suite 224

Denver, CO. 80211

Description: The purpose of the Central Office is to receive, distribute, and follow up on 12-step calls, to answer inquiries about AA, to cooperate with local public information committees, maintain information about local hospitals and recovery facilities for alcoholics, to provide local AA meeting lists, to provide a newsletter, and to order, sell, and distribute AA conference approved literature.

Organization: **Mile High Services Committee – Narcotics Anonymous**

Web Site: www.nacolorado.org

Telephone: 303-32-3784

Address: P. O. Box 140946

Edgewater, CO 80214

Description: The Mile High Area of Narcotics Anonymous services the Denver Metro Area including the cities of Denver, Englewood, Centennial, Littleton, Aurora, Arvada, Thornton, Westminster, Golden, Lakewood, Greenwood Village, Glendale, Wheatridge, Highlands Ranch, Sheridan, Northglenn, Cherry Hills, Broomfield, and Parker. Call them or visit their web site for a full list of NA meetings in your area.

4-9. OTHER ALCOHOL OR SUBSTANCE ABUSE TREATMENT

Organization: **Alcohol and Drug Abuse Division – CO Department of Human Services**

Web Site: www.cdhs.state.co.us

Telephone: 303-866-7480

Address: 4055 S. Lowell Blvd.
Denver, CO 80236

Contact: Janet Wood, Director

Description: Visit their web site for a complete directory of providers in Colorado.

Organization: **Acacia Counseling, Inc.**

Telephone: 303-861-9378

Address: 1600 Downing Street
Suite #300
Denver, CO 80218

Contact: Bob Schneider

Description: Outpatient Treatment.

Organization: **Action! Substance Abuse Recovery Program**

Telephone: 303-429-7144

Address: 7100 N Broadway
Building 3-N
Denver, CO 80221

Description: Outpatient Treatment.

Organization: **Addiction Recovery Programs, Inc.**

Telephone: 303-371-4804

Address: 10900 Smith Road
Denver, CO, 80239

Contact: Dennis M. O'Neill

Description: Offender Education & Treatment
(Non-DUI)
Intensive Outpatient.

Organization: **Addiction Recovery Services**

Telephone: 303-601-5140

Address: 3801 E Florida Street
Suite 400
Denver, CO, 80210

Contact: Stephen Bentley

Description: General Outpatient Treatment.

Organization: **Addiction Research and Treatment Services (ARTS)**

Telephone: 303-388-5894

Address: 3738 West Princeton Circle
Denver, Colorado 80236

Description: ARTS is the clinical program of the Division of Substance Dependence, Department of Psychiatry at the University of Colorado School of Medicine. ARTS provides residential and outpatient supported substance abuse treatment services for adolescents, women, and those involved in the criminal justice system.

Organization: **Aquarius Center**

Telephone: 303-797-9440

Address: 5500 S. Sycamore
Suite 301
Littleton, CO 80120

Description: Provides outpatient dual-diagnosis treatment for any clients. (No Catchment Area)

Organization: **Arapahoe House**

Web Site: www.arapahoehouse.org

Telephone: 303-657-3700

Address: Arapahoe House Administrative Offices:
8801 Lipan Street
Thornton, CO 80260

Description: Arapahoe House is a nonprofit corporation dedicated to providing a continuum of accessible, affordable, and effective services for individuals and families with alcohol, drug, or other behavioral health problems.

Organization: **BAC Corporation, The**

Telephone: 303-458-5959

Address: 3025 W. 37th Avenue
Suite B8
Denver, CO 80211

Contact: Michelle Medina

Description: Outpatient Treatment.

Organization: **Behavioral Services Institute**

Telephone: 303-831-4500

Address: 1600 Downing Street
Suite 200
Denver, CO 80218

Contact: Marjorie B. Lewis

Description: Outpatient Treatment.

Organization: **Behavioral Alternatives Centre Associates**

Telephone: 303-975-1105

or

303-371-6404

Address: 2700 W Evans Avenue

Suite 25

Denver, CO 80219

or

4775 Paris Street

Suite E

Denver, CO 80219

Contact: Lincoln Baca

Description: Outpatient Treatment.

Organization: **Broader Horizons Counseling Services**

Telephone: 720-234-4555

Address: 1520 Marion Street

Denver, CO 80218

Contact: John Fabiano

Description: Outpatient Treatment.

Organization: **Center for Behavioral Health, Inc**

Telephone: 303-629-5293

Address: 1337 Delaware Street

Denver, CO 80204

Description: Provides outpatient rehabilitation substance abuse services.

Organization: **Center for Recovery, Inc.**

Email: ll80111@aol.com

Telephone: 303-694-7492

Address: 2121 South Oneida Street

#412

Denver, CO 80224

Description: Center for Recovery, formerly Center for Renewal, Inc. Our mission is to provide an intimate, supportive, and healing environment for recovery. Recovery requires emotional, spiritual, and cognitive-behavioral changes that are accomplished through education, therapy, group work, and a 12-step program.

Organization: **Choices in Living Counseling Center**

Telephone: 303-937-7696

Address: 1601 S Federal

Suite #209

Denver, CO 80219

Contact: Camilla Granger

Description: Outpatient Treatment.

Organization: **Choosing Life Center**

Telephone: 303-321-6563

Address: 1626 High Street
Denver, CO 80206

Description: Outpatient individual and group counseling for substance abuse. Program does not accept insurance. Fees are low.

Organization: **Circle Program (PSAP)**

Telephone: 719-546-4797

Address: 1600 West 24th Street
Pueblo, CO 81003

Contact: Tina Mantour

Description: Cognitively-based inpatient treatment program specifically designed for treatment of dual-diagnosed clients. Approx. 90 day program. Client must agree to be tobacco-free during program but can be on Methadone. Waiting list usually several months.

(SAMI clients may get in sooner).

Organization: **Colorado Assessment and Treatment Center**

Telephone: 303-757-6019

Address: 4155 E Jewell Avenue
Suite #916

Denver, CO 80222

Contact: Robert Wolfshon, Psy.D.

Description: Outpatient Treatment.

Organization: **Colorado Coalition for the Homeless**

Telephone: 303-813-4300

or

303-813-4300

Address: 2100 Broadway
Denver, CO 80205

or

25 East 16th Avenue

Denver, CO 80202

Contact: James Ginsburg

Description: Outpatient Treatment.

Organization: **Community Alcohol/Drug Rehabilitation and Education Center
(C.A.D.R.E.C.)**

Telephone: 303-295-2521

Address: 3315 Gilpin Street
Denver, CO 80205

Contact: Dr. Jacques Okonji, Ph.D., CAC III

Description: Outpatient Treatment.

Organization: **Community Education Center**
Telephone: 303-388-2014
or
303-377-1110
Address: 4280 Kearney Street
Denver, CO 80216
or
1763 Williams Street
Denver, CO 80218
or
1740 Williams Street
Denver, CO 80218
Description: Outpatient Treatment and Residential Treatment.

Organization: **Community Resource for Alcohol and Family Treatment (C.R.A.F.T.)**
Telephone: 303-922-6384
Address: 200 S Sheridan Blvd.
Suite #240
Denver, CO 80226
Contact: Benito Alvarado, Jr., CACIII
Description: Outpatient Treatment.

Organization: **Compañión Counseling and Training Center**
Telephone: 303-832-6020
Address: 847 Sherman Street
Denver, CO 80204
Contact: Javier Del Castillo
Description: Outpatient Treatment.

Organization: **Comprehensive Addiction Treatment Services (CATS)**
Telephone: 303-394-2714
Address: 222 E. 18th Avenue
Denver, CO 80206
Description: This is an outpatient Methadone clinic for opiate addicts. Can be dual-diagnosed.

Organization: **Correctional Psychology Associates**
Telephone: 720-854-0262
Address: 570 W 44th Avenue
Suite 320
Denver, CO 80216
Contact: Evan C. Crist, Psy.D.
Description: Outpatient Treatment for Women and Minors.

Organization: **The Council**
Telephone: 303-825-8113
Address: 1444 Wazee Street
Suite # 125
Denver, CO 80202
Description: The Council is a leader in innovative prevention and treatment techniques for alcohol abuse, other drug use, and addictions. The Council is dedicated to providing quality services and programs with a focus on promoting prevention, treatment, and education.

Organization: **Dayspring Family Care Center**
Telephone: 303-294-0972
Address: 2843 Welton Street
Denver, CO 80205
Contact: Beverly N. McGill
Description: Outpatient Treatment.

Organization: **Denver Health and Hospital Authority**
Telephone: 303-436-7777
or
303-436-3500
Address: 777 Bannock Street, Unit 9
Denver, CO 80204
or
1155 Cherokee Street
Denver, CO 80204
Description: Residential (nonhospital) Detoxification
Transitional Residential Treatment
Outpatient Treatment.

Organization: **Denver Indian Health and Family Services**
Telephone: 303-781-4050
Address: 3749 S King Street
Denver, CO 80236
Contact: Darla Williams
Description: Outpatient Treatment.

Organization: **Denver Rescue Mission Clinic - New Life Program**
Web Site: www.denverrescuemission.org
Telephone: 303-294-0157
Address: 1130 Park Avenue West
Denver, CO 80205
Description: Substance Abuse Education
Program residents advance through five phases of ordered, staged growth in: academics/literacy; program performance; spiritual/ psychological/ social/emotional growth; relationship and life skills; and work habits.

Organization: **Denver Veterans Affairs Medical Center**
Telephone: 303-393-2882
Address: 1055 Clermont Street
Denver, CO 80220
Contact: Chad Emrick, Ph.D.
Description: Outpatient Treatment.

Organization: **Detoxification Center - Denver CARES - Denver Health**
Telephone: 303-436-6000 (Main number to Denver Health)
303-436-3500 (24/7 Hotline)
Address: 1155 Cherokee Street
Denver, CO 80204
Description: Denver CARES provides a nonmedical/social detoxification from alcohol and/or drugs to adults age 18+.
Call 303-436-3500, walk in. Inebriates are transported by the Emergency Service Patrol van or the police.
Fee Amounts: \$275/day. Insurance Accepted: CICIP, self-pay, and some private pay insurance

Organization: **Dynamic Directions Counseling, Inc.**
Telephone: 303-733-2182
Address: 2000 South Acoma Street
Suite A
Denver, CO 80223
Contact: Leon Groce
Description: Outpatient Treatment.

Organization: **Eagle Lodge, Inc. - Alcohol and Drug Treatment (East Colfax)**
Telephone: 303-329-6789
303-329-6789 (hotline)
Address: 2833 E. 16th Avenue
Denver, CO 80206
Description: Provides outpatient alcohol and drug treatment programs, including crisis intervention and individual, group, and family counseling. Focus is on Native Americans.
Persons age 12 and older. Focus is on Native Americans.

Organization: **Empowerment Program, The**
Telephone: 303-320-1989
Address: 1600 York Street
Suite 201
Denver, CO 80206
Contact: Carol T. Lease
Description: Outpatient Treatment.

Organization: **Excel Treatment Program**
Telephone: 303-782-0599
Address: 1660 S Albion Street
Suite 420
Denver, CO 80222
Contact: Tamea Sisco, Ph.D.
Description: Outpatient Treatment.

Organization: **Harm Reduction Project**
Web Site: www.harmredux.org
Email: mxwhe@yahoo.com
Address: 775 Lipan Street
Denver, CO 80204
Contact: Ruth Kanatser, Outreach Worker
Description: Drop-in center for injection drug users. On Wednesdays we offer health focused classes. Topics include HIV, Hep A, B, & C prevention, overdose, vein care, and other issues specific to the needs of drug users.
The Harm Reduction Project advocates for drug policy reform and works for the enhancement of services available to marginalized populations. We work to reduce the harm associated with drug use.

Organization: **HealthONE, P/SL Behavioral Health**
Telephone: 303-866-2280
Address: 1719 E 19th Avenue
Denver, CO 80218
Contact: Don Myers
Description: Medical Detoxification
Day Treatment
Intensive Residential Treatment
Outpatient Treatment.

Organization: **Heritage Outpatient Treatment Services, LLC**
Telephone: 720-748-0523
Address: 1602 S Parker Road
Suite 214
Denver, CO 80231
Contact: Alex Thomas, MA, CAC III
Description: Outpatient Treatment.

Organization: **IDEA**
Telephone: 303-477-8280
Address: 2560 W 29th Avenue
Denver, CO 80211
Contact: Marcela Paiz
Description: Outpatient Treatment

Organization: **Latimer Counseling Services**
Telephone: 720-488-1390
Address: 3615 S. Tamarac Drive
Suite 130
Denver, CO 80237
Contact: William L. Latimer, MA, CAC III, NCC
Description: Outpatient Treatment.

Organization: **The Mile High Council on Alcoholism and Drug Abuse**
Telephone: 303-825-8113
Address: 1444 Wazee Street
Suite 125
Denver, CO 80202
Description: Primary Focus: Substance abuse treatment services.
Services Provided: Substance abuse treatment.
Type of Care: Outpatient, Partial hospitalization/day treatment.
Special Programs/Groups: Adolescents, persons with co-occurring mental and substance abuse disorders, pregnant/postpartum women, women, men, DUI/DWI offenders, Criminal justice clients.

Organization: **Multi Services Clinic, Inc.**
Telephone: 303-480-0693
OR
303-922-0234
Address: 2001 Federal Blvd.
Denver, CO 80211
OR
3221 West 1st Avenue
Denver, CO 80219
Contact: Jerry Fransua
Description: Outpatient Treatment.

Organization: **Newsed Community Development, Inc.**
Telephone: 303-534-8342
Address: 1029 Santa Fe Drive
Denver, CO 80204
Contact: Veronica Barela
Description: Outpatient Treatment.

Organization: **North Side Center for Change**
Telephone: 303-433-1306
Address: 4300 Kalamath Street
Denver, CO 80211
Contact: Rose Rodriguez
Description: Outpatient Treatment.

Organization: **Phoenix Concept, The**
Telephone: 303-293-3620
Address: 2162 Lawrence Street
Denver, CO 80205
Contact: Harvey S. Hirsh
Description: Outpatient Treatment
Transitional Residential Treatment.

Organization: **Porter Adventist Hospital**
Web Site: www.porterhospital.org
Telephone: 303-778-5774
Address: 2465 S Downing Street
Suite 110
Denver, CO 80210
Contact: Paul Johnson
Description: Outpatient Treatment.

Organization: **Psychotherapy Center of Cherry Creek**
Telephone: 303-377-2330
Address: 323 Detroit Street
Denver, CO 80206
Description: Provides counseling including for Addictions.
Sliding scale from \$35-\$85 or negotiated on client's ability to pay. First session free.

Organization: **Safe Harbor (Men Only)**
Telephone: 303-294-0827
Address: 2136 Champ Street
Denver, CO
Description: This halfway house is for men only and is a "step-up" from the Rehabilitation Center. Clients must be stable psychiatrically as in the Rehabilitation Center. Clients work outside or on-site 5.5 hours per day. Meetings required 3-4 evenings per week. Must go to two outside 12-step meetings per week. First 2 weeks restricted to program.

Organization: **Salvation Army (Denver, Colorado Springs)**
Telephone: 303-294-3441
Address: 4751 Broadway
Denver, CO 80216
Contact: Major Henry Aalders
Description: Transitional Residential Treatment.

Organization: **Servicios de la Raza, Inc.**
Web Site: www.serviciosdelaraza.org
Telephone: 303-458-5851
Address: 4055 Tejon Street
Denver, CO 80211
Contact: Sherie Calvillo, M.A.
Description: Outpatient Treatment.

Organization: **Sobriety House, Inc.**
Web Site: www.sobrietyhouse.org
Telephone: 303-722-5746
or
303-722-5746
or
303-722-5746
or
303-333-5407
Address: 107 Acoma Street
Denver, CO 80223
or
121 West 1st Avenue
Denver, CO 80223
or
121 Acoma Street
Denver, CO 80223
or
1368 Elizabeth Street
Denver, CO 80206
Description: Outpatient Treatment
Residential Treatment
Transitional Residential Treatment.

Organization: **Solace Counseling Services**
Telephone: 303-975-1922
Address: 3700 Havana Street
Denver, CO 80239
Contact: Amy Dixon
Description: Outpatient Treatment for Women.

Organization: **Southwest Family Services**
Telephone: 303-936-1790
Address: 1800 S Sheridan Blvd.
Suite 303
Denver, CO 80232
Contact: Pamela Morrow
Description: Outpatient Treatment.

Organization: **STEP 13**
Telephone: 303-295-7837
Address: 2029 Larimer Street
Denver, Colorado 80205
Description: Transitional living program for addicted homeless.

Organization: **Stepping Stone (Women Only)**
Telephone: 303-333-5407
Address: 1368 Elizabeth Street
Denver, CO
Description: A 90-day residential substance abuse treatment program with option of a 5-week intensive program first. (Generally no clients with mental illness other than depressions accepted.)

Organization: **Substance Abuse Mental Illness Program (SAMI)**
Telephone: 303-797-9440
Address: 5500 S. Sycamore
Suite 310
Littleton, CO 80120
Contact: Cyriacus Nwosu
Description: Uses Masters-level case managers to provide outreach services to dual-diagnosed clients throughout the metro Denver area and enhances their linkage to mental health and substance abuse services. Client must be voluntary, have a need for case management services, and have a substance abuse program. Wait list is several months.

Organization: **Washington House**
Telephone: 303-289-3391
Address: 7373 Birch Street
Commerce City, CO 80022
Description: Detoxification Center

Organization: **Western Clinical Health Services**
Telephone: 303-629-5293
Address: 1038 Bannock
Denver, CO 80204
Description: Outpatient Substance Abuse Treatment

Organization: **White Cloud Program - Willow Brook Behavioral Health**

Email: gjcrasc@aol.com

Telephone: 303-756-5400

Address: 2250 South Albion Street
Denver, CO 80222

Description: Offers evaluation and treatment services for Native American children, adolescents, adults, and families. Provides counseling for depression, substance abuse (including marijuana), adjustment problems, ADHD, chronic pain, and medical illnesses such as heart disease, cancer, and stroke. Child custody evaluations and expert witness testimony. Traditional Healing is supported and arrangements, can be made with local native healers when requested. Sliding scale fee.

4-10. BENEFITS COUNSELING, E.G., FOR PUBLIC HEALTH INSURANCE

Organization: **BenefitsCheckUp – RSVP Program**

Web Site: www.benefitscheckup.org

Telephone: 303-297-0408

Address: 2660 Larimer Street
Denver, CO 80205

Description: Confidential and free screening process that alerts persons over age 55 or disabled, about federal, state, and local assistance programs and services for which they may be eligible.

