

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
2	addqmealsperday1c	Num	Added diet qu:Meals Per Day		6224	1	9
2	addqeatout1c	Num	Added diet qu:Number of times eating out/week		6222	0	9
3 -- 12	frqpeach1	Num	freq1:peaches		6229	0	8
3 -- 12	frqcantaloupe1	Num	freq2:cantaloupe		6225	0	8
3 -- 12	frqstrawberries1	Num	freq3:strawberries		6220	0	8
3 -- 12	frqapple1	Num	freq4:apples		6236	0	8
3 -- 12	frqbanana1	Num	freq5:bananas		6219	0	8
3 -- 12	frqorange1	Num	freq6:oranges		6223	0	8
3 -- 12	frqdriedfruit1	Num	freq7:driedfruit		6217	0	8
3 -- 12	frqotherfruit1	Num	freq8:otherfruit		6232	0	8
3 -- 12	frqorangejuice1	Num	freq9:orangejuice		6231	0	8
3 -- 12	frqotherjuice1	Num	freq10:otherjuice		6230	0	8
3 -- 12	frqeggs1	Num	freq11:eggs_etc		6227	0	8
3 -- 12	frqsausage1	Num	freq12:sausage		6227	0	8
3 -- 12	frqpancake1	Num	freq13:pancakes		6211	0	8
3 -- 12	frqoatmeal1	Num	freq14:oatmeal		6201	0	8
3 -- 12	frqhotcereal1	Num	freq15:otherhotcereal		6223	0	8
3 -- 12	frqcoldcereal1	Num	freq16:coldcereal		6226	0	8
3 -- 12	frqwhitebread1	Num	freq17:whitebread		6226	0	8
3 -- 12	frqdarkbread1	Num	freq18:darkbread		6229	0	8
3 -- 12	frqbranmuffin1	Num	freq19:branmuffins		6198	0	8
3 -- 12	frqbiscuit1	Num	freq20:biscuits		6222	0	8
3 -- 12	frqmargarine1	Num	freq21:margarineonrolls		6219	0	8
3 -- 12	frqbutter1	Num	freq22:butteronrolls		6223	0	8
3 -- 12	frqchips1	Num	freq23:chips		6231	0	8
3 -- 12	frqcrackers1	Num	freq24:crackers		6227	0	8
3 -- 12	frqnuts1	Num	freq25:nuts		6214	0	8
3 -- 12	frqsunflower1	Num	freq26:sunflowerseeds		6204	0	8
3 -- 12	frqpeanuts1	Num	freq27:peanuts		6229	0	8
3 -- 12	frqcottage1	Num	freq28:cottagecheese		6227	0	7
3 -- 12	frqcheddar1	Num	freq29:cheddar_etc		6231	0	8
3 -- 12	frqplainyogurt1	Num	freq30:plainyogurt		6228	0	7
3 -- 12	frqflavyogurt1	Num	freq31:flavoredyogurt		6231	0	7
3 -- 12	frqcreamsoup1	Num	freq32:creamsoup		6231	0	7
3 -- 12	frqpeasoup1	Num	freq33:peasoup		6226	0	8
3 -- 12	frqmisosoup1	Num	freq34:misosoup		6206	0	7
3 -- 12	frqothersoup1	Num	freq35:othersoup		6229	0	8
3 -- 12	frqlettuce1	Num	freq36:lettucesalad		6234	0	8
3 -- 12	frqspinach1	Num	freq37:spinachsalad		6235	0	8
3 -- 12	frqtomato1	Num	freq38:tomatoes		6230	0	8
3 -- 12	frqavacado1	Num	freq39:avacado		6200	0	8
3 -- 12	frqcarrot1	Num	freq40:carrots		6217	0	8
3 -- 12	frqbroccoli1	Num	freq41:broccoli		6232	0	8
3 -- 12	frqgreenbean1	Num	freq42:greenbeans		6222	0	8
3 -- 12	frqhominy1	Num	freq43:hominy		6196	0	8
3 -- 12	frqsquash1	Num	freq44:squash		6202	0	8

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
3 -- 12	frqbean1	Num	freq45:beans		6230	0	8
3 -- 12	frqotherveg1	Num	freq46:otherveg		6232	0	8
3 -- 12	frqwhiterice1	Num	freq47:whiterice		6222	0	8
3 -- 12	frqbrownrice1	Num	freq48:brownrice		6204	0	8
3 -- 12	frqfriedrice1	Num	freq49:friedrice		6213	0	8
3 -- 12	frqfries1	Num	freq50:frenchfries		6234	0	8
3 -- 12	frqpotato1	Num	freq51:potato		6237	0	8
3 -- 12	frqsweetpotato1	Num	freq52:sweetpotato		6227	0	8
3 -- 12	frqbutteronveg1	Num	freq53:butteronvegpota		6229	0	8
3 -- 12	frqnoodles1	Num	freq54:orientalnoodle		6234	0	8
3 -- 12	frqdumplings1	Num	freq55:chineseedumplin		6232	0	7
3 -- 12	frqchowmein1	Num	freq56:chowmein		6222	0	7
3 -- 12	frqstirfrdbeef1	Num	freq57:stirfriedbeef		6228	0	8
3 -- 12	frqstirfrdshrimp1	Num	freq58:stirfriedshrimp		6224	0	8
3 -- 12	frqstirfrdtofu1	Num	freq59:stirfriedtofu		6223	0	8
3 -- 12	frqstirfrdveg1	Num	freq60:stirfriedveg		6228	0	8
3 -- 12	frqburrito1	Num	freq61:burritos		6227	0	7
3 -- 12	frqmburrito1	Num	freq62:burritos_wmeat		6233	0	8
3 -- 12	frqenchilada1	Num	freq63:enchiladas		6219	0	8
3 -- 12	frqmenchilada1	Num	freq64:enchilada_wmeat		6231	0	8
3 -- 12	frqpicadillo1	Num	freq65:picadillo		6217	0	8
3 -- 12	frqarrozpollo1	Num	freq66:arrozconpollo		6206	0	7
3 -- 12	frqmchile1	Num	freq67:chile_wmeat		6234	0	8
3 -- 12	frqredchile1	Num	freq68:redchilew_meat		6213	0	8
3 -- 12	frqgreenchile1	Num	freq69:greenchilew_meat		6211	0	8
3 -- 12	frqfriedbeans1	Num	freq70:refriedbeans		6225	0	8
3 -- 12	frqsalsa1	Num	freq71:salsa		6222	0	8
3 -- 12	frqtortilla1	Num	freq72:tortilla		6223	0	8
3 -- 12	frqcreampasta1	Num	freq73:pasta_creamsauce		6232	0	8
3 -- 12	frqmeatpasta1	Num	freq74:pasta_creamsaucewmeat		6226	0	7
3 -- 12	frqtomatopasta1	Num	freq75:pasta_tomatosauce		6226	0	7
3 -- 12	frqmtomatopasta1	Num	freq76:pasta_toamatsaucewmeat		6218	0	7
3 -- 12	frqpizza1	Num	freq77:pizza		6161	0	7
3 -- 12	frqmeatstew1	Num	freq78:meatstew		6232	0	8
3 -- 12	frqfishstew1	Num	freq79:fishstew		6217	0	7
3 -- 12	frqchickensalad1	Num	freq80:chickensalad_etc		6222	0	8
3 -- 12	frqpastasalad1	Num	freq81:pastasalad_etc		6222	0	7
3 -- 12	frqhamburger1	Num	freq82:hamburger		6237	0	7
3 -- 12	frqsteak1	Num	freq83:steak		6229	0	8
3 -- 12	frqhocks1	Num	freq84:hamhocks		6227	0	7
3 -- 12	frqham1	Num	freq85:ham		6232	0	8
3 -- 12	frqroastchicken1	Num	freq86:roastedchicken		6230	0	8
3 -- 12	frqfriedchicken1	Num	freq87:friedchicken		6234	0	8
3 -- 12	frqliver1	Num	freq88:liver		6232	0	8
3 -- 12	frqgravy1	Num	freq89:gravy		6232	0	8
3 -- 12	frqfriedfish1	Num	freq90:friedfish		6220	0	7

