

Section 3: Correspondence from the Public

Correspondence from the Public

PART 1 OF 3

[Redacted]

To: Brodsky, Jason D <jason.brodsky@fda.hhs.gov>

Sent: Wed Apr 05 09:00:22 2006

Subject: gratitude

Many thanks for your open mindedness and willingness to have an open discussion on the dental mercury silver amalgam product.

Neurotoxicity is a serious scientific subject.

God Bless you as you continue alerting FDA and the public to take part in the discussion in Sept.

[Redacted]

Original Message

[Redacted]

To: Brodsky, Jason D <jason.brodsky@fda.hhs.gov>

Sent: Wed Apr 05 09:27:12 2006

Subject: dental amalgams hearings

Dear Mr. Brodsky,

My name is [Redacted] I am contacting you to thank you for taking serious the [Redacted] dental amalgams. Mercury is a known neurotoxin and should not be anywhere near (or in) people, especially pregnant women. Developing fetuses are extremely sensitive to mercury and other heavy metals.

I fully support the FDA's action to take a closer look at the toxicity from amalgams.

I am the parent of a child with a severe neurological, developmental disorder and I firmly believe that the many dental amalgams I have, set my son up for these neurological problems.

I applaud the FDA for taking this very important step, and would like to offer my assistance, should it be needed.

[Redacted]

[REDACTED]
Sent: Wednesday, April 05, 2006 10:59 AM

To: Brodsky, Jason D

Subject: Mercury in amalgam

Dear Commissioner Brodsky,

It is my understanding that you and [REDACTED] have opened the door to finally hearing, investigating and challenging the issue of mercury in dental amalgam. I have been a licensed dentist for 17 years and was taught that mercury was bound in fillings. Now, the ADA says that it does indeed leak but in small amounts not harmful to humans. All of the literature in medicine says that mercury is the second most toxic element known to man. Medicine stopped using mercury in the treatment of Syphilis years ago because of the side effects. We can all say that it is a small dose but we can't say that the small doses added cumulatively don't have a large impact. We know that many things (radiation, chemicals of all sorts, etc.) have lasting detrimental effects on humans with cumulative effects. As a dentist concerned about what we do to our patients, I applaud your effort to try to get to the bottom of this. I hope that you will stay the course until the issue is settled.

I am convinced that this issue with mercury is why the profession "boast" the highest rate of suicide, a high rate of alcoholism and mental disorders. The "Mad Hatter's" are proof of what chronic large dose exposure causes. Pink Disease which disappeared when Calomel powder was removed from the market and not used on infants any longer was a mercury poisoning disease much like autism and autistic spectrum disorder. Please stay the course.

Sincerely,

[REDACTED]

[Redacted]

Sent: Wednesday, April 05, 2006 11:21 AM

To: Brodsky, Jason D

Subject: Mercury toxicity

Dear Mr. Brodsky--

I am hearing that FDA may open hearings on amalgam toxicity, especially as it pertains to neurotoxicity.

I think it is high time. It appears that the American Dental Association, a trade association with a clear axe to grind has had far too much influence on the approval/evaluation process for many years.

Best regards

[Redacted]

[Redacted]

[Redacted]

Sent: Wednesday, April 05, 2006 7:57 PM

To: Brodsky, Jason D

Subject: mercury toxicity

Dear Mr. Jason Brodsky:

Thanks for holding public hearings about "potential mercury toxicity".

I have neurotoxicity from mercury in my amalgam fillings..The mercury level in my mouth is double OSHA's safety level.

I am now incurring very costly treatment to have them removed and treating my neurotoxicity.

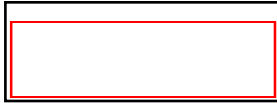
[Redacted]

Dear Mr. Ad jodha:

We are pleased to hear that Amalgam toxicity is on the agenda for a September hearing.

It may be of some help to know that my wife had been very weary, and sensitive/nervous about things; but since removing all her amalgams and cleansing her system, she *is* doing much better. We had the work done by a holistic dentist who has a mercury-free practice. He had an instrument to measure the mercury vapor being emitted from her fillings (I was skeptical about this), but it *was* all worth the expense and time and pain to get the mercury out.

Sincerely,



[Redacted]

Sent: Sunday, April 09, 2006 7:08:59 AM
To: Brodsky, Jason D; Lutter, Randall
Subject: Mercury Toxicity
Auto forwarded by a Rule

Thank you for putting Mercury in Amalgams toxicity up for
iate you.

[Redacted]

First of all, congratulations on giving a serious look at the issue of mercury toxicity from silver amalgam fillings!

It is only fair to give you my background before giving you my story.
For

20 years before my retirement I worked as a Licensed Nutrition Counselor in

Illinois. As part of that, I worked in the office of a board-certified psychiatrist who analyzed the nutritional status of his patients and treated

them on that basis. The absolutely classic case I saw in his office was the

patient who came in so sensitive to everything in the environment that she

could not even sit on plastic chairs without having a reaction. I thought

she was clearly mentally ill. At that point we could do nothing to help

her. Some years later [redacted] examined her, documented mercury

toxicity, and removed all her amalgams. I later heard that she was gradually recovering and able to return to a somewhat normal lifestyle.

My own personal story: Although I was always "healthy", I started having

problems that looked like they might be related to my immune system. I had

[redacted] at the time was president of the [redacted]
[redacted] So I asked him to do some testi
y overload. He gradually removed my

amalgams,

following the accepted protocol at the time. The fascinating and totally

unexpected event was the reaction I had the moment he removed the last bit

of amalgam. My brain cleared so dramatically it was almost an out-of-body

type of experience. And my immune system started functioning better after

that.

The followup is more recent. Two years ago I enrolled in a clinical research trial at the [redacted]

After

extensive testing, I was diagnosed with a hereditary condition called pyroluria. My body makes too much kryptopyrrol which is then excreted in

the urine. However, that substance binds strongly with zinc and Vitamin B6,

for which I was shown to be very deficient. The metallothionine enzyme in

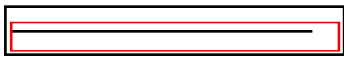
the brain is totally dependent on Zinc and as a result was not able to rid

my brain of toxic minerals such as mercury, aluminum, copper, etc.

My take on this: We know that individual sensitivity to mercury varies by a

factor of somewhere around 1,000,000. I suspect some of us simply have a greater genetic sensitivity to mercury and other toxins than others. The interesting thing would be to find out what causes that sensitivity, and then to find a screening test that could be administered to young children so unnecessary exposures could be prevented.

Good luck with your research.



Sent: Tuesday, April 18, 2006 11:34:54 PM

To: Brodsky, Jason D

Subject: Mercury Toxicity

Auto forwarded by a Rule

THIS TOXIN IS SO, SO VERY REAL!! I SIT
HERE AT THIS MOMENT BATTLING THE NASTY,
EVIL AFFECTS OF MERCURY TOXICITY DUE TO
AN AMALGAM FILLING!! I HAVE BEEN
DEALING WITH THE AFFECTS OF THIS NASTY
POISON FOR 9 MONTHS!!

I HAVE WORKED BOTH IN THE DENTAL &
MEDICAL FIELD (10 YRS) - I'M APPAULED AT
THE "LET'S JUST PRETEND IT DOESN'T EXIST
ATTITUDE"!! JUST WITHIN THE PAST FEW
MONTHS I HAVE ENCOUNTERED 6 OTHER
PEOPLE (ADULTS) DEALING WITH MERCURY
POISONING!! (DENTAL AMALGAMS)

EIGHT YEARS AGO I ALSO DEALT WITH
MERCURY POISONING VIA A TETANUS SHOT -
IMMUNIZATIONS ARE TOXIC ALSO!! I SPREAD
THE INFO EVERY CHANCE I GET & PEOPLE ARE
LISTENING & CHOOSING HOLISTIC
DENTISTRY AND MEDICAL CARE!! I HAVE
DONE HOLISTIC CARE FOR 8 YEARS AND IT
TRULY, TRULY WORKS!! NO ONE THAT I
KNOW (FAMILY/FRIENDS) NO LONGER DO
WESTERN

MEDICINE/IMMUNIZATIONS/HEALTH CARE!!
IT REALLY REALLY SUCKS, THE FDA DOES NOT
CARE ABOUT PEOPLE'S HEALTH -- ONLY THE
GREED AND FEEL OF \$\$\$\$\$\$\$\$\$\$\$\$\$\$!!

FOR ONCE DO THE PUBLIC A TRUE, TRUE ACT
OF ALTRUISM (DO YOUR TRUE JOB) FIGHT TO
BAN MERCURY IN DENTISTRY & WESTERN
MEDICINE (THE USA - PERIOD!!) MERCURY IS
EVERYWHERE IN MEDICINES!!

WE WILL KEEP SPREADING THE WORD UNTIL
EVERYONE KNOWS THE TRUTH!! MERCURY IS
DEADLY -- DESPITE ONE'S AGE, RACE, SEX
ETC!!

THE FDA DOESN'T CARE

Dear Sir,

I am begging you to please do something about having mercury removed from the mouths of human beings.

In 1996, being a woman age 52, I was going through menopause. Older ladies told me that excessive bleeding was a menopausal symptom, well I ended up in the hospital needing 4 pints of blood. It was too excessive. I almost died. The Dr. told me I would need a hysterectomy. We would talk later. I was in the hospital two days and given birth control pills to stop the bleeding.

My question was what had I done different to have caused such a scare? I remembered having gone to the dentist, also remembered a young couple who had a ten year old daughter, who the medical community said she had juvenile rheumatoid arthritis. The parents carried her around for three months. So I called the mother. She said she finally was able to get her daughter to the Orthodontist out of town who told her to go home and get that one filling out. The child starting getting better the very next day. She never had Juvenile Arthritis, she had mercury poisoning.

She got well, otherwise, she would have been in a wheel chair by the age 18. I talked to her Orthodontist and started my own research. When I was in the hospital, I asked my Doctor what caused by uterus to swell and he said the fibroid cyst, I said what caused the cyst to swell. He didn't know. I really didn't like the answers I was getting, so I decided to do my own research. I finally came to a conclusion, that the last large amalgam put in my mouth just before my next period did me in. I saw symptoms under Mercury toxicity I lived with since I was 12 thinking that was the way life is. Could I have been a better mother, or wife. I went to an Herbalist who confirmed that my Menses was giving off Mercury Toxicity. So I was taking birth control pills to stop the bleeding and wanting to get rid of the mercury toxins. I felt between the rock and the hard place. I located a Mercury Free Dentist who realized I had done my homework, to remove the last quadrant put in my mouth. Never realizing what would happen. My swelled uterus went back to size and when I went back to the hospital for an ultra sound they could not find a fibroid.

Later going back to my doctor he said the fibroid was gone. My periods went back to normal and I did not need a hysterectomy. I thank God everyday for giving me such a hunger for truth. But there are 55,000 hysterectomies being done a year, 90% being unnecessary, and could they be giving off mercury toxin? There is so much sickness in the world. And dentists are still putting Mercury in children and adults mouths, poisoning them for life. Please Mr. Adjodha do something to keep this from happening in our free country. Thank you.

Sincerely,

[REDACTED]
Sent: Wednesday, April 05, 2006 11:57 AM

To: RLutter@oc.fda.gov; Brodsky, Jason D

Subject: Thank you for holding dental mercury hearings

To: Randall Lutter, Associate Commissioner
Jason Brodsky, Associate Commissioner
U.S. Food and Drug Administration

From:

[REDACTED]

Re: Amalgam toxicity hearings

Thank you for your role in organizing the Sept. 6-7 public hearings on mercury toxicity in dental amalgam, to be held in Gaithersburg, Maryland.

I am convinced that mercury toxicity has contributed not just to my own health problems, but also in my extended family. And in my son, who is recovering from mercury-induced autism.

The science is clear. Mercury in any form is a neurotoxin. It is well past time for educated humans to cease the antiquated use of dental amalgam. It is unconscionable that the desire for profit and fear over litigation have blocked attempts to remove this neurotoxic product from the medical market.

The phrase describing this phenomenon is "fatal entrenchment."

I ask that you keep the focus of the hearings on mercury toxicity, and resist the obfuscatory efforts of trade organizations that exist not to protect the health of consumer nonmembers. I don't think many people are interested in frivolous lawsuits; they just want to prevent mercury toxicity from damaging the health of another generation.

Again, thank you.

###

[Redacted]

Sent: Wednesday, April 05, 2006 12:52 PM

To: Brodsky, Jason D

Subject: Thank you...

Dear Sir,

I just received notice of:

- * FDA has opened its doors for two days of public hearings, in Gaithersburg, Md. (a Washington suburb) on Sept. 6 and 7.
- * FDA will conduct an inquiry into the "potential mercury toxicity" from dental amalgam, "specifically as it relates to neurotoxic effects." As a previously normal healthy mother of two who is now reduced to SSDI and a limited quality of life I just wanted to send my sincere thanks to you and Commissioner Randall Lutter for pursuing this matter.
- * I can't begin to explain the severe Neurological problems I began experiencing (including seizures) within 24 hours after having my LAST Amalgam installed into my mouth. It's been a slow road to recovery and I still have some deficits and problems due to the

Hg

that I believe still remains in my brain, kidneys and thyroid gland. I can't urge you enough to try your best to not let this get buried or stalled. It's time the strong arm of the ADA was brought into the 21st century. "When we know better, we do

better".

Again, my sincerest thanks for all your hard work and attention to this urgent matter.