Organization: **Benefits Counseling - Atlantis Community, Inc.**

Telephone: 303-733-9324

Address: 201 S. Cherokee Street
Denver, CO 80223

Description: Provides counseling on SSI, SSDI, AND, food stamps, PASS, Section 8, and Vocational Rehabilitation Part B for people with disabilities.

Intake Procedure: Call 303- 733-9324 and speak with Mark Cunningham.

Organization: **CP of Colorado**

Web Site: www.cpcoco.org

Telephone: 303-691-9339

Address: 2200 South Jasmine Street
Denver, CO 80222

Description: Social Security Disability Income and Social Security Income recipients can obtain one-on-one benefits counseling from qualified counselors.

Organization: **CHARG**

Web Site: www.charq.org

Telephone: 303-830-8805

Address: 709 E. 12th Avenue
Denver, CO 80203

Description: The organization works to improve the quality of life and functioning capacity of persons with severe and persistent mental illness.

Organization: **COLORADO ACCESS**

Web Site: www.coaccess.com

Telephone: 720-744-5100

Address: P.O. Box 17580
Denver, CO 80217-0470

Description: Colorado Access is a nonprofit health plan that provides access to behavioral and physical health services for medically underserved Coloradans.

Organization: **Colorado Coalition For the Homeless – BART Program**

Web Site: www.coloradocoalition.org

Telephone: 303-293-2220

Address: Based at Stout Street Clinic
2100 Broadway
Denver, CO 80205

Description: Benefit Acquisition and Retention Team (BART) helps to navigate the maze of regulations involved in obtaining benefits. Funded by a grant from the Social Security Administration, the program will help between 55 and 180 people annually with the intention that they will receive benefits within 60 days of application. As an additional service, CCH will offer payeeship to 80% of program participants.

Organization: **Denver County Department of Human Services**

Web Site: www.denvergov.org

Telephone: 720-944-3666

Address: 1200 Federal Blvd.
Denver, CO 80204

Contact: Roxanne White, Manager

Organization: **Disability Center for Independent Living, The**

Telephone: 303-320-1345

Address: 5900 East 39th Avenue
Denver, CO 80207

Description: They offer both personal and systemic advocacy services for individuals. From negotiating with landlords to working with SSA, they have experienced people to help.

Organization: **Guardianship Alliance of Colorado**

Web Site: www.guardianshipallianceofcolorado.org

Telephone: 303-423-2898

Address: PO Box 740745
Arvada, CO 80006

Description: The Guardianship Alliance of Colorado is a nonprofit organization which is recognized statewide in Colorado as the resource for information, assistance and coordination concerning guardianship, conservatorship and related matters for adults.

Organization: **SSI Benefits Planners**

Telephone: 720-865-5641 (Speer)
720-865-0070 (Stapleton)

Web Site: www.p2p-co.org/hot-topics/ssi.htm

Address: 1391 N. Speer Boulevard
Suite 500
Denver, CO 80204

Contact: Melissa Honsbruch (Speer),
Jennifer Breslin (Stapleton)

Description: Provides information on SSI/SSDI benefits, the application process, and how income affects various benefit programs.

Organization: **Veterans' Services - Colorado Division of Veteran Affairs**

Telephone: 303-343-1268
Address: 7465 East 1st Avenue
Suite C
Denver, CO 80230

Description: Information and assistance with obtaining benefits are offered to veterans and their survivors/dependents in Colorado.
Works in conjunction with the County Veteran Service Officers.

5. SOUTHWEST CONNECTICUT MENTAL HEALTH SYSTEMS, BRIDGEPORT, CT

5-1. SELF-HELP AND CONSUMER SUPPORT GROUPS

- Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24-hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.
- Organization: **National Alliance on Mental Illness**
Web Site: www.namict.org
Telephone: 860-882-0236
Address: NAMI CT
30 Jordan Lane, 3rd floor
Wethersfield, CT 06109
Description: Mental health organization with national, state, and local chapters dedicated to improving the lives of persons living with mental illness. Provides support, education, information, referral, and advocacy.
- Organization: **NAMI Fairfield**
Web Site: www.namifairfield.org
Telephone: 203-255-7567
Contact: Betsy Ann Entwisle
Description: Mental health organization with national, state, and local chapters dedicated to improving the lives of persons living with mental illness. Provides support, education, information, referral, and advocacy.
- Organization: **NAMI Trumbull**
Telephone: 203-261-2807
Contact: Nancy Correll
Description: Mental health organization with national, state, and local chapters dedicated to improving the lives of persons living with mental illness. Provides support, education, information, referral, and advocacy.
- Organization: **NAMI Stamford - Greenwich**
Telephone: 203-322-3383
Contact: Peter Case
Description: Mental health organization with national, state, and local chapters dedicated to improving the lives of persons living with mental illness. Provides support, education, information, referral, and advocacy.

Organization: **NAMI Helpline**
Telephone: 1-800-950-NAMI(6264)
TTY 1-888-344-6264
Description: Trained volunteers provide information, referrals, and support to those who have questions or are affected by serious mental illness.

Organization: **National Institute of Mental Health (NIMH)**
Web Site: www.nimh.nih.gov
Telephone: 1-800-421-4211
Address: 5600 Fishers Lane
Bethesda, Maryland 20892-8030
Description: The NIMH includes many information services, publications, and programs dealing with serious mental illness.

Organization: **Emotions Anonymous**
Web Site: www.emotionsanonymous.org
Telephone: 203-338-0525
203-338-0525
203-323-0293
203-655-8435

Address: Various locations:

United Congregational Church
877 Park Avenue
Bridgeport, CT 06604

Bridge House
880 Fairfield Avenue
Bridgeport, CT 06605

Church of Christ
1264 High Ridge Road
Stamford, CT 06903

Christ & Holy Trinity Church
55 Myrtle Avenue
Westport, CT 06880

Description: Support group for people experiencing emotional difficulties.

Organization: **Depression and Manic Depression Support Group of Norwalk**
Telephone: 203-854-6745
Address: Grace Episcopal Church
Corner of Union Park and Mott Avenue
Norwalk, CT 06854
Description: Support group for people with depression and bipolar disorder, their family and

Organization: **Mental Health Association of CT-Schizophrenia Support Group**

Email: www.mhact.org

Telephone: 1-800-842-1501, ext. 10

Address: United Congregational Church
877 Park Avenue
Bridgeport, CT 06604

Description: Support group for people with schizophrenia.

Organization: **Schizophrenia Anonymous**

Telephone: 203-388-1550

Address: F.S. Dubois Center
780 Summer St.
Stamford, CT 06901

Description: Self-help 6-step support group for people with schizophrenia. Meets Wednesdays 11am.

Organization: **Soundview Warmline**

Telephone: 1-800-921-0359

Contact: Richard Weingarten

Description: Peer run telephone service sponsored by SWCMHS, Office of Consumer Affairs that is staffed by consumers trained to provide: a friendly voice, reassurance, help in problem solving, and peer counseling. Operates 7 nights/week from 5pm –10 pm.

Organization: **Laurel House Warmline**

Telephone: 203-363-7174

Description: Serves the communities of Darien, New Canaan, Stamford, Westport, Greenwich, Norwalk, Weston, and Wilton. Operates 7 days/week from 5pm - 10pm.

Organization: **National Suicide Prevention Lifeline**

Telephone: 1-800-273-TALK(8255)

Description: The National Suicide Prevention Lifeline is a 24-hour, toll free suicide prevention service available to anyone in suicidal crisis.

Organization: **Focus On Recovery-United, Inc (FOR-U)**

Web Site: www.focusonrecovery.org

Telephone: 1-866-255-5029

Address: 809 Main St., Suite 201
East Hartford, CT 06108

Contact: Heather McDonald, Executive Director

Description: A consumer run and DMHAS funded organization, a Center of Excellence, and a wonderful resource for CT adults who experience psychiatric symptoms, and for their families and caregivers.

Organization: **Advocacy Unlimited, Inc.**
Web Site: www.mindlink.org
Telephone: 1-800-573-6929
Address: 300 Russell Road
Wethersfield, CT 06109
Contact: Melissa Marshall, Executive Director, ext 302
Description: The mission of Advocacy Unlimited is to educate consumers of mental health services so that individuals can make informed choices about their own care and chart their own future. The goal is to integrate all persons, regardless of identified disabilities, into the larger community. Office hours Mon-Fri 9am – 5 pm. Extensive online resources available on website.

Organization: **National Empowerment Center**
Website: www.power2u.org
Telephone: 1-800-POWER2U: (800-769-3728)
TTY/TTD: 1-800-TTY-POWER or 1-800-889-7693
Address: National Empowerment Center
599 Canal St.
Lawrence, MA 01840
Description: The mission of the National Empowerment Center Inc. is to carry a message of recovery, empowerment, hope and healing to those labeled with mental illness. NEC has a toll free information and referral line and a Spanish speaking specialist is also available. NEC has a wealth of information about topics such as advance directives, schizophrenia, self-help groups in your area, legal services in your area, self-help techniques, coping with depression, etc.

Organization: **National Mental Health Consumers' Self-Help Clearinghouse**
Web Site: www.mhselfhelp.org
Telephone: 1-800-553-4KEY (4539)
Address: 1211 Chestnut St., Suite 1000
Philadelphia, PA 19107
Description: A consumer- run national technical assistance center that is committed to helping mental health consumers improve their lives through self-help and advocacy.

Organization: **Center for Women and Families of Eastern Fairfield County Support Groups**
Web Site: www.cwfefc.org
Telephone: 203-334-6154
Description: Women Share: Support group for survivors of domestic violence.
Meets Monday nights 5:30-7:00 pm.

Organization: **Center for Women and Families of Eastern Fairfield County Support Groups**

S.H.E. Group (Sharing Healthy Emotions)

Web Site: www.cwfefc.org

Telephone: Call for more information: 203-334-6154

Description: S.H.E. Group (Sharing Healthy Emotions): Support group for women who have experienced sexual abuse or assault during their lives. Meets Wednesday nights 5:30-7:30pm.

Organization: **Center for Women and Families of Eastern Fairfield County Support Groups**

Caminando Hacia La Luz

Web Site: www.cwfefc.org

Telephone: Call for more information: 203-334-6154

Description: Caminando Hacia La Luz: Support group for Spanish-speaking individuals who are survivors of sexual assault and/or domestic violence. Meets Thursdays from 10am-noon.

Organization: **Greenwich YMCA Domestic Abuse Services**

Web Site: www.ywca.org/greenwich

Telephone: Main Office: 203-869-6501, ext. 170

24-Hour Hotline: 203-622-0003

Address: 259 East Putnam Avenue

Greenwich, CT 06830

Description: Offers access to anonymous, confidential crisis intervention, safety planning and supportive counseling 24-hours/day, 7 days/week, 365 days/year. Other services include: emergency shelter, adult counseling, child counseling, court advocacy, and advocacy with service systems.

Organization: **Women's Crisis Center (also known as DVCC/Domestic Violence Crisis Center)**

Web Site: www.dvccct.org

Telephone: 203-853-0418

24-Hour Toll-free Hotline: 1-888-774-2900

Address: 5 Eversley Avenue,, Suite 303

Norwalk, CT 06855

Description: Through counseling, crisis intervention, advocacy, safe housing, education and public awareness, DVCC hopes to prevent and break the cycle of violence that plagues so many individuals and families. English and Spanish speaking services. Multiple weekly support groups are offered. Call hotline for all services including support group info and intake.

Organization: **Women's Crisis Center (also known as DVCC/Domestic Violence Crisis Center)**
Web Site: www.dvccct.org
Telephone: 203-965-0049
Hotline: 203-357-8162
Address: Stamford Domestic Violence Services, Inc.
141 Franklin St.
Stamford, CT 06901
Description: Through counseling, crisis intervention, advocacy, safe housing, education and public awareness, DVCC hopes to prevent and break the cycle of violence that plagues so many individuals and families. English and Spanish speaking services. Multiple weekly support groups are offered. Call hotline for all services including support group info and intake.

5-2. EMPLOYMENT SUPPORT

Organization: **211 Infoline**
Telephone: 211 Voice/TDD, 1-800-203-1234 (V/TDD)
Web Site: www.211infoline.org
Description: 24 hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.

Organization: **CT Works Centers of Southwestern CT**

Web Site: www.ctworkssw.org
Telephone: 203-333-5129, 203-353-1702
Address: Bridgeport Site:
2 Lafayette Square
Bridgeport, CT 06604

Stamford Site:
1340 Washington Blvd.
Stamford, CT 06902

Description: Provides services to unemployed and underemployed individuals seeking jobs and job assistance at no cost. Job seekers are afforded convenient access to employment, education, training and information services they need at a single location.

Organization: **Kennedy Center**

Web Site: www.thekennedycenterinc.org
Telephone: 203-365-8522, 203-332-4535 ext 247
Address: 2440 Reservoir Avenue
Trumbull, CT 06610

Contact: Fiona Jon

Description: Work Services program of Kennedy Center focuses on job seeking, job placement, and job coaching.
Travel Training is offered by the Kennedy Center to assist people in learning how to get from one place to another. The travel trainer helps the person identify everything from the time of departure to the best route to take to your location.

Organization: **Goodwill Industries of Western CT**

Web Site: www.goodwillwct.org

Telephone: 203-581-5327
203-368-6511
203-609-0275
203-333-5129, ext. 357

Address: Bridgeport Site
165 Ocean Terrace
Bridgeport, CT 06605
OR
Stamford Site
970 High Ridge Road
Stamford, CT 06902

Contact: Judi Kibbe, Director of Vocational Services

Description: Provides an array of vocational, residential, and community experience programs to people with disabilities. It's vocational programs follow evidence-based practice and support individuals in competitive employment.

Goodwill Hispanic Services Program serves people with language and economic barriers as well as people with disabilities. Services include a full range of vocational services as well as screening to determine eligibility for bilingual adult occupational skills training, English classes, social services, and counseling agencies if needed.

Organization: **Bridge House Inc**

Web Site: www.bridgehousect.org

Telephone: 203-335-5339
Address: 880 Fairfield Avenue
Bridgeport, CT 06605

Contact: Vicky Furey

Description: Psychosocial rehabilitation program for persons with mental illness. Clubhouse is open 7 days per week and offers a Work-Ordered Day Program, Transitional and Supported Employment Services, Social Recreation Program, Residential support and educational opportunities.

Organization: **Laurel House**

Web Site: www.laurelhouse.net

Telephone: 203-324-1816
Address: 1616 Washington Blvd.
Stamford, CT 06902

Contact: Wendy Champeix

Description: Laurel House offers 2 employment programs. The Transitional Employment Program offers onsite training and support at transitional employment placements. The Independent Employment Program has levels of support ranging from career guidance to on the job training and coverage. Creole, French, Russian, Romanian and Spanish spoken.

Organization: **Keystone, Inc.**
Web Site: www.keystonehouse.org
Telephone: 203-855-7920 ext 18
Address: 141 East Avenue
Norwalk, CT 06851
Contact: Thais Gordon
Description: Keystone's Employment Options Program provides individualized placement and supports, situational assessments, job coaching, and long term vocational supports as well as support with resume writing, interviewing skills and networking with area employers.

Organization: **Rehabilitation Center of Southwestern CT**
Web Site: www.stamhealth.org
Telephone: 203-276-2660
Address: 26 Palmer's Hill Road
Jeanne S. Rich Campus
Stamford, CT 06902
Description: Vocational program provides training and employment opportunities to qualified individuals with disabilities.

Organization: **Search For Change**
Web Site: www.searchforchange.org
Telephone: 203-831-0886
Address: 94 East Avenue
Norwalk, CT 06851
Contact: Cliff Beauleau
Description: SFC programs are designed to assist consumers in attaining the American dream through job development, career exploration, computer skills training and onsite or offsite job coaching. In addition to these services are long term and comprehensive supported employment services.

Organization: **Bureau of Rehabilitation Services (BRS)**
Web Site: www.brs.state.ct.us/programs.htm
Telephone: 203-551-5517, 203-251-9433
Address: 1057 Broad St.
Bridgeport, CT 06604

1642 Bedford St.
Stamford, CT 06905
Contact: Brenda Moore or Leah Henschcliffe
Description: Assists individuals with significant physical and mental disabilities to prepare for, obtain, and maintain employment. American Sign Language and Spanish services at the Bridgeport site.

- Organization: **Connect to Work Center**
 Web Site: www.brs.state.ct.us/ConnectToWork.htm
 Telephone: 203-551-5517, 203-251-9433
 Address: 1057 Broad St.
 Bridgeport, CT 06604
- 1642 Bedford St.
 Stamford, CT 06905
- Contact: Brenda Moore or Leah Henschcliffe
 Description: Provides individualized benefits planning and counseling for people on public benefits. The Center's Benefits Specialists can help you to understand how work will affect your benefits by providing specific information on the impact working has on all the benefits received by your family, problem solving for your specific concerns, and follow up services after you return to work.
- Organization: **Marrakech, Inc.**
 Web Site: www.marrakechinc.org
 Telephone: 203-338-0642, 203-389-2970, ext. 1303
 Address: 50 Ridgefield Avenue
 Bridgeport, CT 06604
- 6 Lunar Dr.
 Woodbridge, CT 06525
- Contact: Gerry Zarra
 Description: Offers training programs for employment for persons who receive TFA, GA, or other state funded/insured programs. Services include occupational skills training for Human Services or Food Service, job development, and placement services.
- Organization: **Dress for Success**
 Web Site: www.dressforsuccess.org
 Telephone: 203-333-6505
 Address: 35 Brentwood Avenue
 Fairfield, CT 06825
- Description: Provides an appropriate outfit for women to interview for jobs and upon obtaining job. By referral from member agency.
- Organization: **CT Dept. of Labor**
 Web Site: www.ctdol.state.ct.us
 Telephone: 1-888- CT-WORKS
 Address: Multiple branch offices
 Description: State of CT agency dealing with all facets of employment.

Organization: **Ticket To Work**

Web Site: www.yourtickettowork.com

Telephone: Toll free:1-866- 968-7842
Toll free TTY: 1-866-833-2967

Description: The Ticket to Work and Self Sufficiency Program is an employment program for people with disabilities who are interested in going to work. The goal of the Ticket to Work Program is to increase opportunities and choices for Social Security disability beneficiaries to obtain employment, vocational rehab, and other support services from public and private providers, employers and other organizations.