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
3 -- 12	frqshrimp1	Num	freq91:shrimp		6226	0	8
3 -- 12	frqtuna1	Num	freq92:tuna		6231	0	7
3 -- 12	frqboiledfish1	Num	freq93:boiledfish		6219	0	8
3 -- 12	frqjelly1	Num	freq94:sugaronbread		6226	0	8
3 -- 12	frqicecream1	Num	freq95:icecream		6226	0	8
3 -- 12	frqfrozenyogurt1	Num	freq96:frozenyogurt		6228	0	8
3 -- 12	frqtofudessert1	Num	freq97:tofudessert		6221	0	8
3 -- 12	frqwhitedonuts1	Num	freq98:whitedonuts		6232	0	8
3 -- 12	frqchocdonuts1	Num	freq99:chocdonuts		6235	0	8
3 -- 12	frqpie1	Num	freq100:pies		6229	0	7
3 -- 12	frqpudding1	Num	freq101:pudding		6221	0	8
3 -- 12	frqcandy1	Num	freq102:candy		6230	0	8
3 -- 12	frqwholemilk1	Num	freq103:wholemilk		6224	0	8
3 -- 12	frqmilk2pct1	Num	freq104:milk2pct		6215	0	8
3 -- 12	frqskimmilk1	Num	freq105:skimmilk		6228	0	8
3 -- 12	frqsweetmilk1	Num	freq106:sweetconds milk		6231	0	8
3 -- 12	frqsoymilk1	Num	freq107:soymilk		6219	0	8
3 -- 12	frqsoda1	Num	freq108:soda		6227	0	8
3 -- 12	frqdietsoda1	Num	freq109:dietsoda		6230	0	8
3 -- 12	frqinstant1	Num	freq110:instantbrkfast		6232	0	8
3 -- 12	frqcocoa1	Num	freq111:hotcocoa		6185	0	8
3 -- 12	frqcoffee1	Num	freq112:coffee		6226	0	8
3 -- 12	frqherbaltea1	Num	freq113:herbaltea		6210	0	8
3 -- 12	frqblacktea1	Num	freq114:blacktea		6208	0	8
3 -- 12	frqmilkcoffeetea1	Num	freq115:milkincoffeetea		6209	0	8
3 -- 12	frqcreamcoffeetea1	Num	freq116:creamincoffeetea		6223	0	8
3 -- 12	frqsugarcoffeetea1	Num	freq117:sugarincoffeetea		6222	0	8
3 -- 12	frqwine1	Num	freq118:wine		6232	0	8
3 -- 12	frqbeer1	Num	freq119:beer		6231	0	8
3 -- 12	frqliquor1	Num	freq120:liquor		6230	0	8
3 -- 12	srvpeach1	Num	serv1:peaches		4877	1	3
3 -- 12	svrcantaloupe1	Num	serv2:cantaloupe		5052	1	3
3 -- 12	srvstrawberries1	Num	serv3:strawberries		4624	1	3
3 -- 12	srvapple1	Num	serv4:apples		3384	1	3
3 -- 12	svrbanana1	Num	serv5:bananas		5602	1	3
3 -- 12	svrorange1	Num	serv6:oranges		5194	1	3
3 -- 12	svrdriedfruit1	Num	serv7:driedfruit		3513	1	3
3 -- 12	svrotherfruit1	Num	serv8:otherfruit		5160	1	3
3 -- 12	svrorangejuice1	Num	serv9:orangejuice		3874	1	3
3 -- 12	svrotherjuice1	Num	serv10:otherjuice		2758	1	3
3 -- 12	svrvegg1	Num	serv11:eggs_etc		5447	1	3
3 -- 12	svrsausage1	Num	serv12:sausage		3601	1	3
3 -- 12	svrpancake1	Num	serv13:pancakes		3725	1	3
3 -- 12	svroatmeal1	Num	serv14: oatmeal		3791	1	3
3 -- 12	svrhotcereal1	Num	serv15:otherhotcereal		2541	1	3
3 -- 12	svrcoldcereal1	Num	serv16:coldcereal		4121	1	3

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
3 -- 12	srvwhitebread1	Num	serv17:whitebread		4891	1	3
3 -- 12	srvdarkbread1	Num	serv18:darkbread		3030	1	3
3 -- 12	srvbranmuffin1	Num	serv19:branmuffins		1554	1	3
3 -- 12	srvbiscuit1	Num	serv20:biscuits		3261	1	3
3 -- 12	srvmargarine1	Num	serv21:margarineonrolls		3844	1	3
3 -- 12	srvbutter1	Num	serv22:butteronrolls		3182	1	3
3 -- 12	srvcchips1	Num	serv23:chips		3662	1	3
3 -- 12	srvcrackers1	Num	serv24:crackers		3818	1	3
3 -- 12	srvnuts1	Num	serv25:nuts		3927	1	3
3 -- 12	srvsunflower1	Num	serv26:sunflowerseeds		1262	1	3
3 -- 12	srveanuts1	Num	serv27:peanuts		4448	1	3
3 -- 12	srvcottage1	Num	serv28:cottagecheese		2004	1	3
3 -- 12	srcheddar1	Num	serv29:cheddar_etc		4210	1	3
3 -- 12	srplainyogurt1	Num	serv30:plainyogurt		422	1	3
3 -- 12	srflavyogurt1	Num	serv31:flavoredyogurt		1269	1	3
3 -- 12	srcreamsoup1	Num	serv32:creamsoup		2718	1	3
3 -- 12	srveasoup1	Num	serv33:peasoup		2845	1	3
3 -- 12	srvmisosoup1	Num	serv34:misosoup		696	1	3
3 -- 12	srvothersoup1	Num	serv35:othersoup		5219	1	3
3 -- 12	srvlettuce1	Num	serv36:lettucesalad		3982	1	3
3 -- 12	srvspinach1	Num	serv37:spinachsalad		3237	1	3
3 -- 12	srvtomato1	Num	serv38:tomatoes		5495	1	3
3 -- 12	srvacacado1	Num	serv39:avacado		2199	1	3
3 -- 12	srvcarrot1	Num	serv40:carrots		5363	1	3
3 -- 12	srvbroccoli1	Num	serv41:broccoli		5567	1	3
3 -- 12	srvgreenbean1	Num	serv42:greenbeans		5355	1	3
3 -- 12	srvhominy1	Num	serv43:hominy		4544	1	3
3 -- 12	srvsquash1	Num	serv44:squash		2488	1	3
3 -- 12	srvbean1	Num	serv45:beans		4683	1	3
3 -- 12	srvotherveg1	Num	serv46:otherveg		5197	1	3
3 -- 12	srvwhiterice1	Num	serv47:whiterice		4954	1	3
3 -- 12	srvbrownrice1	Num	serv48:brownrice		2543	1	3
3 -- 12	srvfriedrice1	Num	serv49:friedrice		2797	1	3
3 -- 12	srvfries1	Num	serv50:frenchfries		4399	1	3
3 -- 12	srvpotato1	Num	serv51:potato		3873	1	3
3 -- 12	srvsweetpotato1	Num	serv52:sweetpotato		3686	1	3
3 -- 12	srvbutteronveg1	Num	serv53:butteronvegpotato		4251	1	3
3 -- 12	srvnoodles1	Num	serv54:orientalnoodles		2234	1	3
3 -- 12	srvdumplings1	Num	serv55:chineseedumplings		1759	1	3
3 -- 12	srvcchowmein1	Num	serv56:chowmein		1803	1	3
3 -- 12	srvtstirfdrbeef1	Num	serv57:stirfriedbeef		3608	1	3
3 -- 12	srvtstirfdrshrimp1	Num	serv58:stirfriedshrimp		2561	1	3
3 -- 12	srvtstirfdrtofu1	Num	serv59:stirfriedtofu		1186	1	3
3 -- 12	srvtstirfdrveg1	Num	serv60:stirfriedveg		2412	1	3
3 -- 12	srvburrto1	Num	serv61:burritos		1174	1	3
3 -- 12	srvmburrto1	Num	serv62:burritos_wmeat		1840	1	3

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
3 -- 12	srvenchilada1	Num	serv63:enchiladas		1214	1	3
3 -- 12	srvmenchilada1	Num	serv64:enchilada_wmeat		1922	1	3
3 -- 12	srvpicadillo1	Num	serv65:picadillo		755	1	3
3 -- 12	srvarrozpollo1	Num	serv66:arrozconpollo		1098	1	3
3 -- 12	srvmchile1	Num	serv67:chile_wmeat		812	1	3
3 -- 12	srvredchile1	Num	serv68:redchilew_meat		899	1	3
3 -- 12	srvgreenchile1	Num	serv69:greenchilew_meat		490	1	3
3 -- 12	srvfriedbeans1	Num	serv70:refriedbeans		1494	1	3
3 -- 12	srvsalsa1	Num	serv71:salsa		1976	1	3
3 -- 12	srvtortilla1	Num	serv72:tortilla		1893	1	3
3 -- 12	srvcreampasta1	Num	serv73:pasta_creamsauce		3195	1	3
3 -- 12	srvmeatpasta1	Num	serv74:pasta_creamsaucemeat		2712	1	3
3 -- 12	srvtomatopasta1	Num	serv75:pasta_tomatosauce		3002	1	3
3 -- 12	srvtomatopasta1	Num	serv76:pasta_toamatsaucewmeat		3993	1	3
3 -- 12	srvpizza1	Num	serv77:pizza		3976	1	3
3 -- 12	srvmeatstew1	Num	serv78:meatstew		3295	1	3
3 -- 12	srvfishstew1	Num	serv79:fishstew		1521	1	3
3 -- 12	srvchickensalad1	Num	serv80:chickensalad_etc		4174	1	3
3 -- 12	srvpastasalad1	Num	serv81:pastasalad_etc		4104	1	3
3 -- 12	srvhamburger1	Num	serv82:hamburger		1735	1	3
3 -- 12	srvsteak1	Num	serv83:steak		4687	1	3
3 -- 12	srvhocks1	Num	serv84:hamhocks		1013	1	3
3 -- 12	srvham1	Num	serv85:ham		3223	1	3
3 -- 12	srvroastchicken1	Num	serv86:roastedchicken		5270	1	3
3 -- 12	srvfriedchicken1	Num	serv87:friedchicken		3720	1	3
3 -- 12	srvliver1	Num	serv88:liver		1303	1	3
3 -- 12	srvgravy1	Num	serv89:gravy		2406	1	3
3 -- 12	srvfriedfish1	Num	serv90:friedfish		3717	1	3
3 -- 12	srvshrimp1	Num	serv91:shrimp		3300	1	3
3 -- 12	srvtuna1	Num	serv92:tuna		4311	1	3
3 -- 12	srvboiledfish1	Num	serv93:boiledfish		3405	1	3
3 -- 12	srvjelly1	Num	serv94:sugaronbread		3728	1	3
3 -- 12	srvicecream1	Num	serv95:icecream		3792	1	3
3 -- 12	srvfrozenyogurt1	Num	serv96:frozenyogurt		2629	1	3
3 -- 12	srvtofudessert1	Num	serv97:tofudessert		361	1	3
3 -- 12	srvwhitedonuts1	Num	serv98:whitedonuts		3947	1	3
3 -- 12	srvchocdonuts1	Num	serv99:chocdonuts		3895	1	3
3 -- 12	srvpie1	Num	serv100:pies		3299	1	3
3 -- 12	srvpudding1	Num	serv101:pudding		1949	1	3
3 -- 12	srvcandy1	Num	serv102:candy		3797	1	3
3 -- 12	srvwholemilk1	Num	serv103:wholemilk		1551	1	3
3 -- 12	srvmilk2pct1	Num	serv104:milk2pct		2089	1	3
3 -- 12	srvskimmilk1	Num	serv105:skimmilk		2096	1	3
3 -- 12	srvsweetmilk1	Num	serv106:sweetcondsmilk		411	1	3
3 -- 12	srvsoymilk1	Num	serv107:soymilk		987	1	3
3 -- 12	srvsoda1	Num	serv108:soda		3282	1	3

