		Yes	No
1.	Is the maximum depth of the wading pool 24 inches or less? Enclosure(7)A.3.		
2.	Is it posted that the wading pool is for children under the age of 6?		
3.	Does the command have a "no lifeguard/swim at your own risk" policy? Enclosure(7)B.1.		
4.	Are there signs posted in clear view if there is a "no lifeguard" policy? Enclosure(7)B.1.		
5.	Has the command obtained a legal review stating compliance with state or local statutes and regulations? Enclosure(7)B.1.		
6.	Is the command receiving an annual legal review and maintaining this documentation on file? Enclosure(7)B.1.		
7.	Are aquatic rules and regulations posted in a prominent location throughout the aquatic facility/area? Enclosure(7)B.3.		
8.	Are swim tests being administered to children, ages 10 through 16 to determine if a chaperon is needed? Enclosure(7)B.4.		
9.	Have any rescues been documented in the past year?		
	<ul> <li>How many?</li> <li>Were emergency personnel, the OOD, and the local MWR representative notified?</li> <li>Enclosure(7)B.11.</li> </ul>		
10.	Does your lifeguard have the authority to suspend pool privileges for individuals who repeatedly violate the rules or regulations?		
	• Who do they report suspensions to?		

Enclosure(7)B.15.

		Yes	No
11.	Are admission fees collected? Enclosure(7)C.1.		
12.	Do patrons sign a daily facility entry log? Enclosure(7)C.1.		
13.	Are all patrons entering the facility required to sign the entry log and pay the entry fee, regardless of the purpose to access the aquatic facility, (i.e. swimmers, sunbathers, guest)etc.? Enclosure (7) C.1 and Enclosure(7)H.2.		
14.	Are showers available and working for personnel and patrons before entering the pool? Enclosure(7)C.2.		
15.	Are children who still wear diapers required to wear aquatic-type diapers while in the pool? Enclosure(7)C.4.		
16.	Are aquatic-type diapers available at your Exchange or MWR facility for resale to patrons that may require them?		
17.	Does your facility have distinguishing marks to indicate where food and beverages may be consumed? (12 ft. is the American Red Cross Standard).Enclosure(7)C.6.		
18.	Has a smoking area been designated 25 ft from the bathhouse entrance and is it clearly marked? (for outdoor pools only). Enclosure(7)C.6.		
19.	<ul> <li>Do your lifeguards hold current certification</li> <li>by any of the approved organizations?</li> <li>a. American Red Cross Lifeguard Training.</li> <li>b. American Red Cross Lifeguard Training Instructor.</li> <li>c. YMCA Lifeguard Training.</li> <li>d. YMCA Lifeguard Training Instructor.</li> <li>e. YMCA Aquatics Instructor Trainer.</li> </ul>		

		Yes	No
	f. U.S. Coast Guard Aviation Survival Technician Class A School.		
	g. U.S. Navy Rescue Swimmer School (Aviation).		
	h. U.S. Navy Rescue Swimmer School (Surface).		
	i. U.S. Navy Rescue Swimmer Instructor. j. U.S Navy Basic Water Survival Training		
	program. Enclosure(7)E.		
20.	Do you have this documentation in their official personnel file?		
21.	Is your pool divided into Swimming Zones? Enclosure(7)F.1.		
22.	Are the swimming and diving zones separated by a buoy line fastened to each side of the pool? Enclosure(7)F.1.		
23.	Is the wading pool supervised by a responsible individual if a staff member is not physically stationed at the perimeter? Enclosure(7)F.2.		
24.	Are active duty, reserve members and their dependents, and cadets from service academies permitted free admission to CAT A and B pools during periods of scheduled physical fitness or lap swimming? Enclosure(7)H.3.		
25.	Is the surface area of your pool greater then 5,000 square feet? If so, do you have a minimum of one staff member assigned to and stationed at each: a. non-swimmers zone b. swimmers zone. c. diving zone.		
	<ul> <li>d. perimeter of swimming pool or water front area.</li> <li>Enclosure(7)I.1.</li> </ul>		

