Demographic Information			
<u>Variable</u> IDNUM	Description ID Number	Coding	
RACE	Race	1= white	
		2= black	
SEX	Sex	1= male	
		2= female	
AGE_LAST	Age in years, completed years	Note: 20 represents 19 or 20	
		1= 1 to 2	
NUMHOUSE	Number of people in household	2= 3 or more	
SPOUSE	Spouse	1= yes, otherwise missing	
CHILDREN	Children	1= yes, otherwise missing	
OFFICER	Official	1= <15,000	
INCOME	Income category	2= 15,001-30,000	
	moomo sategory	3= > 30,000	
		1= working/ employed	
MAJORACT	Major activity	2= going to school	
	- <b>,</b>	3= other	
EMDLOV	Commonths and a said	1= no	
EMPLOY	Currently employed	2= yes	
		1= <20	
HRSWORK	Hours per week work	2= 20-39.9	
	·	3= 40+	
SUPER	Supervise others	1= yes	
SUPER	Supervise others	2= no	
		1= 0 to 4.99	
JOBYRS	Current job years	2= 5 to 9.99	
		3= 10 or more	
<b>Medical History</b>			
<u>Variable</u>	<u>Description</u>	<u>Coding</u>	
ACNE	Acne Grade	Scale of 1 to 5	
		3= yes	
IMP	Impetigo	1= no	
		9= unknown	
\/ A \ I	12.21	3= yes	
XAN	Lipid, xanthoma	1= no	
ADD	Abdomon	9= unknown	
ABD	Abdomen	1= normal	
		2= suspicious 3= abnormal	
		9= unknown	
		1= normal	
		2= suspicious	
BRUIT_LT	Left carotid bruit	3= abnormal	
		9= unknown	
-		1= normal	
DD11/7 D=	B. 1	2= suspicious	
BRUIT_RT	Right carotid bruit	3= abnormal	
		9= unknown	
-		<u> </u>	

<u>Variable</u>	<u>Description</u>	Coding
		1= normal
C_V	Cardiovascular	2= suspicious
_		3= abnormal
		9= unknown
		1= normal
EXTREM	Extremities (current disease)	2= suspicious
L/(II(LIVI	Extremited (darront diodace)	3= abnormal
		9= unknown
		1= normal
EYES	Current eye disease	2= suspicious
LILO	Our cirt cyc discase	3= abnormal
		9= unknown
		1= normal
ENT	Current ear, nose and throat	2= suspicious
□IN I	disease	3= abnormal
		9= unknown
		1= normal
NEOK	O	2= suspicious
NECK	Current neck disease	3= abnormal
		9= unknown
		1= non-palpable
		2= palpable non-suspicious
NODES	Current nodes	3= suspicious
NODEO	San Gire House	4= abnormal
		9= unknown
		1= normal
		2= suspicious
PULM	Pulmonary	3= abnormal
		9= unknown
		1= normal
		2= suspicious
SKIN	Current skin disease	3= abnormal
		9= unknown
		1= absent
TEETU	Ourse at the attention of	2= min
TEETH	Current teeth disease	3= moderate
		4= severe
		9= unknown
		1= normal
XAN_LAS	Xanthelasma	2= suspicious
70 11 1_27 10	, tantino ao ma	3= abnormal
		9= unknown
ANEMIA	Anemia	3= yes
/ (( <b>V</b>	Atternia	1= no
ANKLES	Ankles swollen	3= yes
/ (I VI \ L L U	/ WINGS SWOIICH	1= no
ASTHMA	Asthma	3= yes
AOTTIMA	ASUIIII	1= no
COLDFEET	Cold hand/feet	3= yes
		1= no