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
3 -- 12	svdietsoda1	Num	serv109:dietsoda		2628	1	3
3 -- 12	srvinstant1	Num	serv110:instantbrkfast		487	1	3
3 -- 12	srvcocoa1	Num	serv111:hotcocoa		1635	1	3
3 -- 12	svrcoffee1	Num	serv112:coffee		4643	1	3
3 -- 12	svrherbaltea1	Num	serv113:herbaltea		2383	1	3
3 -- 12	svrblacktea1	Num	serv114:blacktea		2608	1	3
3 -- 12	svrmilkcoffeetea1	Num	serv115:milkincoffeetea		2210	1	3
3 -- 12	svrcreamcoffeetea1	Num	serv116:creamincoffeetea		1924	1	3
3 -- 12	svrsugarcoffeetea1	Num	serv117:sugarincoffeetea		2408	1	3
3 -- 12	svrwine1	Num	serv118:wine		2366	1	3
3 -- 12	svrbeer1	Num	serv119:beer		1806	1	3
3 -- 12	svrliquor1	Num	serv120:liquor		1719	1	3
	svdpeach1c	Num	svd1:peaches		6237	0	3
	svdcantaloupe1c	Num	svd2:cantaloupe		6237	0	3
	svdstrawberries1c	Num	svd3:strawberries		6237	0	3
	svdapple1c	Num	svd4:apples		6237	0	3
	svdbanana1c	Num	svd5:bananas		6237	0	3
	svdorange1c	Num	svd6:oranges		6237	0	3
	svddriedfruit1c	Num	svd7:driedfruit		6237	0	3
	svdootherfruit1c	Num	svd8:otherfruit		6237	0	3
	svdorangejuice1c	Num	svd9:orangejuice		6237	0	3
	svdootherjuice1c	Num	svd10:otherjuice		6237	0	3
	svdeggs1c	Num	svd11:eggs_etc		6237	0	3
	svdsausage1c	Num	svd12:sausage		6237	0	2
	svdpancake1c	Num	svd13:pancakes		6237	0	2
	svdoatmeal1c	Num	svd14: oatmeal		6237	0	3
	svdhotcereal1c	Num	svd15:otherhotcereal		6237	0	1.5
	svdcoldcereal1c	Num	svd16:coldcereal		6237	0	3
	svdwhitebread1c	Num	svd17:whitebread		6237	0	3
	svddarkbread1c	Num	svd18:darkbread		6237	0	3
	svdbranmuffin1c	Num	svd19:branmuffins		6237	0	3
	svdbiscuit1c	Num	svd20:biscuits		6237	0	3
	svdmargarine1c	Num	svd21:margarineonrolls		6237	0	3
	svdbutter1c	Num	svd22:butteronrolls		6237	0	3
	svdchips1c	Num	svd23:chips		6237	0	3
	svdcrackers1c	Num	svd24:crackers		6237	0	3
	svdnuts1c	Num	svd25:nuts		6237	0	3
	svdsunflower1c	Num	svd26:sunflowerseeds		6237	0	3
	svdpeanuts1c	Num	svd27:peanuts		6237	0	3
	svdcottage1c	Num	svd28:cottagecheese		6237	0	1.5
	svdcheddar1c	Num	svd29:cheddar_etc		6237	0	3
	svdplainyogurt1c	Num	svd30:plainyogurt		6237	0	1
	svdflavyogurt1c	Num	svd31:flavoredyogurt		6237	0	1.19
	svdcreamsoup1c	Num	svd32:creamsoup		6237	0	1.5
	svdpeasoup1c	Num	svd33:peasoup		6237	0	2
	svdmisosoup1c	Num	svd34:misosoup		6237	0	1.5

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
	svdothersoup1c	Num	svd35:othersoup		6237	0	3
	svdlettuce1c	Num	svd36:lettucesalad		6237	0	3
	svdspinach1c	Num	svd37:spinachsalad		6237	0	3
	svdtomato1c	Num	svd38:tomatoes		6237	0	3
	svdavacado1c	Num	svd39:avacado		6237	0	2
	svdcarrot1c	Num	svd40:carrots		6237	0	3
	svdbroccoli1c	Num	svd41:broccoli		6237	0	3
	svdgreenbean1c	Num	svd42:greenbeans		6237	0	3
	svdhominy1c	Num	svd43:hominy		6237	0	1.5
	svdsquash1c	Num	svd44:squash		6237	0	2
	svdbean1c	Num	svd45:beans		6237	0	3
	svdotherveg1c	Num	svd46:otherveg		6237	0	3
	svdwhiterice1c	Num	svd47:whiterice		6237	0	3
	svdbrownrice1c	Num	svd48:brownrice		6237	0	3
	svdfriedrice1c	Num	svd49:friedrice		6237	0	2
	svdfries1c	Num	svd50:frenchfries		6237	0	2
	svdpotato1c	Num	svd51:potato		6237	0	2
	svdsweetpotato1c	Num	svd52:sweetpotato		6237	0	2
	svdbutteronveg1c	Num	svd53:butteronvegpotato		6237	0	3
	svdnoodles1c	Num	svd54:orientalnoodles		6237	0	3
	svddumplings1c	Num	svd55:chineesedumplings		6237	0	1.19
	svdchowmein1c	Num	svd56:chowmein		6237	0	1
	svdstirfrdbeef1c	Num	svd57:stirfriedbeef		6237	0	3
	svdstirfrdshrimp1c	Num	svd58:stirfriedshrimp		6237	0	3
	svdstirfrdtofu1c	Num	svd59:stirfriedtofu		6237	0	3
	svdstirfrdveg1c	Num	svd60:stirfriedveg		6237	0	3
	svdburrito1c	Num	svd61:burritos		6237	0	1.5
	svdmburrito1c	Num	svd62:burritos_wmeat		6237	0	1.5
	svdenchilada1c	Num	svd63:enchiladas		6237	0	2
	svdmenchilada1c	Num	svd64:enchilada_wmeat		6237	0	2
	svdpicadillo1c	Num	svd65:picadillo		6237	0	1
	svdarrozpollo1c	Num	svd66:arrozconpollo		6237	0	1.19
	svdmchile1c	Num	svd67:chile_wmeat		6237	0	2
	svdredchile1c	Num	svd68:redchilew_meat		6237	0	1
	svdgreenchile1c	Num	svd69:greenchilew_meat		6237	0	1.19
	svdfriedbeans1c	Num	svd70:refriedbeans		6237	0	3
	svdsalsa1c	Num	svd71:salsa		6237	0	3
	svdtortilla1c	Num	svd72:tortilla		6237	0	3
	svdcreampasta1c	Num	svd73:pasta_creamsauce		6237	0	2
	svdmeatpasta1c	Num	svd74:pasta_creamsaucewmeat		6237	0	1.19
	svdtomatopasta1c	Num	svd75:pasta_tomatosauce		6237	0	1.5
	svdmtomatopasta1c	Num	svd76:pasta_toamatsaucewmeat		6237	0	1.19
	svdpizza1c	Num	svd77:pizza		6237	0	1.19
	svdmeatstew1c	Num	svd78:meatstew		6237	0	3
	svdfishstew1c	Num	svd79:fishstew		6237	0	1.5
	svdchickensalad1c	Num	svd80:chickensalad_etc		6237	0	2