		Yes	No
26.	Is the surface area of the pool less than 5,000 square feet and without a diving zone?		
	If so, is a minimum of one lifeguard assigned for:		
	<ul> <li>a. both non-swimmers and swimmers zones (according to patron/staff ratios).</li> <li>Enclosure (7) I.1.</li> </ul>		
27.	Outside regular hours of operation for programs such as lap swim, aquatic fitness classes, etc., do you have at least one staff member on duty at the pool perimeter? Enclosure (7) I.2.		
28.	Has a criminal history background check been completed if your swimming instructors are working with children?		
29.	Does the unit have an in-service staff training program? Enclosure (7) M.		
30.	Are staff members receiving an orientation which includes:		
	<ul> <li>Facility operating policies and procedures.</li> </ul>		
	b. Appropriate uniform/attire.		
	<ul><li>c. Appropriate behavior/conduct.</li><li>d. Program and activity policies and</li></ul>		
	procedures. e. Health and sanitation rules and	<u> </u>	
	regulations. f. Safety rules and regulations.		
	g. Emergency procedures.		
	h. Medical emergency procedures.		
	i. Rule violation /disciplinary procedures.		
	j. Accident/incident reporting procedures.		
	Enclosure(7)M.1.		
31.	Are staff members in good physical and mental health and free of communicable disease? Enclosure(7)N.1.		

2.0		Yes	No
32.	Do staff members maintain: a. A high degree of cleanliness? b. A high level of physical fitness?		
	Enclosure (7) N.2.		
33.	Are staff members who provide 50 minutes of lifeguard services during an hour, receiving a 10 minute break each hour? Enclosure (7) N.3.		
34.	Are local operating instructions posted regarding the command's aquatic programs and facilities? Enclosure (7) 0.1.		
35.	At a minimum, is the following posted? a. Program Management Responsibilities.		
	b. Authorized patrons.		
	c. Lifeguard duties and responsibilities.		
	d. Lifeguard has final say on suspension		
	of privileges. e. Hours of operation.		
	f. Program areas and objectives.		
	g. Rules and regulations.		
	1. Inclement weather policy.		
	2. Eating/drinking policy.		
	3. Glass in pool area.		
	4. Radio/TV policy.		
	5. Diving rules.		
	6. Swimwear.		
	7. Toys; Horseplay.		
	8. No sun glasses in pool.		
	9. Pets.		
	10. Accident/incident reports.		
	11. Phone number to call if needed.		
	12. Emergency procedures.		
	13. Health of patron policy.		
	14. Must shower before entering.		
	15. Maximum Occupancy.		
	Enclosure (7) O. and (7) C.		
36.	Are admission fees posted? Enclosure(7)0.1.f.		

5

		Yes	No
37.	<pre>Is the pool water: a. Free of suspended matter? b. Clear enough to see pool sides? c. Clear enough to see a four inch disk on the bottom of deepest section of the pool? Enclosure (7) P.1.</pre>		
38.	If disk cannot be seen clearly, is the pool closed until the water is cleared? Enclosure (7) P.1.		
39.	Is the water in the pool and wading pool kept to the standards established by the Safety and Environmental Health Manual, COMDTINST M5100.47(series) and the Manual of Naval Preventive Medicine, NAVMED P-5010-4? Enclosure (7) P.1.		
40.	Is there a certified pool operator either on staff or contract at the command? Enclosure (7) P.1.		
41.	What is the Pool Capacity? Enclosure (7) P.2.		
42.	Has the pool capacity been calculated based on the criteria in Enclosure (7) P.2. a-d? Enclosure (7) P.2.		
43.	Are pools marked where the depth of the pool changes by 1 foot? Enclosure (7) P.3.a.		
44.	Are swimming lanes marked on the bottom of the pool? Enclosure (7) P.3.b.		
45.	Is the main drain clearly marked and conspicuous? Enclosure (7) P.3.c.		
46.	<ul><li>Is your diving board:</li><li>a. Factory fabricated aluminum or fiberglass with a non-slip surface.</li><li>b. A standard spring board, 14 to 16 feet long and 1.67 feet wide.</li></ul>		