<u>Variable</u>	<u>Description</u>	Coding
COUGH	Constant cough	3= yes
		1= no
LCRAMP	Leg cramps	3= yes 1= no
-	<u> </u>	3= yes
LIVER	Liver trouble	1= no
		3= yes
RASH	Rash	1= no
-		3=yes
PENI	Currently taking Penicillin	1=no
	carrenay taning rememin	9=don't know
		3= yes
ANDROGEN	Taken androgens in past 30 days	1= no
	3 1	9= uncertain or unknown
		3= yes
CORTISON	Taken cortisone in past 30 days	1= no
	·	9= uncertain or unknown
		3= yes
SPH	Significant past history of disease	1= no
		9= unknown
		3= yes
ILLNESS	Past year serious illness	1= no
-		9= uncertain or unknown
	Ever had: heart trouble, chronic	
	chest condition, thyroid disorder,	3= yes
ANYILL	diabetes mellitus, kidney disease,	1= no
	cancer, heart attack, heart bypass surgery, angioplasty or angina	9= uncertain or unknown
-		3= yes
BP MED	Blood pressure medicine (self-	1= no
5 <u>_</u>	report)	9= don't know
		1= normal
N_A	Subjective nutritional appraisal	2= other
_	casjoon o namional appraisal	9= unknown
REPRODUCTIVE	HISTORY	
<u>Variable</u>	<u>Description</u>	<u>Coding</u>
EVER	Ever had menstrual cycle	3= yes
	Ever flad flieflottdal Gyole	1= no
DED105.3	0.00	3= yes
PERIODS	Still have periods	1= no
		9= uncertain
A N I \	A new leist at la server are	3= yes
ANYHORM	Any kind of hormone	1= no
		9= don't know
OC	Oral contracentives	3= yes 1= no
00	Oral contraceptives	9= don't know
		3- UUITE KITOW

<u>Variable</u>	Description	Coding
HORMONE	Hormones	3= yes 1= no 9= uncertain or unknown
PILL2	Medication to stop period	3= yes 1= no 9= uncertain
HYSTER	Hysterectomy	3= yes 1= no 9= uncertain
Family Hx <u>Variable</u>	<u>Description</u>	Coding
HFAM	Family heart trouble	3= yes 1= no
FALIVE	Father alive	3= yes 1= no
MALIVE	Mother alive	3= yes 1= no
GRADE_FA	Father's highest education level	1= grade 12 or GED 2= vo/tech or college or post graduate 9= don't know
GRADE_MO	Mother's highest education level	1= grade 12 or GED 2= vo/tech or college or post graduate 9= don't know
CVD_HX	Parental history of: angina pectoris, heart artery balloon treatment, artery bypass surgery, or heart attack	1= yes 2= no/ don't know
HBP_HX	Parental history of high blood pressure	1= yes 2= no/ don't know
ОТН_НХ	Parental history of: stroke, high blood cholesterol, sugar diabetes, or cancer	1= yes 2= no/ don't know
Anthropometric Variable BMI	<u>Description</u> Weight (m) / Height (kg) squared	Coding
CLOTHING	Clothing status for circumferences	1= exam gown 2= street clothes 3= other
AB_M	abdominal height (cm) - average of 2	
WAIST	waist circumference (cm) - average of 3	-
HIP	Hip circumference (cm) - average of 3	4
ARM_SS	Side measured subscapular	1= right 2= left 9= unknown
SSSF_AVG	subscapular skin fold (mm) - average of	
ARM_TR	Side measured triceps	1= right 2= left 9= unknown

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<u>Variable</u> TRSF AVG	<u>Description</u> triceps skin fold (mm) - average of 3	Coding
Blood Pressure /		
<u>Variable</u>	<u>Description</u>	Coding 1= Large
CSU1	Cuff size used – first station	2= Adult 3= Medium 4= Toddler
CSU2	Cuff size used - second station	1= Large 2= Adult 3= Medium 4= Toddler
RAC1	Right upper arm circumference (cm) 1	
RAC2	Right upper arm circumference (cm) 2	
RAL1	Right upper arm length (cm) 1	
RAL2	Right upper arm length (cm) 2	
ARM_BP1	Arm used first station	1= left 2= right 9= unknown
ARM_BP2	Arm used second station	1= left 2= right 9= unknown
SYSBAUM	Average of 6 SBP readings taken in 2 sets of 3 each	
DIASBAUM	Average of 6 4th phase DBP readings taken in 2 sets of 3 each	
PH5BAUM	Average of 6 5th phase DBP readings taken in 2 sets of 3 each	
PM_SYS	Average of 3 SBP- Pulsemetric machine	
PM_DIAS	Average of 3 DBP- Pulsemetric machine	
PM_MAP	Average of 3 MAP- Pulsemetric machine	
PULSE1	Pulse first reading (beats/30 seconds)	
PULSE2	Pulse second reading (beats/30 seconds)	
RHYTHM	ECG rhythm	1= normal 2= other 9= unknown
PWAVE	P-wave	1= normal 2= other 9= unknown
QRSCOMP	QRS complex	1=normal 2=other 9=unknown
TWAVE	ST-segment, T-wave	1= normal 2= other 9= unknown
ECGD	ECG Diagnosis	1= normal 2= suggestive 3= abnormal 9= unknown