[Redacted]

[Redacted]

Sent: Wednesday, April 05, 2006 12:20 PM
To: RLutter@oc.fda.gov; Brodsky, Jason D
Subject: FDA Hearing on mercury amalgams

Dear Associate Commissioner Litter and Associate Commissioner Brodsky,

Thank you for setting up the FDA hearing in September on mercury amalgams and especially their neurotoxic effects. I am executive director of a new foundation that subsidizes the removal of mercury amalgams for indigent people. Most of our applicants are on SSDI because of mental health issues. We just began helping them get their amalgams replaced. It will be interesting to see how many are able to go back to work and regain their health after the source of the mercury is removed. I'd be happy to provide you with the results before the meeting if it would be useful.

For more information see our website, www.JigsawHealth.org, or send me an email.

Thanks again and good luck,

[Redacted]

Jigsaw Health Foundation
www.JigsawHealth.org

[Redacted]

From:

Sent:

To: Brodsky, Jason D

Subject: mercury

congrats on opening a whole bag of worms on the toxicity harbored in the mercury in our mouths...at last the truth !!

Thank you.

[Redacted]

Sent: Wednesday, April 05, 2006 3:25 PM
To: Brodsky, Jason D; RLutter@oc.fda.gov
Subject: mercury

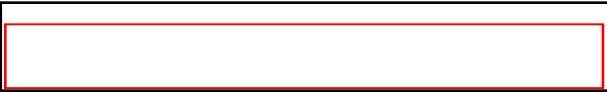
Please keep the focus on mercury toxicity, and remove dentists from being in charge of regulating mercury fillings.

As a nurse and mother, I suffered terribly for years until my mercury (silver) fillings were removed. My symptoms included peripheral neuropathy, pain, muscle spasms and weakness, GI symptoms, autoimmune problems, and the list goes on....It was a difficult time for the family and I am still not totally recovered although my symptoms have been reduced and I can function....I found a homeopathic dentist who assisted in the removal of these cracked, old fillings that were leaching mercury into my system....

Unfortunately, we now have a generation of individuals with autoimmune and other neurological illnesses that can probably be linked to our mouths filled with silver amalgams! ! Its a shame that such a toxic substance such as mercury - identified as such and required to be handled with precautions once removed - was even allowed to be implanted into our mouths or injected into our children in their vaccines. It has been identified as a severe health risk in Europe, and many countries have banned its use as well as assisted its population to have the mercury amalgams removed.

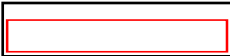
I surely hope 'mercury' will be eliminated for future generations. Thanks for your time

[Redacted signature]

>From: 
>Sent: **Thursday, April 06, 2006 4:24:09 PM**
>To: **Brodsky, Jason D**
>Subject: mercury
>Auto forwarded by a Rule

Good Afternoon!

I would like to take this opportunity to thank you for helping to get the FDA to start to investigate mercury toxicity. I am hoping the hearings keep the focus on this issue and that evidence is clear enough to start eliminating this substance from dental protocol and also from vaccines. Why take risks when alternatives are available?



From: Rogene S [\[mailto:saxony01@yahoo.com\]](mailto:saxony01@yahoo.com)

Sent: Wednesday, April 05, 2006 11:32 PM
To: SalineSupport; SiliconeKids
Cc: RLutter@oc.fda.gov; Brodsky, Jason D; charlie@toxicteeth.org
Subject: Breakthrough at FDA hearings on mercury toxicity from amalgam!!

Thank You Randall Lutter and Jason Brodsky!

And thank you Charles Brown

Thanks for sending this our way Ilena! One of these days it will be OUR turn!

Breakthrough at FDA - hearings on mercury toxicity from amalgam!!

In a dramatic break from its policy of protecting pro-mercury dentistry, FDA has announced it will hold public hearings about "potential mercury toxicity" from amalgam, especially its "neurotoxicity." In addition, FDA has at last begun to pry control of this issue away from the American Dental Association -- a neurology-based advisory committee has been added to hear the evidence on neurotoxicity. FDA's announcement:
<http://www.fda.gov/oc/advisory/accalendar/2006/cdrh12518dd09060706.html>

Until now, as you probably know, FDA has been the silent partner to the American Dental Association in protecting (even promoting) mercury fillings. Disregarding the science and operating in secret, FDA said amalgam's mercury caused only "allergies," while it wrongly gave control of the process to ADA dentists (plainly unqualified -- and conflicted as well). But thanks to the involvement of two high-ranking officials -- Associate Commissioner Randall Lutter and Associate Commissioner Jason Brodsky -- this may change. These two Associate Commissioners met with us last fall, agreed to take up the issue more seriously, and, I guess, read my barrage of letters. So here's the good news:

* FDA has opened its doors for two days of public hearings, in Gaithersburg, Md. (a Washington suburb) on Sept. 6 and 7.

* FDA will conduct an inquiry into the "potential mercury toxicity" from dental amalgam, "specifically as it relates to neurotoxic effects."

* The emerging issue becomes not filling teeth but harm to developing brains of children, to unborn babies, and to all of us.

What you can do: Write and thank Associate Commissioner Randall Lutter, RLutter@oc.fda.gov <mailto:RLutter@oc.fda.gov>, and Associate Commissioner Jason Brodsky, JBrodsky@oc.fda.gov <mailto:JBrodsky@oc.fda.gov>; ask them to keep the focus on mercury toxicity, and to remove dentists from being in charge of regulating mercury fillings.

The breakthrough is historic, to be sure. But let's not be naive ... hearings can presage action " or be a classic Washington stall tactic. To date, FDA has not changed its official position on amalgam -- no classifying, no pre-market approval, no warnings to pregnant women and children, no disclosure of the mercury. While we praise these FDA officials for introducing the mercury toxicity issue, Consumers for Dental Choice must still consider a challenge to FDA's regulation of amalgam.

Still, we must celebrate. By opening up the mercury toxicity issue, it will be hard for FDA to put that genie back into the bottle. For the two-day hearing in September, we must make an unimpeachable scientific record, bring in substantial public participation, and encourage widespread press and Congressional attention.

Charlie, 4/5/06


Charles G. Brown, National Counsel

Consumers for Dental Choice

1725 K St., N.W., Suite 511, Washington, DC 20006

Ph. 202.822-6307; fax 822-6309

charlie@toxicteeth.org
<mailto:charlie@toxicteeth.org>,
www.toxicteeth.org <<http://www.toxicteeth.org/>>

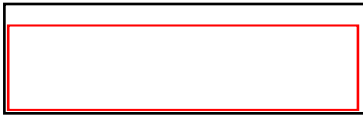
>From: 
>Sent: Sunday, April 09, 2006 9:56:09 PM
>To: TOMKOJ@aol.com; RLutter@fda.gov; Brodsky, Jason D
>Subject: **RE: Breakthru at FDA--hearings on mercury toxicity from amalgam!**
>Auto forwarded by a Rule

Dear Sirs:

Thank you so much for staying focused on mercury toxicity and your help in removing dentists from being in charge of regulating mercury fillings.

I am mercury and lead toxic and have suffered with this for the past 15 years or so. Unfortunately, my dentists mixed mercury amalgam alongside gold fillings in my mouth, thus creating a "battery" effect. I am now going thru natural detox processes, and I wish more people would be made aware of the grave danger some of us face.

Please support putting an end to this toxic substance use. Again, thank you for keeping us safe!



[Redacted]

To: Brodsky, Jason D
Subject: Mercury Fillings

Dear Sir,

Please consider my request to band mercury based amalgam fillings.

I was diagnosed with mercury poisoning in January '06, resulting from degeneration of 35-year-old dental fillings that my American Dental Association dentist considered safe. While there are other sources of mercury in our environment, my tests concluded that exposure from my own fillings alone was 35 times what OSHA deems as a maximum safe exposure for an American worker. I've shouldered the expense and pain of removing them and replacing them with non-amalgam fillings. Further, I've completed several DMSP pushes to remove the toxic metal from my liver, kidneys and other organs. My MD-diagnosed physical conditions are improving; however, it is doubtful that I will regain optimal health.

It is unconceivable that I, and all other Americans are needlessly exposed and have endured several physical conditions because there are no laws in place to protect us from mercury exposure, when there are volumes of laws protecting the American public from lead exposure. Mercury is far more toxic than lead. There is no logic to provide an understanding.

Thank you in advance for consideration of my request,

[Redacted]

Dear Sir:

I hope the FDA bans the mercury in dental fillings. My health deteriorated because of them. I had to spend over \$10,000.00 dollars to get them replaced. I also had to do several detoxes. That was in 1998, 1999 and 2000. I had a root canal done in the early 1990's and they used some mercury in that. I got really sick and the doctor's could not find anything wrong until a doctor advised me to check with a dentist. I got the fillings replaced and the root canal pulled in the afore mentioned years.

I felt good for about 2 years and then I started getting all kinds of allergies and no one could find out anything wrong. I have got to go through another detox because they think I still have mercury in my body from the fillings in my teeth.

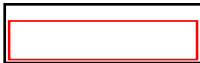
Mercury is not good for anyone. It leeches out of the fillings and gets in the cells and can make people get really sick. Mercury poisoning can mimic alot of other dieases and health problems which can eventually take peoples lives. Before I had my fillings replaced I could look up a number in the plone book and by the time I went to dial it I could not remember it.

It messed up my circulatory system and I was having problems with my heart. I have not had any problems with my heart or my memory since I had the fillings replaced.

I will probably still have some problems with allergies until I get all the mercury out of my body. I cannot get to the meeting in Maryland so I hope this e-mail has expressed my opinion.

Thanks for letting me express my opinion.

Sincerely

A rectangular box with a red border, used to redact the sender's name and signature.

Mr. Adjodha,

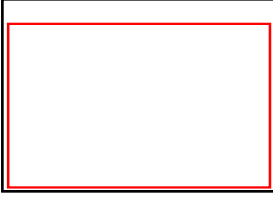
I am writing to tell my story of mercury fillings and the devastating impact they had on my health. I am now 52. In my teens, I had mercury fillings placed in my mouth and by the end of it all, I had 17 mercury fillings. I did not know they contained mercury and I did not know of the health risks. In my late 20s I began to have immune system problems that worsened for the next decade or so. I was sick all the time. I also began to experience muscle weakness and other odd aches in my muscles and joints. I was diagnosed with a "heart attack" four months after my 50th birthday even though I had no risk factors (I did not smoke, my blood pressure was usually 110/70, my cholesterol was then 205). I began to get worse. My right leg began to "go out" suddenly and unpredictably. I had no control over it and was at risk for falling any time it happened. I had weakness in both hands and wrists and could not open jars or do anything that required much strength. I could not breathe or climb hills or stairs without great difficulty. I grew tired just sitting. In the meantime, I was being evaluated for the heart attack, having tests and a heart cath. The final result was that I had had something that looked like a heart attack, but it was more like an "electrical short," that made the EKG look like a heart attack. There was no heart damage, but the abnormality remained. I was sent home to do whatever I felt like.

Later that summer (2004), I got a tick bite and contracted Lyme disease. My muscles grew weaker. I had fainting spells. I suddenly lost my short-term memory. I could not read even two paragraphs and remember what I had read or be able to follow a logical sequence. Words on the page looked foreign to me. I am a writer, but my words and sentences came out garbled and looked like someone with dyslexia. I sought treatment in North Carolina by a doctor who had had success treating Lyme and other diseases. During my nearly two-hour initial visit, he looked into my mouth and told me he suspected that I had mercury toxicity and that when I had contracted the Lyme disease, the two together had overwhelmed my immune system. He told me he believed that I had a bigger problem with mercury toxicity than with Lyme disease. He performed many tests, confirming both Lyme disease and mercury toxicity. He told me that the mercury had over the years leached out into my organs. He further speculated (and the biological dentist who removed my mercury fillings confirmed it) that mercury from my fillings had likely leached into my heart and charges emitted by the mercury there (the charges can be either positive and negative with the positive charges being the most dangerous) had come up against the electrical system of my heart causing the "electrical short" that had looked like a heart attack. Further, the mercury in my muscles and joints were causing pain and weakness. He began treating me with a multi-pronged approach to pull the mercury out of my system once I had removed all the amalgams from my mouth. Everything he told me during my first visit turned out to be the truth: Mercury toxicity was my biggest problem. The mercury in my fillings were slowly killing me. It was insidious. I had no problems at all or none that I can remember for the first ten years or so after getting the amalgams put in, then slowly, over the years, I began to have vague symptoms. I kept going from doctor to doctor, but no one knew what was wrong with me.

When the amalgams were removed, I got immediate relief. I began to get stronger right away. But it would take months (about eight, in fact) before I would understand the full impact of what the mercury had done to me. It has been almost two years and I am a totally different person, healthier now at 52 than I have been in the past 25 years. I can run 10-minute miles, I can breathe effortlessly, I have very little pain in my muscles and joints. My memory is improving and I have been able to return to a very demanding full-time job.

I cannot stress to you how serious a problem mercury was for me nor can I stress the importance of getting it out of my mouth and beginning the long road to pulling it out of my organ systems. If we have to send EPA agents suited up in protective gear to clean up small mercury spills in schools, it should be presumptive that plugging one's mouth full of mercury is neither a healthy or wise thing to do.

Thank you for this opportunity to tell my story. I hope it will make a difference for someone
† them the years of needless suffering and expense that it caused me.



[Redacted]

Sent: Wednesday, April 05, 2006 6:34 PM

To: Brodsky, Jason D

Subject: Dental Amalgam/mercury

Dear Mr. Brodsky:

I wish to thank you for holding a hearing on the dangers of mercury in dental amalgam.
The science will speak for itself.

I am glad to see that there will be a forum for the presentation of the facts.

[Redacted]

From: [redacted]
Sent: Wednesday, April 05, 2006 4:27 PM
To: Brodsky, Jason D
Subject: Thanks for your stance on amalgam fillings..

Dear Commissioner Brodsky,

as a long time victim of mercury poisoning due to the fillings in my teeth,

I would like to thank you for your continuing focus on mercury toxicity and removing the power of dentists to regulate mercury fillings.

