

HEALTH SERVICES

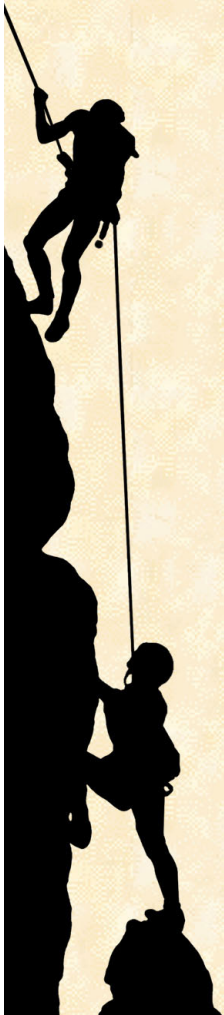
The ORNL Health Services Division (HSD) assists in achieving and maintaining the highest physical and emotional health of all employees so that optimal job performance may be achieved with minimal stress, thereby reducing absenteeism, enhancing productivity, and prolonging each employee's productive years.

Its goals are to prevent, detect, and reduce occupational illnesses and injuries and to contribute, as a member of an interdisciplinary team with industrial hygiene, radiation control, industrial safety, and management, to the reduction or elimination of occupational health hazards and the promotion of a safe and healthful work environment.



The objectives of the HSD are as follows:

- Assist contractor management in protecting employees from health hazards in their work environments
- Assist contractor management in ensuring the placement of employees in work that can be performed in a reliable and safe manner consistent with the requirements of the Americans with Disabilities Act of 1990
- Provide support to contractor management in the medical, mental, and substance abuse aspects of personnel reliability and fitness for duty
- Promote the early detection, treatment, and rehabilitation of employees who are ill, injured, or otherwise impaired
- Apply preventive medicine measures towards the maintenance of the optimal physical and mental health of employees through health promotion and education
- Provide professional guidance and consultation to contractor management on all health-related issues
- Provide employees, as appropriate, with professional medical evaluation, guidance, counseling, and referrals to specialists in support of optimal physical and mental health
- Protect the privacy of employees and the confidentiality of their medical records
- Provide support to DOE and contractor management and to the Office of Health Studies/Office of Epidemiologic Studies by the collection and analysis, when requested, of employee health data for the purpose of early detection and prevention of occupational and nonoccupational illnesses and injuries, thereby reducing morbidity and mortality



MAJOR PROGRAMS

Patient Care

- Occupational Illness/Injury
- Non-Occupational Illness/Injury (limited)

Evaluations

- Pre-Placement
- Periodic Voluntary
- Termination
- Fitness for Duty
- Disability
- Return to Work
- Mandatory

Laboratory Procedures

- Hematology
- Blood Chemistries
- Urinalysis
- Stool Hemocult
- Rapid Strep Testing
- Electrocardiogram (EKG)
- Pulmonary Function Testing
- Audiometry
- Vision Testing
- Chest and Other X-Rays
- Breath Alcohol Testing
- Urine Collection for Drug Testing
- Prostate-Specific Antigen (PSA)

Immunizations

- Tetanus/Diphtheria
- Influenza
- Hepatitis B (at-risk employees only)
- Allergy Desensitization
- Tuberculin Skin Testing
- Company-Required Travel Only
 - Hepatitis A
 - Typhoid
 - Polio
 - Measles/Mumps/Rubella (MMR)

Occupational Vision

- Prescription Safety Glasses
- Adjustments/Repairs

Hazard Assessment

- Work Site Visits

Emergency Response

- Emergency Care Including Cardiopulmonary Resuscitation (CPR) and Advanced Cardiac Life Support (ACLS)
- Disaster Planning
- Emergency Response Team

Health Counseling (Wellness)

- Employee Assistance Program (ASSIST)
- Nutrition Counseling
- Physical Activity
- Emotional/Mental Health/Stress
- Hypertension (High Blood Pressure)
- Diabetes Counseling and Group Support Sessions

Administration

- Generation and Maintenance of Medical Records
- Interfacing with and Serving the Health-Related Needs of All ORNL Employees
- Patient Scheduling

DISTINCTIVE PROGRAM CONTENT

Evaluations

- Medical History
- Physical Examination
 - Men: PSA Examination (40 and over)
 - Women: Pap Smears (all ages)
Mammograms (40 and over)
- Laboratory Multiphasic Testing/Review Results
- Diagnostic Assessment
- Recommendations
- Treatment/Referrals to Primary Care Physician

Laboratory

- State-of-the-Art Equipment
- Clinical Chemist Monitored
- Approved in accordance with Comprehensive Laboratory Improvement Amendments (CLIA)

Consultants

- Cardiology
- Radiology
- Pathology

Occupational Injury/Illness

- Assessment of On-the-Job Injury and Treatment
- Documentation of Injury and Follow-up Treatment
- Referrals within the WORXS Program to Board Certified Specialist, if Needed, for Workers' Compensation Cases

ORNL PHYSICAL THERAPY

The Physical Therapy Clinic is available to all ORNL employees through physician referral and is located in Building 2506. Open daily from 7:30 a.m. to 4:00 p.m., the clinic is staffed by a physical therapist, a physical therapist assistant, and an exercise physiologist. Physical therapy services include assessment and treatment for a variety of neurological and musculoskeletal problems. Treatment programs are goal-oriented and based on a thorough evaluation of the tissue, phase of healing, and extent of injury. Treatment may include modalities to decrease pain, swelling, spasm, and stiffness, and exercises to improve strength, flexibility, coordination, and function.

CLINICAL SERVICES**Clinical Evaluations:**

- Musculoskeletal Examination
- Joint Range of Motion
- Neurological Testing
- Posture Assessment
- Joint Mobility/Stability

- Functional Tests
- Gait Analysis
- Manual Muscle Tests

Individualized Exercise Programs:

- Spine Stabilization
- Post-Operative Strengthening
- Progressive Resistive Exercises
- Stretching Programs
- Proprioceptive Training
- Home Exercise Programs

Treatment Modalities:

- Joint Mobilization
- Soft Tissue Mobilization
- Ultrasound
- Muscle and Nerve Stimulation
- Cervical and Pelvic Traction
- Hot and Cold Packs
- Paraffin Bath
- Thermoplastic Splinting

Point of Contact:

James E. Phillips
 P.O. Box 2008
 Oak Ridge, Tennessee 37831-6220
 Phone: 865-574-7431
 phillipsje@ornl.gov