Organization: **CT Department of Social Services (DSS) -Medicaid for the Employed Disabled Program**

Web Site: www.dss.state.ct.us

Telephone: 1-800-842-1508

Description: People who are disabled and who are employed and paying Social Security taxes can earn up to \$75,000 per year and be eligible for Medicaid.

5-3. FREE OR REDUCED-FEE MENTAL HEALTH CARE

- Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24 hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.
- Organization: **Bridgeport Hospital REACH Program**
Web Site: www.bridgeporthospital.com
Telephone: 203-384-3377
Address: 305 Boston Avenue
Stratford, CT 06614
Description: REACH is an outpatient mental health service that offers psychiatric evaluation and treatment options for children, youth, and adults. In addition, the program offers specialized services for seniors requiring intensive treatment. Sliding scale fee or insurance.
- Organization: **Greenwich Hospital Outpatient Psychiatric Treatment Center**
Web Site: www.greenhosp.org
Telephone: 203-863-3316
Address: 5 Perry Ridge Road
Greenwich, CT 06830
Description: Offers a variety of programs for adults, children, and adolescents experiencing distress and other behavioral health issues. Also treats the effects of psychological and physical trauma. Sliding fee or insurance.
- Organization: **Norwalk Hospital Clinic**
Web Site: www.norwalkhosp.org
Telephone: 203-852-2988
Address: 34 Maple St
Norwalk ,CT 06586
Description: Main Clinic provides evening individual and group therapy, medical supervision, addictions treatment, crisis intervention, as well as support groups for individuals with family members who have severe mental illness.

Organization: **Southwest Connecticut Mental Health System (SWCMHS)**

Web Site: www.dmhas.state.ct.us

Telephone: Main #: 203-551-7400
CRISIS#: 203-551-7507

Toll free: 1-800-586-9903

203-579-7300

203-455-2160

Main #: 203-388-1600

CRISIS#: 203-358-8500

Toll free: 1-877-677-4135

Address: Greater Bridgeport Community Mental Health Center
1635 Central Avenue, Bridgeport, CT 06610

Community Services

Administrative Services

97 Middle St., Bridgeport, CT 06604

(Serves: Bridgeport, Easton, Fairfield, Monroe, Stratford, and Trumbull)

Homeless Outreach Team

753 Fairfield Avenue,, Bridgeport, Ct 06604

F.S. Dubois Center

780 Summer St., Stamford, CT 06901

(Serves: Darien, Greenwich, New Canaan, Norwalk, Stamford, Weston, Westport, and Wilton)

Transitional Residential Program

33 Stevens St., Norwalk, CT 06850

Description: The SWCMHS is a network of state-operated or publicly funded non-profit mental health and addiction services providing evidence-based, recovery-oriented and culturally competent mental health and substance abuse services. These services are targeted to publicly insured or uninsured adults with behavioral disorders and their families.

SWCMHS provides a range of services including: intake, screening, triage and mobile crisis services, inpatient psychiatric services, inpatient drug and alcohol detoxification, transitional residential services, outpatient psychiatric services, vocational and social rehabilitation, homeless outreach services, legal and housing assistance, case management, medication monitoring, consultation and education, Hispanic services, advocacy, care management, services for persons with co-occurring mental illness and addiction, and mental health services for people who are deaf or hearing impaired. The Crisis Admissions Units (CAU) provide clinical assessments and recovery-oriented crisis services. Available services include telephone crisis coverage, walk-in crisis services, emergency evaluations in the community, and referrals to the appropriate level of care. Telephone crisis services are available 7 days/week from 8am – 8pm. and walk-in services are available Monday through Friday from 8:30am – 7:30pm.

Organization: **Hall-Brooke Behavioral Health Services-The Center at Bridgeport**

Web Site: www.stvincent.org/behavioral

Telephone: 203-362-3900

Address: 2400 Main St.
Bridgeport, CT 06606

Description: Offers Partial Day Hospital Program, Intensive Outpatient and Continuing Care services. Partial hospital is a therapeutic supported alternative to inpatient care and provides stabilization of acute psychiatric symptoms. Intensive Outpatient Services provides day and evening group structured treatment. Must have a primary diagnosis of mental illness for the Dual Diagnosis program. Continuing Care Services offers individual, family and group therapies, medication evaluation and management. There are also a Latino and Women's Latino programs.

Organization: **Optimus Healthcare**

Web Site: www.bridgeportchc.org

Telephone: 203-333-6864

203-696-3260

203-327-5111

Address: 471 Barnum Avenue
Bridgeport, CT 06608

982-988 East Main St.
Bridgeport, CT 06608

137 Henry St.
Stamford, CT 06902

Description: Offers assessment, treatment, case management, and crisis intervention for persons in need of psychiatric treatment. Spanish services available. Sliding scale or insurance.

Organization: **Southwest Community Health Center**

Web Site: www.swchc.org

Telephone: 203-330-6000

203-330-6054

203-330-6010

Address: 361 Bird St
Bridgeport, CT 06605

1046 Fairfield Avenue
Bridgeport, CT 06605

743 South Ave,
Bridgeport, CT 06604

Description: Individual, child, family, and group health counseling for anxiety, depression, marital difficulties, family issues, and violence. Bilingual Spanish at all sites. Creole, French, and Turkish at Bird St site. Sliding fee or insurance.

Organization: **Jewish Family Services**

Web Site: www.jfsct.org

www.stamfordjfs.org

www.stamfordjfs.org

Telephone: 203-366-5438
203-921-4161
203-454-4992

Address: 2370 Park Avenue
Bridgeport, CT 06604

111 Prospect St.
Stamford, CT 06901

431 Post Road, East,
Suite #11
Westport, CT 06880

Description: Counseling and therapy services include crisis intervention, short and long term treatment, consultation and evaluation, individual and group therapy, marital and family counseling, substance abuse consultation, and evaluation for medication. Bridgeport and Stamford offer languages spoken in Russian, Yiddish, and Hebrew. Sliding fee or insurance.

Organization: **Tully Health System-Outpatient Behavioral Services**

Web Site: www.stamhealth.org

Telephone: 203-276-7560

Address: 32 Strawberry Hill Ct.
Stamford, CT 06902

Description: Outpatient Behavioral Health Services offers a full range of mental health services including individual, group, couple and family therapy, eating disorders therapy group, and substance abuse counseling. Sliding fee or insurance.

Organization: **Family Services Woodfield (FSW)**

www.fswinc.org

Telephone: 203-368-4291

Address: 475 Clinton Avenue
Bridgeport, CT 06605

Description: Offers psychiatric outpatient clinical services for people with mental illness. Bilingual Spanish services.

Organization: **Regional Network of Programs**

Web Site: www.regionalnetwork.org

Telephone: 203-366-5817

Address: 480 Bond St.

Bridgeport, CT 06610

Description: Dual Diagnosis Treatment Program offers individual therapy by a psychiatrist and support staff to adults who are dually diagnosed with mental health and substance abuse problems. Sliding fee or insurance.

5-4. FREE OR REDUCED-FEE GENERAL MEDICAL CARE

Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24 hour information and referral to health and human services in CT. Crisis intervention; Suicide prevention.

Organization: **Americares Free Clinics**
Web Site: www.americaresfreeclinics.org
Telephone: 1-888-736-3435
Address: 1230 Stratford Avenue
Newfield Public Library
Bridgeport, CT 06604
HRS: Tues. 1-4p, Sat. 9a-12p

877 Park Avenue
Bridgeport, CT 06605
HRS: Thur. 4-7p

98 South Main St.
South Norwalk Community Center
Norwalk, CT 06854
HRS: Tues. 1-4p; Sat. 9a-12p .

Contact: Sharon Joslin
Description: Offers outpatient health care for the uninsured over 18 years at various sites in Bridgeport and over 16 years in the Norwalk Clinic.

Organization: **Optimus Health Care Clinics**

Web Site: www.bridgeportchc.org

Telephone: 203-333-6864
203-696-3260
203-576-3881
203-330-2783
203-579-5000
203-332-4567
203-327-5111
203-359-6990

Address: Various Locations :

Bridgeport Community Health Center

471 Barnum Avenue Bpt

982 East Main St. Bpt*

82 George St., Bpt

1071 E. Main St., Bpt

64 Black Rock Tnpk, Bpt*

790 Central Avenue, Bpt

137 Henry St., Stamford

245 Selleck St., Stamford

Description: Provides primary health care services for all ages including physicals, assessment screenings, and treatment, regardless of ability to pay. Departments include: Adult Medicine, OB/GYN, Family Planning, Pediatrics, Surgical, Podiatry, Mental Health, HIV/AIDS, Nutrition and Chiropractic, Dental Medicine* and Social Services.

Organization: **St. Vincent's Medical Center Community Outreach Program**

Web Site: www.stvincents.org

Telephone: 203-576-5710

Address: Adult Medicine Center
43 Madison Avenue
Bridgeport, CT 06604
(Lower level of Thomas Merton Center)

Description: Outreach provides primary health care to low-income, disabled, homeless and elderly persons residing in Bridgeport who are not actively involved with a primary care physician.

Organization: **St Joseph's Family Life Center**

Telephone: 203-326-2986

Address: 587 Elm St.
Stamford, CT 06902

Description: Center offers limited primary health care and health screening provided by nurse practitioners in walk-in sessions without appointment on Monday evenings, Tuesday afternoons, and Thursday mornings. Women's health care and follow up care are available by appointment only. Services are provided regardless of ability to pay. Languages spoken: English, Creole, French, and Spanish.

Organization: **Stamford Health Dept – Women's Clinic**

Web Site: www.cityofstamford.org

Telephone: 203-977-5933
Health Dept Hotline: 203-977-5889

Address: 141 Franklin St.
Stamford, CT 06906

Contact: Pauline Pochette, RN, Nurse Coordinator

Description: Offers gynecological exams, blood work, cholesterol testing, pap smears, referrals for free mammograms, and referrals to health and social service agencies as needed. The clinic is offered twice per month. Languages spoken: English and Spanish.

Organization: **Norwalk Community Health Center of Norwalk Hospital**

Web Site: www.norwalkhosp.org

Telephone: 203-899-1770
Address: 121 Water St.
Norwalk, CT 06854

Description: Offers basic medical care including diagnosis and treatment of medical problems, family planning services, pregnancy testing, and health screenings. Sliding scale fee and must be a resident of Norwalk or surrounding town.

Organization: **Southwest Community Health Center**

Web Site: www.swchc.org

Telephone: 203-330-6000

203-366-4000

203-330-6010

203-330-6054

Address: 361 Bird St.
Bridgeport, CT 06605

510 Clinton Avenue
Bridgeport, CT 06605

743 South Avenue
Bridgeport, CT 06604

1046 Fairfield Avenue
Bridgeport, CT 06605

Description: Southwest Community Health Center provides general medical services for all ages regardless of ability to pay. Adult medical services include physicals, sick visits, immunizations, HIV/AIDS testing and treatment, nutritional counseling, gastroenterology services, chiropractic services, podiatry services and cancer screening. Dental Clinic services also available.

Special programs include comprehensive care to pediatric and adult patients with HIV/AIDS; the Michele Project, a pioneer program for early detection of major cancers. Project Connect to screen for victims of domestic violence; a prescription medications voucher program; and comprehensive outpatient services for substance abuse issues. Homeless Health Care program at the Fairfield Ave and Clinton Ave sites during varying hours. English and Spanish spoken at all sites. Main site on Bird St also has Creole, French, and Turkish speaking staff.

Sliding fee and insurance accepted. Inability to pay not an obstacle to treatment.

5-5. HOUSING ASSISTANCE

- Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24 hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.
- Organization: **Bridgeport Housing Authority**
Web Site: www.bridgeporthousing.org
Telephone: 203-337-8900
Address: 150 Highland Avenue
Bridgeport, CT 06604
Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.
- Organization: **Darien Housing Authority**
Web Site: www.darienct.gov/officials/housing
Telephone: 203-655-0866
Address: 2 Renshaw Rd,
Town Hall
Darien, CT 06820
Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.
- Organization: **Fairfield Housing Authority**
Telephone: 203-366-6578
Address: 15 Pine Tree Lane
Fairfield, CT 06432
Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.
- Organization: **Greenwich Housing Authority**
Telephone: 203-869-1138
Address: 249 Milbank Avenue
Greenwich, CT 06830
Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.

Organization: **Monroe Housing Authority**
Telephone: 203-261-7685
Address: 358 Wheeler Rd,
Fairway Acres
Monroe, CT 06468
Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.

Organization: **Stamford Housing Authority**
Telephone: 203-977-1400
Address: 22 Clinton Avenue
Stamford, CT 06902
Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.

Organization: **Stratford Housing Authority**
Telephone: 203-375-4483
Address: 295 Everett St.
Stratford, CT 06615
Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.

Organization: **Trumbull Housing Authority**
Telephone: 203-261-5740
Address: 200 Hedgehog Circle
Trumbull, CT 06611
Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.

Organization: **Westport Housing Authority**
Telephone: 203-227-4672
Address: 5 Canal St
Westport, CT 06880
Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.

Organization: **Region 1 Bridge Subsidy Program**

Telephone: 203-365-8444

203-324-3167

Address: Mental Health Association of CT
4270 Main St
Bridgeport, CT 06605

Family Centers, Inc
60 Palmer Hill Rd
Stamford, CT 06902

Contact: Joan Beckert
Franklin Marzullo, HRC

Description: A state funded rental assistance program which provides for a monthly housing subsidy payment to persons with a psychiatric disorder on a temporary basis while an individual/family is on a waiting list for permanent state and/or federal subsidy.

Organization: **Security Deposit Program**

Telephone: 860-418-6903

Contact: John Doyle, DMHAS

Description: State funded program provides security deposit funds to individuals /families in search of permanent housing.

Organization: **Renter's Rebate Program**

Web Site: <http://ci.bridgeport.ct.us/>

Telephone: 203-576-8062

Address: City of Bridgeport
Assessor's Office
45 Lyons Terrace #105
Bridgeport, CT 06604

Description: Rental rebate and property tax credit programs for low-income elderly or disabled individuals

Organization: **Renter's Rebate Program**

Web Site: www.cityofstamford.org

Telephone: 203-977-4018

Address: City of Stamford
Assessor's Office
888 Washington Boulevard
Stamford, CT 06901

Description: Rental rebate and property tax credit programs for low-income elderly or disabled individuals.

Organization: **Action for Bridgeport Community Development (ABCD)**
Web Site: www.abcd.org
Telephone: 203-366-8241
Toll free: 888-852-6080
TTY: 203-366-4366
Address: 1070 Park Avenue
Bridgeport, CT 06604
Description: Offers an Eviction Prevention Program (EPP) for assessment, mediation, and financial assistance for low income residents with past due rent who have received a notice to quit. Serving Bridgeport, Easton, Trumbull, Fairfield, Monroe, and Stratford.

Organization: **Norwalk Economic Opportunity Now**
Telephone: 203-899-2483
Address: 98 South Main St.
Norwalk, CT 06854
Description: Offers an Eviction Prevention Program (EPP) for assessment, mediation, and financial assistance for low income residents with past due rent who have received a notice to quit. Serves residents of New Canaan, Norwalk, Weston, Westport, and Wilton.

Organization: **Person to Person**
Web Site: <http://p2p.darien.org/>
Telephone: 203-655-0048
Address: 1864 Post Road
Darien, CT 06820
Description: Offers an Eviction Prevention Program (EPP) for assessment, mediation, and financial assistance for low income residents with past due rent who have received a notice to quit. Serves residents of Darien, Greenwich, and Stamford.

Organization: **CT Fair Housing Center**
Web Site: www.ctfairhousing.org
Telephone: 1-888-247-4401
Address: 171 Orange St.
New Haven, CT 06510
Description: Ensures that all people have equal access to housing opportunities in CT

Organization: **Shelter Plus Care**
Telephone: 203-579-7388, 203-579-7441
Address: 97 Middle St.
Bridgeport, CT 06604
Contact: Bridgeport contact: Becky Roman
Stamford /Norwalk Contact: Diana Seghorn
Description: The Office of Community Resources and Special Programs offers supported living services in subsidized apartments for people who are homeless AND who have a history of psychiatric disability, substance abuse, dual diagnosis, or who are homeless and are HIV positive. Applicant must apply through Department of Mental Health and Addiction Services (DMHAS).

Organization: **Social Services-Western Regional Office- Community Based Services Program**
Web Site: www.dss.state.ct.us
Telephone: 203-551-2700
Toll free (for Norwalk area callers):1-877-551-2700
Address: 925 Housatonic Avenue
Bridgeport, CT 06606
Description: Assessment, coordination and payment for services for persons age 18-64 with physical or mental disabilities who need supportive services to live independently in the community. The plan can pay a maximum of \$650/month for non-medical services such as chore assistance, home delivered meals, companion, etc.

Organization: **Bridgeport Rescue Mission**
Telephone: 203-333-4087
Address: 1088 Fairfield Ave
Contact: Kathy Williamson
Description: Men's shelter located in Bridgeport.

Organization: **Prospect House Shelter**
Telephone: 203-576-9041
Address: 392 Prospect St.
Contact: Maria Lutz-Buyak
Description: Men's and Women's shelter in Bridgeport.

Organization: **YMCA-ACS Families in Transition**
Telephone: 203-366-2809
Address: Various Locations:
387 Clinton Ave;
Brook St;
Washington Ave
Contact: Carmen Colon
Description: Family shelters located at 3 sites in Bridgeport.

Organization: **Operation Hope**
Telephone: 203-254-2935
Address: 50 Nichols Ave
Contact: Lisa Mazzeo
Description: 3 types of shelter services for men, women, and families located in Fairfield.

Organization: **Norwalk Emergency Shelter**
Telephone: 203-866-1057
Address: 4 Merritt St
Norwalk, CT 06901
Contact: Carol Antonetz
Description: Men's and Women's shelter located in South Norwalk.

Organization: **Pacific House**
Telephone: 203-348-2792
Address: 597 Pacific St
Stamford, CT 06902
Contact: Jerome Roberts
Description: Men's shelter located in Stamford.

Organization: **St Luke's Lifeworks-Family Shelter**
Telephone: 203-388-0100
Address: 141 Franklin St
Stamford, CT 06901
Contact: Centralized referral office
Description: Family shelter located in Stamford.

Organization: **St Luke's Lifeworks-Women's Shelter**
Telephone: 203-388-0152
Address: 8 Woodland Place
Stamford, CT 06902
Contact: Centralized referral office
Description: Women's shelter located in Stamford.

Organization: **Bacharach Community Shelter**
Telephone: 203-222-9260
Address: 3 Wassell Lane
Westport, CT 06880
Contact: MaryLou Heintz
Description: Shelter for women with children located in Westport.

