



*Happy
Mother's
Day*



National Women's Health Week

*Thanks for taking
care of me ~
Now please
take care of you!*

It's Your Time!

Get Inspired. Get Healthy.

Eat Better **Move More** Visit Your Doctor

Relax and Take Care of Yourself

You're Worth It.



Medicare now covers prescription drugs.

www.womenshealth.gov/1-800-944-9662

www.medicare.gov/1-800-MEDICARE

