

**TOHP I
Combined Lifestyle & Supplement Data Collection Visits**

	Screening				Suppl Only	All		Supplement Only				Supplements Stage II				Lifestyle Only			Supplements Stage II				Lifestyle Only						
	S	S	S	S		3	6	F	F	F	F	Screening	Rand	12		6	3	6	18		24								
Months	1	2	3	V	6 WKS P01	0 1	0 2	0 3	0 4	10 WK Washout	0 5	0 6	0 7	0 8	0 9	1 0	1 1	6 WKS P02	1 2	1 3	1 4	1 5	1 6	1 7	1 8	1 9	2 0	2 1	
SV1	A																												
SV2		A																											
SV3			A																										
Preliminary Allocation			H																										
Status Review				A																									
Checklist						A	A	P	P		P	P	P	P	L	L	L		P	P	P	P	L	L	L	L	L	L	
BP						A	A	P	P		P	P	P		L	L	L		P	P	P	P	L	L	L	L	L	L	
Weight	A		A			A	A				P		P		L				P	P			L			L			
Demographic	A																												
Health Experience							P				P				L					P			L			L			
Prescription Drug							A				P				L					P			L			L			
Physical Activity		A					P								L					P			L						
General Well-Being Scale		A					A													P			L						
Occupational Data							P								L														
Hassles Scale		S					S																S						
Cardiovascular Reactivity				S			S																S						
Anthropometric				W			W																W						
Side Effects			P	P	P	P			P		P							P	P			P							
Pill Count				P	P	P			P		P							P	P			P							
F06												P																	
F07													P																
F8													P																
Food Frequency			A				P													P			L						
24 Hour Recall			A				A													P			L						
Blood			A			P	P					P		X				F	F			X							
24 Hour Urine			A	A		P	A					P		L				P	P			L							

A=All; H=Hybrid Clinics; L=All Lifestyle; P=Supplements; F=Fish Oil Only (collected on all supplement cases but analyzed on 50% or fishoil and placebo participants); S=Stress+Control Sample+Sample; W=Weight & High Weight Control Sample & Sample; X=All High Weight Lifestyle & Control at Weight Clinics

Other Forms: Missed Visit; BP Safety Monitoring 1-3; Provisional Termination BP 1-3, Status Update, Death

TOHP I
Lifestyle Intervention Data Collection Visits

Months	Screening				Follow-up											
	3	6	12		18			24								
Forms	S V 1	S V 2	S V 3	S R V	F 0 1	F 0 2	F 0 9	F 1 0	F 1 1	F 1 6	F 1 7	F 1 8	F 1 9	F 2 0	F 2 1	
SV1	L															
SV2		L														
SV3			L													
Preliminary Allocation			H													
Status Review				L												
Checklist					L	L	L	L	L	L	L	L	L	L	L	
BP					L	L	L	L	L	L	L	L	L	L	L	
Weight	L		L		L	L	L			L			L			
Demographic	L															
Health Experience							L			L			L			
Prescription Drug						L	L			L			L			
Physical Activity		L					L			L						
General Well-Being Scale		L				L				L						
Occupational Data							L									
Hassles Scale		S				S				S						
Cardiovascular Reactivity				S		S				S						
Anthropometric				W		W				W						
Food Frequency			L							L						
24 Hour Recall			L			L				L						
Blood			L				X			X						
24 Hour Urine			L	L		L	L			L						

H=Hybrid Clinics; L=All Lifestyle; S=Stress+Control Sample+Sample; W=Weight & High Weight Control Sample & Sample; X=All High Weight Lifestyle & Control at Weight Clinics

Other Forms: Missed Visit; BP Safety Monitoring 1-3; Provisional Termination BP 1-3, Status Update, Death

TOHP I
Supplement Intervention Data Collection Visits

	Screening				Stage I				10 Wk Washout	Supplements Stage II				Stage II					
	S	S	S	S	6	3	6	6		Screening	Rand	6	3	6	6				
Months	V	V	V	R	WKS	F	F	F	F	F	F	F	F	WKS	F	F	F	F	
Forms	1	2	3	V	P01	1	2	3	4	5	6	7	8	P02	2	3	4	5	
SV1	P																		
SV2		P																	
SV3			P																
Preliminary Allocation			H																
Status Review				P															
Checklist						P	P	P	P		P	P	P	P		P	P	P	P
BP						P	P	P	P		P	P	P		P	P	P	P	
Weight	P		P			P	P				P		P		P	P			
Demographic	P																		
Health Experience							P				P					P			
Prescription Drug							P				P					P			
Physical Activity		P					P									P			
General Well-Being Scale		P					P									P			
Occupational Data							P												
Side Effects			P	P	P	P			P		P				P	P		P	
Pill Count				P	P	P			P		P				P	P		P	
F06												P							
F07													P						
F8													P						
Food Frequency			P				P									P			
24 Hour Recall			P				P									P			
Blood			P			P	P						P		F	F			
24 Hour Urine			P	P		P	P						P		P	P			

H=Hybrid Clinics; P=Supplements; F=Fish Oil Only (collected on all supplement cases but analyzed on 50% or fish oil and placebo participants)

Other Forms: Missed Visit; BP Safety Monitoring 1-3; Provisional Termination BP 1-3, Status Update, Death