

## **RESOURCES LINK**

### **ELDER CARE SERVICES**

Access to a nationwide data base of information and referral services that lend support to seniors and referrals to a wide variety of services such as home care, meals, transportation, housing alternative home repair, recreation and social activities, legal and other community services.

#### **AARP National Organization**

([www.AARP.org](http://www.AARP.org))

This site is from the American Association of Retired Persons. AARP is a great resources for member benefits, legislative issues, life transitions, independent living, computers and internet, and even fun and leisure.

#### **Alliance For Retired Americans**

([www.retiredamericans.org](http://www.retiredamericans.org))

The Alliance for Retired Americans was launched in 2001 by a coalition of AFL-CIO affiliated unions and community- based organizations dedicated to economic and social justice.

#### **Alzheimer's Association**

([www.alz.org](http://www.alz.org))

The Alzheimer's Association is the world leader in Alzheimer research and support.

#### **American Society On Aging**

([www.asaging.org](http://www.asaging.org))

ASA is a national professional membership organization founded in 1954.

#### **Care Planner**

(<http://www1.careplanner.org>)

A decision support tool for senior, caregivers, family, friends, and professionals.

#### **Elder Care Locator**

([www.Eldercare.gov](http://www.Eldercare.gov))

Is a nationwide directory assistance services designed to help older person and caregiver locate local support resources for aging Americans. If you need information regarding resources or referral agencies in your area call: 1800-677-1116. (M-F, 9:00 a.m. – 8:00 p.m. EST)

#### **Medicare**

([www.medicare.gov](http://www.medicare.gov))

The Official U.S. Government Site for people with Medicare.

### **National Council on the Aging**

([www.ncoa.org](http://www.ncoa.org))

NCOA is a complex organization that addresses many aging, depression employment, family care, health care, hearing impairment, housing, long-term care, pain personal finance, religion and spirituality, substances abuse, and sexuality.

### **Ombudsman Office**

([www.itcombudsman.org](http://www.itcombudsman.org))

This site provide information to the public and advocate information for residents' right and quality care, also educate consumers and providers. To find the ombudsman nearest you contact your state ombudsman office.

### **Senior Law**

([www.Seniorlaw.com](http://www.Seniorlaw.com))

This is a site to access information about Elder law, Medicare, Medicaid, estate planning. Trust and the rights of the elderly and disabled.

### **Social Security Office**

([www.ssa.gov](http://www.ssa.gov))

The Social Security Office Locator is available (EST): M-F, all day (except 2:00 a.m. until 3:00 a.m.) Sat. 8:00 a.m.-11:00 p.m., Sun. 8:00 a.m. –8:00 p.m.

### **State Menu- Websites on Aging**

([www.aoa.gov/agingsites/state.](http://www.aoa.gov/agingsites/state.))

Administration on Aging website on aging State and Area agencies on Aging.

### **The Elder Web**

([www.eldercare.com](http://www.eldercare.com))

The Elder Web is a comprehensive research site for both professionals and family members looking for information on elder care and long-term care. This website includes links to legal, financial, medical and housing issues.

### **The Resources Directory for Older People**

([www.nia.nih.gov/rd/toc.html](http://www.nia.nih.gov/rd/toc.html))

It is a database of information that includes Federal and State agencies, AOA supported resource centers, professional societies, private groups, and volunteer programs.

### **United Seniors Health Cooperative**

([www.ushc-online.org](http://www.ushc-online.org))

USHC is a leading source of accurate, unbiased information for “aging network” professionals, older consumers, and family members.