## Appendix B

## **Special Populations Receiving Mental Health Services**

## **Defining Rural Regions in Oregon**

Table 1: Geographic Distribution of Oregon and Mental Health Services Population

Table 2: Ethnic Diversity of Oregon and Public Mental Health Population

## Appendix B - Defining Rural Regions in Oregon

Most of the landmass of Oregon is rural. Only nine of Oregon's 36 counties have a population of more than 96,000. The nine urban counties lie in the Willamette Valley from Portland to Eugene and in Southern Oregon and contain 75% of the State's population. Of the 96,000 square miles of land within Oregon, more than 52% is owned by the United States government (Oregon Blue Book, 1996). On average, there are only 32 persons per square mile in the State.

<u>Definition for designating rural areas</u>. Oregon has elected to use definitions of "urban" and "rural" based on county population density. The nine counties with a population over 96,000 are: for the purpose of the 2000-2001 plan, considered urban and contain 75% of the State population. The remaining 27 counties, with populations falling below 96,000 are considered rural.