		Yes	No
	<pre>c. The standard distance above the water     of either:     1. 1.6 feet (500mm)     2. 3.3 feet (1m)     3. 9.8 feet (3m) Enclosure (7) P.4.a.</pre>		
47.	Does the diving board have a lockable fulcrum adjustable over a distance of 10 to 12 inches? Enclosure (7) P.4.a.		
48.	Does the base section of the diving board extend beyond the pool wall at least: a. 5 feet for a 14 foot board. b. 6 feet for a 16 foot board. Enclosure (7) P.4.a.		
49.	Are diving stands factory-fabricated and anchored in accordance with manufacturers' recommendations? Enclosure (7) P.4.b.		
50.	Are handrails provided for all steps and ladders leading to diving boards more than 3.3 feet above water? Enclosure (7) P.4.b.		
51.	Is the diving board centerline a minimum of 12 feet from the nearest parallel pool wall or other diving boards? Enclosure (7) P.4.c.		
52.	<pre>Is the number of diving boards in accordance with the dimensions of the diving zone? a. 1 board = 45 feet x 24 feet. b. 2 boards = 45 feet x 36 feet. c. 3 boards = 45 feet x 48 feet. Enclosure (7) P.4.d.</pre>		
53.	Does the depth of the water under the diving board and the length of the diving zone conform to the following safety standards:		

		nimum Length of Ne Diving Well
	1.6 feet (500mm)       9 feet         3.3 feet (1m)       10 feet         9.8 feet (3m)       12 feet         Enclosure (7) P.4.e.	25 feet 35 feet 40 feet
54.	<ul> <li>Enclosure (7) P.4.e.</li> <li>Is the plummet line on your diving board a minimum of: <ul> <li>a. 8 feet from the back wall for 1 and 3 meter boards?</li> </ul> </li> <li>b. 10 feet from the poolside wall for 1 meter boards?</li> <li>c. 12 feet from the poolside wall for 3 meter boards?</li> <li>d. 8 feet from adjacent plummet line for 1 and 3 meter boards?</li> <li>e. 29 feet from pool wall ahead for 1 meter boards?</li> <li>f. 34 feet from ceiling for inside pools for 1 and 3 meter boards?</li> <li>g. 18 feet from ceiling for 1 meter boards?</li> <li>h. Is there 8 feet of overhead clearance behind and on each side of plummet for inside pools and 18 feet of overhead clearance ahead?</li> <li>i. 12 foot of depth for 1 meter board?</li> <li>k. Is there a distance of at least 20 feet of proper depth of water ahead of plummet line for 1 and 3-meter boards?</li> </ul>	
	<ul> <li>side of plummet line?</li> <li>m. Is there a distance and depth of water at least 10 feet deep for 3-meter boards on each side of the plummet line?</li> <li>Enclosure (7) P.4.f.</li> </ul>	

		Yes	No
55.	Are any recreational diving platforms greater than 5m high? Enclosure (7) P.4.g.		
56.	Are your lifeguard stands factory manufactured? Enclosure (7) P.5.a.		
57.	Are lifeguard stands located so as not to face directly into the sun, and to allow the lifeguard not more than a 180 degree field of vision of the area he/she is responsible for? Enclosure (7) P.5.b.		
58.	Do you have a minimum of one lifeguard stand for each swimming and diving zone in the pool? Enclosure (7) P.5.c.		
59.	<pre>Is all portable equipment stored and secured when not in use? • Where is it located? Enclosure (7) P.6.a.</pre>		
60.	<ul><li>Have the inserts and anchors in the pool and deck been installed in accordance with the manufactures recommendation?</li><li>Do you maintain these recommendations on file?</li><li>Enclosure (7) P.6.b.</li></ul>		
61.	Are stanchions and stanchion sockets, used to divide the pool, made of stainless steel with top closure plug fitted flush with the pool and deck when not in use? Enclosure (7) P.6.b.		
62.	Does any obstruction, (lane line anchor hardware) project from the pool wall? Enclosure (7) P.6.c.		
63.	Are water slides placed where the pool is at least 5 feet deep? Enclosure (7) P.7.		

