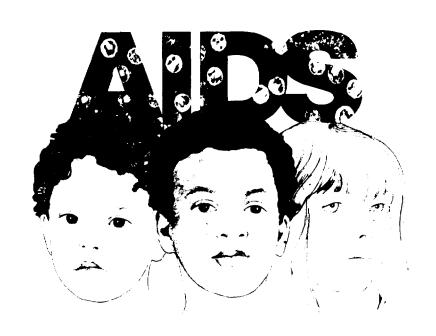
"I am the Surgeon General of the heterosexuals and the homosexuals, of the young and the old, of the moral or the immoral, the married and the unmarried. I don't have the luxury of deciding which side I want to be on."

C. Everett Koop
 The Washington Post Health Magazine
 24 March 1987

# Report of The Surgeon General's Workshop on Children With HIV Infection And Their Families



Presented by the U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES Public Health Service Health Resources and Services Administration Bureau of Health Care Delivery and Assistance Division of Maternal and Child Health

In conjunction with

The Children's Hospital of Philadelphia

April 6th-9th, 1987

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This book is dedicated to the memory of Samuel Jared Kushnick in testimony of how much "his life has counted" and how well "his voice is heard."

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Children with HIV Infection and Their Families
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The Division of Maternal and Child Health—Public Health Service
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This report was edited by
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The Children's Hospital of Philadelphia

and

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## **PREFACE**

This Surgeon General's Workshop on Children with HIV Infection and Their Families provides an opportunity to summarize the current knowledge about AIDS (Acquired Immunodeficiency Syndrome) in children and to make recommendations about future directions in research, prevention, and amelioration of the effects of pediatric AIDS. Surgeon General's Workshops, of which this is the fifth, have been useful vehicles for assembling experts to improve the health of mothers and children. Representatives of major professional and voluntary organizations and from various components of the Department of Health and Human Services insure not only a comprehensive coverage of the subject but also a network to disseminate and implement the recommendations.

In the early eighties we realized that children could develop AIDS when it became apparent that this then very mysterious disease could be transmitted by blood transfusions and the administration of blood products to treat hemophilia. Initially it was difficult to distinguish this entity from the rare and puzzling congenital immunodeficiency diseases in children.

By 1984 the numbers of children with AIDS had begun to escalate, especially in New York City, Newark, and Miami. The Division of Maternal and Child Health first held an ad hoc meeting to try to delineate the nature of the problem in NYC where infants were occupying acute care hospital beds unnecessarily because no alternative living arrangements were available. DMCH joined other departmental groups in cosponsoring the first National Meeting on Pediatric AIDS in November, 1984. Attendees at this meeting agreed that AIDS did occur in children, that the number of children involved was undercounted in the CDC surveillance system, and that infected infants and children and their families were subject to discrimination and sometimes barred from basic services. Participants expressed concern about seemingly insoluble problems, although some told of initial efforts to solve them.

DMCH, the New York State Health Department, and the Albert Einstein College of Medicine cosponsored a second National Pediatric AIDS Meeting held in March, 1986. A larger group—predominantly of physicians but also of other health workers, child welfare workers, and educators—exchanged information about the clinical spectrum and treatment efforts. A new confidence resulted from the increasing knowledge about the etiology and transmission of AIDS. We recognized that many generic solutions were applicable to HIV infection. Many could remember when most infections could be managed even without vaccines and antibiotics. It has been especially heartening to hear how the State Health Department, the Hemophilia Treatment Center, and the local school had worked together in Swansea, Massachusetts, to retain a boy with AIDS in school in a manner that evoked the best instincts of his classmates and their families.

This, then, is actually the third national meeting on pediatric AIDS, and is conducted as a Surgeon General's Workshop to bring our best efforts to bear against this new disease.

C. Everett Koop, M.D., Sc.D. Surgeon General

# PLANNING COMMITTEE

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Shirley Bonnem Vice President

Stephen W. Nicholas, M.D. Department of Pediatrics

Benjamin K. Silverman, M.D. Department of Emergency Medicine

# WORKSHOP PROGRAM

Monday, April 6, 1987

Plenary Session

The Children's Hospital of Philadelphia

Greetings John Hutchings, M.D.

Assistant Director

Division of Maternal and Child Health Department of Health and Human Services

Rockville, MD

Presiding Stanley A. Plotkin, M.D.