Organization: **Gillespie Center**
Telephone: 203-226-1191
Address: 45 Jessup Road
Westport, CT 06880
Contact: MaryEllen Reynolds
Description: Men's shelter located in Westport.

Organization: **Hoskins Place**
Telephone: 203-226-1661
Address: 45 Jessup Road
Westport, CT 06880
Contact: Lori Williams
Description: Women's shelter located in Westport.

Organization: **Mental Health Association of CT**

Web Site: www.mhact.org

Telephone: 203-323-0124
203-365-8444

Address: 1480 Bedford St.
Stamford, CT 06905

4270 Main St.
Bridgeport, CT 06606

Description: Operates several residential programs for adults with chronic and severe mental illness, including same site and scattered site apartment programs.

Organization: **Laurel House-Housing Program**

Web Site: www.laurelhouse.net

Telephone: 203-363-7170

Address: 6 Washington Ct.
Stamford, CT

Description: Supported living apartments where residents learn how to buy and prepare food, get along with roommates and maintain an apartment.

Organization: **Bridgeport Transitional Living Centers**

Telephone: 203-366-7012

Address: 74 Huntington Road
Bridgeport, CT 06608

Description: Supervised apartments for persons with chronic mental illness.

Organization: **Keystone House**

Web Site: www.keystonehouse.org

Telephone: 203-855-2000

Address: 137 East Avenue
Norwalk, CT 06851

Description: Provides an Intensive Supported Apartment Program (ISAP) focusing on psychiatric rehabilitation in order to assist clients in developing and maintaining skills for independent living. The ISAP provides support based on each client's needs.

Organization: **Regional Network of Programs (RNP)**

Web Site: www.regionalnetwork.org

Telephone: 203-337-8180

Address: 2445 Main St.
Bridgeport, CT 06606

Description: RNP provides many services including supportive living. Transitional Living Centers for people returning to the community after a mental health hospitalization, Supervised Apartments Program by referral from the mental health system, Single Room Occupancy for emergency shelter, and Urban Model Initiative serving those individuals who are dually diagnosed.

Organization: **Homes For The Brave**

Web Site: www.homesforthebrave.org

Telephone: 203-338-0669

Address: 655 Park Avenue
Bridgeport, CT 06604

Description: Transitional living facility serves veterans who have been referred from Fairfield County homeless shelters and veterans involved in treatment at the VA CT Healthcare System who have chronic health and behavioral problems. The transitional program is a four to six month psycho-educational and psychosocial rehabilitation program that assists people in learning the skills needed to transition back into the community. Section 8 and Shelter Plus vouchers may be available to graduates who still need supportive case management services.

5-6. HELP WITH LEGAL PROBLEMS

- Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24 hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.
- Organization: **CT Legal Services**
Web Site: www.connlegalservices.org
Telephone: 203-336-3851
203-348-9216
Address: 211 State St.
Bridgeport, CT 06604

20 Summer St.
Stamford, CT 06901
Description: Provides free civil law representation to low-income families and individuals in CT. Full service Offices in Southwest CT located in Bridgeport and Stamford, with a satellite office in Norwalk
- Organization: **CT Legal Rights Project**
Telephone: 203-974-7638
Toll free: 1-877-402-2299

203-388-1566
Address: Greater Bridgeport Mental Health Center
1635 Central Ave
Bridgeport, CT 06610

F.S. Dubois Center
780 Summer St.
Stamford, CT 06905
Contact: Gina Texiera, Paralegal Advocate
Description: Legal representation/education/Patient Rights.
- Organization: **Legal Assistance Resource Center of CT- Statewide Legal Services of CT**
Web Site: www.larcc.org
Telephone: Toll free: 1-800-453-3320
Address: Telephone service only
Description: Statewide Legal Services is a legal aid phone hotline program that assists low-income callers with many non-criminal legal problems such as those involving family, employment, benefits, and housing. Sponsored by Legal Assistance Resource Center of CT.

Organization: **The Connecticut Office of Protection and Advocacy for Persons with Disabilities**

Telephone: Toll free: 1-800-842-7303 (voice or TDD)

Address: 60-B Weston Street
Hartford, CT 06120

Description: The Office of Protection and Advocacy seeks to protect the rights of and to advocate for people with disabilities. They do this by providing information and referral services, case advocacy services, abuse investigations and protective interventions, and community development activities.

Organization: **Center for Medicare Advocacy**

Web Site: www.medicareadvocacy.org

Telephone: 1-800-262-4414

Description: Provides information, advocacy, and legal assistance to help Medicare beneficiaries with all aspects of Medicare-related questions or problems, including help with filing Medicare appeals.

5-7. MEDICATIONS AT REDUCED OR NO COST (INCLUDING PHARMACEUTICAL COMPANY MEDICATION ASSISTANCE PROGRAMS)

- Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24 hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.
- Organization: **Partnership for Prescription Assistance**
Web Site: www.pparx.org
Telephone: 1-888-4PPA-NOW
1-888-477-2669
Description: Prescription Drug Patient Assistance Programs – matches patients with available programs.
- Organization: **The Medicine Program**
Web Site: www.themedicineprogram.com
Telephone: 1-573-996-7300
Description: Online assistance to individuals who are regularly required to take prescription medication but lack adequate income.
- Organization: **Southwestern CT Agency on Aging CHOICES Program**
Web Site: www.swcaa.org
Telephone: 1-800-994-9422
Address: 10 Middle St.
Bridgeport, CT 06604
Description: CHOICES counselors will help people who cannot afford their medications, AND who are enrolled in Medicare, to apply for pharmaceutical assistance programs offered by drug manufacturing companies. CHOICES counselors will also help people eligible for, or enrolled in, Medicare Part A and/or Part B understand the new Medicare prescription drug program(Part D) and will help them select the Prescription Drug Plan that best suits their individual situation.
- Organization: **ConnPace**
Web Site: www.connpace.com
Telephone: 1-800-423-5026
Description: Prescription assistance program sponsored by the CT Department of Social Services (DSS) for income eligible individuals ages 65+ or people ages 18-65 receiving SSI or SSDI. Income limit but no asset limit.

Organization: **Needymeds**
Web Site: www.needymeds.com
Description: Web-based information on free or discounted prescription assistance programs that are offered by pharmaceutical companies.

5-8. ALCOHOLICS ANONYMOUS AND NARCOTICS ANONYMOUS GROUPS

Organization: **Alcoholics Anonymous (AA)**

Web Site: www.ct-aa.org

Telephone: 203-333-5804(Bpt)
203-227-2496(Westport)

203-869-5221(Greenwich)

203-855-0075(Intergroup)

Toll free: 1-800-203-1234

Address: District 5: Bridgeport, Easton, Fairfield, Monroe, Stratford, Trumbull, Westport, and Weston

District 6: Greenwich, Darien, New Canaan, Norwalk, Stamford, Wilton

Call for locations of meetings

Description: 12 step self help groups for individuals with alcohol addiction.

Organization: **Narcotics Anonymous (NA)**

Web Site: www.ctna.org

Telephone: 1-800-627-3543

Address: Call for locations of meetings

Description: Self help organization follows the 12 step model in support groups for people in all stages of recovery from drug abuse. Support groups meet throughout CT.

5-9. OTHER ALCOHOL AND SUBSTANCE ABUSE TREATMENT

Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24 hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.

Organization: **Drug Treatment Advocate Program (DTA)**
City of Bridgeport-Health and Social Services Administration
Web Site: <http://ci.bridgeport.ct.us/>
Telephone: 203-576-8086
Address: 752 East Main St
Bridgeport, CT 06608
Contact: Ann Trojanowski
Description: DPH funded case managers will do drug/addiction assessments and then find treatment beds for substance abusers who want to get into drug or alcohol treatment. Case managers can also arrange for subsequent levels of care. The case manager will transport the person to the treatment site. No Fee and must be a resident of Greater Bridgeport.

Organization: **Regional Network of Programs, Inc.**
Web Site: www.regionalnetwork.org
Telephone: 203-386-8367
Address: 1438 Park Avenue
Bridgeport, CT 06604
Description: Provides substance abuse treatment, Detoxification, Methadone Maintenance, and Methadone Detoxification. Sliding scale or insurance. Special language services: French, Portuguese, and Spanish.

Organization: **DMHAS- Access to Recovery Program (ATR)**

Web Site: www.dmhas.state.ct.us

Telephone: 860-418-6747

Address: Access to Recovery Administration
4450 Capitol Ave
Hartford, CT 06134

Description: 28 Programs located throughout CT.
Substance abuse treatment referral program offering 28 individual programs throughout Fairfield County providing an array of treatment options. Intensive outpatient treatment for alcohol or drug abuse, methadone maintenance, ambulatory detox for narcotic addiction, and/or brief outpatient counseling for alcohol and substance abuse. People who are in treatment through ATR are also eligible for recovery support services including housing, case management, transportation, child care, basic needs, vocational and educational services, faith based services and peer based services.

Organization: **Liberation Programs**

Web Site: www.lmgprograms.org

Telephone: Administrative Offices: 203-851-2077

Stamford: 203-356-1980

Bridgeport: 1-888-822-2270

Address: 119 Main St
Stamford, CT 06901

399 Mill Hill Ave
Bridgeport, CT 06610

Description: Liberation Programs is a private, non-profit substance abuse prevention and treatment organization. Programs include: outpatient and residential programs for men and women, and specialized programs for youth, adults 55+ and those who are living with HIV or AIDS.

Organization: **The CT Clearinghouse**

Telephone: Toll free: 1-800-232-4424

Address: 334 Farmington Avenue
Plainville, CT 06062

Description: The state's most comprehensive resource center for information about alcohol, tobacco, and other drugs, and related issues affecting mental health and wellness.

Organization: **Connecticut Renaissance, Inc.**

Web Site: www.ctrenaissance.com

Telephone: 203-325-4197

Address: 141 Franklin St.
Stamford, CT 06901

Description: Provides substance abuse and mental health services in an outpatient setting. Sliding fee or insurance. English, French, and Spanish spoken.

Organization: **Connecticut Community for Addiction Recovery (CCAR)**

Web Site: www.ccar-recovery.org

Telephone: 203-856-9290

Toll free: 1-800-708-9145

Address: Bridgeport Recovery Community Center
49 Cannon St.

Bridgeport, CT 06604

Chapter meetings 3rd Tuesday of each month 7 pm-8:30 pm.

CCAR Norwalk Chapter

Meets 2nd Wednesday of each month 6:30 pm-8 pm at:

98 South Main St.

Norwalk, CT 06854

Contact: Michael Askew, Peer Services Coordinator for Norwalk and Bridgeport

Description: CCAR promotes and puts a positive face on recovery through advocacy, education, and service. CCAR advocates at the state level for policies and priorities that are pro-recovery, holds monthly meetings at local chapters, develops and delivers dozens of useful training programs, puts a face on recovery, and maintains a recovery housing database in collaboration with CT Assets Network. The chapters are “peer led” and “peer driven” by people in recovery and their family members. The chapters provide life skills training, support groups with trained facilitators, peer to peer advice, and referrals.

Organization: **Chemical Abuse Services Agency (CASA)**

Address: 690 Arctic St.

Bridgeport, CT 06604

Description: Outpatient substance abuse counseling for adults whose primary language is Spanish. Services include education, recovery, HIV management and prevention.

Organization: **CT Counseling Centers, Inc.**

Web Site: www.ctcounseling.org

Telephone: 203-838-6508

Address: 20 North Main St , 3rd floor
Norwalk , CT 06854

Description: Accepts people with co-occurring mental health and substance abuse disorders, dual diagnosis program, drug and alcohol urine testing. All programs offer bilingual services.

Organization: **Fairfield Counseling Services**

Telephone: 203-255-5777

Address: 125 Penfield Road
Fairfield, CT 07824

Description: Substance abuse evaluation and counseling with a family focus. Will accept dual diagnosis patients. Sliding fee or insurance.

Organization: **Catholic Charities**
Web Site: www.cafc-ct.org
Telephone: 203-372-4301
203-367-9036
Address: 238 Jewett Avenue
Bridgeport, CT 06606

43 Madison Avenue
Bridgeport, CT 06604

Description: Provides assessment, individual counseling, and relapse prevention. Referrals to substance abuse programs other than outpatient, if needed.

5-10. BENEFITS COUNSELING

- Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24 hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.
- Organization: **Disability Resource Center of Fairfield County**
Web Site: www.drcfc.org
Telephone: 203-378-6977
Address: 80 Ferry Blvd., Suite 210
Stratford, CT 06615
Description: Offers disability counseling support, advice, and guidance for people who have disabilities.
- Organization: **Southwestern CT Agency on Aging CHOICES Program**
Web Site: www.swcaa.org
Telephone: 1-800-994-9422
Address: 10 Middle St.
Bridgeport, CT 06604
Description: CHOICES counselors will help people who cannot afford their medications, AND who are enrolled in Medicare, to apply for pharmaceutical assistance programs offered by drug manufacturing companies. CHOICES counselors will also help people eligible for, or enrolled in, Medicare Part A and/or Part B understand the new Medicare prescription drug program(Part D) and will help them select the Prescription Drug Plan that best suits their individual situation.
- Organization: **Connect to Work Center**
Web Site: www.brs.state.ct.us/ConnectToWork.htm
Telephone: 1-800-994-9422
Address: 1057 Broad St.
Bridgeport, CT 06604
1642 Bedford St.
Stamford, CT 06905
Description: Provides individualized benefits planning and counseling for people on public benefits The Center's Benefits Specialists can help you to understand how work will affect your benefits by providing specific information on the impact working has on all the benefits received by your family, problem solving for your specific concerns, and follow up services after you return to work.

Organization: **Center for Medicare Advocacy**
Web Site: www.medicareadvocacy.org
Telephone: 1-800-262-4414
Description: Provides information, advocacy, and legal assistance to help Medicare beneficiaries with all aspects of Medicare-related questions or problems, including help with filing Medicare appeals.

Organization: **The CT Department of Social Services (DSS)**

Web Site: www.dss.state.ct.us
Telephone: Public Information Line :1-800-842-1508
TDD: 1-800-842-4524

203-551-2700
Toll free: 1-877-551-2700

203-251-9300
Toll free: 1-866-663-9300

Address: Western Regional Offices:
925 Housatonic Avenue
Bridgeport, CT 06606
(Serves: Bridgeport, Easton, Fairfield, Monroe, Norwalk, Stratford, Trumbull, Weston, and Westport)

1642 Bedford St.
Stamford, CT 06905
(Serves: Darien, Greenwich, New Canaan, Stamford, and Wilton)

Description: Administers many state medical assistance programs, including Title 19 or Medicaid, for residents of CT.

Organization: **DSS-Medicaid for the Employed Disabled**

Web Site: www.dss.state.ct.us/svcs/medical/index.htm
Telephone: Public Information Line :1-800-842-1508
TDD: 1-800-842-4524

203-551-2700
Toll free: 1-877-551-2700

203-251-9300
Toll free: 1-866-663-9300

Address: Western Regional Offices:
925 Housatonic Avenue
Bridgeport, CT 06606
(Serves: Bridgeport, Easton, Fairfield, Monroe, Norwalk, Stratford, Trumbull, Weston, and Westport)

1642 Bedford St.
Stamford, CT 06905
(Serves: Darien, Greenwich, New Canaan, Stamford, and Wilton)

Description: People who are disabled and who are employed and paying Social Security taxes can earn up to \$75,000 per year and be eligible for Medicaid.

6. SOUTHEASTERN MENTAL HEALTH AUTHORITY, NORWICH, CT

6-1. SELF-HELP AND CONSUMER SUPPORT GROUPS

Organization: **211 Infoline**

Web Site: www.211infoline.org

Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)

Description: 24-hour information and referral to health and human services in CT;
Crisis intervention; Suicide prevention.

Organization: **Advocacy Unlimited, Inc.**

Web Site: www.mindlink.org

Telephone: 1-800-573-6929
Address: 300 Russell Rd.
Wethersfield, CT 06109

Contact: Melissa Marshall, Executive Director, ext 302

Description: The mission of Advocacy Unlimited is to educate consumers of mental health services so that individuals can make informed choices about their own care and chart their own future. The goal is to integrate all persons, regardless of identified disabilities, into the larger community.
Office hours Monday – Friday, 9am – 5pm.
Extensive online resources available on website.

Organization: **Center for Women and Families of Eastern Fairfield County Support Groups**

Web Site: www.cwfefc.org

Telephone: 203-334-6154

Description: Women Share: Support group for survivors of domestic violence.
Meets Monday nights, 5:30pm – 7:00 pm.

Organization: **Center for Women and Families of Eastern Fairfield County Support Groups**

S.H.E. Group (Sharing Healthy Emotions)

Web Site: www.cwfefc.org

Telephone: Call for more information: 203-334-6154

Description: S.H.E. Group (Sharing Healthy Emotions): Support group for women who have experienced sexual abuse or assault during their lives.
Meets Wednesday nights, 5:30 – 7:30pm.

Organization: **Center for Women and Families (CWF) of Eastern Fairfield County**
Website: www.cwfefc.org
Telephone: Main: 203-334-6154

24-Hour Emergency:

Domestic Violence: 203-384-9559

Statewide Toll-free: 1-888-774-2900

Sexual Assault: 203-333-2233

Statewide Toll-free: 1-888-999-5545

Spanish Hotline: 1-888-568-8332

Address: 753 Fairfield Avenue
(Main): Bridgeport, CT 06604

Description: The CWF is dedicated to strengthening women and families, and eliminating violence and abuse through education, intervention, advocacy, and community collaboration. All services are confidential, free, and available in both English and Spanish.

Domestic Violence Services: Provides safety planning, emergency shelter, counseling, support groups, court-based advocacy, referral to legal and medical institutions, and advocacy for battered adults and their children.

Sexual Assault Services: Provides advocacy and accompaniment to hospital, police, and courts, and counseling and support groups for adult and child sexual assault victims, and incest survivors and their families.

Organization: **Center for Women and Families of Eastern Fairfield County Support Groups**

Caminando Hacia La Luz

Web Site: www.cwfefc.org

Telephone: Call for more information: 203-334-6154

Description: Caminando Hacia La Luz: Support group for Spanish-speaking individuals who are survivors of sexual assault and/or domestic violence. Meets Thursdays, 10am – noon.

Organization: **Depression and Manic Depression Support Group of Norwalk**

Telephone: 203-854-6745

Address: Grace Episcopal Church
Corner of Union Park and Mott Avenue
Norwalk, CT 06854

Description: Support group for people with depression and bipolar disorder, their family and friends.