For many years, I suffered from chronic bipolar disorder. All of my symptoms

ended once I had the mercury removed from my mouth. I am grateful for a new chance at life and would love to know that others that may be suffering from psychiatric disorders could find the relief that I have.

If you'd like to read my dramatic story, it is available on the following web site: [redacted]

your time and consideration,

[redacted]

[Redacted]
To: RLutter@oc.fda.gov; Brodsky, Jason D

Cc: [Redacted]

Subj: Dental Amalgam

April 5, 2006

**United States Food & Drug Administration
Associate Commissioner Randall Lutter,
Associate Commissioner Jason Brodsky**

Re: Hearings on Mercury Toxicity in Dental Amalgam

Dear Esteemed Associate Commissioners Lutter and Brodsky,

I'd like to thank you kindly for looking further into the the issue of mercury dental amalgam and allowing for public hearings later this year.

I hope you'll continue to focus on the mercury's known toxicity and how that

specifically relates to its leeching into the human body (i.e., neurotoxic effects therein).

Further, the AMA has already shown cannot reliably police itself in regard to this toxic substance for which its sole interest is biased--it refuses to

look at evidence to the contrary. Hopefully, the FDA will wrest control of

mercury regulations from them once and for all, issuing applicable warnings

regarding its hazardous effects.

Again, I thank you for your work and I hope to hear more in the coming months.

Very sincerely,

[Redacted Signature]

From: [REDACTED]
Sent: Wednesday, April 05, 2006 2:12 PM
To: Brodsky, Jason D
Subject: Mercury Amalgams

Dear Mr. Brodsky:

Thank you for participating in opening the door to the review of Mercury Toxicity. In my own experience from receiving a large number of fillings when I was in college, I immediately noticed allergies I had never had before, lowered immunity and greater incidence of illness, and many other health imbalances I had never experienced before. I have only been able to afford to have half of my silver amalgams replaced and am hoping to replace the balance when my fortunes increase.

Please stay on this one and dig deep. We are being poisoned by so many things in our culture, such as fluoride, chlorine, pesticides, radiation and so much else. I pray that this is the beginning of a conscious awakening and honoring of our own bodies and the earth as a whole. Corporate profits are never more important than the health and well-being of the population. Let's all re-align our priorities to supporting life and health.

Regards,

[REDACTED]

From: [REDACTED]
Sent: Sunday, April 09, 2006 6:09:41 PM
To: Brodsky, Jason D
Subject: mercury amalgams
Auto forwarded by a Rule

Dear Commissioner Brodsky,
Thank you, thank you, thank you for fighting against mercury amalgams. I have been fighting this battle for years along with other victims of chronic mercury poisoning. I have published a book about it with a lot of case histories if you're interested. I would be happy to send you a copy. I just really wanted to express my gratitude for your effort.
Sincerely,

[REDACTED]

From: [redacted]

My concern is mercury in teeth: I was diagnosed in 2000 with CLL. While preparing for how to combat this disease it was found that I had an extremely high level of mercury in my cellular structures. I was advised to have all of my amalgams containing mercury in my teeth removed and to do a detoxification of the poisonous chemicals in my body. I did this and still had to undergo 6 months of chemotherapy to remain alive. I have no valid evidence that the amalgams were the cause of the disease; however I am sure that the mercury was a contributing factor. I see no reason why the dental industry would continue to use this chemical other than for their convenience given that there are so many more safer products available. In my opinion using mercury in dental amalgams should be banned and considered

[redacted]

[Redacted]

To: Brodsky, Jason D
Subject: Thanks for addressing mercury in amalgam - can you also stop mercury in vaccines
Auto forwarded by a Rule

Dear Commissioner Brodsky,

Thank you for setting hearings to look at the important issue of mercury in dental amalgam. Another equally important issue where FDA could be protecting people is mercury in vaccines. FDA is still allowing manufacturers to put mercury in vaccines even though they now have the capability to make them mercury-free. Can you please also take action to end this risk to the public? Thanks so much,

[Redacted]

From:

Sent:

To: Brodsky, Jason D

Subject: Hearings On Mercury Toxicity From Amalgams

Auto forwarded by a Rule

Commissioner Brodsky,

Thank you for listening to those of us concerned with the mercury content in dental fillings, and allowing the public to weigh in this issue in public hearings. Please be sure to keep the focus in these hearings on mercury toxicity, and remove dentists from being in charge of regulating mercury fillings.

Sincerely,

>From:
>Sent:
>To: Brodsky, Jason D"
>Subject: Hearings on mercury toxicity from amalgam
>Auto forwarded by a Rule

Dear Commissioner Jason Brodsky,

Thank you for scheduling public hearings on mercury's possible neurotoxin

effects as related to dental amalgam. Having dentists decide this issue has resulted in a conflict of interest that is not in the public's best interest.

Thank you for your time and interest.

Sincerely,

From: [REDACTED]
Sent: Friday, April 07, 2006 1:16:44 AM
To: Brodsky, Jason D
Subject: Thank You! My Wife Has Early Onset Alzheimer's from Mercury Fillings!
Auto forwarded by a Rule

Dear Mr. Brodsky, My Name is [REDACTED]. My wife's name is [REDACTED]
[REDACTED]

I want to personally thank you for your role in the inquiry of this most crucial matter. The use of these heinous mercury amalgam fillings has gone on now way to long and it is finally time the world learned the truth about what is going on here. Please read on and I will briefly illustrate how these Toxic Fillings have ruined our lives. The sad thing is , there are 50 million poor souls in this world right now - As we speak suffering from Alzheimer's disease . This does not include the countless loved ones who must also engage in this horrific nightmare while trying to ease them through this most unnatural , (and in most cases) certain death sentence.

Almost 2 years ago, My wife [REDACTED] as diagnosed with Early onset Alzheimer's disease at the age [REDACTED] ears old. To me , this was Totally perplexing because she still looks to be all of 25 - 30 years old! (My initial thoughts were - What could be so heinous as to be responsible for her brain shriveling up inside her skull while the rest of her is so healthy and perfect???)

After at least 2,000 hours of intense internet res
personally in touch with world class people like [REDACTED]

[REDACTED]

etc. I can tell you and also prove to you beyond any reasonable shadow of a doubt that the "TRIGGER" for the biggest , baddest Neurological Disease - Alzheimer's disease - is in fact the mercury vapors that escape and then hyper bio accumulate in the brain from the mercury that is contained in dental amalgam fillings. (Mercury Amalgam fillings are roughly 50 - 52% Mercury by Composition!)

If you are not aware of this, I'm sure you will be very shortly. Mercury is in fact the 2nd most potent neurotoxin on the face of this planet - superceded only by PLUTONIUM! (And that is radioactive).

Hopefully we will get to speak our piece at the hearings because we have much to tell about the mechanism of how it all works and has drastically affected the wonderful, life that my wife and I have shared over 25 years now. We are approaching her treatment from a holistic viewpoint and pray that we can achieve at least a Cessation of the progression of the Alzheimer's disease.

Interestingly enough, My wife had only 2 mercury amalgam fillings in her mouth. Using a device called a Rita- Meter (Developed by Dr. Hal Huggins) our [REDACTED] recorded a negative electrical charge on one of the fillings which registered negative 317 micro amps . Every single person (mentioned above and other experts as

well) I shared this information with just said - Oh My God , I have never heard of a reading this high - Mr. Brodsky, To the best of my knowledge, This simply means that This was in fact, the Most Toxic Tooth ever recorded in the history of dentistry! My lovely wife had it in her mouth! Basically, the science here being -The higher the negative electrical charge - The More Mercury Vapor is spilling off of the tooth.

II/ addition to this, My wife also possesses the APOe Lipoprotein Genotype 4/4 (Something you will soon also become familiar with I'm Sure) which means that she cannot bind and excrete mercury through this important system that most of us are able to get rid of it with . This is the "GENETIC PREDISPOSITION" component of Alzheimer's disease.

Please realize that the "GENETIC PREDISPOSITION" cannot on its own throw a person into Alzheimer's disease , There has to be a "TRIGGER" . The "TRIGGER" as I have told you are the chronically accumulated Mercury vapors that an individual harbors over the course of many , many years.

Quite simply, this is the crux of the whole matter you will be delving into and exactly how the ADA has been able to escape accountability over the many years since they have authorized the use of Mercury Amalgam fillings .

The Causal link for disease manifestation in many cases can be 50 or more years. During this entire time, the mercury vapors leave the fillings in the teeth and go into the body and brain a little more each day - Slowly but surely! Then, mainly depending on what the individuals APOe Lipoprotein Genotype is (and perhaps several other minor potential contributing factors) , manifestation of some sort (A wide variety of neurological and auto immune diseases and conditions) will certainly take place once the bucket is full and the body can no longer expel the poison quite fast enough.

To put it into perspective - Even in my wife - who is the worst case scenario, it still took 35 - 40 years to manifest itself in the form of Alzheimer's disease!

The fact that mercury vapors are literally the "SMOKING GUN" or "TRIGGER" has been verified by Dr. Haley and his Colleagues who have identically recreated each and every aberrant physiological change that occurs in the brain cells and brain nerves of Alzheimer's victims by exposing live nerve cells to very low levels of mercury - Actually much lower levels that would come off of amalgam fillings placed in teeth.

The APOe Lipoprotein Genotype of the individual can then determine how long it will be before enough of the mercury has accumulated to manifest itself with neurological and/ or other complications.

The neurological complications can also be varied as well - They don't necessarily manifest as only Alzheimer's disease, but also can manifest themselves as other conditions like Parkinson's , Lou Gehrig's Disease (A.L.S.) , Multiple Sclerosis, Etc.

Additionally , As cited by Dr. Boyd Haley in his brilliant Abstract, there can be synergistic co toxicants as well that have the capacity to enhance the Toxicity of the mercury.

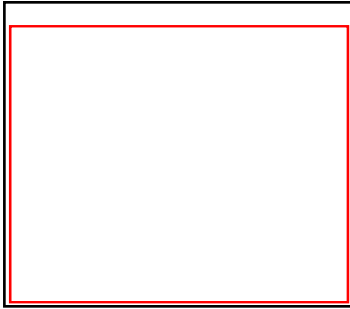
The main point to keep in mind here is that MERCURY VAPORS ARE THE TRIGGER!
Without them, Not a single one of these conditions would be manifested in
its ultimate form - The DISEASE! , It is the Critical part of the equation
that Makes these diseases what they are!

In Closing, I ask you in the name of all that is Good and Decent to Please
make sure that the ADA is held accountable and that the regulation of
Amalgams is removed from the ADA & their associated Dentists. There has been
way too much damage done over the years to BILLIONS OF INNOCENTS! We are
suffering in a needless, pointless hell.

Please Do not be a part of perpetuation of this sentence on those who
are just around the corner from becoming mercury's next victim.

Please help put a stop to this insanity and be a beacon of light in our sea
of darkness.

All my very best to you & yours,



From: 

Sent: Sunday, April 09, 2006 1:56:30 AM

To: Lutter, Randall; Brodsky, Jason D

Cc: bhrider@comcast.net

Subject: Thank you for listening to new science on Mercury in amalgams

Auto forwarded by a Rule

Dear Associate Commissioner Randall Lutter and
Associate Commissioner Jason Brodsky,

Thank you both for being willing to listen to the new science and evidence on Mercury in amalgams.

The time is long overdue that we use objective scientific studies to judge the neuro-toxicity of mercury in amalgams.

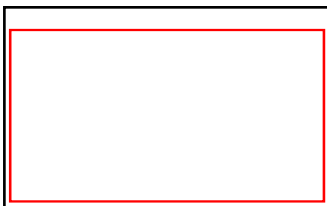
It is not acceptable to insist mercury amalgams are "safe" because they have been used for hundreds of years "without problems".

When using the above argument, it is important to remember that people drank and ate food out of pewter products for THOUSANDS of years with the same attitude - its safe because we've used it for years. Unfortunately, the people using pewter were slowly poisoning themselves from the lead leaching from the pewter into their food.

The argument of "we've always done it this way without problems" is not acceptable any more. Real studies and measurements must be used for mercury, not ridiculous claims based on "folklore". We don't want to repeat the problems of pewter and lead with fillings and mercury. (We did repeat the failure with lead in gas and paint!)

You're doing the right thing by insisting on using real objective studies and not relying upon the "it was good enough for my grandfather so its good enough for me" argument of the ADA.

Thanks again!



From:

Sent:

To: Brodsky, Jason D

Subject: Thank you for your consideration of the dental amalgam health issue and documentation of harm

Auto forwarded by a Rule

Mercury & autoimmune conditions/MS

Prochazkova J, Sterzl I, Kucerova H, Bartova J, Stejskal VD; The beneficial effect of amalgam replacement on health in patients with autoimmunity. *Neuro Endocrinol Lett.* 2004 Jun;25(3):211-8.

http://www.nel.edu/pdf/25_3/NEL250304A07_Prochazkova_.pdf

(abstract)

Results of lymphocyte reactivity measured with MELISA pre and post replacement indicate that in vitro reactivity after the replacement of dental amalgam decreased significantly to inorganic mercury, silver, organic mercury and lead. All 6 patients with MS showed significant improvement in health.

Out of 15 patients with systemic lupus erythematosus (SLE) 11 (73%) had improvement of health.

Out of 8 patients with autoimmune thyroiditis 6 showed significant improvement in health (75%).

5 patients undergoing amalgam replacement had atopic eczema for which other studies have found more diverse factors in autoimmunity causes. 3 out of 5 of these patients had significant improvement in condition (60%).

Of the patients that did not have evidence of significant improvement, most tested immune reactive to nickel and the autoimmunity measure was not improved at the end of the study. For those whose condition was worse, the autoimmunity measure for nickel was higher at the end of the study- indicating that amalgam replacement did not resolve the source of nickel exposure.

