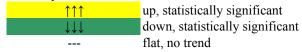# Core Indicator: Obesity, Females Age 18 and Older, King County

Obese: BMI at or greater than 30
Source: Washington State/King County/U.S. Centers for Disease Control Behavioral Risk Factor Surveillance Survey
Most recent data (2004): 17.4%, or about 112,000 King County adult females.

	Trend Over Time		Demographic Differences		
	Last 10 Years	**Last 5 Years**	**5-year Average, 2000-2004**		
	1995-2004	2000-2004	Prevalence	Lower CI	Upper CI
All	↑↑↑	↑↑↑	15.7	14.7	16.8
Age					
..18-24	---	↑↑↑	6.1	4.2	9.0
..25-44	↑↑↑	---	15.4	13.8	17.2
..45-64	↑↑↑	↑↑↑	19.9	17.9	22.1
..65+	---	---	15.8	13.4	18.5
Race/Ethnicity					
..White	↑↑↑	↑↑↑	15.5	14.4	16.7
..African American	↑↑↑	---	30.9	24.3	38.3
..Asian/PI	↑↑↑	---	10.3	7.0	14.9
..American Indian/AN	^	^	28.8	17.7	43.1
..Hispanic/Latino	---	↑↑↑	17.1	12.8	22.8
Annual Household Income					
..<$15,000	---	---	18.9	14.7	23.9
..$15,000-$24,999	---	↑↑↑	19.5	16.3	23.2
..$25,000-$34,999	---	---	16.6	13.7	20.1
..$35,000-$49,999	↑↑↑	---	20.3	17.2	23.7
..$50,000+	↑↑↑	---	13.9	12.4	15.5
Region					
..East	↑↑↑	---	12.4	10.5	14.7
..South	↑↑↑	---	20.4	18.4	22.6
..Seattle	↑↑↑	---	13.2	11.5	15.2
..North	---	---	15.0	12.1	18.3

Trend Symbols

↑↑↑	up, statistically significant
↓↓↓	down, statistically significant
---	flat, no trend

N/A: Not available
^Too few respondents to meet validity standard
CI is 95% Confidence Interval