Organization: **Emotions Anonymous**
Web Site: WWW.EMOTIONSANONYMOUS.ORG
Address/Phone Various locations:

United Congregational Church
877 Park Avenue
Bridgeport, CT 06604
203-338-0525

Bridge House
880 Fairfield Avenue
Bridgeport, CT 06605
203-338-0525

Church of Christ
1264 High Ridge Rd.
Stamford, CT 06903
203-323-0293

Christ & Holy Trinity Church
55 Myrtle Avenue
Westport, CT 06880
203-655-8435

Description: Support group for people experiencing emotional difficulties.

Organization: **Focus On Recovery – United, Inc (FOR-U)**

Web Site: www.focusonrecovery.org

Telephone: 1-866-255-5029

Address: 809 Main Street
Suite 201

East Hartford, CT 06108

Contact: Heather McDonald, Executive Director

Description: A consumer run and DMHAS-funded organization, a Center of Excellence, and a wonderful resource for CT adults who experience psychiatric symptoms, and for their families and caregivers.

Organization: **Greenwich YMCA Domestic Abuse Services**

Web Site: www.ywca.org/greenwich

Telephone: Main Office: 203-869-6501, ext. 170

24-Hour Hotline: 203-622-0003

Address: 259 East Putnam Avenue
Greenwich, CT 06830

Description: Offers access to anonymous, confidential crisis intervention, safety planning, and supportive counseling 24-hours/day, 7 days/week, 365 days/year. Other services include emergency shelter, adult counseling, child counseling, court advocacy, and advocacy with service systems.

- Organization: **Laurel House Warmline**
 Telephone: 203-363-7174
 Description: Serves the communities of Darien, New Canaan, Stamford, Westport, Greenwich, Norwalk, Weston, and Wilton.
 Operates 7 days/week from 5pm – 10pm.
- Organization: **Mental Health Association of CT-Schizophrenia Support Group**
 Email: www.mhact.org
 Telephone: 1-800-842-1501, ext. 10
 Address: United Congregational Church
 877 Park Avenue
 Bridgeport, CT 06604
 Description: Support group for people with schizophrenia.
- Organization: **National Alliance on Mental Illness**
 Web Site: www.namict.org
 Telephone: 860-882-0236
 Address: NAMI CT
 30 Jordan Lane, 3rd floor
 Wethersfield, CT 06109
 Description: Mental health organization with national, state, and local chapters dedicated to improving the lives of persons living with mental illness. Provides support, education, information, referral, and advocacy.
- Organization: **NAMI Helpline**
 Telephone: 1-800-950-NAMI(6264)
 TTY 1-888-344-6264
 Description: Trained volunteers provide information, referrals, and support to those who have questions or are affected by serious mental illness.
- Organization: **NAMI Fairfield**
 Web Site: www.namifairfield.org
 Telephone: 203-255-7567
 Contact: Betsy Ann Entwisle
 Description: Mental health organization with national, state, and local chapters dedicated to improving the lives of persons living with mental illness. Provides support, education, information, referral, and advocacy.
- Organization: **NAMI Stamford – Greenwich**
 Telephone: 203-322-3383
 Contact: Peter Case
 Description: Mental health organization with national, state, and local chapters dedicated to improving the lives of persons living with mental illness. Provides support, education, information, referral, and advocacy.

Organization: **NAMI Trumbull**
Telephone: 203-261-2807
Contact: Nancy Correll
Description: Mental health organization with national, state, and local chapters dedicated to improving the lives of persons living with mental illness. Provides support, education, information, referral, and advocacy.

Organization: **National Domestic Violence Hotline**
Telephone: 1-800-799-SAFE (7233)
1-800787-3224
Description: Hotline for referrals and support.

Organization: **National Empowerment Center**
Website: www.power2u.org
Telephone: 1-800-POWER2U: (800-769-3728)
TTY/TTD:1-800-TTY-POWER or 1-800-889-7693
Address: National Empowerment Center
599 Canal Street
Lawrence, MA 01840
Description: The mission of the National Empowerment Center Inc. is to carry a message of recovery, empowerment, hope, and healing to those labeled with mental illness. NEC has a toll free information and referral line and a Spanish speaking specialist is also available. NEC has a wealth of information about topics such as advance directives, schizophrenia, self-help groups in your area, legal services in your area, self-help techniques, and coping with depression.

Organization: **National Mental Health Consumers' Self-Help Clearinghouse**
Web Site: www.mhselfhelp.org
Telephone: 1-800-553-4KEY (4539)
Address: 1211 Chestnut Street
Suite 1000
Philadelphia, PA 19107
Description: A consumer- run national technical assistance center that is committed to helping mental health consumers improve their lives through self-help and advocacy.

Organization: **National Suicide Prevention Lifeline**
Telephone: 1-800-273-TALK(8255)
Description: The National Suicide Prevention Lifeline is a 24-hour, toll free suicide prevention service available to anyone in suicidal crisis.

Organization: **Schizophrenia Anonymous**

Telephone: 203-388-1550

Address: F.S. Dubois Center
780 Summer Street
Stamford, CT 06901

Description: Self-help six-step support group for people with schizophrenia.
Meets Wednesdays 11am.

Organization: **Soundview Warmline**

Telephone: 1-800-921-0359

Contact: Richard Weingarten

Description: Peer-run telephone service sponsored by SWCMHS, Office of Consumer Affairs that is staffed by consumers trained to provide a friendly voice, reassurance, help in problem solving, and peer counseling.
Operates 7 nights/week from 5pm – 10 pm.

Organization: **Women's Crisis Center (also known as DVCC/Domestic Violence Crisis Center)**

Web Site: www.dvccct.org

Telephone: 203-853-0418

24-Hour Toll free Hotline: 1-888-774-2900

Address: 5 Eversley Avenue
Suite 303
Norwalk, CT 06855

Description: Through counseling, crisis intervention, advocacy, safe housing, education, and public awareness, DVCC hopes to prevent and break the cycle of violence that plagues so many individuals and families. English and Spanish speaking services. Multiple weekly support groups are offered. Call hotline for all services including support group info and intake.

Organization: **Women's Crisis Center (also known as DVCC/Domestic Violence Crisis Center)**

Web Site: www.dvccct.org

Telephone: 203-965-0049

Hotline: 203-357-8162 Hotline: 203-357-8162

Address: Stamford Domestic Violence Services, Inc.
141 Franklin Street
Stamford, CT 06901

Description: Through counseling, crisis intervention, advocacy, safe housing, education, and public awareness, DVCC hopes to prevent and break the cycle of violence that plagues so many individuals and families. English and Spanish speaking services. Multiple weekly support groups are offered. Call hotline for all services including support group info and intake.

6-2. EMPLOYMENT SUPPORT

Organization: **Bridge House Inc**
Web Site: www.bridgehousect.org
Telephone: 203-335-5339
Address: 880 Fairfield Avenue
Bridgeport, CT 06605
Contact: Vicky Furey

Description: Psychosocial rehabilitation program for persons with mental illness. Clubhouse is open 7 days per week and offers a Work-Ordered Day Program, Transitional and Supported Employment Services, Social Recreation Program, Residential support and educational opportunities.

Organization: **Bureau of Rehabilitation Services (BRS)**
Web Site: www.brs.state.ct.us/programs.htm
Address/ Telephone: 1057 Broad Street
Bridgeport, CT 06604
203-551-5517
or
1642 Bedford Street
Stamford, CT 06905
203-251-9433

Contact: Bridgeport: Brenda Moore; Stamford: Leah Henchcliffe
Description: Assists individuals with significant physical and mental disabilities to prepare for, obtain, and maintain employment.
American Sign Language and Spanish services at the Bridgeport site.

Organization: **CT Dept. of Labor**
Web Site: www.ctdol.state.ct.us
Telephone: 1-888- CT-WORKS
Address: Multiple branch offices
Description: State of CT agency dealing with all facets of employment.

Organization: **CT Works Centers of Southwestern CT**

Web Site: www.ctworkssw.org

Address/
Telephone: Bridgeport Site:
2 Lafayette Square
Bridgeport, CT 06604
203-333-5129

Stamford Site:
1642 Bedford Street
1st Floor
Stamford, CT 06902
203-353-1702

Description: Provides services to unemployed and underemployed individuals seeking jobs and job assistance at no cost. Job seekers are afforded convenient access to employment, education, training, and information services they need at a single location.

Organization: **Dress for Success**

Web Site: www.dressforsuccess.org

Telephone: 203-333-6505
Address: 35 Brentwood Avenue
Fairfield, CT 06825

Description: Provides an appropriate outfit for women to interview for jobs and upon obtaining job. By referral from member agency.

Organization: **Goodwill Industries of Western CT**

Web Site: www.goodwillwct.org

Address
/Telephone: Bridgeport Site
165 Ocean Terrace
Bridgeport, CT 06605
203-581-5327
203-368-6511

or
Stamford Site
970 High Ridge Rd.
Stamford, CT 06902
203-609-0275

Goodwill Hispanic Services Program: 203-333-5129, ext. 357

Contact: Judi Kibbe, Director of Vocational Services

Description: Provides an array of vocational, residential, and community experience programs to people with disabilities. Its vocational programs follow evidence-based practice and support individuals in competitive employment.

Goodwill Hispanic Services Program serves people with language and economic barriers as well as people with disabilities. Services include a full range of vocational services as well as screening to determine eligibility for bilingual adult occupational skills training, English classes, social services, and counseling agencies if needed.

Organization: **211 Infoline**
n:
Telephone: 211 Voice/TDD, 1-800-203-1234 (V/TDD)
Web Site: www.211infoline.org
Description: 24-hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.

Organization: **Kennedy Center**
n:
Web Site: www.thekennedycenterinc.org
Telephone: 203-365-8522, 203-332-4535 ext 247
Address: 2440 Reservoir Avenue
Trumbull, CT 06610
Contact: Fiona Jones
Description: Work Services program of Kennedy Center focuses on job seeking, job placement, and job coaching.
Travel Training is offered by the Kennedy Center to assist people in learning how to get from one place to another. The travel trainer helps the person identify everything from the time of departure to the best route to take to your location.

Organization: **Keystone, Inc.**
Web Site: www.keystonehouse.org
Telephone: 203-855-7920 ext 18
Address: 141 East Avenue
Norwalk, CT 06851
Contact: Thais Gordon
Description: Keystone's Employment Options Program provides individualized placement and supports, situational assessments, job coaching, and long-term vocational supports as well as support with resume writing, interviewing skills, and networking with area employers.

Organization: **Laurel House**
Web Site: www.laurelhouse.net
Telephone: 203-324-1816
Address: 1616 Washington Boulevard
Stamford, CT 06902
Contact: Wendy Champeix
Description: Laurel House offers two employment programs.
The Transitional Employment Program offers onsite training and support at transitional employment placements.
The Independent Employment Program has levels of support ranging from career guidance to on-the-job training and coverage. Creole, French, Russian, Romanian, and Spanish spoken.

Organization: **Marrakech, Inc.**
Web Site: www.marrakechinc.org
Address/ 6 Lunar Dr.
Telephone: Woodbridge, CT 06525
203-389-2970, ext. 1303
Contact: Gerry Zarra
Description: Offers training programs for employment for persons who receive TFA, GA, or other state funded/insured programs. Services include occupational skills training for Human Services or Food Service, job development, and placement services.

Organization: **Search For Change**
Web Site: www.searchforchange.org
Telephone: 203-831-0886
Address: 94 East Avenue
Norwalk, CT 06851
Contact: Cliff Beauleau
Description: SFC programs are designed to assist consumers in attaining the American dream through job development, career exploration, computer skills training, and onsite or offsite job coaching. In addition to these services are long-term and comprehensive supported employment services.

Organization: **Ticket To Work**
Web Site: www.yourtickettowork.com
Telephone: Toll free:1-866- 968-7842
Toll free TTY: 1-866-833-2967
Description: The Ticket to Work and Self Sufficiency Program is an employment program for people with disabilities who are interested in going to work. The goal of the Ticket to Work Program is to increase opportunities and choices for Social Security disability beneficiaries to obtain employment, vocational rehab, and other support services from public and private providers, employers, and other organizations.

6-3. FREE OR REDUCED-FEE MENTAL HEALTH CARE

- Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24-hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.
- Organization: **Bridgeport Hospital REACH Program**
Web Site: www.bridgeporthospital.com
Telephone: 203-384-3377
Address: 305 Boston Avenue
Stratford, CT 06614
Description: REACH is an outpatient mental health service that offers psychiatric evaluation and treatment options for children, youth, and adults. In addition, the program offers specialized services for seniors requiring intensive treatment. Sliding scale fee or insurance.
- Organization: **Greenwich Hospital Outpatient Psychiatric Treatment Center**
Web Site: www.greenhosp.org
Telephone: 203-863-3316
Address: 5 Perry Ridge Rd.
Greenwich, CT 06830
Description: Offers a variety of programs for adults, children, and adolescents experiencing distress and other behavioral health issues. Also treats the effects of psychological and physical trauma. Sliding fee or insurance.
- Organization: **Norwalk Hospital Clinic**
Web Site: www.norwalkhosp.org
Telephone: 203-852-2988
Address: 34 Maple St
Norwalk ,CT 06586
Description: Main Clinic provides evening individual and group therapy, medical supervision, addictions treatment, crisis intervention, as well as support groups for individuals with family members who have severe mental illness.

Organization: **Southwest Connecticut Mental Health System (SWCMHS)**

Web Site: www.dmhas.state.ct.us

Address/ Telephone: Greater Bridgeport Community Mental Health Center
1635 Central Avenue

Bridgeport, CT 06610

Main#: 203-551-7400

Crisis#: 203-551-7507

Toll free:1-800-586-9903

Community Services

Administrative Services

97 Middle Street

Bridgeport, CT 06604

(Serves: Bridgeport, Easton, Fairfield, Monroe, Stratford, and Trumbull)

203-579-7300

Homeless Outreach Team

753 Fairfield Avenue

Bridgeport, Ct 06604

203-455-2160

F.S. Dubois Center

780 Summer Street

Stamford, CT 06901

(Serves: Darien, Greenwich, New Canaan, Norwalk, Stamford, Weston,
Westport, and Wilton)

Main#: 203-388-1600

Crisis#: 203-358-8500

Toll Free: 10877067704135

Transitional Residential Program

33 Stevens Street

Norwalk, CT 06850

Description: The SWCMHS is a network of state-operated or publicly funded nonprofit mental health and addiction services providing evidence-based, recovery-oriented and culturally competent mental health and substance abuse services. These services are targeted to publicly insured or uninsured adults with behavioral disorders and their families.

SWCMHS provides a range of services including intake, screening, triage and mobile crisis services, inpatient psychiatric services, inpatient drug and alcohol detoxification, transitional residential services, outpatient psychiatric services, vocational and social rehabilitation, homeless outreach services, legal and housing assistance, case management, medication monitoring, consultation and education, Hispanic services, advocacy, care management, services for persons with co-occurring mental illness and addiction, and mental health services for people who are deaf or hearing impaired.

The Crisis Admissions Units (CAU) provides clinical assessments and recovery-oriented crisis services. Available services include telephone crisis coverage, walk-in crisis services, emergency evaluations in the community, and referrals to the appropriate level of care.

Telephone crisis services are available 7 days/week, 8:00am – 8:00pm.

Walk-in services are available Monday – Friday, 8:30am – 7:30pm.

Organization: **Hall-Brooke Behavioral Health Services-The Center at Bridgeport**

Web Site: www.stvincent.org/behavioral

Telephone: 203-362-3900

Address: 2400 Main Street
Bridgeport, CT 06606

Description: Offers Partial Day Hospital Program, Intensive Outpatient and Continuing Care services. Partial hospital is a therapeutic supported alternative to inpatient care and provides stabilization of acute psychiatric symptoms. Intensive Outpatient Services provides day and evening group structured treatment. Must have a primary diagnosis of mental illness for the Dual Diagnosis program. Continuing Care Services offers individual, family, and group therapies; medication; evaluation; and management. There are also Latino and Women's Latino programs.

Organization: **Optimus Healthcare**
Web Site: www.bridgeportchc.org
Address/ Telephone: 471 Barnum Avenue
Bridgeport, CT 06608
203-333-6864
or
982-988 East Main Street
Bridgeport, CT 06608
203-696-3260
or
137 Henry Street
Stamford, CT 06902
203-327-5111

Description: Offers assessment, treatment, case management, and crisis intervention for persons in need of psychiatric treatment. Spanish services available. Sliding scale or insurance.

Organization: **Southwest Community Health Center**
Web Site: www.swchc.org
Address/ Telephone: 361 Bird St
Bridgeport, CT 06605
203-330-6000
or
1046 Fairfield Avenue
Bridgeport, CT 06605
203-330-6054
or
743 South Avenue,
Bridgeport, CT 06604
203-330-6010

Description: Individual, child, family, and group health counseling for anxiety, depression, marital difficulties, family issues, and violence. Bilingual Spanish at all sites. Creole, French, and Turkish at Bird St site. Sliding fee or insurance.

Organization: **Jewish Family Services**

Address/ 2370 Park Avenue

Telephone/ Bridgeport, CT 06604

Website: 203-366-5438

www.jfsct.org

or

111 Prospect Street

Stamford, CT 06901

203-921-4161

www.stamfordjfs.org

or

431 Post Rd. East,

Suite #11

Westport, CT 06880

203-454-4992

www.stamfordjfs.org

Description: Counseling and therapy services include crisis intervention, short- and long-term treatment, consultation and evaluation, individual and group therapy, marital and family counseling, substance abuse consultation, and evaluation for medication. Bridgeport and Stamford offer languages spoken in Russian, Yiddish, and Hebrew. Sliding fee or insurance.

Organization: **Dorothy Bennet/Tully Behavioral Health**

Telephone: 203-621-3830

Address: 1351 Washington Boulevard

Stamford, CT 06902

Contact: Norma Kirwan, MD

Description: Outpatient Behavioral Health Services offers a full range of mental health services including individual, group, couple, and family therapy, eating disorders therapy group, and substance abuse counseling. Sliding fee or insurance.

Organization: **Family Services Woodfield (FSW)**

www.fswinc.org

Telephone: 203-368-4291

Address: 475 Clinton Avenue

Bridgeport, CT 06605

Description: Offers psychiatric outpatient clinical services for people with mental illness. Bilingual Spanish services.

