

Resources

Federal Government Agencies

Centers for Disease Control and Prevention National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP) Division for Heart Disease and Stroke Prevention 4770 Buford Highway, NE Atlanta, GA 30341

Phone: 770-488-2424 Fax: 770-488-8151 Web site: http://www.cdc.gov/dhdsp

The Centers for Disease Control and Prevention (CDC) has established Heart Disease and Stroke Programs in 33 state departments of health across the nation. These state programs are committed to reducing the burden of heart disease and stroke by promoting heart-healthy and stroke-free working and living environments.

The CDC also funds (1) Paul Coverdell National Acute Stroke Registries to monitor and improve the quality of acute stroke care in four states; (2) WISEWOMAN, a program that currently exists in 14 states to help women with little or no health insurance gain access to screening and lifestyle interventions that can reduce their risk for heart disease and stroke; and (3) State Cardiovascular Health Examination Surveys, which collect state-level data on blood pressure, blood cholesterol, and other risk factors for heart disease and stroke in four states.

In addition, the Division for Heart Disease and Stroke Prevention at CDC performs extensive monitoring of recent trends in heart disease and stroke and conducts applied research to prevent heart disease and stroke.

Centers for Medicare & Medicaid Services 7500 Security Boulevard Baltimore, MD 21244 Phone: 410-786-3000 Fax: 410-786-8060

Web site: http://www.cms.hhs.gov

The mission of the Centers for Medicare & Medicaid Services (CMS) is to ensure effective, up-to-date health care coverage and to promote quality care for beneficiaries.

National Institute of Neurological Disorders and Stroke

NINDS-NIH Neurological Institute P.O. Box 5801, Bethesda, MD 20824 Phone: 800-352-9424 Fax: 301-402-2186 Web site: http://www.ninds.nih.gov

The goal of the National Institute of Neurological Disorders and Stroke (NINDS) is to reduce the burden of neurological disease a burden borne by every age group, by every segment of society, and by people all over the world.

Agency for Healthcare Research and Quality Center for Cost and Financing Studies 2101 East Jefferson Street, Suite 500 Rockville, MD 20852

Phone: 301-594-1406 Fax: 301-594-2166

Web site: http://www.ahrq.gov

The Agency for Healthcare Research and Quality (AHRQ) was established in 1989 as the Agency for Health Care Policy and Research. Re-authorizing legislation passed in November 1999 established AHRQ as the lead federal agency on quality research. AHRQ, part of the U.S. Department of Health and Human Services, is the lead agency charged with supporting research designed to improve the quality of health care, reduce its cost, and broaden access to essential services. AHRO's broad programs of research bring practical, science-based information to medical practitioners and to consumers and other health care purchasers.

Office of Minority Health Centers for Disease Control and Prevention 1600 Clifton Road, Mailstop E-67 Atlanta, GA 30033

Phone: 404-639-7210 Fax: 404-639-7171

Web site: http://www.cdc.gov/omh

The mission of the Office of Minority Health is to promote health and quality of life by preventing and controlling the disproportionate burden of disease, injury, and disability among racial and ethnic minority populations.

Office of Minority Health Division of Information and Education Rockwall II Building, Suite 1085 5515 Security Lane Rockville, MD 20852

Phone: 301-443-5224 Fax: 301-443-1426

Web site: http://www.omhrc.gov

The Office of Minority Health, which operates under the U.S. Department of Health and Human Services, works to improve collection and analyses of data on the health of racial and ethnic minority populations. It also monitors efforts to achieve Healthy People 2010 goals for minority health.

Office of Minority Health Resource Center Division of Information and Education 1101 Wootton Parkway, Suite 650 Rockville, MD 20852

Phone: 1-800-444-6472

Web site: http://www.omhrc.gov

The Office of Minority Health Resource Center was established to assist in the exchange of information and analysis of minority health issues. The center collects and distributes information on a wide variety of health topics and facilitates the exchange of information on minority health issues.

National Center on Minority Health and Health Disparities Office of Research on Minority Health 6707 Democracy Boulevard, Suite 800 Bethesda, MD 20892

Phone: 301-402-1366 Fax: 301-402-7040 Web site: http://www.ncmhd.nih.gov

The Office of Research on Minority Health (ORMH) was founded in 1999 by the National Institutes of Health (NIH) in order to help solve research questions that result from the disparity of health status among Americans.

The ORMH mission is to support and promote biomedical research aimed at improving the health status of minority Americans across the lifespan and programs aimed at expanding the participation of under-represented minorities in all aspects of biomedical and behavioral research.