Mutter J, Daschner F, et al, Amalgam risk assessment with coverage of references up to 2005] , *Gesundheitswesen.* 2005 Mar;67(3):204-16. [Article in German](Medline) Abstract

Dental Amalgam contributes substantially to human mercury load. Mercury accumulates in some organs, particularly in the brain, where it can bind to protein more tightly than other heavy metals (e. g. lead, cadmium). Therefore, the elimination half time is assumed to be up to 1-18 years in the brain and bones. Mercury is assumed to be one of the most toxic non-radioactive elements. There are pointers to show that mercury vapour is more neurotoxic than methyl-mercury in fish. Review of recent literature suggests that mercury from dental amalgam may lead to nephrotoxicity, neurobehavioural changes, autoimmunity, oxidative stress, autism, skin and mucosa alterations or non-specific symptoms and complaints. The development of Alzheimer's disease or multiple sclerosis has also been linked to low-dose mercury exposure. There may be individual genetical or acquired susceptibilities for negative effects from dental amalgam. Mercury levels in the blood, urine or other biomarkers do not reflect the mercury load in critical

organs. Some studies regarding dental amalgam reveal substantial methodical flaws. Removal of dental amalgam leads to permanent improvement of various chronic complaints in a relevant number of patients in various trials. Summing up, available data suggests that dental amalgam is an unsuitable material for medical, occupational and ecological reasons.

Our patients support organization, DAMS Intl., has experience with thousands who have recovered from such conditions after amalgam replacment.

Documentation of the mechanisms by which dental amalgam is documented in the medical literature to cause these conditions and of thousands who have roevered from such conditions can be found at:

<http://www.home.earthlink.net/~berniewl/ms.html>

<http://www.home.earthlink.net/~bemiewl/indexa.html>

<http://www.home.earthlink.net/~bemiewl/hgremove.html>

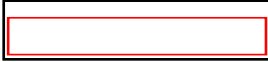
(over 4,000 peer-reviewed medical studies cited)

B. Windham, President, DAMS Intl

>From:

>Sent: Thursday, April 06, 2006 3:45:56 PM
>To: Brodsky, Jason D
>Subject: Mercury issue
>Auto forwarded by a Rule

Thank you for taking the mercury issue seriously! I am recovering nicely for mercury toxicity due to the many amalgams I had at one time. It took dental revision (expensive) and chelation therapy (expensive), but praise God I could afford it, because I have my life back.



From: [redacted]
Sent: Monday, April 10, 2006 8:58:56 AM
To: Lutter, Randall
Cc: Brodsky, Jason D
Subject: Mercury Issue in Dental Amalgams
Auto forwarded by a Rule

Thanks to you both for allowing the dental amalgam issue to be re-visited in the upcoming FDA hearing. As a director and member of the International Academy of Oral Medicine and Toxicology, I sincerely appreciate the effort that FDA is making. We have been studying the toxicity and harm that mercury has been doing to humans for over 18 years now and have most of our research on our web site, www.iaomt.org. Please feel free to use it for more scientific purposes. One interesting graph on our site (under the heading of the scientific case against amalgam) clearly shows 17 independant studies that have as an average of 17 micrograms of mercury per day coming off an average sized filling. This is well above EPA, OSHA, WHO and Health Canada's maximum daily exposure rate. The safety of the American public MUST be at the forefront of this conversation. The medical doctors that I have come into contact all agree that mercury should have no place in the human body. Environmental experts agree that humans are exposed to mercury from the earth and coal fired power plants. You need to take away the American Dental Association's monopoly on dictating how much patients are allowed to be exposed to. They have no expertise in this area and it is harming the public. The only reason they have this control is that they sanction the standard of care for [redacted] re perfectly happy with 17 micrograms per day. Thanks for your help. [redacted]

Dear Mr. Adjodha:

I read with interest your recent notice about an upcoming FDA hearing on amalgam in September and the statement that "Certain consumer groups have raised concerns about the effects of using mercury as a component of dental restorative materials." While it is true that consumer groups have raised concerns about amalgam, including the group I represent, it is important to note that a broader range of groups, including state advisory panels and numerous state and federal legislators, have also expressed concerns.

As such, I am interested in learning more about the FDA hearings on amalgam in September, since as a member and co-chair of the Vermont Advisory Committee on Mercury Pollution we have spent considerable time over the past few years investigating the amalgam issue. Most recently, in our 2006 Annual Report to the Governor, the General Assembly and the Citizens of the State of Vermont, we made several recommendations regarding reducing exposure to mercury, including exposures specifically amalgam. The report is available on line at:
http://www.mercvt.org/acmpireports/2006_report.pdf.

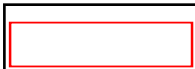
As you may know, experts from the World Health Organization, as well as several U.S. federal health and research agencies,ⁱ agree that dental amalgam is the largest source of human exposure to mercury.ⁱⁱ In addition to direct exposure, amalgam disposal can increase the load of mercury to both the local and global environment, as well as the levels of exposure to methylmercury through the fish that Americans eat.ⁱⁱⁱ

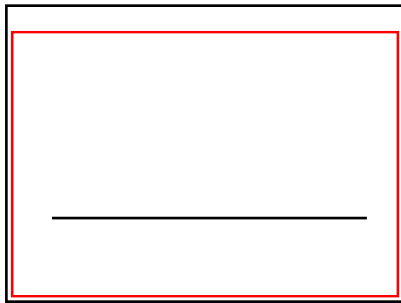
The main route of exposure to mercury from dental amalgam is through inhalation of elemental mercury vapor.^{iv} Approximately 80 percent of inhaled mercury vapor is absorbed by the lungs.^v U.S. government studies also indicate that inhaled elemental mercury is converted to inorganic mercury in the body^{vi} and that mercury from amalgam is passed to babies via the placenta and through breast milk.^{vii}

As much as 50 percent of the mercury in dental fillings can be vaporized after 5 years, and 80 percent after 20 years.^{viii} Depending on the number of fillings and other factors, the average daily absorbed dose of mercury from mercury-containing fillings is between 3 and 17 micrograms.^{ix} Common habits such as chewing gum,^x drinking of hot liquids, tooth brushing, and grinding of teeth greatly increase the amount of mercury vapor released and thus individual exposure.^{xi}^{xii}

Finally, since I would have to travel a considerable distance to attend, I am specifically interested in finding out how exactly much time I would have to present findings and recommendations at the FDA hearings, on either of the two days mentioned. I look forward to hearing from you. Thank you.

Sincerely,





Toxicological Profile for Mercury; Agency for Toxic Substances and Disease Registry, US Public Health Service, 1999; Kingman A., et al, National Institute of Dental Research, "Mercury concentrations in urine and blood associated with amalgam exposure in the US military population," Dent Res. 77(3); 461-71, 1998; National Research Council, Toxicological Effects of Methylmercury, pp.41 and 304-332: Risk Characterization and Public Health Implications, National Academy Press, 2000.

The U.S. Centers for Disease Control agrees that dental amalgam constitutes a major exposure to mercury (www.cdc.gov/exposurereport/), as does the U.S. Public Health Service (www.atsdr.cdc.gov/toxprofiles/tps46.html). Further, the Congressionally-mandated July 2000 National Academy of Sciences report states that "The major source of exposure to elemental Hg in the general population is due to Hg vapors released from dental amalgam." (National Research Council, National Academy Press, 2101 Constitution Ave., N.W., Box 285, Washington, DC 20055; Library of Congress Card Number 00-108382).

Mercury Study Report to Congress, US EPA, 1997.

iv[iv] Mercury Study Report to Congress, Vol. IV, US EPA, p. 5-1;

<http://www.epa.gov/ttn/oarpg/t3/reports/volume4.pdf>

Ay] Mercury Study Report to Congress, Vol. IV, US EPA, p. 5-1;

<http://www.epa.gov/ttn/oarpg/t3/reports/volume4.pdf>. Toxicological Profile for Mercury, US ATSDR, 1999; p. 440; <http://www.atsdr.cdc.gov/toxprofiles/tp46-c5.pdf>.

vi[vi] National Research Council, Toxicological Effects of Methylmercury, Risk Characterization and Public Health Implications, National Academy Press, 2000.

vii[vii] Toxicological Profile for Mercury, US ATSDR, 1999; p. 442;

<http://www.atsdr.cdc.gov/toxprofiles/tp46-c5.pdf>.

Pleva J, "Dental mercury - a public health hazard," Rev Environ Health 10(1):1-27 (1994); Pleva J, *Mercury from dental amalgams: exposure and effects*, Int J Risk & Safety in Med, 1992, 3: 1-22.

ix[ix] Concise International Chemical Assessment Document No. 50: Elemental mercury and inorganic mercury compounds: Human health aspects (www.who.int/pes/cicadisummaries/cicad50.html), September 2002, based on the Toxicological profile for mercury (update) published by the Agency for Toxic Substances and Disease Registry of the US Department of Health and Human Services (ATSDR), 1999.

x[x] Toxicological Profile for Mercury, US ATSDR, 1999; p. 440; <http://www.atsdr.cdc.gov/toxprofiles/tp46-c5.pdf>

xi[xi] Vimy MJ, Lorscheider FL: Serial measurements of intra-oral air mercury; Estimation of daily dose from dental amalgam. J Dent Res 64(8):1072-5, 1985.

Vimy MJ, Luft AJ, Lorscheider FL, Estimation of Mercury Body Burden from Dental Amalgam Computer Simulation of a Metabolic Compartment Model J. Dent. Res 1986 65(12):1415-1419, December, 1986.

Dear Mr. Adjodha:

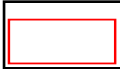
Thank you for your reply. Per the offer in your prior email, it would be appreciated if you would forward my request on to the Panelists for consideration.

As discussed, as a member of and co-chair of the Vermont Advisory Committee on Mercury Pollution (the ACMP), we specifically investigated the issue of exposure to mercury, and specifically exposure from dental amalgam. For instance, in response to an ACMP inquiry, the Vermont Department of Health Division of Health stated in a letter that "...the USPHS stance regarding the safety of dental amalgam is not universally accepted by sister agencies in other developed countries."

The ACMP interviewed and gathered information from sister agencies in other countries. Based upon this exploration, I would respectfully request additional time to provide the Panelists with an overview of the issues and concerns we learned about concerning dental amalgam and exposure risks to mercury. For example, please see the minutes from the ACMP's May 13, 2004 meeting at: <http://www.mercvt.org/acmp/minutes/2004/2004-05-13.htm>. There is also additional information that I would like to share as well.

I appreciate your offer to explore this with the Panelists and look forward to hearing back from you.

Sincerely,

A rectangular box with a red border, used to redact the signature of Michael Bender.

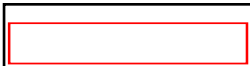
Michael Bender
Mercury Policy Project
1420 North St.
Montpelier, VT 05602
www.mercurypolicy.org
802-223-9000

Dear Mr. Adjodha

I am delighted and pleased that the FDA has agreed to convene public hearings this September on the issue of toxicity of mercury as it relates to dental amalgam fillings. Such hearings are long overdue, and will provide a proper venue for many consumers, patients, and scientists to tell their stories (both anecdotal and scientific) about amalgam fillings and the toxicity associated with these fillings. Notice that I did not say "potential toxicity", as there is too much scientific evidence supporting the conclusion that mercury containing amalgam fillings are toxic, to give credence to the nonsensical notion that they are safe.

The American Dental Association, of which I am a lifetime member, has been whitewashing mercury toxicity for more than a century, and it is time to put a stop to this public travesty. That the FDA has created a hearing with a neurology based advisory committee, and not given any control of this hearing to the American Dental Association (nor to the dental division of the FDA), I'm sure, deserves credit on your part. Virtually every dentist who is on staff with a government regulatory agency supports the American Dental Association's position that amalgam dental fillings are safe. I doubt if any of these dentists have ever had toxicological training on heavy metals, or specifically, mercury. From a scientific standpoint, neither they, or the ADA, are in a position to make such a judgment about the alleged safety of dental amalgam. Finally, because of FDA action, we may be in a posture to see the science about the toxicity of dental mercury fillings exposed to a receptive, knowledgeable, scientific committee, rather than being ignored or criticized, by an economically biased, and professionally corrupt, American Dental Association.

Thank you,



From: [REDACTED]
Sent: Thursday, April 06, 2006 4:54:31 PM
To: Brodsky, Jason D
Subject: mercury hearings
Auto forwarded by a Rule

Mr. Brodsky,

Thank you for agreeing to having hearings on the dangers of mercury. We cant afford to let the dentists be in charge of regulating mercury fillings.

Thanks again

[REDACTED]

From: [REDACTED]

Sent: Thursday, April 06, 2006 4:50:54 PM

To: RLutter@oc.fda.gov; Brodsky, Jason D

Subject: Harms of Mercury/Amalgam in Dental Materials

Auto forwarded by a Rule

Dear Commissioner Lutter and Commissioner Brodsky,

Thank you both for your courageous leadership roles in helping bring to light the harms of using mercury/amalgam in dental fillings.) have recently learned about the September '06 FDA hearings.

I am a '72 Swarthmore graduate and former teacher. I have been a Professional Counselor for over 25 years in Pa.

About 10 years ago, I had some dental work done. My dentist chose to use silver mercury amalgam fillings. Within a short period of time, I began to get profoundly fatigued, with viral-like symptoms. This condition continued for a long time. This exhaustive, debilitating fatigue was confusing, because in the past, I had been very physically active - a swimmer, skier, modern dancer, and woods' hiker. Eventually, I was too tired to even walk around the block on certain days.