		Yes	No
64.	Is the center line of the water slide at least 12 feet away from the centerline of diving boards? Enclosure (7) P.7.		
65.	If pool is enclosed, is there sound absorbing material on the walls and ceiling to reduce echoes and sound reverberation? Enclosure (7) P.8.a.		
66.	Do the outdoor pool(s) have a wall or fence at least six-feet high surrounding them? Enclosure (7) P.8.b.		
67.	Does the fence have a 3 foot wide gate to comply with the Americans with Disabilities Act? Enclosure (7) P.8.d.		
68.	Are these gates locked when not in use? Enclosure (7) P.8.d.		
69.	Is the wading pool separated from the main swimming pool, and is the pool deck area separated from grassed areas, activity areas, or playgrounds with a 4-foot high fence? Enclosure (7) P.8.e.		
70.	Is the pool equipped with nonferrous metal or stainless steal ladders with above deck mounted grab rails on both sides? Enclosure (7) P.8.f.		
71.	Are additional ladders provided for every 75 feet of pool perimeter? Enclosure (7) P. 8.f.		
72.	Are there a minimum of 3 inches and a maximum of 6 inches of clearance between the ladder and the pool wall? Enclosure (7) P.8.f.		
73.	Does the pool deck have a non-slip surface, free from irregular surfaces and fittings		

		Yes	No
	along accessible routes? Enclosure (7) P.8.g.		
74.	Do patrons enter and exit the pool through a control counter in or near the bathhouse? Enclosure (7) P.9.a.		
75.	If so, is the control counter manned by the pool's staff to ensure only authorized patrons admittance and to supervise activity? Enclosure (7) P.9.a.		
76.	When patrons exit the bathhouse onto the pool deck is it at the shallow end of pool? Enclosure (7) P.9.a.		
77.	Does the bathhouse provide patrons with: a. dressing areas. b. clothing storage. c. benches. d. toilets. e. hot and cold showers. Enclosure (7) P.9.b.		
78.	Does the floor in the bathhouse have a non-skid surface? Enclosure (7) P.9.c.		
79.	Does the bathhouse have: a. natural ventilation. b. mechanical ventilation. Enclosure (7) P.9.d.		
80.	Are bathhouse walls, ceiling, and floors made of waterproof and vapor-resistant materials? Enclosure (7) P.9.d.		
81.	Are soap dispensers and paper towels or drying devices available in lavatories? Enclosure (7) P.9.d.		
82.	Are glass mirrors mounted in the bathhouse? Enclosure (7) P.9.e.		

		Yes	No
83.	Are bathhouse lockers well ventilated, set on a closed base, and securely anchored to the floor and or wall? Enclosure (7) P.9.f.		
84.	Does the pool have a public address system? Enclosure (7) P.10.b.		
85.	Do lifeguards have a method of communicating with the pool patrons, staff members, control desk, and the MWR Officer's/Director's office? Enclosure (7) P.10.b.		
86.	Is there a telephone or equivalent form of communication available at the control desk, bathhouse or lifeguard stands for emergency and business use? Enclosure (7) P.10.c.		
87.	Are lifeguards and other supervisory personnel indoctrinated on chlorine gas leak procedures? Enclosure (7) P.11.		
88.	Are single drain suction line hazard properly addressed? Enclosure (7) P.12.		
89.	Is the master cut-off valve for single drain suction labeled and accessible to lifeguard and staff personnel? Enclosure (7) P.12.		
90.	Is documentation of pre-season inspections conducted within a week of opening by facilities engineering, medical, and MWR personnel available? Enclosure (7) P.13.		
91.	Do you have the following recommended items available for your lifeguards? a. Sunglasses. b. Sunscreen. c. Drinking water. d. Visor or Cap. Enclosure (7) R.		

		Yes	No
92.	Are lifeguards empowered to restrict a patron's swimming based on swimming skill level or ability? Enclosure (7) R.		
93.	<pre>Is the following required lifesaving equipment available at your aquatic facility? a. Megaphone. b. Whistle. c. Shade Umbrella. d. Telephone and or two way radio. e. Ring buoy with attached line at each lifeguard stand. f. Rescue tube at each lifeguard stand. g. Rescue pole at each lifeguard stand. h. First aid kit. i. Cot. j. Blanket/Pillow. k. Factory manufactured marine backboard with straps and head immobilizer. Enclosure (7) R.</pre>		
Water	front areas only:		
94.	Does the command have a "no lifeguard/swim at your own risk" policy for your waterfront area? Enclosure (7) B.1.		
95.	Does the command have a legal review that states the waterfront policy is in compliance with local statutes and regulations? Enclosure (7) B.1.		
96.	Is the command getting an annual legal review and maintaining this information on file? Enclosure (7) B.1.		
97.	Are waterfront rules and regulations posted in a prominent location throughout the		

aquatic facility/area? Enclosure (7) B.3.