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
	svdpastasalad1c	Num	svd81:pastasalad_etc		6237	0	1.19
	svdhamburger1c	Num	svd82:hamburger		6237	0	0.75
	svdsteak1c	Num	svd83:steak		6237	0	3
	svdhocks1c	Num	svd84:hamhocks		6237	0	1.19
	svdham1c	Num	svd85:ham		6237	0	2
	svdroastchicken1c	Num	svd86:roastedchicken		6237	0	3
	svdfriedchicken1c	Num	svd87:friedchicken		6237	0	3
	svdliver1c	Num	svd88:liver		6237	0	2
	svdgravy1c	Num	svd89:gravy		6237	0	2
	svdfriedfish1c	Num	svd90:friedfish		6237	0	1.19
	svdshrimp1c	Num	svd91:shrimp		6237	0	1.19
	svdtuna1c	Num	svd92:tuna		6237	0	1.5
	svdboiledfish1c	Num	svd93:boiledfish		6237	0	2
	svdjelly1c	Num	svd94:sugaronbread		6237	0	3
	svdicecream1c	Num	svd95:icecream		6237	0	3
	svdfrozenyogurt1c	Num	svd96:frozenyogurt		6237	0	3
	svdtofudessert1c	Num	svd97:tofudessert		6237	0	3
	svdwhitedonuts1c	Num	svd98:whitedonuts		6237	0	3
	svdchocdonuts1c	Num	svd99:chocdonuts		6237	0	3
	svdpie1c	Num	svd100:pies		6237	0	1.5
	svdpudding1c	Num	svd101:pudding		6237	0	2
	svdcandy1c	Num	svd102:candy		6237	0	3
	svdwholemilk1c	Num	svd103:wholemilk		6237	0	9
	svdmilk2pct1c	Num	svd104:milk2pct		6237	0	9
	svdskimmedmilk1c	Num	svd105:skimmedmilk		6237	0	9
	svdsweetmilk1c	Num	svd106:sweetcondensedmilk		6237	0	6
	svdsoymilk1c	Num	svd107:soymilk		6237	0	6.75
	svdsoda1c	Num	svd108:soda		6237	0	9
	svddietsoda1c	Num	svd109:dietsoda		6237	0	9
	svdinstant1c	Num	svd110:instantbrkfast		6237	0	6
	svdcocoa1c	Num	svd111:hotcocoa		6237	0	6
	svdcoffee1c	Num	svd112:coffee		6237	0	9
	svdherbaltea1c	Num	svd113:herbaltea		6237	0	9
	svdblacktea1c	Num	svd114:blacktea		6237	0	9
	svdmilkcoffeetea1c	Num	svd115:milkcoffeetea		6237	0	9
	svdcreamcoffeetea1c	Num	svd116:creamcoffeetea		6237	0	9
	svdsugarcoffeetea1c	Num	svd117:sugarcoffeetea		6237	0	9
	svdwine1c	Num	svd118:wine		6237	0	9
	svdbeer1c	Num	svd119:beer		6237	0	9
	svdliquor1c	Num	svd120:liquor		6237	0	9
4	cerealbrand	Num	Cereal:Brand		6237	0	999
	cerealdf1c	Num	Cereal:Dietary Fiber		6237	0	48
	cerealgw1c	Num	Cereal: Whole Grain Group ref0 low1 mod2 high3		6237	0	3
13 -- 14	addqskinchic1	Num	Added diet qu: Eat Skin On Chicken		5171	1	3
13 -- 14	addqfatmeat1	Num	Added diet qu: Eat the fat on meat		4274	1	3
13 -- 14	addqleanmeat1	Num	Added diet qu: Lean or extra lean meat		5137	1	3



Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
13 -- 14	addqadtsalt1	Num	Added diet qu:Add table salt		5701	1	3
13 -- 14	addqeatpeel1	Num	Added diet qu:Peel of fresh fruits		5214	1	3
13 -- 14	addqeatskin1	Num	Added diet qu:Skin of potatoes		5354	1	3
13 -- 14	addqdietsalad1	Num	Added diet qu:Diet/No salad dressing		5689	1	3
13 -- 14	addqcalciumfort1	Num	Added diet qu:Calcium-fortified juice		4971	1	3
13 -- 14	addqvitfort1	Num	Added diet qu:Vitamin C-fortified juice		4823	1	3
13 -- 14	addqwholegrain1	Num	Added diet qu:Eat 100% whole grain bread		4960	1	3
13 -- 14	addqflunchmeat1	Num	Added diet qu:Low-Fat Lunch Meats		4079	1	3
13 -- 14	addqfchips1	Num	Added diet qu:Low-Fat Chips/Popcorn		4831	1	3
13 -- 14	addqfbacon1	Num	Added diet qu:Low-Fat Bacon/Sausage		4083	1	3
13 -- 14	addqfcheese1	Num	Added diet qu:Low-Fat Cheese		5139	1	3
13 -- 14	addqfyogurt1	Num	Added diet qu:Low-Fat Yogurt		3333	1	3
13 -- 14	addqfcake1	Num	Added diet qu:Low-Fat Cookies/Cake		5090	1	3
15	frqfatoi1	Num	freq146:fatoil		6201	1	8
	svdfatoi1c	Num	svd146:fatoil		6237	0	3
15	addqcf_dknow1	Num	Added diet qu:Cooking fat/oil-Dont know		6237	0	1
15	addqcf_sfmar1	Num	Added diet qu:Cooking fat/oil-soft margarine		6237	0	1
15	addqcf_stmar1	Num	Added diet qu:Cooking fat/oil-stick margarine		6237	0	1
15	addqcf_buttr1	Num	Added diet qu:Cooking fat/oil-butter		6237	0	1
15	addqcf_lard1	Num	Added diet qu:Cooking fat/oil-lard		6237	0	1
15	addqcf_pam1	Num	Added diet qu:Cooking fat/oil-Pam or no oil		6237	0	1
15	addqcf_olive1	Num	Added diet qu:Cooking fat/oil-Olive oil		6237	0	1
15	addqcf_canol1	Num	Added diet qu:Cooking fat/oil-Canola oil		6237	0	1
15	addqcf_cocon1	Num	Added diet qu:Cooking fat/oil-Coconut oil		6237	0	1
15	addqcf_other1	Num	Added diet qu:Cooking fat/oil-Other		6237	0	1
15	addqrb_dknow1	Num	Added diet qu:Refried bean fat/oil-Dont know		6237	0	1
15	addqrb_sfmar1	Num	Added diet qu:Refried bean fat/oil-soft margarine		6237	0	1
15	addqrb_stmar1	Num	Added diet qu:Refried bean fat/oil-stick margarine		6237	0	1
15	addqrb_buttr1	Num	Added diet qu:Refried bean fat/oil-butter		6237	0	1
15	addqrb_lard1	Num	Added diet qu:Refried bean fat/oil-lard		6237	0	1
15	addqrb_pam1	Num	Added diet qu:Refried bean fat/oil-Pam or no oil		6237	0	1
15	addqrb_olive1	Num	Added diet qu:Refried bean fat/oil-Olive oil		6237	0	1
15	addqrb_canol1	Num	Added diet qu:Refried bean fat/oil-Canola oil		6237	0	1
15	addqrb_cocon1	Num	Added diet qu:Refried bean fat/oil-Coconut oil		6237	0	1
15	addqrb_other1	Num	Added diet qu:Refried bean fat/oil-Other		6237	0	1
15	addqtf_dknow1	Num	Added diet qu:Table fat/oil-Dont know		6237	0	1
15	addqtf_sfmar1	Num	Added diet qu:Table fat/oil-soft margarine		6237	0	1
15	addqtf_stmar1	Num	Added diet qu:Table fat/oil-stick margarine		6237	0	1
15	addqtf_buttr1	Num	Added diet qu:Table fat/oil-butter		6237	0	1
15	addqtf_lard1	Num	Added diet qu:Table fat/oil-lard		6237	0	1
15	addqtf_pam1	Num	Added diet qu:Table fat/oil-Pam or no oil		6237	0	1
15	addqtf_olive1	Num	Added diet qu:Table fat/oil-Olive oil		6237	0	1
15	addqtf_canol1	Num	Added diet qu:Table fat/oil-Canola oil		6237	0	1
15	addqtf_cocon1	Num	Added diet qu:Table fat/oil-Coconut oil		6237	0	1
15	addqtf_other1	Num	Added diet qu:Table fat/oil-Other		6237	0	1
15	addqtf_sourc1	Num	Added diet qu:Table fat/oil-Sour cream		6237	0	1

