Coding Guide for Bogalusa Heart Study- 1995-7 Cross-sectional Study

| Demographic Information |  |  |
| :---: | :---: | :---: |
| Variable | Description | Coding |
| IDNUM | ID Number |  |
| RACE | Race | 1= white |
|  |  | 2= black |
| SEX | Sex | 1 = male |
|  |  | 2= female |
| AGE_LAST | Age in years, completed years | Note: 20 represents 19 or 20 |
| NUMHOUSE | Number of people in household | $1=1$ to 2 |
|  |  | $2=3$ or more |
| SPOUSE | Spouse | 1= yes, otherwise missing |
| CHILDREN | Children | 1 = yes, otherwise missing |
| INCOME | Income category | 1 - < 15,000 |
|  |  | $2=15,001-30,000$ |
|  |  | $3=>30,000$ |
| MAJORACT | Major activity | 1 = working/ employed |
|  |  | $2=$ going to school |
|  |  | 3= other |
| EMPLOY | Currently employed | $1=$ no |
|  |  | $2=$ yes |
| HRSWORK | Hours per week work | $1=<20$ |
|  |  | $2=20-39.9$ |
|  |  | $3=40+$ |
| SUPER | Supervise others | $1=$ yes |
|  |  | $2=$ no |
| JOBYRS | Current job years | 1=0 to 4.99 |
|  |  | $2=5$ to 9.99 |
|  |  | $3=10$ or more |


| Medical History <br> Variable | Description |  |
| :--- | :--- | :--- |
| ACNE | Acne Grade | Coding <br> Scale of 1 to 5 |
| IMP | Impetigo | $3=$ yes |
|  |  | $1=$ no |
| $9=$ unknown |  |  |

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| :---: | :---: | :---: |
| C_V | Cardiovascular | 1= normal <br> 2= suspicious <br> 3= abnormal <br> 9= unknown |
| EXTREM | Extremities (current disease) | $\begin{aligned} & 1=\text { normal } \\ & 2=\text { suspicious } \\ & 3=\text { abnormal } \\ & 9=\text { unknown } \end{aligned}$ |
| EYES | Current eye disease | $\begin{aligned} & 1=\text { normal } \\ & 2=\text { suspicious } \\ & 3=\text { abnormal } \\ & 9=\text { unknown } \\ & \hline \end{aligned}$ |
| ENT | Current ear, nose and throat disease | $\begin{aligned} & \hline 1=\text { normal } \\ & 2=\text { suspicious } \\ & 3=\text { abnormal } \\ & 9=\text { unknown } \end{aligned}$ |
| NECK | Current neck disease | 1= normal <br> $2=$ suspicious <br> 3= abnormal <br> 9= unknown |
| NODES | Current nodes | $\begin{aligned} & 1=\text { non-palpable } \\ & 2=\text { palpable non-suspicious } \\ & 3=\text { suspicious } \\ & 4=\text { abnormal } \\ & 9=\text { unknown } \end{aligned}$ |
| PULM | Pulmonary | 1= normal <br> 2= suspicious <br> 3= abnormal <br> 9= unknown |
| SKIN | Current skin disease | $\begin{aligned} & 1=\text { normal } \\ & 2=\text { suspicious } \\ & 3=\text { abnormal } \\ & 9=\text { unknown } \end{aligned}$ |
| TEETH | Current teeth disease | $\begin{aligned} & 1=\text { absent } \\ & 2=\text { min } \\ & 3=\text { moderate } \\ & 4=\text { severe } \\ & 9=\text { unknown } \end{aligned}$ |
| XAN_LAS | Xanthelasma | $\begin{aligned} & 1=\text { normal } \\ & 2=\text { suspicious } \\ & 3=\text { abnormal } \\ & 9=\text { unknown } \end{aligned}$ |
| ANEMIA | Anemia | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \end{aligned}$ |
| ANKLES | Ankles swollen | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \end{aligned}$ |
| ASTHMA | Asthma | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \end{aligned}$ |
| COLDFEET | Cold hand/feet | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \end{aligned}$ |