		Yes	No
98.	Do you have one lifeguard stand per 200 linear feet of waterfront? Enclosure (7) Q.1.a.		
99.	Are lifeguard supervision patterns overlapping at a minimum of 15 to 20 percent? Enclosure (7) Q.1.b.		
100.	Do anchored buoys designate the swimming perimeter? Enclosure (7) Q.2.		
101.	Are drop-offs, underwater hazards, and wading areas also designated? Enclosure (7) Q.2.		
102.	Are diving platforms constructed with 12 inches of visible airspace from the surface of the water to the bottom of the structure? Enclosure (7) Q.3.a.		
103.	Is all underwater construction kept to a minimum and designed to prevent entrapment of swimmers? Enclosure (7) Q.3.a.		
104.	Are diving platforms or diving devices 9.8 feet(3m)or less above the water surface? Enclosure (7) Q.3.a.		
105.	<pre>Is the following lifesaving equipment available at your waterfront? Enclosure (7) R. a. Megaphone. b. Whistle. c. Shade Umbrella. d. Telephone and or two way radio. e. Ring buoy with attached line at each lifeguard stand. f. Rescue tube at each lifeguard stand. g. Rescue pole at each lifeguard stand. h. Mask, fins and snorkel. i. Heaving line. j. First aid kit. k. Cot. l. Blanket/Pillow. m. Factory manufactured marine backboard with straps and head immobilizer.</pre>		

		Yes	No
106.	Do you have the following recommended items available for your lifeguards? a. Sunglasses. b. Sunscreen. c. Drinking water. d. Visor or cap. Enclosure (7) R.		
Publi	c Spa's and Hot Tubs		
107.	Are return inlets and suction outlets properly arranged to produce circulation throughout the spa? Enclosure (7) T.1.a.		
108.	Do all spa suction outlet covers comply with a nationally recognized testing laboratory? Enclosure (7) T.1.b.		
109.	If the suction outlet system is a vacuum cleaner system with multiple suction outlets, can each be isolated by valves? Enclosure (7) T.1.c		
110.	Does each suction outlet protect against entrapment by an antivortex cover or other means? Enclosure (7) T.1.c.		
111.	Is there a minimum of 2 (two) suction outlets for each pump suction outlet system? Enclosure (7) T.1.d.		
112.	Is each outlet separated by 3 feet or on two different planes? Enclosure (7) T.1.d.		
113.	Are the suction outlets plumbed such that water is drawn through simultaneously into a common line to the pump? Enclosure (7) T.1.d.		

		Yes	No
114.	Are the vacuum or pressure cleaner fittings in an accessible position(at least 6 but not more then 18 inches below the minimum operating water level) or as an attachment to skimmer? Enclosure (7) T.1.e.		
115.	Is potable water used to fill the spa? Enclosure (7) T.2.		
116.	Are sanitary facilities provided for hot tub patrons? Enclosure (7) T.3.		
117.	Is the filtration system capable of complete water turnover every 30 minutes? Enclosure (7) T.4.		
118.	Is the proper water level maintained by filling or draining in accordance with manufacture's instructions? Enclosure (7) T.4.		
119.	Is the water temperature 104 degrees Fahrenheit or lower? Enclosure (7) T.5.a.		
120.	Are temperature adjustments restricted to staff members only? Enclosure (7) T.5.a.		
121.	Is the hot tub water super chlorinated to 10 ppm for 10 hours at least weekly? Enclosure (7) T.5.b.		
122.	Is the water chemistry tested hourly during use? Enclosure (7) T.5.b.		
123.	Is the spa drained at least monthly? Enclosure (7) T.6.		
124.	Are the surfaces, sides, decks, railings etc., of the spa scrubbed with 50 ppm chlorine solution? Enclosure (7) T.6.		

		Yes	No
125.	Are safety and operational signs posted in the vicinity of the spa? Enclosure (7) T.7.a.		
126.	Are emergency numbers posted at the spa, along with the location of the nearest telephone? Enclosure (7) T.7.a.		
127.	Do safety signs include information on the risk of fetal damage, medical considerations and precautions, risk of drowning, shock and injury, and that unsupervised use by children are prohibited? Enclosure (7) T.b.		
128.	Do operational signs include information on the prohibition of use if, the suction fittings are missing or broken or if temperature reads 104 degrees Fahrenheit or above? Enclosure (7) T.c.		