

Brief Description of NIATx 200 Study

Within each state, 50 providers will be randomly assigned to receive one of five packages of services.

The packages are:

- #1: Learning Session, Coaching, Interest Circles, and Website
- #2: Learning Session and Website.
- #3: Coaching and Website.
- #4: Interest Circles and Website.
- #5: Website

Providers will be asked to work towards the adoption of three categories of innovations that NIATx has found to be effective in for improving:

1. Same-day services (October 2007 - March 2008)
2. Client participation and continuation (April 2008 - September 2008)
3. Client transitions (October 2008 - March 2009)

Online Learning Kits will be available for guidance in implementing these innovations.

Provider participation in the NIATx 200 study will last from 7/1/2007 - 1/1/2010. During this period, you will be asked to take advantage of the service packages offered to you, conduct Change Projects, and submit data required to measure the primary and secondary outcomes of the study.

Randomization will occur at the beginning of the intervention period (10/1/2007). During the baseline data collection period, technical support will be available to answer questions regarding the study's data collection requirements. Providers must submit a complete set of baseline data prior to the 10/1/2007 randomization date to continue participation in the study.

Primary Outcomes

NIATx 200 focuses on improving the following aims in IOP/OP treatment:

1. Increasing admissions
2. Increasing continuation
3. Reducing waiting time
4. Reducing no-shows

The primary research question is: which package of services produces the greatest improvements in these aims?

Agencies will be responsible for tracking patient admissions, waiting times, no-shows, and continuation rates using the *NIATx 200 Data Collection Tool*, which monitors IOP/OP dates of service from first request through the first four face-to-face units of

service. You must report data on at least 150 patients over the 21-month period of the trial (3 months baseline plus 18 months intervention). You may select one or more treatment locations that satisfy this requirement, or report data on all patients that visit your program for IOP/OP treatment.

Your agency must designate a Data Coordinator who will be responsible for maintaining the *NIATx 200 Data Collection Tool*. Information may be entered manually for each patient; however, agencies are encouraged to make use of their information systems to populate the spreadsheet with any data that is collected during the standard course of treatment. The *NIATx 200 Data Collection Tool* should be updated regularly and must be submitted on a monthly basis to the State Data Coordinator.

Secondary Outcomes

The secondary research questions include: 1) how much does each study arm improve treatment completion, employee turnover, contribution margin, readiness for change, and sustainability potential; and 2) what is the cost to deliver each combination of NIATx supports?

Secondary outcome data will be collected via survey. In all, providers will complete four rounds of surveys: at baseline, mid-intervention, at the end of the intervention period, and 9 months after the end of the intervention period (see timeline at the end of this document). At each of the four data collection points, eight staff members will need to complete a 31-question staff survey. The survey takes approximately ten minutes to complete. The staff survey will be completed by the Change Leader, plus three clinical, three managerial, and one administrative staff members. The staff survey gauges the status of innovation adoption and the agency's propensity for making and sustaining changes.

The Executive Sponsor will also need to complete a survey at each of the four data collection points. The Executive Sponsor survey will consist of 25 questions assessing items such as staff turnover, contribution margin, etc. Completion of the Executive Sponsor survey should take one hour or less.

Frequently Asked Questions:

- What is a *Data Coordinator*?
 - The data coordinator serves as the agency's point of contact for data submission. He/she works with the Change Leader, Executive Sponsor, and State Data Coordinator to ensure that primary and secondary outcomes are submitted in a timely manner.
- What is a *Change Project*?
 - A targeted effort to improve one process that influences access to and retention in addiction treatment using the NIATx process improvement model; e.g. what goes on at first contact, what happens during assessment, etc.
- What is a *Change Leader*?
 - In the NIATx model, a Change Leader provides day-to-day leadership, energy, enthusiasm, and coordination. The Change Leader has the power and prestige to

influence all levels of the organization. He/she motivates and inspires the team to fulfill the Change Project charter.

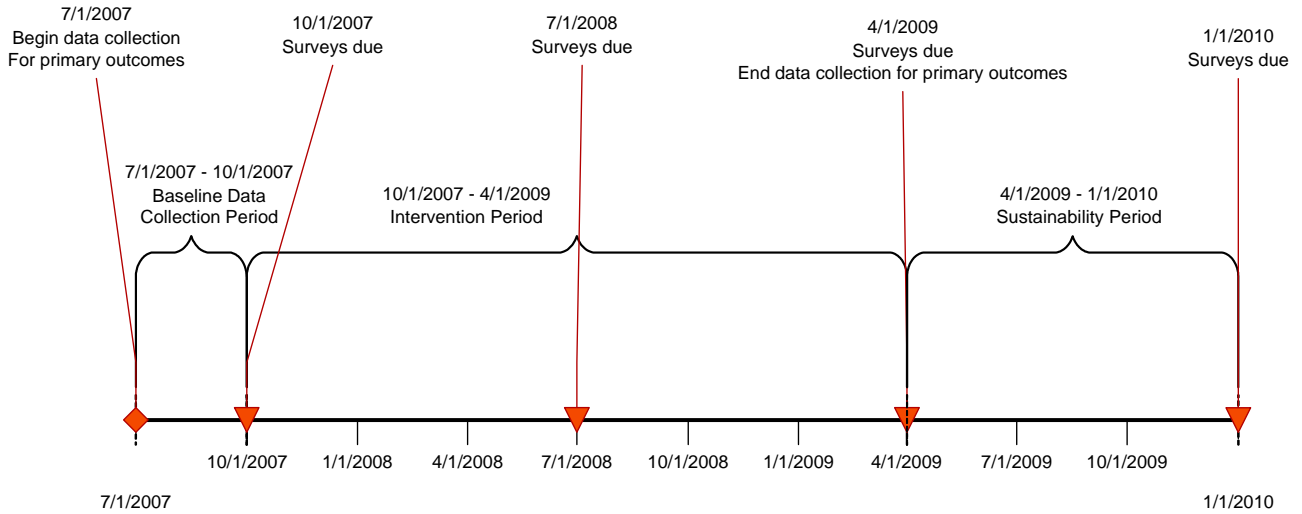
- What is a *Change Team*?
 - The staff members selected to work on the Change Project.
- What is an *Executive Sponsor*?
 - The Executive Sponsor is a senior leader in the organization who is passionate about change and who “loses sleep” over issues that need improvement. In the NIATx model of process improvement, the Executive Sponsor appoints a Change Leader and works to remove all barriers to the Change Project. He/she motivates the Change Team through encouragement, attending team meetings, monitoring the progress of the team, and acknowledging and rewarding team efforts. The Executive Sponsor is often the Chief Executive Officer of the organization.

Incentives

Providers will be compensated \$400 upon submission at each survey collection point. The surveys may be completed online at the NIATx website; hardcopy versions are also available and will be mailed upon request.

Additional incentives for participation include:

- Priority will be given to access Addiction and Mental Health Division (AMH) Workforce Development projects such as support for implementation of evidence-based practices, The Prevention Specialist Institute and The Leadership Institute.
- Opportunities to earn scholarships and expenses to attend relevant workforce development events or conferences.
- Addiction Counselor Certification Board of Oregon (ACCBO) CEU credits will be available depending on what services are available to you.
- State recognition for participants including invitations to present at conferences and to decision makers.
- Potential incentives will be discussed at the recruitment meeting and throughout the duration of the project.



NIATx 200 Project Overview – Data Collection