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
16	addqanyother1	Num	Added diet qu: Eat any other food		6129	0	1
16	addqdiettellus1	Num	Added diet qu: Any other eating habit		6049	0	1
17	addqdietcomments1	Num	Added diet qu: Comments on diet form		6156	1	3
18	supvitamin1	Num	Take vitamins at least one a month		6191	0	1
18	supvitmoreoneperweek1	Num	Take supplements 1/week or more		4033	0	1
19 -- 20	supdurvita1	Num	supplement: days taking Vitamin A (day)		2203	0	22680
19 -- 20	supdurbcarotene1	Num	supplement: days taking Beta-carotene (day)		1839	0	23400
19 -- 20	supdurvitb11	Num	supplement: days taking Vitamin B1 (day)		2494	30	720
19 -- 20	supdurvitb21	Num	supplement: days taking Vitamin B2 (day)		2481	0	27000
19 -- 20	supdurvitb61	Num	supplement: days taking Vitamin B6 (day)		2533	0	22680
19 -- 20	supdurvitb121	Num	supplement: days taking Vitamin B12 (day)		2478	0	25200
19 -- 20	supdurvitc1	Num	supplement: days taking Vitamin C (day)		2823	0	25200
19 -- 20	supdurvite1	Num	supplement: days taking Vitamin E (day)		2940	0	28080
19 -- 20	supdurfolate1	Num	supplement: days taking Folate (day)		2350	0	26640
19 -- 20	supdurlutien1	Num	supplement: days taking Lutien (day)		1052	0	33120
19 -- 20	supdurniacin1	Num	supplement: days taking Niacin (day)		2421	0	27000
19 -- 20	supdurcalcium1	Num	supplement: days taking Calcium (day)		2830	0	33840
19 -- 20	supdurchromium1	Num	supplement: days taking Chromium (day)		1977	0	27000
19 -- 20	supduriron1	Num	supplement: days taking Iron (day)		1450	0	33840
19 -- 20	supdurmagnesium1	Num	supplement: days taking Maganesium (day)		2237	0	25560
19 -- 20	supdurpotassium1	Num	supplement: days taking Potassium (day)		1826	0	25920
19 -- 20	supdurselenium1	Num	supplement: days taking Selenium (day)		2070	0	23400
19 -- 20	supdurzinc1	Num	supplement: days taking Zinc (day)		2343	0	27720
19 -- 20	supdurcodoil1	Num	supplement: days taking Cod liver oil, etc (day)		254	30	18000
19 -- 20	supchromium1c	Num	supplement: Chromium(mcg/day)		2006	1.14	80275
19 -- 20	supselenium1c	Num	supplement: Selenium(mcg/day)		2099	0	100000
19 -- 20	supcodoil1c	Num	supplement: Cod liver oil, etc(mg/day)		238	0	20000
19 -- 20	supvitb121c	Num	supplement: Vitamin B12(mcg/day)		2524	0.14	100000
19 -- 20	suplutien1c	Num	supplement: Lutien(mcg/day)		1065	0	72000
21	supbrewers1	Num	supplement: Brewers yeast		30	2	2
21	supcreatine1	Num	supplement: Creatine		17	1	2
21	supcoenzyme1	Num	supplement: Coenzyme Q		143	1	2
21	supDHEA1	Num	supplement: DHEA		55	1	2
21	supechinacea1	Num	supplement: Echinacea		123	1	2
21	supginseng1	Num	supplement: Ginseng, Ginseng tea		384	1	2
21	supginkgo1	Num	supplement: Ginkgo		399	1	2
21	supglucosamine1	Num	supplement: Glucosamine/Chondroitin		531	1	2
21	supkelp1	Num	supplement: Kelp		106	2	2
21	supmelatonin1	Num	supplement: Melatonin		86	1	2
21	supmetamucil1	Num	supplement: Metamucil		37	1	2
21	supotherfiber1	Num	supplement: Other fiber supplements (Citracil)		68	1	2
21	supprimrose1	Num	supplement: Primrose oil		39	1	2
21	supsawpalmetto1	Num	supplement: Saw Palmetto		188	1	2
21	supstjohn1	Num	supplement: St. Johns Wort		55	1	2
21	supother1	Num	supplement: Any other supplements		3905	0	1
	nutrkcal1c	Num	nutr: Calories (kcal)		6237	201.72	8270.28

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
	nutrprotein1c	Num	nutr:Protein (g)		6237	4.5	388.8
	nutrfat1c	Num	nutr:Fat (g)		6237	3	409.49
	nutrcarb1c	Num	nutr:Carbohydrate (g)		6237	30.31	1016.08
	nutrstarch1c	Num	nutr:Starch (g)		6237	4.5	472.82
	nutrsucrose1c	Num	nutr:Sucrose (g)		6237	1.87	434.15
	nutrgalactose1c	Num	nutr:Galactose (g)		6237	0	7.09
	nutrglucose1c	Num	nutr:Glucose (g)		6237	0.94	165.97
	nutrfructose1c	Num	nutr:Fructose (g)		6237	0.75	187.65
	nutrlactose1c	Num	nutr:Lactose (g)		6237	0	199.57
	nutrsaffat1c	Num	nutr:Saturated Fat (g)		6237	0.57	144.84
	nutroleic1c	Num	nutr:Oleic (g)		6237	1.07	148.57
	nutrlinoleic1c	Num	nutr:Linoleic (g)		6237	0.87	77.51
	nutrpfa1c	Num	nutr:Total PFA(n6 & n3) (g)		6237	1.06	92.25
	nutr12_01c	Num	nutr:Lauric acid (g)		6237	0	9.92
	nutr14_01c	Num	nutr:Myristic acid (g)		6237	0	12.72
	nutr16_01c	Num	nutr:Palmitic acid (g)		6237	0.33	76.96
	nutr18_01c	Num	nutr:Stearic acid (g)		6237	0.1	36.53
	nutr18_31c	Num	nutr:Alpha-linolenic acid (g)		6237	0.13	7.75
	nutr20_51c	Num	nutr:Eicosapentanoic acid (g)		6237	0	0.75
	nutr22_61c	Num	nutr:Docosahexaenoic acid (g)		6237	0	0.92
	nutrtransfat1c	Num	nutr:Trans Fatty Acids(Total) (g)		6237	0	23.26
	nutrcaclium1c	Num	nutr:Calcium (mg)		6237	55.53	5249.89
	nutrphosphorus1c	Num	nutr:Phosphorus (mg)		6237	81.42	5838.92
	nutriron1c	Num	nutr:Iron (mg)		6237	1.97	64.73
	nutrsodium1c	Num	nutr:Sodium (mg)		6237	106	16027.56
	nutrpotassium1c	Num	nutr:Potassium (mg)		6237	365.61	12656.61
	nutrvita_iu1c	Num	nutr:Vitamin A (IU)		6237	487.82	77912.38
	nutrvita_re1c	Num	nutr:Vitamin A (RE)		6237	64.3	18197.95
	nutrvitb11c	Num	nutr:Thiamin (mg)		6237	0.3	6.8
	nutrriboflavin1c	Num	nutr:Riboflavin (mg)		6237	0.24	8.26
	nutrniacin1c	Num	nutr:Niacin(mg),BL		6237	2.5	100.57
	nutrvitc1c	Num	nutr:Vitamin C (mg)		6237	6.66	610.57
	nutrchol1c	Num	nutr:Cholesterol (mg)		6237	2.77	1898.6
	nutrfib1c	Num	nutr:Dietary Fiber (g)		6237	2.22	96.96
	nutrfolate1c	Num	nutr:Folate (mcg)		6237	48.89	1638.03
	nutrzinc1c	Num	nutr:Zinc (mg)		6237	0.65	58.81
	nutrazinc1c	Num	nutr:Animal Zinc (mg)		6237	0	42.72
	nutrvitb61c	Num	nutr:Vitamin B6 (mg)		6237	0.27	8.8
	nutrmagnesium1c	Num	nutr:Magnesium (mg)		6237	31.37	1309.87
	nutracar1c	Num	nutr:Alpha-Carotene (mcg)		6237	7.07	12601.03
	nutrcryp1c	Num	nutr:Cryptoxanthin (mcg)		6237	0.37	931.72
	nutrlutein1c	Num	nutr:Lutein (mcg)		6237	115.04	30577.48
	nutrlycopene1c	Num	nutr:Lycopene (mcg)		6237	0	70335.87
	nutrretinol1c	Num	nutr:Retinol (mcg)		6237	0.52	15617.98
	nutrprovita1c	Num	nutr:Provitamin A Carotene (mcg)		6237	147.23	44644.85
	nutrviteiu1c	Num	nutr:Vitamin E (IU)		6237	0	37.19