My family doctor had no clue what the problem was. He finally referred me to a Harvard-educated MD specialist who discovered my blood work was fine; he also had no idea what was causing all this. To make a long story short, after 4 years, I was accurately diagnosed by another MD (associated w/Jefferson Hospital in Philadelphia) with mercury poisoning caused by mercury fillings. By that time, the mercury had so damaged my immune system, I was getting sick frequently and could only work part-time. The mercury wrought havoc on my nervous system and other parts of my body, creating additional symptoms (too long to go into here). It was recommended I have all my mercury fillings safely removed (using specialized dental techniques to minimize further mercury poisoning during the drilling process). I did this, slowly. Subsequently, it was recommended that I engage in oral and injection 'Chelation' to remove the mercury from my cells and tissues. Over the last several years, I have painstakingly followed these recommendations. According to intermittent urine tests, my elevated mercury levels have been dropping. I am currently in advanced stages of healing from amalgam illness/mercury poisoning. I am now happy to report that I am working full-time, able to take walks, and hope to be able to start exercising again this summer, gradually.

Please, whatever you can do to help bring to light how dangerous mercury can be when used in dental materials - it would, in my opinion, be a huge contribution to everyone in communities throughout our country.

THIS IS AN IMPORTANT CONSUMER PROTECTION ISSUE !

Thank you so much for helping protect the American public in this regard. Hopefully, with the FDA intervening in the future, traditional dentists (who are not trained by the ADA in the harms of mercury in dental materials) will begin to Only be required to use safe white composite materials (made w/ plastic and ceramic) in dental fillings. Europe, 1 nation @ a time is in the process of banning mercury in dental materials. They have created a healthy precedent for the U. S.

In closing, it is my opinion that Dentists should Not be in Charge of Regulating the mercury amalgam toxicity issue. I grew up on a farm. We used to have an expression, "It's like putting the fox in charge of the chicken coop". I think this expression is apt, regarding the mercury amalgam toxicity issue. Doing so will continue to create too many conflicts of interest, and, thus, a Lack of truth and clarity.

Thank you for your consideration in this matter.

[REDACTED]

From: [REDACTED]
Sent: Thursday, April 06, 2006 6:05:52 PM
To: RLutter@oc.fda.gov, Brodsky, Jason D
Subject: regulating mercury fillings
Auto forwarded by a Rule

Mercury is the second most toxic element known! How can it be OK to put this in people's mouths? Please — keep the focus on mercury toxicity (look at the scientific facts) and remove dentists from being in charge of regulating mercury fillings.

[REDACTED]

Stop dentists from using mercury amalgam's to fill teeth. It is the
FDA's job to help protect peoples health; this is just one of the 'many
ways you can do this.



To: United States Food and Drug Agency

Hello,

I got a newsletter from Dr. Robert Jay Rowen, "Second Opinion Health Alerts", suggesting people write you of their experiences with Mercury dental fillings. I'm not sure if my present problems are a result of this or not, but I highly suspect they are. I suffer from fibromyalgia, with suffer being the key word to describe this disability. I suspect mercury to be a factor since my pain and fatigue began shortly after having several cavities filled. I couldn't then, nor since, convince any doctor to do heavy metal lab tests on me. I cannot remember any other event prior to the onset of fibromyalgia that could account for the start of this disease.

Research on fibromyalgia seems to be a fishing expedition, as is recognizing, diagnosing, and treating it. From what I have learned, there are probably millions of people with this disease. I am so debilitated now that I am in the process of applying for Social Security Disability. At least, finally, our (United States) Government recognizes Fibromyalgia as a disease that does cause disability. I would like to see more involvement from the FDA in *assisting* with research and treatment.

Another thing I want to point out is that when I was in 8th grade, in 1963, our science teacher asked us to go to the drugstore and ask the pharmacist for 'a ball of Mercury'. We each obtained the mercury as directed and, of course, played with it in our hands. We used it in science class, again holding it in our hands, separating it into smaller balls, and rolled it around until all the small balls united to make one *big* ball again. I still have that Mercury in the glass tube that the pharmacist provided. It's in the vault at the bank because I don't know what to do with it! For years, since I learned of the dangers of Mercury poisoning, I have wondered to whom to tell this story and wondered how many hundreds of thousands kids actually played with Mercury in science class, trusting the teacher to know what he/she was requesting and the Pharmacist to know what he/she was actually doing? How many of those kids have illnesses because of that day in class? I think a whole generation of people may have been exposed. What to do about it now?

Thank you for listening,

Dear Mr. Adjodha;

It is way past time to remove all mercury and aluminum compounds from vaccines. We've, literally, poisoned thousands of children throughout the world, all in the name of profits for Big Pharma.

And while you're at it, ban mercury and all heavy metals from dental fillings. I do not want our son, who is a Dentist, to end up like the Mad Hatter in *Alice in Wonderland*. If the EPA controls the amount of mercury he can put into the sewer systems in the course of normal dental procedures, then it does not need to be in our mouths or in our son's lungs.

Sincerely,



From: [REDACTED]

>Sent: Friday, April 07, 2006 11:01:34 AM

>To: Brodsky, Jason D

>Subject: Mercury

>Auto forwarded by a Rule

Jason,

Please accept my thanks for reviewing the Mercury toxicity issues. I had all of my Mercury Amalgam fillings removed for the purpose of improving

my immune system so that I can defeat Prostate Cancer. Since 2000 I was involved in Natural healing that included fasting and supplements.

Until I

removed the fillings, I only held the cancer as indolent cancer.

Once the fillings were removed and I removed heavy metals from my body, the

hypervascularity in the Prostate disappeared.

So, keeping Mercury out of the mouth is more than eliminating allergies.

Mercury is toxic to the body and greatly challenges the immune system.

There's too much science that supports this. The FDA must be the people protector and not continue to be the ADA and Profit protector of manufacturers of toxic substances.

[REDACTED]

>From: [REDACTED]
>Sent: Friday, April 07, 2006 1:43:19 PM
>To: Brodsky, Jason D
>Subject: Upcoming mercury toxicity hearing
>Auto forwarded by a Rule

To: Associate Commissioner Jason Brodsky

From: [REDACTED]

Mr. Brodsky-

Thank you very much for your part in bringing about the hearing/
inquiry regarding the "potential mercury toxicity" in amalgam
fillings scheduled for Sept. 6 and 7 in Gaithersburg. As you know,
many of us are very concerned about the amount of mercury being
introduced into our bodies and into the bodies of our born and unborn
children. We know it's dangerous; we do not always know when it's
entering our bodies. And, of course, even if the amalgam is truly
sealed when we get our filling, fillings do break down over time, and
when the mercury escapes, it has to go somewhere! So I thank you for
your part in investigating the matter, and I hope and trust that
good, solid information will come, and that every party concerned
will do the right thing in response.

Sincerely,

[REDACTED]

From: [REDACTED]
Sent: Friday, April 07, 2006 3:26:19 PM
To: Brodsky, Jason D
Subject: Mercury Toxicity - My Own Story
Auto forwarded by a Rule

Dear Associate Commissioner Brodsky:

As someone who has suffered the effects of mercury toxicity following much dental work and oral surgery, I want to ask you to please keep the focus on mercury toxicity, and to remove dentists from being in charge of regulating mercury fillings. Patients should be allowed to know what is in dental amalgam, the possible devastating effects, and should be allowed to make a choice as to whether or not they want it used in their bodies.

In my own case, I know my dentist and dental professionals were not aware of the harm that could be caused by the mercury in amalgam, but I suffered significantly from it. After removal of all dental metals and a conservative detoxification program over the past year, I can tell you that my health is so much improved that I feel I almost have my life back!

Thank you, and I look forward to the hearing in September, and plan to be there if at all possible!

[REDACTED]

From:

[Redacted]

Sent: Sunday, April 09, 2006 3:36:05 AM

To: RLutter@oc.fda.gov; Brodsky, Jason D

Subject: mercury toxicity hearings

Auto forwarded by a Rule

Hello,

I understand that the FDA will hold two days of public hearings regarding mercury toxicity in dental fillings, in Gaithersburg, Md. (a Washington suburb) on Sept. 6 and 7, as well as conduct an inquiry into the "potential mercury toxicity" from dental amalgam, "specifically as it relates to neurotoxic effects." I am writing to ask that you please maintain a strong focus on mercury toxicity, and to remove dentists from being in charge of regulating mercury fillings.

Thank you!

[Redacted]

>From:
>Sent: Friday, April 07, 2006 1:58:13 PM
>To: rflutter@fda.gov; Brodsky, Jason D
>Subject: Mercury Hearings One Sick in NH
>Auto forwarded by a Rule

Dear Sirs:

Please count my voice in thanking you for holding hearings on toxic mercury in dental amalgams this fall.

Here is my story in a nutshell:

1. Teenage & college "silver" amalgams
2. Age 19: Several travel vaccinations (mercury directly injected into bloodstream): I was never the same since, my hair fell out and then I recovered enough to get through college in my 20s.
3. 1989: Age 30 in grad school, lots of stress, father died, more dental amalgam: Onset of chronic vertigo and debilitating multiple chemical sensitivity
4. 1990s: Barely finished Ph.D. but then only able to work here and there and mostly part-time. Sought medical help everywhere.
5. 2000: More chemicals in office remodel, have not been able to work since. 2004: Almost died from IBS (started after 2 months on CELEBREX) inability to eat.
6. Learned that infrared sauna may be only way to recover from chemical sensitivity and THERE IS NO POINT UNLESS I ALSO GET THE MERCURY AMALGAMS OUT FIRST. I can never know how well I can be unless I do it. I have lost so much money and the good years of my adult life.
7. **2005/2006: Removed all amalgams. Sense of taste as completely changed and is still shifting. My urine is testing positive for mercury and I am not eating tuna so where is it coming from?!**
8. Detox is going to take a long time and a lot of work. This poison is going to be illegal in 25 years, so don't wait!!!!
9. P.S. I may be a genetic heavy metal 'non-excretor' as my Dad had similar but worse problems and died at age 56 after being overtaken by fungus. My hair test was completely negative for mercury (which can be expected of a non-excretor). So a negative hair test doesn't mean much and may actually be a sign of the worst poisoning.
10. Shame Shame Shame on the Massachusetts Dental Assoc. for trying to prosecute/persecute one of the few dentists in the state who is helping people like me. Don't we have the right to try to get our lives back? Putting mercury in children's mouths in the year 2006 is a literal crime in Sweden and it is a moral crime in the USA.

From:

[REDACTED]

Sent: Friday, April 07, 2006 3:25:42 PM _

To: Brodsky, Jason D

Subject: Amalgam poisoning

Auto forwarded by a Rule

Dear Comm

My name is

[REDACTED]

amalgam po

I am asking that you research n Mercury and it's affects upon humans. I have suffered with mercury poisoning for over 40 years and it is devastating to the human body. I wish to not bore you with my personal history but pray that you will research the dangers associated with this poison. It has no place in the human body. Germany and Sweden have banned amalgams. It must be done in the U.S. Why would any intelligent person place this extremely toxic heavy metal in any body? We spend billions on cleaning up toxic wastes yet allow this practice to continue. Our bodies become the waste dump for this horrible metal.

PLEASE RESEARCH AMALGAM POISONING PRIOR TO THE HEARING.

Thank you for your time.

Sincerely;

[REDACTED]

From: [REDACTED]
Sent: Monday, April 10, 2006 1:29:21 PM
To: Lutter, Randall
Cc: Brodsky, Jason D; Adjodha, Michael E
Subject: re: Amalgam hearings, controversy over mercury
Auto forwarded by a Rule

Commissioner Lutter,

I will not be able to attend the hearing but did want to put in writing a concern of mine about this issue.

In Ca., dentists are required to posts signs that state that the use of amalgam contains mercury and may pose health problems. I am also aware that a suit was settled where dentists paid money and it was acknowledged that mercury can pose a health risk.

So it greatly concerns me that a profession is making the assertion that the material is safe, when a lawsuit was settled that stated it wasn't. We must not allow those that shout the loudest or has the best publicity to win the day, because the result may not be in the best interest of all.

So it would be important to me why the ADA did not defend the lawsuit in Ca., and how they could accept the settlement if they state the material is safe.

Second. In the amalgam settlement, it was stated that the composite restorations that would replace amalgam, and the mercury, contain carcinogens. So are we going to be placed in a problem where we eliminate amalgam restorations, but replace it with a material that contains carcinogens. Seems like out of the frying pan and into the fire.

Last, if amalgam is to be replaced, and composite restorations used, has anyone addressed the issue that the fee for the composite is more, because it takes longer? And if this is the argument used, can you ask how, in Ca., legislation was passed that makes the fee for a composite the same as for an amalgam, when treating Medical Patients. It would seem that the argument that one costs more, cannot be argued when legislation has the fees at the same low cost. (AB 999)

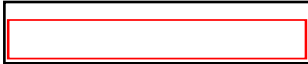
I appreciate the opportunity to address the issues above and hope that they might pose questions that need to be addressed as the whole issue is presented for discussion.

Sincerely,

[REDACTED]

Dear Mr. Adjodha,

I'd like to thank you for your review of the toxicity of mercury in amalgam fillings. I have had a lot of dental work done over the years and despite eating very little fish like tuna or salmon was amazed to find in test after test (urine and hair analysis) that my mercury levels were soaring. I finally decided to have all my amalgam fillings removed and replaced and have had improved health ever since. It simply makes sense that toxic materials which can deteriorate over years, be routinely placed into people's mouths. I am So glad that you are bringing this issue to light.



I am 73 years old and have had mercury-containing fillings in my mouth all my life. Same for my wife and four children. None of us has ever experienced a neurological disorder from these fillings, or from any other source for that matter.

What's more, I have not ever heard of a randomized, large-scale, peer-reviewed study which showed that the mercury in silver amalgam fillings causes neurological disorders.