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| :---: | :---: | :---: |
| COUGH | Constant cough | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \end{aligned}$ |
| LCRAMP | Leg cramps | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \end{aligned}$ |
| LIVER | Liver trouble | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \end{aligned}$ |
| RASH | Rash | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \end{aligned}$ |
| PENI | Currently taking Penicillin | $\begin{aligned} & \hline 3=\text { yes } \\ & 1=\text { no } \\ & 9=\text { don't know } \end{aligned}$ |
| ANDROGEN | Taken androgens in past 30 days | $\begin{aligned} & \hline 3=\text { yes } \\ & 1=\text { no } \\ & 9=\text { uncertain or unknown } \end{aligned}$ |
| CORTISON | Taken cortisone in past 30 days | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \\ & 9=\text { uncertain or unknown } \end{aligned}$ |
| SPH | Significant past history of disease | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \\ & 9=\text { unknown } \end{aligned}$ |
| ILLNESS | Past year serious illness | $\begin{aligned} & \hline 3=\text { yes } \\ & 1=\text { no } \\ & 9=\text { uncertain or unknown } \end{aligned}$ |
| ANYILL | Ever had: heart trouble, chronic chest condition, thyroid disorder, diabetes mellitus, kidney disease, cancer, heart attack, heart bypass surgery, angioplasty or angina | $\begin{aligned} & 3=\text { yes } \\ & 1=\text { no } \\ & 9=\text { uncertain or unknown } \end{aligned}$ |
| BP_MED | Blood pressure medicine (selfreport) | $\begin{aligned} & \hline 3=\text { yes } \\ & 1=\text { no } \\ & 9=\text { don't know } \end{aligned}$ |
| N_A | Subjective nutritional appraisal | $1=$ normal <br> 2= other <br> 9= unknown |

## REPRODUCTIVE HISTORY

| Variable | Description | $\frac{\text { Coding }}{3=\text { yes }}$ <br> $1=$ no |
| :--- | :--- | :--- |
| EVER | Ever had menstrual cycle | $3=$ yes <br> $1=$ no <br> $9=$ uncertain |
| PERIODS | Still have periods | $3=$ yes <br> $1=$ no <br> $9=$ don't know |
|  | Any kind of hormone | $3=$ yes <br> $1=$ no <br> $9=$ don't know |
| OC | Oral contraceptives |  |

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| :---: | :---: | :---: |
|  |  | 3= yes |
| HORMONE | Hormones | 1 = no |
|  |  | 9= uncertain or unknown |
| PILL2 | Medication to stop period | 3= yes |
|  |  | $1=$ no |
|  |  | 9= uncertain |
| HYSTER | Hysterectomy | 3= yes |
|  |  | $1=$ no |
|  |  | 9= uncertain |


| Family Hx |  |  |
| :---: | :---: | :---: |
| HFAM | Family heart trouble | 3= yes |
|  |  | $1=$ no |
| FALIVE | Father alive | $3=$ yes |
| MALIVE |  |  |
|  | Mother alive | 3= yes |
|  |  | $1=$ no |
| GRADE_FA | Father's highest education level | 1 = grade 12 or GED |
|  |  | $2=$ vo/tech or college or post graduate <br> 9= don't know |
| GRADE_MO | Mother's highest education level | $1=$ grade 12 or GED |
|  |  | $2=$ vo/tech or college or post graduate 9= don't know |
| CVD_HX | Parental history of: angina pectoris, heart artery balloon treatment, artery bypass surgery, or heart attack |  |
|  |  | 2= no/don't know |
| HBP_HX | Parental history of high blood pressure | 1= yes |
|  |  | $2=\mathrm{no} /$ don't know |
| OTH_HX | Parental history of: stroke, high blood cholesterol, sugar diabetes, or cancer | $1=$ yes |
|  |  | $2=\mathrm{no} /$ don't know |

