

Core Indicator: No Physical Activity, Females Age 18 and Older, King County

No Physical Activity: Did not participate in any leisure-time physical activity during the past 30 days

Source: Washington State/King County/U.S. Centers for Disease Control Behavioral Risk Factor Surveillance Survey

Most recent data (2004): 15.0%, or about 106,000 King County adult females.

	Trend Over Time*		Demographic Differences		
	Last 10 Years 1996-2004	Last 5 Years 2000-2004	Prevalence	Lower CI	Upper CI
All	---	---	14.9	13.8	16.0
Age					
..18-24	---	---	10.9	8.2	14.3
..25-44	---	---	13.4	11.9	15.1
..45-64	↓↓↓	---	14.1	12.4	16.0
..65+	---	---	23.4	20.5	26.6
Race/Ethnicity					
..White	---	---	13.0	11.9	14.1
..African American	---	---	30.0	23.7	37.2
..Asian/PI	---	---	22.2	17.7	27.5
..American Indian/AN	^	^	15.0	7.8	27.2
..Hispanic/Latino	---	---	27.2	21.7	33.6
Annual Household Income					
..<\$15,000	---	---	26.6	21.7	32.2
..\$15,000-\$24,999	---	---	23.3	19.6	27.6
..\$25,000-\$34,999	---	---	16.1	13.0	19.8
..\$35,000-\$49,999	---	---	13.8	11.5	16.6
..\$50,000+	---	---	9.5	8.2	10.9
Region					
..East	---	---	11.4	9.6	13.6
..South	---	---	20.7	18.7	22.9
..Seattle	---	---	10.6	9.1	12.2
..North	---	---	15.5	12.6	18.9

Trend Symbols

↑↑↑	up, statistically significant
↓↓↓	down, statistically significant
---	flat, no trend

N/A: Not available

^Too few respondents to meet validity standard

CI is 95% Confidence Interval

*Data are not available for 1997 and 1999.