## HEART DISEASE dOCo SNÓt CARE WHAT YOU WEAR



Mannequins Courtesy of Rootstein Mannequins, www.rootstein.com. Red Dresses Photographed by Thomas Card for The Heart Truth.

## IT'STHE \# I KILLEROFWOMEN

Being a woman doesn't protect you from
heart disease. Try these risk factors on for size: Do you have high blood pressure? High blood cholesterol? Diabetes? Are you inactive? Are you a smoker? Overweight? If so, this could damage your heart and lead to disability, heart attack or both.

U.S. Department of Health and Human Services National Institutes of Health

Talk to your doctor to get answers that may save your life. The truth is, it's best to know your risks and to take action now. www.hearttruth.gov


National Heart Lung and Blood Institute People Science Health