Organization: **Regional Network of Programs**

Web Site: www.regionalnetwork.org

Telephone: 203-366-5817

Address: 480 Bond Street
Bridgeport, CT 06610

Description: Dual Diagnosis Treatment Program offers individual therapy by a psychiatrist and support staff to adults who are dually diagnosed with mental health and substance abuse problems. Sliding fee or insurance.

6-4. FREE OR REDUCED-FEE GENERAL MEDICAL CARE

Organization: **211 Infoline**

Web Site: www.211infoline.org

Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)

Description: 24-hour information and referral to health and human services in CT.
Crisis intervention; suicide prevention.

Organization: **Americares Free Clinics**

Web Site: www.americaresfreeclinics.org

Telephone: 1-888-736-3435

Address: 1230 Stratford Avenue
Newfield Public Library
Bridgeport, CT 06604

Hours: Tuesday, 1:00pm – 4:00pm, Saturday, 9:00am – 12:00pm.

877 Park Avenue
Bridgeport, CT 06605
Hours: Thursday, 4:00pm – 7:00pm

98 South Main Street
South Norwalk Community Center
Norwalk, CT 06854
Hours: Tuesday, 1:00 – 4:00pm; Saturday, 9:00am – 12:00pm.

Contact: Sharon Joslin

Description: Offers outpatient health care for the uninsured over age 18 at various sites in Bridgeport and over age 16 in the Norwalk Clinic.

Organization: **Norwalk Community Health Center of Norwalk Hospital**

Web Site: www.norwalkhosp.org

Telephone: 203-899-1770

Address: 121 Water Street
Norwalk, CT 06854

Description: Offers basic medical care including diagnosis and treatment of medical problems, family planning services, pregnancy testing, and health screenings. Sliding scale fee and must be a resident of Norwalk or surrounding town.

Organization: **Optimus Health Care Clinics**
Web Site: www.bridgeportchc.org
Address/ Various Locations :
Telephone: Bridgeport Community Health Center
471 Barnum Avenue - Bridgeport
203-333-6864
982 East Main Street Bridgeport*
203-696-3260
82 George Street, Bridgeport
203-576-3881
1071 E. Main Street, Bridgeport
203-330-2783
64 Black Rock Turnpike, Bridgeport*
203-579-5000
790 Central Avenue, Bridgeport
203-332-4567
137 Henry Street, Stamford
203-327-5111
245 Selleck Street, Stamford
203-359-6990

Description: Provides primary health care services for all ages including physicals, assessment screenings, and treatment, regardless of ability to pay. Departments include Adult Medicine, OB/GYN, Family Planning, Pediatrics, Surgical, Podiatry, Mental Health, HIV/AIDS, Nutrition and Chiropractic, Dental Medicine, and Social Services.

Organization: **St Joseph's Family Life Center**
Telephone: 203-326-2986
Address: 587 Elm Street
Stamford, CT 06902

Description: Center offers limited primary health care and health screening provided by nurse practitioners in walk-in sessions without appointment on Monday evenings, Tuesday afternoons, and Thursday mornings. Women's health care and followup care are available by appointment only. Services are provided regardless of ability to pay. Languages spoken: English, Creole, French, and Spanish.

Organization: **St. Vincent's Medical Center Community Outreach Program**
Web Site: www.stvincents.org
Telephone: 203-576-5710
Address: Adult Medicine Center
43 Madison Avenue
Bridgeport, CT 06604
(Lower level of Thomas Merton Center)

Description: Outreach provides primary health care to low-income, disabled, homeless, and elderly persons residing in Bridgeport who are not actively involved with a primary care physician.

Organization: **Southwest Community Health Center**

Web Site: www.swchc.org

Address/
Telephone: 361 Bird Street
Bridgeport, CT 06605
203-330-6000

510 Clinton Avenue
Bridgeport, CT 06605
203-366-4000

743 South Avenue
Bridgeport, CT 06604
203-330-6010

1046 Fairfield Avenue
Bridgeport, CT 06605
203-330-6054

Description: Southwest Community Health Center provides general medical services for all ages regardless of ability to pay.

Adult medical services include physicals, sick visits, immunizations, HIV/AIDS testing and treatment, nutritional counseling, gastroenterology services, chiropractic services, podiatry services and cancer screening. Dental Clinic services also available.

Special programs include comprehensive care to pediatric and adult patients with HIV/AIDS; the Michele Project, a pioneer program for early detection of major cancers. Project Connect to screen for victims of domestic violence; a prescription medications voucher program; and comprehensive outpatient services for substance abuse issues. Homeless Health Care program at the Fairfield Avenue and Clinton Avenue sites during varying hours.

English and Spanish spoken at all sites. Main site on Bird St also has Creole, French, and Turkish speaking staff. Sliding fee and insurance accepted.

Inability to pay not an obstacle to treatment.

Organization: **Stamford Health Dept – Women’s Clinic**

Web Site: www.cityofstamford.org

Telephone: 203-977-5933
Health Dept Hotline: 203-977-5889

Address: 141 Franklin Street
Stamford, CT 06906

Contact: Pauline Pochette, RN, Nurse Coordinator

Description: Offers gynecological exams, blood work, cholesterol testing, pap smears, referrals for free mammograms, and referrals to health and social service agencies as needed. The clinic is offered twice per month. Languages spoken: English and Spanish.

6-5. HOUSING ASSISTANCE

- Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24-hour information and referral to health and human services in CT;
Crisis intervention; Suicide prevention.
- Organization: **Action for Bridgeport Community Development (ABCD)**
Web Site: www.abcd.org
Telephone: 203-366-8241
Toll free: 888-852-6080
TTY: 203-366-4366
Address: 1070 Park Avenue
Bridgeport, CT 06604
Description: Offers an Eviction Prevention Program (EPP) for assessment, mediation, and financial assistance for low income residents with past due rent who have received a notice to quit. Serving Bridgeport, Easton, Trumbull, Fairfield, Monroe, and Stratford.
- Organization: **Bacharach Community Shelter**
Telephone: 203-222-9260
Address: 3 Wassell Lane
Westport, CT 06880
Contact: MaryLou Heintz
Description: Shelter for women with children located in Westport.
- Organization: **Bridgeport Rescue Mission**
Telephone: 203-333-4087
Address: 1088 Fairfield Avenue
Contact: Kathy Williamson
Description: Men's shelter located in Bridgeport.
- Organization: **Bridgeport Transitional Living Centers**
Telephone: 203-366-7012
Address: 74 Huntington Rd.
Bridgeport, CT 06608
Description: Supervised apartments for persons with chronic mental illness.
- Organization: **Gillespie Center**
Telephone: 203-226-1191
Address: 45 Jessup Rd.
Westport, CT 06880
Contact: MaryEllen Reynolds
Description: Men's shelter located in Westport.

Organization: **Homes For The Brave**

Web Site: www.homesforthebrave.org

Telephone: 203-338-0669

Address: 655 Park Avenue
Bridgeport, CT 06604

Description: Transitional living facility serves veterans who have been referred from Fairfield County homeless shelters and veterans involved in treatment at the VA CT Healthcare System who have chronic health and behavioral problems. The transitional program is a 4- to 6-month psycho-educational and psychosocial rehabilitation program that assists people in learning the skills needed to transition back into the community. Section 8 and Shelter Plus vouchers may be available to graduates who still need supportive case management services.

Organization: **Hoskins Place**

Telephone: 203-226-1661

Address: 45 Jessup Rd.
Westport, CT 06880

Contact: Lori Williams

Description: Women's shelter located in Westport.

Organization: **Housing Authorities**

Bridgeport Housing Authority

www.bridgeporthousing.org

203-337-8900

150 Highland Avenue

Bridgeport, CT 06604

Darien Housing Authority

www.darienct.gov/officials/housing

203-655-0866

2 Renshaw Rd,

Town Hall

Darien, CT 06820

Fairfield Housing Authority

203-366-6578

15 Pine Tree Lane

Fairfield, CT 06432

Greenwich Housing Authority

203-869-1138

249 Milbank Avenue

Greenwich, CT 06830

Monroe Housing Authority

203-261-7685

358 Wheeler Rd,

Fairway Acres

Monroe, CT 06468

Stamford Housing Authority

203-977-1400

22 Clinton Avenue

Stamford, CT 06902

Stratford Housing Authority

203-375-4483

295 Everett Street

Stratford, CT 06615

Trumbull Housing Authority

203-261-5740

200 Hedgehog Circle

Trumbull, CT 06611

Westport Housing Authority

203-227-4672

5 Canal St

Westport, CT 06880

Description: Administers subsidized rental programs for income-eligible families, people ages 62+, and people with disabilities.

Organization: **Keystone House**

Web Site: www.keystonehouse.org

Telephone: 203-855-2000

Address: 137 East Avenue
Norwalk, CT 06851

Description: Provides an Intensive Supported Apartment Program (ISAP) focusing on psychiatric rehabilitation in order to assist clients in developing and maintaining skills for independent living. The ISAP provides support based on each client's needs.

Organization: **Laurel House-Housing Program**

Web Site: www.laurelhouse.net

Telephone: 203-363-7170

Address: 6 Washington Ct.
Stamford, CT

Description: Supported living apartments where residents learn how to buy and prepare food, get along with roommates and maintain an apartment.

Organization: **Mental Health Association of CT**

Web Site: www.mhact.org

Address/ 1480 Bedford Street

Telephone: Stamford, CT 06905
203-323-0124

4270 Main Street
Bridgeport, CT 06606
203-365-8444

Description: Operates several residential programs for adults with chronic and severe mental illness, including same site and scattered site apartment programs.

Organization: **Norwalk Economic Opportunity Now**

Telephone: 203-899-2483

Address: 98 South Main Street
Norwalk, CT 06854

Description: Offers an Eviction Prevention Program (EPP) for assessment, mediation, and financial assistance for low income residents with past due rent who have received a notice to quit. Serves residents of New Canaan, Norwalk, Weston, Westport, and Wilton.

Organization: **Norwalk Emergency Shelter**
Telephone: 203-866-1057
Address: 4 Merritt St
Norwalk, CT 06901
Contact: Carol Antonetz
Description: Men's and Women's shelter located in South Norwalk.

Organization: **Operation Hope**
Telephone: 203-254-2935
Address: 50 Nichols Avenue
Contact: Lisa Mazzeo
Description: Three types of shelter services for men, women, and families located in Fairfield.

Organization: **Pacific House**
Telephone: 203-348-2792
Address: 597 Pacific St
Stamford, CT 06902
Contact: Jerome Roberts
Description: Men's shelter located in Stamford.

Organization: **Person to Person**
Web Site: <http://p2p.darien.org/>
Telephone: 203-655-0048
Address: 1864 Post Rd.
Darien, CT 06820
Description: Offers an Eviction Prevention Program (EPP) for assessment, mediation, and financial assistance for low income residents with past due rent who have received a notice to quit. Serves residents of Darien, Greenwich, and Stamford.

Organization: **Prospect House Shelter**
Telephone: 203-576-9041
Address: 392 Prospect Street
Contact: Maria Lutz-Buyak
Description: Men's and Women's shelter in Bridgeport.

Organization: **Region 1 Bridge Subsidy Program**

Address/ Telephone: Mental Health Association of CT
4270 Main St
Bridgeport, CT 06605
203-365-8444

Family Centers, Inc
60 Palmer Hill Rd
Stamford, CT 06902
203-324-3167

Contact: Bridgeport: Joan Beckert
Stamford: Franklin Marzullo, HRC

Description: A state-funded rental assistance program that provides for a monthly housing subsidy payment, on a temporary basis, to persons with a psychiatric disorder, while an individual/family is on a waiting list for permanent state and/or federal subsidy.

Organization: **Regional Network of Programs (RNP)**

Web Site: www.regionalnetwork.org
Telephone: 203-337-8180
Address: 2445 Main Street
Bridgeport, CT 06606

Contact: Gary DeAngelis

Description: RNP provides many services including supportive living. Transitional Living Centers for people returning to the community after a mental health hospitalization, Supervised Apartments Program by referral from the mental health system, Single Room Occupancy for emergency shelter, and Urban Model Initiative serving those individuals who are dually diagnosed.

Organization: **Renter's Rebate Program**

Web Site: <http://ci.bridgeport.ct.us/>
Telephone: 203-576-8062
Address: City of Bridgeport
Assessor's Office
45 Lyons Terrace #105
Bridgeport, CT 06604

Description: Rental rebate and property tax credit programs for low-income elderly or disabled individuals

Organization: **Renter's Rebate Program**
Web Site: www.cityofstamford.org
Telephone: 203-977-4018
Address: City of Stamford
Assessor's Office
888 Washington Boulevard
Stamford, CT 06901
Description: Rental rebate and property tax credit programs for low-income elderly or disabled individuals.

Organization: **St Luke's Lifeworks-Family Shelter**
Telephone: 203-388-0100
Address: 141 Franklin St
Stamford, CT 06901
Contact: Centralized referral office
Description: Family shelter located in Stamford.

Organization: **St Luke's Lifeworks-Women's Shelter**
Telephone: 203-388-0152
Address: 8 Woodland Place
Stamford, CT 06902
Contact: Centralized referral office
Description: Women's shelter located in Stamford.

Organization: **Security Deposit Program**
Telephone: 860-418-6903
Contact: John Doyle, DMHAS
Description: State-funded program provides security deposit funds to individuals /families in search of permanent housing.

Organization: **Shelter Plus Care**
Telephone: 203-579-7388, 203-579-7441
Address: 97 Middle Street
Bridgeport, CT 06604
Contact: Bridgeport contact: Becky Roman 203-579-7388
Stamford /Norwalk Contact: Diana Seghorn 203-579-7441
Description: The Office of Community Resources and Special Programs offers supported living services in subsidized apartments for people who are homeless and who have a history of psychiatric disability, substance abuse, dual diagnosis, or who are homeless and are HIV positive. Applicant must apply through Department of Mental Health and Addiction Services (DMHAS).

Organization: **Social Services-Western Regional Office- Community Based Services Program**

Web Site: www.dss.state.ct.us

Telephone: 203-551-2700

Toll free (for Norwalk area callers):1-877-551-2700

Address: 925 Housatonic Avenue

Bridgeport, CT 06606

Description: Assessment, coordination, and payment for services for persons age 18 to 64 with physical or mental disabilities who need supportive services to live independently in the community. The plan can pay a maximum of \$650/month for nonmedical services such as chore assistance, home delivered meals, companion.

Organization: **YMCA-ACS Families in Transition**

Telephone: 203-366-2809

Address: Various Locations:

387 Clinton Avenue

Brook Street

Washington Avenue

Contact: Carmen Colon

Description: Family shelters located at three sites in Bridgeport.

6-6. HELP WITH LEGAL PROBLEMS

Organization: **211 Infoline**

Web Site: www.211infoline.org

Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)

Description: 24-hour information and referral to health and human services in CT;
Crisis intervention; Suicide prevention.

Organization: **Center for Medicare Advocacy**

Web Site: www.medicareadvocacy.org

Telephone: 1-800-262-4414

Description: Provides information, advocacy, and legal assistance to help Medicare beneficiaries with all aspects of Medicare-related questions or problems, including help with filing Medicare appeals.

Organization: **CT Legal Rights Project**

Address: Greater Bridgeport Mental Health Center
1635 Central Avenue
Bridgeport, CT 06610
203-974-7638
Toll free: 1-877-402-2299

F.S. Dubois Center
780 Summer Street
Stamford, CT 06905
203-388-1566

Contact: Gina Texiera, Paralegal Advocate

Description: Legal representation/education/Patient Rights.

Organization: **CT Legal Services**

Web Site: www.connlegalservices.org

Address/ 211 State Street

Telephone: Bridgeport, CT 06604
203-336-3851

20 Summer Street
Stamford, CT 06901
203-348-9216

Description: Provides free civil law representation to low-income families and individuals in CT.
Full service Offices in Southwest Ct located in Bridgeport and Stamford, with a satellite office in Norwalk

Organization: **Legal Assistance Resource Center of CT- Statewide Legal Services of CT**
Web Site: www.larcc.org or www.slsct.org
Telephone: Toll free:1-800-453-3320
Address: Telephone service only
Description: Statewide Legal Services is a legal aid phone hotline program that assists low-income callers with many noncriminal legal problems such as those involving family, employment, benefits, and housing. Sponsored by Legal Assistance Resource Center of CT.

Organization: **The Connecticut Office of Protection and Advocacy for Persons with Disabilities**
Telephone: Toll free: 1-800-842-7303 (voice or TDD)
Address: 60-B Weston Street
Hartford, CT 06120
Description: The Office of Protection and Advocacy seeks to protect the rights of and to advocate for people with disabilities. They do this by providing information and referral services, case advocacy services, abuse investigations and protective interventions, and community development activities.

6-7. MEDICATIONS AT REDUCED OR NO COST (INCLUDING PHARMACEUTICAL COMPANY MEDICATION ASSISTANCE PROGRAMS)

- Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24-hour information and referral to health and human services in CT;
Crisis intervention; Suicide prevention.
- Organization: **ConnPace**
Web Site: www.connpace.com
Telephone: 1-800-423-5026
Description: Prescription assistance program sponsored by the CT Department of Social Services (DSS) for income eligible individuals ages 65+ or people ages 18-65 receiving SSI or SSDI. Income limit but no asset limit.
- Organization: **NeedyMeds**
Web Site: www.needyMeds.com
Description: Web-based information on free or discounted prescription assistance programs that are offered by pharmaceutical companies.
- Organization: **Partnership for Prescription Assistance**
Web Site: www.pparx.org
Telephone: 1-888-4PPA-NOW
1-888-477-2669
Description: Prescription Drug Patient Assistance Programs – matches patients with available programs.
- Organization: **Southwestern CT Agency on Aging CHOICES Program**
Web Site: www.swcaa.org
Telephone: 1-800-994-9422
Address: 10 Middle Street
Bridgeport, CT 06604
Description: CHOICES counselors will help people who cannot afford their medications, and who are enrolled in Medicare, to apply for pharmaceutical assistance programs offered by drug manufacturing companies.
CHOICES counselors also will help people eligible for, or enrolled in, Medicare Part A and/or Part B understand the new Medicare prescription drug program (Part D) and will help them select the Prescription Drug Plan that best suits their individual situation.

Organization: **The Medicine Program**

Web Site: www.themedicineprogram.com

Telephone: 1-573-996-7300

Description: Online assistance to individuals who are regularly required to take prescription medication but lack adequate income.

