

Sample Drop-In Article

Daylight Saving Time Ends October 29, 2006

That lingering chill in the air not only signals the onset of fall, but also reminds us that daylight saving time will be ending shortly. While this change benefits anyone who hates to leave the house before the sun rises, it also increases the risk factors for pedestrians and bicyclists traveling in the early evening hours.

When you set your clocks to “fall back” an hour on October 29th, take a minute to make a few pedestrian and bicycle safety adjustments:

- ✓ Wearing darker “fall” colors can make it hard for motorists to see you. Put on a brightly-colored scarf or hat, or reflective material on a purse, briefcase, exercise clothes, or helmet. You may also want to carry a flashlight or use other lights to increase your visibility at night or in low-light conditions.
- ✓ The lesson to “look left-right-and then left again” before stepping off the curb or entering an intersection is still a good one to practice. Don’t only depend on the traffic signal - remember that motorists driving home in the evening will also be making the adjustment to the nighttime travel environment.
- ✓ Avoid jaywalking and crossing from between parked vehicles.

If there are no sidewalks, walk facing traffic. This will allow you to respond quicker to any vehicle that may be coming too close.