Minority Health Organizations

Minority Health Professions Foundation 100 Edgewood Avenue, Suite 1020 Atlanta, GA 30303

Phone: 678-904-4217 Fax: 678-904-4518 Web site: http://www.minorityhealth.org

The Minority Health Professions Foundation is a nonprofit educational, scientific, and charitable organization that provides support for professional education, research, and community service that promote optimum health among poor and minority people.

National Association for the Advancement of Colored People

4805 Mt. Hope Drive, Baltimore, MD 21215 Phone: 410-580-5777 Fax: 410-580-5753

Web site: http://www.naacp.org

The National Association for the Advancement of Colored People (NAACP) is the oldest, largest, and strongest civil rights organization in the United States. The principal objective of the NAACP is to ensure the political, educational, social, and economic equality of minority group citizens of the United States. The NAACP is committed to nonviolence and relies on the press, the petition, and the ballot to fulfill its mission.

Black Health Organizations

International Society on Hypertension in Blacks 100 Auburn Avenue, Suite 401 Atlanta, GA 30303

Phone: 404-880-0343 Fax: 404-880-0347

Web site: http://www.ishib.org

The International Society on Hypertension in Blacks (ISHIB) is a not-for-profit professional, medical membership society devoted to improving the health and life expectancy of ethnic populations. ISHIB was founded in 1986 to respond to the problem of high blood pressure among ethnic groups. Its organizational scope includes diabetes, stroke, lipid disorders, renal disease, and other related cardiovascular diseases.

National Black Nurses Association 8630 Fenton Street, Suite 330 Silver Spring, MD 20910

Phone: 301-589-3200 Fax: 301-589-3223

Web site: http://www.nbna.org

The National Black Nurses Association (NBNA) was founded to develop a better health care system for black people, where black nurses and other nurses of color play a prominent role in the system. The NBNA encourages black nurses to take the lead to make a difference in the quality of life in communities of color.

National Association of Black Social Workers 2305 Martin Luther King Avenue, SE Washington, DC 20020

Phone: 202-678-4570 Fax: 202-678-4572

Web site: http://www.nabsw.org

The National Association of Black Social Workers was formed in response to issues related to providing human services in the black community, educating social workers for effective service in the black community, and providing opportunities for participation of black social workers in the social welfare arena.

National Medical Association 1012 10th Street, NW Washington, DC 20001

Phone: 202-347-1895 Fax: 202-898-2510

Web site: http://www.nmanet.org

The National Medical Association is committed to (1) preventing the diseases, disabilities, and adverse health conditions that disproportionately or differentially impact black and underserved populations, (2) supporting efforts that improve the quality and availability of health care to poor and underserved populations, and (3) increasing the representation and contribution of blacks in medicine.

Hispanic Health Organizations

National Alliance for Hispanic Health 1501 16th Street, NW Washington, DC 20036

Phone: 202-387-5000 Fax: 202-797-4353 Web site: http://www.hispanichealth.org

The National Alliance for Hispanic Health is dedicated to connecting communities and creating change to improve the health and well-being of Hispanics in the United States through consumer education and outreach, training programs, policy analysis, development and dissemination, and advocacy.

The National Council of La Raza 1126 16th Street, NW Washington, DC 20036

Phone: 202-785-1670 Fax: 202-776-1792

Web site: http://www.nclr.org

The National Council of La Raza, with over 300 formal affiliates who together serve 41 states, Puerto Rico, and the District of Columbia, was established to reduce poverty and discrimination, and improve life opportunities for Hispanic Americans.

National Association of Hispanic Nurses 1501 16th Street, NW Washington, DC 20006

Phone: 202-387-2477 Fax: 202-483-7183 Web site: http://www.thehispanicnurses.org

The National Association of Hispanic Nurses is the only national organization representing Hispanic registered nurses in the United States. Its goal is to increase the leadership development of Hispanic nurses and to improve the quality of health of Latino communities.

National Hispanic Medical Association

1411 K Street, Suite 1100 Washington, DC 20005

Phone: 202-628-5895 Fax: 202-628-5898 Web site: http://www.nhmamd.org

The National Hispanic Medical Association (NHMA) was organized to address the interests and concerns of 36,000 licensed physicians in the United States. Its goal is to improve the health of Hispanics and other underserved populations. As a rapidly growing national resource based in the nation's capital, NHMA provides policy makers and health care providers with expert information and support for Hispanic communities across the nation.