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<u>Variable</u>	<u>Description</u>	Coding
CAD	Coronary artery disease	1= normal 2= ischemia 3= infarct 9= unknown
LVH	Left ventricular hypertrophy	1= normal 2= other 9= unknown
Tobacco Use Variable	<u>Description</u>	Coding 1= currently smoke
SMOKH	Cigarette smoking history	2= used to smoke 3= tried or <1/week 4= never
YEARSMO	Years smoking (number of years)	truncated at 20 years
DAY	Number of cigarettes per day	truncated at 40 per day
QUITSMOK	When quit smoking	1=<1 month 2=1-3 months 3=4-12 months
YEARSMO2	Years smoked	truncated at 20 years
USEDDAY	Cigarettes used to smoke per day	truncated at 40 per day
SMKWORK	Smoke in immediate work area	1= very 2= somewhat 3= not at all 4= NA
SMKOTHER	Other smoke at home	1= yes 2= no
ОТНТОВ	Use chewing tobacco, cigars, pipes or snuff; males only	1= yes 2= no
Alcohol Consum	ntion	
Variable	Description	Coding
DRINKH	Alcohol consumption history	1= did not drink last 12 months 2= did drink last 12 months
WHENDRK	When drink	1= weekdays 2= weekends 3= both
OFTENDRK	How often drink	1= 3 + times/week 2= 1-2 times/week 3= <1/week
DRKFIVE	In past month, how often had >=5 drinks at one time	0, 1, 2, 3, 4+
LONGDRK	How long drink (number of years)	truncated at 20 years
ALCOHOL	Ethanol per week	truncated at 200
<u> </u>		

<b>Physical Activity</b>		
<u>Variable</u>	<u>Description</u>	<u>Coding</u>
BLOCKS	Number of city blocks each day	
STAIRS	Number of flights of stairs each day	
CGWKDAY	Hours per typical weekday computer games	
CGWKEND	Hours per typical weekend computer games	
TVWKDAY	Hours per typical weekday watching TV	
TVWKEND	Hours per typical weekend watching TV	
SLPWKDAY	Hours sleeping weekday	
SLPWKEND	Hours sleeping weekend	
SITWKDAY	Hours sitting weekday	
SITWKEND	Hours sitting weekend	
LGTWKDAY	Hours light activity weekday	
LGTWKEND	Hours light activity weekend	
MODWKDAY	Hours moderate activity weekday	
MODWKEND	Hours moderate activity weekend	
VIGWKDAY	Hours vigorous activity weekday	
VIGWKEND	Hours vigorous activity weekend	
		0= N/A
PHYSACT1	Physical activity at work	1= inactive to
		5= very active
PHYSACT2	Physical activity outside of work	1= inactive to
	Triysical activity outside of work	5= very active
REGACTIV	Regular activity >=1 per week	1= yes 2= no
EXERWEEK	Number of times exercise per week	2= 110
LXLIXVLLIX	Number of times exercise per week	1= none
		2= <1/week
WTSFREQ	Weight lifting frequency	3= 1/week
WIOIILQ	Weight inting frequency	4= 2-3 times/week
		5= daily
		1= none
		2= <1/week
AEROFREQ	Aerobic dancing frequency	3= 1/week
71211311124		4= 2-3 times/week
		5= daily
AEROAMT	Minutes aerobic dance per session	•
	<u>'</u>	1= none
		2= <1/week
BASKFREQ	Basketball frequency	3= 1/week
	• •	4= 2-3 times/week
		5= daily
BASKAMT	Minutes basketball per session	•
-		1= none
		2= <1/week
BIKEFREQ	Bicycling frequency	3= 1/week
		4= 2-3 times/week
		5= daily
BIKEAMT	Miles bicycle per session	
	• •	