## Anthropometric

| Variable BMI | Description <br> Weight (m)/ Height (kg) squared | Coding |
| :---: | :---: | :---: |
| CLOTHING | Clothing status for circumferences | $\begin{aligned} & 1=\text { exam gown } \\ & 2=\text { street clothes } \\ & 3=\text { other } \end{aligned}$ |
| AB_M | abdominal height (cm) - average of 2 |  |
| WAIST | waist circumference (cm) - average of 3 |  |
| HIP | Hip circumference (cm) - average of 3 |  |
| ARM_SS | Side measured subscapular | $\begin{aligned} & 1=\text { right } \\ & 2=\text { left } \\ & 9=\text { unknown } \\ & \hline \end{aligned}$ |
| SSSF_AVG | subscapular skin fold (mm) - average of 3 |  |
| ARM_TR | Side measured triceps | $\begin{aligned} & 1=\text { right } \\ & 2=\text { left } \\ & 9=\text { unknown } \end{aligned}$ |



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| :---: | :---: | :---: |
| CAD | Coronary artery disease | $\begin{aligned} & 1=\text { normal } \\ & 2=\text { ischemia } \\ & 3=\text { infarct } \\ & 9=\text { unknown } \end{aligned}$ |
| LVH | Left ventricular hypertrophy | $\begin{aligned} & 1=\text { normal } \\ & 2=\text { other } \\ & 9=\text { unknown } \end{aligned}$ |
| Tobacco Use Variable | Description | Coding |
| SMOKH | Cigarette smoking history | $\begin{aligned} & 1=\text { currently smoke } \\ & 2=\text { used to smoke } \\ & 3=\text { tried or }<1 / \text { week } \\ & 4=\text { never } \end{aligned}$ |
| YEARSMO | Years smoking (number of years) | truncated at 20 years |
| DAY | Number of cigarettes per day | truncated at 40 per day |
| QUITSMOK | When quit smoking | $\begin{aligned} & 1=<1 \text { month } \\ & 2=1-3 \text { months } \\ & 3=4-12 \text { months } \end{aligned}$ |
| YEARSMO2 | Years smoked | truncated at 20 years |
| USEDDAY | Cigarettes used to smoke per day | truncated at 40 per day |
| SMKWORK | Smoke in immediate work area | $\begin{aligned} & \text { 1= very } \\ & 2=\text { somewhat } \\ & 3=\text { not at all } \\ & 4=\text { NA } \end{aligned}$ |
| SMKOTHER | Other smoke at home | $\begin{aligned} & 1=\text { yes } \\ & 2=\text { no } \end{aligned}$ |
| OTHTOB | Use chewing tobacco, cigars, pipes or snuff; males only | $\begin{aligned} & 1=\text { yes } \\ & 2=\text { no } \\ & \hline \end{aligned}$ |
| Alcohol Cons | tion |  |
| Variable | Description | Coding $1=$ did |
| DRINKH | Alcohol consumption history | $1=$ did not drink last 12 months $2=$ did drink last 12 months |
| WHENDRK | When drink | $\begin{aligned} & 1=\text { weekdays } \\ & 2=\text { weekends } \\ & 3=\text { both } \end{aligned}$ |
| OFTENDRK | How often drink | $\begin{aligned} & 1=3+\text { times/week } \\ & 2=1-2 \text { times/week } \\ & 3=<1 / \text { week } \end{aligned}$ |
| DRKFIVE | In past month, how often had >=5 drinks at one time | 0, 1, 2, 3, 4+ |
| LONGDRK | How long drink (number of years) | truncated at 20 years |
| ALCOHOL | Ethanol per week | truncated at 200 |

