

Effective March 1, 2006, OMAP enrolled some or all members of your household into Central Oregon Independent Health Services (COIHS)'s managed care plan. OMAP has contracted with this plan to manage and provide your medical care.

You have a choice

Because the North Lake Clinic does not accept COIHS clients, OMAP is offering you a choice:

- If you choose to stay with COIHS, you will need to select one of their listed providers as your PCP.
- If you choose not to be enrolled in COIHS, you will have an "open card" or fee-forservice OMAP Medical ID.

OHP clients who are not enrolled in a Medical Plan can receive medical services from any provider who will accept their OMAP Medical Care ID.

If you want the North Lake Clinic to provide your health care services, you can choose to be disenrolled from COIHS and then receive services from the North Lake Clinic on a fee-for-service basis.

If you want to disenroll from COIHS, call OMAP Client Advisory Services at 1-800-273-0557.

Medical Care ID

Your April OMAP Medical Care ID will show either COIHS as your Medical Plan, or it will show that you are not in any Medical Plan.

Dental and Mental Health Care

Your Dental and Mental Health Plans have not changed. You will continue to receive these services from your current providers.

Questions?

- Contact the OMAP Client Advisory Services Unit at 1-800-273-0557 if you have questions about this letter, or if you want to disenroll from COIHS.
- Contact your worker if you need this notice in a larger print size or in a different format.

