

Even if you're healthy,  
if you live with or  
care for people at  
high risk for severe  
complications from  
influenza, you should  
**get vaccinated.**

Groups at high risk  
include **infants,**  
**pregnant women,**  
kids and adults with  
chronic medical  
conditions like **asthma,**  
**diabetes, or heart**  
**disease,** and adults  
aged **65 and older.**



# My Little Girl Has Diabetes.

## WE'LL BOTH GET A FLU VACCINE.



FOR MORE INFORMATION  
**800-CDC-INFO**

Don't get the flu. Don't spread the flu. **Get vaccinated.**