Interamerican College of Physicians and Surgeons 233 Broadway, Suite 806 New York, NY 10010-10279

Phone: 212-777-3642 Fax: 202-267-5394

Web site: http://www.icps.org

The Interamerican College of Physicians and Surgeons was founded to improve the health of the Hispanic community, reduce the incidence of preventable diseases, improve educational and leadership opportunities for Hispanic physicians, and encourage Hispanic youths to pursue careers in the health care field.

National Organizations

American Stroke Association 7272 Greenville Avenue Dallas, TX 75231

Phone: 214-373-6300 Fax: 214-706-1341 Web site: http://www.strokeassociation.org

The American Stroke Association is a not-for-profit, voluntary health organization funded by private contributions. Its mission is to reduce disability and death from stroke.

The Brain Attack Coalition National Institute of Neurological Disorders and Stroke 31 Center Drive, MSC 2540, Building 31 Bethesda, MD 20892

Phone: 301-496-5751 Fax: 301-496-0296 Web site: http://www.stroke-site.org

The Brain Attack Coalition is a group of professional, voluntary, and governmental entities dedicated to reducing the occurrence, disabilities, and death associated with stroke. The goal of the coalition is to strengthen and promote the relationships among its member organizations in order to help people who have had a stroke or are at risk for having a stroke.

InterAmerican Heart Foundation American Heart Association, National Center 7272 Greenville Avenue Dallas, TX 75231

Phone: 214-706-1301 Fax: 214-706-1211

Web site: http://www.iahf.org

The goals of the InterAmerican Heart Foundation are to promote an environment throughout North, Central and South America and the Caribbean conducive to preventing heart disease and stroke; to facilitate the development and growth of heart foundations; and to foster partnerships between health professionals and other sectors of society, including business and government, for the accomplishment of its mission.

National Stroke Association 9707 East Easter Lane Englewood, CO 80112

Phone: 303-649-9299 Fax: 303-649-1328

Web site: http://www.stroke.org

The mission of the National Stroke Association is to reduce the incidence and impact of stroke, to save lives, and to improve the quality of care for stroke survivors.

Patient Resources

American Stroke Association 7272 Greenville Avenue Dallas, TX 75231

Phone: 214-706-1301 Fax: 214-706-1211 Web site: http://www.strokeassociation.org

The American Stroke Association offers resources for stroke patients regarding health, fitness, and dietary guidelines. Information may be obtained via Internet, telephone, or direct mail.

Centers for Disease Control and Prevention 1600 Clifton Road Atlanta, GA 30333 Phone: 404-639-7000 Fax: 404-639-7171

Web site: http://www.cdc.gov

The Centers for Disease Control and Prevention (CDC) is a government agency dedicated to promoting health and quality of life by preventing and controlling disease, injury, and disability. The CDC Web site provides information about a variety of topics, including women's health, cardiovascular health, and minority health.

National Heart, Lung, and Blood Institute National Institutes of Health 31 Center Drive, Building 31 Bethesda, MD 20892

Phone: 301-592-8573 Fax: 240-629-3246 Web site: http://www.nhlbi.nih.gov

The National Heart, Lung, and Blood Institute can supply a wealth of information regarding heart, blood, and lung diseases for patients. Resources are available on the Internet as well as via telephone and direct mail.

About the Authors

Michele L. Casper, PhD, is an epidemiologist and acting team leader of the Small Area Analysis Team within the Division for Heart Disease and Stroke Prevention at the Centers for Disease Control and Prevention (CDC). Her research focuses primarily on the geographic, racial, and ethnic disparities in heart disease and stroke.

Janet B. Croft, PhD, is an epidemiologist and chief of the Epidemiology and Surveillance Branch within the Division for Heart Disease and Stroke Prevention at CDC. Her research focuses primarily on disparities in stroke, hypertension, and heart failure.

David S. Nilasena, MD, MSPH, is the chief medical officer for the Region VI Office of the Centers for Medicare & Medicaid Services. He has been actively involved in the agency's quality improvement efforts for heart disease and stroke, leading national work on these topics conducted through the Quality Improvement Organization program for the past 7 years.

Isaac A. Nwaise, MA, is a statistician and Geographic Information Systems (GIS) analyst with the Small Area Analysis Team within the Division for Heart Disease and Stroke Prevention at CDC. His research interests include health economics; GIS applications; and geographic, racial, and ethnic disparities in heart disease and stroke.