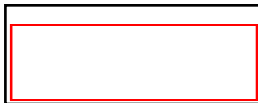
Dear Mr. Adjodha,

There are no words to describe how pleased and relieved I am that the FDA is finally taking a serious look at the dangers of amalgam fillings. I had 14 amalgam fillings removed (by a dentist who took all precautions against my receiving further exposure) 8 years ago, when I was [redacted] on what turned out to be the 4 most important days of my life. My health had deteriorated in ways in which doctors were perplexed and could not give me answers. My neurologist said I had MS symptoms, but two brain and spine MRI's were normal (I can back this up [redacted] names of doctors and dates). I had great pain from fibromyalgia, and since my early [redacted] had problems with frequency and urgency usually associated with bladder infections, but [redacted] without actually having bladder infections. After many tests, my urologist called it "urethral syndrome" and prescribed drugs to ease the symptoms.

Not immediately, but slowly over the course of several years after the removal of my fillings, my symptoms almost completely disappeared. I may occasionally experience very mild "MS symptoms" of numbness in my foot or hand, or slight brain fog, but never the alarming weakness in my knees or major brain fog and loss of balance I once had. My bladder symptoms were so severe, I had trouble sleeping some nights, but these symptoms have subsided. (A female friend of mine who had the same bladder symptoms most of her adult life also has a mouthful of amalgam fillings.) The fibromyalgia symptoms of extreme pain in my shoulders are completely gone. I also had irritable bowel syndrome, and no longer have any symptoms related to digestive pro[redacted]. I even believe that several bouts of depression I experienced beginning in my early [redacted] and later in my [redacted] were related to [redacted] exposure from amalgam fillings. I have not e[redacted]nced any clini[redacted]pression in my [redacted]

I have great hope that the truth will come out about mercury and the dangers to our society, and I believe that once it's irradiated from our mouths and from ALL of our vaccinations (including flu shots), our physical and mental health will improve, and America will become a stronger, greater nation. This may sound like hyperbole, but I don't think the ill effects of mercury can be overstated - especially in amalgam fillings. I believe mercury exposure (in vaccinations, in utero exposure to mother's amalgam fillings, and in fish) will eventually be proven to be the source of the epidemic rates of autism and learning disabilities, which have left our sons in particular in such dire straits. (Estrogen, I have learned, provides protection against toxins, explaining the much lower incidence of developmental, behavior and neurological problems among girls than boys.) Once mercury is completely out of our teeth, our food and our vaccinations, I predict an equal number of boys and girls applying to and finishing college 18 years later. Sorry I got on my soap box there, but I truly believe our future depends on the work you're doing.

Please let me know if I can provide more information or be of further assistance.



Mr. Adjodha,

I am pleased with your decision to research mercury poisoning from dental

amalgams. I'm a [redacted] year old female from [redacted] with multiple [redacted] s. I spe [redacted] several years worki [redacted] clinic in

[redacted] my worst MS attack immediately followed placement of a very large

amalgam filling that was placed in a molar. It had been years since any

dental work was necessary, but I already had a mouthful of amalgam fillings.

It was, also, the only MS attack that affected my hand. I had laboratory

tests done & tested positive for high levels of mercury.

An older man I'm acquainted with had his amalgam fillings replaced before

going overseas during World War II. Following these replacements he lived

with a metallic taste in his mouth. He started to have MS symptoms & was

diagnosed as 'questionable MS' at the Mayo clinic. He had his fillings removed & all his symptoms went away except some permanent nerve damage in

his feet, but those didn't worsen after the filling removal.

Another MS patient I am acquainted with mentioned that tea & toothpaste worsened her symptoms. I inquired what she meant & was informed that having

hot tea in the morning & brushing her teeth seemed to set off the symptoms.

I asked if iced tea affected her the same way & the answer was negative.

She changed toothpaste to a non abrasive form & the symptoms lessened.

After discussing this with her she casually mentioned when she was first

diagnosed at a university hospital they tested her for mercury & she had

high levels. They chose to do nothing for it.

The reason I mentioned where I am from is because of the VERY high MS population in that area.

If I can be of any assistance please don't hesitate to contact me. I am

convinced mercury worsens MS. During my filling removal I asked the doctor

where the amalgam was going & he told me it had to go to a special waste

facility. I couldn't believe it could either leave his office by way of

toxic waste disposal criteria or in MY head.

Thank you,



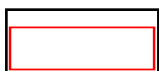
Hi Michael,

In the late '50s I worked as a dental assistant. I would mix the amalgam filling material, touch the mercury, even got it on my wedding band.

Further, I had many many amalgam fillings in my mouth.

This may not be the kind of testimony you are looking for because I did NOT suffer any adverse effects.

IN Sept. 2005 I had a hair analysis done to determine toxic metals in my system. The mercury was the smallest blip on the chart.



Dear Michael Adjodha:

I understand that you are investigating amalgam illness.

I have been ill with chronic fatigue, extreme food sensitivities, migranes, etc. for a long time. I have been under conventional medical care all this time.

I am no flake, I have a law degree from a top University and own 100% of a company with 1,000 employees.

After seeing every Doctor I could find, it is my firm belief that my symptoms are caused by amalgams.

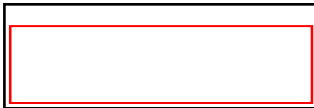
I have many reasons for saying this. 2 examples are results of fecal metals test and effect on me of removal of amalgams.

My Beverly Hills dentist for 20 years + strongly urged me not to remove them. I stupidly took his advice until last year.

Often I am unable to function normally day to day.

The FDA needs to put an end to this. Although, I suppose in another 20-30 years most of us with this problem will be dead anyway.

I am available for further information upon request.



About 20 years ago when i was experiencing several health issues, i.e. early symptoms of menopause, depression, ovarian inflammation, I had a blood check. The main irregularity was high level of mercury. As a kid I had a filling in every molar, mostly amalgam. I had the amalgam removed, at a rather great expense, and no longer show the high levels of mercury in my blood tests.

[Redacted]

[Redacted]

Dear Michael,

I can give you my horror story if you like, but more importantly, I will also give you some clues about what is really wrong with the whole health care system. For that you will need to read the latter part of this e-mail:

I was 25 when I stepped into a dentist's office with my freshly earned full dental plan from my unionized job at a sawmill. I needed a checkup and a small filling. I ended up with a full exam with x-rays, and a sell job: according to the x-rays my molars were getting weak, and needed improvement. They needed to be loaded with mercury amalgams, a total of 12 sizeable fillings. It is very strange that the teeth that were not filled with mercury are still intact 25 years later.

I should have clued in, but I was a fresh immigrant from Eastern Europe, and trusted the kind dentist implicitly. I should have known that he was serving his (economic) interest, not mine.

The fillings were installed in 4 sessions, one week apart. After the second session I came down with a massive herpes breakout blister on my lip, the first one I ever had. I should have clued in then.

Within a year I started having back problems. I was a strong young lad before, but now I was on workers' compensation. The injuries were not really caused by my job, but by my poisoned body falling apart. But we did not know that.

In year two I was so debilitated that I was having to crawl on all fours to go to the bathroom, several times a year, for a week or two at a time. After my back went I was also having problems with my feet and wrists. I started having carpal tunnel syndrome, and the arches of my feet were collapsing. I had to change jobs to something less physically demanding.

I was seeing a chiropractor twice a week regularly. Out of curiosity I had my hair analyzed (to check for toxins), and it came back with mercury toxicity. I should have clued in then, but did not. I was just puzzling where I might have gotten mercury poisoning, not at all connecting it to the dental upgrade I received.

In year three I started having serious dental problems - periodontal disease, gum recession, loose teeth.

I was successful in my career and was earning well. I was spending lavishly on dental care to save my teeth and gums. I had a number of tissue graft operations done, some worked, and some did not. I still have all my teeth, but what an ordeal that was!

True to the indoctrination I received as a regular member of this society and culture,

instead of looking for the cause I was trying to fix the problem - my ailing body. It is curious how conditioned we are by our society in which we interact with others, and learn from them how to handle "problems". I was seeing medical doctors, orthopedic surgeons, chiropractors, naturopaths, physiotherapists, and a good range of more esoteric therapists, including [redacted] and more. Each of them was offering a relapse several times a year, during which I would be unable to sit in a chair, sleep in a bed, drive a car, or do many other activities we take for granted.

The decline continued. I was still eating the Standard American Diet, and I was beginning to put on some weight. In year ten I came down with severe allergies, debilitating me for several weeks each spring. I went to my doctor for help. He offered me Sudafed. I asked if that was going to cure me, and he said no, I would have to take it for the rest of my life.

Not one of these well trained people suggested mercury poisoning, and yet, that's what I was suffering from. Not one of them tried to find the cause, they were all just treating the symptoms.

I finally hit the wall. I realized that I would have to help myself, because the professionals were not going to do it for me. I started studying the books about health and healing. I read books by Bernard Jensen, Herbert Shelton, John Tilden, and also Harvey Diamond.

I started the Fit For Life regimen - mostly raw food, lots of detoxification with algae and proper food combining. After five years of that my back problems subsided, and after ten years my allergies went away. By that time I was at least as well read as any naturopathic doctor or nutritionist.

I still have the amalgam fillings in my teeth. I ran out of money by the time I finally read the reports written by Dr. Vickery that clearly linked mercury poisoning to all the symptoms I was experiencing.

Now here is the solution I would like you to grok:

The biggest enemy of your health is your behavior. We dig our graves with our teeth, and with our stupid habits. Nutrition, exercise, clothing, makeup, air, water. We fill and cover our bodies with dead food and toxic chemicals. We eat food that is devoid of nutrients our bodies need: enzymes, minerals, trace elements and a long list of necessary nutrients.

When you eat food bought in your grocery store or cooked in your fast food restaurant, you are eating food stripped of nutrients, yet filled with toxins. You can never eat enough to feel nourished. Your body screams for more nutrients. So you eat. You consume lots of calories, but not enough nutrients. Your body screams for more. No wonder you are gaining weight and can't keep it off!

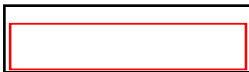
When you get sick, the health insurance is your worst enemy. People with insurance go for procedures not because they are needed, but because they are covered. And doctors compound the problem. Their entire belief system about health, illness, its causes and cures, is based on the wrong premise that healing comes from without, rather than from within. As if lack of health could be caused by lack of some concentrated pharmaceutical poison. That would mean that we evolved in a chemical factory, not in the tropical forest.

The only insurance solution that has a chance of working is when we establish universal coverage for catastrophic illness and couple it with high deductible on annual claims that allow us to claim all health and fitness related expenses as tax deductions. These would include drugs, supplements, therapies, fitness, and even possibly even organic food and clean energized water - all expenses related to care of our body. Consumers would soon enough figure out what works, and do the right thing. They are not stupid, they have only been taught to do stupid things.

Imagine what it would do for the employers when they would no longer have to pay health insurance coverage. They could just hand the same money to the employees. The insurance companies would have a fraction of the claims to process that they do now.

You need to contact Paul Zane Pilzer, and get his take on this situation. He will give you an interview you will not want to miss. <http://www.paulzanepilzer.com>

Good luck. Do the right thing - empower people. Learned helplessness feeds the corporations. Feel free to call.



So there you have it! In my quest for health I have learned to use kinesiology (much the same way as David Hawkins describes it) and dowsing. I have grown emotionally and spiritually through the adversity. I can honestly say that if I were not made so sick by the mercury poisoning, I would not be the person I am today.

>From:
>Sent: Friday, April 07, 2006 3:42:09 PM
>To: RLutter@fda.gov; Brodsky, Jason D
>Subject: Kudos for the upcoming mercury hearing
>Auto forwarded by a Rule

Dear Commissioner Lutter:

Thank you so much for bringing about hearing on mercury toxicity. I and members of my family have all removed our amalgam fillings and have each experienced health improvements that can almost be described as miraculous:

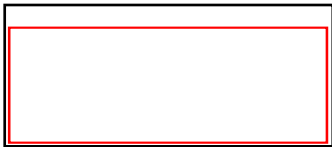
- * My wife no longer suffers the symptoms known as fibromyalgia
- * My mother in law no longer suffers from lupus
- * My father in law has stopped being agoraphobic
- * My brother in law has stopped feeling afraid of social gatherings
- * My sister in law's bouts of facial paralysis have ceased.
- * My own anxiety attacks have disappeared.

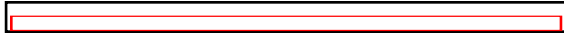
Other acquaintances have experienced:

- * elimination of severe numbness in one arm caused, we were told, by Multiple Sclerosis
- * severe depression (in 2 cases)

As I'm sure you know, the effects of mercury are both psychological and physical. In all our cases, relief from most symptoms was virtually immediate and all symptoms disappeared over the course of about 2 years.

It is vital to the health of so many people that amalgam fillings be outlawed.



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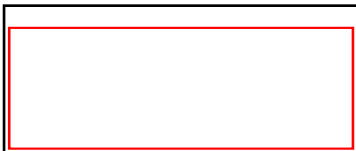
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From: [REDACTED]
Sent: Friday, April 07, 2006 4:01:03 PM
To: Brodsky, Jason D
Subject: Dental Amalgam Toxicity
Auto forwarded by a Rule

Dear Associate Commissioner Brodsky,

Thank you for considering the issue of toxicity of dental amalgam fillings.

I think it is important to remove dentists from being in charge of regulating mercury fillings. And please keep the focus on mercury toxicity.

I've done a lot of reading on amalgam fillings and I've had a lot of amalgam fillings. The whole inside of my mouth is ruined from them right now. Besides being toxic, they can and do split teeth, clear down into the roots. They totally destroy the tooth. The expansion and contraction rates from temperature changes are different between the amalgam fillings and the material that a tooth is made of (enamel). This causes the tooth to break.

I am convinced that amalgam fillings are very dangerous because of toxicity and physical damage to the teeth. I would like to see them absolutely outlawed. They have indeed been outlawed in some countries and the use of them is restricted in other countries. For instance, in some countries, a woman of child bearing age cannot have amalgam.