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
	nutrviteate1c	Num	nutr:Vitamin E (a-TE)		6237	0	16.73
	nutrbcarotenemcg1c	Num	nutr:Beta-Carotene (mcg)		6237	0	101.13
	nutrbcaroteneiu1c	Num	nutr:Beta-Carotene (IU)		6237	0	60.68
	nutsbcarotenemcg1c	Num	nutr with supplement:Beta-Carotene (mcg)		6237	0	96000.05
	nutsbcaroteneiu1c	Num	nutr with supplement:Beta-Carotene (IU)		6237	0	96000.03
	nutscalcium1c	Num	nutr with supplement:Calcium (mg)		6237	55.53	207800.4
	nutsfolate1c	Num	nutr with supplement:Folate (mcg)		6237	49.31	61128.74
	nutsiron1c	Num	nutr with supplement:Iron (mg)		6237	1.97	36202.8
	nutmagnesium1c	Num	nutr with supplement:Magnesium (mg)		6237	31.37	60373.67
	nutsniacin1c	Num	nutr with supplement:Niacin (mg)		6237	2.5	63369.47
	nutspotassium1c	Num	nutr with supplement:Potassium (mg)		6237	365.61	64127.09
	nutsriboflavin1c	Num	nutr with supplement:Riboflavin (mg)		6237	0.24	603.61
	nutsvitb11c	Num	nutr with supplement:Thiamin (mg)		6237	0.3	1801.32
	nutsvitb61c	Num	nutr with supplement:Vitamin B6 (mg)		6237	0.27	450001.5
	nutsvita_iu1c	Num	nutr with supplement:Vitamin A (IU)		6237	487.82	125040.2
	nutsvitc1c	Num	nutr with supplement:Vitamin C (mg)		6237	6.66	60119.31
	nutsviteate1c	Num	nutr with supplement:Vit E (a-TE)		6237	0	31794.24
	nutsviteiu1c	Num	nutr with supplement:Vit E (IU)		6237	0	70653.86
	nutszinc1c	Num	nutr with supplement:Zinc (mg)		6237	0.65	385789.2
	nutrpctfat1c	Num	nutr:Pct Cal from Fa (%)		6237	6.87	65.72
	nutrpctcarb1c	Num	nutr:Pct Cal from Carbohydrate (%)		6237	8.64	93.05
	nutrpctprotien1c	Num	nutr:Pct Cal from Protein (%)		6237	3.08	46.55
	nutrpctsatfat1c	Num	nutr:Pct Cal from Saturated Fat(%)		6237	1.72	26.56
	nutrpctoleic1c	Num	nutr:Pct Cal from Oleic (%)		6237	2.19	40.7
	nutrpctlinoleic1c	Num	nutr:Pct Cal from Linoleic (%)		6237	1.58	23.96
	nutrpctpolyfat1c	Num	nutr:Pct Cal from Poly Uns Fat(n6&n3) (%)		6237	1.83	25.52
	mcmilk1c	Char	most commonly (frequently) used milk	B (soy) S (skim) T (2%) W (whole)			
	servwine1c	Num	No of serving of wine/day, regardless of serving size		6237	0	6
	servbeer1c	Num	No of serving of beer/day, regardless of serving size		6237	0	6
	servliqu1c	Num	No of serving of liquor/day, regardless of serving size		6237	0	6
	alcwine1c	Num	Total intake of alcohol from wine per day (g)		6237	0	108.81
	alcbeer1c	Num	Total intake of alcohol from beer per day (g)		6237	0	102.38
	alcliqu1c	Num	Total intake of alcohol from liquor per day (g)		6237	0	184.03
	alc_day1c	Num	Total intake of alcohol per day (g)		6237	0	271.13
	fgfruit1c	Num	Food Group 1:fruit		6237	0	14
	fgfruitjuice1c	Num	Food Group 2:fruitjuice		6237	0	6
	fgeggs1c	Num	Food Group 3:eggs=svd11		6237	0	3
	fgwholegrain1c	Num	Food Group 4: whole grain		6237	0	6.14
	fgwhitebread1c	Num	Food Group 5:white bread		6237	0	8.55
	fgsweetbread1c	Num	Food Group 6:sweet bread		6237	0	3.29
	fgdesserts1c	Num	Food Group 7:desserts		6237	0	9
	fgsalty snacks1c	Num	Food Group 8:salty snacks		6237	0	6
	fgseedsnuts1c	Num	Food Group 9:seeds nuts		6237	0	6.79
	fgyogurt1c	Num	Food Group 10:yogurt		6237	0	2
	fgldairydessert1c	Num	Food Group 11:low fat dairy desserts		6237	0	6.02
	fgicecream1c	Num	Food Group 12:icecream=svd95		6237	0	3

Questionnaire page (if appropriate)	Variable	Type	Label	Note	N	Minimum	Maximum
	fgcottage1c	Num	Food Group 13:cottagecheese=svd28		6237	0	1.5
	fglformilk1c	Num	Food Group 14:low fat milk		6237	0	12.25
	fgwholemilk1c	Num	Food Group 15:whole milk		6237	0	9
	fgcoffecream1c	Num	Food Group 16:coffecream=svd116		6237	0	9
	fghfdairy1c	Num	Food Group 17:high fat dairy		6237	0	5.27
	fgcreamsoup1c	Num	Food Group 18:creamsoup=svd32		6237	0	1.5
	fgothersoup1c	Num	Food Group 19:other soup		6237	0	3.38
	fglegumes1c	Num	Food Group 20:legumes		6237	0	6.99
	fgvgreenleafy1c	Num	Food Group 21:green leafy vegetables=svd37		6237	0	3
	fgvcrucifer1c	Num	Food Group 22:cruciferous vegetables		6237	0	4.69
	fgvdyellow1c	Num	Food Group 23:dark yellow vegetables		6237	0	7.69
	fgvpotato1c	Num	Food Group 24:potato (vegetables)		6237	0	2.11
	fgvother1c	Num	Food Group 25:other vegetables		6237	0	9
	fgavocado1c	Num	Food Group 26:avocado=svd39		6237	0	2
	fgtomato1c	Num	Food Group 27:tomato		6237	0	7.59
	fgfriedpotato1c	Num	Food Group 28:friedpotato=svd50		6237	0	2
	fgsoy1c	Num	Food Group 29:soy		6237	0	7.84
	fgpizza1c	Num	Food Group 30:pizza=svd77		6237	0	1.19
	fgppsalad1c	Num	Food Group 31:potato & pasta salads=svd81		6237	0	1.19
	fgctesalad1c	Num	Food Group 32:chicken, tuna, & egg salads=svd80		6237	0	2
	fghfprocmeat1c	Num	Food Group 33:high fat meat		6237	0	3.75
	fghfchina1c	Num	Food Group 34:high fat Chinese		6237	0	2.14
	fgredmeat1c	Num	Food Group 35:red meat		6237	0	4.32
	fgpoultry1c	Num	Food Group 36:poultry		6237	0	4.15
	fgfish1c	Num	Food Group 37:fish		6237	0	5.13
	fgsweets1c	Num	Food Group 38:sweets		6237	0	12.29
	fgfatsoils1c	Num	Food Group 39:fats oils		6237	0	9.12
	fgmealdrink1c	Num	Food Group 40:meal replacement drink=svd110		6237	0	6
	fghotchoc1c	Num	Food Group 41:hot chocolate=svd111		6237	0	6
	fgcoffee1c	Num	Food Group 42:coffee=svd112		6237	0	9
	fgtea1c	Num	Food Group 43:green and black tea=svd114		6237	0	9
	fgsoda1c	Num	Food Group 44:soda (non-diet)=svd108		6237	0	9
	fgdietsoda1c	Num	Food Group 45:dietsoda=svd109		6237	0	9
	fgbeer1c	Num	Food Group 46:beer=svd119		6237	0	9
	fgotheralcohol1c	Num	Food Group 47:wine or liquor		6237	0	12

FOOD	weight	Note	FG#	FG
svd1:peaches	1		1	fruit
svd2:cantaloupe	1		1	fruit
svd3:strawberries	1		1	fruit
svd4:apples	1		1	fruit
svd5:bananas	1		1	fruit
svd6:oranges	1		1	fruit
svd7:driedfruit	1		1	fruit
svd8:otherfruit	1		1	fruit
svd9:orangejuice	1		2	fruit juice
svd10:otherjuice	1		2	fruit juice
svd11:eggs_etc	1		3	eggs and omelets
svd14:oatmeal	1		4	dark/whole grains
svd16:coldcereal	1	if cerealwg1c = 2 or 3	4	dark/whole grains
svd18:darkbread	1		4	dark/whole grains
svd19:branmuffins	1		4	dark/whole grains
svd48:brownrice	1		4	dark/whole grains
svd15:otherhotcereal	1		5	white bread, rice, pasta
svd16:coldcereal	1	if cerealwg1c = 1	5	white bread, rice, pasta
svd17:whitebread	1		5	white bread, rice, pasta
svd47:whiterice	1		5	white bread, rice, pasta
svd54:orientalnoodles	1		5	white bread, rice, pasta
svd61:burritos	1		5	white bread, rice, pasta
svd62:burritos_wmeat	1		5	white bread, rice, pasta
svd63:enchiladas	1		5	white bread, rice, pasta
svd64:enchilada_wmeat	1		5	white bread, rice, pasta
svd66:arrozconpollo	1		5	white bread, rice, pasta
svd72:tortilla	1		5	white bread, rice, pasta
svd73:pasta_creamsauce	1		5	white bread, rice, pasta
svd74:pasta_creamsaucewmeat	1		5	white bread, rice, pasta
svd75:pasta_tomatosauce	1		5	white bread, rice, pasta
svd76:pasta_toamatsaucewmeat	1		5	white bread, rice, pasta
svd78:meatstew	1		5	white bread, rice, pasta
svd79:fishstew	0.5		5	white bread, rice, pasta
svd13:pancakes	1		6	sweet bread
svd20:biscuits	1		6	sweet bread
svd97:tofudessert	0.5		7	dessert
svd98:whitedonuts	1		7	dessert
svd99:chocdonuts	1		7	dessert
svd100:pies	1		7	dessert

