

**National Health and Nutrition Examination Survey
Codebook for Data Release (2001-2002)**

**Physical Activity Section of the SP and MEC CAPI Questionnaire Individual
Activity File (PAQIAF_B)**

Activity level data -- See PAAQUX for information about weighting

September 2004

| | |
|---|----------------------------|
| SEQN | Target |
| | B(12 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
| | Respondent sequence number |
| English Text: Respondent sequence number | |
| English Instructions: | |

| | |
|--|------------------------|
| PDACTIV | Target |
| | B(12 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
| | Leisure time activity |
| English Text: [Over the past 30 days], what { vigorous/moderate } activities did { you/SP } do? | |
| English Instructions: CODE ALL THAT APPLY. | |

Codes:

- 10= AEROBICS
- 11= BASEBALL
- 12= BASKETBALL
- 13= BICYCLING
- 14= BOWLING
- 15= DANCE
- 16= FISHING
- 17= FOOTBALL
- 18= GARDENING
- 19= GOLF

Skip To Values:

- 20= HIKING
- 21= HOCKEY
- 22= HUNTING
- 23= JOGGING
- 24= KAYAKING
- 25= PUSH-UPS
- 26= RACQUETBALL
- 27= ROLLERBLADING
- 28= ROWING
- 29= RUNNING
- 30= SIT-UPS
- 31= SKATING
- 32= SKIING - CROSS COUNTRY
- 33= SKIING - DOWNHILL
- 34= SOCCER
- 35= SOFTBALL
- 36= STAIR CLIMBING
- 37= STRETCHING
- 38= SWIMMING
- 39= TENNIS
- 40= TREADMILL
- 41= VOLLEYBALL
- 42= WALKING
- 43= WEIGHT LIFTING
- 44= YARD WORK
- 50= BOXING
- 51= FRISBEE
- 52= HORSEBACK RIDING
- 53= MARTIAL ARTS
- 54= WRESTLING
- 55= YOGA
- 56= CHEERLEADING AND GYMNASTICS
- 57= CHILDREN'S GAMES (E.G. DODGEBALL, KICKBALL)
- 58= ROPE JUMPING
- 59= SKATEBOARDING

60= SURFING

61= TRAMPOLINE JUMPING

71= OTHER

PADLEVEL

Target

B(12 Yrs. to 150 Yrs.)

Hard Edits

SAS Label

Activity level

English Text: Reported intensity level of activity.

English Instructions:

Codes:

1= MODERATE

2= VIGOROUS

Skip To Values:

PADTIMES

Target

B(12 Yrs. to 150 Yrs.)

Hard Edits

SAS Label

of times did activity in past 30 days

English Text: [Over the past 30 days], how often did {you/SP} do {activity}?

English Instructions:

PADDURAT

Target

B(12 Yrs. to 150 Yrs.)

Hard Edits

SAS Label

Average duration of activity (minutes)

English Text: [Over the past 30 days], on average about how long did {you/SP} do {activity} each time?

English Instructions:

PADMETS

Target

B(12 Yrs. to 150 Yrs.)

Hard Edits

SAS Label

| | |
|--|------------------------|
| | MET score for activity |
|--|------------------------|

English Text: Metabolic equivalent (MET) intensity level for activity.

English Instructions:

| | |
|-------------------|---|
| PAAQUEX | Target |
| | B(12 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
| | Questionnaire source flag for weighting |

English Text: Questionnaire source flag for weighting

English Instructions:

Codes:

Skip To Values:

1= Sample Person Interview Questionnaire Targets (B(16-150))

2= MEC CAPI Questionnaire Targets (B(12-15))