<u>Variable</u>	<u>Description</u>	Coding
GOLFFREQ	Golf frequency	1=none 2=<1/week 3=1/week 4=2-3 times/week 5=daily
GOLFAMT	Holes golf per session	,
JOGFREQ	Jogging frequency	1= none 2= <1/week 3= 1/week 4= 2-3 times/week 5= daily
JOGAMT	Miles jog per session	
SOCCFREQ	Soccer frequency	1= none 2= <1/week 3= 1/week 4= 2-3 times/week 5= daily
SOCCAMT	Minutes soccer per session	
SWIMFREQ	Swimming for laps frequency	1= none 2= <1/week 3= 1/week 4= 2-3 times/week 5= daily
SWIMAMT	Laps swim per session	
TENNFREQ	Tennis Frequency	1= none 2= <1/week 3= 1/week 4= 2-3 times/week 5= daily
TENNAMT	Minutes tennis per session	
WALKFREQ	Walking for exercise frequency	1= none 2= <1/week 3= 1/week 4= 2-3 times/week 5= daily
WALKAMT	Miles walk per session	
Lab values <u>Variable</u>	<u>Description</u>	<u>Coding</u> 3= yes
UR_COL	Urine collected	1= no 9= unknown
MENS	Currently menstruating	3= yes 1= no 9= unknown
APPEAR	Urine appearance	1= clean 2= cloudy 3= unknown
U_ALB	Urinary albumin	
U_CREAT	Urinary creatinine	

<u>Variable</u>	<u>Description</u>	Coding
PH	Urine ph	5.0 6.0 6.5 7.0 7.5 8.0 8.5 9.9= unknown
COLOR	Urine color	1= straw 2= brown 3= red 9= unknown
DEBRIS	Urine debris	1= no 3= yes 9= unknown
BLOOD	Urine blood	1= negative 2= non-hemolyzed trace 3= non-hemolyzed moderate 4= hemolyzed trace 5= small 6= moderate 7= large 9= unknown
BILIRUBN	Urine bilirubin	1= negative 3= small/ trace 4= moderate 5= large 9= unknown
GLUCURN	Glucose in urine	1= negative 2= 1/10 (trace) 3= 1/4 4= 1/2 5= 1 6= 2 or more 9= unknown
KETONES	Urine ketones	1= 1(negative) 2= 5(trace) 3= 15(small) 4= 40(moderate) 5= 80 6= 160 9= unknown
PROTEIN	Urine protein	1= negative 2= trace 3= 30 4= 100 5= 300 6= >2000 9= unknown
TURBID	Serum turbidity	

1= 0.2 2= 1	
UROBILI Urine urobilinogen  3= 2 4= 4 5= 8 9= unknown	
BL_SD Blood sample drawn 1= no 9= don't know	
FAST Fasting sample 3= yes 1= no 9= don't know	
ALBX Albumin g/dL (x.x)	
ALKX Alakaline phosphatase IU/L (xxx)	
BILIX Total bilirubin mg/dl (x.x)	
BUN BUN mg/dL (xx)	
BUNCREAX Bun/creatining ratio (xx.x)	
CALCX Calcium mg/dl (xx.x)	
CHYL Chlyomicrons	
CLX Chloride mEq/L (xxx)	
CREATX Creatinine mg/dl (x.x)	
GGTX Gamma G Transferase IU/L (xx)	
GLOBX Globulin g/dl (x.x)	
GLUCOSE Blood Glucose in our lab	
HB_QUAN Hemoglobin (xx.x)	
HC_PCT Hematocrit (xx.x)	
HDL_C High-density Lipoprotein cholesterol	
INSULIN Fasting Plasma Insulin	
IRON Iron mcg/dL (xxx)	
KAX Potassium mEq/L (x.x)	
LDL_C Low-density lipoprotein cholesterol	
NAX Sodium mEq/L (xxx)	
PHOSX Phosphorus mg/dl (x.x)	
PL_CNT Platelet count (xxx)	
RBC Red blood cells (x.xx)	_
RPRDX Total protein g/dl (x.x)	
SGOTX SGOT IU/L (xx)	
SGPTX SGPT IU/L (xx)	
TOT_C1 Total cholesterol	
TRIGLY1 Triglycerides	
URICX Uric acid mg/dl (xx.x)	_
VLDL_C 0.222*PREBP_LP	
WBC White blood cells (xx.x)	
WBCBA % WBC that are BA (xx.x)	
WBCEO % WBC that are EO (xx.x)	
WBCLY % WBC that are LY (xx.x)	
WBCMO % WBC that are MO (xx.x)	
WBCNE % WBC that are NE (xx.x)	