6-8. ALCOHOLICS ANONYMOUS AND NARCOTICS ANONYMOUS GROUPS

Organization: **Alcoholics Anonymous (AA)**

Web Site: www.ct-aa.org

Telephone: 203-333-5804(Bridgeport)
203-227-2496(Westport)

203-869-5221(Greenwich)

203-855-0075(Intergroup)

Toll free: 1-800-203-1234

Address: District 5: Bridgeport, Easton, Fairfield, Monroe, Stratford, Trumbull, Westport, and Weston

District 6: Greenwich, Darien, New Canaan, Norwalk, Stamford, Wilton

Call for locations of meetings

Description: 12-step self help groups for individuals with alcohol addiction.

Organization: **Narcotics Anonymous (NA)**

Web Site: www.ctna.org

Telephone: 1-800-627-3543

Address: Call for locations of meetings

Description: Self help organization follows the 12-step model in support groups for people in all stages of recovery from drug abuse. Support groups meet throughout CT.

6-9. OTHER ALCOHOL AND SUBSTANCE ABUSE TREATMENT

Organization: **211 Infoline**

Web Site: www.211infoline.org

Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)

Description: 24-hour information and referral to health and human services in CT;
Crisis intervention; Suicide prevention.

Organization: **Catholic Charities**

Web Site: www.cafc-ct.org

Address/ 238 Jewett Avenue

Telephone: Bridgeport, CT 06606
203-372-4301

43 Madison Avenue
Bridgeport, CT 06604
203-367-9036

Description: Provides assessment, individual counseling, and relapse prevention. Referrals to substance abuse programs other than outpatient, if needed.

Organization: **Chemical Abuse Services Agency (CASA)**

Address/ 690 Arctic Street

Telephone: Bridgeport, CT 06604
203-339-4112

Description: Outpatient substance abuse counseling for adults whose primary language is Spanish. Services include education, recovery, HIV management and prevention.

Organization: **Connecticut Community for Addiction Recovery (CCAR)**
Web Site: www.ccar-recovery.org
Telephone: 203-856-9290
Toll free: 1-800-708-9145
Address: Bridgeport Recovery Community Center
49 Cannon Street
Bridgeport, CT 06604
Chapter meetings third Tuesday of each month, 7:00pm – 8:30pm.

CCAR Norwalk Chapter
Meets second Wednesday of each month 6:30pm – 8:00pm at:
98 South Main Street
Norwalk, CT 06854

Contact: Michael Askew, Peer Services Coordinator for Norwalk and Bridgeport
Description: CCAR promotes and puts a positive face on recovery through advocacy, education, and service. CCAR advocates at the state level for policies and priorities that are prorecovery, holds monthly meetings at local chapters, develops and delivers dozens of useful training programs, puts a face on recovery, and maintains a recovery housing database in collaboration with CT Assets Network. The chapters are “peer led” and “peer driven” by people in recovery and their family members. The chapters provide life skills training, support groups with trained facilitators, peer to peer advice, and referrals.

Organization: **CT Counseling Centers, Inc.**

Web Site: www.ctcounseling.org
Telephone: 203-838-6508
Address: 20 North Main St , 3rd floor
Norwalk , CT 06854

Description: Accepts people with co-occurring mental health and substance abuse disorders, dual diagnosis program, drug and alcohol urine testing. All programs offer bilingual services.

Organization: **Connecticut Renaissance – Bridgeport Outpatient Program**

Web Site: www.ctrenaissance.com
Telephone: 203-367-6827 (voice); 203-367-7571 (fax)
Address: 1120 Main Street
Bridgeport, CT 06604

Description: Multiservice agency that provides mental health, substance abuse, and community release services.

Organization: **Connecticut Renaissance, Inc.**

Web Site: www.ctrenaissance.com
Telephone: 203-325-4197
Address: 141 Franklin Street
Stamford, CT 06901

Description: Provides substance abuse and mental health services in an outpatient setting. Sliding fee or insurance. English, French, and Spanish spoken.

Organization: **DMHAS- Access to Recovery Program (ATR)**

Web Site: www.dmhas.state.ct.us

Telephone: 860-418-6747

Address: Access to Recovery Administration
4450 Capitol Avenue
Hartford, CT 06134

28 Programs located throughout CT.

Description: Substance abuse treatment referral program offering 28 individual programs throughout Fairfield County providing an array of treatment options. Intensive outpatient treatment for alcohol or drug abuse, methadone maintenance, ambulatory detox for narcotic addiction, and/or brief outpatient counseling for alcohol and substance abuse. People who are in treatment through ATR are also eligible for recovery support services including housing, case management, transportation, child care, basic needs, vocational and educational services, faith based services and peer based services.

Organization: **Drug Treatment Advocate Program (DTA)**

City of Bridgeport-Health and Social Services Administration

Web Site: <http://ci.bridgeport.ct.us/>

Telephone: 203-576-8086

Address: 752 East Main St
Bridgeport, CT 06608

Contact: Ann Trojanowski

Description: DPH-funded case managers will do drug/addiction assessments and then find treatment beds for substance abusers who want to get into drug or alcohol treatment. Case managers can also arrange for subsequent levels of care. The case manager will transport the person to the treatment site. No Fee and must be a resident of Greater Bridgeport.

Organization: **Fairfield Counseling Services**

Telephone: 203-255-5777

Address: 125 Penfield Rd.
Fairfield, CT 07824

Description: Substance abuse evaluation and counseling with a family focus. Will accept dual diagnosis patients. Sliding fee or insurance.

Organization: **Liberation Programs**
Web Site: www.lmgprograms.org
Telephone: Administrative Offices: 203-851-2077
Address/ 119 Main St
Telephone: Stamford, CT 06901
203-356-1980

399 Mill Hill Avenue
Bridgeport, CT 06610
1-888-822-2270

Description: Liberation Programs is a private, nonprofit substance abuse prevention and treatment organization. Programs include: outpatient and residential programs for men and women, and specialized programs for youth, adults 55+ and those who are living with HIV or AIDS.

Organization: **Regional Network of Programs, Inc.**
Web Site: www.regionalnetwork.org
Telephone: 203-386-8367
Address: 1438 Park Avenue
Bridgeport, CT 06604

Description: Provides substance abuse treatment, Detoxification, Methadone Maintenance, and Methadone Detoxification. Sliding scale or insurance.
Special language services: French, Portuguese, and Spanish.

Organization: **The CT Clearinghouse**
Telephone: Toll free: 1-800-232-4424
Address: 334 Farmington Avenue
Plainville, CT 06062

Description: The state's most comprehensive resource center for information about alcohol, tobacco, and other drugs, and related issues affecting mental health and wellness.

6-10. BENEFITS COUNSELING

Organization: **211 Infoline**
Web Site: www.211infoline.org
Telephone: 211 Voice/TDD
1-800-203-1234 (V/TDD)
Description: 24-hour information and referral to health and human services in CT; Crisis intervention; Suicide prevention.

Organization: **Center for Medicare Advocacy**
Web Site: www.medicareadvocacy.org
Telephone: 1-800-262-4414
Description: Provides information, advocacy, and legal assistance to help Medicare beneficiaries with all aspects of Medicare-related questions or problems, including help with filing Medicare appeals.

Organization: **Connect to Work Center**
Web Site: www.brs.state.ct.us/ConnectToWork.htm
Telephone: 1-800-994-9422
Address: 1057 Broad Street
Bridgeport, CT 06604

1642 Bedford Street
Stamford, CT 06905
Description: Provides individualized benefits planning and counseling for people on public benefits The Center's Benefits Specialists can help you to understand how work will affect your benefits by providing specific information on the impact working has on all the benefits received by your family, problem solving for your specific concerns, and followup services after you return to work.

Organization: **Disability Resource Center of Fairfield County**
Web Site: www.drcfc.org
Telephone: 203-378-6977
Address: 80 Ferry Boulevard
Suite 210
Stratford, CT 06615
Description: Offers disability counseling support, advice, and guidance for people who have disabilities.

Organization: **DSS-Medicaid for the Employed Disabled**

Web Site: www.dss.state.ct.us/svcs/medical/index.htm

Telephone: Public Information Line :1-800-842-1508

(Main): TDD: 1-800-842-4524

Address/ Western Regional Offices:

Telephone: 925 Housatonic Avenue

Bridgeport, CT 06606

(Serves: Bridgeport, Easton, Fairfield, Monroe, Norwalk, Stratford, Trumbull,

Weston, and Westport)

203-551-2700

Toll free: 1-877-551-2700

1642 Bedford Street

Stamford, CT 06905

(Serves: Darien, Greenwich, New Canaan, Stamford, and Wilton)

203-251-9300

Toll free: 1-866-663-9300

Description: People who are disabled and who are employed and paying Social Security taxes can earn up to \$75,000 per year and be eligible for Medicaid.

Organization: **Southwestern CT Agency on Aging CHOICES Program**

Web Site: www.swcaa.org

Telephone: 1-800-994-9422

Address: 10 Middle Street

Bridgeport, CT 06604

Description: CHOICES counselors will help people who cannot afford their medications, AND who are enrolled in Medicare, to apply for pharmaceutical assistance programs offered by drug manufacturing companies.

CHOICES counselors will also help people eligible for, or enrolled in, Medicare Part A and/or Part B understand the new Medicare prescription drug program(Part D) and will help them select the Prescription Drug Plan that best suits their individual situation.

Organization: **The CT Department of Social Services (DSS)**

Web Site: www.dss.state.ct.us

Telephone Public Information Line :1-800-842-1508

(Main): TDD: 1-800-842-4524

Address/ Western Regional Offices:

Telephone: 925 Housatonic Avenue

Bridgeport, CT 06606

(Serves: Bridgeport, Easton, Fairfield, Monroe, Norwalk, Stratford, Trumbull,
Weston, and Westport)

203-551-2700

Toll free: 1-877-551-2700

1642 Bedford Street

Stamford, CT 06905

(Serves: Darien, Greenwich, New Canaan, Stamford, and Wilton)

203-251-9300

Toll free: 1-866-663-9300

Description: Administers many state medical assistance programs, including Title 19 or
Medicaid, for residents of CT.

7. COMMUNITY CONNECTIONS, WASHINGTON, DC

7-1. SELF-HELP AND CONSUMER SUPPORT GROUPS

- Organization: **Advocates for Justice and Education**
Web Site: www.aje-dc.org
Telephone: 202-678-8060
Address: 2041 Martin Luther King, Jr. Avenue, SE
Washington, DC 20020
Description: Parents of children with special needs. Meets 1st and 3rd Tuesdays, 6pm – 9pm.
- Organization: **AIDS/HIV Support Groups**
Telephone: 202-265-7979,
410-887-AIDS,
410-887-2537
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)
- Organization: **Alzheimer's Association**
Telephone: 866-259-0042
Description: Call for meeting locations, days, and times. (Some phone numbers are private listings of organization members.)
- Organization: **American Cancer Society**
Telephone: 301-933-9395
Description: Call for meeting locations, days, and times. (Some phone numbers are private listings of organization members.)
- Organization: **Chronic Pain Support Group**
Telephone: 301-670-0134
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)
- Organization: **Debtors Anonymous (12-step)**
Telephone: 202-319-0229
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)
- Organization: **Depression and Bipolar Support Alliance (DBSA) Capitol Area Information Line**
Web Site: www.dbsaalliance.org
Telephone: 202-689-1250
Description: Support meetings for people in treatment who have depression and bipolar illness (no staff; leave a message and they will call back).

Organization: **Diabetes Support Group**
Telephone: 202-331-8303
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **Domestic Violence and Support**
Telephone: D.C. Coalition Against Domestic Violence:
202-299-1181
or
24-Hour Hotline: 1-800-799-SAFE (7233)
Crime Victims Assistance: 202 842-8467

House of Ruth: 202-347-2777
My Sister's Place: 202-529-5991
D.C. Rape Crisis Center: 202-232-0789
or
24-Hour Hotline: 202-333-RAPE

Northern Virginia

Alexandria Domestic Violence Program: 703-838-4911
Arlington Violence Intervention (9am - 5pm): 703-228-1550
Arlington Violence Intervention Crisis Line (5pm - 9am): 703-228-4848
Virginia Family Violence and Sexual Assault Hotline: 800-838-8238

Montgomery County:

Abused Persons Program for Domestic Violence: 240-777-4000 (24-hour hotline)
Montgomery County Crisis Center: 240-777-4673
Victim Assistance and Sexual Assault Program: 240-777-1355

Prince George's County:

Family Crisis Center: 301-864-9101 (24-hour hotline)
Counseling for Domestic Violence: 301-779-2100
Domestic Violence Hotline: 301-731-1203

Description: Hotlines to support victims of domestic abuse.

Organization: **Ex-Offender Support Group**
Telephone: 202-562-5121
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **Family Alliance for Community Support (FACs)**
Telephone: 202-483-3255
Address: 1250 U Street, NW
Washington, DC 20009
Description: Provides education workshop, support, and advocacy for children's mental health and educational issues (age 0 to 18)
Second and fourth Tuesdays of every month, 7pm – 9pm.

Organization: **Family Advocacy and Support Association, Inc. (FASA)**
Telephone: 202-234-4387
Address: 24 Evarts Street, NE
Washington, DC 20002
Description: Provides education, support, and advocacy for children's issues (up to age 18)
First and second Mondays, 6pm – 8pm.

Organization: **Gambler's Anonymous**
Telephone: 301-961-1313
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **Loss and Grief Group (William Wendt Center)**
Telephone: 202-624-0010
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **National Alliance for the Mentally Ill (NAMI)**
Web Site: www.nami.org/about/namidc/
Telephone: 202-546-0646
Address: 422 8th Street, SE
2nd Floor
Washington, DC 20003
Description: Support groups meet every Wednesday from 7:00pm – 8:30pm
Groups are for consumers and their family members who are suffering with mental illnesses. Support groups are free and consumers and their family members are free to walk in and observe a group before deciding if this service is right for them.
Purpose of group is to inform consumers and their family members of the symptoms of various mental illnesses. Groups also educate family members on how to assist their loved one in dealing with a mental illness.

Organization: **Obsessive-Compulsive Disorders**
Telephone: 301-422-3779
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **Overeaters Anonymous**
Web Site: www.oa-dcmetro.org/meetings.htm
Telephone: 301-231-3821 or 703-76-3030
Address: Address varies depending on group.
Description: Fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. Offers approximately 18 meetings a week, in the mornings, afternoons, evenings, and weekends. OA welcomes everyone who wants to stop eating compulsively. There are no dues or fees for members. Primary purpose is to abstain from compulsive overeating and to carry this message of recovery to those who still suffer. Helpful to print the web site's list of scheduled meetings and contact numbers for each group. Call for meeting locations, days, and times. (Some phone numbers are private listings of organization members.)

Organization: **Parents Anonymous**
Telephone: 202-347-5660
703-212-0010
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **Parents Without Partners**
Telephone: 202-638-1320
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **Recovery Inc.**
Telephone: 301-431-1818
Address: 5601 Connecticut Avenue, NW (at corner of Connecticut Avenue and McKinley Street)
Washington, DC 20015
Contact: Margaret Tuttle
Description: All mental health diagnoses.
Tuesdays, 7pm.

Organization: **Sexaholics Anonymous**
Telephone: 703-866-6929
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **Survivors of Abuse**
Telephone: 202-965-8456
Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **Survivors of Homicide**

Telephone: 202-882-9190

Description: Call for meeting locations, days, and times (Some phone numbers are private listings of organization members.)

Organization: **Washington Home/Community Hospices of Washington**

Telephone: 202-895-2639

Address: 3720 Upton Street, NW
Washington, DC 20016

Contact: Gretchen Gaines

Description: Children's grief group; includes nonverbal ways of dealing with grief (small children allowed).

Organization: **WIC (Women, Infants, and Children Supplemental Food Program)**

Telephone: 1-800-345-1WIC

Description: WIC is a nutrition program that provides education, breastfeeding promotion, and support to pregnant women, new mothers, infants, and children up to age 5. To apply for the WIC Program in the District of Columbia, call (1800) 345-1 WIC.

7-2. EMPLOYMENT SUPPORT

Organization: **Chimes, District of Columbia**

Web Site: www.chimes.org

Telephone: 202-408-0821

Address: Ariel Rios Federal Building Chimes
B-351 (North Court), 1200 Pennsylvania Avenue, NW
Washington, DC 20407

Description: Multiservice program assisting people with various disabilities including mental retardation and mental illness.

Provides education, vocational training, mental health, medical services, and more.

Organization: **Community Connections, Inc.**

Web Site: www.communityconnectionsdc.org

Telephone: 202-546-1512

Address: 801 Pennsylvania Ave, SE, Suite 201
Washington, DC 20003

Contact: Emily Moody

Description: Community Connections is a private, not-for-profit mental health agency in Washington, DC. Since 1984, Community Connections has worked with people who have been marginalized to assist them toward stable, integrated community living. Clinical programs, residential and supportive services, and research projects play mutually supportive roles in achieving this goal.

Services offered: comprehensive case management, psychiatric treatment, housing, HIV/AIDS support, trauma counseling, supported employment, skills groups, children's services, forensic (pretrial) services.

Organization: **Jubilee Jobs**

Web Site: www.jubileejobs.org

Telephone: 202-667-8970

Address: 2712 Ontario Road, NW
Washington, DC 20009

Description: Provides job preparation and placement services to ex-offenders, welfare recipients, immigrants, the homeless and the formerly addicted. Once people are working, the focus becomes job retention and career growth.

Organization: **Rehabilitation Services Administration (RSA)**

Web Site: www.dhs.dc.gov

Telephone: 202-442-8400

Address: 810 First Street, NE (9th Floor)
Washington, DC 20002

Description: Comprehensive vocational and independent living services to persons with disabilities to promote their opportunities for employment, economic self-sufficiency, and independence. Works with communities, businesses, and organizations in an effort to ensure that individuals attain integrated employment in the mainstream of society.

Organization: **ServiceSource, Inc.**

Web Site: www.servicesource.org

Telephone: 703-461-6000

Address: 6295 Edsall Road Suite, 175
Alexandria, VA 22312

Description: Offers rehabilitation and employment services to people with disabilities. Also outsources labor options to businesses and government agencies in a variety of fields, including food service, mail management, administrative services, document management, assembly and packaging, warehousing, shipping, receiving, and logistics.

7-3. FREE OR REDUCED-FEE MENTAL HEALTH CARE

Organization: **So Others Might Eat (S.O.M.E.)**

Web Site: www.some.org

Telephone: 202-797-8806

Address: 68 0 Street, NW
Washington, DC 20001

Description: Services: Inpatient only; mix of mental health and substance abuse services; must be homeless; need police clearance; medical and dental clearance provided; attend groups for 2-3 wks before patients are sent to a 90-day program in West Virginia.