FOOD	weight	Note	FG#	FG
svd101:pudding	1		7	dessert
svd23:chips	1		8	salty snacks
svd24:crackers	1		8	salty snacks
svd25:nuts	1		9	seeds, nuts and peanut butter
svd26:sunflowerseeds	1		9	seeds, nuts and peanut butter
svd27:peanuts	1		9	seeds, nuts and peanut butter
svd30:plainyogurt	1		10	yogurt
svd31:flavoredyogurt	1		10	yogurt
svd96:frozenyogurt	1		11	low-fat dairy dessert
svd106:sweetcondsmilk	1		11	low-fat dairy dessert
svd95:icecream	1		12	ice cream
svd28:cottagecheese	1		13	cottage cheese
svd14: oatmeal	0.25	if mcmilk1c = "skim" or "2%"	14	low-fat milk
svd15:otherhotcereal	0.25	if mcmilk1c = "skim" or "2%"	14	low-fat milk
svd16:coldcereal	0.5	if mcmilk1c = "skim" or "2%"	14	low-fat milk
svd104:milk2pct	1		14	low-fat milk
svd105:skimmilk	1		14	low-fat milk
svd14: oatmeal	0.25	if mcmilk1c = "whole"	15	whole milk
svd15:otherhotcereal	0.25	if mcmilk1c = "whole"	15	whole milk
svd16:coldcereal	0.5	if mcmilk1c = "whole"	15	whole milk
svd103:wholemilk	1		15	whole milk
svd115:milkincoffeetea	0.06		15	whole milk
svd116:creamincoffeetea	1		16	coffee/tea creamers
svd29:cheddar_etc	1		17	high-fat dairy
svd61:burritos	1		17	high-fat dairy
svd62:burritos_wmeat	1		17	high-fat dairy
svd63:enchiladas	1		17	high-fat dairy
svd64:enchilada_wmeat	1		17	high-fat dairy
svd73:pasta_creamsauce	1		17	high-fat dairy
svd74:pasta_creamsaucewmeat	1		17	high-fat dairy
svd32:creamsoup	1		18	cream-based soups
svd35:othersoup	1		19	other soups
svd78:meatstew	0.5		19	other soups
svd79:fishstew	0.5		19	other soups
svd33:peasoup	1		20	legumes
svd45:beans	1		20	legumes
svd61:burritos	1		20	legumes
svd63:enchiladas	1		20	legumes
svd67:chile_wmeat	1		20	legumes

FOOD	weight	Note	FG#	FG
svd70:refriedbeans	1		20	legumes
svd37:spinachsalad	1		21	vegetables: green leafy
svd41:broccoli	1		22	vegetables: cruciferous
svd57:stirfriedbeef	0.5		22	vegetables: cruciferous
svd58:stirfriedshrimp	0.5		22	vegetables: cruciferous
svd59:stirfriedtofu	0.5		22	vegetables: cruciferous
svd60:stirfriedveg	0.5		22	vegetables: cruciferous
svd40:carrots	1		23	vegetables: dark yellow
svd44:squash	1		23	vegetables: dark yellow
svd52:sweetpotato	1		23	vegetables: dark yellow
svd57:stirfriedbeef	0.5		23	vegetables: dark yellow
svd58:stirfriedshrimp	0.5		23	vegetables: dark yellow
svd59:stirfriedtofu	0.5		23	vegetables: dark yellow
svd60:stirfriedveg	0.5		23	vegetables: dark yellow
svd68:redchilew_meat	0.5		23	vegetables: dark yellow
svd78:meatstew	0.5		23	vegetables: dark yellow
svd51:potato	1		24	vegetables: potato
svd78:meatstew	0.25		24	vegetables: potato
svd36:lettucesalad	1		25	vegetables: other
svd42:greenbeans	1		25	vegetables: other
svd43:hominy	1		25	vegetables: other
svd46:otherveg	1		25	vegetables: other
svd59:stirfriedtofu	0.5		25	vegetables: other
svd60:stirfriedveg	0.5		25	vegetables: other
svd61:burritos	0.5		25	vegetables: other
svd62:burritos_wmeat	0.5		25	vegetables: other
svd63:enchiladas	0.5		25	vegetables: other
svd64:enchilada_wmeat	0.5		25	vegetables: other
svd68:redchilew_meat	0.25		25	vegetables: other
svd69:greenchilew_meat	0.25		25	vegetables: other
svd78:meatstew	0.5		25	vegetables: other
svd39:avacado	1		26	avocado
svd38:tomatoes	1		27	vegetables: tomato
svd61:burritos	1		27	vegetables: tomato
svd62:burritos_wmeat	1		27	vegetables: tomato
svd63:enchiladas	1		27	vegetables: tomato
svd64:enchilada_wmeat	1		27	vegetables: tomato
svd65:picadillo	1		27	vegetables: tomato



FOOD	weight	Note	FG#	FG
svd67:chile_wmeat	1		27	vegetables: tomato
svd68:redchilew_meat	1		27	vegetables: tomato
svd69:greenchilew_meat	1		27	vegetables: tomato
svd71:salsa	1		27	vegetables: tomato
svd75:pasta_tomatosauce	1		27	vegetables: tomato
svd76:pasta_toamatsaucewmeat	1		27	vegetables: tomato
svd50:frenchfries	1		28	fried potato
svd14:oatmeal	0.25	if mcmilk1c = "soy"	29	soy foods & beverages
svd15:otherhotcereal	0.25	if mcmilk1c = "soy"	29	soy foods & beverages
svd16:coldcereal	0.5	if mcmilk1c = "soy"	29	soy foods & beverages
svd34:misosoup	1		29	soy foods & beverages
svd59:stirfriedtofu	1		29	soy foods & beverages
svd97:tofudessert	0.5		29	soy foods & beverages
svd107:soymilk	1		29	soy foods & beverages
svd77:pizza	1		30	pizza
svd81:pastasalad_etc	1		31	pasta/potato salad
svd80:chickensalad_etc	1		32	chicken/tuna/egg salads
svd12:sausage	1		33	high-fat & processed meats
svd84:hamhocks	1		33	high-fat & processed meats
svd85:ham	1		33	high-fat & processed meats
svd88:liver	1		33	high-fat & processed meats
svd49:friedrice	1		34	high-fat Chinese dishes
svd55:chineseedumplings	1		34	high-fat Chinese dishes
svd56:chowmein	1		34	high-fat Chinese dishes
svd54:orientalnoodles	1		35	red meat
svd57:stirfriedbeef	0.5		35	red meat
svd62:burritos_wmeat	0.5		35	red meat
svd64:enchilada_wmeat	0.5		35	red meat
svd65:picadillo	1		35	red meat
svd67:chile_wmeat	1		35	red meat
svd68:redchilew_meat	1		35	red meat
svd69:greenchilew_meat	1		35	red meat
svd74:pasta_creamsaucewmeat	0.4		35	red meat
svd76:pasta_toamatsaucewmeat	1		35	red meat
svd78:meatstew	0.5		35	red meat
svd82:hamburger	1		35	red meat
svd83:steak	1		35	red meat
svd57:stirfriedbeef	0.5		36	poultry
svd62:burritos_wmeat	0.5		36	poultry

FOOD	weight	Note	FG#	FG
svd64:enchilada_wmeat	0.5		36	poultry
svd66:arrozconpollo	1		36	poultry
svd74:pasta_creamsaucewmeat	0.4		36	poultry
svd78:meatstew	0.5		36	poultry
svd86:roastedchicken	1		36	poultry
svd87:friedchicken	1		36	poultry
svd58:stirfriedshrimp	1		37	fish
svd74:pasta_creamsaucewmeat	0.4		37	fish
svd79:fishstew	1		37	fish
svd90:friedfish	1		37	fish
svd91:shrimp	1		37	fish
svd92:tuna	1		37	fish
svd93:boiledfish	1		37	fish
svd94:sugaronbread	1		38	sweet extras
svd102:candy	1		38	sweet extras
svd117:sugarincoffeetea	1		38	sweet extras
svd21:margarineonrolls	1		39	fats and oils
svd22:butteronrolls	1		39	fats and oils
svd53:butteronvegpotato	1		39	fats and oils
svd70:refriedbeans	0.5		39	fats and oils
svd87:friedchicken	1		39	fats and oils
svd89:gravy	1		39	fats and oils
svd90:friedfish	1		39	fats and oils
svd110:instantbrkfast	1		40	meal replacement drinks
svd111:hotcocoa	1		41	hot chocolate
svd112:coffee	1		42	coffee
svd114:blacktea	1		43	tea
svd108:soda	1		44	non-diet soft drinks
svd109:dietsoda	1		45	diet soft drinks/ mineral water
svd119:beer	1		46	beer
svd118:wine	1		47	other alcoholic beverages (wine/liquor)
svd120:liquor	1		47	other alcoholic beverages (wine/liquor)
svd113:herbaltea	1		N/A	