## Physical Activity

| Variable | Description | Coding |
| :---: | :---: | :---: |
| BLOCKS | Number of city blocks each day |  |
| STAIRS | Number of flights of stairs each day |  |
| CGWKDAY | Hours per typical weekday computer games |  |
| CGWKEND | Hours per typical weekend computer games |  |
| TVWKDAY | Hours per typical weekday watching TV |  |
| TVWKEND | Hours per typical weekend watching TV |  |
| SLPWKDAY | Hours sleeping weekday |  |
| SLPWKEND | Hours sleeping weekend |  |
| SITWKDAY | Hours sitting weekday |  |
| SITWKEND | Hours sitting weekend |  |
| LGTWKDAY | Hours light activity weekday |  |
| LGTWKEND | Hours light activity weekend |  |
| MODWKDAY | Hours moderate activity weekday |  |
| MODWKEND | Hours moderate activity weekend |  |
| VIGWKDAY | Hours vigorous activity weekday |  |
| VIGWKEND | Hours vigorous activity weekend |  |
| PHYSACT1 | Physical activity at work | $\begin{aligned} & 0=\mathrm{N} / \mathrm{A} \\ & 1=\text { inactive to } \\ & 5=\text { very active } \end{aligned}$ |
| PHYSACT2 | Physical activity outside of work | $1=$ inactive to $5=$ very active |
| REGACTIV | Regular activity >=1 per week | $\begin{aligned} & 1=\text { yes } \\ & 2=\text { no } \end{aligned}$ |
| EXERWEEK | Number of times exercise per week |  |
| WTSFREQ | Weight lifting frequency | $\begin{aligned} & 1=\text { none } \\ & 2=<1 / \text { week } \\ & 3=1 / \text { week } \\ & 4=2-3 \text { times/week } \\ & 5=\text { daily } \end{aligned}$ |
| AEROFREQ | Aerobic dancing frequency | $\begin{aligned} & 1=\text { none } \\ & 2=<1 / \text { week } \\ & 3=1 / \text { week } \\ & 4=2-3 \text { times/week } \\ & 5=\text { daily } \end{aligned}$ |


| AEROAMT | Minutes aerobic dance per session |  |
| :--- | :--- | :--- |
|  |  | $1=$ none |
|  |  | $2=<1 /$ week |
| BASKFREQ | Basketball frequency | $3=1 /$ week |
|  |  | $4=2-3$ times/week |
|  |  | $5=$ daily |
| BASKAMT | Minutes basketball per session |  |
|  |  | $1=$ none |
| BIKEFREQ | Bicycling frequency | $2=<1 /$ week |
|  |  | $3=1 /$ week |
|  |  | $4=2-3$ times/week |
|  |  | $5=$ daily |

BIKEAMT Miles bicycle per session

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| :---: | :---: | :---: |
| PH | Urine ph | 5.0 |
|  |  | 6.0 |
|  |  | 6.5 |
|  |  | 7.0 |
|  |  | 7.5 |
|  |  | 8.0 |
|  |  | 8.5 |
|  |  | 9.9 = unknown |
| COLOR | Urine color | 1= straw |
|  |  | 2= brown |
|  |  | $3=$ red |
|  |  | 9= unknown |
| DEBRIS | Urine debris | $1=$ no |
|  |  | $3=$ yes |
|  |  | 9= unknown |
| BLOOD | Urine blood | 1 = negative |
|  |  | 2= non-hemolyzed trace |
|  |  | $3=$ non-hemolyzed moderate |
|  |  | $4=$ hemolyzed trace |
|  |  | $5=$ small |
|  |  | 6= moderate |
|  |  | $7=$ large |
|  |  | 9= unknown |
| BILIRUBN | Urine bilirubin | 1= negative |
|  |  | 3= small/ trace |
|  |  | 4= moderate |
|  |  | 5= large |
|  |  | 9= unknown |
| GLUCURN | Glucose in urine | 1= negative |
|  |  | $2=1 / 10$ (trace) |
|  |  | $3=1 / 4$ |
|  |  | $4=1 / 2$ |
|  |  | $5=1$ |
|  |  | $6=2$ or more |
|  |  | 9= unknown |
| KETONES | Urine ketones | $1=1$ (negative) |
|  |  | $2=5$ (trace) |
|  |  | $3=15$ (small) |
|  |  | $4=40$ (moderate) |
|  |  | $5=80$ |
|  |  | $6=160$ |
|  |  | 9= unknown |
| PROTEIN | Urine protein | $1=$ negative |
|  |  | 2= trace |
|  |  | $3=30$ |
|  |  | $4=100$ |
|  |  | $5=300$ |
|  |  | $6=>2000$ |
|  |  | 9= unknown |
| TURBID | Serum turbidity |  |



