The Heart Truth: Pretest

CME Activity Name:

CME Activity Location:

CME Activity Date:

Identification:

Please mark the best response to each question:

1. Which of the following most precisely describes your area of practice of medicine?

    a. Family physician
    b. General internist
    c. Obstetrician/gynecologist
    d. Cardiologist
    e. Other MD or DO (please specify area of specialization)
    f. Nurse-midwife
    g. Nurse practitioner- general or family practice
    h. Nurse practitioner- gynecologic practice
    i. Nurse practitioner - other (please specify)
    j. Physician assistant-general or family practice
    k. Physician assistant-gynecologic practice
    l. Physician assistant - other (please specify)
    m. Registered nurse
    n. Other (please specify)

2. Which of the following most precisely describes your current level of training?

    a. Student
    b. Intern, resident
    c. Fellow
    d. Practicing physician, physician assistant, nurse practitioner, nurse
    e. Other (please specify)

3. In a typical week, how many patients do you see?

    a. 0-25
    b. 26-50
    c. 51-75
    d. 76-99
    e. 99+

4. In a typical week, what percentage of patient encounters in your practice are with women?

    a. 0-25%
    b. 26-50%
    c. 51-75%
    d. 76-99%
    e. 100%

5. Do you treat patients for coronary artery disease in clinical practice?

    a. Yes
    b. No

Self Assessment of Knowledge:

6. How prepared are you:	1 Not at all prepared	2 Slightly prepared	3 Somewhat prepared	4 Generally prepared	5 Completely prepared
a: to assess and stratify women into high, intermediate, lower, and optimal risk categories for coronary artery disease?	1	2Â	3	4	5
b: to counsel a woman who asks about the use of hormone therapy, antioxidant supplements, or aspirin to reduce coronary artery disease event risk with up-to-date information?	1	2Â	3	4	5
c: to prevent, evaluate, and treat heart disease in women of diverse racial and ethnic backgrounds?	1	2Â	3	4	5

7. How knowledgeable are you about:	1 Not at all knowledgeable	2 Slightly knowledgeable	3 Somewhat knowledgeable	4 Generally knowledgeable	5 Very knowledgeable
a: current approaches to smoking cessation, exercise, weight management, and diet to reduce risk for coronary artery disease events in women?	1	2	3	4	5
b: goals for major risk factor interventions to prevent coronary artery disease events in women, including goals for management of blood pressure, lipids, and diabetic management?	1	2	3	4	5

Multiple-Choice Knowledge Assessment:

Please mark the best response to each question below.

8. Which of the following conditions places a woman at high risk (> 20% over 10 years) for a coronary artery disease event?

    a. Established coronary artery disease
    b. Cerebrovascular disease with carotid artery involvement
    c. End stage renal disease
    d. All of the above place a women at high risk for a coronary artery disease event
    e. Don't know

9. Which of the following foods is the usual major dietary source of trans-fatty acids?

    a. Processed meat
    b. Baked products made with partially-hydrogenated vegetable oil
    c. Fatty fish
    d. Whole milk
    e. Don't know

10. Which of the following is true about the use of HMG CoA-reductase inhibitors (statins) in women?

    a. Women with diabetes should receive statin therapy to lower their level of low-density lipoprotein cholesterol (LDL-C) to < 100 mg/dL
    b. Statins are less effective in preventing coronary events in women than men
    c. Women with coronary artery disease should receive lifestyle therapy first, with statin therapy initiated only if lifestyle therapy fails
    d. All of the above are correct
    e. Don't know

11. Which of the following is currently recommended to prevent coronary artery disease events in women?

    a. Post-menopausal hormone therapy with transdermal estrogen
    b. Antioxidant vitamin supplements
    c. Both transdermal estrogen and antioxidant vitamin supplements
    d. None of the above is currently recommended to prevent coronary artery disease events in women
    e. Don't know

12. Which of the following is true regarding the incidence of diabetes in women?

    a. Asian-Americans have a low risk of type 2 diabetes mellitus
    b. African-Americans have a low risk of type 2 diabetes mellitus
    c. Latinas have a low risk of type 2 diabetes mellitus
    d. None of the above are correct
    e. Don't know

13. Which of the following is true regarding race/ethnicity and heart disease and women?

    a. White women are more likely to die from heart disease than African American women

    b. Among women of all races and ethnicities, African American women are the most likely to die from heart disease

    c. Although heart disease is the leading cause of death for white women, it is not the leading cause of death for Asian-American women

    d. Latinas are less likely to have risk factors for heart disease than white women

    e. Don't know

14. Which of the following is true about counseling women about smoking cessation?

    a. Women respond to the same treatments as men

    b. Depression is a more common barrier to smoking cessation in women compared to men

    c. Concern about weight gain is a more common barrier to smoking cessation in women compared to men

    d. All of the above are true statements

    e. Don't know

15. Which of the following is true about the treatment of hypertension to prevent heart disease in women?

    a. Thiazide diuretics should be avoided in women with diabetes

    b. Except for sodium restriction, diet changes are effective only if weight loss occurs

    c. Increasing alcohol intake to two drinks per day is recommended, unless contraindicated

    d. None of the above are true statements

    e. Don't know

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