FOOD	weight	Note	FG#	FG
svd1:peaches	1		1	fruit
svd2:cantaloupe	1		1	fruit
svd3:strawberries	1		1	fruit
svd4:apples	1		1	fruit
svd5:bananas	1		1	fruit
svd6:oranges	1		1	fruit
svd7:driedfruit	1		1	fruit
svd8:otherfruit	1		1	fruit
svd9:orangejuice	1		2	fruit juice
svd10:otherjuice	1		2	fruit juice
svd11:eggs_etc	1		3	eggs and omelets
svd12:sausage	1		33	high-fat & processed meats
svd13:pancakes	1		6	sweet bread
svd14:oatmeal	1		4	dark/whole grains
	0.25	if mcmilk1c = "skim" or "2%"	14	low-fat milk
	0.25	if mcmilk1c = "whole"	15	whole milk
	0.25	if mcmilk1c = "soy"	29	soy foods & beverages
svd15:otherhotcereal	1		5	white bread, rice, pasta
	0.25	if mcmilk1c = "skim" or "2%"	14	low-fat milk
	0.25	if mcmilk1c = "whole"	15	whole milk
	0.25	if mcmilk1c = "soy"	29	soy foods & beverages
svd16:coldcereal	1	if cerealwg1c = 2 or 3	4	dark/whole grains
	1	if cerealwg1c = 1	5	white bread, rice, pasta
	0.5	if mcmilk1c = "skim" or "2%"	14	low-fat milk
	0.5	if mcmilk1c = "whole"	15	whole milk
	0.5	if mcmilk1c = "soy"	29	soy foods & beverages
svd17:whitebread	1		5	white bread, rice, pasta
svd18:darkbread	1		4	dark/whole grains
svd19:branmuffins	1		4	dark/whole grains
svd20:biscuits	1		6	sweet bread
svd21:margarineonrolls	1		39	fats and oils
svd22:butteronrolls	1		39	fats and oils
svd23:chips	1		8	salty snacks
svd24:crackers	1		8	salty snacks
svd25:nuts	1		9	seeds, nuts and peanut butter
svd26:sunflowerseeds	1		9	seeds, nuts and peanut butter
svd27:peanuts	1		9	seeds, nuts and peanut butter
svd28:cottagecheese	1		13	cottage cheese
svd29:cheddar_etc	1		17	high-fat dairy

FOOD	weight	Note	FG#	FG
svd30:plainyogurt	1		10	yogurt
svd31:flavoredyogurt	1		10	yogurt
svd32:creamsoup	1		18	cream-based soups
svd33:peasoup	1		20	legumes
svd34:misosoup	1		29	soy foods & beverages
svd35:othersoup	1		19	other soups
svd36:lettucesalad	1		25	vegetables: other
svd37:spinachsalad	1		21	vegetables: green leafy
svd38:tomatoes	1		27	vegetables: tomato
svd39:avacado	1		26	avocado
svd40:carrots	1		23	vegetables: dark yellow
svd41:broccoli	1		22	vegetables: cruciferous
svd42:greenbeans	1		25	vegetables: other
svd43:hominy	1		25	vegetables: other
svd44:squash	1		23	vegetables: dark yellow
svd45:beans	1		20	legumes
svd46:otherveg	1		25	vegetables: other
svd47:whiterice	1		5	white bread, rice, pasta
svd48:brownrice	1		4	dark/whole grains
svd49:friedrice	1		34	high-fat Chinese dishes
svd50:frenchfries	1		28	fried potato
svd51:potato	1		24	vegetables: potato
svd52:sweetpotato	1		23	vegetables: dark yellow
svd53:butteronvegpotato	1		39	fats and oils
svd54:orientalnoodles	1		5	white bread, rice, pasta
	1		35	red meat
svd55:chineesedumplings	1		34	high-fat Chinese dishes
svd56:chowmein	1		34	high-fat Chinese dishes
svd57:stirfriedbeef	0.5		22	vegetables: cruciferous
	0.5		23	vegetables: dark yellow
	0.5		35	red meat
	0.5		36	poultry
svd58:stirfriedshrimp	0.5		22	vegetables: cruciferous
	0.5		23	vegetables: dark yellow
	1		37	fish
svd59:stirfriedtofu	0.5		22	vegetables: cruciferous
	0.5		23	vegetables: dark yellow
	0.5		25	vegetables: other
	1		29	soy foods & beverages

FOOD	weight	Note	FG#	FG
svd60:stirfriedveg	0.5		22	vegetables: cruciferous
	0.5		23	vegetables: dark yellow
	0.5		25	vegetables: other
svd61:burritos	1		5	white bread, rice, pasta
	1		17	high-fat dairy
	1		20	legumes
	0.5		25	vegetables: other
	1		27	vegetables: tomato
svd62:burritos_wmeat	1		5	white bread, rice, pasta
	1		17	high-fat dairy
	0.5		25	vegetables: other
	1		27	vegetables: tomato
	0.5		35	red meat
	0.5		36	poultry
svd63:enchiladas	1		5	white bread, rice, pasta
	1		17	high-fat dairy
	1		20	legumes
	0.5		25	vegetables: other
	1		27	vegetables: tomato
svd64:enchilada_wmeat	1		5	white bread, rice, pasta
	1		17	high-fat dairy
	0.5		25	vegetables: other
	1		27	vegetables: tomato
	0.5		35	red meat
	0.5		36	poultry
svd65:picadillo	1		27	vegetables: tomato
	1		35	red meat
svd66:arrozconpollo	1		5	white bread, rice, pasta
	1		36	poultry
svd67:chile_wmeat	1		20	legumes
	1		27	vegetables: tomato
	1		35	red meat
svd68:redchilew_meat	0.5		23	vegetables: dark yellow
	0.25		25	vegetables: other
	1		27	vegetables: tomato
	1		35	red meat
svd69:greenchilew_meat	0.25		25	vegetables: other
	1		27	vegetables: tomato

FOOD	weight	Note	FG#	FG
	1		35	red meat
svd70:refriedbeans	1		20	legumes
	0.5		39	fats and oils
svd71:salsa	1		27	vegetables: tomato
svd72:tortilla	1		5	white bread, rice, pasta
svd73:pasta_creamsauce	1		5	white bread, rice, pasta
	1		17	high-fat dairy
svd74:pasta_creamsaucewmeat	1		5	white bread, rice, pasta
	1		17	high-fat dairy
	0.4		35	red meat
	0.4		36	poultry
	0.4		37	fish
svd75:pasta_tomatosauce	1		5	white bread, rice, pasta
	1		27	vegetables: tomato
svd76:pasta_toamatsaucewmeat	1		5	white bread, rice, pasta
	1		27	vegetables: tomato
	1		35	red meat
svd77:pizza	1		30	pizza
svd78:meatstew	1		5	white bread, rice, pasta
	0.5		19	other soups
	0.5		23	vegetables: dark yellow
	0.25		24	vegetables: potato
	0.5		25	vegetables: other
	0.5		35	red meat
	0.5		36	poultry
svd79:fishstew	0.5		5	white bread, rice, pasta
	0.5		19	other soups
	1		37	fish
svd80:chickensalad_etc	1		32	chicken/tuna/egg salads
svd81:pastasalad_etc	1		31	pasta/potato salad
svd82:hamburger	1		35	red meat
svd83:steak	1		35	red meat
svd84:hamhocks	1		33	high-fat & processed meats
svd85:ham	1		33	high-fat & processed meats
svd86:roastedchicken	1		36	poultry
svd87:friedchicken	1		36	poultry
	1		39	fats and oils
svd88:liver	1		33	high-fat & processed meats

FOOD	weight	Note	FG#	FG
svd89:gravy	1		39	fats and oils
svd90:friedfish	1		37	fish
	1		39	fats and oils
svd91:shrimp	1		37	fish
svd92:tuna	1		37	fish
svd93:boiledfish	1		37	fish
svd94:sugaronbread	1		38	sweet extras
svd95:icecream	1		12	ice cream
svd96:frozenyogurt	1		11	low-fat dairy dessert
svd97:tofudessert	0.5		7	dessert
	0.5		29	soy foods & beverages
svd98:whitedonuts	1		7	dessert
svd99:chocdonuts	1		7	dessert
svd100:pies	1		7	dessert
svd101:pudding	1		7	dessert
svd102:candy	1		38	sweet extras
svd103:wholemilk	1		15	whole milk
svd104:milk2pct	1		14	low-fat milk
svd105:skimmilk	1		14	low-fat milk
svd106:sweetcondsmlk	1		11	low-fat dairy dessert
svd107:soymilk	1		29	soy foods & beverages
svd108:soda	1		44	non-diet soft drinks
svd109:dietsoda	1		45	diet soft drinks/ mineral water
svd110:instantbrkfast	1		40	meal replacement drinks
svd111:hotcocoa	1		41	hot chocolate
svd112:coffee	1		42	coffee
svd113:herbaltea	1		N/A	
svd114:blacktea	1		43	tea
svd115:milkincoffeetea	0.06		15	whole milk
svd116:creamincoffeetea	1		16	coffee/tea creamers
svd117:sugarincoffeetea	1		38	sweet extras
svd118:wine	1		47	other alcoholic beverages (wine/liquor)
svd119:beer	1		46	beer
svd120:liquor	1		47	other alcoholic beverages (wine/liquor)