7-4. FREE OR REDUCED-FEE GENERAL MEDICAL CARE

Organization: **Medical Care (for low-income and without insurance)**

Telephone: Unity Health Clinic: 202-328-1084
Perry Family Health Center: 202-682-3840
Washington Free Clinic: 202-667-1106
Alexandria Clinic (Spanish-speaking): 703-519-1725
Arlington Free Clinic: 703-979-1425
Arlington Pediatric Clinic: 703-271-8800
Queen Street Clinic: 703-299-9701
Prince George's County Community Clinic, Langley Park: 301-585-1250
Walker Mill Clinic, Capital Heights: 301-324-1500
Montgomery County:
Holy Cross Health Center: 301-562-5600
Spanish Catholic Center: 301-434-3999

Description: Various contact numbers for medical services.

Organization: **Spanish Catholic Center Mt. Pleasant Medical Clinic**

Telephone: 202-939-2400
Address: 1618 Monroe Street, NW
Washington, DC 20010
Contact: Christine Reesor (Coordinator)

Description: Provides preventive and curative primary care services for low-income, uninsured, and limited English proficient immigrants, particularly Spanish speaking at the Mt. Pleasant Branch Health Center. Referrals for extensive medical testing; consults and treatments by specialists as needed including surgical interventions are possible through the Archdiocesan Health Care Network.

Organization: **Whitman-Walker Clinic**

Web Site: www.wwc.org
Telephone: 202-797-3500
Address: 1407 S Street, NW
Washington, DC 20009
Contact: Kim Brown

Description: Services: Inpatient (Bridgeback program): ages 6 months – 1 yr.
Outpatient: Three groups per week during evenings; Proof of DC residence. Do not have to be HIV positive, but if patient is HIV positive, they must be referred to "Access" program for general services. Insurance is accepted, but not required. Services are free for noninsured.

7-5. HOUSING ASSISTANCE

Organization: **Community Connections, Inc.**
Web Site: www.communityconnectionsdc.org
Telephone: 202-546-1512
Address: 801 Pennsylvania Ave, SE
Suite 201
Washington, DC 20003
Contact: Emily Moody
Description: Community Connections is a private, not-for-profit mental health agency in Washington, DC. Since 1984, Community Connections has worked with people who have been marginalized to assist them toward stable, integrated community living. Clinical programs, residential and supportive services, and research projects play mutually supportive roles in achieving this goal.
Examples of services offered: comprehensive case management, psychiatric treatment, housing, HIV/AIDS support, trauma counseling, supported employment, skills groups, children's services, forensic (pretrial) services.

Organization: **Families Forward, Inc.**
Homeless Services
Web Site: www.familiesforward.org
Telephone: 202-639-9760
Emergency Shelter Hotline: 1-800-535-7252
For pregnant women: Northwest Pregnancy Center/Maternity Home: 202-483-7008
St. Ann's Infant and Maternity Home: 301-559-5500
Missionaries of Charity/Mother Theresa House: 202-562-6890
Montgomery County Crisis Center: 240-777-4000
Prince George's County Shelter Hotline: 1-888-731-0999
Address: 1012 14th Street, NW
Suite 1400
Washington, DC 20005
Contact: Ruby King-Gregory
Description: Assists homeless shelter residents in finding transitional housing in D.C. for 1 year and pays 70% of rent while client pays 30% of rent. Employment and training provided.
Hotlines to assist homeless individuals.

7-6. HELP WITH LEGAL PROBLEMS

- Organization: **Asian Pacific American Legal Resource Center**
Web Site: www.apalrc.org (Check web site news for upcoming free walk-in clinics.)
Telephone: General Hotline 202-393-3572
Chinese Hotline 202-367-3099
Hindi/Urdu Hotline 202-367-0795
Korean Hotline 202-367-3096
Vietnamese Hotline 202-367-3097
Address: 733 15th Street, NW
Suite 315
Washington, DC 20005
Description: Provide legal assistance for many legal issues including domestic violence, immigration, and employment discrimination.
Languages: Chinese Mandarin, Cantonese, Korean, Vietnamese, Hindi, Punjabi, Urdu, Tamil, Japanese, and Malayalam.
Hours: Monday – Friday, 10am – 4pm
- Organization: **Boat People S.O.S**
Web Site: www.bpsos.org
Telephone: 202-234-3598
Address: 1452 Park Road
2nd Floor
Washington, DC 20010
Description: Founded by Vietnamese immigrants, Boat People S.O.S. provides the following services to all illegal immigrants: Community development, family services, health/mental health, survivor support and assistance.
- Organization: **Catholic Charities of the Archdiocese of Washington Immigration Legal Services**
Telephone: 202-772-4348
Address: 924 G Street, NW
Washington, DC 20001
Contact: Jeanne M. Atkinson (director)
Description: Professional legal services for individuals appearing before the Immigration and Naturalization Services and Immigration Court: naturalization, asylum, removal proceedings, family- and employment-based permanent residence (green cards), and self-petitions for battered spouses. For residents of DC, MD, VA. \$50.00 for consultation fees based on income, reduced fees and waivers considered.
English, Spanish, French, Chinese, Indonesian, translators available from language bank.

Organization: **Lawyers Committee for Human Rights**

Web Site: www.LCHR.ORG

Telephone: 202-547-5692 Ext. 203

Address: 100 Maryland Avenue, N.E.

Suite 500

Washington, DC 20020

Contact: Erin Cororan

Description: Provide legal services to illegal immigrants. Contact Intake worker.

Organization: **Spanish Catholic Center Mt. Pleasant Branch**

Telephone: 202-939-2404

Address: 1618 Monroe Street, NW

Washington, DC 20001

Contact: Sylvia Albert, Esq. (legal counselor)

Description: Assists clients in legalizing/normalizing their immigration status or petitioning relatives once they have become permanent citizens. Includes interviewing clients and helping them prepare and file forms and legal documents as necessary. Represents clients before the Immigration and Naturalization Service. Provides assistance for asylum seekers and other special immigration categories. Referrals made for pro bono legal consults. English, Spanish, French, Italian.

7-7. MEDICATIONS AT REDUCED OR NO COST (INCLUDING PHARMACEUTICAL COMPANY MEDICATION ASSISTANCE PROGRAMS)

Organization: **DC Community Services Agency Pharmacy Consumer Assistance Service (Catholic Community Charities)**

Telephone: 202-772-4367

Address: 924 G Street, NW
2nd Floor
Washington, DC 20001

Description: This program helps low-income, chronically ill patients with no other prescription coverage to obtain prescription medications at little or no cost. The program also assists in completing the necessary applications and paperwork. Must be DC resident without insurance and prescription coverage.

Organization: **North Community Mental Health Center (DC Dept. of Mental Health)**

Web Site: www.dmh.dc.gov

Telephone: 202-576-7253

Address: 1125 Spring Road, NW
Washington, DC 20010

Description: The North Center provides a comprehensive range of outpatient mental health services for adults age 18 and older. Services include screening and evaluation, psychiatric treatment, and case management. The center offers specialized mental health services for the elderly and those with mental health and substance abuse needs. We accept walk-ins and appointments. The center accepts public sources of payment (Medicaid and Medicare), along with out-of-pocket fees for services rendered. Fees are determined on a sliding scale basis. The center does not refuse services to DC residents who are unable to pay.

7-8. ALCOHOLICS ANONYMOUS AND NARCOTICS ANONYMOUS GROUPS

Organization: **Alcoholics Anonymous**

Web Site: www.aa-dc.org

Telephone: 202-966-9115

Address: 4530 Connecticut Avenue, NW
Suite 111

Washington, DC 20008

Description: Washington Area Intergroup Association Online Resource for AA in the Nation's Capitol/Listing of various local 12-step meetings and other AA activities.

Organization: **Narcotics Anonymous**

Web Site: www.cprna.org

Telephone: 202-399-5316

1-800-543-4670 (MD, DC, and VA calls only)

Address: PO Box 8160

Silver Spring, MD 20907

Description: Chesapeake and Potomac Region of NA. Listing of various local 12-step meetings and other NA activities.

7-9. OTHER ALCOHOL OR SUBSTANCE ABUSE TREATMENT

- Organization: **Andromeda**
Telephone: 202-291-4707
Address: 1400 Decator Street, NW
Washington, DC 20011
Description: Outpatient substance abuse treatment. Accepts self-pay, Medicare, Medicaid, and private health insurance. Languages: Spanish, Portuguese, and French.
- Organization: **A.P.R.A. (Addiction Prevention and Recovery Administration)**
Telephone: 202-442-9152
or
888-7WE-HELP
Contact: Robert Johnson
Description: Inpatient, outpatient, and detoxification referral services.
- Organization: **DC General**
Telephone: 202-698-7453
Address: 1900 Massachusetts Avenue, SE (Building 12)
Washington, DC 20003
Description: Services: Detoxification facility only; Walk-in, no appointments; Open 24 hrs/day, 7 days/week.; No cost; Must be DC Resident with valid photo ID. and/or proof of residency; Walk-in screening; doctor determines length of stay for consumer.
- Organization: **Drug Treatment Choice Program – DC Department of Health**
Telephone: 202-442-9159
Address: 825 North Capitol Street, NE
Washington, DC 20002
Contact: Carol Ware
Description: Law requires DC government. to pay for services chosen by consumer in consultation with a counselor if funds are available.
- Organization: **Family and Medical Counseling Services**
Web Site: www.fmcsinc.org
Telephone: 202-889-7900
Address: 2041 Martin Luther King Avenue, SE
Suite M-2
Washington, DC 20002
Contact: Jennifer Bishop ext. 246
Description: Provides comprehensive, holistic services that promote the emotional and physical health of families and individuals, regardless of income or social status. FMCS's goal is to develop and implement innovative programs and research projects.
Provides services that foster the welfare and health of low, moderate, and fixed income persons to empower them to maximize their fullest economic, social, and health capabilities.
Outpatient substance abuse treatment, both group and individual.

Organization: **George Washington University Hospital Psychiatric Services**
Telephone: 202-715-5080
Address: 900 23rd Street, NW
6 South Nurses Station
Washington, DC 20037
Description: Provides inpatient services to dually diagnosed patients, focusing on alcohol dependency. Patients can be referred by anyone and must go through the emergency room for intake to the program. Patients can be homicidal, suicidal, or psychotic to receive services. Accepts Medicaid and Medicare, and can provide services for the hearing impaired.

Organization: **Gospel Rescue Ministries for Men/ Fullerton House for Women**
Telephone: 202-842-1731
Address: 810 5th Street, NW
Washington, DC 20001
Contact: James Ball
Description: Provides inpatient services to substance abusers. Services are provided on a first-come, first-serve basis. Intake starts at 3pm. The cost is \$40 a week or \$3 a night, and does not accept any insurance. Patients are allowed to stay for up to 90 days.

Organization: **Howard University Hospital Drug Recovery Institute**
Telephone: 202-865-6689
Address: 2041 Georgia Avenue, NW
Suite 6B-07
Washington, DC 20060
Contact: Mrs. Stewart
Description: Provides outpatient services only to dually diagnosed individuals. Patients must have health insurance and cannot be taking Methadone. Case Manager must call for appointment to intake. They accept all age groups, including adolescents, and also provide services to pregnant women and people who are HIV positive. Services can be provided in French, Spanish, Arabic, and for the hearing impaired. Accept most forms of insurance, including Medicaid and Medicare. Patient must be willing to pay in full for services if they do not have insurance.

Organization: **Institute for Behavioral Change**
Web Site: lbchealth.org
Telephone: 202-675-8315
Address: 401 H Street, NE
Washington, DC 20002
Contact: Yolanda Pounds
Description: Services: For youth age 13-21; Outpatient group therapy for primarily marijuana abuse. Two groups per week for 16 weeks; includes family therapy; parenting classes;
Need current immunizations, photo I.D., Social Security card; two interviews and assessment done at home.

Organization: **New Endeavors By Women**
Web Site: www.newendeavorsbywomen.org
Telephone: 202-682-5825
Address: 611 N Street, NW
Washington, DC 20001
Contact: Mary Cooper
Description: Services: Inpatient only; transitional/residential drug treatment; 6 months – 1year duration; CM services plus 2-3 groups per week.; Free to all DC Residents; Housing specialist assists to housing programs; Employment specialist helps find work; INTAKE: No self-referrals; Must be homeless; 30 days clean. Age 21 or older; Intake takes 2 weeks; two interviews followed by a wait for a bed; police clearance, physical, and proof of clean time all required; Must be psychiatrically stable for 30 days and must have outside psychiatrist and CM. Must independently take psychiatric and medical Rx.

Organization: **R.A.P. (Regional Addiction and Prevention)**
Telephone: 202-462-7500
Address: 1949 4th Street, NE
Washington, DC 20002
Contact: Red Fern
Description: Services: Inpatient: 120 days; 2 groups per day; Mostly court-ordered individuals; No active heroine addiction. If not court-ordered, individuals must have voucher from A.P.R.A. (Addiction Prevention and Recovery Administration); Transitional Housing, leading to Independent Housing Assistance.

Organization: **Seton House**
Telephone: 301-585-1716
Address: 1053 Buchanan St, NE
Washington, DC 20017
Contact: Dr. Cohen
Description: Provides inpatient and outpatient substance abuse treatment services. Dr. Cohen must be contacted to inquire if beds are available for inpatient program. Will usually keep patients for 5-6 days, depending on bed turnover. Accepts dually diagnosed individuals. Payment can be done through most types of insurance, including Medicaid and Medicare.

Organization: **So Others Might Eat (S.O.M.E.)**
Web Site: www.some.org
Telephone: 202-797-8806
Address: 68 0 Street, NW
Washington, DC 20001
Description: Services: Inpatient only; Mix of mental health and substance abuse services; Must be homeless; Need police clearance; Medical and dental clearance provided; Attend groups for 2-3 weeks before being sent to a 90-day program in W. VA.

Organization: **Vanguard (The Phoenix Program)**

Web Site: <http://www.vanguardservices.org/>

Telephone: 703-841-0660

Address: 521 North Quincy Street
Arlington, VA 22203

Description: 24-hour-a-day primary care; Intensive, structured, 90-day, 3-phase, limited-access facility; Age 18 or older; Primary Dx of substance abuse disorder required.

Organization: **Washington Hospital Center Psychiatric Unit**

Telephone: 202-877-5767

Address: 110 Irving Street, NW
Washington, DC 20010

Contact: Dotty McKaren

Description: Provides inpatient services to patients with substance abuse issues but patients must also be diagnosed with mental illness, as well as homicidal, suicidal, and/or psychotic.

The intake office is open from 9am to 5pm. Call Dotty to confirm if bed is available first. If intake is after hours, patient must go through the emergency room first. Most types of insurance are accepted, including Medicaid and Medicare.

7-10. BENEFITS COUNSELING (E.G., FOR PUBLIC HEALTH INSURANCE)

Organization: **District of Columbia Government**

Web Site: www.dc.gov

Telephone: Citywide Call Center: 202-727-1000

Address: John A. Wilson Building
1350 Pennsylvania Avenue, NW
Washington, DC 20004

Description: Health Insurance District residents have several health care insurance options, depending on their age and income level.

Under 65 and Low Income

The DC Healthy Families program provides free health care coverage for uninsured children less than 19 years of age and their parents or guardians. For individuals age 19 to 65 who are not eligible for Medicaid, DC Healthcare Alliance may provide free or low cost coverage if you meet low-income levels. Medicaid provides coverage for a number of needy groups, including elderly, disabled, HIV sufferers, and certain immigrants who meet specific low income levels. Use the online Social Service Benefits Interview to find out if you might be eligible for free or low-cost health insurance, free or low-cost prescription coverage, or other health programs from the District.

Under 65 and High Income

Many employers provide health insurance for their employees, often offering several options. Learn about the factors to consider when you are choosing among a variety of health care insurance options. District residents can also purchase private health insurance. Learn about insurance companies that offer health care insurance to District residents.

65 and Over

Medicare provides a basic level of coverage, with supplemental coverage and Medicare/HMO coverage available for additional fees. Additional coverage is available for prescription drugs for seniors.

The District's Office on Aging also provides free health insurance counseling to help seniors select the coverage that best meets their needs.

Find out more about health care for District seniors.

7-11. EDUCATION GUIDANCE

- Organization: **Academy of Hope**
Web Site: www.aohdc.org
Telephone: 202-328-2029
Address: 1501 Columbia Road, NW
Washington, DC 20009
Description: GED and Adult Education programs Monday to Thursday from 6:30pm – 9:00pm. Must be age 18 and a DC resident. Offers External Diploma Program for residents who are over age 25 and have been employed for over a year. The program does not offer GED, but instead requires individual to complete 65 tasks related to work and life experiences and this program will be in lieu of a GED.
- Organization: **African Immigrant and Refugee Foundation**
Web Site: Alrf.kabissa.org
Telephone: 202-234-2473
Address: 1525 Newton Street, NW
Washington, DC 20010
Description: Provides counseling to individuals, families, and groups. Also offers translation services, tutoring and mentoring, and survival skills workshops for newly arrived immigrants
- Organization: **Calvary Baptist Church Chinese Center**
Telephone: 202-347-8355 ext. #24
Address: 755 8th Street, NW
Washington, DC 20001
Contact: Joseph Coleman
Description: Free service, accepts walk-ins on Tuesday, Wednesday, and Friday from 10:00am – 12:00PM. Offers church services, social work service, and ESL classes.
- Organization: **Chevy Chase Presbyterian Church ESL Program**
Telephone: 202-363-2202
Address: 1 Chevy Chase Circle, NW
Washington, DC 20009
Contact: Julie Combes
Description: Free service. Accepts walk-ins on Sunday. 2:00pm – 4:00pm.
- Organization: **Chinatown Service Center ESL Classes**
Telephone: 202-898-0061
Address: 900 Massachusetts Avenue, NW
Washington, DC 20001
Contact: Michelle Chang
Description: Free service, accepts walk-ins Monday and Tuesday, 9:45am – 11:45am, and Saturday 9:00am – 11:00am.

Organization: **Montgomery County Refugee Training Center**

Telephone: 301-649-8050

Address: 12518 Greenly Street
Silver Spring, MD 20906

Contact: Noah Sadaan, Coordinator

Description: Education and training programs to refugees without charge. Includes ESL courses.

8. HENDERSON MENTAL HEALTH CENTER FORT LAUDERDALE, FL

Henderson Mental Health Center will use their existing Community Resource Manual.