

Folic Acid Ohio Campaign Materials



Start Healthy: Folic Acid and You

Developed by:
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This is a counseling aid and teaching tool for public health settings. It is designed to provide health professionals with a structure for a comprehensive discussion with clients about the benefits of folic acid. It can be used in part or in its entirety. Simple but effective graphics along with text are provided for the client to view on one side, and a script for health professionals is presented on the other side.

Public health nurses, dietitians, and social workers from Cincinnati and northern Kentucky have evaluated and used the tool. This inexpensive teaching tool emphasizes that although everyone in the family needs folic acid to be healthy, folic acid consumption is particularly important for women of childbearing age.

For more information, contact Nancy Steinberg Warren, MS, at 513-636-4475 or warrn0@chmcc.org



Sorry, we can't give you medical advice. Please talk with your doctor for questions about yourself. For other information, please contact:

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