Director, Division of Infectious Diseases The Children's Hospital of Philadelphia

Welcome Edmond F. Notebaert, President and Chief Executive Officer

The Children's Hospital Foundation The Children's Hospital of Philadelphia

Robert Zimmerman, M.P.H.

Acting Deputy Secretary for Public Health Programs

Pennsylvania State Department of Health

Harriett Williams

Deputy Commissioner for Community Health Services

City of Philadelphia

Keynote and Charge C. Everett Koop, M.D., Sc.D.

Surgeon General Public Health Service

Department of Health and Human Services

Global Epidemiology Thomas C. Quinn, M.D., M.S.

National Institute of Allergy and Infectious Diseases

Associate Professor of Medicine Johns Hopkins University, Baltimore, MD

The Human Immunodeficiency

Virus

Wade P. Parks, M.D., Ph.D.

Director of Pediatrics Division of Immunology and Infectious Disease

University of Miami School of Medicine

Miami, FL

Immunology of HIV Infection Arthur J. Ammann, M.D.

Director, Collaborative Research

Genentech, Inc.

South San Francisco, CA

Epidemiology and Transmission

of Pediatric Infection

Martha F. Rogers, M.D.

AIDS Program/Center for Infectious Diseases Centers for Disease Control

Atlanta, GA

Approaches to Prevention

of HIV Infection

Walter R. Dowdle, Ph.D. Acting Deputy Director (AIDS) Centers for Disease Control

Atlanta, GA

Natural History of HIV

Infection I

Gwendolyn B. Scott, M.D. Associate Professor of Pediatrics

Head, Division of Infectious Disease and Immunology

University of Miami School of Medicine

Miami, FL

Natural History of HIV

Infection II

James Oleske, M.D. Associate Professor Department of Pediatrics

College of Medicine and Dentistry of New Jersey

Newark, NJ

Tuesday, April 7, 1987

Plenary Session Continued

HIV Transmitted by **Blood Products** 

Margaret W. Hilgartner, M.D.

Professor of Pediatrics

Director, Division of Pediatric Hematology/Oncology

New York Hospital-Cornell Medical Center

New York, NY

Supportive Treatment of Pediatric HIV Infection

Arye Rubenstein, M.D.

Professor of Pediatrics, Microbiology and Immunology Albert Einstein College of Medicine of Yeshiva University

Bronx, NY

Drug Abuse and Women's

Medical Issues

Constance B. Wofsy, M.D. Co-Director, AIDS Activities

Principal Investigator, Project AWARE

San Francisco General Hospital

San Francisco, CA

Education to Prevent **HIV** Infection

Karolynn Siegel, Ph.D. Director of Research Department of Social Work

Memorial Sloan Kettering Cancer Center

New York, NY

Legal Issues

Harold M. Ginzburg, M.D., J.D., M.P.H.

Chief, Epidemiology Branch

AIDS Program

National Institute of Allergy and Infectious Diseases

Bethesda, MD

Management of Children

with HIV Infection

Mary Boland, R.N., M.S.N., C.P.N.P.

Director, AIDS Program

Children's Hospital of New Jersey

Newark, NJ

Vaccine Strategies

Gerald V. Quinnan, Jr., M.D.

Division of Virology

Office of Biologics Research and Review

Center for Drugs and Biologics Food and Drug Administration Bethesda, MD

A Mother's Viewpoint

Helen G. Kushnick

General Management Corporation

Los Angeles, CA

Individual Work Groups Begin

Wednesday, April 8, 1987

Individual Work Group Recommendations

Plenary Session: Work Groups' Summation and Presentation

Surgeon General's Response

C. Everett Koop, M.D., Sc.D.

Close

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### COMMONWEALTH OF PENNSYLVANIA OFFICE OF THE GOVERNOR HARRISBURG

### **GREETINGS:**

As Governor of the Commonwealth of Pennsylvania, it gives me great pleasure to extend greetings to all those gathered for the AIDS workshop being held by United States Surgeon General, Dr. C. Everett Koop, M.D. at The Children's Hospital of Philadelphia.

I applaud all of you for the dedicated and professional efforts you have taken to improve and strengthen pediatric health care.

Best wishes for a productive and meaningful workshop.

Robert P. Casey