Our power company asks us not to throw out small fluorescent bulbs because they contain mercury. The people at the power company recognize the toxicity of mercury, yet the amount of mercury people are exposed to in amalgam fillings is far more than what could come from light bulbs being disposed of or all the other sources of mercury that are already illegal.

My understanding is that amalgam fillings are up to 50% mercury. I was not warned about any of this. No dentist had ever spoken one word to me about amalgam. They just went ahead and used it. Now that I found this out, I can't believe that they were allowed to get away with this all these years. Let's outlaw amalgam fillings and get it done as soon as possible!

[REDACTED]

From:

[Redacted]

Sent: Saturday, April 08, 2006 5:40:34 PM

To: Brodsky, Jason D

Cc: Charles G. Brown

Subject: Dental Mercury Toxicity

Auto forwarded by a Rule

Dear Mr. Brodsky,

As a concerned dentist, I want to personally thank you for focusing your efforts on mercury toxicity. I treat patients on a daily basis who have been poisoned by this insidious material. Whether a patient has one mercury filling or sixteen, I have seen serious health effects that impact society as a whole.

Dentists should not be allowed to regulate mercury (the most potent neurotoxin known to man) fillings. The ADA has never proven with any credible scientific data that mercury fillings are safe.

There should be a zero-tolerance rule for all mercury implanted in the human body. To think that any amount of mercury in the human body is safe is positively ludicrous.

Thank you for your time and attention to this ongoing problem in communities all over the world.

Sincerely,

[Redacted]

From:

[Redacted]

Sent: Saturday, April 08, 2006 5:40:34 PM

To: Brodsky, Jason D

Cc: Charles G. Brown

Subject: Dental Mercury Toxicity

Auto forwarded by a Rule

Dear Mr. Brodsky,

As a concerned dentist, I want to personally thank you for focusing your efforts on mercury toxicity. I treat patients on a daily basis who have been poisoned by this insidious material. Whether a patient has one mercury filling or sixteen, I have seen serious health effects that impact society as a whole.

Dentists should not be allowed to regulate mercury (the most potent neurotoxin known to man) fillings. The ADA has never proven with any credible scientific data that mercury fillings are safe.

There should be a zero-tolerance rule for all mercury implanted in the human body. To think that any amount of mercury in the human body is safe is positively ludicrous.

Thank you for your time and attention to this ongoing problem in communities all over the world.

Sincerely,

[Redacted]

From: [redacted]
Sent: [redacted]

To: Lutter, Randall; Brodsky, Jason D; brownchas@erols.com

Subject: Dental Mercury Amalgam Fillings

Auto forwarded by a Rule

Please accept this note of thanks for all you are doing with regards to mercury poisoning from dental mercury fillings.

For many years I was plagued with symptoms that doctors could not diagnose or explain. My symptoms were multiple, eg: gastrointestinal problems, tremors in fingers, vertigo, irregular heart beat, etc. I went to the best doctors in the [redacted] area and all test results came up negative.

Upon moving to [redacted] with the symptoms continuing, I decided to go to a physician that also practiced in alternative health. I was tested for heavy metals which resulted in high positive mercury, copper and tin. All these metals are in mercury amalgam dental fillings. Being skeptical I went to 2 other doctors that tested me for heavy metals and the results were the same.

After removal of the remaining 8 mercury fillings and natural detoxing, I have my life back and I'm healthier and stronger than ever.

I sympathize with individuals who are chronically ill and doctors cannot find any answer. If it weren't for these knowledgeable doctors I went to for heavy metals testing my health would have continued to deteriorate.

Sincerely,

[redacted]

603-894-9770

From: [REDACTED]
Sent: Monday, April 10, 2006 12:41:39 PM
To: Lutter, Randall
Subject: DENTAL AMALGAM MERCURY TOXICITY
Auto forwarded by a Rule

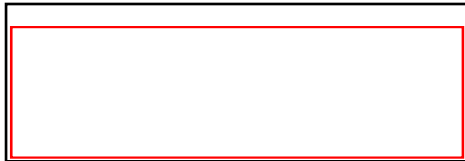
4/10/06

Dear Mr. Lutter,

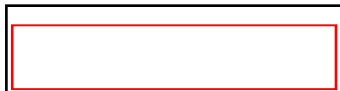
Thank you for your involvement with the FDA holding a public hearing regarding the dental amalgam mercury issue. The mercury vapors given off by the dental fillings causing neuro-toxicity is real and severe repercussions occur in some people.

Misdiagnosed for ten years has resulted in being in a wheelchair for 19 years. The medical and sometimes the dental professions are completely in the dark to make the distinction between mercury toxicity and other illnesses.

Thank you for caring. Enclosed is my story of mercury poisoning.



My Story of Dental Amalgam Mercury Poisoning
MS Exacerbations Stop with Safe Amalgam Removal



In February 1980, I was getting ready to go to work and went into the bathroom to wash up. When I looked in the mirror my face showed signs of paralysis. My right eye and the right side of my mouth were drooping downward. I was scared because I didn't know what happened. I went to the doctor and after examination he said it was similar to a Bell's palsy and should be better within time. The option of medication was offered but the doctor seemed to be optimistic about recovery with or without medication. Within two months, recovery was experienced. After all, for the last 30 years, I had been fairly healthy except for the normal illnesses of a cold, etc.

Six months later, after bouts of a pulling sensation in my left eye, I lost my center vision. I was told I had optic neuritis and large doses of prednisone were prescribed. Within two months my vision returned. At times, I would experience extreme headaches and dizziness and had to lie down. I continued to go to the doctors but they could not find anything wrong. At times it was intimated that the problem might be emotional. I knew that the prospect of getting married and moving to California was on my mind but thought that was normal. I was confused and scared because something was happening in my body. I didn't know what was going on and neither did the doctors. Nothing definitive. I continued working in my supervisory position though at times it was stressful "not knowing."

I experienced the symptoms of uncoordinated movements, numbness and tingling of the hands and feet, weakness of one leg and then the other, and a lack of balance. In 1981, upon examination of "walking down a corridor," the diagnosis of Multiple Sclerosis (MS) was established by a well know neurologist. I spent years of countless visits to other neurologists, at five of the best-known hospitals in the Chicago area, only for them to confirm the previous diagnosis of Multiple Sclerosis. Nutritionists, kinesiologists, and chiropractors in conventional and non-conventional practices also became a part of the series of health care practitioners. My search for a remedy or cure began. I diligently read book after book on various theories of MS and any closely related topic, including Candida Albicans.

As time went on, my thinking became clouded, my legs became weaker and the falling more frequent. At work, I would be returning from lunch and fall with my tray in my hands. Incidents like this would happen only too often and have to be followed up by completing an incident report. Holding on to the walls and desks for balance became a part of my daily routine. At home, the situation was the same. As each year passed the symptoms escalated. These so called

periods of "weakness" would soon be termed "exacerbations or relapses." I never knew when they would happen or how they were "triggered." I felt like a time bomb. Some relapses were mild and some were severe. Each time a relapse occurred, recovery was never complete. Symptoms of leg or arm weakness and overall body weakness contributed to one or more relapses each year, requiring various medications. I became increasingly frightened and knew I had to continue working because I was my only source of support.

In 1987 I entered a hospital for the very first time in my life. The various doses of medications were now ineffective and the only option offered was chemotherapy in conjunction with other therapies such as Plasmapheresis, etc. I was released, confined to using a walker and wheelchair. I experienced early menopause from the chemotherapy and cut my hair real short to minimize the thinness. My face and body were distorted from the medications and at times I experienced slurred speech because the muscles in my mouth were becoming weaker. I could no longer drive my car to work with confidence and I received assistance from my co-worker and a manager. My work position had to be altered. Even though I lived ten minutes from work it took an hour to get there. I lived on the second floor and every morning and afternoon, to and from work, each foot had to be manually moved to each step as I braced myself holding on to the handrails. To say the least, I was exhausted by the time I got to work.

In 1988, after discussion with my physician, I terminated my employment. I went on disability. Situations became increasingly difficult as the neighbors and paramedics had to be called only to find me on the floor unable to get up. One Christmas, I fell out of my amigoo as I reached for something on my desk. I hit the floor, scraping my face against the carpet and landed on my back, unable to turn over. After knocking on the patio doors with a rod for which seemed like hours, someone heard the faint sounds. When they came to my assistance they commented on my blood stained face. This

was only a slight indication of what was to come.

In 1989, I had another relapse. I was in the hospital for 11/2 months and released, confined to a wheelchair and a hospital bed...a paraplegic. I returned home unable to take care of my personal needs or tend to daily household chores. I had bladder incontinence that required the use of diapers. I could not feed myself without using a built up fork or wash my face and brush my teeth without difficulty. My hands and fingers became so weak I lost the ability to grasp a pen to write legibly and to even turn the pages of a book. A hover lift was used to get me into the hospital bed and shower. The commode with arms sat next to my bedside. Braces and orthopedic shoes were used to stabilize my legs and feet. I would fall out of my wheelchair if I sat too far forward or reached for an object. The thoughts of a nursing home continually raced through my mind. I required 24-hour care.

In 1990, after ten years of continuous relapses ranging from mild to severe, one or more times each year with a wide variety of medications and three hospitalizations, my search for an answer ended. Through research, I discovered my symptoms of "MS" and mercury poisoning were similar and that "silver" fillings are made up of about 50% mercury along with copper, tin, zinc, and silver. A mercury vapor test was performed, measuring the amount of mercury being emitted from the silver fillings. The levels of the test results were high and removal was recommended. A materials reactivity testing report also showed restoratives containing the components within the fillings "MAY NOT BE SUITABLE or may require concurrent body burden reduction and risk management." My dentists never informed me that there was MERCURY or any other metals in the "silver" amalgam fillings.

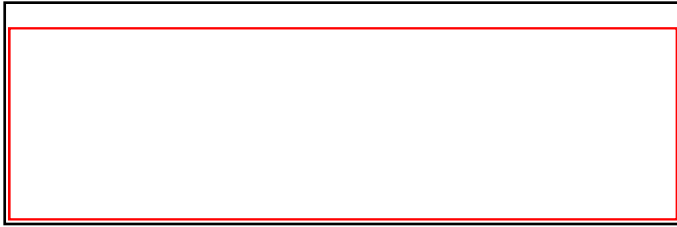
Even though the idea had much opposition from the medical and dental community, the amalgam fillings (16) were completely removed by September 1990. It took three months to remove all the amalgam fillings and two weeks after the last

filling was removed, improvement began. My slurred speech began to disappear. This had been the last symptom to occur! On April 25, 1994 I had the results of a Neurometric Brain mapping EEG & EP Report - Summary: "As a result, there is evidence which supports both a degenerative disease and toxicity."

In 1992 I was at the Rehabilitation Institute of Chicago, followed by an in-home physical therapy program. 1993 brought me to a spinal cord injury program in California and a Physical Therapy center in 1994. In 1996 I entered a continuous exercise program at a health fitness center where I attend about 3 times a week, 1 to 1 1/2 hours each time. The routine is rigorous and sometimes I just come home and lie down. This has brought me continuing improvement with a long way to go. I'm out of the hospital bed now and in a regular bed even though I'm still in a wheelchair.

As a result of amalgam removal, I have NOT had any relapses of Multiple Sclerosis symptoms since 1989 and have NOT had any medications for Multiple Sclerosis symptoms since 1990. Any previous medical treatment for MS symptoms cannot contribute to this change. It's atypical for relapsing, remitting Multiple Sclerosis developing into progressive Multiple Sclerosis to be reversed.¹ As of September 10, 2000, I no longer require 24-hour care. Taking care of myself is challenging at times and assistance is minimal but my goal is to be able to walk again.

Please understand what I am saying. There are a wide variety of symptoms associated with mercury poisoning. There may be people out there who have a sensitivity [allergy] to MERCURY like me and may exhibit "Multiple Sclerosis" (MS) symptoms as I had. There may be others out there that are misdiagnosed and may be able to regain some or all of their health again. Had the dental or medical profession informed me of the MERCURY in the "silver" amalgam fillings and its effects, I would NOT be in a wheelchair today. Mercury is a poison--- public awareness would prevent years of suffering.



1 Scheinberg M.D., Labe C. - Multiple Sclerosis (Second Edition) A Guide for Patients and Their Families. Chapter 3: *What Causes the Disease?* Pg. 19. Chapter 5: *Signs and Symptoms of Multiple Sclerosis.* pg. 51. Chapter 6: *Drug Therapy.* pg. 60.

Lechtenberg M.D., Richard (Chief, Division of Neurology, Long Island College Hospital, Brooklyn, New York, Associate Professor of Clinical Neurology State University of New York-Downstate Brooklyn, New York.) Multiple Sclerosis Fact Book. Chapter 6: *Treatment of Multiple Sclerosis.* pg. 101
Plasmapheresis

From:

De r, JasonBrodsky and Michael Adjodha,

In 1988 I was diagnosed with Epitheloid Sarcoma and now have a 4x5 inch HOLE in my right ankle.

In 1997 I had Fibromyalgia (no diagnosis because of no insurance since 1992 - but all the "symptoms

Now, at nearly I have NO HEALTH CHALLENGES - and a quality of life and waistline that EVERYONE wishes for...! In fact, as I sit here typing this testimony, I'm wearing a pair of pants I bought in 1974... which have ALWAYS fit just right !

Now I publish a monthly newzine called WELLthy Choices (formerly The Detox News), created because of my successful recovery from cancer, Fibromyalgia, chronic fatigue and severe arthritis. Helping others do the same... or educate them so they don't go there at all... is my BEST payback!

My journalistic training and a ³nose for news² has revived my passion for publishing. I created similar papers in 1968 (The Clean Green Thumb) and 1971 (Green Power). The introduction of personal computers, desktop publishing and the Internet has turned what used to be a very time consuming job into a FUN and rewarding project < information-aholics arise!!!

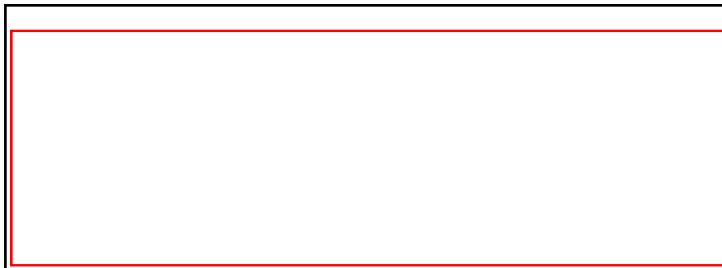
Within the past 3 years, I've had 17 amalgams and 2 nickel crows replaced with safe biocomposites, and 2 cavitated root canal front teeth pulled.

Detoxing my body from 22 years of welding (25 years as a high steel ironworker!) and from all those removed amalgams has allowed my body to regenerate and now (at 62) I have a quality of life and energy that 20 & 30 year olds envy...

Send me your success stories about ³detoxifying² your self, your home, your thoughts, our planet... What YOU do DOES affect the whole Universe.. and together we can produce change easier and faster!

Since increasing my raw foods to about 85% and drinking 4 quarts of pure water with 1/4 teaspoon sea salt per quart, eating and drinking LOTS of super green foods and improving my BREATHING (which also controls pH), people ask ³Did you eat the Energizer bunny or WHAT???.² I just smile and hand them some information that will CHANGE their lives!

I will be happy to send you a copy of my first newzine!



To FDA Associate Commissioner Randall Lutter, and FDA Associate Commissioner Jason Brodsky, and Michael E. Adjodha, at Center for Devices and Radiological Health:

I am a physician and just read very encouraging news about the hearing and public testimony on the dangers of Mercury in dental fillings especially brain/neurological effects: http://www.fda.gov/oc/advisory/accalendar/2006/cdrh_1_25_1_8dd09060706.html.

I have known several people who were killed by the neurological and immune effects of dental mercury. I have for years followed the saga of the ADA's despicable actions (others simply call it Pure Evil).

I am writing to ask if it would be appropriate for people who applaud the movement toward banning this potent neurotoxin from dental practice to attend the meeting en masse?

Some families who have lost loved ones would like to show you their faces and tell you of the effects of dental mercury. If sheer numbers would impress you, I can assist the process by contacting people I know around the country, as well as in Europe and South America, even Japan and China to come and join in the demonstration of their support for this monumental event. If the United States can finally ban mercury from dental practice, it will have ripple effects throughout the world. We can become a beacon of truth that can save literally millions from suffering the neurotoxic effects of mercury.

As a side note: I believe that dental mercury and its neurotoxic effects are partly responsible for the neurological destabilization in less-developed nations -- INCLUDING THE MENTAL INSTABILITY OF TALIBAN AND OTHERS WHO MIGHT OTHERWISE BE MORE CALM AND LESS LIKELY TO COMMIT TERRORIST ACTS. I have often questioned whether the American Dental Association and Mercury suppliers to dentists worldwide might not be providing the trigger that sets off violent acts of many kinds.

I wish you the best in your preparations for what might become a huge event.

Sincerely,

Ref: www.ToxicTeeth.org, www.IAOMT.org

To: A

From:

Mercury & autoimmune conditions/MS

Prochazkova J, Sterzl I, Kucerova H, Bartova J, Stejskal VD; The beneficial effect of amalgam replacement on health in patients with autoimmunity. *Neuro Endocrinol Lett.* 2004 Jun;25(3):211-8.

http://www.nel.edu/pdf/25_3/NEL250304A07_Prochazkova_.pdf

(abstract)

Results of lymphocyte reactivity measured with MELISA pre and post replacement indicate that in vitro reactivity after the replacement of dental amalgam decreased significantly to inorganic mercury, silver, organic mercury and lead. All 6 patients with MS showed significant improvement in health.

Out of 15 patients with systemic lupus erythematosus (SLE) 11 (73%) had improvement of health.

Out of 8 patients with autoimmune thyroiditis 6 showed significant improvement in health (75%).

5 patients undergoing amalgam replacement had atopic eczema for which other studies have found more diverse factors in autoimmunity causes. 3 out of 5 of these patients had significant improvement in condition (60%).

Of the patients that did not have evidence of significant improvement, most tested immune reactive to nickel and the autoimmunity measure was not improved at the end of the study. For those whose condition was worse, the autoimmunity measure for nickel was higher at the end of the study- indicating that amalgam replacement did not resolve the source of nickel exposure.

Mutter J, Daschner F, et al, Amalgam risk assessment with coverage of references up to 2005] , *Gesundheitswesen.* 2005 Mar;67(3):204-16. [Article in German](Medline) Abstract

Dental Amalgam contributes substantially to human mercury load. Mercury accumulates in some organs, particularly in the brain, where it can bind to protein more tightly than other heavy metals (e. g. lead, cadmium). Therefore, the elimination half time is assumed to be up to 1-18 years in the brain and bones. Mercury is assumed to be one of the most toxic non-radioactive elements. There are pointers to show that mercury vapour is more neurotoxic than methyl-mercury in fish. Review of recent literature suggests that mercury from dental amalgam may lead to nephrotoxicity, neurobehavioural changes, autoimmunity, oxidative stress, autism, skin and mucosa alterations or non-specific symptoms and complaints. The development of Alzheimer's disease or multiple sclerosis has also been linked to low-dose mercury exposure. There may be individual genetical or acquired susceptibilities for negative effects from dental amalgam. Mercury levels in the blood, urine or other biomarkers do not reflect the mercury load in critical organs. Some studies regarding dental amalgam reveal substantial methodical flaws. Removal of dental amalgam leads to permanent improvement of various chronic complaints in a relevant number of patients in various trials. Summing up, available data suggests that dental amalgam is an unsuitable material for medical, occupational and ecological reasons.

Our patients support organization, DAMS Intl., has experience with thousands who have recovered from such conditions after amalgam replacment.

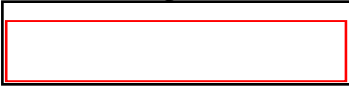
Documentation of the mechanisms by which dental amalgam is documented in the medical literature to cause these conditions and of thousands who have reovered from such conditions can be found at:

<http://www.home.earthlink.net/~berniewl/ms.html>

<http://www.home.earthlink.net/~bemiewl/indexa.html>

<http://www.home.earthlink.net/~bemiewl/hgremove.html>

(over 4,000 peer-reviewed medical studies cited)



DAMS Intl

From:

Sent: Saturday, April 08, 2006 2:16:00 AM

To: Brodsky, Jason D

Subject: Mercury in fillings.

Auto forwarded by a Rule

Dear Mr. Brodsky,

Thank you for your work and support of closely examining the use of mercury in fillings!! Please keep focused on the toxicity of mercury and remove dentists from being in charge of regulating mercury and its use in fillings!

Respectfully,

From: [REDACTED]
Sent: Saturday, April 08, 2006 7:50:39 AM
To: RLutter@fda.gov; Brodsky, Jason D

[REDACTED]

Auto forwarded by a Rule

Dear Mr. Lutter and Brodsky, I want to personally thank both of you for your interest in understanding the health consequences of mercury in dental amalgam. Please open your minds that mercury has similar toxic effects to us when found in amalgam as it has been shown to have when found in our water and air. Dentistry is becoming a larger contributor, percentage wise to the environmental load through discharge into clinic's wastewater. Thank you for looking at this issue without the dental community's input for there is long history there.

Beginning discussion about a known neurotoxin is both a noble and courageous move, my family applauds your agency in your efforts to protect our species. Mercury is the second most toxic element known to man after Plutonium with stricter standards on contamination of our water than any other heavy metal. The science has proven it's release from dental amalgams in the mouth, uptake into the body including the brain and kidneys, and neurologic and kidney impairment when found there. Dentists are effected and show higher rates of many neurologic impairments and are really no source of accurate information on the subject.

Again, thank you!!!

Sincerely,

[REDACTED]

From:

[Redacted]

Sent: Sunday, April 09, 2006 1:22:42 PM

To: Brodsky, Jason D

Subject: The long overdue investigation of mercury toxicity

Auto forwarded by a Rule

Dear Associate Commissioner Jason Brodsky,

Thank you so much for promoting the investigation of mercury toxicity! Please ensure the focus stays on this vital issue, and work to prevent *dentists* from being the party in control of the regulation of mercury fillings.

All the best,

[Redacted]

From:
Sent: Tuesday, April 11, 2006 9:04:30 PM
To: Brodsky, Jason D
Subject: Mercury and amalgam
Auto forwarded by a Rule

Dear Mr. Brodsky,

Thank you for supporting the efforts to prove or disprove whether or not amalgam is causing toxicity in humans.

Our organization's mission is to "eradicate the needless suffering of chemotherapy". The primary focus is in cancer therapy.

Substances like amalgam that have significant evidence suggesting toxicity must come under severe scrutiny in order to minimize the threats of carcinogens.

We support your efforts to pursue the FDA's long stated responsibility of "protecting the public health by assuring the safety, efficacy, and security of human and veterinary drugs, biological products, medical devices" which of course includes amalgam.

Regards,

To; Adjodha, Michael E

From

Michael, I had three teeth filled with silver fillings, and I kept reading that th mercury in these fillings could cause me harm, I finally paid a premium to have the fillings removed and replaced with non-toxic "plastic" replacements.

I was amazed when headaches I had been havinf disappeared within one week..

However I asked my dentist not to ever fill another tooth of mine with silver. Somehow with my next cavity I was distracted by converstion, but confident that I had asked the Dr. not to everuse silver fillings again. Nevertheless

when I finally started p;aying attention again..a new silver filling, which I plan to hve removed at a considerable expense to me-as I simply don't want another silver filling in my mouth. Incidentally it is also hard to find a dentist skilled in the removal of silver fillings, and the cost is high--the waiting period is high also--but a good and skilleed dentist, with experience can remove silver fillings without danger to either the dentist or the patient.

To: Adjodha, Michael E

From:

Thank you so much for addressing the mercury filling toxicity issue. Something needs to be done. We have too many other poisons in our world to deal with unfortunately. I'm grateful that you are taking a stand against this issue.

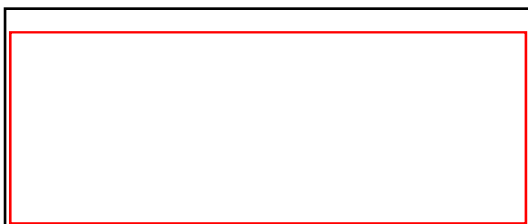
Thank you very much!

Dear Sir,

I am sending you an email to comment on my clinical experience with mercury and its devastating effect on the health of our society. As a natural medicine practitioner and clinical Thermographer I often take thermal imaging studies on patients with unknown causes of fatigue, body pain, digestive complaints, etc. In many cases, I will find these patients to have severe inflammatory processes going on with perioral inflammation draining into their lymphatic system. Now, I immediately ask about dental fillings and more often than not, they have a mouth full of mercury. After detoxification, most of their symptoms will subside.

I have included thermal images of one patient of note. She is an active, otherwise healthy 40 year old woman diagnosed with Fybromyalgia and chronic fatigue. She was miserable, couldn't sleep and was in constant systemic joint pain After scanning her and doing a history, I had nothing other than this persistent inflammation and perioral and digastric drainage so I asked one question: Do you have any mercury fillings? She opened her mouth and showed me a huge amount of mercury fillings. After 4 months of detoxification, this woman returned to her healthy active lifestyle. There is an insistance by the conventional medical community that mercury is not of issue and so many people are being denied proper treatment. By addressing this issue you will do a great service by bringing it to the attention of the AMA and ADA.

All the best



>From: [redacted]
>Sent: Thursday, April 13, 2006 10:54:59 AM
>To: Brodsky, Jason D
>Subject: support scientific investigation of dental amalgam fillings
>Auto forwarded by a Rule

Honorable FDA Commissioner Brodsky:

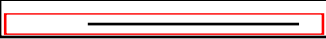
I appreciate your efforts to scientifically investigate the toxicity of health destroying dental amalgam fillings which are 50-52% toxic mercury(Hg)! Please keep ADA dentistry from being in charge of regulating the use of dental amalga

[redacted] [redacted]
[redacted] [redacted]
damaged from 16 Hg fillings, 4 of which were under gold crowns. It is long past time to ban them as has Switzerland and many European countries.

Yours for safe dentistry,

[redacted]

To: Adjodha, Michael E



Sent: Fri 4/14/2006 4:00 PM

I was recently scheduled to have a tooth cavity filled. The Dentist was questioned about the dangers of using Mercury as a filling. The Dentist said the dangers were minimal and that that's what he used in his own mouth. Also being that the cavity was adjacent to another mercury filling the new filling would mesh with the older filling better, if mercury was used. So I ended up with another mercury filling.

To: Adjodha, Michael E

From:

Subject: Mercury in Amalgam Filling

Sent: Fri 4/14/2006 4:04 PM

Michael, I cannot prove what follows but I am convinced that my wife developed Alzheimer's in about 6 years following a considerable number of fillings that were placed in her mouth when we moved to a new location and followed the recommendation of a new dentist.

I had tried for some time to convince her to change the dentist in her home town but it was impossible to do so. She could not refute the new man and agreed to allow the recommended work.

Little did I know that it would prove to be fatal. There is objective evidence in the literature of Mercury being involved in the development of Alzheimer's.

I took care of her personally for 10 years before she died in December 1997.

Foreign Countries have outlawed the practice. I also believe that the refusal of the ADA to change its stance is Liability Exposure. Sincerely, Albert Bonte